



Life at Ken-Caryl

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FOR DETAILS

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New business in the Ken-Caryl Business Center



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New Special Event: Spring Fling on April 25

Join the Ken-Caryl Ranch Metropolitan District and the Ken-Caryl Parent Network in celebrating spring and Earth Day on Saturday, April 25 from 10 a.m.-2 p.m. at the Ranch House Park! We'll have family-friendly Earth Day activities all day. You can also enter the family Frisbee Golf tournament hosted by the Ken-Caryl Ranch Foundation at 11 a.m., catch Music for Kids by Eric West at noon, learn about our open space and KC Nature programs, check out the fire trucks and fire safety information from West Metro Fire Department and the Colorado State Forest Service, or do some yoga, Zumba or Kindermusik on the stage. There will be plenty of ways to get dirty and get back to nature!



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◆ **Manager's Column**



By KCRMD District Manager Darrell Windes

We are now into April and things are beginning to move quite rapidly on many fronts. The Metropolitan District staff is preparing for the upcoming summer season in both our Parks and Recreation Departments. For many of the District's daily operations, the springtime is the busiest time of the year. The parks, greenbelts and flowerbeds are awaking from their winter slumber and need to be prepared for the growing season. The pools need to be inspected for anything that has occurred over the winter as well as the mechanical systems fully tested and repaired for use over the summer.

What makes the 2015 spring season different than any other up to this point on Ken-Caryl Ranch is that, in addition to this being the busiest time of the year for staff in ongoing daily operations, this year includes the added activity of the bond projects. Over the past three months, the District has conducted

numerous resident and focus group meetings gathering input on ideas for the \$7,900,000 in facility improvements authorized by voters in May of 2014.

In February and March, the District hosted two resident open houses to gather additional comments and feedback on conceptual plans for the improvements to the Ranch House, the Community Center and Dakota Lodge as well as landscape improvements throughout the community. The architectural design team has now reached a point where the comments and input have been gathered and are moving forward with the preparation of schematic drawings to begin the process of applying cost estimates to the various projects. The estimated cost figures will permit the design team to assess the types and levels of improvements that can be funded through the bond proceeds. Architectural design drawings will then be developed for bidding purposes for the actual project construction.

Most of this work will take place over the next three months in preparation for the beginning of the renovation projects this coming fall. Find the latest updates on schedules and plans for all of the bond projects on the Ken-Caryl Ranch website at www.ken-carylranh.org.

◆ **Garden News**

Ken-Caryl Community Garden Tips

Submitted by Harriet Camp, North Ranch

Here are several typical questions from new gardeners this time of year: Do I need to amend the soil? Do you use seeds or seedlings? When do you plant?

First and foremost you must start with good soil. Good soil is not just "dirt" which is sand, clay and silt. Soil also contains all the nutrients that plants need for healthy growth in addition to worms and beetles, fungi and algae. The best way to make sure your soil is good is to send a sample out for a soil analysis. Luckily we have the Colorado State University Extension Service that will perform this test for a modest fee. Go to their webpage at www.soiltestinglab.colostate.edu/ and follow the directions.

Usually a bag or two of compost or organic manure will replenish the soil for the current growing year. Because compost is partially decomposed organic matter, plants and the manures of plant-eating animals, it often contains the elements plants need for growth in roughly the proportion they're needed. Compost also improves soil structure, increases the ability of soil to retain water, moderates soil pH and feeds soil organisms.

It is also very important to turn the soil in the spring, preferably a couple of weeks prior to planting, followed by a light raking to break up any big clods of soil. Dig deeply to get the compost thoroughly mixed in with the soil. Try not to walk on the soil



Compost cycle

after preparing it as this will cause soil compaction, and although the nutrients are still available, air and water will have a more difficult time entering the soil and can no longer support root growth.

Next, are seeds or seedlings better? It depends. We have a relatively short growing season in Ken-Caryl. Plants that need longer to mature, such as tomatoes and peppers, will do much better if planted as seedlings. Lettuce, peas, beans, kale and radishes require a shorter season so seeds work well. Always, always read the seed packet and the little flag on the seedlings as this tells you how long to "maturity" and the packet also tells you how deep and how far apart to plant the seeds and row spacing.

You can also buy the seeds and start them indoors but then you must harden them off by exposing them gradually to outdoor conditions. Please know that if you do plant seeds, they will require a light sprinkling of water almost daily until they sprout.

Finally, when to plant? This is not an easy question due to our quirky and unpredictable spring. If you plant too early you may lose part of your crop; plant too late and you may not be able to grow to harvest. Generally speaking "cole" crops (cool weather crops) such as spinach, lettuce, radishes, peas and carrots can be planted in mid-April. Everything else can be planted mid-May. The Master Gardener from CSU instructed that waiting until June 1 to plant tomatoes outdoors was a wise decision as tomatoes love warm soil and warm evening temperatures.



The Ken-Caryl Ranch Preschool has a plot at the Community Garden, located next to the Community Center. Kids in camp at the Community Center help maintain the plot.

◆ **Community Calendar**

April

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
5	6	7 6 p.m. Joint Study Sesion	8	9 7:30 a.m. Architectural Committee 10:15 a.m. Story Time 7 p.m. Open Space Committee	10	11
12	13 7 p.m. Community Planning Committee	14	15 4:30 p.m. Covenant Committee 2 p.m. Historical Society	16 10:15 a.m. Story Time	17	18
19	20 5:30 p.m. MA Finance Committee	21 6 p.m. MD Board Meeting 6:30 p.m. MA Board Meeting	22	23 7:30 a.m. Architectural Committee 10:15 a.m. Story Time 7 p.m. Open Space Committee, Dakota Lodge	24	25 10a.m.-2p.m. Spring Fling
26	27	28	29	30 10:15 a.m. Story Time		

All meetings and activities are at the Ranch House unless otherwise stated. Meeting dates and times are subject to change. Please see www.ken-carylranh.org for the most up-to-date information.

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Update to Bond Project Plans



Residents discussed bond project improvements with architects from Sink Combs Dethlefs.



We appreciate everyone's feedback on the concept plans for the Community Center, Dakota Lodge/Ranger Station, Parks/Playground/Landscaping/Signage and Ranch House. The plans have been updated, and revised plans are posted online at www.ken-carylranh.org on the Bond & Improvement Projects page under the Administration link. Frequent updates will be posted to this page as changes are made, so we encourage you to check back often. You can send comments or questions about the bond projects to bondprojects@kcranch.org.



Trail Specialist Hired by Master Association

By Open Space Ranger Cory Mensen

Let me introduce myself. I am Cory Mensen, who you might have recently seen hiking on the trails here on Ken-Caryl Ranch and wondering why is he talking into a tape recorder and pushing that wheel in front of him. Well I was recently hired as your Trail Specialist, and lately I have been surveying your trail system in order to get a better understanding of what trails you have, the sustainability of those trails and what future needs are required to make them last for generations to come.

I grew up on a small farm and graduated from Saint John's University in Collegeville, Minnesota with a major in sociology and minor in environmental studies. Shortly after I graduated I got involved in trails management here in Colorado. I have done trail work for Jefferson County Open Space, White River and Arapahoe National Forest here in Colorado, and the Superior National Forest in northern Minnesota. In my last job I managed more than 300 miles of multi-use trails ranging from hiking and biking trails to winter dog sled routes. Overall, I have been working on trails for about 18 years throughout the country, and I still enjoy playing in the dirt and mud.

Another task that has been bestowed upon me and the Open Space staff is to expand and build more trails that would allow all types of user groups to explore new areas in their backyard. Building a trail most definitely does not happen quickly. It takes time, patience and quite a few scrapes and bruises along the way, but in the end something rather impressive is created. If you ever want to lend a hand, move some dirt around and help build a trail, just give us a call. We are always looking for dedicated volunteers to help us in this challenging endeavor.

I always have a hard time answering the question, "What do you do for work?" The answer I have is not a typical one. I move dirt, hike, mush dogsleds, canoe, fight fires in the woods and move large rocks from one place to the next. I have met many interesting people from all walks of life while moving those rocks, and I am looking forward meeting you on the trail. If you bike or hike the trails around Ken-Caryl, our paths will eventually cross and maybe we might get a chance to move some dirt together and build something impressive.

● Life at Ken-Caryl

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Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch, and to be respondent to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors or management, and by no means do they reflect the views of the community as a whole.

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For information on display advertisements, please call Victoria DeSair at 303-979-1876 x122. For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information or visit www.ken-carylranh.org.

www.ken-carylranh.org
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Area Spotlight

What Exactly is a Charter School?

Some 7,500 students currently attend Jefferson County's 17 charter schools. Enrollment at these schools is growing faster than in Jeffco's neighborhood schools. Why are they drawing so much attention nationally and more specifically in Jeffco? The League of Women Voters of Jefferson County is taking a closer look at these schools at its April 14-16 unit meetings to learn what they are, what their philosophies are, how they operate, how they are funded, and what they look like. In the Chatfield area, the League will meet at 9:15 a.m. on Tuesday, April 14 at St. Philip Lutheran Church, 7531 S. Kendall Blvd. in Littleton. Call Christina at 303-810-6824 for information. An evening meeting also is available. Call Lucinda at 720-254-5741 or visit www.lwvjeffco.org.

Community Garage Sale May 29-30

Start stockpiling your stuff! The fourth annual Ken-Caryl Community-Wide Garage Sale will be Friday and Saturday, May 29-30 in your own driveway or garage. The advertised time for the sale is 8 a.m.-2 p.m. but feel free to hold your sale earlier or later. Residents will not need to sign up for the garage sale this year. Discounted garage sale signs will be available for \$3 (normally \$6) starting Monday, May 11 at the Ranch House. More details will be available in the next issue of Life at Ken-Caryl. If you have any questions, please contact Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.

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◆ Metro District Board Summary

On March 24, the Ken-Caryl Ranch Metropolitan District held a Regular Meeting of the Board of Directors and discussed the following items and took the following actions:

- The Board discussed additional investment options that might be available for the bond funds. Following discussion, the Board directed the District Manager to transfer additional funds into Wells Fargo Bank for the purpose of creating higher compensating balances to offset some of the costs of banking services as well as depositing some of the bond funds in a Business Premier Time Account with FirstBank of Arvada. Both Wells Fargo and FirstBank are covered under the Colorado Public Deposit Protection Act for public funds and will provide the District with diversification of its investment funds as well as increased interest earnings and operational cost savings.

- The Board took additional comments from residents regarding the planned Veterans Monument to be located in the Community Park.
- The Board reviewed the fourth quarter 2014 investment report.
- The Board acknowledged receipt of correspondence from the Jefferson County Commissioner's Office on the award of a 2015 Local Park and Recreation Grant for \$54,250 for the new playground at the Community Center to be constructed as part of the bond improvement projects.
- The Board received an update from recreation staff on the upcoming 2015 Ken-Caryl Ranch Swim Team practice schedule at the Ranch House pool.
- The Board reviewed an updated schedule prepared by staff of the bond expenditures for the projects to date.

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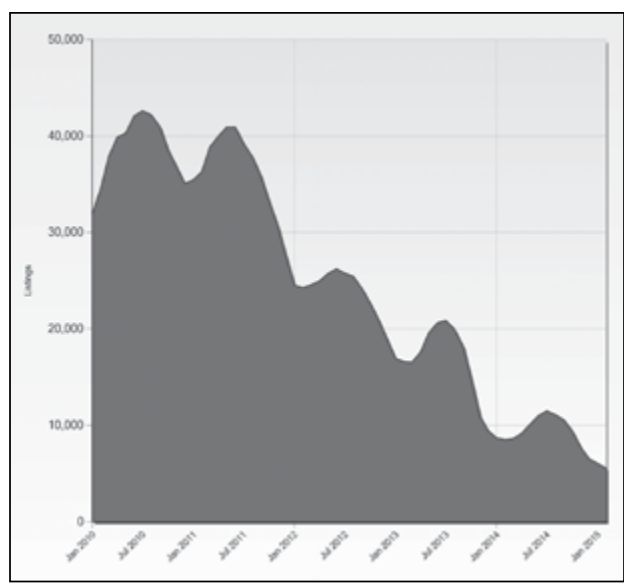


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• **Minding Our Business**

eNRG performance - New Area Business is Dedicated to Improving Health and Athletic Performance

By Community Relations Director Victoria DeSair

eNRG performance is a new business located in the Ken-Caryl Business Center. It offers sports nutrition consulting, metabolic efficiency testing, sweat testing, body composition testing, strength and conditioning classes, and Wahoo Kickr cycling classes. It also has a recovery center that focuses on improving circulation and reducing inflammation by using compression boots, cold laser therapy, ultrasound, and electrical stimulation devices. The company also specializes in providing services for young athletes. Whether it is nutrition, training or coaching, eNRG performance can help these young individuals learn more about their bodies.

Bob Seebohar is the owner of eNRG performance. After spending 11 years in Fort Collins pursuing three degrees in exercise science and nutrition, he moved to Littleton with his wife. Bob is a registered dietitian, exercise physiologist, strength and conditioning specialist, USA Triathlon Elite Level III, and Youth/Junior Certified Coach. He has devoted his career to improving the health, fitness and performance of individuals of all ages and abilities.

eNRG performance has officially been in business since November 2014. Bob owned a sports nutrition company for seven years prior to that, and he has been in his trade for over 20 years. Bob said he loves sharing his knowledge and interacting with people who want to learn more about their health.



Bob Seebohar is the owner of eNRG performance, located at 7961 Shaffer Parkway, Suite 4.

"I have been doing this for over 20 years, and the reason I initially entered this field was to have a positive impact on people's health, fitness and overall well-being," said Bob. "I still hold that as my personal mission statement, and eNRG performance was born to achieve those goals. eNRG performance focuses on the whole person, not just one. We combine personal training and coaching with nutrition, physiological testing, group classes and recovery so the individual can truly take care of their body instead of having to go to many different places. Our staff is second to none in the nutrition, coaching and fitness realms."

eNRG performance is offering all Ken-Caryl residents a free full week. Come into eNRG performance for classes, use the training or cycling studio, or try the recovery room for free. The business is located at 7961 Shaffer Parkway, Suite 4, and the phone number is 303-242-7955. You can read more about eNRG performance at www.enrgperformance.com.

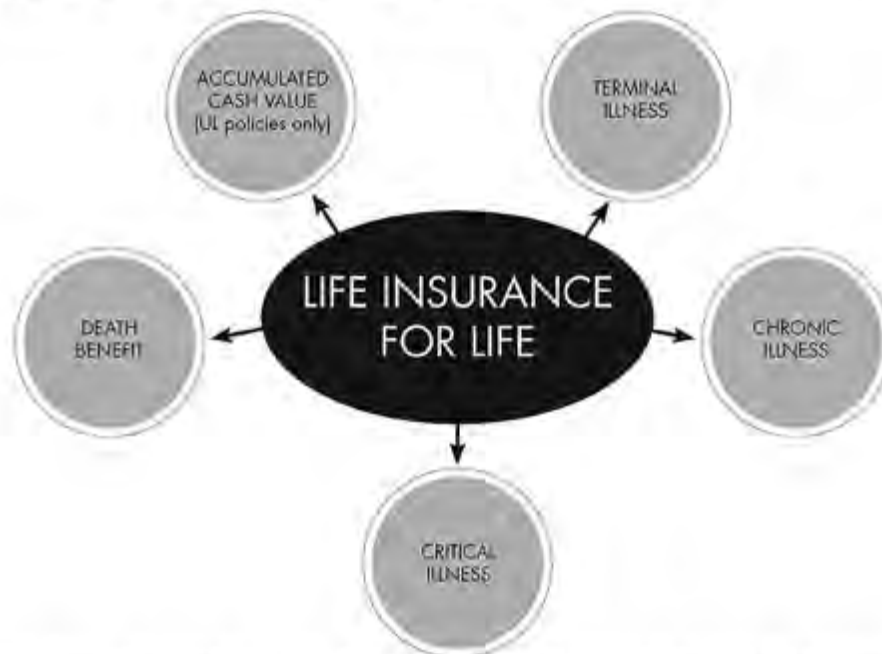
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◆ Senior Activities

Ken-Caryl Ranch Senior Club Plans Fun Spring Events

Submitted by Marilyn Norris, Sunset Ridge

Having enjoyed winter events, some of which included a Christmas Dinner/Dance Party, a theater production, an Irish Pot Luck Supper, and brunch at the Air Force Academy Falcon Club in Colorado Springs, spring plans are now under way for the Ken-Caryl Ranch Senior Club.

In April we'll be having a heavy hors d'oeuvres pot luck supper followed by a program, "The Beauty of Our Underwater World," and a Littleton Town Hall Theater production of "The Marvelous Wonderettes."

In May, the group will have a catered dinner from Virgilio's, followed by a program, "Ken-Caryl Ranch via the Movies," and a visit to the History Colorado Museum to see the 1968 exhibit. A program on "War Dogs" and a trip to the New Discovery Center at Dinosaur Ridge are planned for June.

The Ken-Caryl Ranch Senior Club is a social club made up of couples and singles aged 55 years and better. It meets with few exceptions the second Friday of each month from 5:30-9 p.m. at the Ranch House in the upstairs lounge (there is a lift

to the second floor) for a potluck supper and program. In addition, one extra event offsite is planned each month. Membership averages around 40 members.

Four members take a turn approximately every other year to take leadership roles to plan the pot luck suppers, programs and extra events. We usually carpool to the extra events so that people uncomfortable with driving can still attend. Dues are \$30 per person per year payable in January and prorated after June. A newsletter is sent to members each month with food assignments and planned events.

A fall football weekend in Colorado Springs to watch the Air Force Academy football game or to go sightseeing or shopping, with a happy hour and banquet at an Embassy Suites, has become a tradition as has the Christmas Dinner/Dance.

If you are a senior and this sounds interesting to you, come join us. You need not bring any food the first time -- only a place setting and whatever you like to drink. For planning purposes we would appreciate an RSVP. Please call Marilyn Norris at 720-922-2077 for details and to RSVP.

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◆ Parent Network

Ken-Caryl Parent Network Events

New Member Coffee: Friday, April 17 from 9:30-11:30 a.m. at Ranch House Park. If you are new to KCPN or just want to connect with new and "old" members, join us for our next New Member Coffee! Bring the whole family, just the kids, or come solo - whichever you prefer! Coffee and a light snack will be provided. Hope to see you there!

Guys' Night Basketball: Thursday, April 16 from 7:30-10 p.m. at Lilley Gulch Rec Center, 6147 S Holland Way in Littleton. Come join the KCPN Guys for a game of pickup basketball at the Lilley Gulch Rec Center. They have rented the gym for an hour. They will head over to Rox Bar & Grill for a beer after working up a sweat. If you want to join the guys at Rox, they should be heading over there around 9 p.m. Please show up around 7:30 p.m. at Lilley Gulch, since they only have the gym from 7:45-9 p.m. Participants will split the cost of the gym rental (\$30). Hope you can make it!

Interested in joining the Ken-Caryl Parent Network? Membership inquiries can be sent to info@kencarylparents.com.



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◆ **Covenant Clips**

Recycling Can Be Child's Play

By Community Standards Administrator Rita Saunders

With Spring Break in the rearview mirror, we're entering the period where folks are looking forward to warm weather and planning summer activities for vacationing children. Before scouring the ads for the perfect new backyard swing set, trampoline or playhouse, do some advanced planning.

Does your lifestyle and your children's interests make this kind of purchase a good choice? Will this type of equipment fill a niche in their leisure time at home? Is the equipment you're considering age-appropriate now and for the next few years?

There are many yards boasting large outdoor play structures, and a good percentage seem to get very little use. Perhaps they were left by a previous owner, or the kids have moved on to other active endeavors such as team sports. In those cases, a "win-win" solution is to donate or sell the items to someone who will enjoy giving them a new lease on life. A small fee will pay for a classified ad in *Life at Ken-Caryl*, providing a new family with hours of play and freeing your yard of an albatross.

Two other options are scheduled for next month: the "Not Just Electronics" Recycling Event on May 9 and the Community Garage Sale on May 29 and 30. If your items are worn out, they can be disposed of at the large item disposal station on the 9th. They may be serviceable, but if you don't want to sell the items, you could donate them to a charitable organization. Otherwise, you may wish to participate in the Garage Sale to avoid having to haul the stuff. It is appealing to have someone else do the manual labor for a pricing concession.

What does this have to do with our covenants? Items left in the yard for years suffer fading in the harsh elements and fall into disrepair, eventually deteriorating into the unsightly articles category. Also on the subject of covenant enforcement, I'd like to mention that twice-monthly community-wide covenant inspections resume this month. Please examine your property with a critical eye and address issues that might be in violation of the rules. With your help, I would be thrilled to be able to reduce the number of violation letters needing to be sent.

Please keep in mind that rules are dynamic in nature and receive periodic updates. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-caryl-ranch.org. Also, please don't hesitate to contact me at 303-979-1876, ext. 113, or email ritas@kcranch.org should you have any covenant concerns.

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Ahrens Dorrough Engagement



Shane Ahrens and Jordan Dorrough

Wendy Ahrens of Saddlewood and John Ahrens are pleased to announce the engagement of their son, Shane Garrett Ahrens to Jordan Kathleen Dorrough, daughter of David and Kim Dorrough of Owasso, Oklahoma. The groom-to-be is a 2008 graduate of Chatfield Senior High School in Littleton and a 2012 graduate of the University of Colorado in Boulder. He is employed as a systems engineer at Boeing in Oklahoma City. The bride-to-be is a senior at the University of Central Oklahoma, and she will graduate in December 2015 with a degree in Family Life Education - specializing in Child Development. The wedding will be Jan. 2, 2016, in Edmond, Oklahoma. The couple will reside in Moore, Oklahoma.

Westwood Laux Engagement



James Laux and Kelyn Westwood

Mark and Donna Westwood of the Ken-Caryl Ranch Settlement neighborhood announce the engagement of their daughter, Kelyn Westwood, to James Laux, son of Nick and Fran Laux. Kelyn graduated from Chatfield Senior High and Pitkins College. She is a Certified Nurse Assistant in Aurora. Her fiancé graduated from Thomas Jefferson High School and is currently pursuing a second degree from Rocky Mountain College in Denver. He works for Terrain, Inc. The couple's wedding is set for Oct. 17.

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Ken-Caryl Ranch Easter Egg Hunt



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RECREATION PROGRAMS AND ACTIVITIES

◆ For Your Information

Recreation Office Hours Effective Jan. 1, 2015

Ranch House Recreation Office 303-979-4070

Monday - Friday 8 a.m.-6 p.m.
Saturday & Sunday Closed

Community Center 303-979-2233

Monday - Thursday 5:30 a.m.-10 p.m.
Friday 5:30 a.m.-7 p.m.
Saturday 8 a.m.-7 p.m.
Sunday 8 a.m.-7 p.m.



Nursery Hours Effective Jan. 1, 2015

Community Center Hours Monday through Friday – 9 a.m.-3 p.m.

HOURS MAY VARY ACCORDING TO RESERVATIONS.

Ken-Caryl Ranch Refund Policy

Requests for refunds must be made 48 hours before the first session of the scheduled program at the Ranch House and Community Center. This includes any KC Nature programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is canceled by the Ken-Caryl Ranch Metropolitan District.

How to Register for Classes & Events

- Online: Go to ken-carylranh.org and click on Registration under Programs & Activities
- Phone-In: Ranch House 303-979-4070, Community Center 303-979-2233
- Mail-In: Download a registration form at ken-carylranh.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127
- Fax-In: Ranch House 303-979-5347, Community Center 303-979-6501
- Walk-In: Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express & Discover accepted. Check and cash accepted for walk-in and mail-in.

◆ Tennis

Spring Junior Tennis Session

April 20-May 22

Junior Lottery Deadline: April 12

Course	Age	Level	Day	Time	Pro	Fee
30770	5-6	Level A	M	4:30-5	John	\$52.50/\$57.50
30771	5-6	Level A	T	4-4:30	Leslie/Devin	\$52.50/\$57.50
30772	5-6	Level B	M	4-4:30	John/Mark	\$52.50/\$57.50
30773	5-6	Level C	T	4:30-5	Leslie/Devin	\$52.50/\$57.50
30774	7-8	Level A	M	4:30-5:15	Mark	\$52.50/\$62.50
30775	7-8	Level B	M	5:15-6	Mark/John	\$52.50/\$62.50
30776	7-8	Level C	T	4:15-5	Chris	\$52.50/\$62.50
30777	9-10	Level B	T	5-6	Leslie	\$70/\$85
30778	*9-10	Level C	W	4-5	Mark	\$70/\$85
30779	*9-10	Level C	T	4-5	Mark	\$70/\$85

*If your child is in 9-10 Level C and turns 11 on or before August 9 please register them for 11-12 Level B lessons. As they move up an age group, they move down a level due to a change in balls.

Course	Age	Level	Day	Time	Pro	Fee
30780	9-10	Comp 1-2 Match Play	T	5-6	Chris/Devin	\$70/\$85
30781	9-10	Comp 3	W	4-5	John	\$70/\$85
30782	11-14	Level A	T	6-7	Devin	\$70/\$85
30783	11-14	Level B	T	5-6	Mark	\$70/\$85
30784	11-14	Comp 1	T	6-7	Chris	\$70/\$85

*If your child is 12 and turns 13 on or before August 9 please register them for 13-14 lessons. As they move up an age group, they move down a level due to a change in balls.

Course	Age	Level	Day	Time	Pro	Fee
30785	11-12	Comp 2-3 Match Play	W	5-6	Mark/John	\$70/\$85
30786	11-12	Comp 3	Th	4-5	Chris	\$70/\$85
30787	11-12	Comp 4	Th	5-6	Chris	\$70/\$85
30788	13-14	Comp 2	T	6-7	Mark	\$70/\$85
30789	13-14	Comp 3 Match Play	Th	4-5	Mark/John	\$70/\$85
30790	13-14	Comp 3	T	7-8	Mark	\$70/\$85
30791	13-14	Comp 4-5 Match Play	Th	5-6	Mark/John	\$70/\$85
30792	HS Boys		T	7-8	Chris/Devin	\$70/\$85
30793	HS Boys	Doubles	Th	3-4	Mark	\$70/\$85

◆ Tennis

Junior Competition Tune-Up

Designed for the coed recreational player age 8-14 with previous lesson (Comp 1 and above) and/or match experience. Join us for a half-day, intensive camp designed to prepare you for the upcoming tournament or Junior Tennis season. Emphasis will be placed on observing, match play, rules and tiebreaks for 8-12 year olds. Drill and coached match play will be the focus for the 13-15 age groups.

Time: 9 a.m. – 12 p.m.

Location: Community Center

Fee: Resident: \$40

Non-Resident: \$43

Date	Age	Course
Monday, June 1	13-15 year olds	#30452
Tuesday, June 2	11-12 year olds	#30453
Wednesday, June 3	8-10 year olds	#30454
Thursday, June 4	11-12 year olds	#30455

Adult Tennis Lessons

April 20-May 22

Registration begins April 8 at 6 a.m.

You must register at your current NTRP level

Course	Level	Day	Time	Pro	Fee
30760	Beg.-1.5	Th	9:30-10:30 a.m.	Chris	\$70/\$85
30761	2.0-2.5	F	11 a.m.-12 p.m.	Mark	\$70/\$85
30762	2.5	Th	11:30 a.m.-12:30 p.m.	Mark	\$70/\$85
30763	2.5	T	10-11 a.m.	Mark	\$70/\$85
30764	2.5-3.0	T	12:30-2 p.m.	Leslie	\$105/\$120
30765	3.0	Th	10:30-11:30 a.m.	Mark	\$70/\$85
30766	3.0	F	10-11 a.m.	Mark	\$70/\$85
30767	3.5 Singles	W	12-1 p.m. (Lmt 4)	Mark	\$105/\$120

Junior Team Tennis Competitive League Orientation and Viewing Day

If your child is in Level C and above and interested in possibly playing league this summer, please register for the viewing and the pros will watch them hit and determine if they will be ready for match play by June 15.

Date: Friday, April 10

Time: 5-6 p.m.

Location: Community Center

Fee: FREE

Course #30451

Junior Team Tennis

Junior Team Tennis is a nine-week league for boys and girls 8 to 18 years of age who have passed Level C into Comp 1.

Teams are comprised of 5 to 7 players of similar age and skill, competing against other teams in the same geographic area on Mondays beginning June 15.

Practices begin the week of June 8 and run through July 28 and are held Tuesdays and Thursdays for ages 8 to 14 and Wednesday mornings for 15 to 18 year olds at the Community Center. Practice times will be emailed out by May 5. If your child turns 11 before Aug. 9, they will play in the 11-12 category, and if they turn 13, they will play in the 13-14 category

Match times will be:

10 and under: 8 a.m. – 10 a.m.

12 and under: 10 a.m. – 12 p.m. (this time is new this year)

14 and under: 12 p.m. – 2 p.m.

18 and under: 2 p.m. – 4 p.m. (this time is new this year)

Fee: After April 5, if space is available: \$245/\$275

If you are new to the program and would like more information, please contact Judy Anderson at 303-979-2233.

Ken-Caryl Tennis Club

There's a new club on the court, and we need your help! Ken-Caryl Tennis Club (KCTC) is a club that will organize and plan social events and fundraisers within our tennis centers. Sound like FUN? Come

JOIN US and HELP support our tennis community. Volunteers are needed from all levels of tennis. Meetings held once a month starting in March. Join the club's Facebook page to get the latest info. KCTC-a club "rallying" for our tennis community. Please contact Karla Elliot at elliott2plus3@aol.com for meeting details and club information.

Cardio Tennis

Cardio Tennis is a fast, fun, fitness workout that includes quick tennis rotations and running. Please observe levels.

Days	Times	Levels	Instructor
Thursdays	7-8 a.m.	3.5 - 4.5	Chris
Fridays	8-9 a.m.	3.5 - 4.5	John/Leslie
Fridays	9-10 a.m.	2.5-3.5	Mark (call at 6 p.m. Thursday)
Saturdays	8-9 a.m.	3.5 - 4.5	Chris

Fee: Resident: \$10

Non-Resident: \$13

Pre-registration required by calling 303-979-2233 after 5 p.m. (unless specified) night prior. Cancellations less than two hours in advance will be charged.

Free Intro to Tennis for Adults

Date: Saturday, May 16

Time: 9-10 a.m.

Location: Community Center

Course #30487

Racquets provided if needed.

Adult Friday Night Drop-In Tennis

Date: June 5 – July 24, No July 3

Time: 6-8 p.m.

Location: Ranch House

Fee: No Charge

Outdoor Court Reservations

Beginning Feb. 23, outdoor reservations may be made up to three days in advance for Ranch House, Community Center, and Bradford Courts. Bradford Court reservations will now be taken at the Community Center. Bradford Courts may not be used for league play, including T2 matches. Reservations are limited to two hours. You have a 15 minute grace period in which to claim your court.

■ Fitness & Wellness

Healthways SilverSneakers Fitness

Ken-Caryl has partnered with SilverSneakers to offer benefits to qualified members of AARP, Anthem Blue Cross and Blue Shield, Humana, Kaiser Permanente of Colorado and United Health Care. Healthways SilverSneakers Fitness program is also an insurance benefit included in more than 65 Medicare health plans. Through SilverSneakers, health plans and group retirement plans provide a gym membership to their insured at no additional cost. SilverSneakers membership allows access to more than 12,000 participating locations nationwide and includes all the basic amenities, group exercise classes and in some cases, classes geared specifically toward the active older adult.

It only takes a few seconds to see if you qualify for a free gym membership to the Community Center. Stop by and we can put your name, address and birth date into the database to see if you qualify, or you can contact your insurance provider. For more information, please call the Community Center at 303-979-2233.

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 4-5 p.m. at the Community Center. Youth between 12-18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course; no walk-ins will be accepted.

Date: Monday, April 13
Time: 3:30-5 p.m.
Location: Community Center
Ages: 12-18
Fee: Resident: \$20
Non-Resident: \$23

Course #30477

■ KC Nature

Family Program:

Nesting Great Horned Owls

These common magnificent predators are one of the first birds to start nesting in Ken-Caryl. By this time of year the chicks are big enough to move around outside of the nest. Come see if you can spot these big fluffy creatures while also learning some interesting facts. Meet at Dakota Lodge.

Date: Friday, May 1
Time: 6-7:30 p.m.
Location: Dakota Lodge
Ages: All ages
Fee: Adult - Resident: \$10
Non-Resident: \$12
Youth (3-18 years) - Resident: \$8
Non-Resident: \$10
Family of 4 - Resident: \$30
Non-Resident: \$40

Course #29977

Hike With a Naturalist

Join us for easy to moderate hikes throughout the Ken-Caryl Ranch trail system. Each hike will have a topic, but will not limit the discussion on other surroundings. Please wear proper shoes and layers, bring a day pack with water, sunscreen and a snack.

-Drop-in, no registration required.

-Children 10 and under must be accompanied by an adult.

Fee: Adult - Resident: \$6; Non-Resident: \$8

Youth (3-18yrs) - Resident: \$4; Non-Resident: \$6

Topic	Dates	Time	Meeting Area	Trail	Level
All About Bears	Friday, April 17	9:30 a.m.-1:30 p.m.	Dakota Lodge	Lost Canyon-Shaffer- Manor House	M
What's in Bloom	Friday, May 15	9:30 a.m.-12:30 p.m.	Dakota Lodge	Hogback-Lyons-Hogback	E/M

Young Explorers:

After School - Learn the Trails

This program is hike-based where we will learn the trails in Ken-Caryl Ranch and make stops along the way to look at wildlife, wildflowers, geology and historical sites. Bring a water bottle and snack for the trail.

Dates: Mondays, April 13-May 18
Time: 3:45-5:45 p.m.
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.

Ages: 5-10 years
Fee: Resident: \$65
Non-Resident: \$75

Course #29980

Dates: Tuesdays, April 14-May 19
Time: 3:45-5:45 p.m.
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.

Ages: 5-10 years
Fee: Resident: \$65
Non-Resident: \$75

Course #29981

Themed Programs: All About Bears

GRRRR. Do you know what type of bears live in Ken-Caryl? What about other bears around the world? Come find out what makes a bear a bear, what to do if you see one, and how to be bear aware! It's going to be beary exciting.

Babes in the Woods

Dates: Mondays, April 13 - May 11
Time: 10-11 a.m.
Location: Dakota Lodge
Ages: 18 months-2 1/2 years, with a parent
Fee: Resident: \$30
Non-Resident: \$35

Course #29983

KC Kids: Mornings

Dates: Wednesdays, April 15 - May 13
Time: 9:15 a.m. -12:15 p.m.
Location: Dakota Lodge
Ages: 3 1/2-6 years
Fee: Resident: \$85
Non-Resident: \$95

Course #29989

Dates: Thursdays, April 16 - May 14

Course # 29990

KC Kids: Afternoons

Dates: Wednesdays, April 15 - May 13
Time: 1:30-3:30 p.m.
Location: Dakota Lodge
Ages: 3 1/2-6 years
Fee: Resident: \$55
Non-Resident: \$65

Course #29991

Bradford Elementary Before School - Early Birds

Come explore the outdoors before heading off to school for the day! Please bring appropriate clothes to be outside. A light morning snack is provided.

Ages: K-6th

Fee: Resident: \$10 per day
Non-Resident: \$12 per day
Billed monthly according to what you sign up for each month.

Please contact Gabrielle Chisholm for registration packet or visit www.ken-caryl-ranch.org.

● Youth Programs

Active Kids Fitness Class

Do you have an active little one who loves to play? Bring your child to a drop-in kids' fitness class! During this class we will be engaging in structured activities such as stretching, active games and free play to keep your young one moving. Come join us for a free demo of this class! Please call the Community Center 303-979-2233 by 6 p.m. the night before to reserve your spot.

Dates: Mondays & Thursdays, Feb. 23-May 21

Time: 9:45-10:45 a.m.
Location: Community Center Racquetball Court 2

Ages: 1 1/2 - 6 years old
Fee: Resident: \$6
Non-Resident: \$8

New and Improved Grow with Me

Come join us for the final session of the "Grow with Me" parent and child class before summer! In this mini session we will be participating in beach themed, developmentally appropriate activities. We will explore and learn about the ocean and all of the creatures who reside there. Parents and children will complete art projects and play fun gross motor activities and games.

Dates: Tuesdays, May 5 & May 12
Fridays, May 8 & May 15

Time: 10-10:45 a.m.
Location: Ranch House Nursery
Age: 18-36 months + parent
Fee: Resident: \$8
Non-Resident: \$12

Course #30768 - Tuesday classes

Course #30769 - Friday classes

Little Peeps Summer Camp

Early Childhood Education meets KC Nature for this NEW exciting summer camp experience specifically designed for the younger camper. Children will discover fun, new topics each week. Curriculum is designed to engage children in activities that will keep them moving, laughing, learning, and exploring the outdoors.

Weekly Schedule:
Monday - Early Childhood, Themed activities
Tuesday - KC Nature, Themed activities
Wednesday - Early Childhood, Themed activities
Thursda - KC Nature, Themed activities
Friday - Swim

Date: Monday-Friday June 1-August 7
Time: 9 a.m.-12 p.m.

Location: Ranch House
Age: 2 1/2 - 4 years old *Must be potty trained in order to attend*

Schedule Options and Fees:
M-F 4- 3- 2- 1-
day day day day day
Resident: \$80 \$64 \$48 \$32 \$17
Non-Resident: \$100 \$80 \$60 \$40 \$21

Maximum Campers: 15

Theme Dates:
6/1-6/5 Bee Smart
6/8-6/12 Somethin' Fishy is Going On

6/15-6/19 Circle of Life
6/22-6/26 Creepy Crawlies
6/29-7/3 Make a SPLASH!
7/6-7/10 Exotic Animals
7/13-7/17 Colorado is My Home
7/20-7/24 Wood in our Hood
7/27-7/31 Shapes Around Me
8/3-8/7 Cupcakes and Castles

Registration for Little Peeps Summer Camp:

- You may pick up registration forms at the Ranch House or at www.ken-caryl-ranch.org.
- All families will be contacted between April 6-17 to confirm their registration.
- A lottery system was used to fill initial spots. Registration for any remaining spots will be available by phone 303-979-4070 or by returning your registration form.
- Confirmation packets will be sent to all families who will be attending summer camp programs. These packets will include information on what your child should bring to camp, a typical daily and weekly schedule, optional registration forms for weekly swim and/or dance lessons, and any other required documents to be returned prior to your child's start date.

Friday Fun Night: Kids' Night Out

SPRING & SPROUTS! Kids will go spring and jump for joy for this themed evening of play and party! From 5:30-9 p.m., take part in a spring-time science experiment, crafts, games, and even watch a movie! This party is for 4-12 year old fun-lovers and dinner is provided.

Date: Friday, April 17
Time: 5:30-9 p.m.

Location: Ranch House
Ages: 4-12 year olds
Fee: 1 Kid: Resident: \$25
Non-Resident: \$30

2-Sibling Bundle: Resident: \$40
Non-Resident: \$50

3-Sibling Bundle: Resident: \$65
Non-Resident: \$80

Course #29971 (1 kid)

Course #29972 (2-sibling bundle)

Course #29973 (3-sibling bundle)

Dance Classes: Intermediate Ballet & Tap

Enjoy this convenient opportunity in the studio at the Ranch House! Classes are taught by Denver Region Dance Academy. Questions? Call Mikki Wright at 303-733-7982.

Date: Tuesdays, April 7 - May 12
Time: 5:45-6:30 p.m.

Location: Ranch House Dance Room
Ages: 4-7
Fee: Resident: \$63
Non-Resident: \$78 (6 weeks)

Course: #30065

Challenger British Soccer Camp

Ken-Caryl Ranch Metro District is bringing the nation's number one all British Soccer Camp program to our community this coming summer. Challenger British Soccer Camps are a huge nationwide organization that will coach 122,000 players around the U.S. this summer at their camps and here is your chance to experience their unique program!

Dates: Tuesdays, June 15-19 and July 13-17

Location: Ranch House Field
Time: Ages: Cost:
11-12 p.m. First Kicks \$103
3 yrs
9-10:30 a.m. Mini Soccer \$117
4-5 years
9 a.m. -12 p.m. Half Day \$149
6-12 years
*1-3 p.m. Golden Goal \$54
*6-12 years

The "Golden Goal" session is a fun-packed add-on session that runs Monday-Thursdays and is open to the 9 a.m. - 12 p.m. campers only. Please provide your child with lunch. Challenger Sports coaches will supervise the children over the break between sessions. FREE online jersey offer deadlines May 1 and May 29.

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Sign up at challengersports.com or mail applications & checks payable to:

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 11674 N. Huron St. Suite 150
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 For more information call 720-204-4130 or
 email ghorsfall@challengersports.com.

At Home Alone

Does your child spend a few hours home alone before or after school due to your work schedule or other commitments? This popular entertaining workshop is designed to prepare children to look after themselves during these times. Students learn how to stay safe through interactive lessons, role play and hands-on training. Every Kidproof course is non-threatening and empowering.

Date: Saturday, April 25
 Time: 9 a.m.-1 p.m.
 Location: Ranch House AV Room
 Ages: 10-13 years
 Fee: Resident \$40, Non-Resident \$50
Course #29854

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Payment is due at the time of registration.

Date: Saturday, May 2
 Time: 9 a.m.-3 p.m.
 Location: Ranch House AV Room
 Ages: 10-13 years
 Fee: Resident: \$60
 Non-Resident: \$75
Course #29849

Story Time at the Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.
 Dates: Thursdays through May 21
 Time: 10:15 a.m.
 Location: Ranch House Dance Room
 Ages: All ages
 Fee: FREE!

Basic Dog Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. This class is for dogs over six months old. The class teaches basic commands plus home manners, focus work and tricks. Please visit Canine Frontier's website at <http://caninefrontiertraining.com> or Facebook page at www.facebook.com/caninefrontier for more information.

Dates: 6-week sessions on Tuesdays (call for dates)
 Time: 7:30 p.m.
 Location: Dakota Lodge
 Fees: Resident: \$110
 Non-Resident: \$130

Red Hat Divas

A group of women enjoying life to the fullest. The group was created for the single purpose of having fun!

Date: Tuesday, April 28
 Time: 10:30 a.m.-12:30 p.m.
 Location: Ranch House Adult Lounge
 Fee: None

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434

Special Events

New Special Event:

Spring Fling on April 25
 Join the Ken-Caryl Ranch Metropolitan District and the Ken-Caryl Parent Network in celebrating spring and Earth Day on Saturday, April 25 from 10 a.m.-2 p.m. at the Ranch House Park! We'll have family-friendly Earth Day activities, a fun family Frisbee Golf tournament hosted by the Ken-Caryl Ranch Foundation, live entertainment, open space and KC Nature program information, fire trucks and fire safety from West Metro Fire Department and the Colorado State Forest Service, and youth program demonstrations and information. More details will be up on the website soon!

Aquatics

Ken-Caryl Ranch Swim Club 2015 Swimming Stroke & Turn Clinics

Get ready for the 2015 Summer Swim Team Season. The Ken-Caryl Swim Club Staff will offer competitive Stroke and Turn Clinics, providing technique drills in each of the four competitive strokes and turns. Attendance is limited per session so sign up early. This is NOT a Learn-to-Swim Program.

Date:
 Sunday, April 12 - Course #30644
 Sunday, April 19 - Course #30645
 Sunday, April 26 - Course #30646
 Sunday, May 3 - Course #30647
 All four sessions - Course #30666
 Time: 9 - 10 a.m.
 Location: Foothills Ridge Recreation Center
 Age: 9 & under
 Fee: \$15 per swimmer/one session
 \$50 per swimmer/all four sessions

Date:
 Sunday, April 12- Course #30662
 Sunday, April 19 - Course #30663
 Sunday, April 26 - Course #30664
 Sunday, May 3 - Course #30665
 All four sessions - Course #30667
 Time: 10 - 11 a.m.
 Location: Foothills Ridge Recreation Center
 Age: 10 & over
 Fee: \$15 per swimmer/one session
 \$50 per swimmer/all four sessions

Ken-Caryl Ranch Swim Club: The KCSC Lightning

We invite you to join our Summer Club Team! Ken-Caryl Ranch Swim Club is a competitive/recreational team that trains until the end of July. Competition is grouped by ages 8 & under, 9-10, 11-12, 13-14 and 15-18. Participants are required to have skills in at least two of the four

competitive strokes. Swimmers will be taught to improve and refine skills in all competitive strokes. Our Swim Club is not a Learn-To-Swim Program. 2015 Ken-Caryl Swim Club online registration will begin April 13 at www.kcswimclub.com and regular registration will be April 18 from 1-3 p.m. at the Ken-Caryl Ranch Community Center.

What to bring: Your calendar to schedule volunteer duties.
 What you will get: KCSC T-shirt, Handbook and Volunteer Assignments. Opportunity to buy suits, goggles and other swim gear. 10 weeks of summer fun. Daily pool practice. Many swim meets! Lots of fun!
 Contact Jim Bartuska at KCSwimming@gmail.com.

Library News

Bookmobile Poetry Party

Join the Jefferson County Public Library Bookmobile for an afternoon of celebrating poetry on Saturday, April 25. The fun starts with 5-minute poetry exercises including popular poetry forms of Haiku, Concrete, Acrostic, Limericks and others. The workshop begins at 2 p.m. inside the McDonald's Play Place at 7509 South Alkire St. After a 45-minute workshop, participants are welcome to join a poetry reading outside the bookmobile in the Ken-Caryl Safeway parking lot at 3 p.m. Read your poetry creations, read your favorite poetry, or simply enjoy readings by others. Bring a lawn chair and celebrate National Poetry Month. Writing materials will be provided.

Register at www.jeffcolibrary.org/events or with the staff on the Bookmobile each Saturday from noon-4 p.m. at the Ken Caryl and Shaffer Parkway Safeway parking lot.

Adult Programs

Watercolor Art Classes

For all levels 18 years old and over
 Location: Ken-Caryl Ranch Parlour Room
 Dates: Monday, April 6 - May 13
Course #30555
 Wednesday, April 8 - May 13
Course #30556
 (Identical Six-Week Sessions)
 Cost: Resident: \$85
 Non-Resident: \$90

Each student will provide their own supplies. A supply list will be provided at registration. Instructor is award-winning artist Chuck Danford, signature member of the Colorado Watercolor Society and professional painter of landscapes and wildlife. See Chuck's work at www.charlesdanford.com.

Puppy Preschool Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. This class is for puppies under six months old and they must have had two rounds of vaccinations. The class teaches basic commands, socialization, general puppy behavior tips and tricks. Please visit Canine Frontier's website at <http://caninefrontiertraining.com> or Facebook page at www.facebook.com/caninefrontier for more information.

Dates: 6-week sessions on Tuesdays (call for dates)
 Time: 6:30 p.m.
 Location: Dakota Lodge
 Fees: Resident: \$130
 Non-Resident: \$155

To register, please contact Laurel Landsman at 720-233-3461 or caninefrontier@gmail.com.



FREE

ORAL CANCER SCREENING DAY

Wednesday, Apr. 22

Alan C. Goral, DDS
Ken-Caryl Resident

In honor of Oral Cancer Awareness Month in April 2015, we will be hosting a one day only Velscope oral cancer screening for any adult patient at no charge. Please call to schedule an appointment. Hurry space is limited!




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Chatfield Chargers to Play Collegiate Football

Chatfield Senior High School football players Matthew Gaiter, Sean O'Dell and Joseph Sartini signed letters of intent on National Signing Day to play college football. Matt has signed to play at the Air Force Academy in Colorado Springs on the defensive line. He will attend their prep school for his redshirt year and is considering studying business management or communications. Sean will be a redshirt freshman wide receiver at the Colorado School of Mines in Golden. He plans to study petroleum or mechanical engineering. Joe is a projected starter at right guard for the East Coast Preparatory School in Great Barrington, Massachusetts. It is a feeder school to both the Ivy and Patriot League schools and supports Joe's desire to study business at one of the finest business schools in the country.

These athletes are alumni of the local schools: Mortensen, Bradford and Hutchinson Elementary Schools, and Falcon Bluffs, Deer Creek and Dunstan Middle Schools. Joe also attended Mullen High School prior to Chatfield.



Congratulations to Chatfield Senior High School football players Joseph Sartini, Sean O'Dell and Matthew Gaiter for signing letters of intent to play college football.

New Requirements for Recycling TVs; Volunteers Needed for Event

Get rid of your unwanted electronics, appliances, televisions, large trash items, scrap metal, paperwork, tree limbs, latex paints, household items and tires from 8:30 a.m.-2 p.m. on Saturday, May 9 in the Ranch House parking lot. Many items will be recycled for free, but there are fees (CASH OR CHECK ONLY) associated with several types of items. See the table below for a list of items that can be recycled, along with the fee, if any. Please bring cash or check to recycle any items that require a fee.

Item	Fee to Recycle (Cash or Check Only)
Appliances (no coolant)	Free
Batteries (no alkaline)	Free
Computer Monitors: CRTs	\$20
Computer Monitors: LCDs	Free
Electronics (except TVs)	Free
Latex Paint (see details below)	\$3 per gallon
Paper Shredding (up to 3 boxes; 25 pounds per box)	1st box free 2nd or 3rd box \$5 each
Scrap Metal	Free
Tires	\$2 per tire
Trash Items	Free
Tree Limbs and Shrubs	Free
TVs: Flat Screens of Any Size	Free
TVs: Tube TVs Up to 19"	\$20
TVs: Tube TVs 20"-27"	\$30
TVs: Tube TVs Over 27" or Consoles of Any Size	Cannot accept
Yard Waste	Free

Volunteers Needed

Several volunteers are needed to help the day of the "Not Just Electronics" Recycling Event. Volunteers help direct traffic and assist participants. There will be three shifts (two hours each), and each shift needs six volunteers. If you are interested in volunteering, please contact Cath Perrone at pcperrone@yahoo.com.

Electronics Recycling

TVs must be intact or they will not be accepted. Electronic items that will be free to recycle include flat-screen TVs (any size), computers, laptops, LCD monitors, hard drives, servers, scanners, printers, mice, keyboards, cables, home and car stereo/video equipment, DVD/VCR players, phones, and cameras. Tube TVs up to 27" can be recycled for a fee, but tube TVs over 27" and console TVs of any size will not be accepted. Batteries except household alkaline can be turned in at the event, although only certain types will actually be recycled. Others will just be thrown away.

Latex Paint Recycling

GreenSheen Eco-Friendly Paints will be at the event to accept latex/water-based paints, stains and clear finishes for \$3 per gallon by volume. The paint must be in its original container. There's no need to consolidate partially full cans together because GreenSheen will charge based on the amount of paint in the can, not the size of the can. No oil, alkyd, lacquer, urethane or other chemicals.

Paper Shredding

R2 Stewardship will collect up to three boxes (75 pounds) of your home office paperwork for shredding. The first box (25 pounds) is free, but it's \$5 each for the second or third box. The shredding will NOT be done on-site. The paper will be put in a secure truck and shredded off-site at R2's warehouse.

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Tree Limbs and Yard Waste

The Ken-Caryl Ranch Metropolitan District Parks staff will be accepting tree limbs and branches for the chipper. Please no contractors, as all these services are for Ken-Caryl Ranch residents. You may bring other yard waste in bags for the Waste Connections trash trucks that will be on-site.

What Not To Bring

We will not be able to recycle appliances that have coolant such as refrigerators, air conditioners or freezers. Tube TVs over 27" and console TVs of any size will not be accepted. Compact fluorescent lights (CFLs) will not be accepted at the event, but they can be recycled at Home Depot or Lowe's. We will not accept medication or drugs at the event. Also, hazardous materials such as flammable liquids and cleaning fluids will not be accepted. To recycle household chemicals and other hazardous materials for a fee, call Rooney Road Recycling Center at 303-316-6262 or see www.rooneyroadrecycling.org. Household alkaline batteries will not be accepted.

Recycling Event Partners

The Master Association offers the "Not Just Electronics" Recycling Event annually as a service to residents. The event wouldn't be possible without our event partners. Electronics will be recycled by R2 Stewardship Responsible Computer & Electronic Recycling Solutions. Eagle Automotive Services, located on Chatfield Ave. in the Ken-Caryl Market Place, is recycling the tires, and GreenSheen Eco-Friendly Paints will be on-site to recycle paint. Waste Connections will handle all trash and large items, and the Ken-Caryl Ranch Metropolitan District handles the chipper and tree limbs.

Questions?

Should you have any questions about the "Not Just Electronics" Recycling Event, please call the Ranch House at 303-979-1876 or email chrisp@kcranch.org.



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Ken-Caryl Ranch Veterans Monument Update

Submitted by Cork Chicota, Veterans Monument Committee

On behalf of the Ken-Caryl Ranch Veterans Monument Committee, I am pleased to present an update on the progress the committee has made on the Veterans Monument project. The Veterans Monument will be located at the corner of Crestone Mountain and Sangre de Cristo Road. At this time, we anticipate breaking ground on Monday, May 11.

The committee has received a full set of construction drawings along with all the necessary specifications and details for the monument from its architect, David Snelson. These drawings have been used to lay out a full size "footprint" of the Monument on the site using flags and ground paint. Now that the footprint is laid out, it will be used during coordination meetings that will be held onsite with subcontractors.

The concrete portion of the monument is the largest part of the construction job and the most important single element. The committee is very fortunate and very grateful to have Chris Sullivan, a resident of Ken-Caryl Ranch and a Vice President of Chem Systems, Inc., coordinating all of the concrete activities. He has secured concrete related donations and contributions for material and labor for 100 percent of the project. We have received commitments from the following entities and individuals:

- 1) The American Society of Concrete Contractors
- 2) The Decorative Concrete Council
- 3) Chem Systems, Inc.
- 4) Aggregate Industries
- 5) Prichard Concrete
- 6) Colorado Hardscapes
- 7) Groninger Concrete
- 8) H&C Concrete Products
- 9) Gromako Company
- 10) Concrete Equipment and Supply
- 11) McClure Concrete
- 12) Putzmeister America
- 13) Somero Enterprise Inc.
- 14) Sundeck Concrete
- 15) Butterfield Concrete
- 16) Cemex Inc.
- 17) Wacker Neuson Corp.
- 18) Wagman Metal Products

Other companies, entities and individuals are pledging donations, material and labor to fulfill the construction needs for the other elements of the monument. An additional list with names and respective donations will be finalized and provided at a later date.

The Ken-Caryl Ranch Veterans Committee is proud and excited about the progress we have made in bringing the monument closer to a reality. However, more assistance is needed from everyone in the form of cash donations in order to continue to improve and enhance the

monument. Honor Bricks are available for purchase for \$300 each and will become a permanent part of the monument. Honor Bricks may be designated for any veteran you wish to honor. Each brick will specify the veteran's name, branch of service and dates served. The committee also greatly appreciates all cash donations in any amount given to honor all veterans who have served in the Armed Forces of the United States of America. All donations are tax deductible.

Please make your check payable to: Ken-Caryl Ranch Veterans Monument.
 Mail to: Ken-Caryl Ranch Veterans Monument
 Attn: Darrell Windes
 7676 S. Continental Divide Rd.
 Littleton, CO 80127

Should you have any questions, contact committee members Cork Chicota at 303-973-8590, Byron Wicks at 303-979-5884 or Jeff Esbenschade at 303-972-3968 or stop by the Ranch House.

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Importance of Internships

Submitted by Bryan Austin, Manor Ridge

Finding a job after college is more than just interviewing well or saying the right things. In today's competitive work environment, the internship has proven more valuable than ever. Not only can interns build self-confidence, improve human relation skills, and increase motivation, they get the opportunity to learn and apply their classroom studies in the real world.

In many ways, internships have become the "new interview" in the job search process for students and employers alike. A good internship is one that challenges students, and one that offers an experience and provides a true sense of what a career is all about. It's more than learning the job; it's about getting a chance to actually do it.

Nowadays, employers are viewing interns as the future of the company, and they want to challenge the students to make sure there's a mutual selection process to determine if they are well-suited for the company.

Whether it's defining that career path, understanding a workplace environment or learning business etiquette, internships should be at the top of every student's list as they prepare to enter the workforce. If the right fit is there, it serves as a jumpstart to a career after college.

Using my own company as an example, many of Northwestern Mutual's most successful financial representatives and nearly half of its senior field management are former interns. In a 2012 survey conducted by internships.com, it found that 69 percent of companies with 100 or more employees offered full-time jobs to interns.

Bottom line, flipping burgers and mowing lawns is work, but an internship is a valuable experience that can give students a unique opportunity to learn in a real-life working environment.

To learn more about the Top 10 Financial Representative Internship (Vault Guide to Top Internships, 2014) Program at Northwestern Mutual, please contact Bryan Austin, Wealth Management Advisor, at 720-963-6888 or bryan.austin@nm.com.



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**Debbie G.
 Broomfield**

◆ Dues & Taxes at Work

Tree Trimming

Two Ken-Caryl Ranch Metropolitan District Parks Department employees soared high trimming trees by the Ranch House in mid-March. The Parks Department provides maintenance and care for trees in the Ken-Caryl Ranch Parks system.



◆ School News

Area Schools Participate in Relay for Life

Relay for life is the signature fundraising event for the American Cancer Society. It is an overnight walk to symbolize the fact that cancer doesn't sleep so for one night neither do we. Three local high schools, Chatfield, Columbine and Dakota Ridge, team up for Relay for Life each year. Last year, the high school event raised almost \$90,000, making it the No. 3 high school event in the nation. There were 58 teams total between the three schools.

Every Relay for Life starts with a survivor lap where all survivors take to the track while being cheered on. There is an opening ceremony, luminaria ceremony, fight-back ceremony and closing ceremony.

This year's Relay for Life high school event will be Saturday, May 16 at Columbine High School. The schools are looking for sponsorships from the community. This could be anything such as donated food, activities, performances, monetary donations, etc. You can find the donation page for the local high school event by going to www.relayforlife.org and searching for Jefferson County Public Schools. The team is also in need of adult volunteers to help out on the day of the event. If you are interested in volunteering, please contact Rhonda Gunkel at rgunkel@jeffco.k12.co.us.



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◆ Art Notes

Ken-Caryl Art Guild Meeting to Feature Wildlife Artist

Wildlife artist J.B. Sullivan will be featured at the Thursday, April 9 meeting of the Ken-Caryl Art Guild at Rox Bar & Grill, 12684 W Indore Place in Littleton. His presentation topic, "Animal Odyssey" will take place at 7 p.m., following the regularly scheduled business meeting at 6 p.m. Sullivan will speak about his plans

for a 10-year artistic journey across our country in which he will be capturing wildlife art from the sweltering swamps of Florida to the frozen tundra of Alaska. Learn more about J.B. Sullivan and his meticulous drawings of wildlife art at www.jsullivanart.com.

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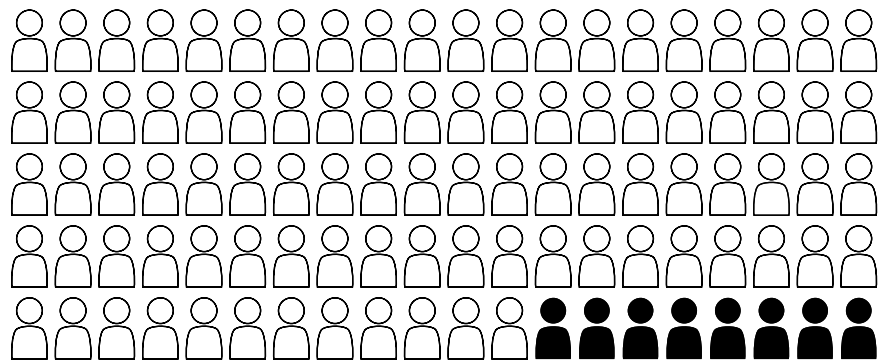
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Classifieds

Life at Ken-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m. -- 5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd, Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on the Monday prior to the following issue (10 days later). Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds A maximum of 80 words will be accepted. If mailing your ad, please proof it CAREFULLY; provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

LOST & FOUND

BLACK CASE LOGIC CD HOLDER -- found in street week of 3/9. The Territory subdivision. 3M discs. Call to identify and claim. 303-933-7911.

FOR SALE

NORDICTRACK TREADMILL -- C18005 - \$300.00 Weider Pro 9930 Home Gym - \$350.00. Southwest Entertainment Center - \$70.00. Igloo doghouse - Lg. dog - \$25.00. 303-619-1958.

LARGE UNIQUE ARTIFICIAL OAK TREES -- Two double-trunked 10'-12' trees, so they need large rooms. Excellent for vaulted ceilings and can be cut lower. Not average ficus trees! \$250 each/your choice, including bases. For photos, search Denver Craigslist for "awesome unique oak". In K/C - Cimarron. 303-979-6766.

ETHAN ALLEN -- sofa \$400, 2 wing chairs \$250 each, 3 end tables \$100 each. 2 Windsor chairs \$100 each. All very good to excellent condition. 303-972-1251.

JOB OPPORTUNITIES

PART-TIME MARKETING ASSISTANT -- for Ken-Caryl State Farm agency. IDEAL for high school or college age -- after school or Saturday hours available (we can fit the hours to your schedule). 5-20 hours per week available. \$10 per hour. Learn valuable marketing, communication and business skills. Please email Rob@ProtectingColorado.com with availability for a phone interview.

REAL ESTATE

GRAND ELK GOLF COURSE LOT -- Granby, Colorado. By owner. Gorgeous views, world class ski resorts, boating, fishing, hunting. 25K. 303-697-5454.

HOUSE ON THE SPREAD COMING SOON -- 4 bedrooms, 2 1/2 bath. Private garden/deck-2 car oversized garage. Great south facing kitchen/sun room. 2 fireplaces. Call 303-902-1471.

CHILDCARE

NEED A BABY SITTER WHO'S GREAT WITH KIDS? -- As a mother myself, I have a natural instinct to love and care for children. Love to do projects and play games. CPR certified. 720-492-6366 or chantal.soenens@gmail.com.

GOODS & SERVICES

COLLEGE BOUND NOW! -- Take the stress out of the college selection and application process. www.collegeboundnow.com Valerie Lewis, 720-272-9595.

PROFESSIONAL PAINTING, 25 YEARS EXPERIENCE -- 30 year Ken Caryl resident. Interior and exterior. Residential and Commercial. Plenty of references in this area. Please call for free estimate. John 720-384-7851.

RENOVATIONS: DECKS, BATHROOMS, KITCHENS -- interior trim, you name it. Greg Davis 303-960-6859.

LET THE KEN CARYL CLEANING SERVICE do your Spring cleaning. Weekly, bi-weekly, monthly, one time. References, experienced, estimates. 720-434-4136.

"PERSONAL" COMPUTER SERVICES -- On-site or on-line. Local, fast, convenient. Visit www.3xSmarter.com or call 303-904-3613.

MOBILE BIKE REPAIR -- Bike mechanic will come to you; NO DROP-OFF NEEDED. Bike tune-ups \$60. Call or text Zack 303-502-6000.

2015 STYLE GEL STAIN -- Makes your handrails, cabinets and woodwork look better than new! Free estimates. Call Jeff, J&J Decorating 303-934-3249.

PAMELA'S "CAN DO" SERVICES -- "Cadillac" house cleaning, yard maintenance, pet sitting, downsizing, organizing, administrative duties. 21-year KC resident. 303-929-0387.

ADVANCED HOME IMPROVEMENTS -- Drywall, carpentry, plumbing, electrical, tile. No job too small. 303-948-2745.

SPANISH TUTOR -- Instructing businesses and students. Educated in Spain. Degreed. Dan 720-620-0373.

TAX PREPARATION, ACCOUNTING, AND PAYROLL SERVICES -- Business and individual. 20+ years' experience, work from home office. Sue Bryant, 720-583-2417.

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HIGH SCHOOL MATH TUTOR -- Colorado School of Mines graduate. www.Algebra2CalculusTutor.com. In-person or online tutoring. Free 1st session. Ken-Caryl resident. David Cowan 303-949-1989.

IMMEDIATE SERVICE - 7 DAYS A WEEK -- 303-810-8818. Working on Ken-Caryl Ranch for 10 years. Small and tiny jobs most welcome. NEW INSTALLATION & REPAIRS -- Faucets/sinks/toilets/garbage disposals. Electrical new/re-wire. Breaker boxes installed. New installation of ceiling fans. Insured. Gary Harmon. 20 yrs. experience. Bonded.

CLASSICAL GUITAR INSTRUCTION -- After teaching seven years at Colorado State University and 22 years at the University of Denver, retired music professor is starting a private teaching studio at his Ken Caryl residence. He's a winner of seven major international guitar competitions including Andres Segovia International, Tokyo International and Guitar Foundation of America International Guitar Competitions, and still tours around the U.S. and beyond. All levels, including children, welcome. For contact information please go to www.masakazuito.com.

TRASH HAULING - CALL BERNIE -- 303-347-2303. 7-Days -- Furniture, Appliances, Junk, Carpet, etc.

DOG WALKING & PETSITTING -- Affordable, reliable. Pets2us.com -Chris 303-902-8128.

MASTER ELECTRICIAN - Residential specialist for over 20 years. KC Resident. Free estimates. Ask for discount with ad. Redman Electric 303-948-5892.

Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122. Categories: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
Mickey Ahearn	303-906-1137	L	14	Colony
Sean Ahearn	303-906-1137	L	18	Colony
Sierra Baliko	303-809-1117	B	13	Traditions
Sarah Bielefeld	303-506-8630	B, P	15	Cimarron
Christina Bigger	720-981-4521	B, P	15	Deerwood Vista
Josh Blarr	720-318-4605	P, S	14	Colony
Madeline Byerly	720-785-3784	B	12	Wynterbrooke
Nolan Byrnes	720-530-9272	L, P, S	13	Bradford Place
Daniel Dominguez	720-648-3178	L, P, S	14	Traditions
Carly George	303-250-8502	B, P	16	Bradford Place
Christina George	303-934-2612	B, P	14	Bradford Place
Sam Gerbus	303-250-6079	B, L, P, S	18	Retreat
Allie Goulding	720-331-5428	B, P	16	Carriage Hill
Matthew Guarino	720-981-7322	L, S	14	Bradford Place
Nicole Guarino	720-981-7322	B	14	Bradford Place
Raquel Gunkel	303-909-5090	B	15	Spread
Chuck Henderson	720-231-6068	L, P, S	15	Deerwood Vista
Kate Henderson	732-446-2801	B, S	14	North Ranch
Ben Iverson	720-626-5580	L, P, S	14	Stratford Farms
Hannah Johnson	720-879-1445	B, P	14	Bradford Place
Gabbie Jones	720-971-6680	P	17	Manor Ridge
Taylor Jones	720-940-5043	B	16	Manor Ridge
Oliver Kauffman	720-724-0878	B, P, S	14	Wynterbrooke
Corrin Kevlyn	608-217-6317	B	14	Eagles Pointe
Sloan Lyons	720-431-5903	B, P	16	Village
Hadley Marx	720-380-4671	B, P	14	Shaffer Hill
Ryan McKenna	720-261-2869	B, L, P, S	14	Stallion Pointe
Gracie Mead	720-921-4495	B, P	14	Deerwood Vista
Matthew Murray	303-579-5322	P	12	North Ranch
Ryan Murray	303-579-5322	B, L, P, S	15	North Ranch
Robby Nelson	303-904-8886	B, L, P, S	15	Spread
Alexandra Newsom	303-325-5232	B, P	15	Legacy
William Newsom	303-325-5232	L, S	13	Legacy
Lauren O'Connor	720-982-7981	B, P	13	Sunset Ridge
Rhiana Parker	720-877-5570	B, P	15	Territory
Micaela Pollard	303-904-8488	B, P, S	12	Cimarron
Dillon Reisinger	303-973-2469	L, P, S	18	Eagles Pointe
Seth Reisinger	303-973-2469	B, L, P, S	13	Eagles Pointe
Kylie Richards	303-420-6675	B, P	11	Settlement
Kari Salter	720-202-0067	B, P	17	Wynterbrooke
Reanna Schafer	303-808-0373	B	14	Village
Anya Schroeter	720-415-5112	P	12	Quail Ridge
Carissa Scott	720-215-8829	B, P	13	Colony
Carlee Shute	303-903-0504	B, P	14	Bridle Gate
Cameron Suchomel	303-932-1580	L, S	15	Bradford Place
Jason Suchomel	303-932-1580	P	13	Bradford Place
Cole Torgerson	303-933-9988	B, L, P, S	12	Legacy
Chloe Warren	303-797-0660	P	13	Quail Ridge
Eli Yeagley	720-363-6440	B, L, P, S	14	Carriage Hill
Sam Yeagley	720-363-6440	B, L, P, S	17	Carriage Hill
Kate Kotze	720-413-1487	B, L, P	16	Aspen Meadows
Elly Spinney	303-502-7990	B, P	16	North Ranch



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Manor Ridge

8 Shining Oak • \$709,000

Unique floor plan that offers formal living and dining rooms, family room, spacious loft and a finished walk-out basement. Central vacuum, fireproof siding, tile roof, surround sound, murphy bed, woodburning and gas fire places, central air, tree deck, .83 acre and private lot.



North Ranch

12 Wild Turkey • \$999,000

Situated on the end of a cul-de-sac with views. One of the best floor plans in the North Ranch. Dual staircases to the basement and upper level. Tile roof, oversized bedrooms, finished basement, and oversized garage.



Colony

35 Buckthorn Dr. • \$659,000

Backs to open space. 5 Bedrooms. Main floor study. Formal living dining rooms. Eat in kitchen. Finished basement. Gorgeous deck. 3 car garage. Views!



Colony

1 Cliffrose • \$459,000

4 bedrooms. Newer windows and roof. Updated baths. Corner lot. Private yard. Cul-de-sac. Central air.

COMING SOON

Coming Soon



North Ranch

10 Black Bear

Backs to open space. Main floor study. Open floor plan. Tile roof. .53 acre. Central air. New Paint. Walk out basement.



North Ranch

11 Mourning Dove • \$999,000

Backs to greenbelt. 4 car garage. Main floor study. Oversized bedrooms. Finished walk out basement. Tile roof.



The Settlement

10634 W Park Mtn • \$225,000

Very well maintained on a quiet street. This one won't last!



North Ranch

1 Wild Turkey Lane • \$799,000

Rare 7 bedroom/5 bath home situated on open space. Main floor offers formal living and dining rooms, an oversized office/study, eat-in kitchen with slab granite, oversized mud/laundry room and great room.



North Ranch

24 Golden Eagle • \$949,000

5 bedrooms/5 baths. Situated on over a half acre with stunning views. Updated kitchen with GE Monogram appliances. Professionally finished walk-out basement with guest room and theater room. Newer composite deck.



Carriage Hill

2 Prairie Clover • \$789,000

Updated 6 bed/6 baths. Trad. floor plan, formal living & dining rooms, study/optional bedroom and spacious family room on main level. Oversized kitchen with newer SS appliances, center island.



Stallion Pointe

40 Willowleaf • \$619,000

5 beds/4 baths. Backs to open space with spec. views. Updated master bath & kit. Prof. fin. w/o basement with guest suite & rec. room. New roof. New gutters. New A/C and furnace. New paint. Hrdwd. floors.



Retreat

81 Dawn Health Circle • \$479,000



North Ranch

49 Golden Eagle • \$899,000



Deerwood Vista

15 Mountain High Court • \$849,000



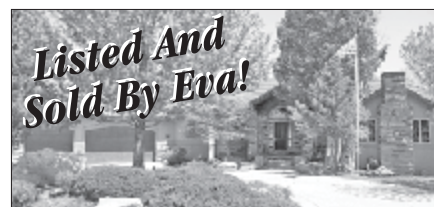
Stratford Farms

34 Blue Sage • \$469,000



Deerwood Vista

14 Mountain High • \$899,000



North Ranch

5 Golden Eagle • \$1,200,000

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Call me any time to discuss the market or I would be happy to answer any questions you may have about buying or selling a home. Visit my Website at www.kencarylrealty.com or email: evastadelmaier@remax.net

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Colony • 4 Buckthorn Drive • \$499,000
Stratford Farms • 3 Silvermound • \$529,000

SOLD BY EVA!

Stallion Pointe — 54 Willowleaf Drive — 48 Willowleaf Drive
Carriage Hill — 4 Golden Aster • Legacy — 11 Summit Ash
Bradford Place — 16 Mountain Alder • Deerwood Vista — 4 Amberwood Lane
Barrington Ridge — 2 Mountain Cedar • 11 Lindenwood — Eagles Pointe

SOLD!

Deerwood Vista — 85 Deerwood Drive • North Ranch — 19 Red Fox Lane
Traditions — 17 Honey Locust — 16 Foothill Ash
Retreat — 170 Willowleaf Drive — 26 Willowleaf Drive
Barrington Ridge — 5 Mountain Willow Drive