



# Life at Ken-Caryl

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**DO YOUR KIDS HAVE CABIN FEVER? WE HAVE A CURE!**  
**PAGE 5**



Ken-Caryl Ranch offers several classes and programs for youth of all ages.

HAPPENINGS	BOARD	RANGERS	UPDATES	INFORMATION
Mom & Son Game Night <b>AD ON PAGE 5</b> Fun & Sport on Murphy Gulch <b>PAGE 6</b>	Two Master Association Board Seats Open for Election  <b>PAGE 6</b>	Wildlife Calls to Rangers in 2014  <b>PAGE 3</b>	JDO Foundation - iPad Deployment  <b>PAGE 8</b>	Changes Affecting West Metro Fire Station  <b>PAGE 4</b>

**FIT BITS:**  
10,000 Steps to Fitness & Weight Loss in 2015  
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### Open House Planned for Bond Projects

With the community's approval of \$7.9 million in tax-exempt bonds last May, planning has begun for facility and infrastructure improvements for Ken-Caryl Ranch. The Metropolitan District Board has entered into agreements with an Owner's Representative, a building architect and a landscape design architect, and a Construction Manager/General Contractor will be hired in February.

There will be an open house for all residents to review preliminary concept plans in early February. Plans will also be posted online for comment. The dates and times of the open house have not been finalized but will be announced in the e-News, the next issue of the paper and on the website. If you have any questions, please contact Darrell Windes at 303-979-1876, ext. 114, or darrellw@kcranch.org.

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◆ **Manager's Column**



By KCRMD District Manager Darrell Windes

As we start a new year, 2015 on Ken-Caryl Ranch promises to be a landmark year. This coming year, the community will be investing more than \$7.9 million in facility and infrastructure improvements. The year will no doubt be remembered as the year the voters chose to invest the largest single amount of money in updating the look and utility of Ken-Caryl Ranch since formation of the planned development back in the mid-1970s.

As a review, voters in the Metropolitan District on May 6, 2014, approved \$7.9 million in tax-exempt municipal bonds to fund improvements to the infrastructure of the community. In September, the Metropolitan District closed on the sale of the bonds at an interest rate of 2.37 percent, taking advantage of historic lows in interest rates to finance the improvements over a period of 10 years. Of the \$7.9 million of bonds sold, \$765,000 of the bonds were purchased by Ranch residents investing in their own community.

Since this past fall when the bonds were sold, the Metropolitan District Board of Directors has entered into agreements

with an Owner's Representative, a building architect and a landscape design architect to begin the planning and design for the projects. Plans call for the Metropolitan District Board of Directors to hire a Construction Manager/General Contractor in February who will be tasked with overseeing the construction projects at all three facilities.

The current timetable calls for extensive facility planning, redesign and public input over the next 60 days to be moving forward in the spring and summer with development and finalization of detailed plans for renovation of facilities and landscaping. By this coming September, it is planned for construction to be taking place at the Ranch House, the Community Center and Dakota Lodge to begin implementing the extensive remodeling of all three facilities. All building renovation and landscape renovation is planned to be completed by May 2016, bringing to completion the reinvestment of the bond proceeds back into the community.

Of course, ongoing operations of the Metropolitan District and Master Association must continue throughout the construction period. One of the major components of the construction schedule will be coordination of activities and programs throughout the process to minimize as much as possible disruption of programming to residents of Ken-Caryl Ranch. The latest updates on construction and changes to program scheduling will be communicated through *Life at Ken-Caryl* and on the Ken-Caryl Ranch website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

◆ **Covenant Clips**

**Coats Of Many Colors**

By Community Standards Administrator Rita Saunders

Home maintenance projects require planning, and winter is a great time to address them. Letters received about the need for house painting should not be a total surprise. If your paint is faded, splotchy, peeling or has exposed bare wood – you are a candidate for receiving a letter.

Whether or not you do get a letter this year, if your paint is lackluster or in poor condition, it's time to plan for a new paint job. Getting bids and interviewing contractors along with choosing (and submitting!) your paint colors during the cold weather will prepare you to proceed with the project next spring. Please remember that a submittal is required even if the current paint scheme is to be used.

A list of houses that need to be painted is compiled after a winter review of the paint condition of each home within the Master Association's area of responsibility for architectural standards. The nature of the evaluation certainly has some subjective components, but there are no quotas and we don't base the list on the number of years since a house has been painted. Using the same team for the review over a number of years provides consistency and balance to the process.

Once the list has been assembled, letters and a submittal form are sent to each of the homes identified as needing new paint. It's evident that house painting is on the radar of many owners already, as we receive many submittals in the winter so that they are "good to go" when the weather warms. In the past 12 months

there were more than 400 paint submittals processed by our office, while only 77 paint letters were sent out.

Before submitting your colors, please take the time to paint samples on your house, large enough for you to evaluate and adjacent to permanent features such as brick or stone accents. Look at these samples at different times of day and weather conditions to make sure you are really happy with your choice.

Homeowners need to provide paint samples with the submittal, using the paint chips available at retail stores or even painting samples on a piece of paper. We cannot file or store samples submitted on paint sticks or 2x4s. Emailing images for paint colors cannot suffice as a sample, as monitors and printers cause a wide range of variation from the actual color.

Make sure that proper preparation is done prior to any paint application. Most paint manufacturers make a range of paint qualities, and while the "top of the line" isn't necessary to provide a quality job, I wouldn't advocate using their cheapest product either. After all, a good deal of the cost is for labor, which is the same no matter what brand of paint is being used.

Finally, once the painting is finished, please replace your address numbers. We have a puzzling number of houses without addresses displayed, prompting a tip of the hat to delivery people, visiting friends and emergency responders.

Please keep in mind that rules are regularly reviewed and periodically updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org). Also, please don't hesitate to call me at 303-979-1876, ext. 113, or email [ritas@kcranch.org](mailto:ritas@kcranch.org) should you have any covenant questions or concerns.

◆ **Community Calendar**

**January**

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1 Happy New Year!	2	3
4	5	6	7	8	9	10
11	12	13	14	15 10:15 am Story Time	16	17
18	19 5:30 pm MA Finance Committee	20 6:30 pm MA Board Meeting	21 2 pm Historical Society 4:30 pm Covenant Committee	22 7:30 am Architectural Committee 10:15 am Story Time 7 pm Open Space Committee Dakota Lodge	23 6 pm Mom & Son Game Night	24
25	26	27 6 pm MD Board Meeting	28	29 10:15 am Story Time	30	31

All meetings and activities are at the Ranch House unless otherwise stated. Meeting dates and times are subject to change. Please see [www.ken-carylranh.org](http://www.ken-carylranh.org) for the most up-to-date information.

**Trash & Recycling Info from Waste Connections**

**Auto-Dial Service:** Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. You can sign up online by visiting [www.wcdenver.com](http://www.wcdenver.com). Once you are at [www.wcdenver.com/contact/](http://www.wcdenver.com/contact/). Complete the required information, click on Residential Trash Service, then in the comment section at the bottom of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.

**Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pickup day falls on a holiday or after a holiday, your collection schedule will run one day late that week.

**Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Recycling containers need to be clearly marked as recycling. If you need a Waste Connections recycling sticker, please visit the Ranch House or Community Center.

**Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or [www.wcdenver.com](http://www.wcdenver.com) for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions. If you are experiencing service problems or have a missed pickup, please call Tom Wamsley at 720-234-4551.

**Water District Rate for 2015**

As part of the 2015 Budget, the Ken-Caryl Ranch Water and Sanitation Board of Directors approved increases for water and sewer services. The new rates took effect Jan. 1.

**Water Rate Increase for 2015:**

The Ken-Caryl Ranch Water and Sanitation District ("District") purchases its water from Denver Water. In 2014, Denver Water increased the District's water cost by 3.6 percent, and the District's water rates remained unchanged in 2014. Denver Water has increased the District's water costs by 2.4 percent in 2015. The District will increase water rates 1.5 percent in 2015. The rate change will result in an additional \$0.77 (\$4.62 per year) to the average single family bi-monthly statement. The effects of the water rate increase will vary depending upon the amount of water used. Please visit the District's website ([ken-carylwater.org](http://ken-carylwater.org)) to see the complete water rate table.

**Sanitary Sewer Rate Increase for 2015:**

The District has a contract with the City of Littleton to treat the sanitary sewer from the District. In 2014, the City of Littleton increased the sewer treatment cost to the District by 2 percent, and the District sewer service fees remained unchanged in 2014. In 2015, the City of Littleton will increase sewer treatment costs by 2 percent, and the District will increase sewer rates by 1.5 percent. The rate change will result in an additional \$0.81 (\$4.86 per year) to the average single family bi-monthly statement.

Water and Sewer fees collected by the District cover the cost of purchasing water and paying for sewer treatment. The fees collected also cover the operation and maintenance expenses associated with the District's own water distribution system and sanitary sewer collection system including repairs, capital improvements and administration. The District does not receive any tax revenue from its customers and solely operates from water and sewer fees.

◆ **Bond and Improvement Projects**

**Architect Hired for Bond Projects**



Submitted by Paul Camp,  
Vanir Construction Management

The Metropolitan District Board contracted with the Denver architectural design firm of Sink Combs & Dethlefs (SCD) to provide architectural services for the facility bond projects at the Ranch House, Community Center and Dakota Lodge.

For more than 50 years, SCD has been recognized nationally as a leader in recreation, athletic complex and multipurpose event center planning and facility design. The 47-person firm maintains offices in Denver, Chicago and Ann Arbor. Over the years SCD has worked closely with hundreds of municipalities, colleges and

universities to create award-winning facilities. SCD has provided planning and design services at nearby facilities including: Central Park Recreation Center in Stapleton, the Reunion Community Center in Commerce City and the Highlands Ranch Recreation Center at Southridge.

SCD and landscape architect partner John Norris of Norris Design have both worked with Ken-Caryl Ranch in the past helping define long-range concept plans for the Ranch House pool area. Gudmundur Jonsson will be the lead architect and project manager.

Planning, design, permitting and bidding are expected to be completed next August with construction starting in September and continuing through May 2016. See the Bond & Improvement Projects page at [www.ken-carylranh.org](http://www.ken-carylranh.org) for more information and email [bondprojects@kcranch.org](mailto:bondprojects@kcranch.org) with any questions or comments.

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◆ **Life at Ken-Caryl**

ISSN 0899-6318  
Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch, and to be respondent to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors or management, and by no means do they reflect the views of the community as a whole.

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For information on display advertisements, please call Victoria DeSair at 303-979-1876 x122.  
For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information or visit [www.ken-carylranh.org](http://www.ken-carylranh.org).

[www.ken-carylranh.org](http://www.ken-carylranh.org)  
[www.facebook.com/ken-carylranh](http://www.facebook.com/ken-carylranh).

◆ **Ranger Field Notes**

**Wildlife Calls to Rangers in 2014**



By Open Space Ranger Matt Oven

The Ken-Caryl Ranch Park Ranger Staff received a total of 195 wildlife calls in 2014, slightly higher than the 182 received in 2013. All calls are different in nature, and a call can last anywhere from several minutes to 45 minutes depending on the situation.

The calls can consist of general wildlife questions, a sick or injured animal, concerns about persons feeding wildlife, or directing a resident to contact a pest control company, wildlife rehabilitator, animal control, or Colorado Parks and Wildlife. Many of the calls fall under the category of nuisance wildlife, or animals either living

in or around homes, which usually involves coyotes, fox, deer, rabbits, raccoons or snakes.

The highest number of calls was 131 for deer. Calls mostly involved general questions (23), entanglement (4), injured (82) and dead deer (22). Park Rangers' job duties include monitoring the sick and injured deer through calls from concerned residents or observing while on duty and making site visits in the field to determine the health of the animal. Rangers may have to euthanize a deer if the situation warrants with a .22 rifle and are certified through Colorado Parks and Wildlife's Hunter Education Program.

If a call is received about an injured deer, Rangers will investigate depending on the severity of the injury. If the animal is suffering too badly, cannot stand and walk/fend for itself or feed, euthanizing the animal is the most humane way to treat the situation. Several factors are taken into account, including location of the deer, proximity to houses, Ranger and resident safety, angle of shot, etc. The Rangers may even call in a wildlife officer to assist or lead euthanizing the deer. Deer cannot be rehabilitated due to the possibility of transmitting diseases.

The Park Rangers work seven days a

week, 364 days a year in 10-hour shifts. When calls are received, the Rangers will try to determine the best course of action. However, if the Rangers are not available for a deer call, it is best to call Colorado Parks and Wildlife at 303-291-7227. Due to infectious diseases or other injured wildlife (excluding deer), it is better to call Jefferson County Animal Control, and they will assist with any concerns and may direct you to call Jefferson County Health Department or Colorado Parks and Wildlife, too. If you have any questions, feel free to call the Rangers at 303-979-1876, ext. 170.

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## 10,000 Steps to Fitness and Weight Loss In 2015

By KCRMD Personal Trainer Lauren Jones

I was recently given a Garmin Vivofit for a birthday present, and I was surprised to see that one of its main functions was a pedometer. With all of the advancements in technology in these devices, why would they bother to add something as trivial as a pedometer?

The 10,000 Steps a Day campaign was launched back in 2001 to encourage Americans to be more active. As a fitness professional, I never gave much credit to the campaign. I don't know why. I guess I never really considered walking a relevant form of exercise and also never considered what the equivalent 10,000 steps were in mileage.

Well, imagine my surprise when downloading the results the first day to see a measly 6,861 steps. I had even run a couple miles that day! Reaching that 10,000 steps milestone was going to be harder than I expected.

After doing some math, 10,000 steps is about 4.75 miles, give or take a few steps. This was much more than I originally thought; perhaps I had made too rash a judgment about this program. If everyone in this country tried to get 10,000+ steps a day, maybe we wouldn't have the problems with obesity and chronic disease that we do today.

So I decided to take a closer look and came up with some recommendations that anyone can incorporate into their lifestyle in the New Year. My first question to address is 10,000 steps really enough for health benefits and weight loss?

The Surgeon General's recommendation for improving health parameters (like lowering blood pressure, increasing bone density, improving cholesterol, preventing diabetes and more) is the accumulation

of 150 minutes of moderate to vigorous physical activity a week. Well, first of all, let's define what moderate to vigorous activity would mean to the average person.

I like to think of it on a scale from 1-10. No. 1 being sitting on the couch doing nothing and No. 10 being the hardest activity you've ever done. Imagine sprinting across a field, your lungs are burning, your legs are burning and after about 10 seconds you need to stop. Moderate to vigorous activity would fall between a No. 6 and No. 9 on that scale. Meaning you should be out of breath, and it should be hard to carry on a conversation. When you approach the 8-9 on the scale, then that is when you start to feel burning or fatigue in your muscles.

When you do your cardio workouts, are you working this hard the entire time? For most of us, unless you are walking outside up and down hills or on a treadmill with an incline really fast, just walking alone won't cut it when it comes to improving health. Sure you will burn calories and may very slowly lose weight but higher intensity exercise is what's prescribed for faster results, benefits and improvements in health, fitness and appearance.

So here is what I propose:  
- Get a pedometer! Ask your insurance company or doctor for one; most will have extras they will give you for free. You can also invest in one with more bells and whistles like a Fitbit or the Garmin Vivofit. These both have the ability to also measure mileage, calories and have online platforms where you can track your data over time, set goals and join groups for support and camaraderie.

- Set the goal of a minimum of 5,000 steps a day and slowly work your way up to 10,000 steps over time. That way no day is

truly sedentary. Another way to think of it is a minimum of 30 minutes of cardiovascular activity a day, where your heart rate is elevated.

- Try to get extra steps in whenever possible. You can even make this competitive with yourself or friends, family or co-workers. Take the stairs, park as far away from work, the store, etc., as possible.

- At work, get up every hour or two and take a couple laps around the office and walk during your lunch break.

- On days you plan on working out, get more bang for your buck! If you can run, run! You will rack up steps faster. If you can't run, then walk up and down hills or on a steep incline on the treadmill.

- Weight training is an important part of the equation. Aim to incorporate a weight training routine into your schedule at least twice a week

If you haven't already, pay to join the Ken-Caryl fifth annual community-wide fitness and weight loss challenge. This program includes an eight-week pass to the Community Center (including all classes!), nutrition classes, weight training program, weekly weigh-ins, online support and more!

More information is available at [www.ken-caryl.org](http://www.ken-caryl.org) under Programs & Activities then Fitness & Wellness.

Editor's Note: "Fit bits" is a new column with nutrition and exercise information and advice from Lauren Jones, who is a personal trainer at the Community Center. Lauren is a Ken-Caryl native, has her Bachelor of Science in exercise science and nutrition, is certified through the American College of Sports Medicine and manages the Annual Community Weight Loss and Fitness Challenge. Contact Lauren at [lifes2shortfitness@gmail.com](mailto:lifes2shortfitness@gmail.com).



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## Changes Affecting West Metro Fire Station on Chatfield Ave.



Submitted by Michelle French, West Metro

Due to the failed mill levy election in May, West Metro Fire Protection District is experiencing some changes to firefighter staffing that started Jan. 3. West Metro

was forced to make tough decisions invoking demotions, civilian layoffs and fewer firefighters on the street. These changes will bring a savings of \$2.2 million a year.

With declining revenues for several years,

West Metro Fire Rescue has struggled with funding the fire district's general operating expenses. Reduced revenues will necessitate service level adjustments, including fewer personnel at emergency incidents and possibly longer response times.

Many options were considered and analyzed as the plan developed. The new operations plan includes staffing level changes, impacts to those that are in promoted positions, staffing level reductions, and apparatus response reductions. The plan includes:

- Reducing response districts from three

to two. There were three districts with a shift commander and two assistant chiefs. Now there will be two assistant chiefs supervising the district. Two shift commanders will be eliminated and one shift commander will be reassigned to a day position (division chief of field operations) reporting to the deputy chief of operations.

- At Station 14, located at 10305 W. Chatfield Ave. on Ken-Caryl Ranch, Engine 14 will be closed but four firefighters will continue to respond on Tower 14. Tower 14 has the same firefighting

capabilities as Engine 14. Tower 14 will also have a dual role as a frontline fire apparatus similar to Engine 14.

- To meet West Metro's optimum staffing level and minimize overtime dollars, a reduction of uniformed staffing must occur from the authorized 341 uniformed firefighters, to 315. The staffing level will be achieved through attrition. Other changes are planned as well. You can read details of the plan on West Metro's website at [www.westmetrofire.org](http://www.westmetrofire.org).

**David Geck**  
D.D.S., M.S.

Assistant Professor & Clinical Instructor  
University of Colorado School of Dentistry  
Member  
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● Youth Program News

**YOUTH Kids Have Cabin Fever? We Have A Cure! New School-Age Enrichment Programs!**

By Recreation Coordinator Heather McGonegle

For kids, play is the most important thing they can do. Play comes naturally to them and is an essential part of their healthy development – not just physical development, but their social and cognitive development, too. When the weather outside is frightful, though, kids' playtime becomes restricted. So cure that cabin fever and join us for a variety of new and improved school-age enrichment programs!

The below programs are designed to be both educational and fun. For more information, please contact Recreation Coordinator Heather McGonegle at 303-979-4070 or heatherm@kcranch.org.

**Friday Fun Nights**

Leave your parents at home and join the energetic and goofy Youth Programs staff for an evening of play and party. Take part in science experiments, cooking projects, crafts, games and even watch a movie! Dinner is provided.

Ages: K - 6th Grade  
 Dates: Fridays, Jan. 16, Feb. 13, or March 20  
 Time: 5:30-9 p.m.  
 Location: Ranch House  
 Fee: Resident \$25 one child; 2 siblings \$40; 3 siblings \$65  
 Non-Resident \$30 one child; 2 siblings \$50; 3 siblings \$80



**Chess Wizards**

Brought to you by Chess Wizards, teachers specially design classes that cater to all levels of chess ability. Each child is challenged by fun games and lessons from real Wizard teachers. This class enhances cognitive development, improves both verbal and mathematical skills, and increases all levels of academic performance!

Ages: K-5th Grade  
 Dates: Thursdays, Jan. 15-Feb. 12  
 Time: 5:30-6:30 p.m.  
 Location: Ranch House  
 Fee: Resident \$115 for 5 weeks, Non-Resident \$120 for 5 weeks  
**Course #29826**

**Mine, Craft, Build: Adventure Game Using LEGO**

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game. Roll the dice to mine for resources, and use these resources to build special items!

Ages: K-1st Grade  
 Dates: Mondays, Jan. 19-Feb. 23  
 Time: 5:30-7 p.m.  
 Location: Ranch House  
 Fee: Resident \$115 for 6 weeks, Non-Resident \$120 for 6 weeks  
**Course # 29842**

**MINE, CRAFT, BUILD: Survival Game Using LEGO**

Bring Minecraft to life using LEGO! Roll the dice to mine for resources, craft tools and watch out for Creepers!!

Ages: 2nd-5th Grade  
 Dates: Wednesdays, Jan. 21-Feb. 25  
 Time: 5:30-7 p.m.  
 Location: Ranch House  
 Fee: Resident \$115 for 6 weeks, Non-Resident \$120 for 6 weeks  
**Course # 29843**

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# Mom & Son Game Night

Join us for an  
**EPIC night of fun!**  
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 & Great Prizes!



**Friday, January 23rd**

**6pm-8pm — Ranch House Lounge**

Ages: 3 - 10 year olds with Mom

Min: 8, Max: 40

Fee: \$20/resident Mom & Son

Course #29995

\$30/non-resident Mom & Son

\$8/additional Mom or Son

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● **Historical Society**

## Fun And Sport On Murphy Gulch

by Rosemary Lewis, Ken-Caryl Ranch Historical Society

Would it surprise you to know that there was a small ski area just west of Ken-Caryl? In 1938, Horace Watson, a former prize-fighter, expanded a toboggan run into a ski run on his property off of Murphy Gulch.

If Mother Nature did not provide the snow, Watson would bring the snow to his hill. He filled his wagon, hauled it to his property and dumped it, packed it down, and groomed it by riding his shovel down the hill. The ski run was originally outfitted with a single tow line, 900 feet long and rising 375 feet up the hill. Tickets were 10 cents per day.

During the following decades a chairlift and a second tow line were added to the amenities. At the bottom was a warming hut that also served as a local dance hall. An irrigation line fed a low spot at the bottom of the hill to make a skating pond. Watson's Ski Hill later was known as Fun Valley Ski Area and operated sporadically until the 1970s. The chairlift and one tow line were removed by 1995, but one tow line remains.

Also up Murphy Gulch is the Mountain Air Ranch, a nudist club that was founded in 1934 by John and Alice Garrison. It was originally organized as the Colorado Sunshine Club, and continues in operation today as a non-profit resort.



Shown here is what's left of the ski hill on Murphy Gulch.

Murphy Gulch itself is named for Eugene Van Buren Murphy, known as Van, who homesteaded the land in 1909. Van built a sawmill at the bottom end of the gulch and a cluster of log homes at the top of the gulch. The sawmill is long gone, but some of the log homes still exist, although his home, Murphy's Roost, burned down in the 1978 fire. Van's younger half-brother, Fred Clark, homesteaded along Deer Creek and operated the Phillipsburg dance hall beginning in 1940.

● **Minding Our Business**

## College Fit Counseling Business Helps Students & Parents Navigate College Admissions Process

By Community Relations Director  
Victoria DeSair

Mike Deutsch and Meggan Mattson have been guiding high school students and families through the college search and selection process for a combined 30 years. Last year, the duo decided to launch their own business, College Fit Counseling, offering comprehensive guid-



ance for students and their parents as they navigate the college selection process.

"Our goal is to help students find their best fit college," said Mike and Meggan. "We work very closely with our families and students to get to know their unique needs, talents and goals. We provide a wealth of information and resources that helps students make informed, educated decisions as to which colleges provide the appropriate level of academic challenge along with an environment that promotes social and emotional growth."

Mike, a Ken-Caryl Ranch resident in the Spread neighborhood, has spent his entire career in education. He taught high school English literature and writing for 15 years before earning his Master's Degree in school counseling and serving as the post-grad coordinator at Conifer High School and Chatfield Senior High for the past 16 years. Mike is now retired from the public sector, and his passion for helping students and their families allows him to focus solely on the college admissions process.

Meggan has more than 14 years of experience in college counseling. She started her professional career working on the college side as a college admissions counselor. After eight years on the college side, Meggan worked as a high school

Mike Deutsch and Meggan Mattson started College Fit Counseling, offering comprehensive guidance for students and their parents as they navigate the college selection process.

counselor for another six years, guiding many students and families through the college process.

"We knew so many families who wanted support through this often confusing and overwhelming process," Mike and Meggan said. "Sharing our advice and knowledge during our students' college search and selection allows us to be a part of their lives through this exciting, but daunting journey. It is truly the most rewarding part of our job!"

Mike and Meggan would like to offer Ken-Caryl Ranch residents a \$50 discount off of a comprehensive package if they sign up by March 15, 2015. Just mention this article when you schedule your initial meeting. For more information or to schedule a meeting, contact Mike at 720-273-7508 or Meggan at 773-807-4079 or visit [www.collegefitcounseling.com](http://www.collegefitcounseling.com).

*Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or [victoriad@kcranch.org](mailto:victoriad@kcranch.org).*

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## Two Master Association Board Seats Open For Election In 2015

Please give some thought to serving your community by becoming a member of the Ken-Caryl Ranch Master Association Board of Directors, the decision-making, policy-setting leaders of this community.

There are two seats on the MA Board that will be on the ballot for the Board of Directors election in March 2015. The MA Board meets the first and third Tuesday of each month in the evening at the Ranch House. Board members are expected to attend other meetings on an as-needed basis. The affairs of the Master Association are managed by the five-member Board of Directors along with a professional staff. Serving three-year staggered terms, a portion of the Board is elected each year.

For those of you who are interested in running for an MA Board position, applications are available at the Ranch House and online at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the Administration tab then Master Association Board. Applications are due by Jan. 30. The MA will introduce the declared candidates to the community in this publication and at [www.ken-carylranh.org](http://www.ken-carylranh.org) in February 2015. Residents will receive a postcard in the mail in mid-February with instructions on how to vote electronically. The election closes March 3 at 5 p.m., and winners will be announced soon after.

## Men's Bridge Group Looking For Members



A men's bridge group has been meeting at the Ranch House for 23 years. Membership has changed in the group over the years, but bridge still remains a popular pastime for all who play. Legacy resident Tom Van Egeren has played with the group for several years.

"Every time I play with the group, I learn something about bridge. It's a very relaxed, comfortable setting. There is a range of skills with the players, and it's a great learning group," Tom said.

The group is always looking for new members to join. No matter what your playing ability is, the group can accommodate you and help to improve your skills. It plays every Monday from 9 a.m. to noon at the Ranch House. The environment is relaxed and friendly with coffee and treats provided. Call Tom at 303-979-6626 for more information or just show up.



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● **Community Outreach**

## JDO Foundation- iPad Deployment

Submitted by Heather Rooney, JDO Foundation

The JDO Foundation, a non-profit educational organization located in the Ken-Caryl Business Center, will be deploying over 540 iPads to three Catholic schools in the Denver city area during January 2015. The Foundation is ensuring that each child in pre-kindergarten to eighth grade (ages 4-14), will have 1:1 iPad integration to use during their elementary and middle school educational experience.

The JDO Foundation supports Colorado elementary and middle schools lacking the resources to obtain specific educational technology. JDO's mission is: "To provide an enriched educational experience for Colorado classrooms (PK-8) by providing state-of-the-art technologies and the professional training to the educators managing these technologies."

The JDO Foundation was formed in 2011 by Judy O'Connell Coon as a tribute to her father Richard K. O'Connell, a lifelong supporter of education. Judy, a former teacher of 25 years made the dream of JDO a reality with its first school partnership with St. Francis De Sales Catholic School

in the fall of 2011. In 2013, JDO welcomed Annunciation Catholic School and Escuela de Guadalupe to its program. JDO is pleased to announce that it is now partnering with three additional schools: St. Rose of Lima Catholic Academy, Assump-



Students at Assumption Catholic School are using their iPads provided by the JDO Foundation.

tion Catholic School and Guardian Angels Catholic School. All pre-kindergarten through eighth-grade students at these schools will receive 1:1 iPad technology in January 2015.

The JDO Foundation is thrilled to be working with these wonderful schools and very deserving students and teachers. JDO's gift to these schools has a three-pronged impact: First, JDO provides 1:1 iPads for students and their teachers. Second, JDO has created and provides professional development training for teachers to assist them in integrating this new technology into their classrooms. Third, JDO provides mobile device management for this new technology. This enables JDO to assist the schools with application management and device tracking. This three-pronged approach ensures that each school is set up with technology integration for long-term success.

The JDO Foundation truly believes that technology unlocks the doors of education. Offices for the JDO Foundation are located in the Ken-Caryl Business Center at 7761 Shaffer Parkway, Suite 220. For more information about the JDO Foundation and its mission please contact the office at 303-933-7790 or visit the website at [jdofoundation.org](http://jdofoundation.org).



The JDO Foundation gave iPads to St. Rose of Lima Catholic Academy for students to use in the classroom.

● **Area Spotlight**

## Grassroots Planning for 2015-2016

The League of Women Voters has two essential roles: to educate its members and the public at large on vital issues and to advocate on issues at local, state and national levels that members have studied and have taken a position. The issues the Jeffco League will study are chosen at meetings each January. This year that important grassroots meeting will be held in the South Jeffco area on Tuesday, Jan. 27 at 9:15 a.m. at St. Philips Lutheran Church, 7531 S. Kendall Blvd. in Littleton. Members and the public are invited to attend and suggest topics to be studied in the 2015-2016 LWV year. Call Christina at 303-810-6824 or visit [www.lwvjeffco.org](http://www.lwvjeffco.org) for more information and for an evening meeting schedule. The League of Women Voters is a nonpartisan political organization.

## Stepping Stone Support Center

Everyone is invited to a Stepping Stone Community Event on Feb. 6 from 6:30-9 p.m. All proceeds benefit Lexi & Carly & Friends, a nonprofit organization helping adults with developmental disabilities to live independent and productive lives. Kids and families welcome. Also, A Latte Love coffee shop is open every Thursday from 9:30-11:30 a.m. and is run by participants at Stepping Stone Support Center. A Latte Love is a great alternative to local coffee

shops. Please join us once a week at Stepping Stone Support Center, 9700 Old Coal Mine Ave. in Littleton, inside Columbine Hills Church of the Nazarene. For more information, email [bryn@steppingstonesupportcenter.com](mailto:bryn@steppingstonesupportcenter.com) or call 720-839-4626.

## Meadows Women's Golf Association 9-Hole League

The Meadows Women's Golf Association 9-hole League is accepting applications for new members. The group plays Tuesday mornings at the Meadows Golf Course, 7007 Meadows Golf Club Drive in Littleton. For more information, contact Linda Swain at 303-798-4424 or [lswain00@gmail.com](mailto:lswain00@gmail.com).

● **Library News**

## Jeffco Library Partners With Hoopla Digital for Free Movies, Shows, Music and Audiobooks

Submitted by Rebecca Winning, Jeffco Public Library



Jefferson County Public Library (JCPL) announced the public availability of thousands of

movies, television shows, music albums and audiobooks, all available for mobile and online access through a new partner-

● **Art Notes**

## Ken-Caryl Art Guild Opens PULSE Exhibit at Valkarie Gallery

Members of the Ken-Caryl Art Guild responded to a call to express the beat of life in painting, fabric, photography and sculpture. The results, featuring more than 90 works, will be on display Jan. 16 through Feb. 6 at Valkarie Gallery, 445 South Saulsbury St., in the heart of the Block 7 Galleries in the Belmar Shopping District in Lakewood. The opening reception is Friday, Jan. 16, from 6-9 p.m., and the closing reception is Friday, Feb. 6 from 6-9 p.m.

Ken-Caryl Art Guild members on exhibit are Judy Ahlborn, Barb Arne, Stefan Begej, Gail Firmin, Peggy Hart, Susan Hilberg, Kelli Jimerson, Joan Kaufman, Sheila Marie Littlehorn, Steve McCall, Bruce Nall, Mary Nehls, Ken Oliva, Michele Sires-Delorean, Ronnie Seagren, Vicki Sullivan, Candy Vallado and Barbara Williams.

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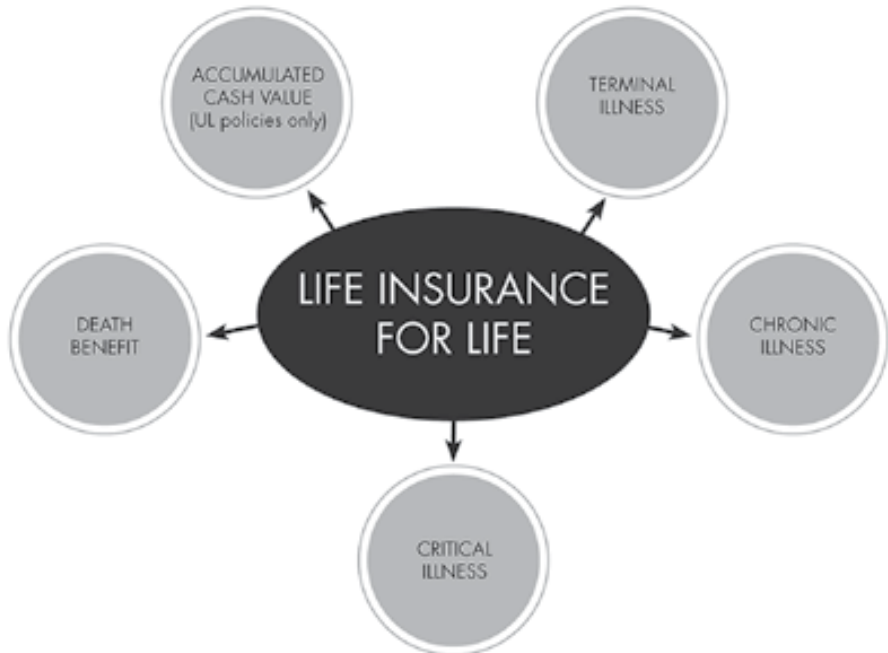
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Dear Editor:

I am writing this letter as a resident, not as a Metro District Board member.

The Tax Man Cometh! In the Dec. 11, 2014, Denver Post Your Hub, page 4k, there was a story about West Metro Fire Department. In the article, West Metro Board President Pam Feely and West Metro Professional Firefighters Union President Mike Frainier said another mill levy could happen soon if property values don't come back.

Colorado has 64 counties, and every two years the county assessor reappraises the value of all types of real estate in their county. The time period for reappraising real estate is from the previous two years.

The reappraisals in Jefferson County have missed all of the increases in property values, and June 2016 Jefferson County will recover lost values from the previous six years. I will predict all real estate going up a minimum of 20 percent in value. There will be some sticker shock on your property tax bill.

I encourage everyone to contact your lender and volunteer to have your monthly payment increased by \$10, \$15 or \$20 per

month, depending on your home's value. I would encourage you to do this January 2015, 2016 and 2017. You won't be short in your mortgage tax escrow account, and you won't have sticker shock.

Jeffco Public Schools, Jeffco Road & Bridge, Jeffco Library, and West Metro Fire, you have all done a great job of adjusting your operating budgets. If you can maintain your budgets until 2016 when you will know how much increase in tax revenue you can expect, you will not double dip the taxpayer by asking for a mill increase. The taxpayers have had unemployment, foreclosures, less income, and we have all experienced the Great Recession.

I predict the real estate values will be on a moderately upward projection, long term. Colorado's population is growing, but the number of residential dwellings is not growing as fast. The result will be higher real estate values. The higher tax revenue your entity will receive will be maintained for a long period.

Jeff Esbenshade  
North Ranch

**LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** from any Ken-Caryl resident in good standing or from any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary. Deadline dates can be found at [www.kencarylrancho.org](http://www.kencarylrancho.org). The preferred method for submitting letters to the editor is by email to Victoria DeSair at [victoriad@kcranch.org](mailto:victoriad@kcranch.org), but they may be mailed or hand-delivered to the Ranch House, Attn: Victoria DeSair, 7676 S. Continental Divide Road, Littleton, CO 80127. We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the resident's name and subdivision will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. Letters will be printed on a space available basis and may be edited. The editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, Life at Ken-Caryl or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect. Deadline is 5 p.m. Monday, Jan. 19 for the Jan. 28 issue of Life at Ken-Caryl. **Email to [victoriad@kcranch.org](mailto:victoriad@kcranch.org).**



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**MA Board Meeting Summary**

The following is a summary of items from the Dec. 16, 2014, business meeting of the Ken-Caryl Ranch Master Association Board:

- The Board received an update on the status of the tent replacement plan from the owners of the Manor House. They are working with their architect on a plan to add on to the Manor House and will present to the Board as soon as it is ready. They also asked for and received clarification regarding the Board's requirement of an acoustical report as part of the project submittal.
- Staff and Board members reported on the status of bond projects and associated committee work including the Community Planning Committee, which is focusing on development of the Community Plan.
- The Board provided input on their goals for 2015. They will be presented for adoption at the January business meeting.
- Staff presented the availability of a new feature through the website that would enable members to log onto their Master Association account and a related plan that would reduce the number of coupon books sent for the 2016 assessments. Both ideas were well received by the Board, and staff will implement in 2015.
- Manager's Report: A written report was included in the Board package.
- Committees: Board member committee liaisons reported on the activities that their committees have been engaged in for the past month.
- A motion approving the site north of the Ranch House for the Veterans Monument was tabled.
- A motion adopting the Landscape Master Vision was approved.

- A motion accepting the Annual Trails Report was approved.
- A motion appointing 2015 committee membership was approved.

**Joint Study Session**

On Jan. 6, the Ken-Caryl Ranch Master Association and Metropolitan District Boards held a Joint Study Session at the Ranch House and discussed the following items:

- Lisa Lorman and Paul Camp from Vanir, the Owner's Representative for the bond projects, presented a status update on the bond projects.
- A Request for Qualifications has been sent out for the role of Construction Manager/General Contractor for the bond projects. Proposals are due back Jan. 22.
- Vanir submitted a proposal to manage Bucket Four of the bond projects, which includes the landscaping, parks, playgrounds and irrigation. Bucket Four was not originally included in Vanir's scope of work. Both Boards support the decision to hire Vanir for Bucket Four, and the Metro District Board will vote on the decision at their Jan. 27 Board meeting.
- Community Relations Director Victoria DeSair demonstrated the new Ken-Caryl Ranch website and showed some key highlights. A sneak peek of the design of the Life at Ken-Caryl newspaper was also shown.
- ADA Compliance Officer Melissa Daruna presented a summary update on Ken-Caryl Ranch's 2014 activity to move toward compliance with the current regulations in the Americans with Disabilities Act.
- Metro District Board President Bob Generoli provided an update on the Plains Metropolitan District lawsuit.



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- Retainers Included
- Free Whitening (a \$400 value)

**303-933-2273**  
[www.KenCarylSmiles.com](http://www.KenCarylSmiles.com)  
[frontdesk@kencarylsmiles.com](mailto:frontdesk@kencarylsmiles.com)  
10789 Bradford Rd., Suite 100  
CORNER OF CHATFIELD AVE AND CONTINENTAL DIVIDE

Financing Is Available





**SPECIAL EVENT**  
Thursday, January 15  
1 pm - 7 p.m.



Call 303-933-2273 today to schedule your appointment!  
**Hurry — Space is limited to only 12 patients!**

\*\*Invisalign® Special Event and associated promotions are hosted and sponsored by KenCaryl Dental Center and not by Align Technology, Inc.






## Programs and Activities

### For your information

Recreation Office Hours Effective Jan. 1, 2015

#### Ranch House Recreation Office 303-979-4070

Monday - Friday 8 a.m.-6 p.m.  
Closed Saturday & Sunday

#### Community Center 303-979-2233

Monday - Thursday 5:30 a.m.-10 p.m.  
Friday 5:30 a.m.-7 p.m.  
Saturday 8 a.m.-7 p.m.  
Sunday 8 a.m.-7 p.m.

#### Nursery Hours Effective Jan. 1, 2015

##### Community Center

Monday through Friday - 9 a.m.-3 p.m.  
HOURS MAY VARY ACCORDING TO RESERVATIONS.

#### Ken-Caryl Ranch Refund Policy

Requests for refunds must be made 48 hours before the first session of the scheduled program at the Ranch House and Community Center. This includes any KC Nature programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is canceled by the Ken-Caryl Ranch Metropolitan District.

#### How to Register for Classes & Events

- Online: Go to ken-carylrancho.org and click on Registration under Programs & Activities
- Phone-In: Ranch House 303-979-4070, Community Center 303-979-2233
- Mail-In: Download a registration form at ken-carylrancho.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127
- Fax-In: Ranch House 303-979-5347, Community Center 303-979-6501
- Walk-In: Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express & Discover accepted. Check and cash accepted for walk-in and mail-in.

## TENNIS

# 6

**Friday Night Cardio Tennis and Wine Testing**  
**Community Center**  
**6-8pm; Ages: Adult**

Join us for a cardio tennis fitness workout that includes quick tennis rotations and running followed by a wine tasting.

Fee: Resident: \$23;  
Non-Resident: \$33 per person  
Wine Tasting Only Fee:  
Resident: \$23; Non-Resident \$28

Course #29887

#### Cardio Tennis

Cardio Tennis is a fast, fun, fitness workout that includes quick tennis rotations and running. Please observe levels.

Days	Times	Levels	Instructor
Tuesdays	9-10 a.m.	3.0 - 3.5	Nic
Tuesdays	7-8 p.m.	3.5 - 4.5	Nic
Thursdays	7-8 a.m.	3.5 - 4.5	Chris
Fridays	8-9 a.m.	3.5 - 4.5	John/Leslie
Fridays	9-10 a.m.	2.5-3.5	Mark

(call at 6 p.m. Thursday)

Saturdays 8-9 a.m. 3.5 - 4.5 Chris

Fee: Resident \$10, Non-Resident \$13

Pre-registration required by calling 303-979-2233 after 5 p.m. (unless specified) night prior. Cancellations less than two hours in advance will be charged.

#### Learn How to Practice Like a Pro

One of the best ways to improve your tennis game is to hit thousands of balls. Nothing can improve the efficiency of your practice time more than using the ball machine. In one hour it is possible to hit up to 1,800 tennis balls with the ball machine. Our ball machine now has some dramatic new capabilities. With your iPhone or iPad you can unlock a new library of ball machine drills that will entertain and challenge you. In one or two lessons we can build you a library of ball machine drills geared specifically for your needs. To get started e-mail Mark Chomko at MarkChomko@yahoo.com. For more information, please contact Judy Anderson at 303-979-2233 or judya@kcranch.org.

## TENNIS LESSONS

Next session for tennis lessons will run Feb. 23 to April 25 with no lessons March 29-April 4. The junior tennis lottery deadline will be Feb. 15, and students will be tested the week of Feb. 9.

## FITNESS & WELLNESS

### Eating Right for Successful Weight Management - Level 2

Receive more in-depth guidance and personalized information that will ensure successful behavior change that will last a lifetime.

Date: Thursday, Jan. 29

Time: 7 p.m.

Location: Community Center

Fee: \$20 (Free to weight loss challenge participants.)

Course #29863

### Baby & Me Yoga

Come enjoy a calm workout with your young one. Bring your child (age 6 weeks-12 months) to engage in some bonding yoga or simply relax and enjoy the environment. Enjoy a Hatha style of yoga with that incorporates your child into the workout.

Date: Tuesday, Jan. 27

Time: 10:45-11:30 a.m.

Location: Community Center Yoga Room

Ages: 6 weeks-12 months

Fee: Resident \$10, Non-Resident \$12

Course #29960

### Introduction to the Weight Room

Want to take up a strength or weightlifting program, but don't know where to start? Well, help is here! You can choose from one of the following weight room training classes.

Date: Friday, Jan. 16

Time: 10:30-11:30 a.m. with Carla

Course #29948

Date: Saturday, Jan. 17

Time: 11-12 p.m. with Regina

Course #29949

Date: Sunday, Jan. 20

Time: 5-6 p.m. with Sally

Course #29950

Location: Community Center



### Healthways SilverSneakers Fitness

Ken-Caryl has partnered with SilverSneakers to offer benefits to qualified members of AARP, Anthem Blue Cross and Blue Shield, Humana, Kaiser Permanente of Colorado and United Health Care. Healthways SilverSneakers Fitness program is also an insurance benefit included in more than 65 Medicare health plans. Through SilverSneakers, health plans and group retirement plans provide a gym membership to their insured at no additional cost. SilverSneakers membership allows access to more than 12,000 participating locations nationwide and includes all the basic amenities, group exercise classes and in some cases, classes geared specifically toward the active older adult.

It only takes a few seconds to see if you qualify for a free gym membership to the Community Center. Stop by and we can put your name, address and birth date into the database to see if you qualify, or you can contact your insurance provider. For more information, please call the Community Center at 303-979-2233.

## JANUARY INSANITY CLASS

Try these explosive cardio and plyometric drills to transform your body in just 30 minutes. The instructor is Taylor Dinslaget.

Dates: Tuesdays & Thursdays,  
Jan. 6-Jan. 29

Time: 6-6:30 a.m.

Location: Community Center

Ages: All ages

Fee: Resident \$64,  
Non-Resident \$70

Course #29838

### Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 4-5 p.m. at the Community Center. Youth between 12-18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course; no walk-ins will be accepted.

Date: Feb. 9

Time: 4-5 p.m.

Location: Community Center

Ages: 12-18

Fee: Resident \$20, Non-Resident \$23

Course #29769

### Pi-Yo with a Foam Roller Level 1

In this six-week program you will be using foam rollers along with movements, exercises and stretches from Pilates and yoga to help you improve your posture, stay injury free, improve flexibility, joint movement and core strength. Space is limited so sign up soon! Please also bring a check on the first day of class made out to L2S for \$25 to purchase your foam roller to use at home to practice the stretches, exercises and therapies you learn in class. If you already have a full-sized foam roller, bring it to class.

Dates: Tuesdays, Jan. 13-Feb. 17

Time: 6 p.m.

Location: Community Center

Fee: Resident \$90,  
Non-Resident \$100

Course #29858

### Pi-Yo Conditioning with a Foam Roller Level 2

This class is meant for those who have taken the level 1 class OR have past experience with a foam roller and Pilates and/or yoga. In this class we will learn more advanced Pilates based exercises, stretches and rolls. Please also bring a check on the first day of class made out to L2S for \$25 to purchase your foam roller to use at home to practice the stretches, exercises and therapies you learn in class. If you already have a full-sized foam roller, bring it to class.

Dates: Tuesdays, Jan. 13-Feb. 17

Time: 7 p.m.

Location: Community Center

Ages: All ages

Fee: Resident \$90,  
Non-Resident \$100

Course #29859

### Resolution Bootcamp Classes: Start Strong in 2015!

Join other participants in a fun but tough CrossFit style class where you will burn more calories, gain strength, endurance and tone up! Be prepared for cardio intervals, muscle conditioning, lots of ab work, games and more.

Dates: Thursdays, Jan. 15-March 5

Time: 5:30-6:15 p.m.

Location: Community Center

Fee: Resident \$80, Non-Resident \$90

for 8-week program (Free to weight loss challenge participants.)

Course #29876

### KCRMD Rock Your Resolution Fitness and Weight Loss Challenge

Join our fifth annual community wide fitness and weight loss challenge to reach your goals in 2015! Transformation isn't just about weight loss. In this eight-week round we challenge you to set a goal, and we will help you along the way to achieve it!

Dates: Jan. 12-March 2

Fee: Resident \$109,

Non-Resident \$119 per person or register as a team (2-4 people) and get a 10 percent discount.

#### How do I sign up???

1. Register and pay at the Community Center or Ranch House front desk or call 303-979-2233 for your resolution fitness pass.
2. Show up on Jan. 12 at 7 p.m. for the first weigh in, meeting and nutrition class!
3. Grab a fitness class schedule to plan which classes you will attend!

Find out more details at  
www.ken-carylrancho.org.

## EATING RIGHT FOR SUCCESSFUL WEIGHT MANAGEMENT - LEVEL 1

Learn how to reach your health and fitness goals this year through sound nutrition and exercise.

Date: Wednesday, Jan. 14

Time: 7 p.m.

Location: Community Center

Fee: \$15 (Free to weight loss challenge participants.)

Course #29862

### Tai Chi

Excel and be strong, healthy and confident in any situation with the world's most powerful internal martial art and meditation. The instructor is Cal Zheng Lin.

Dates: Mondays, Jan 12-Feb. 23

Time: 5:15-6:15 p.m.

Location: Community Center

Ages: 3-7 (with adult) to 103

Fee: \$70 per person. Drop-In: \$15 per time if space available.

Course #29961

● Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-7:00am	Interval Challenge - Carla	Insanity 6-6:30 Fee Req. Course #29838	Insane Core - Taylor 6-6:50	Insanity 6-6:30 Fee Req. Course #29838	Cardio Sport - Nikki		
7:30-8:30am	Total Body Challenge - Carla						
7:45-9:00am		Body Pump - Theresa	Total Body Challenge - Theresa 7:45-8:45	Power Pump - Theresa	Total Body Challenge - Theresa/ Sally 7:45-8:45		
8:15-9:15am						Total Body Challenge - Instructors Vary Warm Vinyasa Flow - Lisa 8:30-10	
9:15-10:15am	Muscle Plus Janet 9:15-10:30	Mat Pilates - Lisa Power Yoga - Leslie 9:15-10:30	Power Pump - Janet	Interval Challenge - Janet	Barre Plus - Sally 9-10am		
9:30-10:45am	Hatha Yoga - Sue		Hatha Yoga - Petra	Pilates Fusion - Lauren 9:30-10:30	ZUMBA - Renate 9:20-10:20		
10:35-11:35am	ZUMBA - Andrea	Interval Challenge - Janet 10:15-11:15	ZUMBA - Janet				
4:30-5:30pm		After Work Fitness Challenge Wenonah					
Evening Classes	Hatha Flow - Petra 5:10-6:10 Muscle Sculpt - Kim 6:20-7:20 Mat Pilates - Lori 6:30-7:30	PiYo Foam Roller Jan 13-Feb 17 Level 1: 6pm Level 2: 7pm ZUMBA - Stacia 6:15-7:15	Gentle Vinyasa - Sue 5:15-6:30 Muscle Sculpt - Kim 6:15-7:15	Bootcamp - Lauren 5:15-6 Course #29876 Mat Pilates - Lori 6:30-7:30 ZUMBA - Renate 6:15-7:15			



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● **KC Nature**

**Family Program: Ken-Caryl Ranch ROCKS!**

Come explore the rock formations of Ken-Caryl and find out why this is such a special area to live. We will go over different types of rocks and then hike to see the different formations. Bring water and a light snack for the trail.

Date: Friday, March 13  
Time: 4-6 p.m.  
Location: Dakota Lodge  
Ages: All ages

Fee: Adult - Resident \$10, Non-Resident \$12  
Youth (3-18 years) - Resident \$8, Non-Resident \$10  
Family of 4 - Resident \$30, Non-Resident \$40

**Course #29976**

**Family Program: Visit Staunton State Park**

Take a ride up to Colorado's newest State Park, Staunton! Located just 40 minutes from Ken-Caryl Ranch on 285, there will be a naturalist to lead a behind-the-scenes four-mile hike round trip to the historical cabins, time to admire Lion's Head, and a break for lunch at the group picnic area. Dress for changing winter weather conditions. Bring a sack lunch, daypack for water, sunscreen and layers. Meet at Dakota Lodge and take the shuttle. 14-person maximum.

Date: Saturday, Feb. 7  
Time: 9 a.m.-2 p.m.  
Location: Dakota Lodge and take the shuttle.  
Ages: All ages  
Fee: Adult - Resident \$30, Non-Resident \$35  
Youth (3-18 years) - Resident \$25, Non-Resident \$30  
Family of 4 - Resident \$90, Non-Resident \$110

**Course #29724**

**Young Explorers: After School - Learn the Trails**

This program is hike-based where we will learn the trails in Ken-Caryl Ranch and make stops along the way to look at wildlife, wildflowers, geology and historical sites. Bring a water bottle and snack for the trail.

Dates: Mondays, Feb. 2-23  
Time: 3:45-5:45 p.m.  
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.  
Ages: 5-10 years  
Fee: Resident \$34, Non-Resident \$42

**Course #29729**

Dates: Tuesdays, Feb. 3-24  
Time: 3:45-5:45 p.m.  
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.  
Ages: 5-10 years  
Fee: Resident \$45, Non-Resident \$55

**Course #29730**

**Themed Programs: FROZEN**

Elsa the Snow Queen may have ruled in the movie, but in this class participants will discover how the animal kingdom survives when the land around us is FROZEN! Build tunnels in the snow like voles, walk on top of the snow like a bobcat and learn what is under the ice in the pond.

**Babes in the Woods**

Dates: Tuesdays, Feb. 3-24  
Time: 9:30-10:30 a.m.  
Location: Dakota Lodge  
Ages: 18 months-2 1/2 years, with a parent  
Fee: Resident \$25, Non-Resident \$30

**Course #29741**

Dates: Fridays, Feb. 6-27  
Time: 9:30-10:30 a.m.  
Location: Dakota Lodge  
Ages: 18 months-2 1/2 years, with a parent  
Fee: Resident \$25, Non-Resident \$30

**Course #29742**

**TOT DISCOVERY**

Dates: Mondays, Feb. 2-23  
\*No class Feb. 16  
Time: 10 a.m.-12 p.m.  
Location: Dakota Lodge  
Ages: 2 1/2-3 years, must be potty trained  
Fee: Resident \$48, Non-Resident \$55

**Course #29745**

**KC Kids: Mornings**

Dates: Wednesdays, Feb. 4-25  
Time: 9:30 a.m. -12:30 p.m.  
Location: Dakota Lodge  
Ages: 3 1/2-6 years  
Fee: Resident \$70, Non-Resident \$80

**Course #29752**

Dates: Thursdays, Feb. 5-Feb. 26  
Time: 9:30 a.m. -12:30 p.m.  
Location: Dakota Lodge  
Ages: 3 1/2-6 years  
Fee: Resident \$70, Non-Resident \$80

**Course #29753**

**KC Kids: Afternoons**

Dates: Wednesdays, Feb. 4-25  
Time: 1:30-3:30 p.m.  
Location: Dakota Lodge  
Ages: 3 1/2-6 years  
Fee: Resident \$48, Non-Resident \$55

**Course #29754**

**Early Birds - KC Nature Before School**

Program for Bradford Primary and Intermediate

- Come explore the outdoors before heading off to school for the day! Please bring appropriate clothes to be outside. A light morning snack is provided.
- 7 a.m.-9 a.m. Monday - Friday (You may drop off any time between 7 a.m.-8:45 a.m. You may come to as many or as few days a week as you'd like.)
- Dakota Lodge with transportation to Bradford Primary and Intermediate
- \$10/day - Billed monthly according to what you sign up for each month
- Please call or email Gabrielle Chisholm, Recreation Coordinator for Environmental Education, to receive registration packet and calendars. 303-979-1876, ext. 106, or gabriellec@kcranch.org




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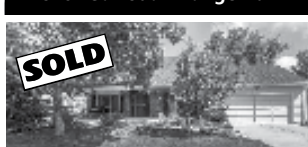


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 <b>48 Blue Sage</b>	 <b>8 Blue Cedar</b>	 <b>8161 San Juan Range Rd</b>
 <b>8220 San Juan Range Rd</b>	 <b>11245 San Joaquin Ridge</b>	 <b>10723 Turtle Mountain</b>

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*My team and I look forward to serving you in 2015.*

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## ● Youth Programs

### Baby & Me Yoga

Come enjoy a calm workout with your young one. Bring your child (age 6 weeks-12 months) to engage in some bonding yoga or simply relax and enjoy the environment. Enjoy a Hatha style of yoga with that incorporates your child into the workout.

Dates: Tuesday, Jan. 27  
Time: 10:45-11:30 a.m.  
Location: Community Center Yoga Room  
Ages: 6 weeks-12 months  
Fee: Resident \$10, Non-Resident \$12  
**Course #29960**

### Little Chefs

Parents and children will work together to explore early math and science concepts as they cook and enjoy festive holiday treats. Session theme is space.

Dates: Saturday, Jan. 17  
Time: 10 a.m.-12 p.m.  
Location: Community Center Youth Room  
Ages: 3-5 years  
Fee: Resident \$15, Non-Resident \$20  
**Course #29776**

### Grow With Me

Come join your child as they explore their first classroom-like experience full of games, songs and art activities.

Dates: Tuesdays, Feb. 3-24  
Time: 10-11 a.m.  
Location: Ranch House Dance Room  
Ages: 18-36 months and parent  
Fee: Resident \$25, Non-Resident \$30  
**Course: # 30041**

## DRAMA CLUB

Children will spend their time at Drama Club learning about parts of a story, dressing up, and diving into dramatic play with their friends.

Dates: Wednesdays, Feb. 4-25  
Time: 10-11 a.m.  
Location: Ranch House Youth Room  
Ages: 3-5 years  
Fee: Residents \$50, Non-Resident \$58  
**Course: # 30042**

### StART With Art

Develop finer control of motor skills in this creative session as we experiment with different art materials and processes.

Dates: Mondays, Feb. 2-23  
Time: 10-11:30 a.m.  
Location: Ranch House Youth Room  
Age: 3-5 years  
Fee: Resident \$50, Non-Resident \$58  
**Course: # 30043**

### Little Chefs

Parents and children will work together to explore early math and science concepts as they cook and enjoy festive holiday treats.

Date: Saturday, Feb. 14  
Time: 10-11 a.m.  
Location: Community Center Youth Room  
Ages: 3-5 years and parent  
Fee: Resident \$15, Non-Resident \$20  
**Course: # 30044**

### Friday Fun Nights

Calling all Ken-Caryl kids! Leave your parents at home and join the energetic and goofy Youth Programs staff for an evening of play and party. Take part in science experiments, cooking projects, crafts, games, and even watch a movie. These parties are for kindergarten-6th grade fun-lovers and dinner is provided.

Date: Friday, Jan. 16 - Pillows & PJs Theme  
Time: 5:30-9 p.m.  
Location: Ranch House  
Ages: Kindergarten-6th grade

### Fee:

Resident \$25, Non-Resident \$30 – 1 kiddo  
Resident \$40, Non-Resident \$50 – 2 sibling bundle

Resident \$65, Non-Resident \$80 – 3 sibling bundle

**Course #29962** (1 kid)

**Course #29963** (2 sibling bundle)

**Course #29964** (3 sibling bundle)

Date: Friday, Feb. 20 - Super Duper Theme

Time: 5:30 p.m.-9 p.m.  
Location: Ranch House  
Ages: Kindergarten-6th grade

### Fee:

Resident \$25, Non-Resident \$30 – 1 kiddo  
Resident \$40, Non-Resident \$50 – 2 sibling bundle

Resident \$65, Non-Resident \$80 – 3 sibling bundle

**Course #29965** (1 kid)

**Course #29966** (2 sibling bundle)

**Course #29967** (3 sibling bundle)

### Chess Wizards

Let your child be part of an exciting and successful chess program! Brought to you by Chess Wizards, teachers specially design classes that cater to all levels of chess ability. Each child is challenged by fun games and lessons from real Wizard teachers. This class enhances cognitive development, improves both verbal and mathematical skills, and increases all levels of academic performance! Have your child join the fun and games!

Dates: Thursdays, Jan. 15-Feb. 12  
Time: 5:30-6:30 p.m.  
Location: Ranch House Dance Room  
Ages: Kindergarten-6th grade  
Fee: Resident \$115, Non-Resident \$120  
**Course #29826**

### Mine, Craft, Build: Adventure Game Using LEGO

Bring Minecraft to life using LEGO! Resourcefulness, creativity and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items! Build a zoo, medieval castle and a tree house village! This LEGO experience is an original game designed by Play-Well instructors.

Dates: Mondays, Jan. 19-Feb. 23  
Time: 5:30-7 p.m.  
Location: Ranch House Dance Room  
Ages: Kindergarten-1st grade  
Fee: Resident \$115, Non-Resident \$120  
**Course #29842**

Programs continued on page 18



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 **PAYMENT PLAN**

◆ Nature News



By Environmental Education Specialist Gabrielle Chisholm

Savvy Stewards is a blanket program that recognizes all of the partners and resources that support the KC Nature program and ensures the best programs and events. In 2014 there were many individuals, agencies and organizations that contributed to KC Nature, and we'd like to thank them for their support!

**Programs:**

- Colorado Parks and Wildlife: donated 50 fishing poles and hundreds of wildlife brochures
- Bear Creek Lake Park: donated fishing poles
- Foothills Park & Recreation District: approved fishing fieldtrip to Hine Lake
- Ken-Caryl Ranch Historical Committee: donated volunteer time and use of educational material
- Ken-Caryl Ranch Open Space: approved use of trails

**Events:**

**Environmental Education Open House in August**

- Colorado Parks and Wildlife: donated coloring books, pencils and wildlife trading cards
- Jefferson County Open Space: donated volunteer time and educational material
- CSU Extension: donated educational material
- Denver Water: donated two Xeric Landscaping books, water-saving hose sprayers and educational material
- Get Outdoors Colorado: camping glow

- sticks, stickers and bags
- Ken-Caryl Ranch Water & Sanitation District: donated toilet test kits and rulers

**Family Fright Night and Haunted Trail Oct. 25**

- Boy Scout Troop 686: donated over 50



**volunteer hours**

- Dakota Ridge Honor Society: donated over 15 volunteer hours
- KCRMD staff friends and family: donated over 10 volunteer hours
- Chick-fil-a: donated coupons
- Sam's Club: donated hot chocolate
- Murdoch's: donated 24 straw bales
- Denver Botanic Gardens at Chatfield: donated pumpkins and corn stalks

Thank you to all of our donors, you all made 2014 KC Nature programs and events a great success!

Get involved! Do you know any grants or funding KC Nature can apply for? Do you have knowledge of wildlife or wildflowers that you can teach others? Do you need to get rid of gently used stuffed animals or books that can be used in KC Nature programs? There are many opportunities to become a Savvy Steward! Please contact Gabrielle Chisholm at gabriellec@kcranch.org to learn more.

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◆ Our Rising Generation

## Joyous Holiday Celebration With Ken Caryl Youths and Seniors

Submitted by Janet Ali, Red Rocks Piano Studio



Back row children: Maria Ali, Claire McCollough, Mia Wang, Holly McCollough, Lauren Daniels, Meghan Brammeier. Front row children: Julianne McCollough, Ava Geisler, Emerson Geisler, Kevin Lai.

Red Rocks Piano Studio held its annual holiday concert at Brookdale Senior Living on Sunday, Dec. 14. Twenty-five Ken-Caryl children performed solo and ensemble piano works on a Yamaha Grand Piano graciously donated for use by Joe Woods of Woods and Son Piano. Holiday pieces, piano duo works and quartets were performed. The exciting mix of pieces played culminated in a truly joyous community celebration that could be seen by the big smiles on the faces of all!

Many Brookdale residents attended and were presented with handmade Christmas cards from the children. Afterward, the reception gave everyone a chance to talk and share. This group of children has been bringing concerts to this same location for the past few years, and the seniors have been able to watch them grow. The children have formed a special bond with some of these residents whom they see concert after concert.

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Of special note were the duo teams who performed and will be performing again at the United States Duo Piano Competition in Colorado Springs in January. These teams include Maxwell Kempe and Kate Bowers, Meghan Brammeier and Lauren Daniels, Fletcher and Gage Buhl, Bethany Kempe and Monica Ochoa, Alex and Dominic Miceli, Rory Devin and Gabrielle Hess, and Maria Ale and Gabrielle Olinger.

All of these children were winners and will perform at the winners' concerts with a chance to win Top Performer International Honors.

Two of the performers, Ava and Emerson Geisler, entered their musical compositions in the PTA Reflections arts competition this fall and won at the local and regional level. Their compositions will be forwarded now to the state competitions.



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## Our Rising Generation

### Perron Harrison Engagement



The Perron family of the North Ranch announces the engagement of their daughter, Katie Perron, to Wade Harrison, son of Bob and Marie Harrison of Perth, Australia. Katie is a graduate from Chatfield Senior High, received her bachelors from Colorado State University and completed her MBA at Université Nice-Sophia Antipolis.

Katie and Wade met in Nice, France while both living and working abroad in 2012. Wade asked for Katie's hand in marriage in Bryant Park on a trip to New York this past summer. The happy couple currently resides in Denver and is planning their wedding for January 2016 in Vail. Congratulations, Katie and Wade!

### KC Talent Performs at Winter Recital

Submitted by Elea Plotkin, North Ranch



Top row, left to right: Jordan Banning, Amanda Howery, Logan Daigler, Chase Miller, Kristina Childs, Olivia Berlinger, Nicolas Sarkisov and teacher Elea Plotkin.  
Middle row, left to right: Luca Maffoni, Kiara Keller, Lauren Daigler, Allison Falco, Sarah Falco, Sophie Puffer, Anna Carlson, Jacob Brown and Zoe D'Argonne.  
Front row, left to right: Alaina Wharton, Emelie Rosenberg, Tim Brown, Dane Driscoll, Charlee Harrison, Emily Bullens, Taylor Kubicek, Taylor Bentley, Elizabeth Smits and Joe Urbanich.

Ken-Caryl piano and voice students of North Ranch music teacher Elea Plotkin performed in the annual Winter Recital at Genesis Presbyterian Church in Littleton on Sunday, Dec. 14. The talented musicians played classical favorites, Broadway show tunes, contemporary jazz and holiday carols for family and friends.

D'Evelyn eighth grader Amanda Howery, daughter of Rob and Christina Howery, played a piano medley of Disney show tunes that she had arranged, and she performed the grand finale with "A River Flows In You" by the composer Yiruma. Allison Falco, seventh grader at Summit Ridge Middle School and daughter of Shonna and Jason Falco, performed "Lullaby of Birdland" and Sarah Falco, fourth grader at Red Rocks Elementary, performed "Move It" by Bill Boyd.

Jacob Brown, sixth grader at Bradford Intermediate and son of Carla and Dave Brown, played "Bassman Walketh," also composed by Bill Boyd. Chatfield sophomore and pianist Jordan Banning, son of Karen and Doug Banning, performed Chopin's "Mazurka Op. 67 No.2."

Bradford Intermediate sixth grader Lauren Daigler, daughter of Mike and Christine Daigler, performed "Somewhere Over the Rainbow" and her original piano composition titled "Peace," which received an award in the Bradford PTA Reflections Competition and has moved to the state level.

Teacher Elea Plotkin has more than 20 years of experience in teaching piano, accompanying and coaching singers. For information about lessons, contact the Elea Plotkin Music Studio at 303-972-1984.



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Dates: Mondays, Jan. 21-Feb. 25

Time: 5:30-7 p.m.

Location: Ranch House Dance Room

Ages: 2-5th grade

Fee: Resident \$115, Non-Resident \$120

**Course #29843**

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Date: Saturday, Feb. 21

Time: 9 a.m.-1 p.m.

Location: Ranch House AV Room

Ages: 10-13 years

Fee: Resident \$40, Non-Resident \$50

**Course #29853**

**Story Time at the Ranch House**

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.

Dates: Thursdays through May 21

Time: 10:15 a.m.

Location: Ranch House Dance Room

Ages: All ages

Fee: FREE!

**Adult Programs**

**KC Community Garden Plots**

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throughout the growing season. Become part of this vibrant and enjoyable community of gardeners while serving up fresh vegetables and fruits to your family, maybe even enlisting the help of your children. Dates: 2015 growing season registration is now open.

Location: Community Garden next to the Community Center

Ages: All ages

Fee: Small plot \$75 with a \$50 deposit

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Dates: 6-week sessions on Tuesdays (call for dates)

Time: 6:30 p.m.

Location: Dakota Lodge

Fees: Resident \$130, Non-Resident \$155

To register, please contact Laurel Landsman at 720-233-3461 or [caninefrontier@gmail.com](mailto:caninefrontier@gmail.com).

**Basic Dog Obedience Classes**

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. This class is for dogs over six months old. The class teaches basic commands plus home manners, focus work and tricks. Please visit Canine Frontier's website at <http://caninefrontiertraining.com> or Facebook page at [www.facebook.com/caninefrontier](http://www.facebook.com/caninefrontier) for more information.

Dates: 6-week sessions on Tuesdays (call for dates)

Time: 7:30 p.m.

Location: Dakota Lodge

Fees: Resident \$110, Non-Resident \$130

**Red Hat Divas**

A group of women enjoying life to the fullest. The group was created for the single purpose of having fun!

Date: Tuesday, Jan. 27

Time: 10:30 a.m.-12:30 p.m.

Location: Ranch House Adult Lounge

Fee: None

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.



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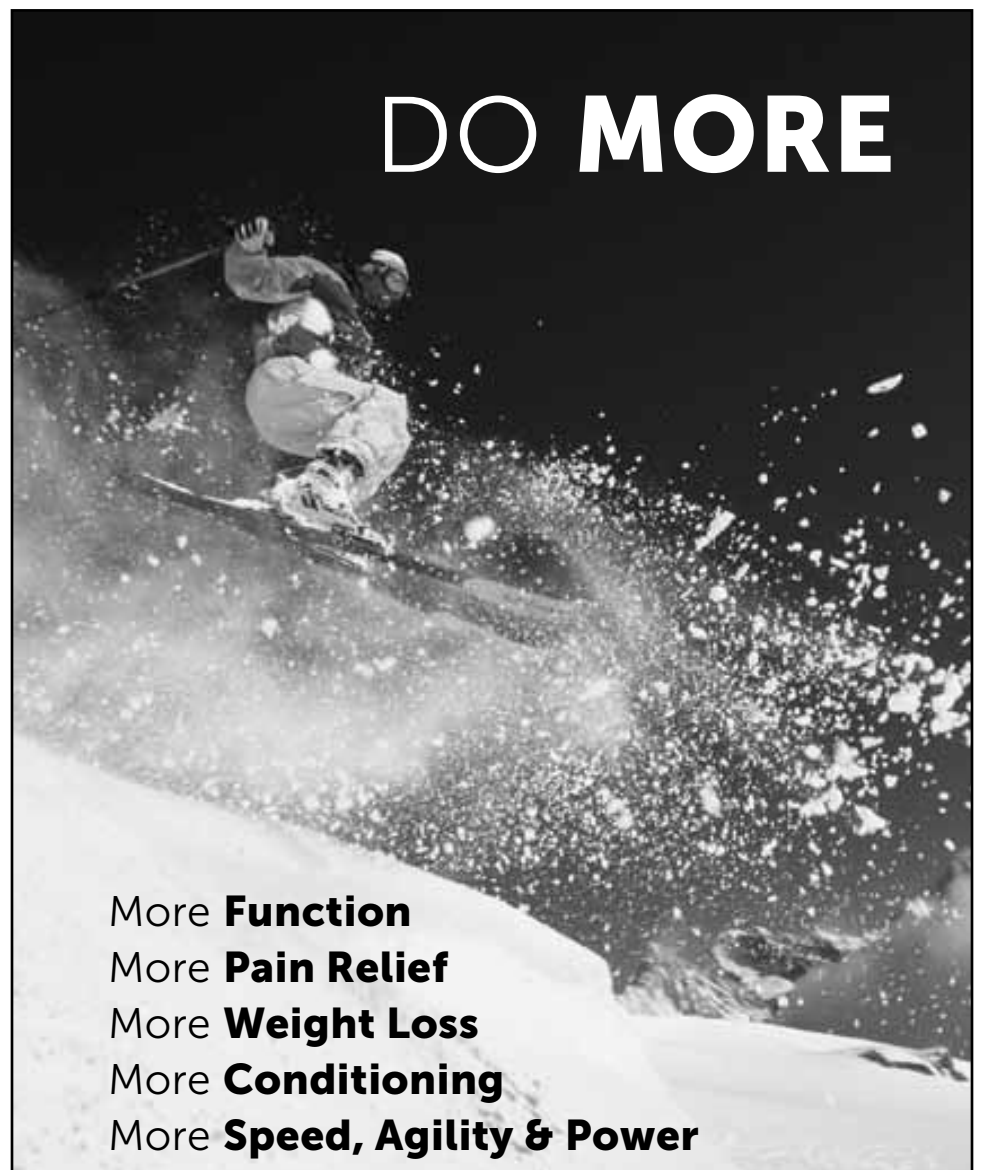


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Life at Ken-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m. -- 5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd, Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on the Monday prior to the following issue (10 days later). Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds A maximum of 80 words will be accepted. If mailing your ad, please proof it CAREFULLY; provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

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## Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122.

Categories: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
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Sean Ahearn	303-906-1137	L	18	Colony
Sarah Bielefeld	303-506-8630	B, P	15	Cimarron
Christina Bigger	720-981-4521	B, P	15	Deerwood Vista
Josh Blarr	720-318-4605	P, S	14	Colony
Madeline Byerly	720-785-3784	B	12	Wynterbrooke
Nolan Byrnes	720-530-9272	L, P, S	13	Bradford Place
Daniel Dominguez	720-648-3178	L, P, S	14	Traditions
Carly George	303-250-8502	B, P	16	Bradford Place
Christina George	303-934-2612	B, P	14	Bradford Place
Sam Gerbus	303-250-6079	B, L, P, S	18	Retreat
Allie Goulding	720-331-5428	B, P	16	Carriage Hill
Raquel Gunkel	303-909-5090	B	15	Spread
Chuck Henderson	720-231-6068	L, P, S	15	Deerwood Vista
Ben Iverson	720-626-5580	L, P, S	14	Stratford Farms
Hannah Johnson	720-879-1445	B, P	14	Bradford Place
Oliver Kauffman	720-724-0878	B, P, S	14	Wynterbrooke
Corrin Kevlyn	608-217-6317	B	14	Eagles Pointe
Sloan Lyons	720-431-5903	B, P	16	Village
Hadley Marx	720-380-4671	B, P	14	Shaffer Hill
Ryan McKenna	720-261-2869	B, L, P, S	14	Stallion Pointe
Gracie Mead	720-921-4495	B, P	14	Deerwood Vista
Matthew Murray	303-579-5322	P	12	North Ranch
Ryan Murray	303-579-5322	B, L, P, S	15	North Ranch
Robby Nelson	303-904-8886	B, L, P, S	15	Spread
Alexandra Newsom	303-325-5232	B, P	15	Legacy
William Newsom	303-325-5232	L, S	13	Legacy
Lauren O'Connor	720-982-7981	B, P	13	Sunset Ridge
Rhiana Parker	720-877-5570	B, P	15	Territory
Micaela Pollard	303-904-8488	B, P, S	12	Cimarron
Dillon Reisinger	303-973-2469	L, P, S	18	Eagles Pointe
Seth Reisinger	303-973-2469	B, L, P, S	13	Eagles Pointe
Kari Salter	720-202-0067	B, P	17	Wynterbrooke
Reanna Schafer	303-808-0373	B	14	Village
Anya Schroeter	720-415-5112	P	12	Quail Ridge
Carissa Scott	720-215-8829	B, P	13	Colony
Carlee Shute	303-903-0504	B, P	14	Bridle Gate
Cameron Suchomel	303-932-1580	L, S	15	Bradford Place
Jason Suchomel	303-932-1580	P	13	Bradford Place
Cole Torgerson	303-933-9988	B, L, P, S	12	Legacy
Chloe Warren	303-797-0660	P	13	Quail Ridge
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Rare 7 bedroom/5 bath home situated on open space. Main floor offers formal living and dining rooms, an oversized office/study, eat-in kitchen with slab granite, oversized mud/laundry room and great room. Finished walk-out basement. Concrete tile roof. Many updates. Incredible views!



### Carriage Hill

**2 Prairie Clover • \$789,000**  
Updated 6 bed/6 baths. Trad. floor plan, formal living & dining rooms, study/optional bedroom and spacious family room on main level. Oversized kitchen with newer SS appliances, center island.



### North Ranch

**55 North Ranch Road  
\$929,000**  
5 bedrooms. 5 baths. Main floor study. Bonus room. Fully finished walk out basement with a mother-in-law suite. Enormous closets. Backs to open space.



### Retreat

**81 Dawn Heath Cir. • \$479,000**  
Main floor master, Formal living and dining rooms. Huge laundry/mud room. 4 bedrooms/3 baths. New roof. New paint, front porch, central air, updated master bath, slab granite.



### Stallion Pointe

**40 Willowleaf • \$619,000**  
5 beds/4 baths. Backs to open space with spec. views. Updated master bath & kit. Prof. fin. w/o basement with guest suite & rec. room. New roof. New gutters. New A/C and furnace. New paint. Hrdwd. floors.



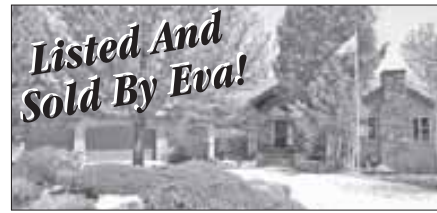
### North Ranch

**49 Golden Eagle • \$899,000**  
5 bedrooms/5 baths. Nestled up to open space, cul-de-sac, incredible views, private lot. Prof. finished walk-out basement with guest suite, 3/4 bath, wet bar, work-out room, workshop and a spacious recreation room. The master suite offers his and hers closets. Abundance of storage.



### Deerwood Vista

**15 Mountain High Court  
\$849,000**  
Backs to open space with fabulous views. Traditional floor plan, 4 bedrooms up, optional bedroom or study on main level. Fully fin. basement with guest bedroom and recreation room. Tile roof. Huge mud/laundry room. Surround Sound.



### North Ranch

**5 Golden Eagle • \$1,200,000**  
Rare ranch that offers 4 beds/7 baths and a 5-car garage. Backs to open space with spectacular views. Wine room. Wet bar. Theater room. Huge mud/laundry room. Tile roof.



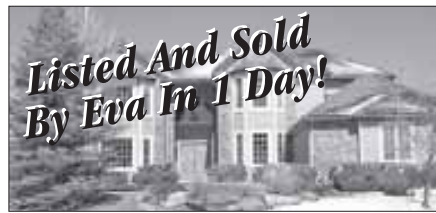
### North Ranch

**3 Bald Eagle • \$1,350,000**



### Traditions

**16 Foothill Ash • \$459,000**



### Carriage Hill

**2 Rose Clover • \$799,000**



### Stratford Farms

**34 Blue Sage • \$469,000**



### Deerwood Vista

**14 Mountain High • \$899,000**



### Colony

**4 Buckthorn • \$479,000**

## Eva Stadelmaier Broker Associate

Certified Distressed Property Expert • Certified Negotiation Expert • Luxury Home Marketing Specialist  
Call me any time to discuss the market or I would be happy to answer any questions you may have about buying or selling a home. Visit my Website at [www.kencarylrealty.com](http://www.kencarylrealty.com) or email: [evastadelmaier@remax.net](mailto:evastadelmaier@remax.net)

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**kencarylrealty.com**

#1 Agent In South Jefferson County 2011, 2012 And 2013.  
Ken-Caryl's #1 Realtor For 2011, 2012, 2013. Re/Max Hall Of Fame.  
Eva Stadelmaier is ranked within the top 100 agents in Re/MAX US.



**LISTED & SOLD BY EVA!**  
Colony • 8 Buckthorn Drive • \$499,000  
Stratford Farms • 3 Silvermound • \$529,000

### SOLD BY EVA!

Stallion Pointe — 54 Willowleaf Drive — 48 Willowleaf Drive  
Carriage Hill — 4 Golden Aster • Legacy — 11 Summit Ash  
Bradford Place — 16 Mountain Alder • Deerwood Vista — 4 Amberwood Lane  
Barrington Ridge — 2 Mountain Cedar • 11 Lindenwood — Eagles Pointe

### SOLD!

Deerwood Vista — 85 Deerwood Drive • North Ranch — 19 Red Fox Lane  
Traditions — 17 Honey Locust — 16 Foothill Ash  
Retreat — 170 Willowleaf Drive — 26 Willowleaf Drive  
Barrington Ridge — 5 Mountain Willow Drive