



# Life at Ken-Caryl

Vol. XXXVI, No. 1

Ken-Caryl Ranch Master Association • www.ken-carylranh.org  
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Jan. 2, 2013

## Dues Coupon Books And Proxy Information

The 2013 homeowner association dues coupon books were mailed the first week of December. Letters were mailed the first week of December to those who pay by ACH or signed up to opt out of a coupon book. If you did not receive a coupon book or letter, please contact Annette Chavez at 303-979-1876, ext. 112 or annettec@kc ranch.org.

Dues are now \$45 per month for residential properties. Please remember all dues payments are owed the first of the month and are late after the 15th of each month.

Also, please return your pink proxy slip. Ken-Caryl Ranch Master Association by-laws require that an Annual Meeting of KCRMA members be held the first Tuesday in March of each year. In order to hold that meeting, at least 2,342 members must be represented either in person or by proxy at the March 5, 2013 Annual Meeting. If you are unable to attend the 2013 Annual Meeting, you can return the pink proxy card to the Ken-Caryl Ranch House, 7676 South Continental Divide Road, Littleton, CO 80127. Without your proxy, the meeting cannot be held.

## Christmas Tree Mulching

The Ken-Caryl Ranch Metropolitan District Parks Department will be accepting used Christmas trees for chipping at the Equestrian Center through Sunday, Jan. 20. Please be sure to remove any non-coniferous items, especially metallic materials and tinsel, before bringing your trees, as many materials can damage the chipping equipment. The Parks Department will then recycle the mulch by applying it at the base of trees and shrubs throughout the parks and greenbelt areas on the Ranch.



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## KCR Park Rangers Receive Award From Colorado Parks And Wildlife

Jerrie McKee, District Wildlife Manager for Colorado Parks and Wildlife, presented a plaque recognizing the Ken-Caryl Ranch Park Ranger staff for the contributions they make toward managing wildlife on Ken-Caryl Ranch.

The Rangers work closely with Colorado Parks and Wildlife throughout the year and handle several wildlife issues, allowing Colorado Parks and Wildlife to concentrate their efforts in other areas. The Rangers normally field around 200 wildlife phone calls a year. In 2012, they removed 41 dead deer on Ken-Caryl Ranch.

"The Rangers spend countless hours educating residents about the abundance of wildlife in their community," said Jerrie. "They help share our message about responsible coexistence and encourage residents to take an active role by minimizing attractants and respecting wildlife."

"Managing wildlife/human conflict is a big part of our program," said Ken-Caryl Ranch Open Space Manager Sean Warren. "I

think this award demonstrates just how special our relationship is with Colorado Parks

and Wildlife, and that is a huge benefit for the community."



Shown here from left to right are KCR Park Ranger Matt Oven, KCR Park Ranger Gary Norton, Colorado Parks and Wildlife District Wildlife Manager Jerrie McKee and KCR Open Space Manager Sean Warren.

## Heroes Among Us Heartland Hero Essay Contest Thrives At Bradford Intermediate School

Submitted by Capt. Tom Bush and Kevin Larson, Board Members of the Capt. Jason Dahl Scholarship Fund

With recent events, it is more important than ever to give our school children a source of optimism and a focus for positivity in their lives. We are happy to be able to share with our community a program we are proud to support that helps address this need.

In 2011 the members of the Capt. Jason Dahl Scholarship Fund, in conjunction with

Bradford Intermediate School Principal Sam Palamara and the 5th-grade teaching team, instituted a new program at Bradford Intermediate School. It was the 10th anniversary of 9/11, and the Board members of the Scholarship Fund had made great progress in our goal to establish a lasting national memorial in Capt. Dahl's honor for his sacrifice as pilot of United Flight 93 on that fateful day.

But local board members felt that there was more that we could do to ensure Jason's

memory was also kept alive in the community that he was so happy to have made his home. With the intent to introduce him and inspire the next generation of Ken-Caryl Ranch residents, we established the Heartland Heroes Essay program.

Last year was the inaugural event; every student in the 5th grade at Bradford Intermediate wrote an essay in which they described a personal hero in their life. These essays were collected and reviewed by the 5th-grade team, and winners were determined. The entire 5th grade was assembled, the winners were announced and each of them had the opportunity to read their essays in front of the assembly. The winners were given a certificate and a \$100 award in recognition of their achievement. In addition, each year the winners have their names permanently inscribed on a plaque located in the school library. The Heartland Hero plaque is made possible through a generous donation from the Club Z! tutoring agency owner Leslie Berlinberg.

The Heartland Heroes program continued this year, with the assembly taking place on Oct. 23 with each winner again delivering a heartfelt description of the hero in each of their lives. We are proud to share this year's winners with the entire community:

- 1st Place – Hadley Jenkins
- 2nd Place – Nick Stone
- 3rd Place – Jonathan Waller
- Honorable Mention – Max Petrasek

Principal Sam Palamara proudly said, "The Jason Dahl Heartland Hero Essay fits with our

Continued on Page 4



Pictured here are the 2012 Heartland Hero Essay Program winners along with members of the Capt. Jason Dahl Scholarship Fund and Club Z! Tutoring. 1st row, left to right, Jonathan Waller, Nick Stone, Hadley Jenkins and Max Petrasek. 2nd row left to right, Tom Welborn, Kevin Larson, Dave Dosch, Tom Bush, Leslie Berlinberg and Principal Sam Palamara.

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A covenant protected community



# Manager's Column



by KCRMD District Manager Darrell Windes

At its Board meeting on Dec. 11, 2012, the Ken-Caryl Ranch Metropolitan District Board of Directors adopted the 2013 budget and certified the 2013 mill levy. The 2013 budget was adopted as a status quo budget from 2012 levels with no increase in service levels or property tax rates. The Board, as part of the adopted budget, allocated some of the fund balance from the Youth Services Fund to balance the Operating Fund to avoid a reduction in service levels to the community for 2013.

During the past two years the District has lost significant assessed valuation due to the drop in property values both in Jefferson County and throughout the state of Colorado. The drop in property values both in the state and nationwide was the direct result of the recent recession from which the county is just now emerging. All signs point to improving property values for Ken-Caryl Ranch over the next several years, which will certainly help the Metropolitan District's revenue picture in the future.

As we now enter a new year, the Metropolitan District has already started preparing for the 2013 spring and summer activities. There is always a lot of work to do to prepare the facilities and pools for the upcoming busy summer months. Included in the 2013 Metropolitan District budget are funds allocated for replastering the Community Center swimming pool and new pool furniture and shade umbrellas for the Ranch House pool.

In addition, several improvements are planned for 2013 to allow better access to Ken-Caryl Ranch amenities based on criteria established in the Americans with Disabilities Act. An improvement project of the Metropolitan District that is currently under way this winter and spring is the building of covered dugouts as well as installing new backstops at the two baseball fields at the Community Park.

The Metropolitan District has also begun a major planning project for 2013 to develop a master plan for the Community Center campus. The Metropolitan District in 2011 received a joint venture grant through Jefferson County Open Space to assist in developing this plan. A community meeting has been scheduled for Wednesday, Jan. 30 at 6 p.m. at the Community Center to review ideas on the plan and request public input on the future of the Community Center campus. The master plan is scheduled to be completed by May of this year. Watch for more updates and information on this process in upcoming issues of *Life at Ken-Caryl* and on the Ken-Caryl Ranch website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

## Community Calendar

Upcoming events/meetings are as follows (all meetings/activities will be at the Ranch House unless otherwise stated):

**BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.**

### JANUARY 2013

Friday	4	10:15 a.m.	<b>Story Time</b> — Every Friday beginning Jan. 4
Tuesday	8	6 p.m.	<b>MA/MD Joint Study Session</b>
Tuesday	15	6:30 p.m.	<b>MA Board Meeting</b>
Tuesday	22	6 p.m.	<b>MD Board Meeting</b>

### COMMITTEE/TASK FORCE MEETINGS

**Architectural** — the second and fourth Thursday at 7:30 a.m.

**Covenant** — third Wednesday at 4 p.m.

**Historical Society** — Wednesday, Jan. 16, 2-4 p.m.

**MA Finance** — Monday, Jan. 14, 5:30 p.m.

**Open Space** — Thursday, Jan. 24, 7 p.m., Dakota Lodge

All days and times are subject to change. Please visit [www.ken-carylranh.org](http://www.ken-carylranh.org) for updated information.

For more information about a particular meeting or a specific committee, please call 303-979-1876 or visit [www.ken-carylranh.org](http://www.ken-carylranh.org).

To stay up-to-date on the latest news, make sure to like us on Facebook at [www.facebook.com/ken-carylranh](http://www.facebook.com/ken-carylranh).

## Important Reminders From Waste Connections

• **Auto Dial Service:** Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting [www.wcdenver.com](http://www.wcdenver.com). Once you are at [www.wcdenver.com](http://www.wcdenver.com), please click on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom

of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.

• **Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pickup day falls on a holiday or within the same week as a holiday, your collection schedule will run one day late.

• **Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service totes/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.

• **Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or [www.wasteconnectionsofcolorado.com](http://www.wasteconnectionsofcolorado.com) for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.

• **Service Problems:** If you are experiencing service problems or have a missed pickup, please call VP of Operations Bill Maupin directly at 303-520-2698.

Check Out Valuable Information On Our Website • [www.ken-carylranh.org](http://www.ken-carylranh.org)

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### Ken-Caryl Ranch Master Association

Board of Directors:  
Paul Camp, Chris Figge, Dennie McGarry, Dan Mullins and Valerie Walling.

MA Executive Director Chris Pacetti  
[chrisp@kcranch.org](mailto:chrisp@kcranch.org) 303-979-1876, ext. 116  
Ranch Ranger (mobile phone) 303-901-6890

### Ken-Caryl Ranch Metropolitan District

Board of Directors:  
Jeffrey Esbenschade, Robert Generoli, Lauri Lehan-Milano, Ryan Rhinehart and Dennis Sykes.

District Manager Darrell Windes  
[darrellw@kcranch.org](mailto:darrellw@kcranch.org) 303-979-1876, ext. 114

Parks, Open Space, Sprinklers  
(weekdays) 303-979-1876  
(after hours, weekends) 303-979-1876, ext. 320  
Recreation Activities, Ranch House 303-979-4070  
Community Center 303-979-2233  
Environmental Education 303-973-0280

To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information.

# Covenant Clips

## What A Great Year!

by KCRMA Community Standards Administrator Julie Kearful

As we have beckoned goodbye to 2012 and welcomed in the New Year, I would like to say what a pleasure it was to serve you during the past year. I wish all the best for each of you in 2013. I offer a huge thank you to those of you who appreciate the documents we live by and who have been supportive of the covenant and architectural processes throughout 2012. Many residents were busy

throughout the year working on home improvements that have both made a difference in their lives and enhanced Ken-Caryl Ranch.

Thanks for the opportunity to do my part in keeping Ken-Caryl Ranch a fabulous place to call home and please stop by the Ranch House any time to say hello. I always look forward to meeting new folks. Don't hesitate to call me at 303-979-1876, ext. 119, or email [juliek@kcranch.org](mailto:juliek@kcranch.org) should you have any covenant or architectural questions or comments.

# Ranger Field Notes

## Open Space ID Bracelets For 2013-16

by KCRMA Open Space Ranger Matt Oven

It's a well-known fact among readers of this paper that the best trails at Ken-Caryl Ranch are private and on land owned and managed by the Ken-Caryl Ranch Master Association.



If you've spent any time on trails like Lost Canyon, Manor House, Massey Draw, Hogback or Colorow, you've probably been stopped by one of the Master Association's Park Rangers. As a required job duty, the Ranger will ask, "Are you a resident of Ken-Caryl Ranch? Where do you live?"

It can be unpleasant to some to keep repeating this information and briefly stopping their activity. The fact is that the Park Rangers have no way of knowing whether the people they see on the trails are indeed authorized to be there unless they stop every individual and determine their residency status.

You can avoid those situations by acquiring a Ken-Caryl Ranch Open Space Identification Bracelet. If you are wearing the bracelet while using the trails and a Park Ranger approaches, he/she will recognize the highly visible ID bracelet and, as long as you are obeying all of the posted rules, you will not be stopped by a Park Ranger.

A trail hiker may place the bracelet on their wrist, backpack strap on chest, or on a

dog leash handle. There are only two locations on a bike to put the ID bracelet, the handlebars or the stem. Please do not place bracelets in any other area like the wheel hub, seat stem, rear part of frame, helmet, CamelBak, etc. Park Rangers only see a frontal view (see picture) of an oncoming biker and have approximately one second to review a bike to see a bracelet before the biker has to be stopped or allowed to pass unencumbered. Allowing only two areas to place a bracelet speeds up the decision-making for the Park Rangers and reduces the chances of stopping a biker.

To obtain your own blue ID bracelet (if you have a PINK bracelet it is no longer valid) go to the Ranch House Recreation Office at 7676 South Continental Divide Road or the Community Center at 1 Club Drive beginning Jan. 2. You will need to complete a simple registration form and provide one item below to show proof of residency:

1. A valid Colorado Driver License with current KCR address.
2. A valid Colorado ID with current KCR address.
3. A valid property tax statement with the applicant's name for the current KCR address.
4. A valid warranty deed with the applicant's name for the current KCR address.

There is no cost. Bracelets are issued one per individual and are not transferable. All bracelets expire at the end of 2016 at which point new bracelets will be issued. Most importantly, **it is not mandatory to have an ID bracelet when using Ken-Caryl Ranch Open Space**, but if you don't have an ID bracelet, be prepared to stop and answer questions from a Park Ranger.



This picture shows the proper placement of a trail ID bracelet on a bike.

# Now Hear This

## Your Journey From Mourning To Joy

GriefShare is a special weekly seminar/support group for people grieving the death of someone close. It's a place where you can be around people who understand how you feel and the pain of your loss. At GriefShare, you'll learn valuable information that will help you through this difficult time in your life.

GriefShare groups meet every Tuesday from 6:30 to 8:30 p.m. at The Rock of Southwest, 10393 W. Alamo Place in Littleton. New session beginning Jan. 22. For more information, contact Vicki at 303-881-3555 or Dennis at 303-549-2675.

## Issue Discussion Group

How about a no-cost opportunity to talk and think about the issues of our time? No membership fee, no sign up, no obligations, no commitments and no charge! This group meets the third Thursday of every month from 1 to 2:30 p.m. at Café del Sol, 6th and Garrison in Lakewood. You just pay for what you order off the menu. The next meeting is Jan. 17, and immigration will be discussed. The Feb. 21 meeting will cover the future of China.

This group is organized by North Ranch resident and former State Representative John McElderry, along with Russ Haas and Dee Oltmans. For more information, contact John at 303-973-1330.



## Your Dues & Taxes At Work



Sections of the siding and front of the Ranch House were deteriorating, and the Master Association recently hired a contractor to replace the wood. The total cost of the project was around \$11,000. Some of the wood was original to the Ranch House, which was built in 1975. Due to exposure to the elements, the wood was splintering, cracking and rotting.

## Board Summary

### MA Board Meeting

The following is a summary of items from the Dec. 18, 2012, business meeting of the Ken-Caryl Ranch Master Association Board:

Jerrie McKee, District Wildlife Manager, Colorado Parks and Wildlife presented a plaque recognizing our Ranger staff for the contributions they make toward managing wildlife on Ken-Caryl Ranch.

Staff presented plans for the 2013 Stallion Pointe and Dawn Heath Trails projects.

A proposal from Crown Castle to purchase the Master Association lease with T-Mobile was discussed. Staff was directed to gather additional information and schedule further discussion.

**Committees:** Board member committee liaisons reported on the activities that their committees have been engaged in for the past month.

**Motion:** A motion adopting the amended Open Space Committee job description was approved.

**Motion:** A motion appointing 2013 committee members was approved.

**Motion:** A motion approving the amended Access to Association Records Policy was approved.

**Motion:** A motion authorizing the Board President to sign the amended Open Space Agreement with the Metropolitan District was approved.

## Life at Ken-Caryl

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LIFE AT KEN-CARYL is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. **OUR PURPOSE** is to bring timely information to the residents of Ken-Caryl Ranch, and to be responsive to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. *Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified.* The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

### NOTICE

The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

Community Relations Director: Victoria DeSair, 303-979-1876, ext. 122  
victoriad@kcranch.org

Email or send articles, photographs, letters to the editor and advertisements to:

### Life at Ken-Caryl

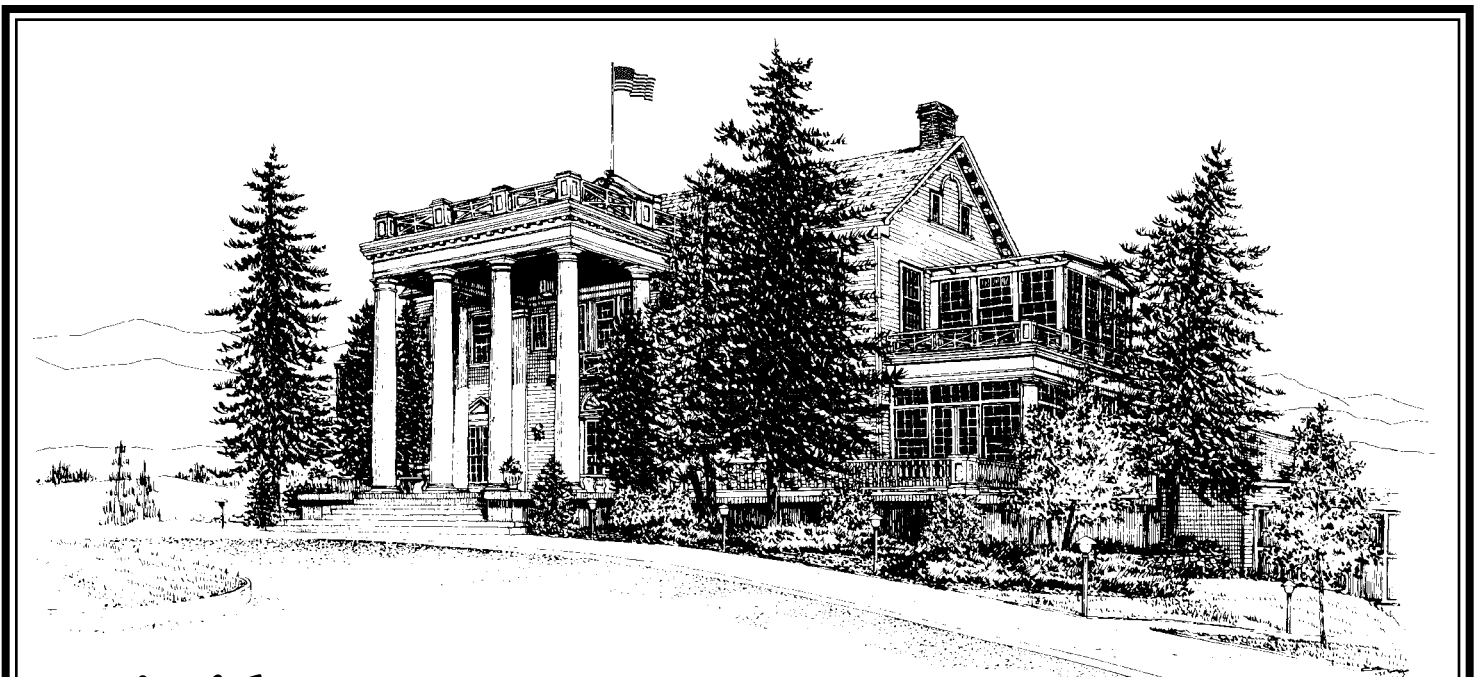
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Littleton, Colorado 80127  
Fax: 303-972-1272

For information on display advertisements, please call Victoria DeSair at 303-979-1876, ext. 122.

For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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# The Manor House

## New Hours Open To The Community!

For the entire 2013 year, our lounge will be open  
**Monday, Tuesday and Wednesday evenings from 5-10 p.m.**  
We will have happy hour cocktail specials every evening  
and also a revamped food menu!

## Residents Of The Community Can Now Join The Manor House Club

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# Heartland Hero Essay Contest Thrives At Bradford Intermediate School

Continued from Page 1

school theme of 'Building Our Future.' The heroes that the 5th graders wrote about are the role models that the students look up to as they grow, learn and develop positive character traits. The heartfelt essays that the children wrote are very personal and usually about someone with a very close connection to them. This makes writing the essay very authentic since they are writing about a person special to them and to a specific audience. Over the past two years, the Heartland Hero essays have brought out the best in our students, and it has been embraced by our school community."

Please join us in congratulating each of this year's winners, and thanking the entire Bradford 5th-grade team and Principal Palamara for their enthusiastic embrace of the concept of heroes. The Ken-Caryl Ranch community has much to be proud of, and we are pleased to help provide a vehicle to bring this pride out in our next generation.

Thanks to the success and reputation of the Heartland Heroes program at Bradford, it has been expanded to include Mortensen and Stony Creek elementary schools this year. As of this writing, more schools in the area are also showing interest in the program.

Pride, community, hopefulness and hero-



The 5th grade class at Bradford Intermediate School listened intently while the Heartland Hero Essay Contest winners read their essays.

ism are all values that have become more important than ever in every school child's life, and we are happy to be able to play a part in supporting these values within our community.

For more information on the Capt. Jason

Dahl Scholarship Fund or to share comments or suggestions, please visit [www.dahlfund.org](http://www.dahlfund.org).



Bradford Intermediate School Principal Sam Palamara talks to the kids about the importance of the Heartland Hero Essay Contest.

## School News

### First-Round Choice Enrollment Starts Jan. 9

Are you interested in enrolling your child in a school other than your neighborhood school? Colorado is one of 17 states that give parents the open enrollment choice. Applications for first-round enrollment will be accepted Jan. 9 through Jan. 24, 2013 for the 2013-14 school year.

It's important to remember that students will be accepted on a space-available basis. Additionally, round-one applications are prioritized through a lottery process. Parents and guardians must complete an application and send it to their school of choice. More information about the process is available at [www.jeffcopublicschools.org](http://www.jeffcopublicschools.org).

### Chatfield Senior High School Open House

Chatfield Senior High School is hosting an open house on Wednesday, Jan. 9, 2013, from 6:30 to 8:30 p.m. Building tours will be available at 5:30 p.m. and 5:45 p.m., and the assembly begins at 6:30 p.m. Chatfield offers more than 40 advanced placement/honors/college credit courses; award-winning music, theater and arts; more than 140 electives in 13 areas of concentration; more than 25 extracurricular opportunities; and 23 varsity sports. For more information about the school, visit [www.chargepride.com](http://www.chargepride.com).

### Ute Meadows Kindergarten Information

Parents of children who will be attending kindergarten in 2013-2014 are invited to Ute Meadows Elementary School for an information night on Jan. 15, 2013, from 7 to 7:30 p.m. There will be child care in the evening. Parents are also invited to observe our kindergarten classrooms on Jan. 15, 2013, from 10 to 11 a.m. Interested parents please call 303-982-4044 to RSVP. Kindergarten registration will be held Jan. 22-28, 2013, from 8 a.m. to 3 p.m. Birth certificate, immunization records and proof of residency are required. For out of attendance area students, choice enrollment forms are due between Jan. 9-24, 2013.

### Shaffer Elementary Kindergarten Information

Kindergarten classroom visits are available on Thursday, Jan. 17, 2013, for parents who are new to Shaffer Elementary. Parents can visit the full-day classroom from 11:45 a.m. to 12:45 p.m. and the half-day classroom from 10:50 to 11:20 a.m. Please call the school office at 303-982-3901 to let them know you are coming. The visits are for adults only. Please check in at the office on the day you reserved.

There will be a kindergarten parent information night (adults only) on Wednesday, Jan. 16, 2013, from 6 to 7 p.m. in the gym. Kin-

dergarten registration begins Tuesday, Jan. 22, 2013. First-round choice enrollment applications will be accepted at Shaffer from Jan. 9, 2013, through Jan. 24, 2013. Forms are available on the Jeffco Schools website at [www.jeffcopublicschools.org](http://www.jeffcopublicschools.org). Parents of choice-enrolled students are welcome to attend the visitations and the parent information night.

### Bradford Elementary Kindergarten Information

Bradford Elementary will hold kindergarten registration for the 2013-2014 school year Jan. 22-28, 2013, from 8 a.m. to 4 p.m. at the Primary Building at 1 White Oak Drive. Your child must be 5 years old on or before Oct. 1, 2013, to be eligible for kindergarten.

You need to bring the original, notarized birth certificate (copies will not be accepted), proof of residency (driver's license or utility bill) and proof of immunizations in progress or completed. The medical, religious and personal exemptions continue to be in effect.

Placement in the regular kindergarten program (2-1/2 days) is on a first-come, first-served basis. Placement in the tuition-based, all day, every day program will be filled by lottery. An informational meeting for the tuition-based, all-day program will be held on Thursday, Jan. 10, 2013, at 7 p.m. at Bradford Elementary.

To be eligible for the lottery, you must register your child between Jan. 22-28, 2013. The monthly cost of tuition-based kindergarten is yet to be determined; however, the cost is expected to remain at \$300 a month. A deposit of \$300 will be required at registration for your child to be placed in the lottery. If you need to withdraw your child from the lottery or class any time up until the first day of school, \$150 will be retained from your deposit. The lottery will be held on Friday, Feb. 1, 2013, at 3:45 p.m.

#### Bradford Elementary Kindergarten Options:

- Option 1:** Monday Morning (9:10 to 11:40 a.m.)  
All Day Wednesday & Friday (9:10 a.m. to 3:40 p.m.)
- Option 2:** Monday Afternoon (1:10 to 3:40 p.m.)  
All Day Tuesday & Thursday (9:10 a.m. to 3:40 p.m.)
- Option 3:** Tuition-Based All Day, Every Day Program (9:10 a.m. to 3:40 p.m.)

Call the school office at 303-982-3480 for more information. School times and schedule are subject to change. If you have neighbors with kindergarten students who will be coming to Bradford, please share this information with them. We want to register all kindergartners during this week if possible. Prices and times are not finalized and are subject to change.

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**Wishing you and your family a wonderful 2013!**



# Ken-Caryl Ranch Senior Club Begins Its 30th Year

Submitted by Marilyn Norris

In 1983, a group of women in an exercise class at the Ranch House decided that it would be fun to meet monthly with their husbands, and what started as a monthly happy hour grew to monthly potluck suppers in the Ranch House Lounge. It was named The Fabulous Fifties, for reasons that charter members Marj and Dick Taylor, who are still with the group, have no idea.

The name was changed to the Ken-Caryl Ranch Senior Club a few years ago to better reflect its membership. The Senior Club is a

social club of both couples and singles, aged 55 and better, and new members are always welcome. It still meets in the Ranch House lounge (there is a lift to the second floor) the second Friday of each month, with few exceptions, from 5:30 to 9 p.m. for a potluck supper and program. One extra off-site event is planned each month as well. Four members volunteer to take leadership roles for a three-month period to plan the suppers, programs and extra event.

Some programs/extra events in recent months were lunch at Keys on the Green in

Evergreen, a brunch and performance at Heritage Square, the traditional football weekend in Colorado Springs to watch the Falcons beat New Mexico at the Air Force Academy, sightseeing for non-football fans, the traditional Thanksgiving potluck with turkey and all the trimmings, and the Christmas dinner/dance at Concordia on the Lake. The group also enjoyed a guitar performance by R. Michael Rhodes, whose CD titled "Please Remember Me" was recently released and is moving up on the charts. His parents, Mary Jane and Bob Rhodes are mem-

bers of the Senior Club.

Plans for the winter quarter include a talk about fine arts painting, lunch at Rox Bar & Grill in January, a glass-maker presentation, brunch and a performance at Heritage Square in February, an old movie night, and a visit to a car museum in March. The next meeting will be Jan. 11 at 5:30 p.m.

Members usually carpool to the off-site events so that those uncomfortable with driving can still attend. We average 40 members, and dues are \$24, payable in January, prorated after June. If you are a senior, and this sounds interesting to you, please come join us. You need not bring anything the first time, but an RSVP is appreciated for planning purposes. Please call Marilyn Norris at 720-922-2077 for details and to RSVP.

## Ken-Caryl Parent Network

### Join KCPN And Enjoy Some Great Events

Submitted by Keri Pugh

KCPN would like to say a big thank you to everyone that helped organize the Mom's Night Holiday Party. What a fun evening with amazing food and friends! A special thank you to Susan Schell for hosting in her beautiful home and to the team of ladies who helped with the planning: Anna McMillan, Gwen Klebba, Nicole Kurland, Stacy Gregg and Patty Smith.

Several KCPN members also attended the cookie exchange on Dec. 17. Participants brought two-dozen of their favorite holiday cookie, along with the recipe, to share and barter with.

Watch for the fun to start all over again in the New Year as the Special Interest Groups get back to business and a wellness program of events is launched! Mark your calendars for an evening of yoga and meditation on Jan. 8, followed on Jan. 12 by a course on healthy cooking with "Naturally Nutritious"



KCPN members enjoyed a cookie exchange on Dec. 17.

author and "Plant-Based for Health" blogger Jessica Mullins!

See more details on other upcoming KCPN events at [www.bigtent.com/groups/kcpn](http://www.bigtent.com/groups/kcpn).

Membership inquiries can be sent to [info@kencarylparents.com](mailto:info@kencarylparents.com). The KCPN looks forward to seeing you at an event in the New Year!

### Jonathan A. Braun, Esq.



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Former KCRMA Board Member

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Visit KCR's new website [www.ken-carylranh.org](http://www.ken-carylranh.org) for updated information on upcoming meetings and other events.

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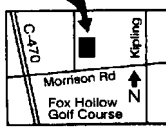


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# Deer Creek Animal Hospital Helps Save Local Homeless Dogs' Lives

Deer Creek Animal Hospital announced on Dec. 14, 2012, that it is the first animal hospital in the Rocky Mountain region to sell FreeHand super-premium dog food and introduce FreeHand's buy-one-give-one business model to Colorado. For every pound of



Premier Care with the Compassion Your Pet Deserves.

dog food sold through Deer Creek Animal Hospital, FreeHand will donate an equal amount of premium-quality food to Colorado Animal Rescue Express (C.A.R.E.), Colorado Coonhound Rescue, Retriever Shepherd of Colorado or Snowcapped Shepherd Rescue.

"We are proud to be the first veterinary hospital in Denver to offer FreeHand dog foods. We were immediately drawn to the company's buy-one-give-one mission and are very enthusiastic about incorporating the FreeHand program into our hospital," said Dr. Dan Brod, DVM, CEO of Deer Creek Animal Hospital. "FreeHand pet food is made from the highest-quality ingredients and contains no wheat, corn or soy, so our veterinarians feel good about recommending these products to our clients," he said.

What makes FreeHand's program unique is its local focus. Donated food stays in the communities where it is bought. Just as Deer Creek Animal Hospital chose four local rescues to receive donated food, participating resellers (retail stores, ancillary services and veterinarians) across the country designate recipients from a list of local rescue groups and shelters screened and approved by FreeHand. All recipient groups must adhere to strict criteria set by FreeHand to ensure the humane treatment of the ani-

mals in their care.

"When people learn about our cause and how easy it is to be part of this growing, socially conscious movement that benefits their own communities directly, they want to get involved. As a result, the program is spreading like wildfire," said FreeHand co-founder and Managing Director Tom Bagamane. "We are delighted to add our latest Denver area partners

to FreeHand's growing number of enthusiastic resellers and rescue organizations that are embracing our mission to save homeless dogs' lives across the U.S."

"Colorado Animal Rescue Express is so excited and extremely grateful to be one of the beneficiaries of FreeHand's generous program," said Linda Fox, co-founder and transport coordinator with Colorado Animal Rescue Express. "The cost of dog food is a huge problem for the groups that we help, from shelters, to foster-based rescues. This program is literally a lifesaver because it will enable these groups to spend the money



Based in Dallas and Los Angeles, FreeHand is a super-premium pet food company committed to "conscious consumerism" and saving homeless dogs' lives. For more information, visit [www.lendafreehand.com](http://www.lendafreehand.com).

that they previously spent on food for vet care, including spay/neutering, microchipping, vaccinations and even emergencies. Helping homeless animals find forever homes is our passion. It is wonderful to be associated with two organizations that genuinely share our mission. Deer Creek Animal Hospital and FreeHand are going all out to save homeless dogs with this innovative and

original program."

Since opening in Littleton almost 30 years ago, working with rescue groups has been an integral part of Deer Creek Animal Hospital's long-term dedication to community service. FreeHand provides an additional opportunity for Deer Creek to continue its commitment to the community, while benefiting animals across the country.

## Ken-Caryl Resident Concert Pianist Lisa Downing Piano Recital

Submitted by Pete Foster, Vision Quest Entertainment

Ken-Caryl resident and world-renowned concert pianist Lisa Downing held a piano recital for her students at the Chatfield Event Center located at Pianos N' Pianos, 10143 West Chatfield Ave., on Dec. 9, 2012.

Lisa is a multiple award-winning, international concert artist who has performed all over the world with musicians such as Liz Story, David Lanz, Suzanne Ciani and Peter Kater, to name a few.

Lisa, who has lived with her family in Cimarron since 1998, has recorded three albums in addition to her recent inclusion on the prestigious "Best of Reviews New Age" compilation CD. All of her recordings can be sampled and purchased at her website, [www.LisaDowning.com](http://www.LisaDowning.com). In addition, Lisa has recently recorded several tracks for her upcoming fourth album for release in 2013.

In addition to her concert career, Lisa owns Vision Quest Entertainment, a talent agency in Colorado, which has been providing quality, live entertainment for corporate and private events since 1982. Lisa also finds time to teach piano privately right here, in her Ken-Caryl Ranch home. Her piano studio currently has openings for students of all levels.



Left to right: Ron Wyncoop, Larry Gitlin, Paige Zickerman, Mia Wang, Isabella Mestas, Julia Morgan, Sadie Morgan and Ethan Wang, along with instructor Lisa Downing in the center back.

## Jeffco League Of Women Voters Continues Fracking Study

The Jefferson County League of Women Voters will continue its study of hydraulic fracturing (fracking) at the second of two meetings on the subject. The focus of this second meeting will be on the environmental impact of fracking. The public is invited to attend. Attendance at the first fracking meeting is not necessary. With so much over-the-top citizen concern about this procedure, the League's study will be dispassionate and non-alarmist, but thorough and factual.

A meeting in the South Jeffco area will be held on Tuesday, Jan.

8 at 9:15 a.m. at St. Philip's Lutheran Church, 7531 S. Kendall Blvd. in Littleton. For more information about this meeting, call Elaine at 303-979-3721.

The League of Women Voters is a nonpartisan political organization encouraging informed and active participation in government, working to increase understanding of major public policy issues, and influencing public policy through education and advocacy. For more information about the Jeffco LWV, visit [www.lwvjeffco.org](http://www.lwvjeffco.org).

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## Art Notes

### Ken-Caryl Art Guild Collects Art Supplies For Charity

The Boys & Girls Club of Metro Denver was the recipient of art supplies donated by members of the Ken-Caryl Art Guild at their annual Christmas party held at Deer Creek Golf Course, Thursday, Dec. 13.



Always a much-anticipated occasion for the Guild, this year again offered the catering services of Bill Weller, events manager at Deer Creek Golf Course. He cooked up a delicious Italian buffet for the event, which was held in the festively decorated Antler Café where he hosts many events throughout the year.

Adorning the walls is current artwork by Guild members fitting the winter theme. Exhibits change out every few months.

To reward the donors of art supplies, Chick-fil-a, located at Kipling and C-470, kindly donated coupons for free sandwiches. Paints, paper, containers, palettes, markers, clay and other art supplies were collected that evening and delivered to the Boys &



Photo by Bruce Nall

Ken-Caryl Art Guild members enjoy their Christmas party.

Girls Club the following day. According to their mission statement, the Boys & Girls Club of Metro Denver is committed to providing arts programs year-round for their members at a time when many public schools are removing arts from their curriculum.

From music and dance to printmaking, Claymation, and more, the arts program enables youth to develop creativity, self-confidence, self-expression and skills of fine art

and digital art production. The clubs are the only place where many of the youth they serve can have access to painting supplies, performing arts, computers and movie-making software.

In January, the Ken-Caryl Art Guild will return to their monthly meetings, which are scheduled for the second Thursday of each month at Rox Bar & Grill in Littleton. The public is invited to attend the art-related pro-



Photo by Gail Firmin

Art Guild member Larry Perkins in front of artwork by Kyle Banister.

grams at 7 p.m., which follow the business meetings. See the website at [www.ken-caryl.org](http://www.ken-caryl.org) for more information.

## Reduce Single Occupant Vehicle Travel RideArrangers Replaced By 'Way To Go' Service

The Denver Regional Council of Governments (DRCOG) announced the launch of a new public awareness campaign to reduce Single Occupant Vehicle (SOV) travel and unveiled a new brand name to represent these efforts, officially retiring the familiar RideArrangers brand. The new brand, Way to Go, helps reduce traffic congestion, improves air quality, and saves people money. Way to Go also describes a better means of commuting: for some, carpooling or taking transit is the "way to go," for others, biking to work is the "way to go."

In 2011, DRCOG Executive Director Jennifer Schaufele led an effort, later adopted by the Board of Directors, to create an alliance with six Transportation Management

Associations to cooperatively promote responsible commuting options region-wide. A new brand name was needed to represent these efforts; Way to Go seemed like the perfect fit. DRCOG has spearheaded local efforts to help commuters find carpool partners since the 1970s gas crisis, using the name RideArrangers since 1987.

"In the beginning, we identified matches by putting pins on a giant map," said Schaufele. "Of course we now use online software, and our ride-matching service has expanded well beyond just carpool matching for work commutes to include school carpools for busy parents as well as vanpools for larger groups."

Over the years, DRCOG's efforts have evolved

to include promotion of a host of services, all focused on reducing SOV travel. DRCOG is well-known for organizing Bike to Work Day, the second-largest event of its kind in the nation, and also promotes transit ridership, telework and flex work schedules.

The Denver Regional Council of Governments is a nonprofit collaborative association governed by a Board of Directors representing 56 county and municipal governments. Board members work together to make life better in the Denver region. Through Metro Vision, the plan to manage growth over the next 25 years, the region's local governments work cooperatively to address development, land use, transportation, environmental quality and older adult issues.

### SHOVELING SIDEWALKS SERIOUS BUSINESS

The Ken-Caryl Ranch Master Association Board of Directors wants to make sure everyone knows that shoveling sidewalks/passageways on all sides of houses is the responsibility of residents. Please be sure that these areas are cleared for the safety of children walking to and from school, firefighters, trash collectors, postal carriers and others who must use these routes. Please also make sure fire hydrants are clearly visible and accessible at all times.



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# Ken-Caryl Ranch Metropolitan District RECREATION ACTIVITIES

## For Your Information

### How To Register For Classes & Events

- **Online:** Go to [ken-carylranh.org](http://ken-carylranh.org) and click on Registration under Programs & Activities.
- **Phone-In:** Ranch House 303-979-4070, Community Center 303-979-2233
- **Mail-In:** Download a registration form at [ken-carylranh.org](http://ken-carylranh.org) by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127.
- **Fax-In:** Ranch House 303-979-5347, Community Center 303-979-6501
- **Walk-In:** Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

### Recreation Office Hours

#### Ranch House Recreation Office (303-979-4070)

Monday - Friday • 8 a.m. - 6 p.m.  
Saturday • Closed  
Sunday • Closed

#### Community Center (303-979-2233)

Monday - Thursday • 5:30 a.m. - 10 p.m.  
Friday • 5:30 a.m. - 7 p.m.  
Saturday • 8 a.m. - 7 p.m.  
Sunday • 8 a.m. - 8 p.m.

### Nursery Hours

#### Community Center

Monday through Friday • 9 a.m. - 3 p.m.  
Hours may vary according to reservations.

### Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

## Tennis Information

### Stroke Of The Week

Fridays 10 - 11 a.m. with Christina

Fees: Res: \$11, Non-Res: \$14

Course #	Date	Stroke
26059	Jan. 11	Forehands
26060	Jan. 18	Serves
26061	Jan. 25	Overheads/Lobs
26062	Feb. 1	Volleys
26063	Feb. 8	Backhands
26064	Feb. 15	Forehands

### Cardio Tennis For Adults

Fees: Res: \$10, Non-Res: \$13

Please Observe Levels:

Tuesdays	9 - 10 a.m.	3.5+	Mark
Wednesdays	9 - 10 a.m.	3.5-	Christina
Wednesdays	7 - 8 p.m.	3.5-	Christina
Fridays	8 - 9 a.m.	3.5+	John/ Christina
Fridays	9 - 10 a.m.	3.5-	Christina

Pre-registration required.  
Call 303-979-2233 after 5 p.m.  
the night prior.

Cancellations made less than two hours in advance will be charged.

### Next Session Of Tennis Lessons

Jan. 8 - Feb. 23

Junior Lottery Deadline was Dec. 16  
Adult Registration began Dec. 12  
Schedules are available online.

### Doubles Match Coaching Clinics

Receive tactical match coaching during doubles match play. Players should sign up as a group of four in set doubles teams. Players will be coached throughout the match on shot selection positioning and tactical adjustments. Contact Mark Chomko at [markchomko@yahoo.com](mailto:markchomko@yahoo.com) to reserve a date and time.

Coaching clinics will take place on Wednesday mornings. (Some weekend times also available).

### Indoor Tennis Fees

#### COMMUNITY CENTER

#### (Four Courts at the Community Center)

**Reservations:** Up to seven days in advance by calling 303-979-2233.

**Cancellation Policy:** Anyone cancelling an indoor court less than 24 hours in advance will be charged full fees unless the court can be resold.

**Fees:** Residents and Current League

Participants: \$24/hour  
Non-Residents: \$32/hour  
Non-Jeffco: \$38/hour  
Junior walk-on rate  
(same day reservation): \$10/hour

### 2012 TENNIS LESSON FEES

1 Hour Lesson	Resident	Non-Resident
Group: 6	\$13/pers.	\$16/pers.
Group: 5	\$15.50/pers.	\$18.50/pers.
Group: 4	\$19.50/pers.	\$22.50/pers.
Group: 3	\$26/pers.	\$29/pers.
Semi Private	\$31/pers.	\$34/pers.
Private	\$56	\$60
90 Minute	Resident	Non-Resident
Group: 6	\$19.50	\$22.50
Group: 5	\$23.25	\$26.25
Group: 4	\$29.25	\$32.25

\$

### Ken-Caryl Ranch REFUND POLICY

Requests for refunds must be made **48 hours** before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$

## Fitness & Wellness

### Belly Up To The Barre

The new ballet-inspired classes out there are all designed for one purpose: to help you achieve a slim, strong, sculpted dancer's body. Barre Conditioning is a class that is derived off of the method invented by a woman named Lotte Berk in the early 1970s. She was a dancer and a teacher who developed a series of exercises that were based on her experience with dance. The class is based at a ballet bar, using your own body weight and the support of the ballet bar. It will promote body balance, strength and flexibility, while elongating your muscles.

If you are looking for a complete workout that is fun, intense and effective, then Barre Conditioning is the class for you, and it is coming to the Community Center in January. This class is taught by Stacey Tashman Hitchcock, who obtained her certification through Barworks Los Angeles, teaches all aspects of Ballet Barre. She has taught several workshops to students and is a teacher trainer, certifying teachers within the mind body arena.

**There will be a free demo class on Jan. 14 from 12:15 - 1:15 p.m.**

Limit 12 so register early. Course #26250

**Day:** Monday

**Date:** Jan. 28 - March 12 (seven weeks)

**Time:** 12:15 - 1:15 p.m.

**Location:** Community Center.

You must register for this class in advance.

**Fee:** Res. \$105, Non-Res. \$126

Course #26251

### Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 3:30 - 5 p.m. at the Community Center. Youth between 12 - 18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course, no walk-ins will be accepted. There is a class minimum of two participants, and a maximum of eight. If the minimum is not met, class will be postponed until the next session.

**Fees:** Res: \$20, Non-Res: \$23

**Date:** Jan. 14

Course #26252

**Date:** Feb. 11

Course #26253



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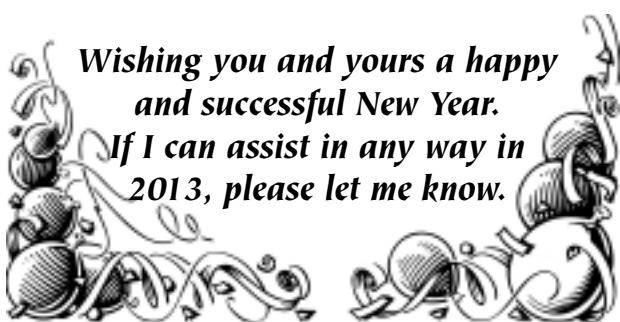
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## Fitness & Wellness

## Fitness Schedule – January 2013

Classes in CAPS suitable for beginners. • Res: \$6, Non-Res: \$8 or Facilities Pass. • \*BARRE Class requires additional fee.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7:15-8:10 a.m.	MAT PILATES Carla		TONE IT UP Carla		TONE IT UP! Kerry		
7:45-9 a.m.		Power Pump Theresa		Power Pump Theresa			
8:15-9 a.m.	Step & Sculpt Theresa		Custom Cardio Theresa	HATHA YOGA Karin 8-9:15 a.m.	Custom Cardio Theresa		
8:30-9:30 a.m.						Step & Sculpt Instructors Vary	
9-10 a.m.							Step & Pump Chelsea
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 ZUMBA at RH Caeleigh	MAT PILATES Lisa HATHA YOGA Petra	Power Pump Janet	Interval Challenge Janet PILATES FUSION Lauren Yoga Room	Muscle Plus Lisa		
9:30-10:45 a.m.	Hatha Yoga Leslie		Power Yoga Petra		Power Yoga Petra	ZUMBA Renate 9:40-10:40 a.m.	
10:35-11:35 a.m.			ZUMBA Janet				
12:15-1:15 p.m.	BARRE Class* Stacy						
4:30-5:30 p.m.		Afterwork Fitness Challenge Kerry		Afterwork Fitness Challenge Kerry			
Evening Classes	MUSCLE SCULPT Kim 6:15-7:15 p.m. MAT PILATES Lori 6:30-7:30 p.m.	ZUMBA Renate 6:15-7:15 p.m.	MUSCLE SCULPT Kim 6:15-7:15 p.m.	MAT PILATES Lori 6:30-7:30 p.m. ZUMBA AT RH 6:30-7:30 p.m. Stacia			

### 3rd Annual KCRMD Community-Wide Biggest Loser Challenge

Join the 3rd annual Community-Wide Biggest Loser Challenge! (Just in time for Spring Break!) This fitness and weight loss "Biggest Loser" competition will challenge you and your loved ones to get in shape for the New Year while keeping you motivated and inspired to lose weight in a fun, competitive and supportive setting.

The competition includes:

- 3-month gym membership to the Community Center!
- Free nutrition classes starting in January!!
- Weekly weigh-ins
- Weekly workouts and healthy recipes
- Unlimited fitness, yoga and Zumba classes
- Discounts on personal training, body fat testing and bootcamp classes
- GREAT prizes for most weight lost (individual and team) and most workouts at the Community Center

Cost: Res: \$99, Non-Res: \$109 per person  
How does it work??

When you register for the program you will be enrolled in both challenge categories, this gives you the chance to win multiple prizes! You may compete in the weight loss challenge alone or on a team of up to four other people.

#### CATEGORIES for the challenge:

1. Weight loss competition: awards for greatest % weight — single/team
2. Attendance challenge: Prize for whoever logs the most workouts in the Community Center. Prizes will include gift certificates to local businesses (including Elements massage), personal training sessions, cash and more!

#### More Details:

- Kick-off party on Monday, Jan. 7 where you can learn about the program, do your first weigh-in and meet other participants/teams.
- Final measurements week of March 11
- Rewards party on Saturday, March 16 where we will announce winners, enjoy some free food and award prizes!

#### How do I sign up???

1. Register for Course #26217 either online or by calling the Ranch House at 303-979-4070 or the Community Center at 303-979-2233.
2. Sign up for your weigh-in the first week of January. The sign-up sheet is at the Community Center front desk. Also sign up for nutrition clinics.
3. Be sure to pick up a fitness class schedule.

#### Additional information and specials:

**Body fat testing and 30-minute individual consultation:** only \$15, add \$10/per person for group rate. Get a medical-grade body fat measurement and consultation where you will learn where you are at and how to get where you want to be. We will cover exercise and basic nutrition guidelines and tips to get you started toward your goal.

**Discounted personal training: 20 percent off** one-on-one or buddy training to motivate you, push you harder than you would on your own and help you reach your goals faster and maintain your weight!

### Resolution Bootcamp

Jan. 14 - March 13

Gain some momentum and start the fitness competition out right. **Time to step it up and get in shape!** Join co-workers and friends in these fun and challenging classes. Expect to do cardio, weights, lots of abs and play fun games. For all fitness levels.

**Dates & Times:** Mondays 5:15 p.m. and Wednesdays 5:30 p.m.

**Location:** Community Center  
8-week program

**Fee:** Res. \$80 for one class/week, \$128 for two classes/week (only \$8 a class!)

**Monday Class** Course #26276

**Wednesday Class** Course #26277

**Monday/Wed. Class** Course #26278

**Drop-in rate:** \$12

Please contact Lauren for details at L2S.sjones@gmail.com or 720-352-3638.

### Eating Right For Successful Weight Management – Level 1

Learn how to reach your health and fitness goals this year through sound nutrition and exercise. In this hands-on clinic you will learn:

- How to lose one to two pounds a week and keep it off.
- How to increase your metabolism so you burn more calories and have energy that lasts all day.
- How many carbs, proteins and fats you need a day and what a portion/serving size really looks like.
- Basic exercise guidelines: tips on getting fitter faster.
- How to stay on track and motivated and what to do if you fall off the wagon.

- How to overcome barriers like time, cravings, fear of failure and eating when bored or stressed.
- Includes healthy snack ideas, informational handouts and healthy recipes.

**Date:** Wednesday, Jan. 9

**Time:** 7 p.m.

**Location:** Community Center

**Fee:** \$15

**FREE to weight loss/fitness competition participants.**  
Course #26274

### Eating Right For Successful Weight Management – Level 2

Receive more in-depth guidance and personalized information that will ensure successful behavior change that will last a lifetime.

In this clinic you will learn:

- How to set up your own exercise program
- How many calories you need a day for your body and your goals
- How to set up your own meal plan
- Strategies for dealing with set-backs and personal barriers to success

**You will also receive:**

- Resting metabolic rate calculation (how many calories you need a day)
- Personalized meal plan
- Exercise log

**Date:** Wednesday, Jan. 16

**Time:** 7 p.m.

**Location:** Community Center

**Fee:** \$20

**FREE to weight loss/fitness competition participants!**  
Course #26275

## KEN-CARYL RANCH REPLACEMENT WINDOWS



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AFTER

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30 Years In Business  
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# Special Programs & Events

## Adult Spanish Classes

Key learning objectives for conversational Spanish.

1. Salutations and common greetings
2. Basic pronunciation
3. Basic foods and how to order a meal in Mexican or Latin restaurants
4. Common every day questions
5. Directions in Spanish and how to get around in an airport
6. How to buy things in a Spanish country
7. Traveling tips
8. Time
9. Important locations
10. Numbers, days of the week, months and dates
11. Key verbs — To have, to be, to want, to go, to like and many more

As part of the class you will receive a Spanish/English notebook and a DVD or a computer download that has many and more of the above Spanish learning objectives.

Brad Hatfield is a retired Spanish teacher who has lived in Mexico and Colombia. The cost of the six-week class is \$100 and a material fee of \$30 for the packet and computer download or DVDs paid to the instructor.

**Ages:** 16 and over  
**Date:** Tuesdays, Jan. 15 - Feb. 19 (six weeks)  
**Time:** 7 - 8:30 p.m.  
**Location:** Ranch House Conference Room  
**Fees:** \$100 plus a \$30 material fee paid to instructor  
Course #26193

## Have An Idea For A New Workshop?

*Do you have a skill, passion, hobby or unique ability that you would love to share? Ken-Caryl Ranch is looking for new and fun workshops to offer the community. Please contact Jason Fries at [jasonf@kcranch.org](mailto:jasonf@kcranch.org) or 303-979-4070 to discuss what you might be able to bring to the community!*

## Puppy Preschool & Basic Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

### Puppy Preschool Classes

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

**Days and Time:** Tuesdays at 6:30 p.m. beginning Jan. 8

**Fees:** Res: \$130, Non-Res: \$155

### Basic Dog Obedience Classes

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

**Days and Time:** Tuesdays at 7:30 p.m. beginning Jan. 8

**Fees:** Res: \$110, Non-Res: \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Questions or to register, please contact Laurel Landsman at 720-233-3461 or [caninefrontier@gmail.com](mailto:caninefrontier@gmail.com). Please visit Canine Frontier's website at: <http://caninefrontiertraining.com> or Facebook page [www.facebook.com/caninefrontier](http://www.facebook.com/caninefrontier) for more information.

## Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

**Time:** 9 a.m. - 3 p.m.  
**Cost:** Res: \$50, Non-Res: \$65  
**Date:** Saturday, Feb. 2 Course #25967

## Story Time At The Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger

plays and an introduction to letter sounds. No registration required.

**Ages:** All Ages  
**Dates:** Every Friday beginning Friday, Jan. 4  
**Time:** 10:15 a.m.  
**Location:** Ranch House Dance Room  
**Fees:** FREE!

# Sports And Athletics

## Future Stars – Soccer

The basic fundamentals of soccer are introduced as players learn to control the soccer ball. This class is designed for someone who has little or no knowledge of soccer. Participants should dress in comfortable clothes and gym shoes. We will be running around so please bring a water bottle to each class. Shin guards are recommended, however not required for this program.

**Session I**  
**Ages:** 4 - 8  
**Day:** Saturday  
**Dates:** Jan. 19 through Feb. 23 (six sessions)  
**Time:** 10 - 10:45 a.m.  
**Fee:** Res. \$35, Non-Res. \$40  
**Class Size:** Min. 6, Max. 12  
**Location:** Community Center Racquetball Court  
Course #26207

## Future Stars – Basketball

The basic fundamentals of basketball are introduced as players learn to control the basketball. This class is designed for someone who has little or no knowledge of basketball. Participants should dress in comfortable clothes and gym shoes. We will be running around so please bring a water bottle to each class.

**Session I**  
**Ages:** 4 - 8  
**Days:** Saturdays  
**Dates:** Jan. 19 through Feb. 23 (six sessions)

**Time:** 11 - 11:45 a.m.  
**Fee:** Res. \$35, Non-Res. \$40  
**Class Size:** Min. 6, Max. 12  
**Location:** Community Center Racquetball Court  
Course #26209

## Taekwon-do

**Ages:** 7 and up  
**Time:** 5:15 - 6:45 p.m. (Monday class)  
5:30 - 6:45 p.m. (Wednesday class)  
**Location:** Community Center  
**Day:** Mondays and Wednesdays  
**Dates:** Jan. 2 - 28  
Course #26048  
**Fees:** Res: \$128, Non-Res: \$153.60

## Fencing Classes

These classes will be taught by Tom Strzalkowski. Tom was a member of the 1996 U.S. Olympic fencing team. In 1994 and 1995, he competed on the World Championship teams and was a member of the gold medal team at the Pan-American Games.

**Beginner Classes – Thursdays**  
**Jan. 10 - March 14**  
**Youth Beginner** (ages 8 - 16)  
5:30 p.m. - 6:15 p.m.  
**Cost:** Res: \$150, Non-Res: \$175 10 weeks  
**Location:** Ranch House  
**Min:** 6, **Max:** 20  
Course #25866  
Call Tom Strzalkowski for additional questions at 720-334-3578.



# Do you care for a senior loved one?

- Are you feeling overwhelmed by the amount of care you are giving?
- Does the thought of the Holiday Season coming have you stressed?
- Is your care giving taking a toll on your family?
- Do you feel emotionally drained by the care you provide?

## If you answered YES to any of these questions, we can help!

We can provide help for you and your family for a few hours, for a few days or for long term. Our centers provide specialty care for your loved one's complex health related needs. Family caregivers can have peace of mind knowing their aging parent or senior loved one is spending the day in a safe, fun and socially engaging environment while receiving expert care.

## Summit Adult Day and Wellness Center

Summit bridges the generation gap, offering day programs for seniors while family members work and participate in other activities. At Summit, seniors can receive health care and physical assistance in a safe, caring environment and enjoy individual and group activities in the same familiar setting. The family gains peace of mind and respite from competing responsibilities, and seniors can continue to live with the family. The Summit facility is attractive, clean, and designed for the seniors' comfort and enjoyment. We offer transportation in most locations.



## Colorado Assisted Living Homes, LLC

Colorado Assisted Living Homes are real homes in real neighborhoods. Each home accommodates a small number of seniors and offers a full range of carefully planned services for our residents' assistance and support. Each home has a personal, intimate homelike feeling in a quiet, stable environment. Residents can choose from private or semi-private bedrooms with home-cooked meals and snacks. All are wheelchair and walker-friendly.

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# Art & Dance Classes

## Denver Region Dance Academy

At Denver Region Dance Academy our emphasis is on confidence. We provide four building blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher relations and a studio environment for performances. Each class is designed to incorporate these four aspects for building confidence in your child. Denver Regional Dance Academy is a non-competitive studio believing that performances in front of friendly supportive audiences build self-esteem.

### CLASS DESCRIPTIONS

#### Ballet & Tap I • Beginning

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the floor, love princess everything and always want to wear pink and purple? Then this class is for her! Dancers learn classical ballet skills while dancing to their favorite princess music. Together with the tap skills they learn, dancers will put the moves into routines to perform them for family and friends.

#### Ballet & Tap II • Intermediate

This class is for 5- to 7-year-old girls who may or may not have been in ballet/tap before. We keep classes small in size to make very individualized instruction so all skill levels are addressed. If your ballerina still loves to dance and perform to her favorite music, let her continue her dance education in this positive, non-competitive environment.

### Dance Classes

**Location:** Ranch House

**Fees:** Res: \$73.50, Non-Res: \$91 (7-week session)

**Dates:** Jan. 8 - Feb. 19

Course #	Day	Ages	Class Description	Time	Location
26042	Tuesday	3-5	Beg/Inter Ballet & Tap	5-5:45 p.m.	RH
26043	Tuesday	5-7	Inter/Ballet & Tap	5:45-6:30 p.m.	RH
26045	Thursday	3-5	Beg/Inter Ballet & Tap	9:15-10 a.m.	RH

Drop-ins for new students available. Class fee will be prorated.

Questions? Call Mikki Wright at 303-733-7982.

To register, call the Ranch House at 303-979-4070 or online at [www.kencarylranh.org](http://www.kencarylranh.org).

### Watercolor Classes

**Ages:** For All Levels  
18 Years Old And Over

**Location:** Ranch House

**Day:** Wednesdays

**Dates:** Jan. 9 - Feb. 13 (six classes)

**Time:** 9 a.m. - 12 p.m.

**Fees:** Res: \$80, Non-Res: \$85

Course #26047

Each student will provide their own sup-

plies. A supply list will be provided at registration. Instructor is award-winning artist Chuck Danford, signature member of the Colorado Watercolor Society and professional painter of landscapes and wildlife. See Chuck's work at [www.charlesdanford.com](http://www.charlesdanford.com).

To register or for more information, call 303-979-4070 or visit [www.ken-carylranh.org](http://www.ken-carylranh.org).

## Your Kid's Art – Painting Classes

Children will be provided with a professional, stretched canvas and all the art supplies needed to create their own masterpiece that they can bring home at the end of the day! Our art instructor will teach your child different painting techniques with our easy step-by-step age appropriate lessons.

If you would like to hang your child's painting on your wall or give it away as a present, we will glaze it for **FREE!** This program is brought to you by Your Kid's Art, whose mission is to give children the pleasure of being an artist and keep their artistic side alive!

**Ages:** 10 - 15

**Date:** Saturday, Feb. 2

**Time:** 10 a.m. - 12 p.m.

**Cost:** Res: \$20, Non-Res: \$25

**Class Size:** Min. 6, Max. 30

**Location:** Ranch House Recreation Office  
Course #26271

**Ages:** 16 - 20

**Date:** Saturday, Feb. 9

**Time:** 10 a.m. - 12 p.m.

**Cost:** Res: \$20, Non-Res: \$25

**Class Size:** Min. 6, Max. 30

**Location:** Ranch House Recreation Office  
Course #26272

## Adult Acrylic Painting & Wine Class

Adults come and join us at the Ranch House for some **painting and wine presented by Your Kid's Art!** Grab your friends, coworkers or your significant other and explore your creative side in a relaxed, non-intimidating social setting. You'll go home with a painting that is "creatively yours" and hopefully see an artistic side that you will want to explore. Our art instructor will take you through the exciting process of recreating the session's featured painting on a professional stretched canvas.

No need to get your own art supplies. We provide everything you need. Participants are asked to bring one bottle of wine to share with the class and enjoy while discovering your inner Picasso! Join us for this fun night out. And, best of all, **no painting experience is required.** So what are you waiting for? Sign up today!

**Ages:** 21+

**Date:** Friday, Feb. 8

**Time:** 7 - 10 p.m.

**Cost:** Res: \$25, Non-Res: \$30

**Class Size:** Min. 10, Max. 30

**Location:** Ranch House Recreation Office  
Course #26273

### Red Hat Divas

The monthly meeting schedule is as follows:

**Jan. 22** — Red Hat meeting

10:30 a.m. - 12:30 p.m.

(Ranch House Adult Lounge)

**Feb. 26** — Red Hat meeting

10:30 a.m. - 12:30 p.m.

(Ranch House Adult Lounge)

**Mar. 26** — Red Hat meeting

10:30 a.m. - 12:30 p.m.

(Ranch House Adult Lounge)

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

### Need An Elegant/Casual Site For Your Party, Wedding Or Corporate Seminar?

Meeting and party space in the Ken-Caryl Ranch House may be reserved! For fee and reservation information, please call Terry or Mary Lou at 303-979-1876.

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ABBA 001019 07/2011





# Preschool

## Preschool Before & After-Care

Before and after-school care is now available for children ages 2 1/2 to 5 years, along with full day care on holidays and school breaks. You may choose to add either or both of these services to your preschool schedule on a monthly basis. Once your child is registered, you will receive an electronic monthly calendar to mark the days you will need care. As long as your calendar is received by designated due dates then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.)

### Daily Rates

**Before-Care ONLY (7 - 9 a.m.):**

Res. \$8.50, Non-Res. \$10.50

**After-Care ONLY (3 - 6 p.m.):**

Res. \$12.75, Non-Res. \$14.75

**Before & After Care (7 - 9 a.m. and**

**3 - 6 p.m.):** Res. \$18.50, Non-Res. \$20.50

**Full Days (holidays & school breaks,**

**7 a.m. - 6 p.m.):** Res. \$43, Non-Res. \$48

**\*Monthly calendars must be turned in by due dates in order to receive these rates. Drop-In Rates are \$2 higher than those listed above.**

### Full-Time Child Care

This option is great for those families needing both before and after-school care on a regular basis. Our curriculum will follow a typical preschool schedule and will include both social and academic skill-building. The classroom will be open from 7 a.m. to 6 p.m., five days per week and will be closed for minimal holiday breaks. You can choose a schedule that best fits your family's needs, from two day (Th/F), three day (MTW) or five days per week options. The daily rate for all schedules is \$43 per day/resident and \$48 per day/non-resident. You will be charged monthly based on the number of days that school is in session on your registered days.

## Preschool Mini-Camps Winter 2012

Is your young one a lover of all things fun? Register them for a two-day mini-camp full of exploration, discovery and learning. All of our preschool programs focus on peer socialization, self-regulation and respect for others. We will spend our days making new friends, learning new things, creating works of art and experiencing independence in a fun, safe and nurturing environment. Each day will follow a typical preschool schedule complete with singing, games, crafts, stories, science and cooking. Small, healthy snacks will be provided in the morning and afternoon. All children must be toilet-trained and should come to camp with a change of clothes and appropriate outdoor gear to fit weather conditions.

### Little Learners

**Ages:** 2 1/2 - 4 years

**Location:** Community Center Youth Room

**Times:** 9 a.m. - 12 p.m.

**Dates:** Jan. 3 - 4 Course #25688

Jan. 7 - 8 Course #25690

**Fees:** \$30/resident, \$34/non-resident (for each 2-day session)

**Max:** 7 students

### Explorers

**Ages:** 4 - 5 years

**Location:** Community Center Youth Room

**Times:** 9 a.m. - 3 p.m.

(PLEASE PACK A LUNCH)

**Dates:** Jan. 3 - 4 Course #25689

Jan. 7 - 8 Course #25691

**Fees:** \$60/resident, \$68/non-resident (for each 2-day session)

**Max:** 8 students

Visit

[www.ken-carylranh.org](http://www.ken-carylranh.org)

## Young Yogis

Introduce your child to the world of yoga in a safe and social environment. The benefits are endless, including: increased strength, flexibility and balance; stress management techniques and positive self-esteem building; and joy, wonder and respect for our peaceful earth. The instructor will guide the children through simple poses, breathing techniques, creative movement, song and dance, and short stories. Mats and materials will be provided for class use.

**Ages:** 3 - 5 years

**Days:** Thursday

**Time:** 10:45 - 11:45 a.m.

**Dates:** Jan. 10, 17, 24 and Feb. 7, 14, 21

**Course #26233**

**Fees:** Res: \$48, Non-Res: \$60

(for each 6-week session)

**Class Size:** Min. 5, Max. 10

**Location:** Community Center Yoga Room

**Ages:** 5 - 12 years

**Days:** Thursdays

**Time:** 4:15 - 5:15 p.m.

**Dates:** Jan. 10, 17, 24 and Feb. 7, 14, 21

**Course #26235**

**Fees:** Res: \$48, Non-Res: \$60

(for each 6-week session)

**Class Size:** Min. 5, Max. 10

**Location:** Community Center Yoga Room

## Discovery Days

Fill your child's weekend with fun and learning while you get your family's errands taken care of. Each class will bring fun and discovery to the table with a variety of sensory play, science experiments and building projects.

**Ages:** 3 - 6 years

**Days:** Two Saturdays per month,

February through April

**Dates:**

**Feb. 9:** Course #26218

**Feb. 23:** Course #26219

**March 9:** Course #26220

**March 23:** Course #26221

**April 6:** Course #26222

**April 20:** Course #26223

**Time:** 10:30 a.m. - 12 p.m.

**Fees:** Res. \$10; Non-Res. \$12 (per class)

**Class Size:** Min. 5, Max. 15

**Location:** Community Center Youth Room

## Nature Creations

Kids love the outdoors and are sure to enjoy gathering the materials they need to create some nature-inspired crafts, all the while exploring the natural world around them. With a little imagination we can take some twigs, pinecones and flowers, add a few recycled items, and transform it all into a work of art.

**Ages:** 3 - 5 years

**Days:** Wednesdays

**Time:** 1 - 3 p.m.

**Session 1:** Jan. 16 - Feb. 27

**Course #26228**

**Fees:** Res. \$70; Non-Res. \$85

(for each seven-week session)

**Class Size:** Min. 4, Max. 15

**Location:** Community Center Youth Room

## Preschool Programs Winter/Spring 2013

All of our preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow.

### Little Learners

Little Learners develop social skills through creative expression, dramatic play, sensory activities, art, stories and much more. Our play-based program gives children the opportunity to grow physically, cognitively and emotionally as they explore their surroundings.

**Ages:** 2-1/2 - 4 years (must be toilet trained)

**Days:** Monday through Friday

(see tuition options below)

**Dates:** The Little Learners program follows the Jefferson County School District calendar for all holidays, school breaks and early release days, beginning Wednesday, Jan. 9 and ending Wednesday, May 29.

**Times:** 9 a.m. - 12 p.m. OR 12:15 - 3:15 p.m.

**Registration Fee:** \$35 per family

**Monthly Tuition\*:**

**2-Day (Th/F):** Res. \$132, Non-Res. \$156

**3-Day (MTW):** Res. \$198, Non-Res. \$234

**5-Day:** Res. \$330, Non-Res. \$390

**Location:** Community Center

### Explorers

Explorers will spend their days engaged in both work and play, further developing basic social and academic skill sets. With a larger focus on early literacy, math and science concepts, we will help prepare your Explorer for their exciting journey into kindergarten.

**Ages:** 4 - 5 years

**Days:** Monday through Friday

(see tuition options below)

**Dates:** The Little Learners program follows the Jefferson County School District calendar for all holidays, school breaks and early release days, beginning Wednesday, Jan. 9 and ending Wednesday, May 29.

**Times:** 9 a.m. - 3p.m.

**Registration Fee:** \$35 per family

**Monthly Tuition\*:**

**2-Day (Th/F):** Res. \$264, Non-Res. \$312

**3-Day (MTW):** Res. \$396, Non-Res. \$468

**5-Day:** Res. \$660, Non-Res. \$780

**Location:** Community Center

## ICKY Fundraiser

Our preschoolers create some wonderful works of art! We've turned their scribbles into masterpieces and framed them to fit nicely on your living room wall for years to come. Come join your friends and neighbors, have a glass of wine or sparkling cider, and help us raise some money for our classroom while also supporting youth and families in our community. **A portion of proceeds from the silent auction will benefit our local Shiloh House.**

**Ages:** Kids and adults of all ages

**Date:** Thursday, Feb. 28

**Time:** 6:30 - 8 p.m.

**Fees:** FREE - Must register

**Location:** Community Center

**Course #26232**

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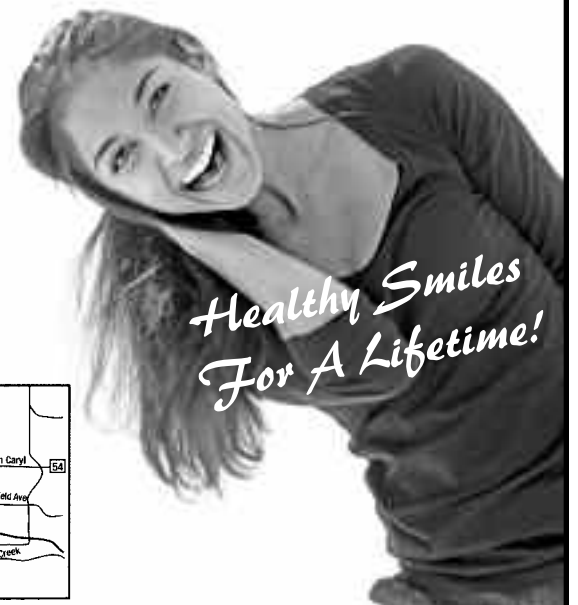
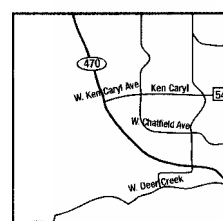


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## Youth Programs

### Before And After School Program

The KCRMD Before & After School Program provides a caring, safe and fun learning environment. We serve students who attend Shaffer and Bradford Elementary. Students explore a wide variety of activities that develop learning, encourage imagination and promote positive social skills and physical activity. Join us for exciting games, cooking, projects, sports, reading, homework help and more!

**Hours:** 6:45 a.m. until school starts and after school until 6 p.m.

**Ages:** K - 6th grade

**Locations:**

Ranch House and Community Center (Transportation is provided to and from Shaffer and Bradford Elementary each day.)

We offer year-round care and provide full-day care on most early release days, school holidays and vacations. Register and pay for only the days you need each month! For more information, please contact Melissa at 303-979-4070 or melissab@kcranch.org.

### Kids In The Kitchen

Join us for a fun-filled hour of cooking, baking and exploring new foods! Kids learn healthy eating tips, try new foods and take a recipe book home at the end of the session. Each week brings a fun new recipe and exciting ideas to get the whole family eating healthy at home!

**Kids in the Kitchen - Tuesdays**

**Ages:** 5 - 10

**Dates:** Jan. 22 - Feb. 26 (six classes)

Course #26194

**Time:** 5:45 - 6:45 p.m.

**Location:** Ranch House Snack Kitchen

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

**Kids in the Kitchen - Saturdays**

**Ages:** 5 - 10

**Dates:** Jan. 26 - March 2 (six classes)

**Time:** 9:30 - 10:30 a.m.

Course #26195

**Location:** Community Center Youth Room

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

### Art Exploration II

Designed for our older artists, Art Exploration II teaches substantive art techniques with a variety of more in-depth mediums. Participants will learn painting, drawing and sculpting techniques while experiencing charcoal, water colors, oil paints and clay. Completed projects will be sent home.

**Ages:** 8 - 10 years

**Day:** Thursday

**Dates:** Jan. 24 - Feb. 28

**Time:** 6:15 - 7:15 p.m.

**Location:**

Community Center Youth Room

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

Course #26197

### Art Exploration I

Making messes into masterpieces! We will explore different mediums from paint to clay to recycled materials and learn about colors, shapes and develop our own artistic styles. Participants will take finished projects home each week.

**Ages:** 5 - 7 years

**Day:** Saturday

**Dates:** Jan. 26 - March 2

**Time:** 11 a.m. - 12 p.m.

**Location:**

Community Center Youth Room

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

Course #26196

### Drama Kings & Queens

Join us on stage! We'll play improv and theater games and work each week on our very own play. The session will end with a performance for friends and family. Whether you want to act, create sets or design costumes, we'll have a role for everyone!

**Ages:** 8 - 10 years

**Day:** Saturday

**Dates:** Jan. 26 - March 2

**Time:** 11 a.m. - 12 p.m.

**Location:** Ranch House Youth Room

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

Course #26918

### Imagination Station

Come make believe with us! This theater-oriented class encourages the use of imagination and pretend play. We will play theater games, sing songs, dress up in costumes and perform short skits.

**Ages:** 5 - 7 years

**Day:** Saturday

**Dates:** Jan. 26 - March 2

**Times:** 10 - 10:45 a.m.

**Location:**

Ranch House Youth Room

**Fee:** Res. \$45, Non-Res. \$55

**Class Size:** Min. 5, Max. 10

Course #26200

### Wallyball Or Basketball Court Reservations

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# Environmental Education

## Junior Naturalist After School

These after-school programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

**Ages:** 5 - 9 year olds

**Group Size:** Min. 4, Max. 20

**Location:** Dakota Lodge (Transportation provided from Bradford Primary to Dakota Lodge. Students will meet teacher in the school gym and ride on Ken-Caryl buses to the Dakota Lodge. Pick-up is at Dakota Lodge.)

## January/February: Birds Of A Feather & Fairy Tales...Not!

What makes a bird a bird? Do feathers do more than just help a bird fly? Make a bird feeder to help attract birds to your backyard. Come and get some bird facts and explore the world of our feathered friends. Find out what a wolf is really like. Find out about the real three bears and what black bears, grizzly bears, and polar bears are. Get the real scoop on those nursery rhymes.

**Day:** Thursdays

**Time:** 3:45 - 5:45 p.m.

**Dates:** Jan. 10, 17, 24, 31, Feb. 7, 14, 21, 28

**Fees:** 8 week class:

Res: \$90, Non-Res: \$110

Course #25728

## KC Kids Nature Camp: Ages 4-5 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in hand-on science experiments and use imagination and creativity. Light snacks will be included that are often integrated into the topic of the class.

**Ages:** 4 - 5 year olds

**Group Size:** Min. 5, Max. 15

(with 2 teachers)

**Location:** Dakota Lodge

## January/February: Birds Of A Feather & Fairy Tales...Not!

What makes a bird a bird? Do feathers do more than just help a bird fly? Make a bird feeder to help attract birds to your backyard. Come and get some bird facts and explore the world of our feathered friends. Find out what a wolf is really like. Find out about the real three bears and what black bears, grizzly bears, and polar bears are. Get the real scoop on those nursery rhymes.

**Tuesday Session Dates:**

Jan. 8, 15, 22, 29, Feb. 5, 12, 19, 26

**Time:** 9:15 - 11:45 a.m.

Course #25742

**Thursday Session Dates:**

Jan. 10, 17, 24, 31, Feb. 7, 14, 21, 28

**Time:** 9:15 - 11:45 a.m.

Course #25743

**Fees:** 1-Day (Tuesday or Thursday)

Res: \$100, Non-Res: \$120

2-Day (Tuesday and Thursday)

Res: \$200, Non-Res: \$240

**Monday Session Dates:**

Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25

**Time:** 1 - 3 p.m.

Course #25744

**Wednesday Session Dates:**

Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27

**Time:** 1 - 3 p.m.

Course #25745

**Fees:** 1-Day (Monday or Wednesday)

Res: \$90, Non-Res: \$110

2-Day (Monday and Wednesday)

Res: \$180, Non-Res: \$220

## Tot Discovery Time: Ages 2-1/2 to 3 Years Old

Each month we will explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in fun and engaging activities, and use imagination and creativity in craft projects.

**Ages:** 2-1/2 - 3 year olds

(Must be toilet trained)

**Group Size:** Min. 4, Max. 15

(with 2 teachers)

**Location:** Dakota Lodge

## January/February: Birds Of A Feather & Fairy Tales...Not!

What makes a bird a bird? Do feathers do more than just help a bird fly? Make a bird feeder to help attract birds to your backyard. Come and get some birdie facts and explore the world of our feathered friends. Find out what a wolf is really like. Find out about the real three bears and what black bears, grizzly bears, and polar bears are. Get the real

scoop on those nursery rhymes.

**Monday Session Dates:**

Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25

**Time:** 9:30 a.m. - 12 p.m.

Course #25762

**Wednesday Session Dates:**

Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27

**Time:** 9:30 a.m. - 12 p.m.

Course #25763

**Fees:** 1-Day (Monday or Wednesday)

Res: \$100, Non-Res: \$120

2-Day (Monday and Wednesday)

Res: \$200, Non-Res: \$240

## Full Moon Hike

Come experience Ken-Caryl Ranch by the light of the "Full Crow." Learn about crows and take a short hike in the Ken-Caryl Ranch Open Space. End at the Bradford Park amphitheater for hot chocolate and marshmallow roasting by the bonfire. Class meets at the Bradford Park parking lot.

**Ages:** 3 to Adult

**Date:** Saturday, Jan. 26

**Time:** 7 - 8 p.m.

**Location:** Bradford Parking Lot

**Fees:**

Adult: Res: \$5, Non-Res: \$8

Youth (3 - 18): Res: \$4, Non-Res: \$5

Family (up to 4 people):

Res: \$15, Non-Res: \$20

Course #25719

Pre-registration is required. To register, call 303-979-4070, 303-979-2233 or online at www.ken-carylranh.org.

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## Keep Up With News On Facebook

Ken-Caryl Ranch is stepping up our presence on Facebook. We are posting important updates and reminders about special events, fire bans, emergencies, community meetings and other key information. To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranh.

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## Nature News

### A Beginner's Guide To Bird Watching

by Environment Education Specialist Ernie Stone



Have you ever wondered what the birds are that you see nesting in your hanging planters, soaring high overhead or along the trails? You're not alone.

More than 70 million Americans bird watch, which ranks only behind gardening as the most popular hobby in America. A person enjoys bird watching because it gets them outdoors, connects them to nature, sharpens their senses and observation skills, connects them to others with like interests and its lots of fun. It requires very little equipment and as much or as little time as you like. Bird watching is for everyone and can be enjoyed in your backyard, local park or in exotic places far from home.

The equipment that you will need consists of a good pair of binoculars and a field guide to birds. Although you can see birds with your naked eye, binoculars greatly enhance the detail that you can see. Binoculars come in all qualities and prices, ranging from under \$100 to many thousands of dollars. Binoculars are labeled with a pair of num-

bers such as 7x35. The first number is the magnification so a 7x would magnify the bird or any other object you choose to look at seven times. While 7x doesn't magnify images as large as 10x, the lower power binoculars make it easier to see birds that are close to you.

The second number tells you the diameter of the object lens, which affects the amount of light entering the binoculars. The larger the number, the more light, so the better the viewing in low-light conditions such as dawn and dusk.

When you are ready to purchase your binoculars, find a knowledgeable sales clerk and learn as much as you can, then buy the best pair of binoculars you can afford.

Field guides help you identify the birds that you see. The most popular among birders for this region are the *National Geographic Field Guide to the Birds of North America*, *Peterson Field Guide to Western Birds* and *Stokes Field Guide to Birds, Western Region*.

The first time you open a field guide you may feel overwhelmed as there are more than 800 species of birds in North America, but do not get hung-up on trying to identify every bird you see. Start with a few and then add on.

Field guides are organized by bird families with those considered more primitive, which usually means larger, at the front of the book and the more evolved species, generally the small songbirds, at the back.

Armed with binoculars, a field guide and some basic bird habit information, you are now ready to go bird watching. The best time of day to look for birds is in the morning or evening. Good bird habitats are along waterways, undeveloped land, edges of fields and woodlands. It is best to wear earthy colors so that you are less obvious as birds see colors quite well. While out watching for birds, listen for sounds and watch for movements. Once you spot a bird, keep your eye on the

bird and lift your binoculars into your line of vision. When you are first starting out, joining a guided bird walk can be very enjoyable and you will gain a lot of information. Happy birding!

#### Birds Of A Feather

If your children ages 2-1/2 to 9 years old would like to learn more about birds, check out the Environmental Education offerings for the month of January/February on page 14, and come join us for a fun time.

## Library News

### Jefferson County Public Library Shares 2013 Budget Information

Jefferson County Public Library (JCPL) announced that its 2013 budget has been approved by the library Board of Trustees and Jefferson County Board of Commissioners. Revenues for 2013 are expected to be \$24.2 million, down from \$24.6 million in 2012. However, cuts to service levels will be minimal in 2013.

"Unfortunately, the library faces ongoing budget challenges in 2013," said Pam Nissler, JCPL executive director. "Since 2008, our revenue has been reduced by \$3.8 million, while certain service costs continue to increase. This created a gap between projected revenues and expenses for 2013. In an effort to close that gap, we've taken steps to further reduce library expenses; however, we were unable to completely close the gap without making major cuts to library services. We could not bring ourselves to further reduce public services when so many people depend on them. Consequently, the Board of Trustees has decided to use money from the library's savings to help us bridge the gap in 2013, while we seek longer-term solutions to secure the library's future."

2013 revenues are projected to be about \$430,000 below original expectations, primarily due to a county-wide decline in assessed property valuations. That, coupled with an increase of about \$321,000 in uncontrollable service charges, created a gap of approximately \$750,000 between revenues and expenses for 2013. The library was able to deliver a net reduction of about \$150,000 in administrative and other costs with the following initiatives:

- a slight reduction in the budget for library materials and programs;
- a \$100,000 reduction in the budget for miscellaneous and hourly employees; and
- reductions in administrative expenses, including cuts to library operations, information technology, IT, employee relations and development, communications, administrative services and support services. In addition, the library will use \$600,000

from its fund balance (savings) to support operations and maintain service levels. The library has a fund balance of approximately \$8 million. This money is generally used to support capital projects, including repair and maintenance on JCPL's 10 libraries, the Library Service Center and library vehicles.

"Clearly, this is not a sustainable model," Nissler said. "We can't afford to keep using our savings for day-to-day operations, especially when we're faced with significant long-term capital needs. We need to investigate ways to balance our budget so we don't run out of money."

The library Board of Trustees has undertaken an initiative to evaluate options for achieving a sustainable business model, including investigating ways to increase library revenues.

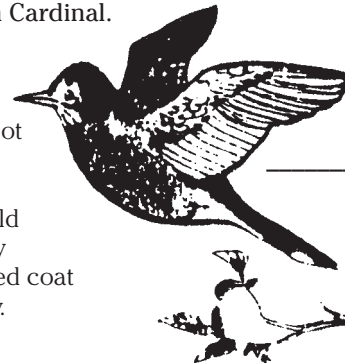
"I've set a goal of having a sustainable budget beginning in 2014," Nissler said. "In pursuing that goal, we remain committed to maintaining current service levels as long as possible and restoring cuts to services as quickly as we can."

## Kids' Corner

### Name The Birds

Use the following birds to fill in the blanks. Black-Capped Chickadee, American Crow, Red-Headed Woodpecker, American Robin, Blue Jay, Great Horned Owl, Western Meadowlark, Northern Cardinal.

A rogue and a rascal  
Yet gaily attired;  
His blue coat and topknot  
Are greatly admired.



A dummy in the cornfield  
Stuffed with straw or hay  
In old, old hat and ragged coat  
Can scare this bird away.



Mottled brown  
With yellow breast  
In meadow grass  
I build my nest.

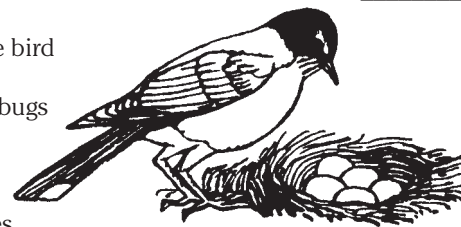


"Chirp, chirp, chirp" I love to sing,  
I'm an early sign of spring.  
Green-blue eggs, in round, round nest;  
I'm the bird you know the best!

Beautiful bird  
Of flaming red;  
Songster so sweet  
With crested head.

This black-capped, roly-poly bird  
Doesn't mind snow a bit.  
He plainly tells his cheerful name;  
Listen, then you say it!

I'm a black and white bird  
In a bright red cap,  
Hunting beetles and bugs  
With a "rap-tap-tap."



I'm heard at night  
Have huge round eyes.  
Do you think I'm dumb?  
Men call me wise.

Answers: Blue Jay, American Crow, Western Meadowlark, American Robin, Northern Cardinal, Black-Capped Chickadee, Red-Headed Woodpecker, Great Horned Owl.



### Have An Article Idea?

Life at Ken-Caryl is always looking for article ideas from residents or local businesses. If you have a newsworthy story to share or if you just have new ideas for the paper, email Community Relations Director Victoria DeSair at victoriad@kcranch.org.

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**David and Diana Harder**



As we enter into this new year, may the blessed story of the Christmas season remain in our hearts and actions in all we do. Let us remember those who need us.

*"With God, all things are possible."*

Matthew 19:26

Team Harder – David, Diana and Will

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**RETREAT**



5 Carissa

**NORTH RANCH**



3 Partidge Lane

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37 Tamarade

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**RETREAT**



8 Boxwood

**SUNSET RIDGE**



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11472 Main Range Trail

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35 Pin Oak

**BARRINGTON RIDGE**



1 Barrington Drive

**CARRIAGE HILL**



6 Prairie Clover

**BARRINGTON RIDGE**



6 Barrington Drive

**LEGACY**



3 White Birch

**BARRINGTON RIDGE**



13 Mountain Willow

**CIMARRON**



11042 Trailrider Pass

**NORTH RANCH**



4 Finch

**BRIDLE GATE**



15 Bridle Gate Lane

**MANOR RIDGE**



30 Tamarade Drive

**LEGACY**



32 Desert Willow

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## Minding Our Business

### Manor House Manor House Invites Community To Visit On Mondays, Tuesdays And Wednesdays

by Community Relations Director  
Victoria DeSair

The owners of the Manor House are very excited to announce that the historic property in Ken-Caryl Valley will be open Monday, Tuesday and Wednesday evenings from 5 to 10 p.m. starting Jan. 7. The Manor House will have drink specials each night and food options. It will no longer be open to the public on Thursday evenings.

T&T, LLC bought the Manor House in 2006, and Todd Shinn is the general manager. "My father and I had been coming here for years," said Todd. "We fell in love with the mansion the moment we stepped on the property." When Todd and his father, Michael Shinn, found out the property was for sale, they did everything they could to get it under contract.

"We both knew the possibilities of the property," Todd said. "It took us a few years and many learning experiences, but we feel like we are finally on the right track. We are proud to say that the Manor House is now one of the top special event centers in Colorado."

The Manor House used to operate as a restaurant. When the owners closed the restaurant in 2008, they received a lot of feedback from the community that residents still wanted to be able to come up and enjoy the property, have a drink and a bite to eat. They opened the bar on Thursday nights so that there would be at least one night a week where the public could come into the house. They chose Thursday because they had weddings and special events booked on Friday, Saturday and Sunday.

"The event center now has a lot of demand for Thursday evening weddings, and we also have demand from members of the community to be open more often to the public," said Todd. "We are very excited to announce that we will be open Monday, Tuesday and Wednesday evenings from 5 to 10 p.m. We will have drink specials each night and great food options."

Todd said they take the historic nature of the Manor House very seriously. "This grand old lady requires constant upkeep, and we have a full-time maintenance person on staff to make sure that she is always looking her best. Any construction or modifications done to the house are always in line with the original architecture."

The Manor House employs four full-time employees as well as seasonal staff. The majority of their business is weddings; however they can do any and all types of special events, private parties, corporate functions, group meetings, birthdays, luncheons and much more.

"My favorite part of my job is driving up the hill every morning and simply enjoying this historic mansion," said Todd. "My father always says that his blood pressure drops immediately when he steps foot in the front door, and I feel like there is truth to that. Our hearts and souls are invested in this proper-



The historic Manor House was built in 1914 by John C. Shaffer. Today it is one of the top special events centers in the state.

ty. When we originally purchased the property we took on a huge project, and there were many times where we didn't know if we were going to survive it all. We know what this property means to the residents, and we want to be the best neighbors and members of this special community that we can be."

Todd encourages everyone to join the Manor House Club, an initiative that was just launched that gives anyone who joins 10 percent off their entire bill each time they come in. The membership also gives participants access to special events for club members only. You can sign up at [www.manorhouseclub.com](http://www.manorhouseclub.com).

If anyone has any suggestions, questions or concerns, Todd encourages you to call or even come up to the property and talk to them. For more information about events at the Manor House, visit [www.themanorhouse.com](http://www.themanorhouse.com) or call 303-799-1000.

*Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or [victoriad@kcranch.org](mailto:victoriad@kcranch.org).*



The Manor House bar will have great drink and food specials on Mondays, Tuesdays and Wednesdays starting Jan. 7.

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### Sign Up For The Ken-Caryl Ranch e-News

Don't forget to sign up for the *Ken-Caryl Ranch e-News*. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and click on Email Subscriptions under Community & News or send an email to [victoriad@kcranch.org](mailto:victoriad@kcranch.org).



# Fuller Western Real Estate Sells Ken-Caryl Business Park Building

Fuller Western Real Estate is pleased to announce the successful closing of the Eagle River Business Center at the Ken-Caryl Business Park. Located at 8100 Shaffer Parkway in Littleton, the office/flex building consists of 29,302 square feet and is 100 percent occupied by two tenants.

This attractive building was built in 2000 and sits on 2.24 acres. The seller was Eagle River R&D, LLC, and the buyer was Blue Ridge Partners, LLC. The sales price was \$2,850,000. The transaction was listed and closed by Fuller Western brokers Mike Haley and John Becker.



## Did You Know? Ken-Caryl Ranch Historical Society

by Dolores A. Ebner

### Ken-Caryl Ranch Historical Society

When Johns Manville Corp. purchased the 10,055 acre Ranch in 1971 from Cap McDannald for \$7.75 million, they formed a subsidiary called the Ken-Caryl Ranch Corp. in 1972. A California company called RecreActions was hired as the management company. Jim Gannon was the President of this corporation from 1973 until 1978 when Dennis Carruth became the President until 1984. In 1984 the Briarwood Property Development company was formed and operated until the last of the Ken-Caryl Ranch business property was sold in 2008.

The Ken-Caryl Ranch Corp. was formed to implement the development of the master plan as a planned community. The original project included 9,139 acres divided into the Plains, Central Valley and the West Ranch. This included 1,800 acres of office, commercial, industrial and Open Space zoning in the plains and 6,064 acres of low density development with residential, office and commercial zoning in the Valley, according to a 1992 fact sheet. Johns Manville Corp. held the title to 3,264 acres while the Ken-Caryl Ranch Corp. held the title to 6,791 acres.

In the *Life at Ken-Caryl* newspaper of Nov. 22, 1989, a front page article touts the completion of the South Valley Road. The Ken-Caryl Ranch Metropolitan District (MD) was formed in 1988, for park and recreation services. At this time the MD assumed the park and recreation duties from the Master Association. Dennis Carruth served on the Master Association from 1976 until approximately 1987. The Ken-Caryl Ranch Historical Society wishes to thank Mr. Carruth for his cooperation in sharing his memoirs for the archives, located at the Ranch House.

With the writing of this article, the *Did You Know?* series concludes. Your historical society hopes you have enjoyed the series from the Bradford era through the development of the Ranch. We are actively working to preserve and protect historical and archaeological sites located on the Ranch. Contact can be made through Jeff Allison, chairman, Ken-Caryl Ranch Historical Society, at 303-972-0096.

## Volunteers Needed To Become Trained Children's Advocates

The Corporation for National and Community Services reports that community members who volunteer have greater longevity, higher functional ability, lower rates

of depression and less incidences of heart disease. You can help yourself to better health while serving others by becoming a Court Appointed Special Advocates (CASA)

volunteer.

CASA of Jefferson and Gilpin Counties is recruiting community members to become trained court advocates for children involved in child abuse and neglect cases. CASA volunteers are ordinary citizens who have a passion for protecting children. Volunteers are appointed by judges to cases of child abuse and neglect to represent the best interests of the children involved. Many CASA volunteers have full-time jobs and/or families, yet they have made time to be a child's voice in court.

Your time of 15-20 hours a month will give the abused and neglected children in our community a more hopeful future. Right now, there's a child in your community who needs your help. You can be the difference; become a CASA volunteer! Volunteers must be 21 or older and complete 40 hours of training. CASA will be offering evening training starting on Feb. 26. For more information, call 303-271-6539 or visit [www.casajeffcogilpin.com](http://www.casajeffcogilpin.com).

**LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** by any Ken-Caryl resident in good standing or by any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

**Deadline 5 p.m. on Monday, Jan. 7, for the Jan. 16, 2013 issue of *Life at Ken-Caryl*.**

Email to [victoriad@kcranch.org](mailto:victoriad@kcranch.org)

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Interested in the History of the Ranch? **The Bradford Years and John C. Shaffer & the Manor House** are available at the Ranch House front desk for \$5 each. All proceeds go to the Ken-Caryl Ranch Historical Society and to the upkeep of archaeological and historical sites on the Ranch.

**Wishing Everyone A Fabulous 2013!**  
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# Classifieds

Life at Ken-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m.-5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd., Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on Monday, January 7 for the January 16, 2013 issue. Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. A Classified Ad Form may be downloaded at www.ken-carylranh.org. If mailing your ad, please proof it CAREFULLY, provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

## PERSONAL

### LOST & FOUND

**FOUND JEWELRY** — silver necklace and gold lapel pin found on Continental Divide. Describe to claim. Call Sue 303-973-2223.

**BB GUN FOUND** — at Bradford Primary during Thanksgiving week. Call 303-568-7066.

**CAMERA FOUND** — at Bradford Elementary on 12/6/12. Call 303-919-8152.

### FOR SALE

**HOIST FITNESS SYSTEMS MULTI-FUNCTION GYM 1200** — \$750. 303-972-4201.

## BUSINESS

### CHILDCARE

**KCR HS SENIOR GIRL** — will provide after school childcare in your home, can help with homework & start dinner if needed. Mallory 303-808-7751.

**MORNING NANNY** — 6:30 to 9 a.m. 720-297-0425.

### GOODS & SERVICES

**ELEMENTARY READING/MATH TUTOR** — Licensed Elementary Teacher. Nine years of teaching experience. Ken-Caryl resident. Kari Carlson 720-937-3275.

**ACCOUNTING - EXPERIENCED ACCOUNTANT** — seeks additional part-time opportunity up to 1-2 days per week. Contact Dave 303-904-1159.

## SHOVELING SIDEWALKS SERIOUS BUSINESS

The Ken-Caryl Ranch Master Association Board of Directors wants to make sure everyone knows that shoveling sidewalks/passageways on all sides of houses is the responsibility of residents. Please be sure that these areas are cleared for the safety of children walking to and from school, firefighters, trash collectors, postal carriers and others who must use these routes. Please also make sure fire hydrants are clearly visible and accessible at all times.

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KC Valley Resident

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement of the goods or services offered therein. Life at Ken-Caryl does not knowingly accept fraudulent or misleading ads. We encourage residents to use our advertisers; however we also recommend checking references and seeking information from local business agencies. If you have a complaint, please submit it in writing to the editor. The opinions expressed in this newspaper are those of the individual authors and, unless stated, not of the Board of Directors of your Association or your Metropolitan District.

**PIANO LESSONS** — Have you always wanted to learn to play piano? Wouldn't you like your kids to learn, too? Study with internationally acclaimed performer, recording artist and experienced instructor to learn to play piano at your own pace. 33 years teaching all styles to all ages and levels. Call Lisa at 303-979-7011 ext. 1.

**EUROPEAN WAY - PROFESSIONAL HOUSE CLEANING** — Great references from this area. Insured & Bonded. Feel free to call Barbara at 303-968-9110.

**HOGBACK EDGE AND TUNE** — I'll scrape the rust off your edges. Take your old wax off. Sharpen your edges and take the burrs out. Put two layers of new wax on and clean your bindings and skis. KC Valley resident. \$20.00. Call me at 303-973-4889 or email at dressagediva4@gmail.com Support High School Ski Racing!

**INTERIOR DESIGN** — "Enhance and Enrich your concept of Enveloped Space" Affordable Interior Design 15 yrs exp. Amy Larson 303-973-5289.

**COLORADO TREESCAPES** — Licensed, certified, insured arborists. 12 years experience providing expert tree care: Pruning, removals, stump grinding, spraying, fertilizing, holiday lighting. BBB A+. Call 303-770-4155.

**REMODEL FALL FIX-UP SPECIAL!** — 30% off on all Fall projects. Specializing in kitchen & bath remodels. Small repairs to complete remodels are my specialty. Quality at affordable prices. Free estimates. References. Call today 303-949-3930.

**TRASH HAULING — CALL BERNIE** — 303-347-2303. 7-Days — Furniture, Appliances, Junk, Carpet, etc.

**MATH TUTORING** — Retired engineer. \$16/hour. 720-253-6162.

**MAIDS OF HONOR CLEANING SERVICE** — Insured, bonded, references. Family owned 11 years, work guaranteed. 303-458-9075.

**DOG WALKING & PETSITTING** — Affordable, reliable. Chris 303-902-8128.

**MASTER ELECTRICIAN** — Residential specialist for over 20 years. KC Resident. Free estimates. Ask for discount with ad. Redman Electric 303-948-5892.

**PAINTING — INTERIORS AND EXTERIORS** — 10% discounts for KC residents. Handyman projects are welcomed. Referrals by request. David 303-551-3246.

**DRYWALL, HANG, FINISH, TEXTURE** — excellent patchwork. Wade 720-371-3097.

**IMMEDIATE SERVICE - 7 DAYS A WEEK** — 303-810-8818. Small and tiny jobs most welcome. NEW INSTALLATION & REPAIRS — Faucets/sinks/toilets/garbage disposals. Electrical new/re-wire. Breaker boxes installed. New installation of ceiling fans. Insured. Gary Harmon. 20 yrs experience. Bonded.

### MISCELLANEOUS

**UNWANTED BOOKS?** — Don't know what to do with them? I buy, donate, recycle used books. Call Tom The Book Guy, 303-522-5214 or 303-756-2665.

# Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, shovel snow, house sit or pet sit. To be included on the list, teens should email their name, number and a list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122.

Categories: (B) Babysitting; (L) Lawn care; (P) Pet and house sitting; (S) Snow shoveling.

Name	Phone	Services	Name	Phone	Services
Emma Ahern	303-765-4924	P	Cali Kub	720-266-1831	B, P, S
Stephen Barton	720-253-6110	L, P, S	Sloan Lyons	720-569-4883	B, P
Sarah Bielefeld	303-506-8630	B, P	Ashley McFerrin	303-979-6559	B
Ryan Blarr	720-234-5427	B, L, P, S	Jessica McFerrin	303-979-6559	B, P
Hannah Calahan	303-667-3985	B, P	Robby Nelson	303-904-8886	B, L, P, S
Ryan Cameron	303-570-4300	L, P, S	Alexandra Newsom	303-325-5232	B, L, P, S
Wil Crane	303-979-8707	B, L, P	Tucker Payne	720-936-3049	L
Sabrina de la Garza	720-202-4863	B, P	Dillon Reisinger	303-973-2469	L
Carly George	303-250-8502	B, P	Seth Reisinger	303-973-2469	P
Wil George	720-382-6910	B, L, P, S	Elise Semenov	303-601-1006	B, P
Sam Gerbus	303-904-4050	B, L, P	Hannah Topka	303-829-1841	B, P
Kenzie Halloran	303-932-9251	B, L, P, S	Jake Trovinger	303-932-7352	P
Ben Iverson	303-932-8275	L, P, S	Kyra Turner	303-495-8670	B, P, S
Jake Kane	720-205-7226	P	Jaxon Zeller-Thorson	970-685-2988	L
Conner Kingsley	303-881-7031	L, P			

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

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### Barrington Ridge

8 White Fir Court • \$1,050,000

Backs to open space on a cul-de-sac. 5 bedrooms, main floor study, formal living and dining rooms, large mud/laundry room. Finished walk-out basement with media room and full bath, perfect for guest accommodations. Incredible views.



### North Ranch

53 Golden Eagle Lane • \$949,000

Custom home situated on open space with gorgeous views, gazebo and waterfall. 5 bedrooms, 5 baths. Concrete tile roof. Main floor study. Newer stainless steel appliances and slab granite. Professionally finished walk-out basement with a mother-in-law suite. Newer carpet. Hardwood floors. Dual staircases.



### North Ranch

1 Snowy Owl Lane • \$699,000

Traditional style home situated on the end of a quiet cul-de-sac. Gorgeous yard backing to open space with panoramic views. Gourmet kitchen with top of the line stainless steel appliances, slab granite countertops, abundance of rich wood cabinetry and breakfast bar.



### Deer Creek

30 Long Spur • \$379,000

Stunning kitchen with stainless steel appliances. 5 bedrooms, 4 baths. Finished basement. Cul-de-sac. Professionally landscaped back yard.



### North Ranch

28 Golden Eagle Lane • \$775,000

Gorgeous custom home with unique architecture. Main floor master, stainless steel appliances, slab granite, newer carpet, huge laundry/mud room, main floor study, loft, large lot with gorgeous views.



### Deer Creek

27 Long Spur • \$399,000

4 bedrooms, 3 baths. Cul-de-sac location. Desirable floor plan. 2 car garage. Finished basement. Newer roof.



### Colony

10 Wood Sorrel • \$599,000

Backs to open space with fantastic views! 4 bedrooms, 4 baths. Finished walk-out basement. Updated kitchen with slab granite and pantry. Main floor master. 3 car garage.



### Carriage Hill

10 Golden Aster • \$579,000

Cul-de-sac. 4 bedroom, 3 bath. Walk-out basement. Fantastic floor plan. Huge laundry/mud room. Gorgeous views.



### Deer Creek

25 Tecoma Circle • \$449,000

The most gorgeous ranch in Ken-Caryl! 4 bedrooms, 3 baths. Completely updated from top to bottom. Open floor plan. Custom cabinets. Slab granite. Fully finished basement with a recreation room. Newer roof. Newer windows. Stamped patio.



Deer Creek  
16 Long Spur



Barrington Ridge  
10 Barrington Drive



North Ranch  
12 Mourning Dove



Manor Ridge  
37 Tamarade



Stratford Farms  
4 Purple Ash



Barrington Ridge  
15 Mountain Cedar



Retreat  
145 Willowleaf



Colony  
3 Vinca



Retreat  
147 Willowleaf Drive



Stratford Farms  
11 Purple Ash

### Coming Soon!

#### North Ranch

28 Black Bear Lane • \$999,000

Completely updated on an oversized private lot. Beautiful gourmet kitchen. Finished walk-out basement

#### Deerwood Vista

85 Deerwood Drive • \$829,000

Spectacular lot with panoramic views.

Call me for details on both properties.

Wishing you a New Year filled with peace and prosperity.

## Eva Stadelmaier Broker Associate

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Call me any time to discuss the market or I would be happy to answer any questions you may have about buying or selling a home. Visit my Website at [www.kencarylrealty.com](http://www.kencarylrealty.com)



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