



## Spreading Good and Cheer this Holiday Season

THE KEN-CARYL HOLIDAY HOME TOUR 2020 GOES VIRTUAL TO BENEFIT TRAILHEAD COMMUNITY

Details on pages 6-7.

HOLIDAY HAPPENINGS	FOUNDATION NEWS	HISTORICAL SOCIETY	RANGER FIELD NOTES	COVENANT CLIPS
Holiday Happenings Around Town to Safely Celebrate the Season	Your Next Grocery Purchase Can Benefit the KCR Foundation!	KCR Historical Society Produces 50th Anniversary Commemorative Video	Trail Closure for Muddy Conditions	You Know Dasher and Dancer and Prancer...
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Santa Claus and the Ken-Caryl Holiday Home Tour Are Coming to Town!

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**Ranch House Temporarily Closed to the Public**  
Due to the latest COVID-19 health and safety guidelines, the Ranch House offices are temporarily closed to the public. However, residents may schedule an appointment to meet with staff in person. Contact information is available on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).



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Connecting with Staff

By Victoria DeSair, Master Association Executive Director

Due to the latest COVID-19 health and safety guidelines, the Ranch House offices are temporarily closed to the public. The Master Association and Metropolitan District staff miss interacting with people on a daily basis, but we know it is important to keep everyone safe and minimize exposure. We are not currently sure when the Ranch House will open back up to the public, but we will let you know!

Just because our doors aren’t physically open to the public doesn’t mean we aren’t accessible. Staff continues to work throughout the day, with most of the staff working from home. We can all be reached via email or through our regular voicemail extensions. You may need to leave a message, but rest assured, we will get back to you as soon as we can. Thank you for your patience as many of us are also juggling remote school for our kids at home. Contact information for the staff can be found at [www.ken-carylranh.org](http://www.ken-carylranh.org) under Administration then Staff.

We encourage residents to use the online tools, forms and resources at [www.ken-carylranh.org](http://www.ken-carylranh.org). Payments, mail, forms and architectural samples can be placed in the Mail & Payment Drop Box next to the front door of the Ranch House. If it is necessary that you meet with a staff member in person, please schedule an appointment with the applicable staff member.

If you have any questions or comments, please reach out to me at [victoriad@kcranch.org](mailto:victoriad@kcranch.org) or 303-979-1876, ext. 122.





**Follow Ken-Caryl Ranch on Twitter**

Staff will post periodic quick reminders, announcements, and updates, so make sure to follow us at <http://twitter.com/kencarylranh>



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December

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
6	7	8	9	10 7:30 a.m. Architectural Committee Meeting *Online	11	12 Storytime with Santa <b>CANCELLED</b>
13	14	15 6 p.m. MA Board Meeting *Online	16 4:30 p.m. Covenant Committee *Online	17	18	19
20	21	22	23	24 Christmas Eve Administrative Offices Closed	25 Christmas Administrative Offices Closed	26
27	28	29	30	31		

Meetings may be virtual based on Jefferson County COVID guidelines. Visit [www.ken-carylranh.org](http://www.ken-carylranh.org) for virtual meeting information.

\*Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at [www.ken-carylranh.org](http://www.ken-carylranh.org) for details.

**NO INCREASE IN 2021 DUES**

\$56 per month for homes and condos.

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Payment options at [www.ken-carylranh.org](http://www.ken-carylranh.org). Click on “Pay My Dues” at the top of the page.





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**[www.shaffer.jeffcopublicshools.org](http://www.shaffer.jeffcopublicshools.org)**











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*Life at Ken-Caryl* is a private newspaper published every other week by the Ken- Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. Permission to reprint articles is granted, provided that proper credit is given to *Life at Ken-Caryl* and the editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole.

DEADLINE: All articles, advertisements and letters to the editor must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Deadline dates are published at [www.ken-carylranh.org](http://www.ken-carylranh.org) under Community & News, then Newspaper: Life at Ken-Caryl.

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Contact information for the Master Association and Metropolitan District Board members is available at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the Administration tab.

[www.ken-carylranh.org](http://www.ken-carylranh.org)  
[www.facebook.com/ken-carylranh](https://www.facebook.com/ken-carylranh)

# Help Support a Small Business: Angie’s Restaurant

Colder weather means comfort food, and this year, perhaps comforting those in need of a little extra support. Long-time resident Bill Davenport and his wife Liz have devoted many years of service to our community following their retirement. At present, Bill is donating his time to the Platte Canyon Sertoma Club, a service-based, non-profit, 501(c)(3) dedicated to servicing the needs of the community.

Bill and his fellow volunteers with the Platte Canyon Sertoma are turning their attention to helping local favorite, Angie’s Restaurant and its staff during the latest COVID-19 health and safety guidelines, which prohibit indoor dining. Now through Dec. 13, the Platte Canyon Sertoma Club asks as many friends and neighbors as possible to re-double their efforts to support Angie’s Restaurant by ordering takeout meals. According to Bill, Angie’s has been a big Sertoma Club supporter in the past, along with other organizations and schools in the area. This effort is not a fundraiser for the Club or any other organization, but rather an effort to direct added business to a valuable, family-operated neighborhood business that provides good food with a friendly face and has been a valued community partner for many years.

In fact, for more than 50 years, Angie’s family-owned Italian restaurant has called Littleton home, featuring the finest in Italian and Mexican cuisine under one roof. Even prior to the pandemic, they have offered convenient drive-through service as a convenient way to cater to their customers!

Angie’s is located at 6797 Ottawa Ave., just off Pierce St. and one block south of Coal Mine. Their phone number is 303-979-0645. Angies’s requests that takeout orders be placed 30 minutes before you wish to pick up your food. Please check Angie’s website at <https://www.angiesrestaurantlittletonco.com/> for menu options, operating hours and further information.

So, enjoy a night off of cooking and help support a local business like Angie’s!

# You Know Dasher and Dancer and Prancer...

*By Brian Yowell, Community Administrator*

You know Dasher and Dancer and Prancer and Vixen, Comet and Cupid and Donner and Blitzen. But do you recall....The most famous rules of all???

While we are all nestled all snug in our beds, and visions of home improvements dance in our heads, I wanted to pass on a few reminders for a successful holiday season.

We all know Santa lives in the North Pole, but he has a lot of friends in Ken-Caryl...both naughty and nice. If by luck he comes to visit you for a few days, please remind him that he can’t park his sleigh in your driveway or on the street. Like other commercial and recreational vehicles, he’ll need to keep it in a manger, your garage, or at an off-site cookie factory. Although many of us would deem it an emergency services “vehicle”- especially the kids - and it is most definitely required to do his job, it will still need to be kept out of sight.

Getting into the holiday spirit may inspire you to start your own heard of reindeer. Before you go importing flying reindeer into Ken-Caryl, I thought I should remind you that only dogs, cats and ordinary household pets are allowed. The rules clearly state no poultry, chickens, or reindeer are to be kept on any lot or multi-family site. You may be able to board your own little Blitzen at the equestrian center, but only if he gets along with horses and the KCRMA Rangers.

Understandably, Santa is working overtime with the increasingly high demand for toys to keep us entertained while we are stuck at home. I hear that mouth guards and boxing gloves are very popular this year. Being the kind and giving community that we are, you may want to help him out. Unfortunately, it is against the rules to run a business out of your home that attracts customers or clients and/or violates other rules and regulations. So, maybe stick to making cookies instead of running a retail distribution center out of your home.

Now, go put on your cap and settle in for a long winter’s nap. For soon the holidays will be here, and with all my heart, I hope they bring you good cheer.

Happy Holidays Ken-Caryl!  
At your service,  
Brian Yowell






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## Trail Closure for Muddy Conditions

By Peter Marozas, Ken-Caryl Ranch Park Ranger

The use of muddy trails has become a concern of many land management agencies. Extended use on muddy surfaces can lead to erosion and trail users can create additional trail widening by going around muddy sections. Community leaders directed the Ken-Caryl Ranch Ranger staff to develop a trail closure policy for times when trails are muddy enough to cause damage to the trail tread.

The ranger staff will evaluate and close trails when they are determined to be too muddy for sustainable use. The trail closure status will be updated to the public through the Ken-Caryl Ranch website and Facebook page. The ranger staff will monitor sections of trail throughout the shoulder and winter seasons.

In collaboration with the Open Space Committee, the ranger staff designated the Lower Cougar/Bluebird Trail area as the trails to close for muddy conditions.

### Trail Closure Sites:

- Cougar Trail/Valley Parkway – The gate will be locked and a temporary sign posted notifying visitors that trails is closed.
- Colorow Trail/Massey Draw Intersection - A chain gate and sign are located approximately 30 feet from the Massey Draw Intersection (See Map). The test section of trail used to determine if it should be open or closed, is just south of the chain gate.
- Golden Banner/Cougar Trail Intersection – A permanent post and sign will caution trail users that access to lower trails will be cut off during muddy trail closures.

The Ken-Caryl Ranch website and Facebook page will be updated for residents to check on trail conditions. Inspection of the trail test section using the following guidelines will determine if the trails should be closed. The trail test section will be checked between 1200 -1500 hrs. Maximum thawing will usually occur during this time period when muddy conditions are at their peak.

*Does the segment show signs of being muddy?* Standing water, melting snow with exposed trail surface are all signs of a muddy trail.

*Can the muddy surface be navigated without damage to the trail?* Check if trail traffic is apparent on the section and is the user traffic penetrating the surface. Other indicators are slide marks or smears from either foot or bike traffic. The indicators must be represented on over 50 percent of the designated area.

The ranger staff will complete the evaluation procedure daily and determine if the trail can be reopened. If the ranger determines that the trail can be reopened, the ranger will remove all barricades so trail use can resume and the trail condition will be updated on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) and our community's Facebook page.

Any trail users recreating on the “closed” section of the trail will be in violation of Rule #3 of the Ken-Caryl Ranch Open Space and Parks Use Rules, which states, “...use or occupancy of parks and open space during such lands are administratively closed to use is prohibited and will be prosecuted per the rules and enforcement policy.” Any questions, please call the Ken-Caryl Park Rangers at 303-979-1876, ext. 170.



Muddy Trail Closure Area. Southern Trail complex.



## Pony Rides at the Equestrian Center!

The next best thing to getting a pony for Christmas! Holiday pony rides are back and available for sign-up at the Ken-Caryl Equestrian Center! The rides are for ages 3 to 100 (you're never too old for a pony ride), and the cost is \$25, payable with cash or check (checks made out to KCRMA). Waivers and payment are required to be dropped off a week prior to your ride day/time. This special event will only take place Tuesday, Dec. 22 and Wednesday, Dec. 23 from 9 a.m. -2 p.m. at the Riding School. Unfortunately, due to COVID-19, we will not be able to offer cookies, decorations or hot cocoa this year.

Reservations are required. To make a reservation, call the Ken-Caryl Riding School at 303-972-8456 or email [Eqschool@kcranch.org](mailto:Eqschool@kcranch.org). Please leave your name, name of rider(s)/age, email address, preferred date and time, and phone number.

The pony ride will be conducted by one of our experienced camp or riding school instructors, but we do ask an adult to walk alongside young children to help them keep their balance. Don't forget your cameras! The rides last about 15 minutes, but your family is welcome to stick around to meet our other horses and watch our students ride from a safe distance. Please keep in mind that our horses have a max limit of 180 lbs. for a rider. Children and parents must wear boots or lace-up shoes. No slip-ons, flip-flops, or open-toed shoes allowed. You are encouraged to bring your own toddler-sized bike helmet for children under five.

*Disclaimer: Please be sure the rider and everyone in your party is wearing a mask. Refusal to wear a mask will automatically forfeit your spot to ride. Also, if you are feeling cold-like symptoms please stay home. Due to the evolving nature of the COVID-19 pandemic, there is a possibility that we will not be able to conduct Holiday Pony Rides. In the event of a cancellation, full refunds will be issued.*

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4

⌚ Life at Ken-Caryl

December 9, 2020



Your Next Grocery Purchase Can Benefit the KCR Foundation!

Are you a King Soopers regular? Then, you could help support the Ken-Caryl Ranch Foundation the next time you make a grocery run! The Ken-Caryl Ranch Foundation was just approved for the Community Rewards Program with King Soopers. Anyone who has an interest in supporting the Foundation and shops at King Soopers can register their frequent shopper card with a code and the Foundation will get a donation based on overall purchases.

The Ken-Caryl Ranch Foundation was formed in October 1990 with the goal of enhancing the quality of life for the residents of Ken-Caryl Ranch. Its mission is to promote community engagement and solicit donations, which include monetary contributions as well as personal and real estate property from individuals, public and private community organizations.

These funds are used in the establishment and development of facilities (that includes park and open space lands), health and wellness programs, cultural arts, educational programs and recreational programs. The Foundation supports a variety of programs with the donations it receives.

Some examples of the projects supported by the Foundation include the Ken-Caryl Community Garden, the annual Scholarships on community



service and the most recent scholarship on civil discourse. The Foundation also spearheaded the acquisition of nearly 900 acres of open space on the South Dakota Hogback.

Historical preservation, trail maintenance, memorial tree program, access for the handicapped and children's art programs are also supported.

The process to sign up for the King Soopers Community Rewards program is simple:

1. Go to Kingsoopers.com
2. Login to your account or create one if you do not have one
3. Register your phone number
4. Go to My Account (Upper right drop down)
5. Choose Community Rewards (Left navigation)
6. You can search for Ken-Caryl Ranch Foundation either by name or DW239 and then click Enroll.
7. Make sure when you shop at King Soopers to scan or add your account number or phone number.

For more information about the Ken-Caryl Ranch Foundation, visit <http://www.kencarylranhfoundation.org/>

Provide Your Input on Short-Term Rentals in Unincorporated Jeffco

What are your thoughts about short-term rentals? Jefferson County wants to know. Jefferson County Planning and Zoning is seeking public input related to short-term rentals in unincorporated Jeffco, which includes Ken-Caryl Ranch, and how they should be regulated. An online survey is now available as an initial step in an upcoming regulation amendment process.

A "short-term rental" is currently defined as a single-family detached dwelling (house) or portion thereof that is rented out for accommodations or lodging for a period of fewer than 30 consecutive days. These properties are often rented through websites such as Airbnb and VRBO.

The informational survey will take approximately 10 minutes to complete and will remain open through December 30, 2020.

Take the Short-Term Rental survey at [bit.ly/Jeffco-Short-Term-Rental-Survey](https://bit.ly/Jeffco-Short-Term-Rental-Survey). More information on current regulations can be found on Jeffco's Planning & Zoning website at <https://www.jeffco.us/planning-zoning>.

Happy Holidays

2020 has been a wild ride but the Ken Caryl real estate market has been strong and steady.

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Ken Caryl Real Estate Update:

We have hit an all time low in active listings. If you want to get on my SELLERS LIST for 2021, call me now! I will let you know exactly what to do to get your home ready for market.



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A beautifully decorated porch that just invites visitors to enter in the North Ranch.



Sneak peek! A festively decorated home in the Valley.

# Santa Claus and the Ken-Caryl Holiday Home Tour Are Coming to Town!

The Ken-Caryl Home Tour is back in 2020 and has a new exciting platform and theme! Due to restrictions on social gatherings, this year’s tour is coming back with a holiday theme and as a Virtual Video Tour that can be purchased online to view at home with comfort and convenience while still raising money for a fantastic cause, Trailhead Community. We are proud to present “The Ken-Caryl Holiday

Home Tour 2020”. While you can go online now and purchase the link at [www.trailheadcommunity.org](http://www.trailheadcommunity.org), the tour will be released for your viewing on Dec. 11. The Home Tour has been one of the most beloved and popular events in our community and this one will no doubt be unforgettable as we are showcasing eleven gorgeous homes, which are located all throughout Ken-Caryl including The North Ranch, The Valley as well as The Plains. With the holiday theme, you will not only be inspired by the beautiful design and remodels featured this year; you will also get an inside look at the festive holiday décor displayed at each home. Pre-purchase the link to view these seasonally spectacular homes, just in time to get you in the holiday spirit and give you some new ideas on how to “Deck the Halls” at your own home this holiday season. All profits from this year’s Holiday Home Tour will benefit Trailhead Community. Trailhead was originally inspired by the success of Stepping Stone Support Center, a sister company established in 2013. The Support Center provides prevocational and life skills training, job placement, job coaching services, social events and community connection. It now serves more than 100 individuals with developmental disabilities to live meaningful and productive lives. For more information about Trailhead’s Mission and the exciting things happening this year, visit their website at [www.trailheadcommunity.org](http://www.trailheadcommunity.org). In equally exciting news, Santa Claus is coming to Ken-Caryl! To kick off the Home Tour weekend make sure to join us Saturday, Dec. 12 from 4 to 5 p.m. for a holiday parade throughout Ken-Caryl Valley, led by Santa Claus himself in his

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PROJECT TYPE	COST	RESALE VALUE	% RECOUPED
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Garage Door Replacement	\$3,695	\$3,491	94.5%
Minor Kitchen Remodel (Mid)	\$23,452	\$18,206	77.6%
Siding Replacement (Fiber-Cement)	\$17,008	\$13,195	77.6%
Siding Replacement (Vinyl)	\$14,359	\$10,731	74.7%
Window Replacement (Vinyl)	\$17,641	\$12,761	72.3%
Deck Addition (Wood)	\$14,360	\$10,355	72.1%
Window Replacement (Wood)	\$21,495	\$14,804	68.9%
Entry Door Replacement (Steel)	\$1,881	\$1,294	68.8%
Deck Addition (Composite)	\$19,856	\$13,257	66.8%

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◆ Giving Back (continued)

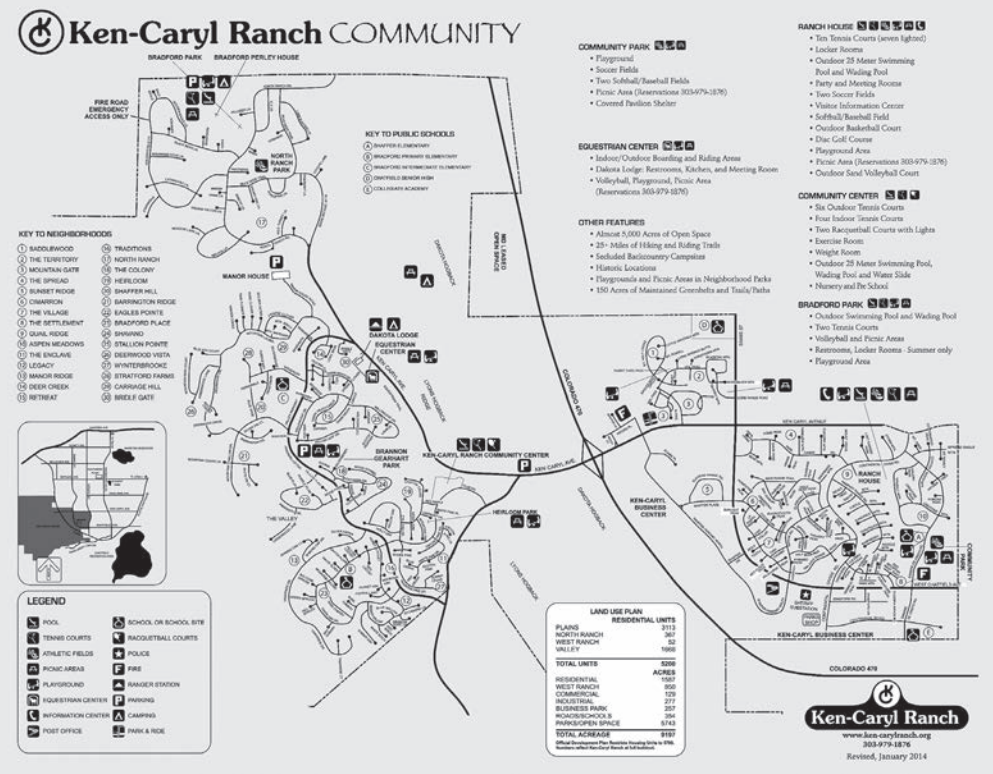
electric car! Save the date and join us for the parade by lining up in your cars along Mountain Willow the day of at 4 p.m. or plan to bring your family outside along the route to wave at Santa and his helpers as we spread contact-free Christmas spirit! The parade route is as follows:

- Mountain Willow to Valley
- Around Amaranth
- Valley to around White Oak

- Valley to Willowleaf
  - Dawn Heath to Valley
  - North Ranch Rd to Golden Eagle to
  - Black Bear and back to Valley
  - Mountain Laurel to Deerwood
  - Back to Mountain Willow
- Ho...ho...ho!  
Visit [www.trailheadcommunity.org/](http://www.trailheadcommunity.org/) events to view the Home Tour today and happy holidays to all!



'Coyote Manor' in the North Ranch.



# BRADFORD K8 KINDERGARTEN PARENT MEETING



- 2021/2022 School Year
- December 15th at 6PM
- Join us online for an informational meeting via Zoom
- Visit [bradfordk8.jeffcopublicschools.org](http://bradfordk8.jeffcopublicschools.org) for the Zoom link



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PB Financial is Moving and Staying in Touch

By, Keri I. Pugh, CFP®, AIF®, Resident and Principal and Financial Advisor of PB Financial

All of us at PB Financial are excited to announce the location of our new office space! Several members of our team have a long history of living and working in the Ken-Caryl community and share a passion for supporting local businesses. It was a natural choice to take up residency at the Reel Factory, a building whose tenancy includes a variety of small businesses and is home to movie reel manufacturer and supplier, Goldberg Brothers! Our firm opted to make the move to a smaller location based on client feedback on how they wanted to best interact with us in a small, safe and more private setting. Many of you may be familiar with this location, as it is also connected to the popular Behind the Scenes Taphouse and 5280 Distillery. In the coming weeks, we are looking forward to getting settled into our new space, as well as safely beginning to start in-person client meetings again.

We’ve adopted CDC recommendations to create a safe office space for our clients and staff. Our new protocols include socially distanced seating in our conference room, thorough cleanings and the continued use of masks. To help our clients feel better connected in our new remote reality, we also added candid photos of our team in our office to be ‘present’ even though most of us are working remotely for safety reasons. Ask us about our other safety standards when you’re ready to visit!

For those of you who may not be sure if you’re ready to meet in person right now, please be assured that we will continue to offer video-conferencing and phone

meetings to ensure you can connect with us on your terms and comfort level.

In this past season, everyone has been reminded of the importance of connection and we want to continue connecting with you and support you and our community in these times, whether that is virtually or in-person at our new location: 10488 W. Centennial Road, Suite 406. We have been a strong supporter of our community through sponsorships and are looking forward to partnering with local, small businesses in many facets in our continued commitment to support the community we live and work in!

For more information, please follow us on social media to check out the space or contact us to schedule an appointment or tour. For details, please visit our website at <https://www.pb.financial/>.



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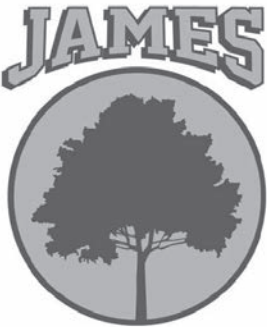
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# Local Dentist Makes “Epic” Improvements in the Lives of Patients with Sleep and TMJ Disorders

By Debbie Caulfield, Epic Dentistry

Resident business Epic Dentistry takes a root cause approach to common dental concerns. To understand our philosophy on dentistry, you have to do some digging (literally). Skeletal records show that up until a few hundred years ago, human skulls easily accommodated all 32 adult teeth. Our ancestors had wide jaws, forward faces and large airways. The crowding and developmental issues that have become common in the last century or two have more to do with westernized habits and diets than genetic potential. Understanding this allows us to consider how to reverse or correct the problem. The bottom line is this: you can move and straighten teeth to help improve appearances, but without growing the bone and tissue to its genetic potential, it is likely you’ll have to re-invest to move and straighten teeth again down the road.

That’s where our concept of ‘lifestyle dentistry’ was born. Over the years, Dr. Jon Caulfield has pursued advanced training in airway, sleep and TMJ that gives him the unique ability to understand and treat the root cause of most common dental concerns. This whole health, or systemic, approach led him to partner with world renowned researcher and D.D.S., Dr. Dave Singh, who invented what is now the Vivos System. Dr. Caulfield has been using this Vivos treatment to resolve TMJ and sleep disorders in patients for over 10 years now with great success.

“After practicing dentistry for many years, I began to learn more about how the jaw forms and how important the tongue and breathing is in that process,” explains Dr. Caulfield. “I began to see that simple things like using a pacifier and bottle feeding as a baby can have grave effect on jaw development and lead to issues down the road. I personally experienced that, and the more I learned, the more I saw the need to correct my own breathing. I made myself a Vivos appliance back in 2007, before treating any patients. In a matter of weeks, I would breathe through my nose and feel how much more air I was taking in and I could feel my jaw begin to decompress. It was slowly unraveling all these symptoms that I had not realized were connected to my breathing and sleep patterns.”

Similar to other oral appliances, the Vivos appliance is worn in the evening and during the night while you sleep. But unlike traditional night guards or splints that hold your jaw position and simply prevent snoring or grinding, the Vivos System gently expands as you progress through treatment. The bone and tissue growth achieved using the Vivos System can permanently increase airway volume and tongue space helping you to breathe better and eliminating symptoms of jaw pain, popping and locking of the jaw. This is especially great news as an option for sleep apnea patients who don’t want or are unable to use continuous positive airway pressure (CPAP) therapy.

“Dr. Caulfield was the first person to pinpoint [my problem],” said patient Lauren Johnson who suffered from jaw alignment issues and popping for years. After the using the Vivos System, she noticed almost immediate results, including improved sleep. “I would say that after the first three days, the Vivos System really started to help. . . I noticed a difference in the jaw pain within three to four weeks. My jaw had to work less and my muscles were relaxed for a change.”

If you are struggling with TMJ or sleep

disorders, we recommend that you come in for a full evaluation of the airway, teeth, muscles and joints. There is no ‘one-size-fits-all’ solution for these problems. Based on the evaluation and your medical history, Dr. Caulfield will share his recommendations for treatment and get you on the path to breathing, sleeping and feeling better.

“Everything boils down to breathing and sleeping,” said Dr. Caulfield. “If we do these things right, our body gets what it needs and our health thrives. What I love about

what I do is that by changing the way a person breathes, I’m able to change how they live their life.”

In addition to his Ken-Caryl practice, Dr. Caulfield is an instructor at the Institute for Craniofacial Sleep Medicine and is an Integrated Clinical Advisor for Vivos Therapeutics. Epic Dentistry is located at 7621 Shaffer Pkwy #A, Littleton, CO 80127. For more information or to schedule an appointment, call 303-558-6169 or visit us online at <https://www.mypicsmile.com/>.

Dr. Jon Caulfield



## ◆ Go Green



## Attention “Green” Tennis Players

By Kathy Webster, Resident

Have you ever stopped to think about the impact a used tennis ball has on the environment?

Tennis players are known for doing the right thing when it comes to the environment, but they also love the feel of a new ball. New balls bounce higher and respond better, therefore, we play our best game with new balls. Tennis players open a new can of balls almost every time they hit the court. Every year, this results in more than 125 million used tennis balls consuming space at landfills across America. This is a big deal, since it takes 400 years for a tennis ball to decompose. This kind of waste is not acceptable or sustainable.

On Nov. 15, National Recycle Day, Tennis Express joined forces with RecycleBalls.org, a non-profit organization founded by Derrick and Ryan Senior. Their mission is “to recycle and reuse every tennis ball in the

United States.”

This is how you can “go green.” Get a sturdy shipping box and collect 100 used tennis balls. Once the box is filled with balls, you can ship it via UPS directly to Recycle Balls headquarters in Vermont. To get your pre-paid shipping label go to [www.RecycleBalls.org](http://www.RecycleBalls.org) (<https://www.recycleballs.org/>) and click on the “Get Instant Label” icon. Simply follow the few easy steps to get your free shipping label. This service site is for Tennis Express customers, tennis coaches, tennis pros, tennis facility and club members. If you are not affiliated with one of these, go to Quickship (<https://www.recycleballs.org/quicklabel-program-form/>) to get your label. Once the box of balls is received, a tax deduction receipt will be mailed to the donor.

RecycleBalls.org has a system in place where the felt is mechanically removed through an eco-friendly process and the interior rubber components are converted into crumb rubber. The massive machine processes 8,000 balls per hour and everything is done organically, on site. The

results are a sustainable recycled material dubbed “Green Gold.” The crumb rubber, or Green Gold, is then used to manufacture a variety of products, including a new-age tennis court foundation developed by LayKold Advanced Polymer Technology Corporation. Up to 10,000 recycled tennis balls are used at a time in building each new-age cushion tennis court.

Kathy and Gary Webster have been responsible for recycling and donating used tennis shoes for many years. If you want to participate in this program and need assistance or find yourself with 100 used tennis balls and no time, please drop off your boxed used tennis balls inside the Community Center tennis building and Kathy and Gary will see that they get shipped.

Our community has already taken the first step by recycling used tennis shoes. Let’s take the next step and “go greener” by diverting used tennis balls from landfills across the country. Please join me in doing the responsible thing for our environment. Play Green! Go Green!



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Picture This! Winter Wonderland



TOP: Retreat Resident Tom Ryan snapped this photo while walking in the “Winter Wonderland” that is Ken-Caryl Ranch!

RIGHT: Caught in the act! Resident Cathy Packard snapped this photo of a beautiful bobcat doing his best elf impression and trying not to be seen.



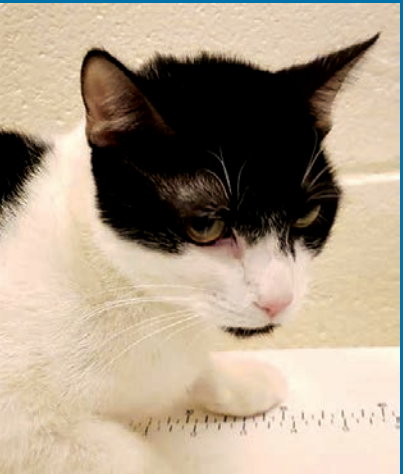
Featured Creatures:  
Helping Pets Find  
Their Furr-ever  
Homes

There’s no better time than right now to find the purr-fect fur-ever home for a deserving pet! Here are the latest adoptable pets from Foothills Animal Shelter.



Shilo (#225900):

Shilo is a four-year-old, female Doberman mix. This gorgeous girl is very sweet, mellow and mature and would welcome the opportunity to find a calm, peaceful home where she can take her time to adjust to new surroundings. During in-processing, Shilo allowed all handling and restraint, but did considerable pacing and would stand pensively at the door – as if to suggest that she was waiting for that special someone to take her to her new forever home where she can settle into a warm dog bed, enjoy an episode of animal planet and relax in style as your loyal companion.



Opal (#225852):

Opal is a two-year-old, female cat. Aptly named since she’s a “gem of a girl,” with a lovely ebony-’n’-ivory coat and emerald eyes, Opal has quickly earned the reputation of being a “Secret Admirer” who generally observes from afar, becoming an instant and loyal friend once she gets to know you. Transferred to the shelter as part of a rescue effort, this sweet tabby allowed all handling and restraint during in-processing and would make a wonderful addition to any household looking for the love and loyal companionship that she can provide.

All adoption fees include spay or neuter, vaccinations, microchip and a health check. Visit [www.FoothillsAnimalShelter.org](http://www.FoothillsAnimalShelter.org) to find out more about Shilo, Opal and other special pets like them.



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The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch.

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Historical Society:  
Ken-Caryl Ranch  
Historical Society  
Produces 50th  
Anniversary  
Commemorative  
Video

By Mary Antes, Resident and Ken-Caryl Ranch Historical Society Member

In 1971, Ken-Caryl Ranch transitioned from a privately-owned cattle ranch to be corporation-owned by Johns-Manville. To commemorate the 50th anniversary of this change, the Ken-Caryl Ranch Historical Society has produced a new video featuring our community development from 1971 to the present time. Many colorful pictures and news clippings tell the story of Johns-Manville moving its world headquarters from New York City in the 1970s through the construction of various neighborhoods, businesses and amenities that we enjoy today. You may find this 14-minute video on the Ken-Caryl Ranch website:  
<https://ken-caryl.com/community-news/history-of-ken-caryl-ranch/videos-history/>  
This project completes the history committee's goal of producing videos to cover the residents/owners from the archaeological eras to the current time.

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**Merry Christmas Ken-Caryl Neighbors!**

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So sad to miss sponsoring Santa at our traditional Holiday Happenings event this year!  
It has been a family tradition with my (now grown) kids since I moved here in 1992!  
Wishing Ken-Caryl a blessed Christmas season and a happy, healthy New Year!





# RECREATION PROGRAMS & ACTIVITIES

Register online at [www.ken-carylranh.org](http://www.ken-carylranh.org) today!

Due to the rapidly changing nature of programming during the pandemic, please visit [www.ken-carylranh.org](http://www.ken-carylranh.org) for up-to-date Recreation Program information.



## Special Events

Brenna LeBlanc  
Aquatics Coordinator  
[brenna@kcranch.org](mailto:brenna@kcranch.org)  
303-979-1876, ext. 131

### Story Time with Santa

Due to the latest COVID-19 health and safety guidelines, which prohibit indoor gatherings, we regrettably will be cancelling our Story Time with Santa event, scheduled on Dec. 12, to ensure the health and safety of all residents. We wish you and yours a happy and healthy holiday season and hope to host this beloved community event in 2021.



## Tennis & Pickleball

Robert Campbell  
Tennis Program Supervisor  
[robert@kcranch.org](mailto:robert@kcranch.org)  
303-979-2233, ext. 102

### Permanent Court Time

Permanent Court Time (PCT) slots still available! Monthly payments will be automatically drafted from your credit or debit card kept on file. Email [robert@kcranch.org](mailto:robert@kcranch.org) to inquire about available spots.

### Pickleball is back!

Announcing the return of Pickleball at the Community Center! Online registration for this beloved game available at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Cardio Tennis

Cardio Tennis is back on Friday and Saturday mornings at the Community Center! Pre-registration required. You can sign up 48 hours in advance at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Ball Machine Available to Rent Indoors!

Ken-Caryl Tennis now has a ball machine available to rent indoors and is an option for players when you reserve a court online. The cost of the ball machine rental is \$10.



## KC Fitness

Janet Robbins  
Fitness Coordinator  
[janetr@kcranch.org](mailto:janetr@kcranch.org)  
303-979-2233, ext. 185

### Fitness Classes & Personal Training

Please be advised that all fitness classes will now be held at Dakota Lodge. Limited to nine per class. New Fitness Center capacities include: weight room four, cardio area three. To help safely accommodate residents, an additional timeslot from 12:15 – 1:15 p.m. is now available for online registration. For new class times, schedules and registration information, please visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Calling all Fitness Fans!

Are you a yogi? Zany for Zumba? Whether you're into yoga, or prefer to amp up your cardio, we've got classes that appeal to all preferences, ages and abilities, throughout the week! H.I.I.T it Hard: Monday 9-9:50 a.m. Chisel: Wednesday 9-9:50 a.m. Boomer Fitness: T, Th 10-10:50 a.m. Hatha Yoga: M, W 9-10:30 a.m. Pilates: T, Th 9-9:50 a.m. Zumba: Monday 9-9:50 a.m., Thursday 5:30-6:20 p.m. & Saturday 9-9:50 a.m. Outdoor classes available, weather permitting. For more information, including program descriptions, fees and schedules, and to register, visit [www.ken-carylranh.org](http://www.ken-carylranh.org).



## Youth Programs

Lizz Brock  
Recreation Supervisor-Youth Programs  
[lizzb@kcranch.org](mailto:lizzb@kcranch.org)  
303-979-1876, ext. 132

### Advanced Care Home Alone with First Aid

Is your child ready to be home alone? Then, channel their inner Kevin McAllister – without all the mischief – and sign your child up for our Home Alone course, designed for the 10-13-year-olds who will be left home alone for short periods of time. Outlined in the course is safe decision-making, constructive time management and personal safety. The basics of first aid treatment and prevention for burns, cuts, fractures/sprains and choking will be covered. This course is offered online only. Register at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Outdoor Discovery 2021

Explore nature with experiments, hikes and opportunities to view wildlife in the community! This program, designed for kids ages 3 – 6 years, is ideal for preschoolers and children who are homeschooled. Registration is now open and available online at [www.ken-carylranh.org](http://www.ken-carylranh.org).



## Youth Programs

### Art Ventures 2021

Where a passion for art and nature come together... at Dakota Lodge! Students aged 3 – 6 years will have the unique opportunity to explore and connect to nature and local wildlife in new ways through artistic learning and outdoor exploration. Registration is now open online at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Ken-Caryl Ranch B&A Care Program

The KCRMD Before and After Care Programs serve Shaffer Elementary and Bradford Schools. We strive to promote healthy development through experiential, explorative and fun opportunities! This program not only offers before and after care, we also offer full-day care during no school days and school breaks. This program follows the Jeffco Public Schools calendar and will follow any calendar changes due to COVID-19. For more information and to register, please contact Lizz Brock at 303.979.1876, ext. 132 or at [LizzB@kcranch.org](mailto:LizzB@kcranch.org).

## LIFT your look for the Holidays!

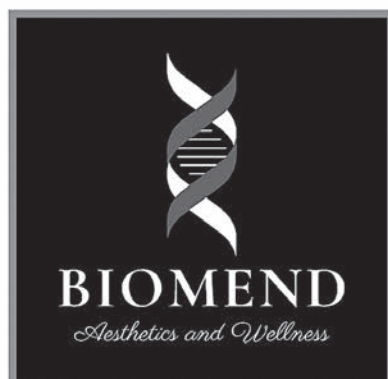


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## Holiday Happenings Around Town to Safely Celebrate the Season

There's no denying that the holidays look very different this year, but that doesn't mean they have to be devoid of merry! There are many things to do with your loved ones to spread holiday cheer instead of germs. Here are a few happenings 'round town to safely enjoy the holidays!



## Denver Botanic Gardens at Chatfield: Trail of Lights

Going on now through Jan. 3, 2021 (Closed Dec. 25)

5-9 p.m.

Chatfield Farms Location: 8500 W. Deer Creek Canyon Road, Littleton, CO 80128

720-865-3500

<https://www.botanicgardens.org/chatfield-farms>.

Chatfield Trail of Lights is an illuminating experience that takes visitors along a winding path of glistening lights of the Colorado countryside. Spread throughout Denver Botanic Gardens Chatfield Farms, Trail of Lights offers visitors a choice of paths; a shorter route takes visitors directly through the children's play area, while an extended path allows visitors to explore the outside area of the Green Farm Barn and silo before continuing through the children's area and 1880s homestead.

Fun features this year:

- Synchronized music in children's play area
- Singing Christmas trees
- Two three-sided light tunnels
- Illuminated antique and model tractors on display

Hot beverages, nuts and kettle corn are available for purchase with cash or credit card. Due to COVID-19, advanced online ticket purchases are required. For additional restrictions, information and to purchase tickets, visit <https://www.botanicgardens.org/chatfield-farms>.

## Chanukah in Pajamakhs

Online, Dec. 12 at 7 p.m.

303-697-2668

www.bnaichaim.org

B'nai Chaim will celebrate the festival of Chanukah on Saturday, Dec. 12, 7 p.m. with something brand new - A Chanukah in Pajamakahs celebration safely via Zoom! For details, please visit [www.bnaichaim.org](http://www.bnaichaim.org) for all the fun details or call 303-697-2668.

Company	Product	Market Share (%)	Customer Satisfaction Rating (1-5)
Company A	Product X	25	4.2
Company B	Product Y	18	4.5
Company C	Product Z	32	3.9
Company D	Product W	15	4.1
Company E	Product V	10	4.3

### Holiday Magic: Virtual Santa Visits

The holiday season is a time of joy and celebration, and for many families, it's also a time of virtual visits with Santa Claus. With the help of technology, children can now have a magical experience from the comfort of their homes.

One of the most popular ways to experience a virtual Santa visit is through video chat. Many companies offer this service, allowing children to see and talk to Santa in real-time. This is a wonderful way to make the holiday season more special and memorable.

Another popular option is to have a virtual Santa visit through a mobile app. These apps often feature interactive games and activities that children can enjoy while waiting for Santa to arrive. This is a great way to keep children entertained and excited during the holiday season.

Finally, many companies also offer virtual Santa visits through social media. This allows children to see Santa's latest photos and videos, and even to interact with him through comments and messages. This is a fun way to stay connected with Santa throughout the year.

No matter how you choose to experience a virtual Santa visit, it's sure to be a magical and memorable experience for your child. So, get ready to celebrate the holidays with a little bit of magic!

<https://www.createholidaymagic.com/>

Can't see the Big Guy in person this year? Well, in the spirit of 2020, kids can still enjoy a magical experience with Santa – virtually! Circumstances may be different this year, but Santa and his elves have arranged a live, personal Santa visit using the magic of your phone, computer, or tablet. Different packages and pricing are available and include a Zoom call with Santa, premium gift package safely shipped to your home, Story Time with Santa and photos with Santa that even include your four-legged kiddos! Schedule your reservation today at <https://www.createholidaymagic.com/>.

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## Christmas in Color at Bandimere Speedway

Going on now through Jan. 3, 2021

5:30 – 10 p.m.

Bandimere Speedway: 3051 S. Rooney Rd.,

Morrison, CO 80465

303-697-6001

<https://bandimere.com/christmas-in-color/>

Returning to the track this year is Christmas in Color at Bandimere Speedway! Load up your friends and family into the van (or car, or truck) and experience Christmas like never before. Drive through acres of more than 1.5 million lights perfectly synchronized to holiday music you'll hear right through your radio. You'll drive by giant candy canes, snowmen, arched pathways and more. It's like being immersed in another world. In fact, we won't judge you if you join the kids with your face pressed against the window. Tickets available online at <https://bandimere.com/christmas-in-color/>.



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# Redemptive Dance Ministries Hosts Creative Fundraiser to Give the Gift of Dance

Hip hop, ballet, jazz, breakdancing, contemporary... no matter what your preferred style of dance, Ken-Caryl resident and Redemptive Dance Ministries (RDM) Founder Heather Johnson believes that boys and girl of all ages and backgrounds should be able to revel in the beauty and gift of dance.

Redemptive Dance Ministries is a 501(c)(3) nonprofit organization that was founded for the purpose of creating a safe space to learn the art of dance using Christ-centered instruction. According to Heather, that means the organization instills the values of unity and celebrating our differences as opposed to competition with other students and studios. The music they use is always safe, the costumes are modest and they celebrate and teach a variety of dance styles. The organization’s policy is to never turn anyone away due to their inability to pay tuition and offer scholarship awards to those facing financial hardship.

Just as creative as their choreography is their first-ever annual fundraiser efforts, especially in light of COVID-19. In celebration and support of the continued work of Redemptive Dance Ministries, the organization is hosting its first annual fundraising benefit on Dec. 11 from 4-9 p.m. at their studio and online to fund student scholarships, support their operating budget and to help fund their new chapter in Zimbabwe through the Kuda Vana Partnership, for years to come. The Kuda Vana Partnership is a children’s home, whose mission is to empower the most vulnerable children of Zimbabwe to not just survive, but thrive, as many have experienced trauma in their lives. According to Heather, dance affords these children the ability to form a positive reconnection with their bodies and also a way to express themselves without using words that may be instrumental in the path to healing and finding joy in an activity that is native to Africa.

The studio’s fundraiser will offer three ways of giving: an in-person event and silent auction, where participants can stroll through the studio with stops at a Giving Tree to purchase meals, scholarships or gifts, the Candy Cane Lane retail shop and to enjoy holiday dance demonstrations, individual desserts and refreshments; a drive-up donation drop-off; and a virtual fundraiser, where individuals can select a specific area to apply their donations.

“The most rewarding part of my job is witnessing the impact this program has on the lives of so many families,” said Heather. “It’s not just a dance studio, it’s a community and in times like these, we need each other like never before.”

Especially important during the current pandemic, RDM’s studio at Southwest Plaza Mall has a state-of-the-art air quality system for safe instruction that includes separate HVAC units for each studio to limit shared air. In addition, the studio offers C02 monitors that pump fresh air in from outside, if at any point the air quality becomes less than optimal. Additionally, studio air can be purged between classes to ensure a safe learning environment for every student.

For more information, including dance schedules, class registration and how to participate in RDM’s fundraiser benefit and silent auction, please visit RDM’s website at <https://www.rdm.life/>. For additional information on the Kuda Vana Partnership, please visit [www.kudavana.org](http://www.kudavana.org).

Heather and her husband currently reside in Aspen Meadows. They enjoy being a part of the Ken-Caryl community and love its charm, mature trees, community pools and their lovely neighbors.



RDM dance participants jump for joy for the love of dance.



DM’s fundraising efforts will also benefit their Zimbabwe Chapter, the Kuda Vana Partnership.



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Happy Holidays!





## Local Doctor Helps Colorado Stay Healthy at Home During Safer at Home

By Karen Shrum, Resident

Knowing that severe COVID-19 cases have a direct correlation to certain underlying medical conditions, referred to as comorbidities, it's important to make our safer-at-home order a healthier-at-home lifestyle to lower COVID risks.

The CDC reports that adults with certain underlying medical conditions are at increased risk for severe illness from the COVID-19 virus. Severe illness from COVID-19 is defined as hospitalization, admission to the ICU, intubation or mechanical ventilation, or death. Obesity, heart conditions, type-2 diabetes and compromised immune systems are a few of the medical conditions that increase your risks for severe COVID-19 symptoms.

Dr. Debra Salter is one of only six doctors with an active board certification in obesity in the state of Colorado. After 30 plus years as a Board-Certified Family Medicine and ER Physician, Dr. Salter followed her passions and opened her five-star rated Obesity and Metabolism Center, Why Weight, LLC, in Ken-Caryl.

"It is no surprise when we read that being overweight is not healthy, but in this time of COVID, obesity has come to the forefront as one of the most critical risk factors for experiencing severe complications and having a higher risk of dying if infected by COVID-19," explains Dr. Salter.

The Journal of the American Medical Association recently reported that of the 5,700 hospitalized patients studied, 41.7 percent had a BMI over 30 (which qualifies them as having obesity). In the same study, 33.8 percent of those same patients had type-2 diabetes, which is one of the most common comorbidities of obesity. Furthermore, the European Journal of Endocrinology reported that a BMI over 30 was associated with severe COVID illness, including respiratory failure, admission to the ICU and death.

"If there is anything that will make society stop and realize the importance and urgency of correctly treating obesity and improving access to physicians who specialize in obesity, it is these staggering data," says Dr. Salter. "For those who struggle with a severe form of any disease, it is important they see a medical provider who specializes in treating that disease."

Obesity is recognized as a multifaceted disease and not just a disease of overeating. Dr. Salter often finds that patients eat less than those around them. When they don't lose, they try to eat less and less. When that cannot be sustained and is unsuccessful despite the effort and deprivation, they go back to old eating habits, only to see the weight pack back on and then some.

Does this sound familiar for you or someone you know? If it does, a board-certified obesity medical specialist is key in learning why they store fat and what underlying conditions may exist. It could be a nutritional deficiency, metabolism issue, sleep apnea, inflammation, leaky gut, cortisol, leptin, or insulin resistance to name a few. These conditions as well as stress are notorious for causing weight gain and certainly stress is rampant due to COVID and these changing times.

The good news is that once the medical issues related to obesity are identified, you can gain the tools needed to control your weight long-term and lessen the risks of COVID complications. Consider seeking out an obesity medical specialist who can help you understand why you struggle and help you successfully take charge of your health and weight for good.

No matter the path you choose to lose your weight, know there is no need to feel helpless or hopeless. You can lose weight, keep it off and in return strengthen your immune system. Schedule a virtual consultation by calling 720-678-3000 or visit [www.whyweightcolorado.com](http://www.whyweightcolorado.com).



Mike Schmisek  
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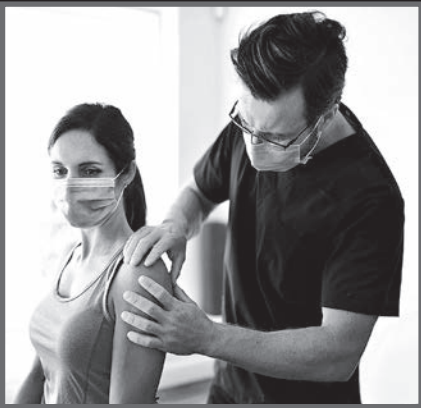
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# Kathryn Kotulak and Garrett Schweighauser Wed

Katie Kotulak, daughter of residents Margo and Frank Kotulak and Garrett Schweighauser, son of Lori and Dave Schweighauser, of Jamul, CA, were united in marriage on Sept. 25. Taking place at 11 a.m. in Prospect Park, a beautiful botanical garden/orange grove in Redlands, CA, the ceremony was officiated by family friend, Morgan

Dingle. Immediate family members socially distanced on picnic blankets in front of a stage, with a bamboo forest backdrop. For this “mini-mony”, the bride was escorted across the grassy park by her father. She carried a bouquet of daisies and baby’s breath and wore a stunning crochet lace midi dress with a lace-up

back detail by Lady Black Tie. The ring bearer was the couple’s Morkie dog, Whiskey. The bride is a graduate of Chatfield High School and Arizona State University in Tempe. The groom graduated from Steel Canyon High School in Spring Valley, CA and Chapman University in Orange, CA. Both have degrees in acting/theater. After the ceremony, a champagne picnic lunch was served and several games were played, similar to the Newlywed’s Game and much fun was had by all! A formal reception for extended family and friends with bridesmaids, and groomsmen, dinner and dancing is scheduled in June 2021 at the Edwards Mansion in Redlands. The couple will live in the NoHo Arts area of North Hollywood, CA. Now that the entertainment industry is beginning to recover from the COVID-19 shutdown, they are returning to their acting careers.



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Staff will post periodic quick reminders, announcements, and updates, so make sure to follow us at <http://twitter.com/kencarylranh>

**LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary due to holidays. Deadline dates can be found at [www.ken-carylranh.org](http://www.ken-carylranh.org).

At present, the method for submitting letters to the editor is by email to Allison Hefner at [Allisonh@kcranch.org](mailto:Allisonh@kcranch.org). A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author’s name and “Ken-Caryl Resident” or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed.

Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word.

**Email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).  
Deadline for Dec. 23 issue: Dec. 14 at 5 p.m.**

## Dear Editor:


The last two letters to the editor regarding the South Docmann issue were certainly fine lectures to us all about the 2009 Master Trails Plan process, good land management procedures, obtaining scientifically grounded data to be good stewards, what a small percent of the MA’s revenues would be entailed... blah blah blah.

What they and others never mention about this latest attempt to continue trail expansion is that the area in question is quite remote and very unlikely to ever be used by any but a tiny fraction of our community’s members. The real issue is: does it make sense for all of us to pay for funding another potential trail expansion for a handful of elite mountain bikers and their pals on the Board? Many of us in the community think not and this has been corroborated in past surveys, letters to the editor and letters to board members that get ignored.

Don’t get me wrong, our trails are a great asset to our Ken-Caryl lifestyle. I frequently use them as a dog walker, hiker and yes, a mountain biker. That’s how I know that very few of us will ever have the interest or ability in getting up to this very far reach of our property.

The many miles of trails we have are just fine as is. In the interest of the whole community and not just the few, let’s use our limited funds for a rainy day, like what we are experiencing now and for things that make sense for all of us.

*Doug Everhart, Resident*



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Name	Phone	Services	Age	Neighborhood
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Jade Atkinson	720-616-0063	P	15	Aspen Meadows
Katelyn Atkinson	303-916-7666	B, P	18	Aspen Meadows
Sierra Baliko	303-809-1117	B, P	18	Traditions
Colette Bennett	303-520-4411	B, P	15	North Ranch
Piper Blarr	720-255-6877	B, P	15	Colony
Aliza Bochner	319-338-4414	B, P	16	North Ranch
Eva Bochner	319-338-4414	B, P	14	North Ranch
Adam Brandland	720-376-1987	L, S	14	Settlement
Abby Burton	720-616-1333	B, P	13	Aspen Meadows
Bridget Cassidy	720-244-1359	B, P	16	Stratford Farms
Hope Cuttitta	303-517-8864	B, P	15	Deer Creek
Ella Daugherty	303-591-2004	B, P	14	Village
Quinn Daugherty	303-591-2004	B, P	13	Village
Brooke Ellis	720-988-9162	B, P	16	Heirloom
Megan Ellis	720-290-2033	B, L, P, S	14	Heirloom
Ella Famariss	303-588-4130	B, P	17	North Ranch
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Abbie Gallant	303-517-8864	B,P	15	Deer Creek
Lila Garcia	303-475-0888	B, P	14	Legacy
Marcus Garcia	303-704-9796	L, P, S	16	Legacy
A.J. Giles	303-883-6303	L	16	Colony
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Karmin Groom	720-980-9088	B, P	14	Sunset Ridge
Nicole Guarino	303-720-3036	B	17	Bradford Place
Cameron Guider	303-868-7198	B,P	12	Aspen Meadows
Will Guider	303-868-7198	L,P,S	12	Aspen Meadows
Kara Hammond	720-979-4069	B, P	13	Carriage Hill
Keegan Hardesty	720-484-9557	B, L, P, S	14	Cimarron
Michael Hefner	303-359-9052	P	10	The Spread
Trisha Henderson	732-915-1214	P	17	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave /Traditions
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Hannah Johnson	720-879-1445	B, P	19	Bradford Place
Aubrey Jones	720-971-6680	B	16	Manor Ridge
Austin Karchut	970-217-7240	B, P	15	Bradford Place
Tyler Karchut	605-641-5672	P, L	12	Bradford Place
Harrison Kauffman	303-520-4819	L, P, S	17	Wynterbrooke
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	11	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Cadence Leal	303-725-9042	B, P, S,	12	Sunset Ridge
Ethan Lehrke	720-295-2156	L, S	17	Cimarron
Andrew Lerudis	303-523-0765	L, P, S	13	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Payton Lott	720-415-3486	B, L, P, S	15	The Spread
Rachael Lott	720-415-3486	B, L, P, S	15	The Spread
Hadley Marx	720-380-4671	B, P	18	Shaffer Hill
Hannah Marx	720-380-4670	B, P	16	Shaffer Hill
Hayden Marx	720-588-7486	L, P, S	15	Shaffer Hill
Eric McCabe	720-951-9467	L, P, S	17	Heirloom
Bethany McCollough	720-749-0298	B, P, S	16	Stallion Pointe
Holly McCollough	720-492-0288	B, P, S	17	Stallion Pointe
Mitch McGatlin	703-850-0642	B, L, P, S,	16	Legacy
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Rleigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Janey Millstone	720-668-1029	B, P	12	North Ranch
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Hayden Nash	303-895-8117	B, P	12	Cimarron
Catherine Newsom	303-325-5232	B, P	15	Legacy
William Newsom	303-325-5232	L, S	18	Legacy
Ethan Pankow	720-217-8175	P	14	Heirloom
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	14	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-973-2469	L, P, S	14	Eagles Pointe
Seth Reisinger	720-525-0078	B, L, P, S	17	Eagles Pointe
Max Ruszkowski	720-517-9066	L, P, S	17	Stallion Pointe
Sebastian Ruszkowski	303-960-9883	L, P, S	13	Stallion Pointe
Nic Sarkisov	720-470-1486	P, S	15	Heirloom
Megan Schuster	720-587-7265	B, P	18	Heirloom
Nicholas Schuster	720-990-7465	B, P	16	Heirloom
Ava Secondo	303-883-2592	B, P	15	Cimarron
Jacob Seybert	303-668-5987	L, P, S	16	Saddlewood
John Seybert	303-668-5987	L, P, S	16	Saddlewood
Maria Seybert	303-668-5987	B, P	15	Saddlewood
Austin Skeffington	720-308-8704	L	17	Wynterbrooke
Ian Soukup	303-482-6465	B, P, S	16	Eagles Pointe
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Abby Szabo	720-745-1339	B, P, S	15	Aspen Meadows
Ben Szabo	720-413-3072	L, P, S	17	Aspen Meadows
Maddy Szabo	720-768-5452	B, P	15	Aspen Meadows
Cole Torgerson	720-291-9022	B, L, P	18	Legacy
Jack Torgerson	303-981-7617	B, P	15	Legacy
Zane Tweedie	720-688-9440	L, P, S	15	Deerwood Vista
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Olivia Vangels	720-292-6727	B, P	13	Village
Catie Watkins	720-705-1656	B, P	12	Manor Ridge
Charlotte Webster	703-655-4428	B,P	16	The Spread
Judah Webster	703-655-4428	B,L,P,S	13	The Spread
Ella Widmann	720-318-7927	B, P	17	Territory
Ava Yaley	970-946-8955	B, P	13	Carriage Hill

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.



# Eva Stadelmaier

www.homesinlitleton.com 303-619-4880

KEN-CARYL RESIDENT SINCE 2005

Coming Soon: Manor Ridge listing available in late January. Call me for details.

I have multiple buyers looking in the Valley & the North Ranch. \$800K-\$1.5M Please call me if you're thinking of listing your home in the next year.



CIMARRON

7817 Cathedral Peak • \$599,000  
Situating on a quiet cul-de-sac with a huge fenced backyard. Gorgeous 4 bedrooms, 4 baths with a finished basement. Central Air ~ New Gas Fireplace ~ 2 Car Garage ~ Hardwood Floors.



LEGACY

1 White Birch • \$1,375,000  
Situating on one of the best lots in the Valley with phenomenal panoramic views. Updated traditional style. 5 bedrooms, 4 bath on open space. Cul-de-sac~3 car sideload garage~finished walk out basement with a mother-in law suite~upstairs laundry~outdoor kitchen.



NORTH RANCH

61 North Ranch Road • \$1,300,000  
Stunning custom home with exquisite touches! Updated from top to bottom! Formal living and dining rooms, a guest bedroom/-study, full bath, gourmet kitchen. Professionally finished basement offers guest quarters with a 3/4 bath, wet bar and a second family room.



TRADITIONS

29 Honey Locust • \$599,999



ENCLAVE

13 Pinyon Pine • \$700,000



RETREAT

1 Photinia • \$875,000



HEIRLOOM

46 Pin Oak • \$825,000



NORTH RANCH

14 Golden Eagle • \$999,000



WYNTERBROOKE

1 Summit Cedar • \$975,000

## RECENTLY SOLD BY EVA

47 Buckthorn	6 Mountain Laurel	32 Tamarade	2 Shore Pine
12 N. Ranch Road	12 Sycamore	3 Black Bear	34 Red Fox Lane
19 Canyon Cedar	83 Dawn Heath	6 Mountain Birch	1 Black Bear
8 Desert Willow	7 Purple Ash	27 Penstemon	

GIVING BACK: For each home I sell, I'll donate \$500 to Bradford or your school of choice in your name.

#1 AGENT IN JEFFERSON COUNTY RANKED WITHIN THE TOP 1% OF AGENTS IN DENVER  
#1 AGENT IN KEN-CARYL RANKED AMONGST THE TOP 50 AGENTS IN RE/MAX US

Certified Distressed Property Expert • Certified Negotiation Expert • Luxury Home Marketing Specialist



EXPERIENCE MATTERS... I hold over 26 years of Corporate and Real Estate Sales background—that's a direct benefit to you in negotiating your biggest investment.