

Mandatory Watering Restrictions For Ranch Residents

Submitted by Tim Anderson, Ken-Caryl Ranch Water and Sanitation District

Denver Water has declared a Stage 2 Drought. Because the Ken-Caryl Ranch Water and Sanitation District ("District") purchases all of its water from Denver Water, Ken-Caryl Ranch residents must follow Denver Water's outdoor watering restrictions.

Mandatory watering restrictions began April 1, meaning District customers may only water their lawns two days a week and must follow this schedule:

- Single-family residential properties with addresses ending in even numbers: Sunday, Thursday
- Single-family residential properties with addresses ending in odd numbers: Saturday, Wednesday
- All other properties (multi-family, HOAs, commercial, industrial, government): Tuesday, Friday

Human Remains Found In Open Space

On April 2, human skeletal remains were found by a hiker in Open Space west of C-470 and south of Bowles. Initially, the remains were believed to be in Ken-Caryl Ranch Open Space, but the Jefferson County Sheriff's Office determined that the remains were actually in Jefferson County Open Space. The Sheriff's Office said the skeletal remains were collected for forensic processing, and the identity, gender and cause of death were not known at press time.

Full Moon Hike

Come experience Ken-Caryl Ranch by the light of the "Full Egg Moon" on Friday, April 26 from 7 to 8 p.m. at Dakota Lodge. Do some egg...citing experiments and take a short hike in the Ken-Caryl Ranch Open Space. Register for Course #25722 at www.ken-carylranch.org or by calling 303-979-4070. See Page 17 for a great article about eggs by our Environmental Education Specialist Ernie Stone.

In This Issue

- Bees & Chickens On KC Ranch
- Trail Naming
 Contest
- Trail Club Update

In addition, customers must follow the standard annual watering rules:

- Do not water lawns between 10 a.m. and 6 p.m.
- Do not waste water by allowing it to pool in gutters, streets and alleys.
- Do not waste water by letting it spray on concrete and asphalt.
- Repair leaking sprinkler systems within 10 days.
- Do not water while it is raining or during high winds

In the near future, you should receive a Denver Water brochure via USPS that provides details on the water restrictions, including the rules applicable to washing motor vehicles and watering plants. Violators of the watering restrictions can be assessed significant fines.

Moreover, because of the extreme drought we are experiencing, Denver Water will be assessing a drought surcharge on the water it provides to the District in order to reduce demand and conserve water for next year. The surcharge translates to a substantial increase in the rate charged by Denver for the water it supplies to the District. The surcharge will remain in effect until the mandatory restrictions are lifted.

The District will pass the surcharge onto its customers. Please visit the District website (ken-carylwater.org) to see the new water rates. Bills received on and after June 1 will reflect the surcharge increase for prior consumption reflected on that billing.



The 2013 Easter Egg Hunt was rescheduled for March 30 due to a winter storm on the original date. The weather couldn't have been better for the hunt! Thanks to everyone who came out to the event. Please see Page 9 for a full-spread of photos.

Photo by Anne Frisz

Preferred Alternative For Community Center Campus Master Plan

by KCRMD District Manager Darrell Windes

The Ken-Caryl Ranch Metropolitan District (KCRMD) Board of Directors at its

March 26 Board Meeting received an update from the landscape consulting and design firm of Mundus-Bishop on the progress of the Community Center Campus Master Plan.

Last fall the KCRMD Board contracted with Mundus-Bishop to develop a master plan for the Community Center campus for the purpose of planning for possible future recreational amenities and improvements on the site. An Advisory Group of residents and staff has been working with Mundus-Bishop since December on reviewing various design alternatives for the campus site. Following two community meetings conducted in January and March, a preferred design alternative for the site has been developed for review and comment by the community.

The KCRMD Board of Directors is now requesting comments on the preferred alternative, which can be viewed on the Ken-Caryl Ranch website at www.ken-carylranch.org. Copies of the preferred alternative plans are also available for review at both the Ranch House and the Community Center. The majority of the cost for developing the master plan was provided through a Joint Venture Grant the KCRMD had received through Jefferson County Open Space.

Please contact KCRMD District Manager Darrell Windes at darrellw@kcranch.org or 303-979-1876, ext. 114, with any comments or questions.

А солепапі руоїесіва соттипіу

Drug Take-Back Day Saturday, April 27

Turn In Your Unused Or Expired Medications For Safe Disposal

The Jefferson County Sheriff's Office will be joining law enforcement agencies nation-wide to remove potentially dangerous controlled substances from our nation's medicine cabinets. The DEA's National Take-Back Day provides an opportunity for the public to surrender expired, unwanted or unused pharmaceutical-controlled substances and other medications for destruction. These drugs are a potential source of supply for illegal use and an unacceptable risk to public health and safety.

Sheriff's representatives will be set up at two drop-off locations across the county: $\frac{1}{2} \int_{\mathbb{R}^{n}} \left(\frac{1}{2} \int_{\mathbb{$

Saturday, April 27, 10 a.m. - 2 p.m.

- **Dakota Ridge High School**, 13399 W. Coal Mine Ave., Littleton (west parking lot)
- Evergreen Fire Rescue, 1802 Bergen Parkway, Evergreen
 This one-day effort is intended to bring national focus to the issue of increasing pharmaceutical-controlled substance abuse.
- The program is anonymous.
- Prescription and over-the-counter solid dosage medications (tablets and capsules) are accepted.
- Intravenous solutions, injectables and needles will not be accepted.
- Illicit substances such as marijuana or methamphetamine are not a part of this initiative.

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7676 South Continental Divide Road
Littleton, Colorado 80127

http://www.ken-carylranch.org

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Manager's Column_

by KCRMA Executive Director Chris Pacetti

Reserves Report: I recently prepared a status report for the Finance Committee and Board capturing our 2012 Reserve Expenditures. It was suggested that I share this information with the community:

Your Master Association identified and completed the following projects for the 2012 Reserve Plan.

- 1	l .				
ı	PR	<u>OJECT</u>	<u>STATUS</u>	<u>ACTUAL</u>	BUDGET
ı	1.	Ranch House Snack Bar Deck	Repaired	\$3,716	\$34,000
ı	2.	Ranch House Pool Wader Pump	Complete (2011)	\$1,950	\$6,000
ı	3.	Ranch House Siding	Complete	\$9,706	\$12,000
ı	4.	Bradford Pool Wader Pump	Replaced	\$2,317	\$2,000
ı	5.	Equestrian Ctr Pasture Shelter	Complete	\$12,198	\$15,300
ı	6.	Equestrian Ctr Manager's House Paint	Scheduled for fall	\$4,278	\$6,715
ı	7.	Equestrian Ctr Dakota Lodge Furnace	Complete (2011)	\$4,175	\$3,700
ı	8.	Sidewalk Repairs	Complete	\$27,144	\$30,350
ı	9.	Asphalt Conversion	Complete	\$91,913	\$99,422
ı	10.	North Hogback Trail Grading	Complete	<u>\$6,450</u>	\$8,900
ı		-		\$163,847	\$218,387
	١.				

The following projects were not planned for 2012 but were completed.

1. Equestrian Center Pasture Fencing: \$8,997

Funds were used to purchase materials to reinstall a portion of the pasture fence following the grading work that was completed in conjunction with the drainage project. The original plan was to reinstall the old fence, but when it was removed that did not make sense. A section of this fence is scheduled for replacement in 2013. 2. Ranger Truck: \$33,680

Had been scheduled for earlier replacement, but we continued to use it as long as it was operable. Truck needed expensive repairs so the Board decided to replace it at this time.

3. Ranch House Pool Plumbing Repairs: \$23,260

Pool leaks were discovered late in 2011 and were repaired over

4. Equestrian Center Staff House Windows: \$9,771

This was scheduled for 2013, but it was decided that we should move it earlier in an Continued on Page 3



Community Calendar

Upcoming events/meetings are as follows (all meetings/activities will be at the Ranch House unless otherwise stated):

BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.

April 2013 Tuesday 16 6:30 p.m. **MA Board Meeting** Tuesday 23 6 p.m. **MD Board Meeting May 2013**

Tuesday MA/MD Joint Study Session 6 p.m. Saturday 18 8:30 a.m.-2 p.m. "Not Just Electronics" Recycling Event

Tuesday 21 6:30 p.m. **MA Board Meeting MD Board Meeting** Tuesday 6 p.m.

Ranch House Story Time Every Friday, 10:15 a.m.

COMMITTEE/TASK FORCE MEETINGS

Architectural — the second and fourth Thursday at 7:30 a.m.

Community Planning Committee — the first and third Thursday at 4 p.m.

Covenant — third Wednesday at 4:30 p.m. **Historical Society** — Wednesday, April 17, 2-4 p.m.

MA Finance — Tuesday, April 9, 5:30 p.m. — *Date Change*

Open Space — Thursday, April 25, 7 p.m., Dakota Lodge

All days and times are subject to change. Please visit www.ken-carylranch.org for updated information. For more information about a particular meeting or a specific committee,

please call 303-979-1876 or visit www.ken-carylranch.org.

Important Reminders From Waste Connections

Auto Dial Service: Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com, please click on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom

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Ken-Caryl Ranch Master Association

Board of Directors: Paul Camp, Chris Figge, Dennie McGarry, Dan

Mullins and Valerie Walling.

MA Executive Director Chris Pacetti 303-979-1876, ext. 116 chrisp@kcranch.org Ranch Ranger (mobile phone) 303-901-6890

Ken-Caryl Ranch Metropolitan District Board of Directors:

Jeffrey Esbenshade, Robert Generoli, Lauri Lehan-Milano, Ryan Rhinehart and Dennis Sykes.

District Manager Darrell Windes darrellw@kcranch.org 303-979-1876, ext. 114

Parks, Open Space, Sprinklers 303-979-1876 (weekdays) (after hours, weekends) 303-979-1876, ext. 320 Recreation Activities, Ranch House 303-979-4070

303-979-2233

Environmental Education 303-973-0280 To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information.

Community Center

of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.

- Delayed Trash Days: Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pick-up day falls on a holiday or within the same week as a holiday, your collection schedule will run one day late.
- **Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service toters/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.
- **Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or www.wasteconnectionsofcolorado.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.
- Service Problems: If you are experiencing service problems or have a missed pickup, please call VP of Operations Bill Maupin directly at 303-520-2698.

Covenant Clips

Bees And Chickens On Ken-Caryl Ranch

by Community Standards Administrator Julie Kearful

Perhaps some of you have noted that Jefferson County has recently amended its regulations to allow bees and chickens in residentially zoned districts. This, of course, includes Ken-Caryl Ranch. However, as reflected in the Official Development Plan of Ken-Caryl Ranch, our documents may be more restrictive than those of Jefferson County, which is the case regarding chickens.

Although our community has had several homeowners over the years who have kept bees without any problems, the presence of chickens is against our covenants. Section 4.04 of our Master Declaration of Covenants, Conditions and Restrictions states in part,

"No poultry may be kept on any lot or multifamily site." The above mentioned document is not one that can be easily amended or altered in any way. As a result, those property owners for whom raising chickens is a priority in life need to do so someplace other than on Ken-Caryl Ranch.

Please keep in mind that rules and regulations are dynamic in nature...new issues surface, new regulations are added, inappropriate ones are deleted and others simply are amended or updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-carylranch.org so try to make certain you, too, are up-to-date. Also, don't hesitate to call me at 303-979-1876, ext. 119, or email juliek@kcranch.org should you have any covenant or architectural questions or comments. Help will be gladly offered.

Kanger Field Notes

Open Space Committee Looking For New Name For Trail Re-Route

by KCRMA Open Space Manager Sean Warren

At the end of last year's trail building season, Ken-Caryl Ranch Open Space staff and volunteers completed construction of a trail re-route along the eastern flank of Tin Cup, the highest point on the Ranch.

The newly re-routed trail, which is approximately 6,000 feet long, replaced severely eroded sections of Bradford Trail, creating a safer, more sustainable trail tread while providing an overall better experience for all trail users. The Open Space staff is in the process of restoring the abandoned section of trail.

Bradford Trail is the longest trail on Ken-Caryl Ranch Open Space land at five miles. It begins at the end of North Ranch Road and winds along the north section of Ken-Caryl Ranch Open Space, climbing into the foothills and intersecting Manor House Trail at its western terminus. Because of its length and the fact that it intersects many other trails along its span, there is some confusion and awkwardness when describing the location of the various sections of the trail. Staff often prefaces the moniker by referring to the lower, middle or upper sections of Bradford Trail. When working on the re-route, staff and volunteers often referred to the project as East Tin Cup to differentiate between another trail re-route along the southern slope of Tin Cup whose project name was South

In an effort to bring attention to the newly completed project and to address confusion surrounding the location of the trail, the Ken-Caryl Ranch Open Space Committee would

like to ask the community's help in renaming this re-routed trail segment. The new name will be applied to the trail segment between the intersection of Bradford Trail and the eastern terminus of Beacon Hill Trail, to the intersection at the western terminus of Manor House Trail (see map below).

The new name could take a cue from the world of plants and animals like Golden Eagle Trail or Big Bluestem Trail. It can also come from geographical features like Ridge Trail or Summit Trail, or it can be experiential like Grand View Trail. You may also use proper nouns as long as they refer to historical figures (like Shaffer Trail), place names (Beacon Hill Trail) or events (Fourth of July Trail). Please do not include names of businesses or companies or names intended to be a memorial to departed loved ones.

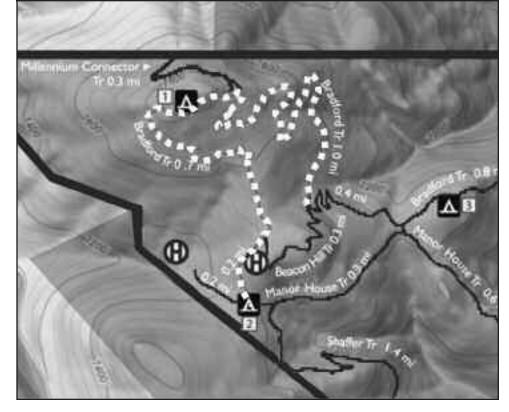
Send in your nominations for the new trail name to seanw@kcranch.org or mail to KCRMA, Attn: New Trail Name, 7676 S. Continental Divide Road, Littleton, CO 80127. Please send in your nominations by April 24. The committee will pick the best name, and with final approval of the Ken-Caryl Ranch Master Association Board of Directors, the name change will be made and full bragging rights will be bestowed upon the person providing the winning name.

Open Space ID Bracelets

Many trails on Ken-Caryl Ranch are private, and only residents and their accompanied guests are allowed to use these trails. To be easily identified as a resident, you can wear an Open Space ID Bracelet. To obtain your own blue ID bracelet, go to the Ranch House Recreation Office or the Community Center. You will need to complete a registration form and provide proof of residency. There is no cost.

Ken-Caryl Ranch Private Open Space Trail Naming Contest

The trail section highlighted by the dotted line will receive a new name.





Life at Ken-Caryl Board Meeting Summary

MD Board Meeting

On March 26, the Ken-Caryl Ranch Metropolitan District held a Regular Meeting of the Board of Directors and discussed the following items and took the following actions:

- The Board received a presentation from the landscape consulting firm of Mundus-Bishop, which was hired by the District to develop a Master Plan for the Community Center campus. The most recent preferred master plan alternative will be available for review by the community through the Ken-Carvl Ranch website as well as at both the Ranch House and Community Center. The Board will consider any action on the plan at a future Board meeting.
- The Board received an update from Director Lehan-Milano on the most recent meeting of the Community Planning Committee, a joint committee with the Master Association.
- The Board took action to authorize the sale of a District Parks Department maintenance vehicle that was scheduled for surplus.
- The Board received an update on the Veterans Monument Committee from Director Esbenshade
- The Board was updated on the progress of the baseball field improvements at the Community Park. Construction of the dugout roofs is scheduled to be completed by the first week of April.
- The Board authorized the replastering of the Community Center Pool to be funded through the District's Capital Reserve Plan. The Board also authorized the repair of the Community Center Pool heater for the 2013
- The Board received an update from Di-

rector Generoli on the status of Open Space properties leased by the District from Jefferson County.

- The Board discussed a proposal from the architectural firm of Sink, Combs and Dethlefs to develop a conceptual design plan for the Community Center for A.D.A. compliance. The Board took action to table any further discussion on this topic until the Community Planning Committee issues its community master plan report, which is anticipated to be out this summer.
- The Board took action to approve the 2012 performance review for the District Manager as well as approving the 2013 Employment Agreement for the District Manager.

Joint Study Session

On April 2, the Ken-Caryl Ranch Master Association and Metropolitan District Boards held a Joint Study Session at the Ranch House and discussed the following items:

- The Jefferson County update on the C-470 Coalition and the Western Beltway was tabled due to a scheduling conflict at the
- The second quarter ADA Compliance Report to the Boards was presented by staff.
- The area around the flag poles at the Ranch House was discussed as a potential site for a Veteran's Memorial. Formal action on this site will be scheduled for the Master Association Board Business Meeting in April.
- Staff reviewed the Community Center Campus Master Plan preferred option with the Board. The plan is available on our website, at the Ranch House and at the Community Center. Community members are encouraged to review and submit their comments on the plan.

Manager's Column_

effort to save as much on energy consumption as possible this winter.

Finally these projects were planned for 2012 but not completed for reasons stated

1. Ranch House Pool Deck Lighting, On hold: \$10,000

There were enough fixtures left from re-lamping the Ranch House parking lot to extend the time for replacement of the pool lights.

2. Bike Path Ken Caryl Ave., Moved to 2013: \$17,000

We are working with Jefferson County on a design intended to improve the section of path adjacent to Ken Caryl Ave. at the entrance of the Valley.

3. Heirloom Park Playground, ADA Audit: \$21,000

4. Equestrian Center Large Arena Footing, Moved to 2013: \$10,000 With the drainage project still in full swing this summer, staff decided to not cause any

- further disruption to the horses and their owners at the Equestrian Center. 5. Equestrian Center Dakota Lodge Paint, Moved to 2013: \$4,950
- This project was on hold awaiting Resident Survey results.
- 6. Ranch House HVAC, Only use if needed: \$5,200 7. Bradford Pool Deck Repair, Not necessary: \$3,000
- 8. Equestrian Center Office Flooring, Not necessary at this time: \$5,000

\$76,150 **Total**

Visit KCR's website www.ken-carylranch.org for updated information on upcoming meetings and other events.

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'Not Just Electronics' **Recycling Event May 18;** Community-Wide Garage Sale June 7-8 Residents will be able to sign up their

Do you want to park your car in your garage? You can clear out the garage by participating in the "Not Just Electronics" Recycling Event on May 18 at the Ranch House and the Ken-Caryl Ranch Community-Wide Garage Sale on Friday and Saturday, June 7 and 8, from 8 a.m. to 2 p.m. in your own driveway

Last year, the KCR Garage Sale was held on the same day as the Electronics Recycling Event, but the events will be on separate days this year in response to the Garage Sale Survey results. The Electronics Recycling Event is now called the "Not Just Electronics" Recycling Event to better reflect the multitude of items that can be recycled. Look for more information in the April 24 issue of Life at Ken-Caryl and in the e-News.

LIFE AT KEN-CARYL is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. and to be respondent to the needs of the community. We welcome suggestions and ideas for make ing this newspaper a good community servant. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE

The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

Community Relations Director: Victoria DeSair, 303-979-1876, ext. 122 victoriad@kcranch.org Email or send articles, photographs, letters to the editor and advertisements to:

Life at Ken-Caryl c/o Ken-Caryl Ranch Master Association 7676 South Continental Divide Road Littleton, Colorado 80127 Fax: 303-972-1272

For information on display advertisements, please call Victoria DeSair at 303-979-1876, ext. 122.

For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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household for the garage sale, and each household can decide if they want to hold their sale on Friday, Saturday or both days. Information on how to sign up, along with other details, will be published in future issues of Life at Ken-Caryl and in the e-News.

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Your Dues & Taxes At Work.



Improvements have been made to the two baseball fields at Community Park across from Shaffer Elementary. The Ken-Caryl Ranch Metropolitan District partnered with Ken-Caryl Little League and South Jeffco Sports to jointly fund the project.

Covers were installed over the dugouts on each field to provide much-needed shade for

the players. New backstop fencing was also installed on both fields, and new infield mix and a homerun fence were installed on the west ballfield. The total cost of the project was \$45,000. The money came from the KCRMD Capital Improvement Fund, the Parks Department Operating Fund, Ken-Caryl Little League and South Jeffco Sports.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranch.



Keeping Your Property And Belongings Safe

Editor's Note: Spring has arrived, and residents are often found working in their yards. It's very common to drive through a neighborhood and see garage doors open because people want to easily go in and out of their garage. Or sometimes people will leave their car unlocked in the driveway or on the street. These actions are inviting criminals to take our personal belongings because of the easy access. Please remember to close your garage doors and lock your cars.

What You Can Do

The Sheriff's Office believes that you can significantly reduce the chances of being victimized by implementing some of the following suggestions:

- Always close garage doors after use
- Don't leave unattended property, such as bicycles, outside your residence
- Lock vehicles when not in use, even in your driveway, and take the keys with you
- Don't leave vehicles running unoccupied
- Don't leave property in plain sight inside your vehicle, no matter where it is parked
- Install alarms and or "kill" switches in vehicles
- Know who belongs in your area and report suspicious persons immediately
- Keep your house well-lit at night to discourage would-be burglars
- Keep records of serial numbers for valuables such as stereos, bicycles and sports equipment
- Talk to your neighbors and look out for one another
- Remember to lock the trunk, hatchback or the tailgate of a station wagon or SUV

- Don't leave your motor vehicle registration, insurance policies, credit cards or other important papers anywhere in your vehicle
- Never hide a second set of keys in your vehicle
- If possible, avoid parking next to large vehicles that may provide cover for a thief.
 Recognizing Suspicious Vehicles

Vehicles in the following situations MAY be involved in crimes and should be reported to authorities:

- Slow moving, without lights, following an aimless course near schools and playgrounds (burglar, drug pusher or sex offender)
- Parked or occupied, containing one or more people, especially at an unusual hour (lookouts for a burglary or robbery)
- Parked by a business or unoccupied residence, being loaded with valuables (burglary or theft)
- Abandoned in your neighborhood (stolen car)
- Containing weapons (criminal activity) Someone, especially a female or juvenile,
- being forced into a vehicle (kidnapping, assault or attempted rape)Someone attempting to forcibly enter the
- Someone attempting to forcibly enter the vehicle, especially in a parking lot (theft of vehicle or its contents)
- People detaching mechanical parts or accessories (theft or vandalism)
- Objects being thrown from the vehicle (disposing of contraband)
- Business transactions taking place in the vehicle, especially around schools or parks (sale of stolen items or drugs)

From The Sheriff's Desk.

Is Your Car Vulnerable? by Sheriff Ted Mink

Spring beckons all of us to enjoy the outdoors and the many activities that Colorado has to offer. The thaw also provokes budding criminals to wreak havoc on the fun in the sun.

The Sheriff's Office has noticed a recent spike in the number of cars trespassed. Of the 748 vehicles trespassed in 2012, 80 percent were unlocked. The best defense is to make things harder on the criminals. Keep in mind that places like hiking trails, parking lots and movie theaters are easy targets because criminals know you'll be gone for a while.

If you park your vehicle in the Open Space lots and/or Park and Ride areas, be responsible about locking your doors. Keep valuables out of sight, preferably locked in the

trunk. Better yet, leave valuable items at home. Criminals looking for after-market stereos, purses, wallets and other items like to target cars in these areas since the cars may be unattended for hours at a time.

Long hikes and movies



Sheriff Ted Mink

aren't the only time when your car is vulnerable. It's also possible to be taken for a ride when you're away from your car for mere minutes. Some parents picking up or dropping off their children at daycare centers have returned to their unlocked cars to find that items have been stolen. Also, car wash bays and gas stations can be a prime spot for thieves if people are walking away from unlocked cars. Even if you are in a hurry, or think you'll be away from the car for just a minute, it's always a good idea to lock up.



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Road Closures In Valley For Hogback Hustle Race

Stallion Pointe

The Bradford Elementary PTA is having their fourth annual 5K and one-mile fun run on Sunday, April 21. The 5K is at 9 a.m. and the fun run is at 10 a.m. There will be several road closures the morning of the race. The main closures are as follows:

- The Valley Parkway southbound lane will be closed from Woodruff Drive to the southern intersection with White Oak. Traffic will only be allowed northbound from approximately 9 to 9:45 a.m.
- The inside lane of White Oak Drive will be closed from approximately 9 to 9:30 a.m. lane and take a right onto Valley Parkway. • The Valley Parkway southbound lane will
- Traffic will be able to go in the outside

- be closed from Woodruff Drive to Mountain Willow Drive from approximately 10
- The one-mile family fun run will start at Bradford Intermediate School and head south on Valley Parkway, west on Mountain Willow, north on Blue Sage, east on Woodruff Drive and south on Valley Parkway. This will be from approximately 10 to 10:20
- · Cars at intersections with the race course may need to wait for runners/walkers to cross before proceeding. Most delays should be short.

The whole community is welcomed and encouraged to run or walk the race. For registration and other race information, see Page 18 or visit www.hogbackhustle.com.

Resident Survey FAQs: Fences, Costs Of New Buildings And Incorporation

In this edition of the Resident Survey Frequently Asked Questions series, we will address fence repair/replacement, costs of new buildings and incorporation of Ken-Caryl Ranch. The full listing of survey comments and the answers to previous Frequently Asked Questions are available on our website at www.ken-carylranch.org under Community & News then Resident Survey.

Who pays for fence repairs/replacement?

This is a complicated issue as some sections of fence are the financial responsibility of the Association/District (the fence along both sides of Continental Divide Road) while individual owners are responsible for other sections (the fence along both sides of Valley Parkway). How did this come about? The fences were installed by the builders/developers at different stages of the development of Ken-Caryl Ranch. Depending upon the conditions at the time of development, different standards were applied and fence maintenance assigned. MA and MD Boards have been wrestling with this problem since the early 1990s with no obvious or easy solution. Have maintenance and upkeep been considered in the cost of new buildings?

For purposes of the survey only, very rough construction cost estimates were used. However, before any construction is actually proposed, the costs to maintain any new building would need to be carefully reviewed and factored into any decision.

Has there been thought about incorporating Ken-Caryl Ranch?

Yes, incorporating Ken-Caryl Ranch was considered several years ago. However, the sales tax revenue available from the Ranch was determined not to be enough to pay for the services required of a city. Consideration was given to increasing the size of the "city" to beyond Ken-Caryl Ranch, and that idea was not well received so the concept was dropped.

Metropolitan District Job Opening

General Maintenance Attendant (Seasonal, May - Sept.)

Position: General Maintenance Attendant Salary: \$8-12/hour DOQ

Hours: up to 30 hours a week

The Ken-Caryl Ranch Metropolitan District is accepting applications for a seasonal General Maintenance Attendant. This position will be responsible for facility and general maintenance activities, including inspecting facility lighting, cleanliness and ensuring that the facilities remain in a safe and useable condition for all users.

Major Responsibilities:

- Routinely checking the facilities
- Taking care of any maintenance problems that may arise
- · Helping set up and take down program activities and special events

- Collecting trash
- · Other duties as assigned

Qualifications:

- Valid Driver's License
- Have ability to stand, walk, sit, kneel, stoop, bend, lift, squat, push, pull, crawl, jump, climb, pinch, grip, reach over head, reach away from body and perform repetitive motions.

• Clean Motor Vehicle Record (MVR)

• Have ability to lift, move and carry objects in excess of 50 pounds frequently.

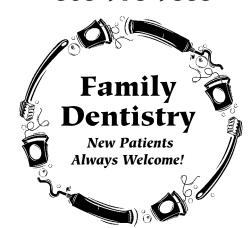
Applications will be accepted until position is filled. To apply, please drop off a resume and cover letter at the Ranch House located at 7676 Continental Divide Road, Littleton, CO. 80127 or email to Scott Babich scottb@ kcranch.org. You may also download an application at www.ken-carylranch.org.

David Geck D.D.S., M.S.

Assistant Professor & Clinical Instructor University of Colorado School of Dentistry

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*Must present gift certificate at time of service. Please contact AURA for other terms and conditions.



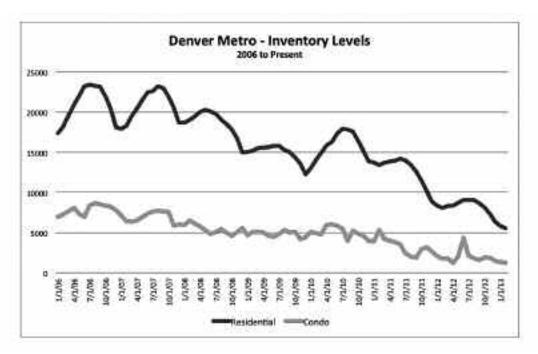
303-933-AURA 12664 W. Indore Pl. Littleton, CO 80127 www.theaurasalon.com



J Beverly Hills Concept Showcase Salon and The SPA at AURA



Living and Loving Ken-Caryl 20-Year Resident And Local Expert



RESIDENTIAL HIGHLIGHTS:

- 18.5 increase in the number of closed sales year-to-date
- 23.6% decrease in average days on market (81)
- 31.4% decrease in active listings
- 11.7% increase in average sold price

CONDO HIGHLIGHTS:

- 22.1 increase in the number of closed sales year-to-date
- 27.7% decrease in average days on market (73)
- 37.9% decrease in active listings
- 8.8% increase in average sold price

SUMMARY

The main story in real estate remains our very low levels of inventory. Prices are on the rise and sellers are seeing their homes go under contract within days of hitting the market with multiple offers. If you have been considering selling your home, there is no better time. Interest rates remain at historic lows and there are many active buyers.

> Call SUSAN today for a price evaluation of your home.

BUYER NEED

Buyer looking for home in Ken-Caryl Plains: 3+ Bedrooms, 2+ Baths, well maintained and nice family street for them to raise their young family. Updates are nice but not necessary.

TESTIMONIAL FROM KC RESIDENT

"When we were ready to put our house on the market, we knew that we would call Susan to market it. She was a former neighbor and we knew that she was honest and trustworthy. Our house sold quickly because of Susan's good advice and her friendly, helpful information. It was a pleasure to have Susan as our Realtor and to be able to keep her as a dear friend."

Marj and Dick Taylor, 11415 San Joaquin Ridge, Cimarron, 25-vear-residents and original home owner.

COMMUNITY NEWS:

Remember to nominate a home you would like to see on the Ken-Caryl Tour of Homes by May 15th. Email to ken-carylhometour@gmail.com





WORK WITH SUSAN AND CONSIDER IT DONE!



SOLD! 2 Catamount \$749,000



SOLD! **4 Desert Willow Lane** \$500,000



6 Summit Cedar \$435,000



SOLD! 8241 San Juan Range Rd. \$349,000



SOLD! **5 Bark Cherry** \$590,000



SOLD! 21 Summit Ash \$577,000



SOLD! 7 Mountain Cedar \$800,000



SOLD! 7 Summit Ash \$615,000



SOLD! 23 Sand Cherry \$550,000



SOLD! 11704 Elkhead Range Rd. \$200,000



SOLD! 8 Blue Sage \$425,000



SOLD! **22 Mountain Laurel** \$740,000



SOLD! \$186,000



SOLD! 8012 S. Culebra Peak 11415 San Joaquin Ridge \$269,000



SOLD! 30 Tamarade Drive \$807,500



SOLD! 64 Deerwood Dr. \$716,000



SOLD! 10925 Half Moon Pass \$296,000

Thank you Ken-Caryl neighbors for making our community a special place to live!



SOLD! 6 White Fir Ct. \$927,000

5280 Five Star Agent, 2010, 2011, 2012 20-Year Ken-Caryl Resident **Past KCPN President**

> Bradford, Shaffer, Deer Creek and Chatfield Parent/Sponsor

20 Years Business Owner and Sales Professional



Proud Sponsor of Chatfield Baseball





Life at Ken-Caryl Minding Our Business CrossFit

Ken Caryl

Local CrossFit Gym **Enhances Fitness** Offerings In Area

by Community Relations Director Victoria DeSair

Owner Paul Longfellow opened CrossFit Ken Caryl in May 2012 in the Ken-Caryl Business Center at 8101 Shaffer Parkway, Suite No. 1. For those of you not familiar with Cross-Fit, it is an exercise program that is a continual evolution of constantly varied, functional movements, performed at high intensity. CrossFit Ken Caryl offers personal training in a class or group format, basic fundamental courses, nutrition plans and a lot of fun work-

"I decided to open my gym because there were no other CrossFit gyms in the Ken-Caryl area," said Paul. "CrossFit had changed my life in so many different ways that I wanted to share this healthy addiction with other people in my community."

Paul said that a common and valid misconception is that joining a CrossFit Box (gym) is just the same as joining a regular gym. He said this is not true and the main reason is that CrossFit is a program, not just a facility. "The CrossFit 'movement' in itself is in a constant state of evolution," said Paul. "More advanced movements are introduced, higher



Paul Longfellow is the owner of CrossFit Ken Caryl located in the Ken-Caryl Business Center.

loads are prescribed for the Workouts of the Day (WODs) and new implements are used all the time. This is reflected in the structure and programming of the Open, Regionals and CrossFit Games."

"A normal gym membership, in most cases, is just access to a facility," said Paul. "If you are lucky and choose an old school gym you might get programming included in that membership, or it could be an optional paid extra. And unless you are paying for personal training, it is up to you to choose the time you head to the gym, it is up to you to motivate yourself and it is up to you to make your way around the gym, hopefully performing the exercises with the correct

Paul said if you want to join a CrossFit Box then you should expect that you are joining a program that has an end goal of forging the best athletes possible by providing their best interpretation of CrossFit programming. He said the best piece of advice for someone wanting to know more about CrossFit is to try it.

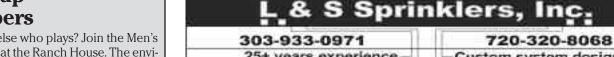
"We at CrossFit Ken Caryl are focused on making ordinary people extraordinary," Paul said. "We are not a 'hard core' gym or a competitive gym. We take regular working people and make them stronger, faster and healthier. All of our WODs (workouts of the day) are scaled for every single individual. No matter if they have injuries, health issues,

CrossFit Ken Caryl employs five trainers in addition to Paul. They always let people try their first class free of charge to make sure that CrossFit is a good fit for them. They do not have long-term contracts, and instead offer a month-to-month membership with a 30-day notice to vacate membership. If you mention this article, you can get 50 percent off your first month's membership dues. The offer expires June 1. See www.crossfitken caryl.com for pricing and options or call 303-

Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122 or victoriad @kcranch.org.

Men's Bridge Group **Looking For Members**

Do you like to play bridge, but you don't know anyone else who plays? Join the Men's Bridge group that plays every Monday from 9 a.m. to noon at the Ranch House. The environment is relaxed and friendly with coffee and treats provided. Call Tom Van Egeren at 303-979-6626 for more information or just show up.



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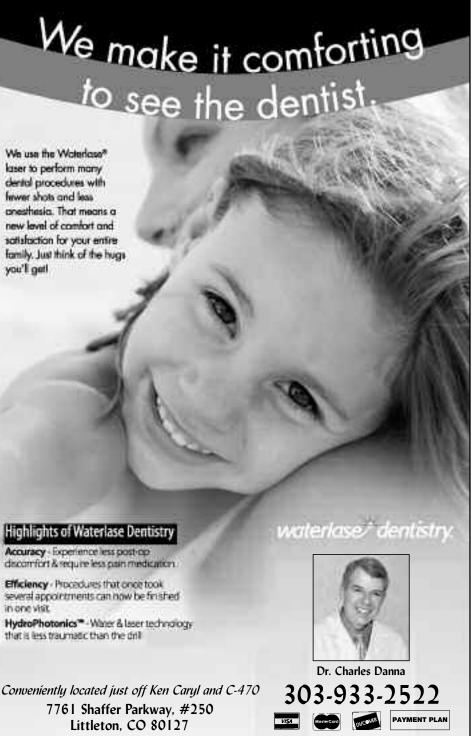
Michelle DeCarlo, Agent 5912 S. Cody Street Suite 300 Littleton, CO 80123

Bus: 303-978-1223 Cell: 303-522-6670 Whether you need a question answered, a problem solved or a claim reported, my job is to make it happen. Like a good neighbor, State Farm is there.® CALL FOR A QUOTE 24/7

Southwest corner of Bowles and Wadsworth. Ken-Caryl Resident



State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL.



Fostering The Ken-Caryl Ranch Open Space Experience

Submitted by The Ken-Caryl Trail Club Spring has sprung, and what does that mean for many Ken-Caryl residents? It means getting outside, breaking out of winter hibernation, and enjoying our fantastic Open Space and amazing scenery. Whatever the mode for accessing the outdoors, the Ken-Caryl Ranch Trail Club lends a hand to help make the most of experiencing local trails and Open Space.

The Ken-Caryl Ranch Trail Club is a group of Ken-Caryl Ranch residents that volunteer time on projects provided by the Ken-Caryl Ranch Rangers. The primary focus of volunteer hours is to improve and maintain Ken-Caryl Ranch trails. The Ken-Caryl Ranch Trail Club has a joint-use agreement with Willow Springs Open Space. Members of the Trail Club contribute 12+ hours of volunteer service annually and in exchange are eligible to receive permission and an ID bracelet for use of trails in private Open Space owned by Willow Springs. The Trail Club promotes stewardship, volunteerism and responsible trail use and management for all residents of Ken-Caryl Ranch.

In 2012, Trail Club members volunteered 1,470 hours to projects in the Open Space.



The Trail Club helped re-route the east portion of the Lark Bunting Trail. The re-route corrected significant erosion problems and detoured around sensitive habitat the old trail went through.

In fact, these hours do not reflect the volunteer members' complete commitments. With additional time to get to and back from work sites, it is estimated that more than 2,000 hours were volunteered in 2012.

With this work, several significant projects were completed. The first project completed was a reroute of the east portion of the Lark Bunting Trail. The re-route corrected significant erosion problems and detoured around sensitive habitat the old trail went through. In total, under Ranger supervision, volunteers built just over 4,100 feet (0.78 mi) of new trail on this project.

The second project completed the wrapup of the North Shaffer re-route, which was started in the 2011 work season. This was a short endeavor with most of the work being



The Trail Club assisted the Ranger staff with the annual Christmas tree sale at Dakota Lodge. The volunteers help the Ranger staff with various maintenance and support projects throughout the year.

completed in 2011. In total, volunteers under Ranger supervision created an additional 600 feet (0.11 mi) of new trail to finish this project.

The third significant undertaking was the re-route of the East Tin Cup Trail. The old East Tin Cup trail came straight down the mountain, was highly eroded, non-maintainable, and was unsuitable for multi-use (hiking, equestrian, biking), which it was originally designed for. The new trail was a very strenuous trail to build due to steep and rocky terrain and hot summer weather, but Trail Club volunteers persisted in their efforts and completed the project in October with Ranger supervision. The new re-route is now a true multi-use trail and features spectacular views of the community as it winds through a myriad of rock outcroppings. In finishing this reroute, volunteers, along with Ranger staff, developed roughly 5,200 feet (0.98 mi) of original trail, which brought the season total up to approximately 9,900 feet (1.88 mi) of new trail for the 2012 work season.

The Trail Club also assisted the Ranger staff in the annual Christmas tree sale, both in bringing cut trees out of the Open Space and assisting at the sale at the Dakota Lodge, as well as various maintenance projects and support projects that the Ranger staff needed.

The Trail Club wants to recognize all its volunteers for all the hard work they put in the 2012 work season. Good job to all!

In the 2013 work season, the Rangers have multiple projects they will have Trail Club volunteers working on. There will be several social trail re-routes in and around the Valley, all identified in the Trails Master Plan, which will be worked on in the early part of the season. The main project identified for this season will be the construction of the Upper Massey Draw Trail. This will be the first new trail identified in the Trails Master Plan to be built (all post-TMP volunteer construction to date has been re-routes of existing trails) and the first new trail built since the Lost Canyon Trail.

At 2.5 miles long, this trail will give new access to residents for viewing beautiful parts of the Open Space. The trail will feature conifer forests, aspen groves, mountain meadows, spectacular vistas and big rock outcroppings. The trail will also provide improved access for Ranger patrols in this part of the Open Space. As in past years, volunteers will also be working on trail maintenance issues, as well as the Christmas tree sale.

New participation is always welcome, and enrolling in the Trail Club is a great way to give back to the community we live in. If you want to join the Trail Club, volunteer your time to support our Open Space and trails, or just want to learn more about the Ken-Caryl Ranch Trail Club, please contact Trail Club President Scott Baca at scottabaca@ gmail.com or review the Trail Club website at www.ken-carylranch.org. Scroll down under Open Space to Volunteer & Trail Club.

If you love the Open Space trails and don't have time to volunteer, we encourage you to consider a tax-deductible donation to the Ken-Caryl Ranch Foundation, a 501(c)(3)non-profit fund, by contacting Rusty Spinney at Rustyspinney@gmail.com. The Trail Club has established a sub-section within the Ken-Caryl Foundation for trail-related fundraising. All funds collected will go directly to buy tools and services to enhance our backcountry trails within the Ken-Caryl Open

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Jordan Alexander's Preschool Academy

"We Change The World One Child At A Time."

Discover the best of both worlds — a play-based preschool program alongside structured learning — at Jordan Alexander's Preschool Academy!

JAPA teachers combine the center's thematic curriculum with academic concepts in conjunction with play-based methods to support each child's total development. The Colorado Department of Education's Building Blocks curriculum model serves as our starting point: teachers plan and implement age-specific learning domains infusing each activity with classroom-specific creativity. This innovative curriculum approach is successful in regard to addressing and mediating the division that exists between academic and play-based schools of thoughts in an early childhood educational setting, proving that there is a happy medium: Jordan Alexander's Preschool Academy.



Play is our brain's favorite way of learning.

-Dr. Diane Ackerman

These JAPA kids are learning:

- Weights, sizes, shapes, colors (science and mathematics concepts) Socialization and cooperation
- Problem solving skills
- Large and small motor skills
- and self control
- Grouping, matching, and classifying objects
- Coordination between eyes and hands
- Spatial relationships
- To incorporate prior knowledge and experience during play

Providing quality care for children ages six weeks through six years for over 15 years! Now enrolling for the summer months.

Jordan Alexander's Preschool Academy 10670 Bradford Road, Littleton, CO 80127

Find us on Facebook!

(In the Ken-Caryl Business Park) 303-904-1121 • www.japakids.net















Although the Easter Egg Hunt was rescheduled for Saturday, March 30 due to weather, it could not have been a more delightful day. The Easter Bunny was hopping around to greet the young eggs hunters who eagerly waited for the countdown to begin.

At approximately 9 a.m. the hunt began, and within minutes, more than 5,000 eggs were gathered by all the excited children. There was a great turnout at the event!

We would like to give a huge thank you to our sponsor, Pat Lynch with Re/Max Professionals. Without her contributions and continued support of the Ken-Caryl Ranch community, we would not have the opportunity to offer this special event.

Albertson's, Hawk Construction, King Soopers, Owner/Builder Supply and Wal-Mart graciously donated Easter baskets for the raffle held at the end of the day, and then, by the luck of the draw, 10 fortunate winners went home with a little extra something to celebrate with. Chick-fil-A donated free kid's meal coupons that were handed out as patrons arrived. The Chick-fil-A Cow was also on hand to greet all the children as they waited in anticipation for the hunt to begin. Thank you to everyone for all the thoughtful donations. Make sure to mark your calendars for next year. We can't wait to see you there! Photos by Anne Frisz































Under Contract!







30 Mountain Pine • Wynterbrooke

6 Peregrine • North Ranch

5 Vinca • Colony

Thank You KCR For Our Easter Egg Hunt...

It was a beautiful day, the kids (as usual) were excited and darling.





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Ken-Caryl Ranch Metropolitan District RECREATION ACTIVITIES

For Your Information.

How To Register For Classes & Events

- Online: Go to ken-carylranch.org and click on Registration under Programs & Activities.
- **Phone-In:** Ranch House 303-979-4070, Community Center 303-979-2233
- Mail-In: Download a registration form at ken-carylranch.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127.
- **Fax-In:** Ranch House 303-979-5347, Community Center 303-979-6501
- Walk-In: Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

Recreation Office Hours

Ranch House Recreation Office (303-979-4070)

Monday - Friday • 8 a.m. - 6 p.m. Saturday • Closed Sunday • Closed

Community Center (303-979-2233)

Monday - Thursday • 5:30 a.m. - 10 p.m. Friday • 5:30 a.m. - 7 p.m.

Saturday • 8 a.m. - 7 p.m. Sunday • 8 a.m. - 8 p.m.

Finger Scan

Utilizing our finger scan stations or presenting a 2013 KCRMD valid ID is required for anyone age 3 or older. Those seeking resident discounts must show proof of residency within the Metro District boundaries. To receive or renew you must present one of the following: a valid Colorado Driver's License, Warranty Deed, Colorado ID, or Property Tax Statement which must have the applicant's name and valid KCRMD address. If you have questions regarding residency and/or ID cards, call the Ranch House for assistance at 303-979-4070.

Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

Nursery Hours

Community Center
Monday through Friday
9 a.m. - 3 p.m.
Hours may vary
according to reservations.

Visit www.ken-carylranch.org

Youth Programs_

Youth Anti-Bully/ Anti-Abduction Seminar

FORCE |
Sports presents the award winning children's F.A.S.T Self Defense System creat-



ed by Former Recon Marine Bill Kipp, who recently was named 2012 Self Defense In-



structor of the Year by Black Belt Magazine. The certified instructors at FORCE F.A.S.T. FIGHTING

TIGERS children's programs teach self protection and assertiveness skills to effectively protect our children from bullies and child predators. Using simple and effective non-violent conflict resolution skills, this scenario-based, two-hour proven program playfully gives children ages 6 - 12 the tools to stop bullies and attackers in their tracks! The confidence gained from the experience empowers them in all other facets of their lives! Class size is limited, so register early.

Ages: 6 - 12 years old **Day/Date:** Saturday, April 27

Time: 1 - 3 p.m. **Fee:** Res: \$69, Non-Res: \$75

Location: Community Center Course #27317

\$

Ken-Caryl Ranch REFUND POLICY

Requests for refunds must be made **48 hours** before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$

Summer Camp

Enjoy tennis, science, swimming, art, cooking, field trips and more! Each funfilled day offers campers a variety of new activities. Open swim daily and optional swimming and dance lessons are offered.

Ages: Entering grades K-6, Groupings are based on Fall 2013 grades.

Location: Grades K-3: Ranch House Grades 3-6: Community Center

Dates: Monday, June 3 through Thursday, August 15

Times: 6:45 a.m. to 6 p.m.

Registration:

- Families may register for full weeks (Monday-Friday), three days per week (Monday, Wednesday and Friday) or two days per week (Tuesday and Thursday).
- Full week registrations are given priority and processed first. All remaining spaces are filled with part-week registrations.
- Registration is ongoing.
- All families will be contacted by April 19 to confirm their registration.

 Fees:
 Full Week
 M/W/F
 T/Th

 Res:
 \$155
 \$99
 \$66

 Non-Res:
 \$180
 \$114
 \$76

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Michael Aden 303-525-4896



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Rick & Cindy Ford, 14 Bark Cherry



4 Mountain High Court Deerwood Vista







14 Bark Cherry • \$620,000 Bradford Place

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www.essexmedspa.com



Life at Ken-Caryl Fitness & Wellness

Belly Up To The Barre

The new ballet-inspired classes out there are all designed for one purpose: to help you achieve a slim, strong, sculpted dancer's body. Barre Conditioning is at a ballet bar, using your own body weight and the support of the ballet bar. It will promote body balance, strength and flexibility, while elongating your muscles.

The class is broken down into an intense, focused, yet fun and sassy 60-minute class that emphasizes the use of the "core" to support the body during isometric, cardio and small repetitious movements. The result is a "dancer" type body with longer, defined, stronger muscles in the entire body especially focused on the thighs, buttocks and hips. It was designed to have a specific fast-paced rhythm, resulting in muscle fatigue, paired with a cool down that lengthens the muscle.

The Barre Conditioning class is always broken down into a specific sequence, which is designed to open the muscles and exhaust it at a particular rate. Although the sequence will always be the same, the exercises will change due to students' ability, advancement or modification.

There is always new choreography that is brought in to "awaken" the muscle again, so the body is constantly in work mode and never immune to the exercises. This intense workout promotes the raising of metabolic rate that burns calories at a faster rate, while strengthening and lengthening your muscles. The result is a loss in inches around the waist and hip area. In between are a series of ballet-based cardio exercises that raise the heart rate. Barre conditioning is a workout that effectively targets every muscle in the body in one hour.

Barre Conditioning

Day & Time: Mondays, 10:45-11:45 a.m. **Dates:** April 1 - May 13 **Fees:** Res. \$105, Non-Res. \$126 Course #27104

Barre Conditioning

Day & Time: Wednesdays, 12:15-1:15 p.m. **Dates:** April 3 - May 15 **Fees:** Res. \$105, Non-Res: \$126 Course #27105

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 3:30 - 5 p.m. at the Community Center. Youth between 12 - 18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course, no walk-ins will be accepted. There is a class minimum of two participants, and a maximum of eight. If the minimum is not met, class will be postponed until the next session.

Fees: Res: \$20, Non-Res: \$23

Date: May 13 Course #26256 June 10 Course #26257

Fitness Schedule

Classes in CAPS suitable for beginners. • Res: \$6, Non-Res: \$8 or Facilities Pass. • *BARRE Class requires additional fee.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7:15-8:10 a.m.	MAT PILATES Carla		TONE IT UP Carla		TONE IT UP! Kerry		
7:45-9 a.m.		Power Pump Theresa		Power Pump Theresa			
8:15-9 a.m.	Step & Sculpt Theresa		Cardio Circuit Theresa	HATHA YOGA Karin 8-9:15 a.m.	Cardio Circuit Theresa		
8:30-9:30 a.m.						Step & Sculpt Instructors Vary	
9-10 a.m.							Step & Pump Chelsea
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 ZUMBA at RH Caeleigh	MAT PILATES Lisa HATHA YOGA Petra	Power Pump Janet	Interval Challenge Janet	FAB Fri. AM Boot Camp Lisa		ZUMBA Renate/Stacia 10-11 a.m.
9:30-10:45 a.m.	Hatha Yoga Leslie		Power Yoga Petra	PILATES FUSION Lauren 9:30-10:30 a.m. Yoga Room	Power Yoga Petra	ZUMBA Renate 9:40-10:40 a.m.	
10:35-11:35 a.m.	BARRE Class* 10:45 a.m. • Stacy		ZUMBA Janet				
12:15-1:15 p.m.			BARRE Class* Stacy				
4:30-5:30 p.m.		Afterwork Fitness Challenge Kerry		Afterwork Fitness Challenge Kerry			
Evening Classes	MUSCLE SCULPT Instructors Vary 6:15-7:15 p.m. MAT PILATES Lori 6:30-7:30 p.m.	ZUMBA Renate 6:15-7:15 p.m.	MUSCLE SCULPT Instructors Vary 6:15-7:15 p.m.	HATHA YOGA Laura 6-7 p.m. MAT PILATES Lori 6:30-7:30 p.m. ZUMBA AT RH Stacia 6:30-7:30 p.m.			

Attention Rock Climbers

One of the earliest training devices developed specifically for climbing is a training board. It is still one of the best ways to target the most critical of all climbing strengths: contact strength. It makes it easy to target particular strengths and weaknesses, control the exact duration and amount of resistance on a particular exercise and gauge your progress.

The Community Center now has a training board in its weight room for you to build finger strength, body tension and general upperbody strength. Finger strength is the single most important type of strength for a climber to have. If you can't even hold on to the grips, there is no way you will be able to move between them. Body tension, sometimes called core strength, allows you to distribute the force you are generating between your points of contact and to direct your movement. It allows you to weight your feet and save energy.

Here are just a few of the exercises that you can do: dead hang, bent-arm hang, offset hang, pull-up, L-hang and more. For more information on rock climbing fitness training with the board, see the online training guide at www.metoliusclimbing.com/training_guide_3d_simulator.html.

Prepare for the climbing season now. Dropin adults: \$6 or use your facility pass.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranch.

Happy Hour Fitness Class

Do you need to get a social life? Are you spending another evening knee-deep in laundry when you really want to be out having some fun. Busy with work and family? Haven't had an adult conversation for weeks? Don't have time to set something up? We can help you change that.

Join us for our monthly Happy Hour Fitness Class from 6:15 to 7:30 p.m. at the Community Center with all our strength instructors showing you the latest and greatest exer-

cises followed by drinks and appetizers at the Manor House. (Yes, we go sweaty.) Hey, this just might jump start that New Year's resolution that you haven't accomplished.

Mark your calendars now for April 10 for Happy Hour Gangnam Style (Zumba) and May 8 for Mother's Day Mania, a blend of pilates and cardio. Both followed by more socializing at the Manor House.

April 10: Course # 27218 **May 8:** Course # 27219



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Life at Ken-Caryl

Preschool Programs

Preschool Registration For The 2013-2014 School Year Is Now Open!

Our Preschool Programs have recently expanded, offering state-licensed programs for ages 2 1/2-5. Part-time and full-day preschool classes, before and after-care, and full-time childcare are just a few of the options now available. View and print the *Information & Registration Forms* online at www.ken-caryl ranch.org. These forms must be turned in at the Ranch House or Community Center, and will be accepted on a first-come, first-served basis. For more information on our Preschool Programs, please contact Sarah Gagne at 303-979-2233, ext. 206 or sarahg@kcranch.org.

Ken-Caryl Ranch Preschool Programs

Our state-licensed preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation, and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow.

Little Learners

Little Learners develop social skills through creative expression, dramatic play, sensory activities, art, stories and much more. Our play-based program gives children the opportunity to grow physically, cognitively and emotionally as they explore their surroundings.

Explorers

Explorers will spend their days engaged in both work and play, further developing basic social and academic skill sets. With a larger focus on early literacy, math and science concepts, we will help prepare your Explorer for their exciting journey into kindergarten. **Ages:** 2 1/2 - 5 years (must be toilet trained) **Days:** Monday through Friday

Dates: The Little Learners and Explorers Preschool Programs follow the Jefferson County School District calendar for all holidays and school breaks beginning Monday, Aug. 19, 2013 and ending Wednesday, May 28, 2014.

Times: 9 a.m.-12 p.m. (Little Learners) or 9 a.m.-3 p.m. (Explorers)

Annual Registration Fee: \$70 per familyMonthly Tuition: Based on weekly schedule. Please call for specific rates.Location: Community Center

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

Time: 9 a.m. - 3 p.m. **Cost:** Res: \$50, Non-Res: \$65 **Date:** Saturday, April 20 Course #25968

Before & After-Care & Full-Day Child Care

Before and after-care and full-day care are now available year-round for children ages 2 1/2 to 5 years. Once your child is registered, you will receive an electronic monthly calendar to mark the days you will need care. As long as your calendar is received by designated due dates then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.)

Our full-day schedule will include preschool curriculum between 9 a.m. and 3 p.m. and will focus on both social and academic skill-building. The classroom is open from 7 a.m. to 6 p.m., five days per week and will be closed for minimal holiday breaks. You can choose a schedule that best fits your family's needs, from two days (Th/F), three days (MTW) or five days per week options. You will be charged monthly based on the number of days that school is in session on your registered days.

Daily Rates*:

Before-Care ONLY (7 - 9 a.m.): Res. \$8.50, Non-Res. \$10.50

After-Care ONLY (3 - 6 p.m.): Res. \$12.75, Non-Res. \$14.75

Before & After Care

(7 - 9 a.m. and 3 - 6 p.m.):

Res. \$18.50, Non-Res. \$20.50

Full Days (including available care on holidays & school breaks,

7 a.m. - 6 p.m.): Res. \$43, Non-Res. \$48

Before and after-care ONLY are available in addition to Little Learner or Explorer Preschool classes. Monthly calendars must be turned in by due dates in order to receive these rates. Drop-In Rates are \$2 higher than those listed above.

Story Time At The Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.

Ages: All Ages **Dates:** Every Friday **Time:** 10:15 a.m.

Location: Ranch House Dance Room

Fees: FREE!

Need An Elegant/Casual Site For Your Party, Wedding Or Corporate Seminar?

Meeting and party space in the Ken-Caryl Ranch House may be reserved! For fee and reservation information, please call Terry or Mary Lou at 303-979-1876.



Attention Adults Learn To Play Piano In 5 WEEKS!

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British Soccer Camp

Ken-Caryl Ranch Metro District is bringing the nation's number one all British Soccer Camp program to our community this summer. Challenger British Soccer Camps are a huge nationwide organization that will coach 122,000 players around the United States this summer at their camps, and here is your chance to experience their unique program!

Dates: June 17 - 21 Location: Ranch House Fields

Time:	Ages:	Cost:
9 - 10:30 a.m.	Mini Soccer - 4-5 years	\$110
11 a.m 12 p.m.	First Kicks - 3 years	\$97
9 a.m 12 p.m.	Half Day - 6-16 years	\$138
*1 - 3 p.m.	Golden Goal - *6-16	\$51
Datoe: July 15	10	

Dates: July 15 - 19

build self-esteem.

them for family and friends.

Location: Ranch House

Dates: April 23 - May 23

Course #

27254

26215

Fees: Res: \$52.50, Non-Res: \$65 (5-week session)

Ages

3 - 5

5 - 7

Drop-ins for new students available. Class fee will be prorated.

3 - 5

Day

Tuesday

Tuesday

Thursday

Ouestions? Call Mikki Wright at 303-733-7982.

9 - 10:30 a.m. Mini Soccer - 4-5 years \$110 11 a.m. - 12 p.m. First Kicks - 3 years 9 a.m. - 12 p.m. Half Day - 6-16 years Golden Goal - *6-16 \$51

*Please note that this session is a special "add-on" session that runs Monday through Thursday and is only open to the kids who register for the 9 a.m. to 12 p.m. session.

Go to www.challengersports.com for more

Pance Classes

details and to register. Register online at www.challengersports.com before May 4 and June 1 respectively to receive a FREE \$40 soccer jersey.

For more information call:

Gianluca Horsfall at 720-204-4130 or ghors fall@challengersports.com.

Adult/Youth Taekwon-do

Julie Farris Jablonski is a fourth degree black belt with 30 years of experience. She was the 2011 International Gold Medal Champion in sparring and board breaking. Taekwon-do is a Korean martial art known for powerful hand and foot techniques that bring the movement of eyes, hands, feet and breath into a single coordinated action. The class is ideal for adults and children 9 and older. Ages: 9 and up

Time: 5:15 - 6:45 p.m. (Monday class) 5:30 - 6:45 p.m. (Wednesday class)

Location: Community Center Days: Mondays and Wednesdays

April 1, 3, 8, 10, 15, 17, 22, 24, 29 & May 1 Fees: Res: \$160, Non-Res: \$192

Course #26315

Denver Region Dance Academy

ing blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher rela-

tions and a studio environment for performances. Each class is designed to incorporate these

four aspects for building confidence in your child. Denver Regional Dance Academy is a

non-competitive studio believing that performances in front of friendly supportive audiences

CLASS DESCRIPTIONS

Ballet & Tap I • Beginning

floor, love princess everything and always want to wear pink and purple? Then this class is

for her! Dancers learn classical ballet skills while dancing to their favorite princess music.

Together with the tap skills they learn, dancers will put the moves into routines to perform

Ballet & Tap II • Intermediate This class is for 5- to 7-year-old girls who may or may not have been in ballet/tap before.

We keep classes small in size to make very individualized instruction so all skill levels are

addressed. If your ballerina still loves to dance and perform to her favorite music, let her

Dance Classes

Class Description

Inter/Ballet & Tap

To register, call the Ranch House at 303-979-4070 or online at www.ken-carylranch.org.

Beg/Inter Ballet & Tap

Beg/Inter Ballet & Tap

continue her dance education in this positive, non-competitive environment.

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the

At Denver Region Dance Academy our emphasis is on confidence. We provide four build-

Tennis Information.

Tennis Lessons

April 22 - May 23 Schedules available online at www.ken-carylranch.org. **Adult Registration:** begins April 10 at 6 a.m. Junior Tennis Lottery deadline: April 21

Tennis Clothing Closeout

Community Center All items \$10 or less

HEAD Racquet Demo Day

May 3, 5 - 6 p.m. at the Community Center

2013 TENNIS LESSON FEES

1 Hour Lesson	Resident	Non-Resident
Group: 6	\$13/pers.	\$16/pers.
Group: 5	\$15.50/pers.	\$18.50/pers.
Group: 4	\$19.50/pers.	\$22.50/pers.
Group: 3	\$26/pers.	\$29/pers.
Semi Private	\$31/pers.	\$34/pers.
Private	\$56	\$60
90 Minute	Resident	Non-Resident
Group: 6	\$19.50	\$22.50

Group: 6 Group: 5 \$23.25 \$26.25 \$29.25 \$32.25 Group: 4

Doubles Match Coaching Clinics

Receive tactical match coaching during doubles match play. Players should sign up as a group of four in set doubles teams. Players will be coached throughout the match on shot selection positioning and tactical adjustments. Contact Mark Chomko at markchom ko@yahoo.com to reserve a date and time.

Coaching clinics will take place on Wednesday mornings. (Some weekend times also available).

Outdoor Tennis Reservations

Outdoor tennis court reservations now being taken at the Ranch House and Community Center. Reservations may be made up to 3 days in advance by calling the facility. Court sheets will be posted at the Bradford courts beginning May 1.

Permanent Court Time

Permanent Court Time ends May 4 Renewals for 2013-14 will be due June 1 A 50 deposit will be due at this time.

Demo Day, Cardio Tennis And Wine Tasting

Chris Stevens, a former tennis instructor for Ken-Caryl Ranch has spent almost the last six years in the wine industry, and would like to spread the joy of wine to the community! On April 19, Chris will be conducting a class that combines cardio tennis (one hour) with a wine-themed hour of tasting and education! The wine tasting will include small appetizers that will be paired with the wines and will be accompanied by tasting notes. Come enjoy the fun! Space is limited so register early. **Date:** May 3

Time: 5 - 8 p.m.

Schedule Includes:

5 - 6 p.m.: Head Demo Day, no charge 6 - 7 p.m.: Cardio Tennis with

Chris Stevens, John Van Handel

7 - 8 p.m.: Wine Tasting

Fees: \$10 for cardio \$20 for wine tasting \$25 for both

Course #27267

Cardio Tennis

April 22 - May 17 Fridays: 8 - 9 a.m., all levels

Indoor Tennis Fees COMMUNITY CENTER

(Four Courts at the Community Center) Reservations: Up to seven days in advance by calling 303-979-2233.

Cancellation Policy: Anyone cancelling an indoor court less than 24 hours in advance will be charged full fees unless the court can be resold.

Fees: Residents and Current League

Participants: \$24/hour Non-Residents: \$32/hour Non-Jeffco: \$38/hour Junior walk-on rate (same day reservation): \$10/hour

Racquetball Shuttle

Every Monday evening from 7 - 9 p.m. Level C+ or higher

Every Thursday from 12 - 2 p.m. Level C+ or higher

Every Saturday morning from 8 - 10 a.m. Level B or A or higher

Play format: Doubles, cut-throat or singles depending on the number of players

Signup: None required at this time, so just show up

Cost: \$6 for all (KC resident or not) or use facility pass

Glasses are REQUIRED.

For questions, or to receive reminders: stevebegej@qwest.net.

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Time

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5:45 - 6:30 p.m.

9:15 - 10 a.m.

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Environmental Education.

Full Moon Hike

Come experience Ken-Caryl Ranch by the light of the "Full Egg Moon." Do some egg ... citing experiments and take a short hike in the Ken-Caryl Ranch Open Space. Class meets at Dakota Lodge.

Date: Friday, April 26 **Time:** 7 - 8 p.m. Course #25722

Visit

www.ken-carylranch.org for updated information on upcoming meetings and other events.

Nesting Great Horned Owls

Go owling in search of nesting great horned owls. Keep a lookout for the fluffy chicks that by May will be large enough to move out of the nest where they wait for their parents to bring them food. Discover some fascinating facts about this large common owl and how they are adapted to night hunting. Class meets at Dakota Lodge.

Date: Friday, May 3 Time: 6:30 - 7:30 p.m. Course #25723

Junior Naturalist After School

These after-school programs are very hands-on, allowing participants to use all

• New Patients Welcome

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five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

Ages: 5 - 9 year olds **Group Size:** Min. 4, Max. 20

Location: Dakota Lodge (Transportation provided from Bradford Primary to Dakota Lodge. Students will meet teacher in the school gym and ride on Ken-Caryl buses to the Dakota Lodge. Pick-up is at Dakota Lodge.)

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Course #25731 Day: Thursdays **Time:** 3:45 - 5:45 p.m.

Dates: May 2, 9, 16, 23

Fees: 4-week class: Res: \$45, Non-Res: \$55

Ranch House Junior Naturalist Club

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

May: Insect Safari

The miniature world of insects is often overlooked! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes.

Dates: May 6, 13, 20 Ages: 6 - 10 years olds Days: Mondays **Time:** 5 - 6 p.m. **Location:** Ranch House

Fee: 3-week class: Res: \$15, Non-Res: \$18

Course #26281

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Community Center Junior Naturalist Club

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

May: Insect Safari

The miniature world of insects is often overlooked! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes.

Course #26284 **Dates:** May 7, 14, 21

Ages: 6 - 10 years olds Days: Tuesdays **Time:** 5 - 6 p.m.

Location: Community Center Nursery Fee: 3-week class: Res: \$15, Non-Res: \$18

KC Kids Nature Camp: Ages 4-5 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in hand-on science experiments and use imagination and creativity. Light snacks will be included that are often integrated into the topic of the class.

Ages: 4 - 5 year olds **Group Size:** Min. 5, Max. 15 (with 2 teachers) Location: Dakota Lodge

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Tuesday Morning Session

Dates: Tuesday, April 30, May 7, 14, 21 **Time:** 9:15 - 11:45 a.m.

Course #25754

Thursday Morning Session

Dates: Thursday, May 2, 9, 16, 23 **Time:** 9:15 - 11:45 a.m.

Course #25755 Fees: 1-Day (Tuesday or Thursday) Res: \$50, Non-Res: \$60 2-Day (Tuesday and Thursday)

Res: \$100, Non-Res: \$120 **Monday Afternoon Session**

Dates: Monday, April 29, May 6, 13, 20

Time: 1 - 3 p.m. Course #25756

Wednesday Afternoon Session **Dates:** Wednesday, May 1, 8, 15, 22

Time: 1 - 3 p.m. Course #25757

Fees: 1-Day (Monday or Wednesday) Res: \$45, Non-Res: \$55 2-Day (Monday and Wednesday)

Res: \$90, Non-Res: \$110

Tot Discovery Time: Ages 2-1/2 to 3 Years Old

Each month we will explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in fun and engaging activities, and use imagination and creativity in craft projects.

Ages: 2-1/2 - 3 year olds (Must be toilet trained) Group Size: Min. 4, Max. 15 (with 2 teachers) **Location:** Dakota Lodge

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Time: 9:30 a.m. - 12 p.m.

Course #25768 **Session I**

Dates: April 29, May 6, 13, 20

Session II Course #25769

Dates: Wednesday, May 1, 8, 15, 22 Fee: 1-Day (Monday or Wednesday) Res: \$50, Non-Res: \$60

2-Day (Monday and Wednesday) Res: \$100, Non-Res: \$120



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Life at Ken-Caryl www.ken-car Special Programs & Events

Puppy Preschool & Basic Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

PUPPY PRESCHOOL CLASSES

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

Days and Time: Tuesdays at 6:30 p.m. **Fees:** Res. \$130, Non-Res. \$155

BASIC DOG OBEDIENCE CLASSES

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

Days and Time: Tuesdays at 7:30 p.m. Fees: Res. \$110, Non-Res. \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Questions or to register, please contact Laurel Landsman at 720-233-3461 or canine frontier@gmail.com. Please visit Canine Frontier's website at: http://caninefrontiertraini ng.com or our Facebook page www.facebook.com/caninefrontier for more information.

KEN-CARYL SWIM CLUB "The KCSC Lightning"

We invite you to join our Summer Club Team!

Ken-Caryl Ranch Swim Club is a competitive/recreational team that trains until the end of July. Competition is grouped by ages 8 and under, 9 - 10, 11 - 12, 13 - 14 and 15 -18. Participants are required to have skills in at least two of the four competitive strokes. Swimmers will be taught to improve and refine skills in all competitive strokes. Our Swim Club is not a Learn-To-Swim Program.

2013 Ken-Caryl Swim Club registration will be April 20 from 1 to 3 p.m. at the Ken-Caryl Ranch Community Center

2013 Swim Team Registration

Registration will be held at the Ken-Caryl Community Center:

Saturday, April 20, 1 - 3 p.m.

What to bring: Your check book for swim fees and volunteer deposit. (No credit cards)

Your calendar to schedule volunteer

What you will get: KCSC t-shirt, handbook and volunteer assignments; opportunity to buy suits, goggles and other swim gear; 10 weeks of summer fun; daily pool practice; many swim meets! Lots of

Contact Jim Bartuska at 303-995-6862 for more information.

Saturday Road Bike Group Rides

Ken Caryl Ranch Metro District is looking for cyclists to participate in weekend group rides in and near Ken Caryl Ranch. Rides will range around 20 - 50 miles and would start and end at the Community Center. If you are interested in participating please contact Jason Fries via email at jasonf@kcranch org or by phone at 1-303-979-4070 ext. 132.

Helmet is required and cyclist should carry: ID, water, spare tube(s), pump, tire

Parent/Child **Disc Golf Tournament**

This fun filled tournament is comprised of a nine hole scramble including a closest to the pin and longest toss competition. Tee times begin at 10 a.m. and are assigned in the order entries are paid.

Entry fee must be paid to enter and includes greens fees and prizes.

Ages: 7 & older / Adult with child

Day: Saturday Date: April 27 **Time:** 10 a.m.

Fee: Res: \$20-team, Non-Res: \$30-team

Min/Max: 4/20 teams

Location: Ranch House Frisbee Golf Course

Course #27059

Red Hat Divas

The monthly meeting schedule is as

April 23 — Red Hat meeting

10:30 a.m. - 12:30 p.m. (Ranch House Adult Lounge) May 21 — Red Hat meeting

10:30 a.m. - 12:30 p.m. (Ranch House Adult Lounge)

June 25 — Red Hat meeting

10:30 a.m. - 12:30 p.m. (Ranch House Adult Lounge)

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

Plan to Enjoy Yourself



Whether you plan to play golf, travel the world, or spend more time with your family, determining your retirement needs is the first step to defining how the assets you've worked hard to build, keep working for you.

Planning for your retirement can be a daunting task. If you're nearing retirement, we can work with you to evaluate your needs and develop a sound strategy that seeks to achieve your goals and provide peace

Contact me today for more information or to schedule a consultation.

303 933-8844



Michael J. Guyerson JD, CFP Ranch Resident



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Have An Idea For A New Workshop?

Do you have a skill, passion, hobby or unique ability that you would love to share? Ken-Caryl Ranch is looking for new and fun workshops to offer the community. Please contact Jason Fries at jasonf@kcranch.org or 303-979-4070 to discuss what you might be able to bring to the community!

C⊗lumbine ∖Animal H⊛spi Ken-Caryl Ranch &

& Emergency Clinic Dr. Lee Bregitzer and Associates

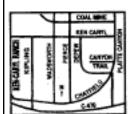
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We are in the Spring Selling Season and a HOT Sellers' Market. Inventory is at an all-time low.

March 2013 MLS Statistics For Denver Area

(SF = Single Family)

Closed Properties: +19% SF + 22% condo # Days On Market: - 23% SF -31% condo # Active Listings: -38% condo - 31% SF Average Sold Price: +12% condo + 11 % SF

> **Year To Date Recap** January-February (2013 vs 2012)



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NORTH RANCH



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COLONY



4 Cliffrose

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30 Mountain Pine • \$517,500

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15 Mountain Cedar Lane

MANOR RIDGE



NORTH RANCH SULD!

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5 Carissa



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Life at Ken-Caryl Nature News_

Egg...citing!

by Environmental Education **Specialist Ernie Stone**



Do you like your eggs sunny-side-up, over-easy, scrambled, deviled, hard-boiled, soft-boiled or any other number of ways? Do you color eggs for Easter and go on Easter egg hunts? Eggs are found in just about every kind of baked

goods such as cookies, cakes and sweet rolls, but how many of us really stop to think about what an egg really is?

An egg is an external womb that provides nourishment and protection for the growth and development of the embryo inside. Birds, some snakes, lizards, frogs, insects, spiders, turtles and duck-billed platypuses are just a few of the animals that develop inside eggs. For the purpose of this article we are going to be talking about bird eggs.

A baby bird begins as a fertilized egg cell, which is part of the yolk. Perhaps you have seen it before. It's a little blood spot on the yolk, but just because an egg has a blood spot doesn't always mean it is fertilized. As the volk moves along the female bird's reproductive tract, it's coated in albumen, the white part of the egg. The albumen protects the developing baby bird. Then shell membranes, the egg shell and the shell covering called the cuticle are added. The whole process of creating an egg takes about a day.

The outside of the egg is covered by the eggshell. Eggshells are made of calcium and magnesium salts laid down on a fibrous network. Calcite is the main salt used as a building material for the shell. As the baby bird develops, calcium is transferred from the egg shell to its growing bones. After the chick hatches, the mother sometimes eats the shell to recover some of the calcium lost in the making of the shell.

We normally think of eggshells as being very fragile. However, eggshells are remarkably strong and durable. The shell provides the growing bird with good protection from predators as well as from soil invertebrates, molds and harmful bacteria. The shells of eggs that we eat from domestic chickens are thinner and more fragile than those of wild birds. The thinning has occurred because chickens have been bred to produce larger eggs with the same amount of shell material. The resulting egg would not likely survive incubation in the wild. The cuticle or outer surface of the eggshell is what gives the texture to the shell and also provides the barrier against bacteria.

Most egg shells are smooth but some, like the Cormorant, can be quite rough. The shell of a Cormorant egg is also chalky rather than smooth like most other eggs. Duck egg shells are oily and waterproof, and cassowary egg shells are very heavily pitted.

Regardless how smooth an egg may feel,



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Ken-Caryl Ranch is stepping up our presence on Facebook. We are posting important updates and reminders about special events, fire bans, emergencies, community meetings and other key information. To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranch.

domestic hen's egg, for example, may have as many as 7,500 pores. Most of the pores are found in the blunt end of the shell and are there to allow the developing baby bird to

Eggs vary in size, shape and color. The size of the egg depends on the size of the bird, the larger the bird, the larger the egg and the smaller the bird, the smaller the egg. The largest egg belongs to an ostrich and smallest to a hummingbird. Ostrich eggs are 2,000 times larger than that of a hummingbird, but it takes 60 ostrich eggs to equal the weight of an adult ostrich and only nine hummingbird eggs to equal the weight of an adult hummingbird. The extinct Elephant Bird from Madagascar laid an egg seven times larger than that of the ostrich. Now that's an

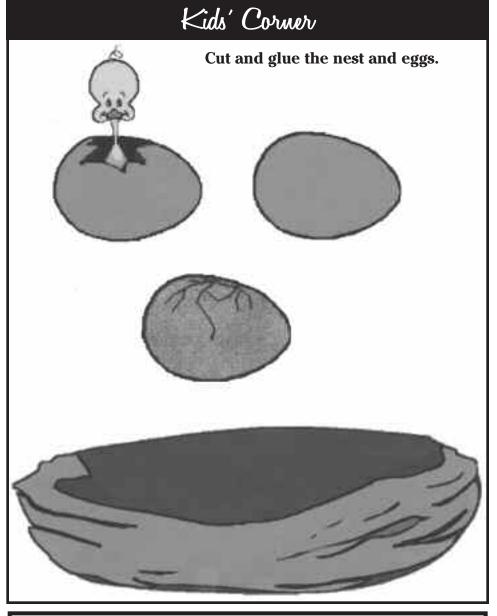
Other factors affect the size of an egg. Typically, nestlings, which are blind and helpless (altricial), hatch from smaller eggs than nestlings that are (precocial) or mobile like baby chicks when they hatch. Food availability, age of the mother and the number of eggs laid also affect size.

Most eggs are wide at one end and pointed at the other. This way when the egg rolls it is more likely to roll in a circle and not out of the nest. Owls however, lay round eggs and Red-tailed hawks lay elliptical-shaped eggs.

Not all eggs are white as you know. What is the color of a robin's egg? Have you ever seen a speckled egg? Usually eggs that are laid in an open nest or on the ground are speckled or colored in some way to help them camouflage. Cavity nesting birds like woodpeckers usually lay white eggs. Maybe this makes them easier to find in the dark

Now that you know something about eggs, I hope you will join me on Friday, April 26 from 7 to 8 p.m. at the Dakota Lodge for an Egg...citing time of doing some egg experiments during the April Full Egg Moon.





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Accepting Nominations For The 2013 Ken-Caryl Tour Of Homes

Submitted by Susan Schell & Gina Quirk
The Ken-Caryl Ranch Foundation is eager
to announce that they will be hosting the
2013 Ken-Caryl Tour of Homes this upcoming fall on Saturday, Nov. 9, from 11 a.m. to
4 p.m. The rousing success of the Founda-

tion's first community-sponsored home tour in 2011 resulted in the generous donation of \$5,400 to The Action Center, a human-service non-profit agency that directly serves the homeless and working poor in Jefferson County.



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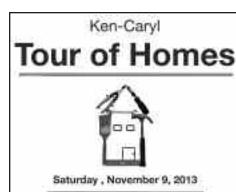
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Serving the Ken Caryl Community since 1981



This Ken-Caryl Ranch home located in the Valley was featured in the 2011 Ken-Caryl Ranch Tour of Homes.

This year, the KCR Foundation is opening up the nomination process to the entire Ken-Caryl Ranch community! The tour directly benefits Ken-Caryl real estate, local businesses and homeowners by showcasing our Ken-Caryl lifestyle and providing fellow homeowners with ideas and inspiration for their own home's design or remodeling potential. And, who knows our community better than the members themselves and the businesses who serve Ken-Caryl Ranch?



With this in mind, the Foundation invites community members to be part of the process by nominating a home that they think would be great on the tour. Big or small...traditional or modern...your own house or a friend's, the Foundation is eager to hear about the homes that you think are special!

There will be seven homes on the tour, and the Foundation would like to present three homes in the Plains and four in the Valley. The deadline to submit your nomination is May 15, with the final selection being made by June 1. This will give homeowners plenty of time to prepare for the event.

To nominate a home, please submit the following:

- Address of home and contact information
- A brief statement that describes why you think it would be a good home for this year's tour (for example, recently remodeled kitchen, great curb appeal, unique floor plan, beautiful interior design, etc.)
- Include a photo of the interior, exterior or both

You may email your submission to kencarylhometour@gmail.com or submit via mail to The Ken-Caryl Ranch Foundation, 7676 S. Continental Divide Road, Littleton, CO 80127

Read more about the 2013 Ken-Caryl Tour of Homes in upcoming issues of *Life at Ken-Caryl*. The KCR Foundation looks forward to hearing from you soon!

Ken-Caryl Parent Network_

Jump Into Spring With KCPN

KCPN's Earth Day and Spring Celebration is just around the corner! Plan to join us on Saturday, April 20, at the Dakota Lodge starting at 10 a.m. to ring in spring. New this year is our partnership with the Ken-Caryl Preschool and their families to share in Earth Day themed fun. There will be activities, crafts and plenty of playground access for enjoying the spring weather! Snacks will be provided to partygoers. Thank you to the support of our sponsors: Starbucks on Ken Caryl Ave. and Alkire, Einstein Bros. Bagels on Ken Caryl Ave. and Simms, Chick-fil-A and Susan Schell with Re/Max!

Don't forget about Bradford's Hogback Hustle race on April 21! Be on the lookout for fellow KCPNers and neighbors running the 5K route, especially the ladies from the Running Group. Many members are also participating in the one-mile fun run! The Running Continued on Page 20

5k starts at 9:00am and 1M Family Fun Run/Walk at 10:00am Packet pick-up for pre-registrants will be BRADFORD ELEMENTARY'S HOGBACK HUSTLE Thursday, April 18 from 8:30 to 9:30am or 3:30 to 4:30pm Bradford Elementary PTA and on race day is proud to present Sunday, April 21 from 7:30 to 8:30am The 4th Annual at Bradford Intermediate School Hogback Hustle Proceeds from the race will benefit the Sunday, April 21, 2013 at 9:00am many projects funded by the PTA for our students and schools

Register online at HogbackHustle.com

Address: Email:				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Event (select one or both):	☐ 5K Roce	1		ţ	IM Family	Fun Run	
Entry category:	☐ \$20 Student (18 and under)			Ţ	□ \$25 Adult		
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	and the second of the total	t reside at the so rable to Bradford					
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Shirt size (selectione):	□ YS	□ YM	O YL	□ A5	D AM	Q AL	☐ AXL
Age Group for 2012/13	UK & lst	□ 2nd 8, 3rd	i □ 4th - 6	oth 🗅	7th-12th	□ 19-29	
school year (select one)	□ 30-39	□ 40-49	□ 50-59	9	60+	Birthdate:	
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Our Rising Generation_

Ken-Caryl Little League Takes Titles At Local Tournament

Submitted by Stacy Hursh, KCLL

The Ken-Caryl Little League entered four teams in four different divisions in the 2013 CABA Luck O' the Irish Tournament, taking two titles and a second-place finish. Congratulations to the Ken-Caryl Hitmen, Ken-Caryl Rampage and Ken-Caryl Devils.



Ken-Caryl Hitmen – 12U AAA Champions

Ken-Caryl fans were treated to a high-scoring affair Sunday night as the KCLL Hitmen 12U outscored Cherry Creek Royal 11-10 in six innings to win the CABA Colorado Luck O' the Irish Tournament. The Hitmen earned their way into the championship with three wins in pool play, outscoring opponents 61 to 20 in five games over the course of the weekend. The team hit .375 and combined for an ERA of 4.14. Great numbers for the start of the season!



Ken-Caryl Rampage – 11U AAA Finalists

In a championship game that was repeatedly buffeted with bouts of snow, wind and sleet, the Rampage battled their way to a second-place finish in the CABA Luck O' the Irish Tournament. During the game, the Rampage battled back, time and time again, ultimately forcing a great Thunder Bolts team to go deep in their pitching rotation. Let the opposition beware: the relentless pursuit of victory is a characteristic of this Rampage team. Throughout the tournament they never gave up and they never gave in. The Rampage scored an average of almost 10 runs a game. This offensive talent, especially in the face of freezing weather, indicates a bright future for the Rampage.



Ken-Caryl Devils – 10U AAA Champions

The Ken-Caryl Devils dominated the CABA Luck O' the Irish Tournament, winning by mercy rule in each of their five wins over the weekend. The Devils put up 87 runs to their opponents' 13, capped off by a chilly but exciting win in the championship game 16-1. In total, the team hit .568 with 22 of their 71 hits going for extra bases including 11 doubles, seven triples and four homeruns — the weather was cold but their bats were hot!

Westside Youth Rugby

Westside Youth Rugby is one of many youth rugby clubs across the Denver metro area that offers kids a chance to learn and play the world's second most popular sport. Westside offers an after-school program in April for new and returning players who want to have fun and learn the game. Also, Westside hosts teams that participate in the Rugby Colorado's TRY Youth Rugby League in May and June.

Youth Rugby welcomes girls and boys ages 5 to 17, and all players regardless of position will run, pass, kick and catch the ball. Experienced coaches from Wales, USA and New Zealand promote safety, skill development, teamwork, health, fitness and fun. For more information, visit www.swarmyouthrugby .com/westside-about.html.

Visit
www.ken-carylranch.org
for updated information
on upcoming meetings
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School News

Collegiate Academy Raffling New Car And iPad

Submitted by Erin Mittoo, Collegiate Academy

Collegiate Academy of Colorado, one of Colorado's longest-standing charter schools, is holding their inaugural car giveaway! The school is currently selling tickets to give away a new Infiniti G37 sedan! Funds from the car giveaway will be used to benefit Collegiate's academic programs for kindergarten



Purchase a raffle ticket to enter to win an Infiniti G37 Sedan like the one shown here.

through 12th grade.

Collegiate Academy opened in 1999 and is nestled against the beautiful Littleton foothills in the area of Chatfield and Kipling. The school offers a college readiness curriculum for students in 9th through 12th grades, including 12 AP classes and free ACT prep courses. A Core Knowledge curriculum enhanced with hands-on activities is offered for kindergarten through 8th grades. Class sizes at Collegiate are smaller than typical schools, averaging fewer than 21 for elementary, middle school and high school classes.

Many students at Collegiate Academy have been recognized for excelling in academics and sport activities. The school has extremely dedicated and caring teachers, many of whom hold advanced degrees.

Tickets for the drawing are being sold online at www.collegiateacademy.net. The price is \$100 per ticket, and odds of winning are 1 in 2,500. 1st prize: Infiniti G37 Sedan, 2nd prize: Apple iPad 3 16GB WiFi, 3rd Prize: Michele watch. The drawing will be held on Saturday, May 18.

Spreading Free Smiles Across Littleton

Summit Family Dentistry will host Dentistry From The Heart, providing 100+ people with free dental care on Saturday, April 27.

Dr. Richard L. Harvey will host the second annual free dental care event through Dentistry From The Heart supporting Littleton residents by providing free dental services to people on a first come, first served policy. Last year, they helped more than 150 patients and gave away more than \$50,000 in free dental care

The team of dental professionals at Summit Family Dentistry will provide patients with a free extraction, filling or cleaning. There will also be several hygienists, dental assistants and other dental professionals donating their time and resources in order to provide free dental care to as many residents in need as possible. This Dentistry From The Heart event will donate thousands of dollars in free dental care and provide muchneeded relief to people in the community.

The media is invited to join the teams of volunteers, patients and, of course, Dr. Har-

Call Today:

303-933-8777

dentistry from the heart

vey on Saturday, April 27 to spread free smiles across Littleton through Dentistry From The Heart located at 12999 W. Bowles Drive in Littleton. Patients are asked to arrive early as the event is a first come, first served basis. Event registration will begin at 7 a.m. and patients will be seen through 5 p.m. that day. Patients are also encouraged to dress appropriate for the weather and bring chairs, blankets, water, snacks, etc. as they will be outside waiting to be seen.

For more information visit www.SummitFa milyDentistry.com or call us at 303-989-9010.

KCR Parent Network

Continued from Page 18

Club is currently open for new members of any experience level. New to KCPN are a couple more SIGs geared toward supporting an active lifestyle. Be sure to check out Golf Group for Women and Fitness Friends, both currently in open enrollment!

See more details on these and other upcoming events at www.bigtent.com/groups /kcpn. Membership inquiries can be sent to info@kencarylparents.com. We look forward to seeing you at an event soon!

Sign Up For The e-News

Don't forget to sign up for the *Ken-Caryl Ranch e-News*. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to www.ken-caryl ranch.org and click on Email Subscriptions under Community & News or send an email to victoriad@kcranch.org.

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"SChiropractic

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Hello. My name is Dr. Jeremy Kurland, and I have been a practicing chiropractor for 15 years. My wife Dr. Nicole and I have practiced in the Thornton/Northgienn area for the last decade. After relocating to the beautiful Ken-Caryl Valley last year, we are excited to announce the grand opening of our new practice.

Being chiropractors, having taken care of hundreds of families, and raising three young boys of our own has given us great insight into the healthcare plight of the average American family. The trend in our country is going the wrong way. Heart disease, cancer and diabetes are everyday occurrences. Autism and ADHD rates are skyrocketing in our children. The only answer our current

medical profession seems to offer is more drugs. We raise our family by a different philosophy.

Simply stated, great nutrition, an active lifestyle and maintaining a healthy spine and nervous system allows the power that resides in all of us to flourish. Whether you are dealing with an acute injury, chronic pain or headaches, or you just want function and express health at its highest level, we can help!

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Sincerely, Dr. V

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County News

Fraud Warning From District Attorney

Life at Ken-Caryl

Submitted by Pam Russell, Public Information Officer

District Attorney Peter Weir is warning consumers to be wary of callers who identify themselves as employees of the "Jefferson County Profits and Services Division," the Clerk and Recorders Office or other governmental offices. While there is a Clerk and Recorder in Jefferson County, there is no such thing as a "County Profits and Services Division."

The District Attorney's Fraud Unit has taken complaints from citizens reporting calls from a polite, soft spoken male who identifies himself as an employee of one of these county offices. The male caller tells the citizen that they (the citizen) are in trouble and need to call another office. He provides the number for them to call.

"The citizens who have contacted our office say that the gentle demeanor and concern in the man's voice make them believe that the call is legitimate," says District Attorney Weir, "Scammers use many different techniques to try to win consumer trust."

The number provided by the scammer will connect an unsuspecting consumer to someone identifying themselves as a repre-

sentative of a private law firm. The consumer is then told that they have engaged in a criminal act and will be receiving legal papers.

Many of the calls reference an outstanding bill. Colorado does not have a debtor's prison and law enforcement will not arrest a debtor for failure to pay a debt (except for instances where a judge has ordered a bench warrant for failure to appear or failure to comply).

District Attorney Weir reminds consumers, "Beware of callers threatening unwarranted legal action against you. Only a law enforcement agency or the District Attorney's Office can charge someone with a criminal act. Using threats, scammers hope to convince consumers to provide their personal information to prevent any sort of trouble. This is simply another phishing scheme. Consumers should never provide financial or personal information over the telephone or Internet."

Anyone who receives such a call can contact the appropriate governmental office to verify information or contact their local police agency to report a scam. In Jefferson County, consumers can contact the District Attorney's Fraud Hotline at 303-271-6980 or 303-271-6931 with questions or concerns.

Library News.

Jefferson County Public Library Debuts New Website

The Jefferson County Public Library (JCPL) debuted a redesigned website on April 3. Jeffcolibrary.org has a fresh look and offers exciting new ways to highlight materials of interest for library patrons.

"More and more library patrons are coming to us via jeffcolibrary.org," said Pam Nissler, executive director, JCPL. "Online visits have been growing in the double digits nearly every year for the past 10 years, and last year, our website was host to nearly 6.2 million page views!

"Given that, we've spent the last several months imagining a whole new online experience for JCPL patrons," Nissler said. "We want to make sure our website is user-friendly, dynamic, responsive, highly interactive and easy to update and maintain."

Improvements to the website include:

- A dynamic user interface;
- New site navigation;
- A more robust catalog;

- More timely information updates;
- Enhanced opportunities for library and patron interaction; and
- More efficient site management.

"This launch is only the beginning of JCPL's new online experience," said Chris Evjy, web manager for JCPL. "We expect jeffcolibrary org to continue to evolve and change, with dynamic content, new enhancements and increased opportunities for patron and community exchange."

Residents may access jeffcolibrary.org 24 hours a day, seven days a week to apply for a library card, set up a library account, search the library's catalog, place library materials on hold for later pick-up, research topics of interest and find out about upcoming events. Special pages for kids and teens provide access to age-appropriate materials and experiences. New features include seasonal subject guides to help residents with topics of interest and a new Director's Blog to update patrons on the business of the library.

"We're excited to have people visit jeffco library.org and tell us what they think," said Evjy. "Patrons can give us feedback at jeffco library.org/feedback."

Ken-Caryl Ranch Equestrian Center



2013 Summer Riding Camps

Picnic With The Ponies

Ages: 6-8 \$225 per session

During this fun camp, younger children will learn about horses, different aspects of horse care and horseback riding. We are offering five, two-week sessions held on Tuesdays, Wednesdays and Thursdays from noon to 2 p.m.

The following sessions are full but you can register and be added to the waitlist:

Session 1: Weeks of June 3 & 10

Session 2: Weeks of June 17 & 24 *No camps held the week of the 4th of July*

Session 3: Weeks of July 8 & 15

Session 4: Weeks of July 22 & 29

The following session has a few spots remaining:

Session 5: Weeks of August 5 & 12

Summer Camp

Ages: 8 & up \$225 per session In this camp, students will learn many aspects of horse care, including handling, body language and psychology, tack cleaning, grooming, feeding, and, of course, horseback riding! Kids attend Monday, Tuesday, Wednesday and Thursday from 9 a.m. to noon. These camps are appropriate for kids with a variety of horse experi-

The following sessions are full but you can register and be added to the waitlist:

Session 1: June 3 - 6 **Session 2:** June 10 - 13

Session 3: June 17 - 20 **Session 4:** June 24 - 27 **Session 6:** July 15 - 18

The following sessions have a few spots remaining:

Session 5: July 8 - 11
Session 7: July 22 - 25
Session 8: July 28 - Aug. 1
Session 9: Aug. 5 - 8
Session 10: Aug. 12 - 15

Registration Information

Registration began March 20 and is ongoing until the camps are filled. You can register at the Equestrian Center Office with cash or check only; we do not accept credit cards. For more information, please call 303-972-8456 or email eqschool@kc ranch.org.

Waitlist Information

If you are interested in being on the waitlist for a particular session, please fill out a registration form at the Equestrian Center office and put "Waitlist" near the session(s) in which you are interested.

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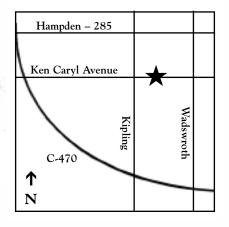
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New Jeffco Citizen's Guide **Provides Facts For Citizen Action**

Submitted by Lynne Ellison. League of Women Voters

The 2013 Citizen's Guide for Jefferson County, which lists national, state, regional, county and municipal officials to aid county residents, is now available. The directory, compiled by the League of Women Voters of Jefferson County, includes nonpartisan information related to voting, schools, courts and all levels of government affecting county residents. It also directs citizens to other information sources as well as to specific agencies and officials.

Encouraging citizens to become informed and involved in politics and government have been the historic goals of the League of Women Voters since its founding in 1920.

The same goals have prompted the League of Women Voters of Jefferson County to prepare this guide for the citizens of Jefferson County to give them the means for involvement and prompt action.

Free copies of the guide may be obtained from your local library, county or city clerks' offices as well as the Jeffco League Office, 303-238-0032 or www.lwvjeffco.org. All information in the booklet is current as of February 2013. For changes occurring after this date, please contact the information number at the appropriate state, county or local of-

Funding of this 2013 booklet was made possible by the League of Women Voters of Colorado Education Fund.

Foothills Animal Shelter Featured Pets

Parker (#112606), on the left, and Marco (#112610), on the right, are both 10-year-old male Chihuahua mixes. They both came to the Foothills Animal Shelter on the same day in January but through different scenarios. Marco was a lost dog that was never claimed by an owner; Parker was brought in because his owner could no longer care for him. The shelter paired these two cuties together, and they instantly bonded. They share the same bed, toys and even go on



walks together. They both enjoy attention and like laps to cuddle up on together.

It would be wonderful to find a forever home that would take both Marco and Parker. A special fee of only \$100 covers a joint adoption for both dogs' neuters, vaccinations, microchips and health checks. Go to www.FoothillsAnimalShelter.org to learn more about this terrific twosome and other deserving pets like them!

Zeus (#115220) Zeus is a 1-year-old male domestic short-haired mix. He came to the shel-

ter when his previous owner moved to a new home that didn't allow pets. Handsome Zeus is declawed, so he must be an indoor-only pet. Pick your Purrfect Price! For a limited time, you can choose Zeus's adoption fee, which includes his neuter, vaccinations, microchip and health check. Visit www. FoothillsAnimalShelter.org to check out Zeus and other fabulous pets like him!

Life At Ken-Caryl Archive **Now Online**

Have you ever wanted to look back at an article or ad from a previous issue of Life at Ken-Caryl, but you can't find your paper? There are now archives of the paper going back to Aug. 1, 2012 on www. ken-carylranch.org under Community & News. You can download PDFs of the back issues from the site.

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The Retreat - Ken-Caryl Valley

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Elegant front brick exterior on a cul-de-sac, boasting over 4,300 square feet of finished living space. Family friendly with four bedrooms upstairs and another secluded in the fully finished basement. Granite counters in kitchen augmented by a custom backsplash and island! Enjoy contemporary colors, vaulted ceilings & gleaming hardwoods. All baths have been updated, including luxurious appointments in the master. Large, "Private" and low maintenance fenced back yard with mature landscaping and apple tree! Just steps to open space trails.

22 Prairie Clover

Carriage Hill - Ken-Caryl Valley

\$729,000

Graceful 2 story with walk-out, backing to quiet cul-de-sac. Room to grow with 5 bedrooms, 5 bathrooms — offering almost 5,500 square feet of living space! Inviting open floor plan, vaulted ceilings and main floor study. Spacious kitchen with brand new slab granite, newer appliances and island. Secluded master suite & luxurious 5 piece bath. 3 additional upstairs bedrooms, served by two baths. Large finished walk-out with bed/bath combo, secluded media room and office/play areas.

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service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m.-5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd., Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on Monday, April 15 for the April 24, 2013 issue. Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. A Classified Ad Form may be downloaded at ken-carylranch.org. If mailing your ad, please proof it CAREFULLY, provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

PERSONAL

LOST & FOUND

LOST: REMOTE CONTROL HELICOPTER — Align Trex 450 bought and built by its young owner, somewhere in the Bradford Intermediate neighborhoods. Please contact 303-521-5984 if found.

GARAGE SALE/MOVING SALES

MOVING SALE - DOWNSIZING — Children's toys, clothes, family furniture, clothing, and odds and ends. May 3-4, 8 a.m.-3 p.m., 2 Mountain Cedar Lane

QUEEN, PILLOW TOP, SLEEP NUMBER — ClassicSeries Set. Excellent condition. Mattress pad, oak head board, frame (if needed). \$500 OBO. Call Charlie, 303-973-

BUSINESS

BUSINESS OPPORTUNITIES

BUYING COIN COLLECTIONS — We buy coin collections. Including gold, silver, jewelry. Guaranteed top cash. Dan 720-620-0373.

ROOM FOR RENT, KC VALLEY — Furnished. Private bath, WiFi, cable ready, access to kitchen and laundry. \$400/month. Utilities included. Laurie @ 303-933-3749.

FAITH COMMUNITY CHILD DEVELOPMENT CENTER is accepting registrations for the 2013-2014 school year for children 1-5 years of age. We offer one, two, three, and four-day programs of interactive learning in a devel opmentally appropriate environment. The school is accredited by the National Association for the Education of Young Children (NAEYC), one of the highest accreditations a preschool can achieve. For more information, please call 303-979-8789, or visit our website at www.FCCDC.net

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MOBILE BIKE REPAIR — Bike Mechanic will come to you; No drop off needed. Bike tune-ups \$59. Zach Griffith, 303-502-6000.

PET-SITTING, DOG WALKING — Former veterinary technician. Bonded and insured. T.L.C. Pet-sitting. Sue 303-332-7531.

CLASSICAL GUITAR INSTRUCTION — After teaching seven years at Colorado State University and 22 years at the University of Denver, retired music professor is starting a private teaching studio at his Ken-Caryl residence. He's a winner of seven major international guitar competitions including Andres Segovia International, Tokyo International and Guitar Foundation of America International Guitar Competitions, and still tours around the U.S. and beyond. All levels, including children, welcome. Please go to www.masakazuito.com for contact information.

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Appearance of an advertisement in this publication does not constitute a recommendation or endorsement of the goods or services offered therein. Life at Ken-Carvl does not knowingly accept fraudulent or misleading ads. We encourage residents to use our advertisers; however we also recommend checking references and seeking information from local business agencies. If you have a complaint, please submit it in writing to the editor. The opinions expressed in this newspaper are those of the individual authors and, unless stated, not of the Board of Directors of your Association or your Metropolitan District.

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PIANO LESSONS — Have you always wanted to learn to play piano? Wouldn't you like your kids to learn, too? Study with internationally acclaimed performer, recording artist and experienced instructor to learn to play piano at your own pace. 33 years teaching all styles to all ages and levels. Call Lisa at 303-979-7011 ext. 1

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Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, shovel snow, house sit or pet sit. To be included on the list, teens should email their name, number and a list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122.

Categories: (B) Babysitting; (L) Lawn care; (P) Pet and house sitting; (S) Snow shoveling.

Name	Phone	Services
Emma Ahern	303-765-4924	Р
Stephen Barton	720-253-6110	L, P, S
Sarah Bielefeld	303-506-8630	B, P
Ryan Blarr	720-234-5427	B, L, P, S
Hannah Calahan	303-667-3985	B, P
Ryan Cameron	303-570-4300	L, P, S
Paul Castellano	720-940-3655	B, L, P
Wil Crane	303-979-8707	B, L, P
Sabrina de la Garza	720-202-4863	B, P
Daniel Dominguez	720-648-3178	P, S
Carly George	303-250-8502	B, P
Wil George	720-382-6910	B, L, P, S
Sam Gerbus	303-904-4050	B, L, P
Kenzie Halloran	303-932-9251	B, L, P, S
Ben Iverson	303-932-8275	L, P, S
Jake Kane	720-205-7226	Р
Conner Kingsley	303-881-7031	L, P

Calı Kub	720-266-1831	B, P, S
Name	Phone	Services
Dominic Lasco	303-979-6206	L, P, S
Sloan Lyons	720-569-4883	B, P
Ashley McFerrin	303-979-6559	В
Brent Nachbur	720-243-3668	L, P
Robby Nelson	303-904-8886	B, L, P, S
Alexandra Newsom	303-325-5232	B, L, P, S
Max Packebush	720-949-4482	L, P, S
Rhiana Parker	720-275-2000	B, S
Tucker Payne	720-936-3049	L
Dillon Reisinger	303-973-2469	L
Seth Reisinger	303-973-2469	Р
Elise Semenoff	303-601-1006	B, P
Hannah Topka	303-829-1841	B, P
Jake Trovinger	303-932-7352	Р
Kyra Turner	303-495-8670	B, P
Jaxon Zeller-Thorson	970-685-2988	L

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

Visit www.ken-carylranch.org for updated information.

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED by any Ken-Caryl resident in good standing or by any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, Life at Ken-Caryl or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Deadline 5 p.m. on Monday, April 15, for the April 24, 2013 issue of *Life at Ken-Caryl*. Email to victoriad@kcranch.org

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