



Life at Ken-Caryl

Vol. XXXVII, No. 2

Ken-Caryl Ranch Master Association • www.ken-carylranh.org
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Jan. 15, 2014



Veterans Monument Donation From Colorado Credit Union

The Ken-Caryl Ranch Veterans Monument received a generous \$1,000 donation from Colorado Credit Union. Shown here are CCU President Mike Williams, center, and CCU Marketing Director Mary Ann Schlung, presenting Veterans Monument committee member Byron Wicks, left, with a check.

Colorado Supreme Court Rules In Favor Of KCRMD In Plains Metro District Case

On Dec. 23, 2013, the Colorado Supreme Court issued its ruling in the appeal by Plains Metropolitan District (PMD) of the May 2013 decision from the Colorado Court of Appeals in favor of the Ken-Caryl Ranch Metropolitan District (KCRMD). The Colorado Supreme Court denied the PMD's Petition for Writ of Certiorari essentially affirming the May 2013

Colorado Court of Appeals decision. This most recent decision from the Colorado Supreme Court affirms the Colorado Court of Appeals decision requiring PMD to build approximately \$4 million in recreational facilities for the Ken-Caryl Ranch community pursuant to its 1985 service plan.

The KCRMD Board of Directors is in the process of reviewing the ruling from the Colorado Supreme Court with its legal counsel and will be providing additional information as soon as it is available. A copy of the Dec. 23, 2013, ruling from the Colorado Supreme Court is available for review on the Ken-Caryl Ranch website at www.ken-caryl-ranch.org.

Volunteers Needed For Community Planning Committee

Ken-Caryl Ranch is looking for additional volunteers for the Community Planning Committee (CPC). The CPC is responsible for developing a long-range Community Master Plan, monitoring the implementation of the plan and ensuring regular updates at least annually. The group meets twice a month, on average.

If you are interested in applying for the CPC, please download a Committee Application at www.ken-carylranh.org under Administration then Committees & Task Forces. If you have any questions about committees, contact Chris Pacetti at chrisp@kcranch.org or 303-979-1876, ext. 116.

Three MA Board Seats Open For Election In 2014 Application Deadline Is Jan. 31

Please give some thought to serving your community by becoming a member of the Ken-Caryl Ranch Master Association Board of Directors, the decision-making, policy-setting leaders of this community.

The affairs of the Master Association are managed by the five-member Board of Directors along with a professional staff. There are three seats on the Board that will be on the ballot for the Board of Directors election in March. The two candidates who receive the most votes will be elected for three-year terms with the third candidate to serve for two years. This is being done to reestablish the staggered terms called for in our governing documents following a reduction in the size of the Board from seven members to five.

The MA Board meets the third Tuesday of

each month at 6:30 p.m. at the Ranch House. Board members also attend a Joint Study Session with the Metropolitan District Board the first Tuesday of each month at 6 p.m. Board members are expected to attend other meetings on an as-needed basis.

For those of you who are interested in running for an MA Board position, applications are due by Jan. 31 and are available online at www.ken-carylranh.org and at the Ranch House. The MA will introduce the declared candidates to the community in this publication and at www.ken-carylranh.org in February 2014. Residents will receive a postcard in the mail in mid-February with instructions on how to vote electronically. The election closes March 4 at 5 p.m., and winners will be announced soon after.

Plots Available In Ken-Caryl Community Garden

Was one of your New Year's resolutions to eat healthier? Lose weight? Incorporate more fresh vegetables and fruits into your daily diet? Engage your children in something not found on a screen? Well, the answer is right here on Ken-Caryl Ranch at our Community Garden next to the Community Center in the Valley.

You can grow your own vegetables and fruits in your very own garden plot! Imagine coming home with a basket full of fresh green beans and juicy tomatoes. Think of how tasty freshly picked strawberries are for dessert. As an added benefit you will have the opportunity to enjoy the camaraderie of fellow gardeners during social and educational events held in the summer months at the garden.

There are plots still available for the 2014 growing season. The small/irregular plots (approximately 4-foot by 8-foot) are \$150 each and the large plots (approximately 7-foot by 8-foot) are \$200 each. Each fee includes a \$50 deposit that is refunded at the end of the season upon completion of the Gardener Agreement.

All interested gardeners are invited to register for a 2014 garden plot online at www.ken-carylranh.org, in person at the Community Center or Ranch House, or over the phone at 303-979-4070. Please call Harriet Camp at 720-261-5252 with questions or to request more information.



The Ken-Caryl Community Garden is fun for the whole family, and there are still a few plots available. You can register online at www.ken-carylranh.org, in person at the Community Center or Ranch House, or over the phone at 303-979-4070.

Dog Park Informational Meeting

The Ken-Caryl Ranch Metropolitan District and the Foothills Park and Recreation District are working together on a possible dog park near Ken-Caryl Ranch. There will be a public information meeting on Wednesday, Feb. 12 at 7 p.m. at the Ranch House to discuss the dog park. We encourage all interested residents to attend. More information about the meeting will be in the next issue of *Life at Ken-Caryl* and in the *e-News*.

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Cover Photo Contest

The Ken-Caryl Ranch Metropolitan District will be publishing the annual *District Dimensions* recreation course catalog in the spring. We are having a photo contest in order to find a front cover photo for the publication. The photo needs to be a color image of a summer activity or the scenery on Ken-Caryl Ranch, and it must be a vertical orientation. Please do not submit wildlife photos. If your photo is chosen as the cover image, you will win a \$50 Recreation Gift Card to use for Ken-Caryl Ranch classes, admission fees, etc. To submit a photo, email Victoria DeSair at victoriad@kcranch.org. The photo should be in a jpg or tiff format, and it must be high-resolution. *District Dimensions* will be included in the March 12 issue of *Life at Ken-Caryl*.

A covenant protected community

<http://www.ken-carylranh.org>

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7676 South Continental Divide Road

c/o Ken-Caryl Ranch Master Association

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Life at Ken-Caryl

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Board Report



by KCRMA Board President Valerie Walling

It's been a privilege to serve with the Master Association and Metro District Board members, six of whose terms end in March or May of this year. In my opinion, these two Boards have developed a great synergistic relationship, working together toward common goals. While full agreement can't always be expected, it is certainly healthiest for the community as a whole when the Boards are free to openly discuss their viewpoints and reasoning and to move forward with major decisions knowing that full vetting by both Boards has occurred.

Thanks to MD Board President Bob Generoli and all MA and MD Board members for making this happen, and to the MA Executive Director and the MD District Manager and their staff for following through to achieve many goals this past year. Having the November 2012 survey results as a guide has definitely helped us to better represent the community.

Of immediate interest, both Boards are aligned in agreement that well-planned and managed investment is needed and is wise during this period of low interest rates to bring KCR assets and amenities back up to the strong functional and design standards that KCR originally represented. A possible municipal bond issue by the MD has been described in previous issues of *Life at Ken-Caryl* and will be discussed frequently in future Joint Study Sessions, Board meetings and Community Planning Committee meetings.

Please subscribe to the *e-News*, read *Life at Ken-Caryl* and attend upcoming Open House events to participate in these discussions. The recommendation for a meaningful investment stems from the November 2012 survey results and the subsequent analysis and research by the KC2020 Task Force and then the Community Planning Committee. The strong message we received is that residents and owners have a high level of pride about the appearance of the Ranch and a desire to maintain Ken-Caryl Ranch at its highest level of value and service to owners and residents.

Volunteer service is the glue that makes staff efforts and Board strategies stick. Ken-Caryl Ranch is very fortunate to have dedicated volunteers who provide incredible service hours, thoughtful input and supplement our staff. Thank you for your service! Some 2013 exam-

ples of projects and groups include:

- The Community Planning Committee (five people) met with Board members and staff for at least two nights a month for three-hour meetings and has produced tremendous planning guidance for long-term strategies for investment and maintenance.
- Architectural (five people) and Covenant Control (seven people) Committees met frequently to set and maintain high standards for community appearance. Thanks to Ryan Rhinehart, who served 15 years on the Architectural Committee!
- The Open Space Committee (seven people) together with the Historical Society (23 people) have several long-serving members with relevant knowledge and experience to manage and preserve Ken-Caryl's highly-valued natural and historic resources.
- The Trails Club, the Ranger staff and Open Space Committee, is a large group of trails volunteers who have contributed hundreds of hours of expertise and labor to help with trails maintenance and development of re-routes and new trails.
- The Ken-Caryl Ranch Foundation was formed in October 1990 with the objective of enhancing the quality of life for residents of Ken-Caryl Ranch. The Foundation hosted movie nights for the whole community as well as the Ken-Caryl Tour of Homes in 2013.
- There are many other clubs and groups on Ken-Caryl Ranch, including the Parent Network, Community Garden, Senior Club, Veterans Monument, tennis, swim team, Red Hat Divas, equestrians and other interest groups, that serve to elevate Ken-Caryl Ranch's quality of life. These organizations are all led by volunteers.

Is 2014 your year to get involved as a volunteer? Here are some current opportunities:

1. The MA and MD Boards each have three Board seats opening this spring, which is a majority for each five-member Board. The best decision-making balance occurs when Boards include members from a variety of neighborhoods, passions and interests, personal perspectives, professions and leadership skills. KCRMA Board applications are due Jan. 31 for the March election; the KCRMD election is in May with Board applications due Feb. 28.
2. The Community Planning Committee is a relatively small group with numerous short-term goals to accomplish based on community input. If you are interested in helping with writing the Community Plan, helping with community education efforts, compiling community input or working with facility improvement project teams, please contact Chris Pacetti at chrisp@kcranch.org.
3. Review the list of committees and groups mentioned above or on the website to find one that interests you. If you have a specific desire to get involved there is surely a way to do it.

All the best to you and your families in 2014, which is a promising year for Ken-Caryl!

Community Calendar

Upcoming events/meetings are as follows (all meetings/activities will be at the Ranch House unless otherwise stated):

BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.

January 2014

Friday	17	10:15 a.m.	Story Time
Tuesday	21	6:30 p.m.	MA Board Meeting
Friday	24	10:15 a.m.	Story Time
Tuesday	28	6 p.m.	MD Board Meeting
Friday	31	10:15 a.m.	Story Time

February 2014

Tuesday	4	6 p.m.	MA/MD Joint Study Session
Wednesday	5	7 p.m.	Community Meeting – Possible Bond Election
Friday	7	10:15 a.m.	Story Time
Saturday	8	9 a.m.	Community Meeting – Possible Bond Election
Wednesday	12	7 p.m.	Dog Park Informational Meeting
Friday	14	10:15 a.m.	Story Time
Tuesday	18	6:30 p.m.	MA Board Meeting
Tuesday	25	6 p.m.	MD Board Meeting

COMMITTEE/TASK FORCE MEETINGS

- Architectural** — Second and Fourth Thursdays at 7:30 a.m.
- Community Planning Committee** — Thursday, Jan. 16, 6 p.m.
- Covenant** — Third Wednesday at 4:30 p.m.
- Historical Society** — Wednesday, Jan. 15, 2 p.m.
- MA Finance** — Monday, Jan. 20, 5:30 p.m.
- Open Space** — Thursday, Jan. 23, 7 p.m., Dakota Lodge

All days and times are subject to change. Please visit www.ken-carylranh.org for updated information.

For more information about a particular meeting or a specific committee, please call 303-979-1876 or visit www.ken-carylranh.org.

Important Reminders From Waste Connections

- **Auto Dial Service:** Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com, please click on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom

of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.

- **Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pick-up day falls on a holiday or after a holiday, your collection schedule will run one day late that week.
- **Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service totes/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.
- **Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or www.wasteconnectionsofcolorado.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.
- **Service Problems:** If you are experiencing service problems or have a missed pickup, please call Assistant District Manager Ryan Gatewood directly at 303-520-2698.

Check Out Valuable Information On Our Website • www.ken-carylranh.org
Like us on at www.facebook.com/ken-carylranh

Ken-Caryl Ranch Master Association
Board of Directors:
Paul Camp, Chris Figge, Dennie McGarry, Dan Mullins and Valerie Walling.
MA Executive Director Chris Pacetti
chrisp@kcranch.org 303-979-1876, ext. 116
Ranch Ranger (mobile phone) 303-901-6890

Ken-Caryl Ranch Metropolitan District
Board of Directors:
David Banning, Jeffrey Esbenshade, Robert Generoli, Jami Jensen and Lauri Lehan-Milano.
District Manager Darrell Windes
darellw@kcranch.org 303-979-1876, ext. 114
Parks, Open Space, Sprinklers
(weekdays) 303-979-1876
(after hours, weekends) 303-979-1876, ext. 320
Recreation Activities, Ranch House 303-979-4070
Community Center 303-979-2233
Environmental Education 303-973-0280

To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information.

Covenant Clips

Paint Review Underway

by Community Standards Administrator Julie Kearful

Hope you all had a wonderful holiday season and will have a happy and healthy New Year! It is always hard to believe that yet another year has passed. You would think I would get used to it after having done it so very many times.

As many of you know, January is the time of year when I review each home on Ken-Caryl Ranch for the condition of its exterior paint. I will be hoping for a few dreary days as the task is a bit easier without the sun glaring into the car. I will be getting the "need to paint" notices out this month, as always, to allow folks as much time as possible to plan. Considering the expense of house painting as well as finding a contractor, I like to give homeowners maximum time to pre-

pare. I will be concentrating on peeling paint, bare wood, faded paint and blotchiness.

So if you notice a car driving slowly through your neighborhood, it will most likely be me and I will stop to say "hi" if you are out. I would be happy to visit with you about any questions you may have regarding this process.

Please keep in mind that rules and regulations are dynamic in nature...new issues surface, new regulations are added, inappropriate ones are deleted and others simply are amended or updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-carylranh.org so try to make certain you, too, are up-to-date. Also, don't hesitate to call me at 303-979-1876, ext. 119, should you have any covenant or architectural questions or comments. Help will be gladly offered.

MA Board Of Directors 2014 Election Information

Important Dates

Applications Due: Jan. 31, 5 p.m.

Candidate Orientation Meeting:

Feb. 5, 6 p.m.

Candidate Profiles and Answers in

Life at Ken-Caryl and at

www.ken-carylranh.org: Feb. 12

Election Postcards Mailed: Feb. 14

Election Closes: March 4, 5 p.m.

Winners are Posted Online Following the

Annual Volunteer Thank You Dinner

on March 4

Board Information

The affairs of the Master Association are managed by the five-member Board of Directors along with a professional staff. Serving three-year staggered terms, some Directors are elected each year. There are three seats on the Board that will be on the ballot for the Board of Directors election in March 2014. The two candidates who receive the most votes will be elected for three-year terms with the third candidate to serve for two years. This is being done to reestablish the staggered terms called for in our governing documents following a reduction in the size of the Board from seven members to five. The MA Board meets the third Tuesday of each month at 6:30 p.m. at the Ranch House for a Business Meeting and on the first Tuesday at 6 p.m. with the MD Board in a Joint Study Session. Board members are expected to attend

other meetings on an as-needed basis.

Candidate Information

For those of you who are interested in running for an MA Board position, an application is available online at www.ken-carylranh.org under Administration then MA Board. You can also pick one up at the Ranch House. The deadline to submit an application is Friday, Jan. 31. The KCRMA Annual Election Procedure, Rules and Guidelines can be found at www.ken-carylranh.org or picked up at the Ranch House. Please be advised that Board candidates should attend at least two MA Board and/or Committee meetings between June 2013 and the January deadline date prior to the annual election. The MA will introduce the declared candidates to the community in this publication and at www.ken-carylranh.org in February 2014.

Voting Information

Residents will receive a postcard in the mail in mid-February with instructions on how to vote electronically. Each household will vote for three candidates. The two candidates who receive the most votes will be elected for three-year terms and the third candidate will serve for two years. Voters may write in candidates. The election closes March 4 at 5 p.m., and winners will be announced soon after. The KCRMA Annual Election Procedure, Rules and Guidelines can be found at www.ken-carylranh.org or picked up at the Ranch House.



There Are A Variety Of Ways To Pay Your Dues

The 2014 monthly dues for the Ken-Caryl Ranch Master Association will remain at \$45 for residential properties and \$29 per acre or portion of an acre for business properties.

Please remember all dues payments are owed the first of the month and are late after the 15th of each month. A late charge of 10 percent will automatically be charged to your account after the 15th of the month and delinquent dues may also incur a late fee of 12 percent per year on the outstanding balance.



Youth Advocacy Volunteers Needed

Court Appointed Special Advocates of Jefferson and Gilpin Counties (CASA Jeffco/Gilpin) is steadily growing, but there continues to be a strong need for dedicated community members to become a voice for abused or neglected children in court.

CASA needs your help and support to ensure that every child in our community has a safe, permanent home. You can be the difference by becoming a CASA volunteer.

CASA volunteers are caring adults who are appointed by a judge. They provide the courts with objective information and recommendations to help ensure that a child abuse victim's best interests are served. Previous experience is not necessary, just compassion for children and the desire to make a difference in our community.

The next CASA of Jeffco/Gilpin volunteer training is scheduled for Monday, Feb. 3, 2014. The training course includes approximately 19 hours of online class assignments and 19 hours of classroom training. All in-person sessions will be held at the Jefferson County Courthouse, 100 Jefferson County Parkway, Golden, CO 80401. For more information, please contact Susan Manfredi at 303-271-6537 or at susanmanfredi@casajeffcogilpin.com.

Life at Ken-Caryl

ISSN 0899-6318

LIFE AT KEN-CARYL is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. **OUR PURPOSE** is to bring timely information to the residents of Ken-Caryl Ranch, and to be responsive to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. *Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified.* The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE

The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

Community Relations Director: Victoria DeSair, 303-979-1876, ext. 122, victoriad@kcranch.org

Email or send articles, photographs, letters to the editor and advertisements to:

Life at Ken-Caryl

c/o Ken-Caryl Ranch Master Association
7676 South Continental Divide Road
Littleton, Colorado 80127
Fax: 303-972-1272

For information on display advertisements, please call Victoria DeSair at 303-979-1876, ext. 122.

For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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Please mail or send your payment electronically by the first of each month. There is an annual coupon in the front of the book you can use to pay for the entire year.

The Master Association offers several ways for residents and businesses to pay their dues:

Automated Clearing House (ACH) Collection Service: Your assessment will be automatically debited from your checking account the business day closest to the fifth of each month. If you wish to use this service, please complete the form in the front of your coupon book and either mail or hand-deliver it with a voided check to our offices in the Ranch House. Completed ACH forms received by the 20th of the month will allow for withdrawal on the fifth of the next month. The form is also available on our website at www.ken-carylranh.org.

Online Payment Via eCheck (one-time and recurring options): You may go to www.ken-carylranh.org and use the link identified as "Pay My Homeowner Dues."

Your Bank's Online Bill Payment Service: Please complete your bill-pay setup exactly as follows:

Payee: Ken-Caryl Ranch Master Association
Address: P.O. Box 531219, Atlanta, GA 30353-1219

Account Number/Reference Number: Your 5 digit numerical account number that appears on your coupon.

Coupon Payments: Please complete your check and enclose it along with the coupon or coupons for the months you are paying in the enclosed return envelope to the Payment Processing Center in Atlanta. Payments can also be delivered to the Ranch House, but the processing center is our preferred destination. Assessment checks are processed utilizing a check scanner, turning your check into an electronic check transaction. Please mail all payments by the 1st of each month.

Online Payment Via Credit Card (one-time and recurring options): To pay with a credit card, go to www.ken-carylranh.org and click on "Pay My Homeowner Dues" under the Residents tab. There is a \$14.95 service charge for each transaction. You may want to use this option for the full-year payment.

Board Meeting Summary

MA/MD Joint Study Session

On Jan. 7, the Ken-Caryl Ranch Master Association and Metropolitan District Boards held a Joint Study Session at the Ranch House and discussed the following items:

- The Boards and Open Space Committee received a presentation by Andy Cole of ERO regarding options for managing the prairie dog colonies on Ken-Caryl Ranch. This topic was referred to the Open Space Committee for a recommendation.

- Staff presented the quarterly ADA update. The primary focus has been on the Ranch House and Community Park playground replacement projects.
- Staff presented a report on the Emerald Ash Borer and a status report on the 2013 hazardous tree removal project.
- The Boards and Community Planning Committee discussed a possible May 2014 Bond Issue Election with representatives of George K. Baum.



Would you like to know more about the new homes in Lyons Ridge in Willow Springs along the golf course at Red Rocks Country Club?

Homes being built from the \$500K including ranch style homes with golf course and open space lots.

Call Beth for more details about the development, floorplans and lot selection!



Beth Lobdell
KC Resident Since 1988
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Barrington Ridge • 5 Mountain Cedar • \$930,000

New listing coming end of February on Open Space in Deerwood Vista. Call us for details!

Wishing you the best throughout the New Year!
Beth and Jim

Jim Freiwald
KC Resident Since 1994
RE/MAX Professionals, Inc.
Direct
303-725-4483
jfreiwald@rmpro.net





Turn In Your Proxy Form For A Chance To Win A Free Month Of Dues

Pink proxy slips were mailed to all residents in December. The proxies serve to establish quorum (simple majority) at the Annual Meeting on March 4. Residents need to sign and return their proxy slip because 2,341 signed proxies are needed to hold the Annual Meeting. As of Jan. 6, the Ranch House had

received 790 proxies. You can drop off the slip at the Ranch House or mail it to KCRMA, 7676 S. Continental Divide Road, Littleton, CO 80127. You can also fax it to 303-972-1272 or scan and email the form to annettec@kcranch.org. A copy of the proxy form is printed below, and you can also download one

at www.ken-carylranh.org under the News section.

The Master Association will be having a drawing for one free month of dues. To be entered into the drawing, just return your proxy prior to the Annual Meeting on March 4.

KEN-CARYL RANCH MASTER ASSOCIATION ANNUAL PROXY
PLEASE SIGN & RETURN IMMEDIATELY
2,341 Signed Proxy Cards are needed to hold the March 4, 2014 Annual Meeting

I, as a member of the Ken-Caryl Ranch Master Association (KCRMA), and acting under the provisions of the legal instruments governing said Association, grant my proxy to the President of the KCRMA to register me as **PRESENT BY PROXY for the single purpose of establishing QUORUM (Simple Majority) TO HOLD THE ANNUAL MEETING OF MEMBERS ON MARCH 4, 2014 & ALL ADJOURNMENTS THEREOF.** This proxy rescinds all prior proxies and shall remain in effect until revoked by me, except that in any event, it shall expire no later than 11 months after signed by me. **(Your proxy CANNOT be used to cast a vote on your behalf.)**

Printed Name: _____ Signature _____

Date _____ Address _____

Please complete and return AS SOON AS POSSIBLE to:
Ken-Caryl Ranch Master Association
7676 S. Continental Divide Road
Littleton, CO 80127
Fax: 303-972-1272 or email annettec@kcranch.org

Jeffco League Of Women Voters Key In Preservation Of County Open Space

*Submitted by Ellen Stiner,
Jeffco League of Women Voters*

Jefferson County residents and visitors enjoy thousands of acres of land saved from development and preserved for future generations. The Jefferson County League of Women Voters was instrumental in bringing about this preservation by helping establish the Open Space Project in 1972.

League member Carol Karlin was so inspired by seeing open space preservation in Europe that she convinced fellow Leaguers to study land use as their local issue in 1970. The following year, Karlin and citizens concerned about unmanaged growth established PLAN Jeffco, which successfully led to passage of a ballot issue establishing the open space program. PLAN Jeffco continues its open space advocacy into the present.

The Jeffco LWV has been working to document the League's actions that forged Jefferson County's open space funding and policy. Results of the Jefferson County League of Women Voters Open Space Legacy Project will be reviewed at unit meetings this month. In the Chatfield area, the Jeffco LWV will meet at 9:15 a.m. Tuesday, Jan. 28 at St. Philip Lutheran Church, 7531 S. Kendall Blvd., Littleton. The public is welcome. Call Betsy at 303-979-0906 for more information.

The League of Women Voters is a non-partisan political organization that neither supports nor opposes candidates from any party. The League's mission is to promote informed and active participation in government and to influence public policy through education and advocacy after consideration by its members. To learn more about the Jeffco LWV, visit www.lwvjeffco.org.

CHR Michael Aden

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\$535,000 • Eagles Pointe



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14 Bark Cherry
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Ranger Field Notes

Board To Consider Re-Route Of Popular Trail by KCRMA Open Space Manager Sean Warren

The Ken-Caryl Ranch Metropolitan District Board of Directors will be considering a proposal from Open Space Department staff to re-route the northern section of Columbine Trail, in the South Hogback Open Space, at their regular business meeting in January. The meeting will be held at the Ranch House on Jan. 28 at 6 p.m.

The project will replace the most severely eroded section of trail in our Open Space trail system. Staff has been working on a re-

route design since 2010 when the Colorado Natural Heritage Program was hired to complete a biological survey of the proposed trail corridor. The survey identified an array of sensitive natural resources in the area and as a result, significant alterations were made to the original re-route design. Staff believes the final design (see map below) will protect these sensitive resources, create a trail that is easier to maintain and safer to use.

Unlike the majority of Ken-Caryl Ranch Open Space, which is owned by the Ken-Caryl Ranch Master Association and is private, the South Hogback Open Space is own-

ed by the Ken-Caryl Ranch Metropolitan District (District) and is open to the general public. As the owner, the District Board has authority over management of the area. Recently, the District Board adopted the Ken-Caryl Ranch Trails Implementation Process and Strategy (KCRTIPS), a document initially developed by the Association Board, which in part lays out a process for approving new trail projects in Open Space.

The KCRTIPS states "...As part of the annual budget preparation process, Open Space staff with involvement of the Open Space Committee, will review the trail system and

develop an Annual Trails Report that identifies trail projects that require Board approval and recommendations for specific work projects for the upcoming year..." The 2014 Annual Trails Report was presented to the Association Board at their monthly business meeting on Dec. 17, 2013.

To view the report and map of the projects, including the Columbine Trail re-route project, please visit the community website at www.ken-carylranh.org. Other documents related to the Open Space Department Trails Program also posted on the website include KCRTIPS and the Trails Projects Status Matrix.

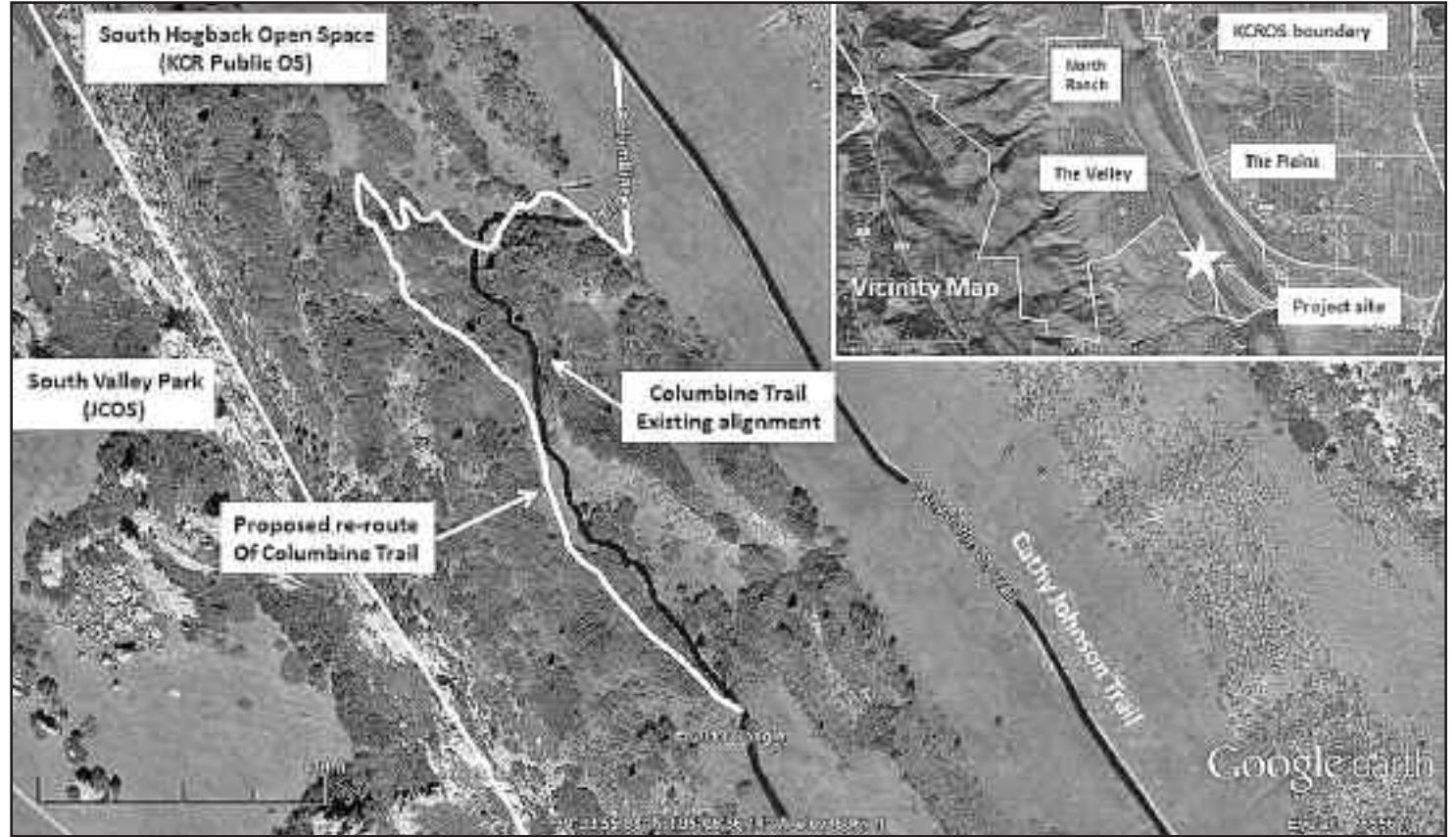
School News

First-Round Choice Enrollment Ends Jan. 24

Are you interested in enrolling your child in a school other than your neighborhood school? Colorado gives parents the choice to open enroll a student in another school on a space-available basis. Applications for first-round choice enrollment will be accepted through Jan. 24 for the 2014-15 school year.

Round-one applications are prioritized through a lottery process. Parents and guardians must complete an application and send it to their school of choice. If a student is not accepted at a school during the first-round choice enrollment, the student will remain on the prioritized waitlist and be carried over to second-round choice enrollment, which is Feb. 19 through Aug. 29. More information about the process as well as enrollment forms are available at www.jeffcopublicschools.org.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranh.



Proposed re-route of the north section of Columbine Trail in the South Hogback Open Space at Ken-Caryl Ranch Open Space.

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1992 remodeled customized two story in the Valley! 4073 SF!
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 3 car attached garage with new insulated doors, cabinets and shelving!
 Remodeled baths! Large deck with electronic awning! Terraced English Garden yard with play area with play set! Central air! Designer touches throughout!
 Custom window treatments! Fenced yard! Sprinkler system! Views!
 A Dream Home! Call today for a viewing!

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20 Amberwood Lane

Seller Just Added New Finished Basement!
 End of cul-de-sac! Backs to Open Space! .61 Acre! Mountain View Lot! Pricedless and breathtaking setting! Totally remodeled 2-story! 6100+ SF! 4 bedrooms! 4 baths! 3 fireplaces! Oversized 3 Car side load garage with built-ins! Main floor study! New roof! New windows! New carpet! New lighting! All new baths! New remodeled kitchen with granite slab countertops and new appliances! New 5-piece master "Dream" bath w/jetted tub and fireplace! Separate gated inground pool with new cover! Pool house! Decks! Patio with custom natural waterfall! Too much to mention! Won't last! A Dream Home! Call us today!

TERRITORY



11706 Blacktail Mountain • \$229,900

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 Located on prime .21 acre park-like yard! Fenced! Deck!
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View on Tour at: DDHarderProperties.Com

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 — Dave & Kathy Heins (Sellers North Ranch)

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7633 Sunshine Peak

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Field Trips And Fun At Winter Camp

The Ken-Caryl Ranch Metropolitan District had an excellent two weeks of camp for school-age kids over the winter break. Shown here are several pictures of the campers at Mid-Air Adventure on Monday, Jan. 6. The camp ran from Dec. 23 through Jan. 7 at the Ranch House. In addition to fun crafts and games at the Ranch House, campers also went on several field trips, including the Wildlife Experience, a Pepsi Center tour, the Denver Museum of Science and Nature, and several other great adventures. The Metro District also provides summer and spring break camps for children in kindergarten through sixth grade. Camps are located at the Ranch House and Community Center depending on age. Activities include daily swimming (summer only), arts and crafts, cooking, games, tennis lessons, and weekly field trips. For more information about school-age camps, contact Heather McGonagle at 303-979-4070, ext. 132.



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FROM OUR FARM TO YOUR TABLE



Ken-Caryl Ranch Metropolitan District RECREATION ACTIVITIES

For Your Information

How To Register For Classes & Events

- **Online:** Go to ken-carylranh.org and click on Registration under Programs & Activities.
- **Phone-In:** Ranch House 303-979-4070, Community Center 303-979-2233
- **Mail-In:** Download a registration form at ken-carylranh.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127.
- **Fax-In:** Ranch House 303-979-5347, Community Center 303-979-6501
- **Walk-In:** Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

New Fees For 2014

Includes Fitness/Yoga Classes, Weight Room and Racquetball

	KCR Resident	Jeffco Resident	Out of County
Daily Facility Use Fees			
Youth (18 -)	\$4.00	\$6.00	\$7.00
Adult (19 +)	\$6.00	\$8.00	\$10.00
Senior (60 & over)			
Senior	\$5.00	\$7.00	\$9.00
Monthly Facility Use			
Youth (18 -)	\$30.00	\$35.00	\$40.00
Adult (19 +)	\$40.00	\$50.00	\$60.00
Senior (60 & over)			
Senior	\$35.00	\$45.00	\$55.00
3 Month Pass			
Youth (18 -)	\$75.00	\$85.00	\$95.00
Adult (19 +)	\$105.00	\$135.00	\$165.00
Senior (60 & over)			
Senior	\$90.00	\$120.00	\$150.00

Yearly Facility Pass

Single-			
Youth/Adult	\$340.00	\$510.00	\$660.00
Family of 2	\$530.00	\$760.00	\$950.00
Senior (60 & over)			
Senior	\$245.00	\$375.00	\$490.00
Couple	\$370.00	\$545.00	\$695.00
<i>Each Additional Family Member \$45.00</i>			
Punch Pass (10 visits)			
Youth (18 -)	\$40.00	\$60.00	\$70.00
Adult (19 +)	\$60.00	\$80.00	\$100.00
Senior (60 & over)			
Senior	\$50.00	\$70.00	\$90.00
Nursery Fees			
One Child	\$6.00	\$10.00	\$12.00
Two Children	\$10.00	\$15.00	\$18.00
Three Children	\$15.00	\$20.00	\$25.00

\$

Ken-Caryl Ranch REFUND POLICY

Requests for refunds must be made **48 hours** before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$

Specialty Classes

Fencing Classes

These classes will be taught by Tom Strzalkowski. Tom was a member of the 1996 U.S. Olympic fencing team. In 1994 and 1995, he competed on the World Championship teams and was a member of the gold medal team at the Pan-American Games. He is a 1995 graduate of Penn State, at which he was the team captain in 1993 and 1994. He is a three-time NCAA champion and a four-time All-American. Tom has moved into our community and looks forward to sharing the sport of fencing with us.

Beginner Classes — Thursdays
Jan. 16 - March 6, 2014 (8 weeks)
Youth Beginner (Ages 8-16)

5:30 - 6:15 p.m.
Fee: Res: \$120, Non-Res: \$140

Location: Ranch House
Class Size: Min. 6, Max. 20
Course #28001

Call Tom Strzalkowski for additional questions at 720-334-3578.

Visit

www.ken-carylranh.org

Recreation Office Hours

Ranch House Recreation Office
(303-979-4070)

Monday - Friday • 8 a.m. - 6 p.m.
Saturday • Closed
Sunday • Closed

Community Center
(303-979-2233)

Monday - Thursday • 5:30 a.m. - 10 p.m.
Friday • 5:30 a.m. - 7 p.m.
Saturday • 8 a.m. - 7 p.m.
Sunday • 8 a.m. - 8 p.m.

Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

Nursery Hours

Community Center

Monday - Friday
8 a.m. - 3 p.m.

Hours may vary according to reservations.

Story Time

At The Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.

Ages: All ages

Dates: Fridays from Jan. 3 through April 25

Time: 10:15 a.m.

Location: Ranch House Parlour Room

Fees: FREE!



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Environmental Education

THEME FOR ALL ENVIRONMENTAL EDUCATION PROGRAMS JANUARY/FEBRUARY

Rocks, Rocks, And More Rocks & Things That Go Bump In The Dark

Build a mountain and go mountain climbing. We'll make a volcano right in our classroom. Have you ever wondered how different rocks were made? Investigate colors, shapes and uses of rocks in this exciting class. Discover the world of animals, birds and insects that come out at night. Find out how they are uniquely equipped for life in the dark. Can they really see and hear better than we can? Play some games and find out!

Junior Naturalist After School

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

Dakota Lodge Junior Naturalist Club

Ages: 5 - 10 years old
Dates: Thursdays, Jan. 9 - 30, Feb. 6 - 27
Time: 3:45 - 6 p.m.
Fee: Res: \$110, Non-Res: \$120
Location: Dakota Lodge
 (Transportation provided from Bradford Primary to Dakota Lodge.)
 Pick-up is at Dakota Lodge.
 Course #27927

Babes In The Woods: Ages 18 Months - 2 1/2 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, and participate in fun and engaging activities and use imagination and creativity in craft projects. Child must be accompanied by an adult.
Age: 18 months - 2 1/2 years old
Dates: Tuesdays, Jan. 7 - Feb. 25

Time: 9:30 - 10:30 a.m.
Fee: Res: \$52, Non-Res: \$60
 (8 week session)
 Course #27857
Location: Dakota Lodge
Group Size: Min. 6, Max. 12

Tot Discovery Time: Ages 2 1/2 To 3 Years Old

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, and participate in hand-on science experiments and use imagination and creativity. Light snacks will be included and are often integrated into the topic of the class.

Age: 2 1/2 to 3 years old
 (Must be toilet trained)
Times: Monday & Wednesday*
 9:15 a.m. - 12 p.m.
 *Please note the Wednesday class is open to 3 - 5 1/2 year olds.

Location: Dakota Lodge
Class Size: Min. 6, Max. 15
Session I:
 Course #27925
Dates: Mondays, Jan. 6 - Feb. 24
Fee: Res: \$130, Non-Res: \$150
Session II:
 Course #27926
Dates: Wednesdays, Jan. 8 - Feb. 26
Fee: Res: \$130, Non-Res: \$150

KC Kids Nature Camp: Ages 4 - 6 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, and participate in hand-on science experiments and use imagination and creativity. Light snacks will be included and are often integrated into the topic of the class.

Age: 4 - 6 years old
Location: Dakota Lodge
Times: 9:15 a.m. - 12 p.m. (Thursday)
 9:15 a.m. - 12 p.m. (Wednesday)*
 *Please note the above Wednesday class is open to 3 - 5 1/2 year olds.

1 - 3 p.m. (Wednesday)
Class Size: Min. 6, Max. 15
Thursday Morning Session:
9:15 a.m. - 12 p.m. Course #27858

Dates: Thursdays, Jan. 9 - Feb. 27
Fee: Res: \$130, Non-Res: \$150

Wednesday Morning Session*:
9:15 a.m. - 12 p.m. Course #27859
 *This class is open to 3 - 5 1/2 year olds.

Dates: Wednesdays, Jan. 8 - Feb. 26
Fee: Res: \$130, Non-Res: \$150

Wednesday Afternoon Session:
1 - 3 p.m. Course #27924
Dates: Wednesdays, Jan. 8 - Feb. 26
Fee: Res: \$110, Non-Res: \$120

Ranger Adult/ Family Programs

Programs are appropriate for adults and children ages 3 and above unless otherwise noted.

Minimum class size is 5 participants. Pre-registration is required for all programs. Call 303-979-4070, 303-979-2233 or online at www.ken-carylranh.org.

Fee: Adult - Res: \$8, Non-Res: \$10
 Youth - (3-18) Res: \$6, Non-Res: \$8
 Family - (up to 4 people)
 Res: \$25, Non-Res: \$30

Winter Coyote: The Season Of Love

January and February is the mating season for coyotes. Learn about the natural history and behavior of the local coyote population and then take a hike and search for coyote signs including tracks, scat day beds and possible sightings. Come HOWL with us.

Date: Saturday, Feb. 8
Time: 9 - 11 a.m.
Location: Meet at Dakota Lodge
 Course #27861

Adult Nature Hikes And Snowshoeing

Hiking and learning the trails of Ken-Caryl Ranch is the focus, but we can stop to look at flowers, wildlife, geology and historical sites along the way. Wear snowshoes, bring water, daypack, rain gear, snacks and lunch.

Key: E = easy; M = moderate; S = strenuous

Date	Time	Meeting Area	Adventure	Level
Friday, Feb. 7	9 a.m.-1 p.m.	Dakota Lodge	Snowshoeing (LTBA)	E/M

Need An Elegant/Casual Site For Your Party, Wedding Or Corporate Seminar?

Meeting and party space in the Ken-Caryl Ranch House may be reserved! For fee and reservation information, please call Terry or Mary Lou at 303-979-1876.

Tennis

Cardio Tennis

Cardio Tennis is a fast, fun, fitness workout that includes quick tennis rotations and running.

Please observe levels:

Res: \$10, Non-Res: \$13			
Tuesdays	9 - 10 a.m.	3.5-	Mark
Wednesdays	7 - 8 p.m.	3.5-	Mark
Fridays	8 - 9 a.m.	3.5+	John/ Leslie
Fridays	9 - 10 a.m.	3.5-	Naveed
Saturdays	8 - 9 a.m.	3.5+	Chris

Preregistration required.
 Call 303-979-2233 after 5 p.m.
 the night prior.

Cancellations made less than two hours in advance will be charged.

Indoor Tennis Fees

COMMUNITY CENTER
 (Four courts at the Community Center)

Reservations: Up to seven days in advance by calling 303-979-2233.
Cancellation Policy: Anyone cancelling an indoor court less than 24 hours in advance will be charged full fees unless the court can be resold.
Fees: Residents and Current League Participants: \$24/hour
 Non-Res. \$32/hour
 Non-Jeffco \$38/hour
 \$10/hour/Junior walk-on rate (same day reservation)

Life At Ken-Caryl Archive Online

Have you ever wanted to look back at an article or ad from a previous issue of *Life at Ken-Caryl*, but you can't find your paper? There are now archives of the paper going back to Aug. 1, 2012, on www.ken-carylranh.org under Community & News. You can download PDFs of the back issues from the site.



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Wren # 1,2 & 4
Goshawk # 3,4,6 & 7
COMPOSITE ROOFS:
Willowleaf # 16,24,26,30,46,70,98 & 100
Honey Locust # 22,23,25 & 27
Dawn Heath # 57,58,60 & 65
Wintercress # 2,5,6 & 11
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10 • Jan. 15, 2014

Life at Ken-Caryl

Preschool Programs

Registration For The 2014-15 School Year

Families currently enrolled in the Ken-Caryl Ranch Preschool will have priority registration for the 2014-2015 school year now through Friday, Jan. 17. Registration for any remaining spaces will open to the public on Tuesday, Jan. 21 for the 2014-2015 school year. All registration forms and alternative scheduling requests will be accepted on a first come, first served basis. Please download the 2014-2015 Information & Registration Form at www.ken-caryl-ranch.org and return it to the Community Center or the Ranch House. For more information regarding preschool registration, please contact Sarah Gagne at 303-979-2233, ext. 206, or sarahg@kcranch.org.

Preschool Programs

The Ken-Caryl Ranch Preschool offers a licensed preschool program and full-time child care. Our state-licensed preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation, and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow.

Options: Our state-licensed program offers half-day, extended day, and full-time child care.

Location: Community Center

Little Learners

Little Learners develop social skills through creative expression, dramatic play, sensory activities, art, stories and much more. Our play-based program gives children the opportunity to grow physically, cognitively and emotionally as they explore their surroundings.

Ages: 2 1/2 - 4 years (must be toilet trained)

Times: 9 a.m. - 12 p.m.

Explorers

Explorers will spend their days engaged in both work and play, further developing basic social and academic skill sets. With a larger focus on early literacy, math and science concepts, we will help prepare your Explorer for their exciting journey into kindergarten.

Ages: 4 - 5 years

Times: 9 a.m. - 3 p.m.

Before & After And Full-Time Child Care

Before and after-school care and full-time child care are now available for children ages 2 1/2 to 5 years, along with full day care on designated holidays and school breaks. You may choose to add either or both of these services to your preschool schedule on a monthly basis. Once your child is registered, you will receive an electronic monthly calendar to mark the days you will need care. As long as your calendar is received by designated due dates then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.) Please call for schedule and rate inquiries.

For more information on our Preschool and Early Childhood Programs, contact Sarah Gagne at 303-979-2233, ext. 206, or sarahg@kcranch.org.

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

Time: 9 a.m. - 3 p.m.

Fees: Res. \$50, Non-Res. \$65

Date: Saturday, Jan. 18

Course #27850

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LOVING CARE FOR LIVING WELL





Fitness & Wellness

Eating Right For Successful Weight Management

Level 1
Wednesday, Jan. 15, 7:15 p.m. at the Community Center with Lauren Jones
Cost: \$15
Course #27825

Learn how to reach your health and fitness goals this year through sound nutrition and exercise. *You will learn:*

- How to lose 1-2 pounds a week and keep it off
- How to increase your metabolism so you burn more calories and have energy that lasts all day
- How many carbs, proteins and fats you need a day and what a portion/serving size really looks like
- Basic exercise guidelines: tips on getting fit faster
- How to stay on track, motivated and what to do if you fall off the wagon
- How to overcome barriers like time, cravings, fear of failure and eating when bored or stressed

Includes: healthy snack ideas, informational handouts and healthy recipes.

Level 2
Wednesday, Jan. 22, 7:15 p.m. at the Community Center with Lauren Jones
Cost: \$20
Course #27826

Receive more in-depth guidance and personalized information that will ensure successful behavior change.

In this clinic you will learn:

- How to set up your own exercise program
- How many calories you need a day for your body and your goals
- How to set up your own meal plan
- Strategies for dealing with set-backs and personal barriers to success

You will also receive:

- Resting metabolic rate calculation (how many calories you need a day)
- Personalized meal plan and exercise log

KCRMD New Year's Resolution Fitness And Weight Loss Competition Began Jan. 8

Join our fourth annual fitness and weight loss competition to challenge you and your loved ones to get in shape for the New Year. This "Biggest Loser" type challenge will keep you motivated and inspired to lose weight in a fun, competitive and supportive setting.

The competition includes:

- Two-month facility pass to the Community Center!
- Free nutrition classes and healthy recipes
- Weekly weigh-ins
- Unlimited fitness, yoga, Pilates and Zumba classes
- Rewards party to announce winners on March 1 at 10 a.m. at the Community Center
- GREAT prizes for percentage weight lost and most workouts at the Community Center

Cost: Res: \$99, Non-Res: \$109
Register for Course #27824

• Register for the free two nutrition clinics (Eating Right Level 1 and Level 2):

Level 1: Wednesday, Jan. 15 at 7:15 p.m. at the Community Center
Course #27825

Level 2: Wednesday, Jan. 22, 7:15 p.m. at the Community Center
Course #27826

• Grab a fitness class schedule to plan which classes you will attend!

• Final measurements week of Feb. 24.

Additional Specials:

Medical Grade Body Fat Testing and 30 Minute Individual Consultation:

\$15 or \$10/per person for group rate. Contact Lauren to set up.

You will learn where you are at and how to get where you want to be. We will cover exercise, basic nutrition guidelines and tips to get you started.

Fitness & Yoga Schedule • Jan. 6 - Mar. 22, 2014

Classes in ALL CAPS are appropriate for beginners.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7:30-8:30 a.m.	20/20/20 Carla		20/20/20 Theresa		20/20/20 Kerry		
7:45-9 a.m.		Power Pump Theresa		Power Pump Theresa			
8-9:15 a.m.				HATHA YOGA Kari			
8:30-9:30 a.m.						Step & Sculpt Instructors Vary	
9-10 a.m.							Step & Pump Chelsea
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 a.m.	MAT PILATES Lisa HATHA YOGA Petra	Power Pump Janet	Interval Challenge Janet	Barre Pilates Lisa		
9:30-10:45 a.m.	Hatha Yoga Leslie		Power Yoga Petra	PILATES FUSION Lauren 9:30-10:30 a.m.	Yoga Petra 1 st , 3 rd , 5 th : Power 2 nd & 4 th : Hatha	ZUMBA Renate 9:40-10:40 a.m.	
10:35-11:35 a.m.	ZUMBA Elaine	Interval Challenge Janet 10:15-11:15 a.m.	ZUMBA Janet				
4:30-5:30 p.m.		Afterwork Fitness Challenge Kerry		Afterwork Fitness Challenge Kerry			
5:15-6:15 p.m.	HATHA FLOW Petra						
Evening Classes	MUSCLE SCULPT Kim • Yoga Room 6:15-7:15 p.m. MAT PILATES Lori 6:30-7:30 p.m.	ZUMBA TBA 6:15-7:15 p.m.	MUSCLE SCULPT Kim 6:15-7:15 p.m.	MAT PILATES Lori 6:30-7:30 p.m. ZUMBA 6:15-7:15 p.m. Renate			

Resolution Boot Camp

Jan. 9 - Feb. 27

Join other participants in a fun but tough class where you will burn more calories, gain strength, endurance and tone up! Be prepared for cardio intervals, muscle conditioning, lots of ab work, games and more. This is not an easy class but will be modified for all fitness levels. Choose one:

Mondays, 5:30 p.m.

Course #27827

Thursdays, 5:30 p.m.

Course #27828

More Fitness & Wellness Classes on Page 12

Personal Training

Lauren Jones will be offering 20 percent off all personal training packages and private nutritional sessions during the session. Discounted buddy/group training is available for teams.

Lauren is an exercise specialist, Pilates instructor and nutritionist and has helped people to lose weight, regain health and reach their fitness goals.

Please contact Lauren with your questions about weight loss, health, exercise, nutrition, or about the program in general at: L2S.s.jones@gmail.com OR 720-352-3638.

Red Hat Divas

The monthly meeting schedule is as follows:

Jan. 28, 2014 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)

Feb. 25, 2014 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)

Mar. 25, 2014 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

Real Results In The New Year!

NEW YEAR'S RESOLUTION #1:

- Lose desired inches
- Tighten and tone your body
- Reduce cellulite



NEW YEAR'S RESOLUTION #2:

- Tighten and lift sagging facial skin
- Reduce fine lines and wrinkles
- Reduce brown spots
- Reduce acne



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12 • Jan. 15, 2014

Life at Ken-Caryl

Fitness & Wellness

Women On Weights

Jan. 6 - Feb. 13

Mondays, 6:30 - 7:30 p.m.

Course #27821

Thursdays, 10:15 - 11:15 a.m.

Course #27822

Fee: Res. \$120, Non-Res. \$130

This is a six-week program designed just for women to learn how to train properly using the weight room to reach health and fitness goals; basically personal training in a small group setting without the cost!

In this class, expect to learn:

- The correct weights and reps to use/do to reach your goals
- How to design your own fitness program
- Proper form and technique and when to increase weight
- How to use a variety of different machines and modalities in new ways so that you never get bored
- How to train for specific events/activities and to prevent injury

You will also receive:

- Group support and camaraderie — new workout buddies!
- Workout log
- Before and after measurements
- Weekly "homework" and workouts to do on your own
- Handouts and healthy recipes

Specialty Classes

Puppy Preschool & Basic Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

PUPPY PRESCHOOL CLASSES

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

Days and Time: Tuesdays at 6:30 p.m.

Fees: Res. \$130, Non-Res. \$155

BASIC DOG OBEDIENCE CLASSES

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

Days and Time: Tuesdays at 7:30 p.m.

Fees: Res. \$110, Non-Res. \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Pi-yo Conditioning With A Foam Roller

Jan. 8 - Feb. 12

Wednesdays, 6 - 7 p.m. • Course #27820

Fee: Res. \$90, Non-Res. \$100

*Please also bring a check on the first day of class made out to L2S for \$25 to purchase your foam roller to practice at home the stretches, exercises and therapies you learn in class. If you already have a foam roller, please bring to class.

In this six-week program, we will be using foam rollers along with movements and exercises from Pilates and yoga to help you improve your posture, stay injury free, improve flexibility, joint movement and core strength. Foam rollers offer many of the same benefits as a sports massage, without the big price tag. The foam roller not only stretches muscles and tendons, but it also breaks down soft tissue adhesions and scar tissue. By using your own body weight and a cylindrical foam roller, you can perform a self-massage or myofascial release, break up trigger points, and soothe tight fascia while increasing blood flow and circulation to the soft tissues.

Through this class expect to:

- Address individual weaknesses, biomechanical deficiencies, tight joints, muscles and fascia
- Strengthen and stabilize abdominal and back muscles
- Activate the body's deep-core muscles
- Improve balance and posture, and flexibility

Questions or to register, please contact Laurel Landsman at 720-233-3461 or caninefrontier@gmail.com. Please visit Canine Frontier's website at: <http://caninefrontiertraining.com> or our Facebook page www.facebook.com/caninefrontier for more information.

At Home Alone

Does your child spend a few hours home alone before or after school due to your work schedule or other commitments? This popular entertaining workshop is designed to prepare children to look after themselves during these times. Students learn how to stay safe through interactive lessons, role play and hands-on training. Every Kidproof course is non-threatening and empowering. This famous program has helped thousands of children become more confident and to make safe choices while at home alone. Bring a sack lunch and drink.

Date: Saturday, Feb. 1

Time: 9 a.m. - 1 p.m.

Fees: Res. \$40, Non-Res. \$50

Course #28012

Location: Ranch House AV Room

Dance Classes

Denver Region Dance Academy

At Denver Region Dance Academy our emphasis is on confidence. We provide four building blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher relations and a studio environment for performances. Each class is designed to incorporate these four aspects for building confidence in your child. Denver Regional Dance Academy is a non-competitive studio believing that performances in front of friendly supportive audiences build self-esteem.

CLASS DESCRIPTIONS

Ballet & Tap I • Beginning

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the floor, love princess everything and always want to wear pink and purple? Then this class is for her! Dancers learn classical ballet skills while dancing to their favorite princess music. Together with the tap skills they learn, dancers will put the moves into routines to perform them for family and friends.

Hip-Hop • Beginning

Come join this fun, high-energy beginning dance class. Learn dance moves and routines to Taylor Swift, Stereo Hearts and TV shows like "Shake It Up," "Glee" and more. Perform for your family and friends and make it a dance party every week!

Winter Dance Classes

Dates: Jan. 14 - Feb. 18 (6 weeks)

Location: Ranch House

Fees: Res. \$63, Non-Res. \$78

Course #	Day	Ages	Class Description	Time	Location
28004	Tuesday	3 - 5	Beginning Ballet & Tap	5 - 5:45 p.m.	RH
28005	Tuesday	6 - 11	Beginning Hip Hop	5:45 - 6:30 p.m.	RH

Drop-ins for new students available. Class fee will be prorated.

Questions? Call Mikki Wright at 303-733-7982.

To register, call the Ranch House at 303-979-4070 or online at www.ken-caryl-ranch.org.



Nature News

Snowshoeing

by Environmental Education Specialist Ernie Stone



Snowshoes enable a person to walk over deep snow without sinking all the way in. This is possible because snowshoes distribute a person's weight over a large area allowing them to float on the surface of the snow. Archaeologists have found evidence that snowshoes were used 6,000 years ago in Asia. It is thought that this is how the Asians came across the Bering Strait into

North America. The original idea of using snowshoes probably came from watching animals like snowshoe hares and lynx move across the snow.

The snowshoe was a reliable means of winter transportation allowing arctic tribesmen, people from Labrador to the Great Plains, to hunt, trap and forage. During the westward expansion, traders, hunters, explorers and surveyors all depended on snowshoes.

The first snowshoes were made of bent wood and animal skins and reached lengths of seven feet. By the end of the 19th century, most snowshoe styles were about three feet long. The wooden and hide material snowshoe remained the proven style until the

1970s when metal alloy frames and neoprene fabric decks were introduced. By the late 1980s recreational use of snowshoes took off. With the new lightweight shoes, which are easy to maneuver, a general desire for aerobic activity, and a desire to have low-impact outdoor activities that the whole family can enjoy, snowshoeing has become one of the fastest growing outdoor winter sports.

Calling all adults to join me on a snowshoe hike from 9 a.m. to 1 p.m. being offered on the following dates: Friday, Feb. 7 and March 14. We will meet at Dakota Lodge and snowshoe different trails depending on where we can find snow. If you need snowshoes, give me a call at 303-973-0280 as I have a few I can loan out.

Visit www.ken-caryl.org

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County News

Tax Identity Theft Awareness

Submitted by Jefferson/Gilpin Counties District Attorney Peter Weir

The Internal Revenue Service uses your Social Security number to make sure your filing is accurate and complete and to see that any refund you are due is handled properly. If your Social Security number is lost or stolen, an ID thief may use it to report their earnings under your number and/or to claim a refund you should be receiving. Should this occur, you'll receive a letter from the IRS stating that not all of your wages were reported or that more than one return was filed for your Social Security number.

Be aware that the IRS does not initiate contact with taxpayers by email to request personal or financial information. This includes any type of electronic communication, such as text messages and social media channels.

- If you believe someone may be using your Social Security number or you receive a letter indicating a problem, contact the IRS immediately at 1-800-829-1040 and file Form 14039: Identity Theft Affidavit.
- File a report with your local police department and save the report.
- Be vigilant about guarding your Social Security number. If your Social Security number is on an older Colorado driver's license, go to the Department of Motor Vehicles and get a new driver's license. If your Military ID card has not been replaced with a new number and still has your Social Security number, then only carry that card on an as needed basis. If you have a Medicare card, make a photo copy of the original and then put the original card in a secure place. On the photocopy, blacken the first five numbers and carry that copy in your purse or wallet. On a job application, in the right-hand corner where it asks for your Social Security number, place the response: "Will provide upon hire."
- If anyone asks for your Social Security number, ask them if there is a legal requirement requiring it. Never provide it via an email or phone request.
- Remember that any business extending credit to you will require your Social Security number to check your credit history.
- Guard your tax returns; don't leave them in your car or on a copy machine. Don't carry copies around with you.

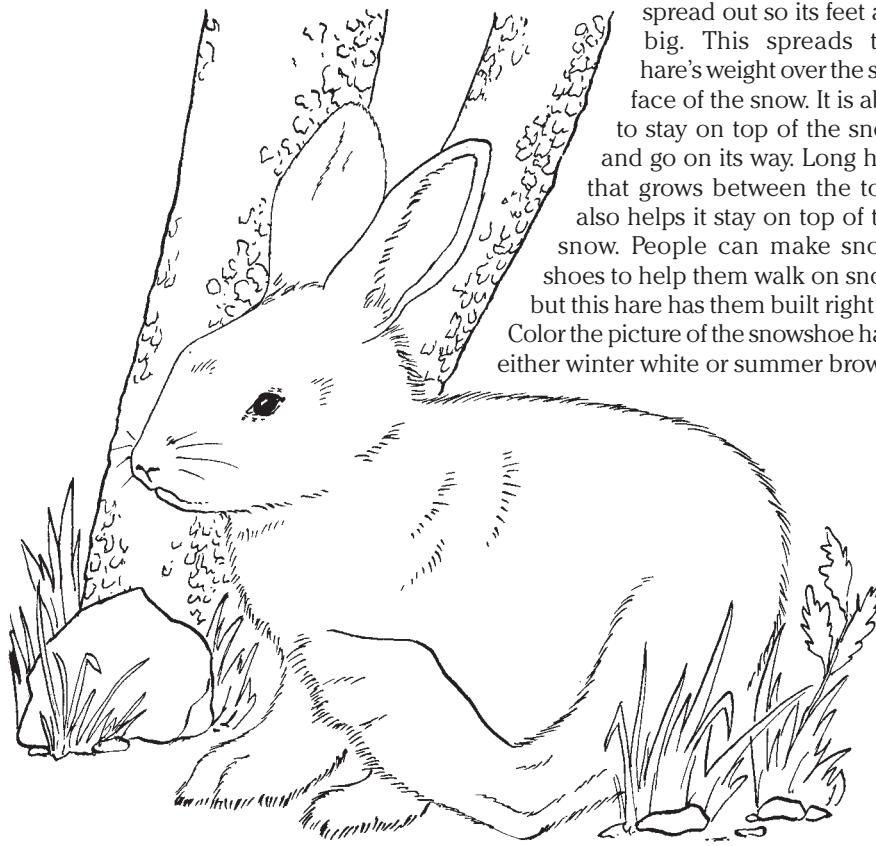
For questions or concerns, call the DA Fraud Hotline at 303-271-6980.

Choir Looking For New Members

Concordia Lutheran Choir invites you to come and sing beautiful music at Concordia's worship services during the Lent and Easter seasons. The choir is looking to add new voices. Concordia's choral director is Dr. Frank Eychaner of Colorado Christian University. The choir practices every Wednesday at 7 p.m. The location is 13371 W. Alameda Parkway in Lakewood (the church is nestled close to Green Mountain). If you have questions, please contact Dr. Eychaner at 303-963-3137.

Kids' Corner

Do you sink when you walk on snow? The snowshoe hare doesn't. A snowshoe hare has special back feet that allow it to romp on top of the snow. The toes on its hind feet



spread out so its feet are big. This spreads the hare's weight over the surface of the snow. It is able to stay on top of the snow and go on its way. Long hair that grows between the toes also helps it stay on top of the snow. People can make snowshoes to help them walk on snow, but this hare has them built right in! Color the picture of the snowshoe hare either winter white or summer brown.

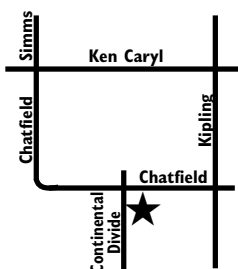
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Have You Used The Ridge Recreation Center?

KCR Residents Can Now Use Ridge Recreation Center At Foothills Resident Rates

The Boards of Directors of both the Ken-Caryl Ranch Metropolitan District (KCRMD) and the Foothills Park & Recreation District (Foothills) reached a special arrangement for residents of Ken-Caryl Ranch (KCR) to use the Foothills Ridge Recreation Center at Foothills resident rates.

The Ridge Recreation Center, which is located at 6613 South Ward St. just north of the boundary of KCR, is owned and operated by Foothills, a local park and recreation provider. Residents of KCR have always been able to use Foothills facilities as they are all open to the public. However, in the past, residents of KCR have been assessed non-resident fees for Foothills facilities as it is a separate park and recreation district. Residents of KCR do not pay property taxes to help support the facilities owned and managed by Foothills.

In November, KCRMD and Foothills entered into an Intergovernmental Agreement to permit KCR residents to use the drop-in amenities of the Ridge Recreation Center at the same daily rates as Foothills residents from Jan. 2 through Dec. 31. This agreement was reached on a one-year trial period, which



The Ridge Recreation Center is located at 6613 South Ward St. in Littleton. It is home to an indoor lap and separate leisure activity pool, a therapy pool, a gymnasium and track, a cardio weight room, racquetball courts, and a rock climbing wall.



The Ridge Recreation Center has a leisure activity pool with a current channel, floor geysers, children's play structure with tot slide, body flume slide with splash-down area and both a zero-depth and stair entry.

will be evaluated to assure that each organization is benefiting from the arrangement. The fee differential will be absorbed by the KCRMD and the Ken-Caryl Ranch Master Association.

The Ridge Recreation Center offers users

an indoor lap and separate leisure activity pool, a therapy pool, a gymnasium and track, a cardio weight room, racquetball courts and a rock-climbing wall. As part of the agreement, KCR residents will receive a special ID card issued by Foothills, which will identify

the user as a resident of KCR. ID cards cost \$5 per card charged to the user and are issued by Foothills at the Ridge Recreation Center.

The current agreement is exclusive to the Ridge Recreation Center only. The agreement does not include the special discounted fee toward use of the Edge Ice Arena, the Peak Community and Wellness Center or any other Foothills amenities. The special rate is only for the drop-in use of these amenities and does not apply to classes or youth programs.

The KCRMD Board of Directors began working on this agreement with the Foothills Board early in 2013 following results of the 2012 KCR resident survey, which showed a strong interest in the ability to use an indoor, year-round swimming pool. Details of the agreement can be found at www.ifoohills.org/kencaryl.

Please contact KCRMD District Manager Darrell Windes at darrellw@kcranch.org or 303-979-1876, ext. 114, with questions.

Foothills Animal Shelter Featured Pets



Sparta (#129436): Sparta is a handsome, 3-year-old male purebred Doberman Pincher. He is a gentle giant with a sweet personality. If you are looking for an intelligent and loyal dog that will appreciate a good run as well as resting by your side, Sparta can deliver. His adoption fee is \$250 and includes his neuter, vaccinations, microchip and health check. Visit www.FoothillsAnimalShelter.org to find out more about Sparta and many more spectacular pets like him.

Momma (#123856): Momma is a 7-year-old female domestic short hair cat. Her quiet and serene nature would bring peace into your home. Momma is currently entertaining visitors at one of our adoption partners, the PetSmart in Littleton/Ken-Caryl. Pick Your Purrfect Price! Name Momma's adoption fee, which includes her spay, vaccinations, microchip and health check. Go to www.FoothillsAnimalShelter.org to look at Momma and other magnificent pets like her.



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Celebrating 100 Years

Joseph Minissale, Ken-Caryl Real Estate Tycoon



Joseph Minissale owned Ken-Caryl Ranch from 1944 to 1949.

Submitted by Rosemary Lewis,
Ken-Caryl Ranch Historical Society

The story of Joseph Nunzio Minissale, who owned Ken-Caryl Ranch from 1944 to 1949, is a true rags-to-riches tale. He was born in Sicily in 1895 and immigrated to the United States in 1909, joining his father in Philadelphia. In Italy he was a laborer in a quarry and for stone masons.

In Philadelphia, he worked as a pipefitter and tried his hand at real estate, selling his first property at the age of 17. During World War I, he served in the Army for one year. He married Annunziata "Nancy" Piccione in 1920. Together, Joseph and Nancy operated a dress shop in Philadelphia before moving to Colorado.

In 1942, Joseph purchased the old Tammen Mansion at 1061 Humboldt Street in Denver, and in 1944 he bought the 10,000-

acre Ken-Caryl Ranch for \$250,000. Cattle, turkeys and wheat were raised on Ken-Caryl Ranch and two other ranches he bought around the same time. Minissale sold Ken-Caryl in 1949 to Cap McDannald for more than \$350,000. Around this time, he sold the Humboldt Mansion and purchased the former home of Verner Z. Reed at 475 Circle Drive in Denver, where he lived for the next 30 years. The Minissale family only visited Ken-Caryl Ranch because their permanent residence was in Denver.

Joseph made his fortune in real estate and reputedly was the first broker in Colorado to make \$100,000 in commission in a sale of land near Burlington, Colo. He sold his real estate firm in 1977, as well as his Circle Drive home after the death of his wife. Joseph died in Denver in 1990 at the age of 95.

Resident Awarded Good Neighbor Society Volunteering Works Award

Veteran Denver Realtor and Ken-Caryl Ranch resident Joan Rogliano was recently honored with the National Association of Realtors Good Neighbor Society Volunteering Works Award at the National Association of Realtors convention in San Francisco.

The Volunteering Works recipients were selected based on their dedication to the community through volunteer work and the potential for their charitable work to be expanded or improved with the help of an expert mentor.

Joan is among five selected recipients to receive a grant and a year of one-on-one mentorship from a member of the National Association of Realtors Good Neighbor Society. The grant and pro bono mentorship of Claudia Deprez will be used to grow Wildflower Women's Organization (www.wildflowerwomensorganization.org), the non-profit organization Joan recently launched to serve the needs of women and children



Joan Rogliano is a resident of Ken-Caryl Ranch and the recent recipient of the National Association of Realtors Good Neighbor Society Volunteering Works Award.

navigating the transitions of divorce and widowhood.

"It is an honor to be included in the NAR Good Neighbor Society family. We have already received invaluable guidance and support from our mentor Claudia Deprez and the NAR staff to further our vital mission of offering support to families in transition," said Joan.

Congratulations, Joan!



Editor's Note: What we know today as Ken-Caryl Ranch began on Oct. 17, 1914, with the purchase of 2,660 acres of land southwest of Denver by John Charles Shaffer. To recognize and commemorate 100 years of Ken-Caryl Ranch, Rosemary Lewis of the Historical Society will be writing articles in each issue of the paper noting historical events in and around Ken-Caryl Ranch. The series of articles will lead up to a celebration hosted by the Ken-Caryl Ranch Historical Society on Aug. 9 at the Manor House. The whole community is invited. If you have information to add to this article, please contact Jeff Allison at 303-972-0096.



Planning to Downsize your home? OR Upgrade Your Lifestyle?

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Sunday Last Day For Christmas Tree Mulching

The Ken-Caryl Ranch Metropolitan District Parks Department will be accepting Christmas trees for chipping at the Equestrian Center through Sunday, Jan. 19. Please be sure to remove any non-coniferous items, especially metallic materials and tinsel, before bringing your trees, as many materials can damage the chipping equipment. The Parks Department will recycle the mulch by applying it at the base of trees and shrubs throughout the parks and greenbelts on the Ranch

Visit www.ken-carylranh.org for updated information.



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Veterans Voice

Corporate Honor Roll

A number of local businesses have donated to the Ken-Caryl Ranch Veterans Monument. In the Jan. 1 issue, *Life at Ken-Caryl* recognized Cal and Donna Schmidt, owners of NuYo Frozen Yogurt for their contribution. This week, *Life at Ken-Caryl* recognizes the Colorado Credit Union and President Mike Williams for their \$1,000 donation to the Veterans Monument (see front page).

As a result of their generosity, the Colorado Credit Union will be recognized as a Bronze Level Benefactor. Several other corporations have donated, as well, and will be recognized in future *Life at Ken-Caryl* articles. In addition, all corporate sponsors will be recognized on the KCR Veterans Monument website at www.kcrveteransmonument.wordpress.com. Any corporation or business interested in donating money, materials, labor or expertise to the monument is strongly encouraged to contact either Byron Wicks at byronwicks@hotmail.com or 303-979-5884 or Jeff Esbenshade at esbenshad@aol.com at 303-972-3968.

Honor Bricks

Five sample Honor Bricks were ordered so the Veterans Monument Committee could inspect different fonts, styles and designs. They arrived in time for Holiday Happenings event at the Ranch House on Dec. 6. Several committee members presented the Honor Bricks, as well as the newly constructed three-dimensional model of the monument, to the Holiday Happenings visitors. Both the

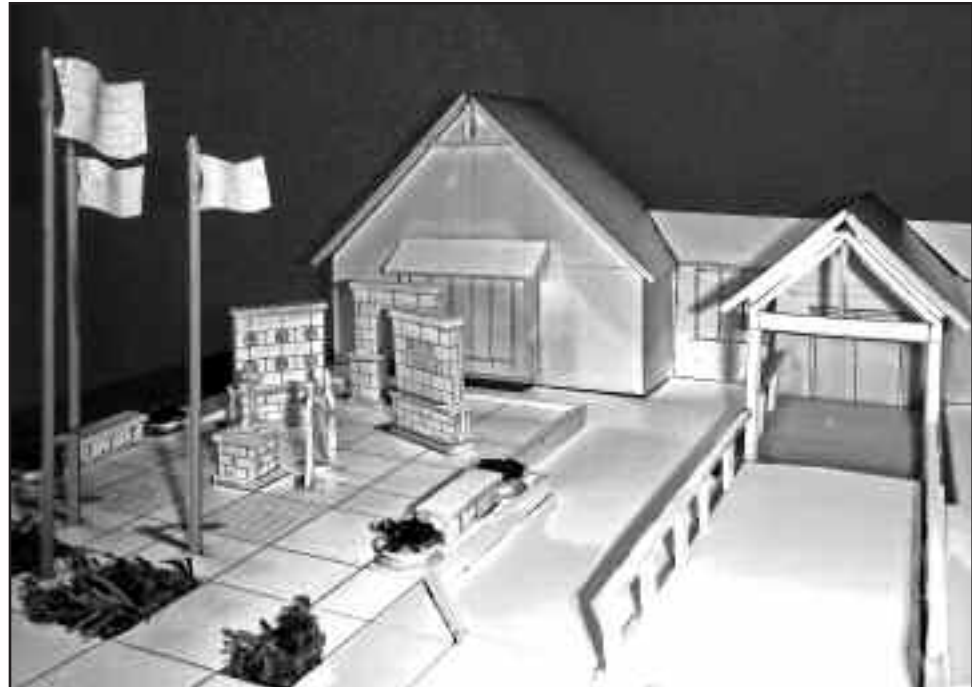


Shown here is a sample of an Honor Brick that residents can purchase for the Veterans Monument for a \$300 tax-deductible donation. Sample bricks are on display at the Ranch House and Community Center.

Honor Bricks and the model drew a great deal of interest.

Since then, 21 Honor Bricks have been purchased. A number of additional purchases have been promised. At that rate, all Honor Bricks will be committed by late spring. All Honor Bricks will become a permanent part of the Veterans Monument. You can see a sample brick and the conceptual model of the Veterans Monument on display at the Ranch House.

The committee selected a specific style, font and design for the Honor Bricks. The committee members also approved a limited number of "clip art" designs based on feedback from KCR residents who have viewed the bricks. The recommendations were presented to the Ken-Caryl Ranch Architectural Committee on Jan. 9. The specific color of the Honor Bricks cannot be determined until the colors for the monument



This three-dimensional rendering of the Veterans Monument will be on display at the Ranch House in January.



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are selected and approved.

Order forms for the Honor Brick were sent out in the Dec. 18 issue of the *Life at Ken-Caryl*. Additional order forms are located at both the Ranch House and the Community Center. The \$300 or more donation required for the purchase of one of the Honor Bricks is tax-deductible. A process has been established so Honor Bricks can be purchased with a credit card at \$100 per month for three months. There are a limited number of Honor Bricks available for purchase, and they are expected to be sold out by late spring.

How Do I Donate?

Donations are currently being accepted and all donations can be sent to the following address:

Ken-Caryl Ranch Veterans Monument
Attn: Darrell Windes
7676 South Continental Divide Road
Littleton, Co, 80127

Checks can be made payable to KCRMD, and please put "Veterans Monument" in the memo line. Be sure to enclose the Honor Brick order form if that's what your donation is for. You can also pay with credit cards online at www.ken-carylranh.org through the "Register for Classes" link, or you can stop by the Ranch House or Community Center and pay with a check, cash or credit card. Please note that the Veterans Monument Fund has to pay a fee for each credit card transaction, so your donation can stretch even more if you pay with a check or cash.



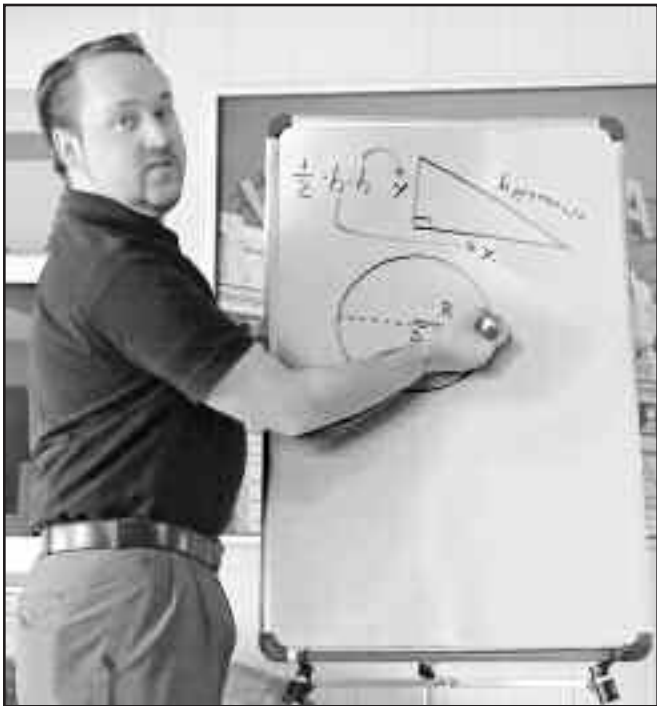
Minding Our Business

Raising The Bar Academic Coaching

**Resident's Business
Specializes In
Math, Science And
Standardized Test Tutoring
by Community Relations Director
Victoria DeSair**

Are your kids struggling in math and science and you aren't sure how to help them? Raising the Bar Academic Coaching might be the solution you need. The business was started nearly a year ago by Dan Van der Vieren of the Eagles Pointe neighborhood on Ken-Caryl Ranch.

Raising the Bar provides in-home, affordable, one-on-one and small group academic coaching services starting at \$30 per hour in a variety of subjects, but the company specializes in math, science and ACT/SAT/ Accuplacer test preparation. The company also offers convenient Skype tutoring for \$25 per hour. The academic coaches are all equipped with the knowledge to re-teach the material and are often students or recent graduates themselves, which allows them to be more closely connected to the current teaching methods and curriculum within the schools.



Dan Van der Vieren and his academic coaches at Raising the Bar prefer to use white boards and markers to emulate the classroom environment. This helps all students, especially the visual learners.

Dan has been tutoring privately for the past five years, but he founded Raising the Bar to provide a reasonably priced, quality tutoring alternative for families. The motto of the business describes how Raising the Bar inspires students to fulfill their potential: "Set new standards. Reach new heights. Raise the bar."

"Parents seek to find the right match for their son or daughter but become so overwhelmed with all the options that they often cannot get the help soon enough," said Dan. "I had several initial goals: I sought to keep prices affordable so parents could receive help for their child without breaking the bank; I wanted to provide a trustworthy and reliable service; and I wanted to create a brand whose name explained its mission: to push students to reach their fullest potential by 'Raising the Bar.'"

In addition to tutoring services, Dan has written a study guide called the "Run-To-Reference." The first volume is a colorful, 26-page, spiral-bound manual that provides a quick refresher of pre-algebra math concepts. Dan is currently writing the second volume, as well as practice ACT math exams. All new clients will receive a free hour of academic coaching by Dan when they order the "Run-To-Reference" manual for \$25. Dan will even deliver the manual to Ken-Caryl Ranch residents, and residents can pay upon delivery.

Raising the Bar employs four academic coaches in addition to Dan. "All of our academic coaches are more than tutors and homework-helpers. We follow the acronym S.M.A.R.T.2, which stands for Study-Guide, Mentor, Advisor, Role-Model, Teacher and Tutor," said Dan.

Currently, about 30 percent of Raising the Bar's clients are on Ken-Caryl Ranch. New clients are often gained through referrals. Dan said receiving referrals from satisfied students and parents is one of his favorite parts of the business because it confirms successful results and the confidence those clients have in Raising the Bar.

Raising the Bar is offering a free trial hour (attached to the free one-hour consultation) for all new clients who mention this article. To find out more about Raising the Bar, visit www.rtbcoaching.com, call 720-509-9782 or



email dan.v@rtbcoaching.com.

Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or victoriad@kcranch.org.

Area Spotlight

Littleton Symphony Orchestra Concert

The Littleton Symphony Orchestra will be performing "Great Stories in Music: The Fantastic Story of Peer Gynt" on Friday, Feb. 7 at 7:30 p.m. at Littleton United Methodist Church, 5894 S. Datura St. in Littleton. Tickets are \$15 for adults, \$12 for seniors and free for youth 21 and under. They may be purchased ahead online at www.littletonsymphony.org or at Gorsett Violin Shop, 8100 S. Quebec Street, B206 in Centennial. Tickets are also available at the door on concert night. For discounted group tickets (10+) or for more information, call 303-933-6824 or email info@littletonsymphony.org.

Visit www.ken-carylranh.org

Birthday Parties At The Equestrian Center

Let the horses help you celebrate your birthday! Put on some boots and get ready to saddle up for a great time at the barn!

Your birthday party starts with getting your horse ready to ride. Experience grooming a horse and helping put on its saddle and bridle. Then it is time to get on and ride! Don't forget the camera!

Afterward, enjoy the beautiful surroundings of the Ken-Caryl Equestrian Center. Feel free to use our picnic tables to enjoy your party treats or open gifts. If the weather is not cooperating, you can also use our living room in the office.

\$90 for the first three children.
\$15 for each additional child.

Payment and final number of attendees is due one week prior to event.

Call for reservations: 303-972-8456.

The new year brings a time for reflecting on who we are, where we are going, and for being grateful for what we have. Keep love in your heart, kindness in your words, peace in your mind and a smile on your face throughout 2014.



**Thank you to all
my friends
and neighbors
for a
wonderful
2013.**

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Our Rising Generation

Ken-Caryl Pianists Win National And International Awards

Submitted by Janet Ali,
Red Rocks Piano Studio

Fifteen youth pianists from Ken-Caryl Ranch were winners of the 2014 United States International Duo Piano Competition. Among the winners were Maria Ali, Fletcher Buhl, Brendan Coggins, Lauren Daniels, Rory Devin, Madeline Eiken, Gabrielle Hess, Bethany Kempe, Maxwell Kempe, Owen Kempe, Claire McCollough, Julianne McCollough, Ethan Wang and Mia Wang.

All of these children played in the winners' concerts held at the Broadmoor Hotel on Jan. 3, 4 and 5. Top performer awards were given to those judged to be the best performers among the winners over the weekend festivities. Bethany Kempe and Monica Ochoa, sixth-graders at Bradford Intermediate School, won the coveted third place award in their age categories. As this was an international win, it qualifies the girls for other international competitions abroad.

Other notable awards in 2013 included Maxwell Kempe who earned the 15 Piece Early Bach Plaque through the National Guild of Piano Teachers, Gabrielle Olinger who earned her fifth year of 10-piece memorized



Bethany Kempe and Monica Ochoa won third place in their age categories at the 2014 United States International Duo Piano Competition.

National Guild Programs, and Maria Ali who won the Golden Key Music Festival composing competition and performed her composition on the piano in Vienna, Austria, as part of the Vienna Summer Music Festival in July 2013.

To earn the special national award, the Early Bach Plaque, Maxwell Kempe memorized 15 Bach pieces over the course of one year, as well as the accompanying scales and chord cadences. He played them successfully for a guild judge in May 2013. Max-



Maxwell Kempe earned the 15 Piece Early Bach Plaque through the National Guild of Piano Teachers.

well was pictured in the *National Guild Magazine*, which came out in September 2013.

Gabrielle Olinger completed her fifth year of 10-piece memorized National Guild Programs in May 2013 and played these piano pieces and accompanying scales and chord cadences successfully for a guild judge in May 2013. Gabrielle was pictured in the September *National Guild Magazine* in 2013 for this impressive accomplishment.



Maria Ali participated in the winners' concert as part of the Vienna Summer Music Festival.

Maria Ali won the Golden Key International Composing Competition in 2013 and played in Ehrbar Hall in Vienna, Austria, in July 2013. She played her composition alongside other winners from numerous countries around the world. She also completed her seventh year of 10-piece memorized National Guild Programs and was recognized for this in the *National Guild Magazine* in September 2013.

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Deadline 5 p.m. on Monday, Jan. 20, for the Jan. 29, 2014 issue of *Life at Ken-Caryl*.

Email to victoriad@kcranch.org

Put the Pieces Together for a Comfortable Retirement

For most people, social security will just be one piece of the retirement puzzle. In fact, for the average worker, social security benefits will replace only 40% of their last income.

The reality is that achieving a comfortable and secure retirement will take planning. This includes:

- Setting a savings goal
- Maximizing tax-advantaged accounts, such as variable annuities
- Strategically allocating assets

In planning for retirement, many people find it helpful to enlist the aid of a financial consultant. Start putting the pieces together today — ask me to help you develop and implement a retirement investment program.

Contact me today for more information or to schedule a one-on-one consultation.

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From The Sheriff's Desk

Have You Ever Hesitated To Call The Sheriff's Office?

Submitted by Sheriff Ted Mink

It is a shame that some people are reluctant to report suspicious activity in their neighborhood. Perhaps they think that what they see is not serious enough to report or believe they would be deterring a deputy from other law enforcement duties.

While this may be true, it is disheartening to hear citizens say they should only call when they see an actual crime in progress so as not to waste finite police resources on something less than a real crime. What the average citizen may not know is that simple suspicious activity reports can save valuable investigative resources and time spent in solving the crimes.

A few weeks ago, a resident awoke to find her personal belongings strewn in the front yard. Apparently, her car had been trespassed and the glove box and console disheveled. She didn't notice anything missing so she reasoned that it wasn't necessary to report. It wasn't until she learned that five other neighbors had been victims that she called the Sheriff's Office. Ultimately, the suspect was charged with First Degree Trespass to Motor Vehicles due in part to her providing specific details about the incident.

Oftentimes, a deputy is dispatched to check on suspicious activity and will discover that the person in question actually is wanted on an outstanding arrest warrant. In such a case, the person is arrested immediately.

Prompt And Detailed Reporting

Prompt and detailed reporting of suspicious activities can help prevent crimes. If you see suspicious activity, please report it so local law enforcement officers can respond quickly. When reporting suspicious activity, it is helpful to give the most accurate information possible, including:

- Brief description of the activity
- Date, time and location of the activity
- Physical identifiers of anyone you observed
- Descriptions of vehicles
- Information about where people involved in suspicious activities may have gone
- Your name and contact information (optional)

All Jefferson County residents should know there are two different phone numbers with two distinct functions for the Sheriff's Office. Contact the Jefferson County Sheriff's Office at 303-277-0211 to report suspicious activity that is not in progress. If there is a life-threatening emergency or the activity is ongoing, please call 911. Simply put, an emergency is any situation that requires immediate assistance from the police, fire department or ambulance.



Sheriff Ted Mink

Important: If you're not sure whether the situation is a true emergency, we recommend calling 911 and letting the call-taker determine whether you need emergency help.

Report A Crime Online

In Jefferson County, you cannot access 911 help via text message or email, although new technology and regulations are anticipated that will make this possible in the future. In the meantime in an emergency, dial 911 from a regular or wireless phone to access emergency help.

In the circumstance that a crime is committed in unincorporated Jefferson County that is not an emergency or traffic accident, did not involve a weapon, and there are no known suspects, you may report this incident online. Some examples of appropriate online reporting incident types include: harassing phone calls, lost property, car break-ins, theft and vandalism. The Sheriff's Office offers an address wizard tool to determine if the address in question is in unincorporated Jefferson County, a list of other area police departments, and finally, the File a Crime Online site all linked from jeffco.us/sheriff. All Ken-Caryl Ranch addresses are in unincorporated Jefferson County.

Rugby Club Looking For New Players

SWARM Rugby is a high school rugby club combined from Columbine, Chatfield, Dakota Ridge, D'Evelyn, Front Range Christian and Mullen schools. It is actively recruiting new players for the 2014 season. SWARM competes against other clubs and high schools across the Denver area from January through April. Rugby is one of the fastest growing sports because it's a fun, international team sport. It is all about camaraderie, not just among teammates, but with the competition as well. For more information, please email swarmboysrugby@gmail.com.



Classifieds

Life at Ken-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m.-5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd., Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on Monday, Jan. 20 for the Jan. 29, 2014 issue. Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. A Classified Ad Form may be downloaded at www.ken-caryl.org. If mailing your ad, please proof it CAREFULLY, provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

PERSONAL

LOST & FOUND

MEN'S LEATHER JACKET FOUND — Left in the Conference Room at the Ranch House the last week of November. Possibly by a resident looking at roofing materials. Call 303-979-1876.

BUSINESS

REAL ESTATE

FOR RENT — SPACIOUS SUNSET RIDGE TOWNHOUSE — 2 Story, 4 Bedroom, 2.5 Bath, Loft, Patio, Central Air, Attached 2 car Garage, Lots of Storage, KCR Amenities, Move in Now! Call 303-979-3655.

OFFICE SPACE — Converted residence has one (1) open space office of 560 sq. ft. for \$750/month with access to kitchen and conference room. Located south of fire training facility at Hampden frontage road @ Kipling. 303-985-3415.

FOR RENT — NEWLY REMODELED HOUSE — Four bedroom, basement, 2 car garage, Valley cul-de-sac. No pets. \$2,400/mo. 3/978-1685(H), 7/635-6592(C).

GOODS & SERVICES

AKC ROYAL STANDARD POODLE PUPPIES — for sale, 9 weeks M & F. Black, Chocolate, Brindle & Red. 719-495-4468. paddyspoodles.com.

PIANO LESSONS — Haven't you always wanted to play piano? Wouldn't you like your kids to learn, too? The New Year is a perfect time to start! Study with internationally acclaimed performer, recording artist and experienced instructor and learn to play piano at your own pace — right here in Ken-Caryl! Call Lisa Downing at 303-979-7011 x1.

DOGGY DAYCARE IN MY HOME — Please call for rates and details. Kris 3-979-4793.

EDGE AND TUNE — Support High School ski racing! I'll give your skis or board an awesome tune and wax for \$20 with the same TLC I give my race skis. 100% of proceeds go to cover my racing expenses. Same week service. Located in the KC Valley. 303-973-4889 or Equinn125@gmail.com.

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GARBAGE DISPOSAL REPLACEMENT — Why call a plumber? Call for a very affordable price! Brian at 303-956-7380.

SPANISH TUTOR — Beginning and advanced levels. Highly experienced teacher. Educated in Spain. Degreed. Dan 720-620-0373.

POLISH CLEANING SERVICE — Premium quality, competitive prices, trained, insured. 303-900-3227.

HIGH SCHOOL MATH TUTOR — Colorado School of Mines graduate. www.Algebra2CalculusTutor.com. In-person or online tutoring. Free 1st session. Ken-Caryl resident. David Cowan 303-949-1989.

DECKS, BASEMENT, KITCHENS, BATHROOMS, ETC. — Quality work for the right price. Call Greg, 303-960-6859.

CLASSICAL GUITAR INSTRUCTION — After teaching seven years at Colorado State University and 22 years at the University of Denver, retired music professor is starting a private teaching studio at his Ken-Caryl residence. He's a winner of seven major international guitar competitions including Andres Segovia International, Tokyo International and Guitar Foundation of America International Guitar Competitions, and still tours around the U.S. and beyond. All levels, including children, welcome. Please go to www.masakazuito.com for contact information.

TRASH HAULING — CALL BERNIE — 303-347-2303. 7-Days — Furniture, Appliances, Junk, Carpet, etc.

DOG WALKING & PETSITTING — Affordable, reliable. Chris 303-902-8128.

MASTER ELECTRICIAN — Residential specialist for over 20 years. KC Resident. Free estimates. Ask for discount with ad. Redman Electric 303-948-5892.

IMMEDIATE SERVICE — 7 DAYS A WEEK — 303-810-8818. Small and tiny jobs most welcome. NEW INSTALLATION & REPAIRS — Faucets/sinks/toilets/garbage disposals. Electrical new/re-wire. Breaker boxes installed. New installation of ceiling fans. Insured. Gary Harmon. 20 yrs experience. Bonded.

MISCELLANEOUS

MUSIC LESSONS — No school program? Learn to play saxophone, clarinet, flute or oboe with Larry Campbell, formerly with Douglas County Schools. 720-344-8828.

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Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, shovel snow, house sit or pet sit. To be included on the list, teens should email their name, number and a list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122.

Categories: (B) Babysitting; (L) Lawn care; (P) Pet and house sitting; (S) Snow shoveling.

Name, Age	Phone	Services
Dylan Ahearn, 17	303-906-1018	L
Sean Ahearn, 17	303-906-1137	L
Emma Ahern, 16	303-765-4924	P
Stephen Barton, 17	720-253-6110	L, P, S
Sarah Bielefeld, 13	303-506-8630	B, P
Christina Bigger, 13	720-981-4521	B, P
Josh Blarr, 13	720-318-4605	B, L, P, S
Olivia Boyd, 14	720-400-9710	B, P
Nolan Byrnes, 12	720-530-9272	L, P, S
Hannah Calahan, 17	303-667-3985	B, P
Paul Castellano, 12	720-940-3655	B, L, P
Wil Crane, 13	303-979-8707	B, L, P
Daniel Dominguez, 13	720-648-3178	P, S
Carly George, 15	303-250-8502	B, P
Wil George, 17	720-382-6910	B, L, P, S
Sam Gerbus, 16	303-250-6079	B, L, P, S
Taylor Gohl, 16	303-807-8476	P
Chuck Henderson, 13	720-231-6068	B, L, P, S
Ben Iverson, 13	303-932-8275	L, P, S
Oliver Kauffman, 12	303-979-9577	B, P
Dominic Lasco, 13	303-979-6206	L, P, S
Morganne LaVigne, 15	303-475-7341	B, P
Sloan Lyons, 15	720-569-4883	B, P
Hadley Marx, 13	720-380-4671	B, P
Ashley McFerrin, 13	303-979-6559	B
Ryan McKenna, 13	720-261-2869	B, P, S
Robby Nelson, 13	303-904-8886	B, L, P, S
Alexandra Newsom, 13	303-325-5232	B, L, P, S
Lauren O'Connor, 12	720-982-7981	B, P
Sean O'Dell, 16	720-371-1957	L, P
Max Packebush, 12	720-949-4482	L, P, S
Rhiana Parker, 13	720-275-2000	B, P, S
Tucker Payne, 18	720-936-3049	L
Dillon Reisinger, 16	303-973-2469	L
Seth Reisinger, 12	303-973-2469	P
Reanna Schafer, 13	303-808-0373	B
Carlee Shute, 13	303-903-0504	B, P
Hannah Topka, 18	303-829-1841	B, P
Cole Torgerson, 11	303-933-9988	B, P
Jake Trovinger, 15	303-932-7352	P
Kyra Turner, 15	303-495-8670	B, P
Eli Yeagley, 13	720-363-6440	B, L, P, S
Sam Yeagley, 15	720-363-6440	B, L, P, S

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

Ken-Caryl Ranch License Plate Holders For Sale

Want to show your Ken-Caryl Ranch pride? You can now purchase a Ken-Caryl Ranch license plate holder for \$5 at the Ranch House or Community Center. Proceeds from the sales of the license plate holders will go to preserving the history of Ken-Caryl Ranch.

SHOVELING SIDEWALKS SERIOUS BUSINESS

The Ken-Caryl Ranch Master Association Board of Directors wants to make sure everyone knows that shoveling sidewalks/passageways on all sides of houses is the responsibility of residents. Please be sure that these areas are cleared for the safety of children walking to and from school, firefighters, trash collectors, postal carriers and others who must use these routes. Please also make sure fire hydrants are clearly visible and accessible at all times.

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\$50⁰⁰ OFF!
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