



Life at Ken-Caryl

Vol. XXXVI, No. 9

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April 24, 2013

Hiking And Biking On Trails Is Easier With An Open Space ID Bracelet

Many trails on Ken-Caryl Ranch are private and on land owned and managed by the Ken-Caryl Ranch Master Association. Only residents and their accompanied guests are allowed to use these trails. To easily identify you as a resident and avoid being stopped by a Park Ranger, you can wear a blue Ken-Caryl Ranch Open Space Identification Bracelet.

If you are wearing the bracelet while using the trails and a Park Ranger approaches, he/she will recognize the highly visible ID bracelet.

As long as you are obeying all of the posted rules, you will not be stopped by a Park Ranger.

To obtain your own blue ID bracelet (**if you have a PINK bracelet it is no longer valid**) go to the Ranch House Recreation Office at 7676 South Continental Divide Road or the Community Center at 1 Club Drive. You will need to complete a simple registration form and provide one item below to show proof of residency:

1. A valid Colorado Driver's License with current KCR address.
2. A valid Colorado ID with current KCR address.
3. A valid property tax statement with the applicant's name for the current KCR address.
4. A valid warranty deed with the applicant's name for the current KCR address.

There is no cost. Bracelets are issued one per individual and are not transferable. All bracelets expire at the end of 2016 at which point new bracelets will be issued. It is not mandatory to have an ID bracelet when using Ken-Caryl Ranch Open Space, but if you don't have a bracelet, be prepared to stop and answer questions from a Park Ranger.

A trail hiker may place the bracelet on their wrist, backpack strap on chest, or on a dog leash handle. There are only two locations on a bike to put the ID bracelet: the handlebars or the stem. Please do not place bracelets in any other area like the wheel hub, seat stem, rear part of frame, helmet, CamelBak, etc. Park Rangers only see a front view of an oncoming biker.

If you have any questions, please contact the Park Rangers at 303-904-0249.

Bees And Chickens On Ken-Caryl Ranch

Jefferson County has recently amended its regulations to allow bees and chickens in residentially zoned districts. This, of course, includes Ken-Caryl Ranch. However, as reflected in the Official Development Plan of Ken-Caryl Ranch, our documents may be more restrictive than those of Jefferson County, which is the case regarding chickens.

Although our community has had several homeowners over the years who have kept bees without any problems, the presence of chickens is against our covenants. Section 4.04 of our Master Declaration of Covenants, Conditions and Restrictions states in part, "No poultry may be kept on any lot or multi-family site."

If you have any questions, please contact Julie Kearful at juliek@kcranch.org or 303-979-1876, ext. 119.

'Not Just Electronics' Recycling Event May 18

Get rid of your unwanted electronics, appliances, televisions, large trash items, scrap metal, paperwork and yard waste beginning at 8:30 a.m. until 2 p.m. SHARP on Saturday, May 18, in the Ranch House parking lot. Please be advised NO hazardous liquids, drugs or light bulbs such as paints, medications, household chemicals or compact fluorescent lights (CFLs) will be processed at this event.

Electronics Recycling

Back again this year, most electronics will be recycled for free by R2 Stewardship Responsible Computer & Electronic Recycling Solutions, except computer CRT monitors for which there is a charge of \$10 each and tube TVs for \$20 under 24" and \$40 for sizes 25" and over. TVs must be intact or they will not be accepted. Items that will be free to recycle include computers, laptops, LCD monitors, hard drives, servers, scanners, printers, mice, keyboards and cables. Also bring your batteries, home and car stereo/video equipment, DVD/VCR players, phones, cameras and metal scraps.

Large Trash Items

Waste Connections will be collecting all large trash items that our residents have to offer. Just get there before 2 p.m., as all your opportunities to deposit your unwanted items will be removed at that time.



Deer Creek resident Chiarme Campbell brought paper for shredding to the 2012 Recycling Event.

Secure Paper Shredding

R2 Stewardship will be on-site to collect all your home office unwanted paperwork! Bring your boxes and bags of paper for shredding. R2 uses a disintegrator shredding machine that actually pulverizes the paper. The shredding will be done on-site, weather permitting. If the weather doesn't allow for on-site shredding, then the paper will be put in secure containers and shredded off-site at R2's warehouse.

Yard Debris

The Ken-Caryl Ranch Metropolitan District Parks staff will be working the chipper accepting all your yard debris generated from creating defensible space around your home. Please no contractors, as all these services are for KCR residents.

What Not To Bring

We will not be able to recycle appliances that have coolant such as refrigerators, air conditioners or freezers. Also, NO prescription medications or hazardous materials such as paints, flammable liquids and cleaning fluids will be accepted at this event. To schedule a door-to-door pickup to dispose of household chemicals for a fee, call Rooney Road Recycling Center at 303-316-6262. For hazardous disposal information, please visit their website at www.rooneyroadrecycling.org.

For prescription drug disposal, please see the information on the Jeffco Sheriff's Drug Take-Back Day on Page 2. Compact fluorescent lights (CFLs) can be recycled at all Home Depot locations. Should you have any questions about the "Not Just Electronics" Recycling Event, please contact Cath Perrone at pcperrone@yahoo.com or 303-933-2869.

Seeking Volunteer For Finance Committee

Committees are an important part of the administration of the Master Association. Recently, a member of the Finance Committee had to step down, so the Master Association is seeking a resident to volunteer for this important committee. The Finance Committee works with the treasurer and staff to provide

fiscal recommendations to the Master Association Board of Directors. The Finance Committee meets the Monday before the Board meeting each month at 5:30 p.m. at the Ranch House. If you are interested in joining the committee, please contact Chris Pacetti at 303-979-1876, ext. 116, or chrisp@kcranch.org.

Save The Date! KCR Community-Wide Garage Sale June 7-8

Submitted by Diane Hagre, Aspen Meadows

The second annual Ken-Caryl Ranch Community-Wide Garage Sale will be held June 7 and 8. Signups will begin May 8 and information on how to sign up will be in the May 8 issue of *Life at Ken Caryl*.

The Garage Sale Committee is currently putting a packet together to email participants, which will include information on advertising, signage, charity pickup of unsold items and "Successful Garage Sale Tips."

Watch for the signup information posted on May 8 in the *Life at Ken Caryl* paper, and on the KCR website at www.ken-caryl-ranch.org. Information will also be included in the *e-News*.

Story Time Ending April 26

Jefferson County Public Library holds Story Time at the Ranch House on Fridays. The program will end Friday, April 26, and it will start again in the fall. Come out for the last Story Time of the season! Check the library's website at jeffcolibrary.org for a schedule of Story Times offered elsewhere during the summer.

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Littleton, Colorado 80127
<http://www.ken-caryl-ranch.org>
A covenant protected community

Manager's Column



by KCRMD District Manager Darrell Windes

With the impending opening of the Ken-Caryl Ranch facilities for the summer recreation season, the Ken-Caryl Ranch Metropolitan District recently completed two capital and special projects for the spring of 2013.

The improvements to the youth baseball fields at the Community Park were completed at the beginning of April, just in time for the opening of the Little League season. During the winter, the infield at the Community Park's east ballfield was improved through re-grading and installing new ballfield mix. The re-grading and new field mix will improve the drainage and quality of the dirt infield for youth Little League play.

The Community Park improvements also included the installation of new backstops and fencing on both the east and west fields as well as construction of four covered dugouts on both fields. The total cost for the project was about \$45,000, which was jointly funded through a combination of the Metropolitan District's Capital Reserve Fund, a portion of the annual operating budget for the Parks Department and contributions from both Ken-Caryl Little League and South Jeffco Sports.

Work on a second special project, which was recently completed, is that of the Community Center Campus Master Plan. Following several months of work with the Board of Directors, staff and the community, a Preferred Plan Alternative for a proposed campus master plan has been developed and is available for review and comment. The Preferred Plan Alternative is posted on the Ken-Caryl Ranch website at www.ken-carylranh.org with copies of the plan also available at both the Ranch House and Community Center.

The purpose of developing a Campus Master Plan for the Community Center is to develop a conceptual plan for the replacement and potential enhancement of amenities for the site within the approximately 11-acre campus. The majority of the cost of developing this plan was provided through a Joint Venture Grant from Jefferson County Open Space.

Finally, heading into the summer of 2013 the Ken-Caryl Ranch Water and Sanitation District has announced outdoor watering restrictions for all of its customers for this irrigation season. Due to the ongoing drought, irrigation watering for all users will be restricted. The Metropolitan District, just like all residents on Ken-Caryl Ranch, purchases its water from the Ken-Caryl Ranch Water and Sanitation District.

As a result, unless it is a rainy summer, it is very likely irrigated turf areas throughout the Ranch will probably look very dry by the middle of summer. However, most of the turf throughout the community will go dormant through the hot summer months and is actually quite resilient. By the time we have fall's cooler temperatures, most turf areas will have recovered to their springtime conditions.

Community Calendar

Upcoming events/meetings are as follows (*all meetings/activities will be at the Ranch House unless otherwise stated*):

BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.

April 2013

Tuesday 23 6 p.m. **MD Board Meeting**
Ranch House Story Time Ends April 26.

May 2013

Tuesday 7 6 p.m. **MA/MD Joint Study Session**
Saturday 18 8:30 a.m.-2 p.m. **"Not Just Electronics" Recycling Event**
Tuesday 21 6:30 p.m. **MA Board Meeting**
Tuesday 28 6 p.m. **MD Board Meeting**

COMMITTEE/TASK FORCE MEETINGS

Architectural — the second and fourth Thursday at 7:30 a.m.
Community Planning Committee — Thursday, April 25, 4 p.m.
Covenant — third Wednesday at 4:30 p.m.
Historical Society — Wednesday, July 17, 2-4 p.m.
MA Finance — Monday, May 20, 5:30 p.m.
Open Space — Thursday, April 25, 7 p.m., Dakota Lodge

All days and times are subject to change. Please visit www.ken-carylranh.org for updated information.

For more information about a particular meeting or a specific committee, please call 303-979-1876 or visit www.ken-carylranh.org.

Important Reminders From Waste Connections

- **Auto Dial Service:** Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com, please click on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.
- **Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pick-up day falls on a holiday or within the same week as a holiday, your collection schedule will run one day late.
- **Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service totes/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.
- **Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or www.wasteconnectionsofcolorado.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.
- **Service Problems:** If you are experiencing service problems or have a missed pickup, please call VP of Operations Bill Maupin directly at 303-520-2698.

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Ken-Caryl Ranch Master Association

Board of Directors:
Paul Camp, Chris Figge, Dennie McGarry, Dan Mullins and Valerie Walling.

MA Executive Director Chris Pacetti
chrisp@kcranch.org 303-979-1876, ext. 116
Ranch Ranger (mobile phone) 303-901-6890

Ken-Caryl Ranch Metropolitan District

Board of Directors:
Jeffrey Esbenschade, Robert Generoli, Lauri Lehan-Milano, Ryan Rhinehart and Dennis Sykes.

District Manager Darrell Windes
darellw@kcranch.org 303-979-1876, ext. 114

Parks, Open Space, Sprinklers
(weekdays) 303-979-1876
(after hours, weekends) 303-979-1876, ext. 320

Recreation Activities, Ranch House 303-979-4070

Community Center 303-979-2233

Environmental Education 303-973-0280

To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information.

Covenant Clips

Courteous Parking

by KCRMA Community Standards Administrator Julie Kearful

I have recently been asked to write another column regarding parking on Ken-Caryl Ranch. The two requests that I received were not about the parking rules (boats, campers, set skis, trailers, etc.) but rather "courteous parking" in our neighborhoods.

We have acres and acres of Open Space on Ken-Caryl Ranch that we value highly, but we also have lots of vehicles. Many families have four or more vehicles and parking space is limited (sometimes due to garages containing something other than cars, which as you may know, is bothersome to me). Certainly the most courteous places to park are within one's own driveways and garages — even if it takes a bit more effort to juggle cars. Parking on the street directly in the front of a neighbor's home is not a really great solution — also parking in the street during a snowstorm makes it difficult for Jefferson County plows to clear the streets effectively and efficiently. The idea of "polite parking"

is just another way to be a good neighbor!

A great way to make more room for your cars in your garage is to participate in two upcoming community events. The "Not Just Electronics" Recycling Event is May 18, and the Community-Wide Garage Sale is June 7-8. See the front page of the paper for more information about these events. You can clean out your garage and get rid of items at these events. Then maybe you can park your car in your garage! It's safer, keeps your car looking nicer and clears the streets. A win-win for everyone!

Please keep in mind that rules and regulations are dynamic in nature...new issues surface, new regulations are added, inappropriate ones are deleted and others simply are amended or updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-carylranh.org so try to make certain you, too, are up-to-date. Also, don't hesitate to call me at 303-979-1876, ext. 119 or email juliek@kcranch.org should you have any covenant or architectural questions or comments. Help will be gladly offered.

Ranger Field Notes

In-House Rough Mowing 2013

by KCRMA Trails Ranger Peter Marozas

This year, the Ken-Caryl Ranch Master Association Open Space Department is taking rough mowing of our trails in-house. This is new to our program, as previous years the work has been contracted out.



The rough mowing of assigned, unirrigated areas on KCRMA properties is located in the Valley of Ken-Caryl Ranch, which includes Brannon Gearhart Park, the Hogbacks, Colorow Trail, Lark Bunting Trail, the Manor House access road, lower Bradford Trail, Cathy Johnson Trail and the lower end of Massey Draw.

On the Plains side of Ken-Caryl Ranch, we mow Medema strip, the median along Chatfield Ave., and areas around the Ken Caryl Ave. and C-470 interchange. We will also be mowing anywhere Open Space is adjacent to a street. Mowing typically occurs annually in mid-May to mid-June, mid-July to mid-August, and mid-September to mid-October.

When we mow areas on KCRMA-owned properties, there is certain criteria we need to follow. Our mowing width ("Swath Width") shall be a minimum of 48 inches. Areas confined by fencing will be mowed up to the fence lines. Trailside mowing requires the minimum "Swath" on each side of the trail (trail buffer). Roadway/Open Space areas require one "Swath Width" between the road and native area (road buffer). The "two track" natural surface trails shall be mowed, down the middle and on either side of the trail (two-track mow). Areas to be trimmed include mailboxes, fence lines, trees, picnic tables, benches, garbage cans and sign posts.

Special care shall be taken while trimming so as not to inflict damage to the bark of trees, fence posts, boards, signs, etc. Mowing and trimming in this manner allows our trail users to see what may lie ahead of them on the trail such as wildlife, debris or any potential hazards. It also serves as a fuel break, improves sight lines for motorists and improves and maintains access for our recreational users. Taking rough mowing in-house will allow flexibility to when our mowing can occur and also allow the number of mowing cycles we can perform.

If you have any questions or concerns about our new mowing program, you can contact Park Ranger Peter Marozas at 303-201-5386 or at peterm@kcranch.org.

Drug Take-Back Day

Saturday, April 27

Turn In Your Unused Or Expired Medications For Safe Disposal

The Jefferson County Sheriff's Office will be joining law enforcement agencies nationwide to remove potentially dangerous controlled substances from our nation's medicine cabinets. The DEA's National Take-Back Day provides an opportunity for the public to surrender expired, unwanted or unused pharmaceutical-controlled substances and other medications for destruction. These drugs are a potential source of supply for illegal use and an unacceptable risk to public health and safety.

Sheriff's representatives will be set up at two drop-off locations across the county:

Saturday, April 27, 10 a.m. - 2 p.m.

- **Dakota Ridge High School**, 13399 W. Coal Mine Ave., Littleton (west parking lot)
 - **Evergreen Fire Rescue**, 1802 Bergen Parkway, Evergreen
- This one-day effort is intended to bring national focus to the issue of increasing pharmaceutical-controlled substance abuse.
- The program is anonymous.
 - Prescription and over-the-counter solid dosage medications (tablets and capsules) are accepted.
 - Intravenous solutions, injectables and needles will not be accepted.
 - Illicit substances such as marijuana or methamphetamine are not a part of this initiative.
- The prescriptions should be removed from the original containers and placed in plastic or Ziploc-type bags prior to drop off.

To stay up-to-date on the latest news,
make sure to like us on Facebook
at www.facebook.com/ken-carylranh.



Resident Survey FAQs: Open Space Budget, Trails, Recreation Statistics



Ken-Caryl Ranch has three outdoor pools for residents to enjoy during the summer. In the summer of 2012, the pools welcomed 34,263 people.

In this edition of the Resident Survey Frequently Asked Questions series, we will address the the Open Space budget, Dakota Hogback trails, trail use statistics and recreation use statistics. The full listing of survey comments and the answers to previous Frequently Asked Questions are available on our website at www.ken-carylranh.org under Community & News then Resident Survey.

What is the Open Space budget used for?

The Master Association manages/maintains more than 4,800 acres of non-irrigated Open Space on Ken-Caryl Ranch. There are more than 25 miles of hiking, mountain biking and equestrian trails. The four full-time Open Space Park Rangers on staff along with seasonal employees provide a number of services to maintain this property, including: seven-day-a-week bike, truck and foot patrols; wildlife management; noxious weed eradication; care of our lands to promote a healthy forest; trail maintenance; rerouted and new trail construction in cooperation with volunteers; mowing to provide a pleasant experience for users; maintenance of our drainages; protection of our boundaries; and other general maintenance efforts such as trash collection, sign maintenance, fence maintenance, graffiti removal, structure maintenance and efforts to enhance user experiences.

Will there ever be trails on Big (Dakota) Hogback?

Currently there are trails that allow users to move north and south in the strike valley between the Lyons and Dakota Hogbacks, but there are no plans for trails actually on the Dakota Hogback.

What are the usage statistics for the trails and the other recreation offerings?

The most accurate trail user statistics that we keep are associated with the Ranger patrols. There are 18 trails and two parks (Bradford and Brannon Gearhart Park) and other

Continued on Page 18



The Master Association manages more than 4,800 acres of non-irrigated Open Space on Ken-Caryl Ranch. There are more than 25 miles of hiking, mountain biking and equestrian trails, including this recently re-routed Lark Bunting Trail.

Visit www.ken-carylranh.org for updated information.

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Life at Ken-Caryl
ISSN 0899-6318

LIFE AT KEN-CARYL is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. **OUR PURPOSE** is to bring timely information to the residents of Ken-Caryl Ranch, and to be responsive to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. *Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified.* The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE

The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

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Nancy Chapple is the president of the Ken-Caryl Ranch Foundation Board of Directors and a long-time resident of the Eagles Pointe neighborhood on Ken-Caryl Ranch.

Meet Your Ken-Caryl Ranch Foundation President

Submitted by Gina Quirk, North Ranch

Nancy Chapple is the president of the Ken-Caryl Ranch Foundation Board of Directors and a resident of the Ken-Caryl Ranch neighborhood of Eagles Pointe since 1991. She and her husband, John, have raised their four children on Ken-Caryl Ranch, volunteering in both school and community organizations in order to support our vibrant community.

In that spirit of civic participation, Nancy is leading the Ken-Caryl Ranch Foundation by providing stewardship for long-standing programs and introducing new programs and activities to strengthen our community connections.

Nancy brings a wealth of business experience to the Board. Upon graduating from the University of Wyoming, Nancy began her career as a junior partner with Allen Temporary Services in Casper, Wyo. After helping grow the firm that was subsequently sold to Olsen Staffing, Nancy knew it was time to start her own company. She started Rocky Mountain Temporaries in 1986 and sold the company to Tad Technical in 1989. Nancy

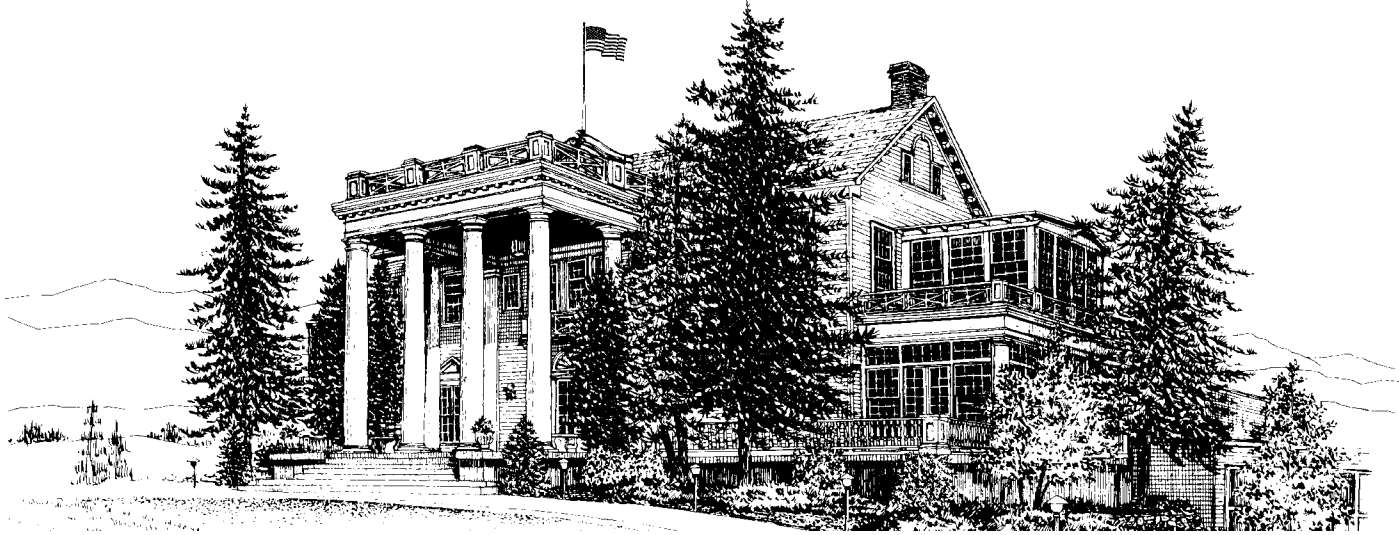
then helped found Bolder Staffing and is currently the Chief Operating Officer. Bolder Staffing is one of the leading staffing firms in the Denver Metro region.

When asked what motivates her to serve as the Foundation's Board president, Nancy said, "We live in such a great community... I want to promote and organize functions that pull us together as a community. We truly live in such a special place. I want to preserve that and help make Ken-Caryl thrive through our work at the Foundation."

One example is a community-wide, outdoor movie night that Nancy and the Board are currently organizing so that families and all community members can gather for a fun-filled evening. Take a peek at some of the programs and activities that fall under the Ken-Caryl Ranch Foundation umbrella:

- Ken-Caryl Community Garden
- Ken-Caryl Ranch Foundation Academic Scholarship Award
- Ken-Caryl Home Tour (See Page 21)
- Ken-Caryl Trail Club Activities
- Ken-Caryl Ranch Historical Society Special Project Fund

Nancy invites all community members to participate, share ideas, provide feedback about programs and activities, and volunteer for committees that interest them! Thank you, Nancy, and all members of the Foundation for making our community stronger and building fellowship. We look forward to hearing updates in future issues of *Life at Ken-Caryl!*



The Manor House

New Hours Open To The Community!

For the entire 2013 year, our lounge will be open Monday, Tuesday and Wednesday evenings from 5-10 p.m. We will have happy hour cocktail specials every evening and also a revamped food menu!

UPCOMING EVENTS AT THE MANOR HOUSE

Mother's Day Brunch May 12

9:30 a.m.-2 p.m. Call for reservations.

Spring Fling Party May 3 Doors Open At 5 p.m.

Spring Bridal Showcase May 11 from 1-4 p.m.

Wine Tasting May 18 • Father's Day Car Show June 16

Please see our website for additional details on all events.

Residents Of The Community Can Now Join The Manor House Club

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Koko FitClub Announces '15 Minutes To Fight Cancer' Challenge

Local Fitness Club Part Of National Event To Raise \$20,000 For American Cancer Society

Koko FitClub, a new workout center that will be opening a Ken-Caryl Ranch location at 12482 W. Ken Caryl Ave. in May, launched its second annual "Koko 5 Million Point Challenge" campaign in support of the American Cancer Society's Relay For Life.

For 24 hours, beginning Saturday, May 4, at 8 a.m. to 8 a.m. on Sunday, May 5, Koko FitClub members, employees and neighbors are invited to participate in one or more 15-minute cardio sessions at the club's Columbine location at 6750 S. Pierce St. in Littleton. Each 15-minute session earns 500 Koko points that will be tallied up across all 120 Koko FitClub locations throughout the nation. If the 5 million point goal is reached, Koko will donate \$20,000 to the American Cancer Society in celebration of its 100th birthday on May 22, and funds will be distributed directly to the local communities who participated.

"Members of the community and Koko FitClub can make a real difference in the fight against cancer by dedicating just 15 minutes of time to a great cardio workout," said local Koko FitClub owner Alex Keller. "We hope it will also inspire 10,000 workouts across the country and encourage people to take charge of their own health and become more active with Koko's personalized exercise and nutrition system."

Koko FitClub will reward any non-member who volunteers 15 minutes to the 5 Million Point Challenge with a free 15-day membership.

For more information about Koko FitClub and the 5 Million Point Challenge, go to www.kokofitclub.com.



Watering Rules For New Landscaping

Several residents have inquired if they should plant new landscaping considering the new drought watering restrictions. Establishing new landscaping requires a large volume of water, so the benefit must be weighed against the cost of water during a drought.

In order to water new landscaping more than the two allotted days, residents must be approved for an exemption. Residents can apply for an exemption by contacting the Ken-Caryl Ranch Water and Sanitation District at 303-979-7424. Exemptions are:

- New landscape, including turf sod, may be watered with overhead spray for up to 21 consecutive days.

- New turf seed may be watered with overhead spray for up to 30 consecutive days. The exemptions apply only:
- to areas greater than 250 square feet
- where the soil has been appropriately amended with compost and prepared
- where efficient irrigation equipment and best practices will be used; and
- when the property displays a sign obtained from the Water and Sanitation District that indicates the expiration date of the exemption.

As a reminder, here are the mandatory watering restrictions that all Ken-Caryl Ranch residents must adhere to:

- Residents may only water their lawns two days a week and must follow this schedule:
- Single-family residential properties with addresses ending in even numbers: Sunday, Thursday
- Single-family residential properties with addresses ending in odd numbers: Saturday, Wednesday
- All other properties (multi-family, HOAs, commercial, industrial, government): Tuesday, Friday

In addition, customers must follow the standard annual watering rules:

- Do not water lawns between 10 a.m. and 6 p.m.
- Do not waste water by allowing it to pool in gutters, streets and alleys.
- Do not waste water by letting it spray on concrete and asphalt.
- Repair leaking sprinkler systems within 10 days.
- Do not water while it is raining or during high winds

CSU Extension also hosts classes to help you with gardening. You can review important aspects of successful vegetable gardening with demonstrations and hands-on activities in CSU Extension's demonstration garden on the Fairgrounds. Classes offered at the demonstration garden include Soils and Amendments on April 27, Irrigation and Mapping on May 4, and Garden Planting and Protection on May 11.

If you are looking for helpful information on drought-tolerant plants, xeriscaping and other landscaping advice, visit www.coloradowaterwise.org or www.ext.colostate.edu.

Sign Up For The e-News

Don't forget to sign up for the *Ken-Caryl Ranch e-News*. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to www.ken-carylranh.org and click on Email Subscriptions under Community & News or send an email to victoriad@kcranch.org.

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Jefferson County To Hold Plant Diagnostic Clinic

The CSU Extension/Jefferson County Plant Diagnostic Clinic at 15200 West 6th Ave. in Golden consists of paid staff and volunteers with specialized training in plant problem diagnosis. The facility is equipped with microscopes and other diagnostic tools for fungal and bacterial cultures, some virus testing, and pine wilt nematode detection.

The clinic serves everyone, including homeowners, landscape maintenance/consultants, landscape contractors/architects, turf grass owners (lawn, golf course, sod growers), arborists and nurseries, vegetable and herb growers, and garden centers. The Diagnostic Clinic helps to:

- Identify causes of plant problems including insect, disease and environmental issues
- Identify landscape weeds and plants
- Recommend management strategies for pest problems
- Identify home lawn problems
- Help you save money by avoiding unnecessary pesticide applications
- Provide information on pesticide alternatives.

You can bring in a sample for testing at the Diagnostic Clinic. Fees do apply. Before bringing a sample to the clinic, check www.extension.colostate.edu/jefferson for information on how to collect the sample and for fee information. Samples may be dropped off any time during normal business hours: 8 a.m. to 5 p.m., Monday through Friday. The clinic tries to complete your diagnosis within three business days.

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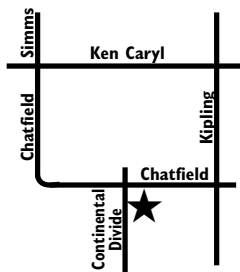
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LAWN & TREE CARE



Goddard School Hosting Zumba Fundraising Event For Teacher With Breast Cancer

Submitted by Jolie Uhrick, Goddard School

The Goddard School of Littleton, located in the Ken-Caryl Business Center, is holding a Zumba Fundraising event and prize giveaway to raise money for their kindergarten teacher, Amber Page, who was recently diagnosed with an aggressive form of breast cancer at the age of 29.

The event is on May 4 from 1-3 p.m. at the Goddard School, 8010 Shaffer Parkway. The recommended donation is \$10 for the outdoor Zumba class, and \$5 for each door prize ticket. All proceeds will go directly to Amber

and her fight against cancer.

When Amber was four, she watched her mom succumb to breast cancer at the age of 31. At 13, she held her aunt's hand during chemotherapy, radiation and a bone marrow transplant, only to say goodbye five years later. Amber never knew her grandmother, for she died at the age 38, after a two-year bat-

tle with breast cancer.

Now it's time for Amber to fight for her life. Diagnosed with a rare, aggressive and fast-growing cancer, she has already begun chemotherapy — a drug nicknamed "The Red Devil." She'll face at least 16 weeks of The Red Devil, and after a short recovery will have a mastectomy. Next comes radiation, fol-

lowed by another mastectomy. She is facing at least 18 months of medical treatments.

If you have questions, contact Jolie Uhrick or Heather Pilleter at the Goddard School at 303-932-7499. Checks can be made payable to Amber Page. If you can't make the event but still want to make a donation, visit www.gofundme.org/AMPitUp.



Amber Page, shown here with students in her class, is a kindergarten teacher at the Goddard School in Littleton who has recently been diagnosed with a rare, aggressive form of breast cancer.

Jeffco Clerk And Recorder To Discuss Elections, Ballot Security

Submitted by Lynne Ellison, Jeffco League of Women Voters

Jefferson County Clerk and Recorder Pam Anderson will address the Jefferson County League of Women Voters at its Annual Meeting on Tuesday, April 30, at the Lakewood Country Club, 6800 W. 10th Ave., Lakewood. The discussion will center on the election process and ballot security — topics of great concern for the nonpartisan LWV.

Attendees are likely to hear the latest on the efforts of Colorado's county clerks to ensure voting rights. The business meeting starts at 10:30 a.m. followed by lunch at 12:30 p.m. Anderson will address the group at 1 p.m. The public is invited to attend the full meeting, including lunch, which costs \$25, or just the clerk and recorder's address, which is free. If attending the luncheon, please contact the Jeffco LWV office at 303-238-0032 or www.lwvjefco.org to register for lunch.

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Minding Our Business

Ken-Caryl Pet Spa

Local Business Offers Premier Pet Grooming Service by Community Relations Director Victoria DeSair

Are you looking for a great grooming experience for your pet? The Ken-Caryl Pet Spa, located in the Safeway shopping center at 12512-B W. Ken Caryl Ave., offers several options for pet grooming and bathing.

Owner Dawn Olson started her pet sitting company 17 years ago and purchased the Pet Spa 7 1/2 years ago. She purchased the storefront to have a bigger community presence

and to be able to fulfill her vision of helping to teach pet owners things they may not know about their pets. The Ken-Caryl Pet Spa was formerly called Laund-UR-Mutt, but Dawn decided to change the name in 2012 to better reflect the nature of the business.

"Over the years, we have been grooming more cats, and do nail trims on rabbits, guinea pigs and nail and wing trims on birds," said Dawn. "We felt that the name change was more inclusive to all pets."

Washing your pet at home often leaves a huge mess to clean up. Ken-Caryl Pet Spa has a self-serve pet wash where you can come in and wash your pet then leave the

mess for the employees to clean and disinfect afterward! The business also has full bath and haircut services and provides walk-in nail trims.

"We teach classes such as a Bath and Brush Grooming Class, and I am a PetTech Certified Instructor and teach a Pet First Aid & CPR class at Foothills Animal Shelter," said Dawn. "Also, I teach a fun class called Canine Colors, which is a personality testing for you and your pet. It's very insightful, and we have taught it to our pet care team, which helps us understand their work personalities and why they like certain breeds. Both of these classes can be taught to non-profits as a fundraiser for organizations."

Ken-Caryl Pet Spa recently expanded their retail line to include more premium pet foods such as frozen raw, dehydrated and freeze-dried foods. It also carries food for limited-ingredient diets, USA-made treats and chews, and several toys, collars, leashes, bowls and more. Dawn said the staff is spending a significant amount of time studying and learning about pet food nutrition and allergies due to recent recalls.

"I believe our biggest asset is having staff that wants to learn and have pet experience to give our clients' pets the best experience possible," said Dawn. "We are very committed to meeting the pets where they are and gaining their trust to make a long-term relationship possible."

Ken-Caryl Pet Spa hosts several fun events at its shop and has started a V.I.P. (Very Important Pet) Appreciation Sale whenever a fifth Saturday falls in the month. The next sale is June 29. On these days, the Pet Spa has samples, product reps, specials, pet adoption rescues and more.

"My favorite part of owning a business in



Ken-Caryl Pet Spa groomed this dog in their shop. The Pet Spa grooms dogs and cats, does nail trims on rabbits and guinea pigs, as well as nail and wing trims on birds.



Ken-Caryl Pet Spa Owner Dawn Olson, left, is shown here with some members of her nine-person staff. The Pet Spa offers self-service washing as well as full-service grooming for many types of pets.

the pet industry is there are no limits," said Dawn. "The pet industry is one of only a few industries that is growing and evolving, and if you don't evolve with it, you will be left behind. I choose to work hard to evolve and create what my clients are looking for."

Dawn said the business has several Ken-Caryl Ranch residents as customers. The Pet Spa also participates in some community events such as the annual Doggie Dip Day, and it supports local schools through fundraising efforts.

Dawn encourages everyone to "Like" the Ken-Caryl Pet Spa Facebook page, where there is a special coupon. Also, see Dawn's informative article about Pet First Aid Awareness Month on Page 20. For more information about the Ken-Caryl Pet Spa, visit www.ken-carylpetspa.com.

Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122 or victoriad@kcranch.org.

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★ Recent Ken-Caryl Projects ★

- TILE:** 71 North Ranch • 45 Elk Lane • 26 Golden Eagle • 69 Golden Eagle
5 Catamount • 14 Black Bear • 30 Mule Deer • 48 Mule Deer • 7 Goshawk
18 Canyon Cedar • 5 Coyote Lane • 24 Lindenwood Lane • 3 Tamarade Court
- COMPOSITE:** 16 Prairie Clover • 7619 Hahns Peak • 60 Dawn Heath • 4 Silver Aspen
87 Buckthorn • 30 Willowleaf • 16 Tamarade • 4 Hill Spruce • 4 Golden Aster
20 Sand Cherry • 6 Scotch Heather • 12 Mtn. Alder • 1 Mtn. Ash • 28 Long Spur

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Barrington Ridge

8 White Fir Court • \$1,050,000

Backs to open space on a cul-de-sac. 5 bedrooms, main floor study, formal living and dining rooms, large mud/laundry room. Finished walk-out basement with media room and full bath, perfect for guest accommodations. Incredible views.



North Ranch

53 Golden Eagle Lane • \$849,000

Custom home situated on open space with gorgeous views, gazebo and waterfall. 5 bedrooms, 5 baths. Concrete tile roof. Main floor study. Newer stainless steel appliances and slab granite. Professionally finished walk-out basement with a mother-in-law suite. Newer carpet. Hardwood floors. Dual staircases.



Barrington Ridge

2 Mountain Cedar • \$1,030,000

Fabulous lot with panoramic views backing to open space. 4 bedrooms, 5 baths. Newer metal roof. Newer Trex Deck. New paint. Traditional floor plan with study and formal living/dining rooms. Central air.



North Ranch

28 Black Bear Lane • \$999,000

Completely updated custom home on an oversized private lot. Beautiful gourmet kitchen with an oversized pantry, huge center island and top of the line stainless steel appliances. Professionally finished walk-out basement.



Eagles Pointe

11 Purple Plum • \$624,900

5 bedrooms or optional main floor study. Cul-de-sac. Huge kitchen with stainless steel appliances and slab granite. Updated master bath. Peaceful yard. New roof, updated bathrooms.



Quail Ridge

10510 Raspberry Mountain • \$349,900

Traditional home situated on the end of a cul-de-sac. Walk to schools and parks. 4 bedrooms, formal living and dining rooms, eat-in kitchen. Newer roof, newer windows. Oversized bedrooms. Private backyard.



North Ranch

6 Peregrine • \$850,000

This home offers 6 bedrooms, 5 baths, a main floor study, formal living and dining rooms, great room, and a huge laundry/mud room. Professionally finished basement.



Carriage Hill

10 Golden Aster • \$579,000

Cul-de-sac. 4 bedroom, 3 bath. Walk-out basement. Fantastic floor plan. Huge laundry/mud room. Gorgeous views.



North Ranch

68 North Ranch Road • \$749,000

5 bedrooms, 4 baths. Optional study on the main floor. Newer windows, and sliders. Oversized kitchen with stainless steel appliances and pantry.



Colony
10 Wood Sorrel



Deer Creek
25 Tecoma Circle



North Ranch
1 Snowy Owl Lane



Deerwood Vista
85 Deerwood



Barrington Ridge
15 Mountain Cedar



Deer Creek
30 Long Spur



Deer Creek
27 Long Spur

COMING SOON — CALL FOR DETAILS

2 Photinia • \$525,000

4 bedrooms, 3 baths, walk-out basement, cul-de-sac in Retreat.

3 Laurus • \$549,000

Gorgeous remodel on cul-de-sac with 3-car garage in Stallion Pointe.

17 Honey Locust • \$349,000

4 bedrooms, finished bsmt. in Traditions.



Bradford Place

14 White Oak Drive • \$659,000

4 bedrooms, finished walk-out basement. Gorgeous views.



Deer Creek

2 Tecoma Circle • \$419,000

4 bedrooms, finished basement. Hardwood floors.

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School News

Long-Time Employees Retiring From Shaffer Elementary

Submitted by Connie Hayes, Shaffer Elementary

Shaffer Elementary School would like to announce the retirement of Grenay Weber, attendance secretary since the 1996-97 school year, and Janice Campbell, first-grade teacher since the 2000-2001 school year. Both Grenay and Janice will retire at the end of this school year.

Please join the Shaffer staff and parents in congratulating them for all their hard work and many dedicated years to Shaffer stu-

dents and the community. Shaffer Elementary wants to give them a memorable send-off. The community is invited to an Open House Celebration on Thursday, May 9 from 4 to 6 p.m. at the Governor's Ranch Club House (Governor's Hall) at 9050 West Prentice Ave. in Littleton. Grenay and Janice have requested no gifts. If you are not able to attend but would like to write a short note to either or both of them, please send it to Shaffer Elementary, Attn: Mrs. Hayes, 7961 S. Sangre de Cristo Road, Littleton, CO 80127.



Grenay Weber, left, has been the attendance secretary at Shaffer Elementary since 1996. Janice Campbell, right, has taught first grade at the school since 2000. They are both retiring at the end of this school year.

Collegiate Academy Raffling New Car And iPad

Submitted by Erin Mittoo, Collegiate Academy

Collegiate Academy of Colorado, one of Colorado's longest-standing charter schools, is holding their inaugural car giveaway! The school is currently selling tickets to give away a new Infiniti G37 sedan! Funds from the car giveaway will be used to benefit Collegiate's academic programs for kindergarten through 12th grade. The drawing was originally scheduled for Saturday, May 18, but it has been moved to Saturday, June 22.

Tickets for the drawing are being sold online at www.collegiateacademy.net. The price is \$100 per ticket, and odds of winning are 1

in 2,500. 1st prize: Infiniti G37 Sedan, 2nd prize: Apple iPad 3 16GB WiFi, 3rd Prize: Michele watch.

Chatfield Senior High After-Prom Open House

The Chatfield Senior High After-Prom Committee invites all friends and community members to an Open House, Saturday, May 4 from 8 to 10 p.m. Come by and see how the school is transformed into a safe, alcohol-free party for all CSH juniors, seniors and their dates!

Graduation Schedule For Local High Schools

More than 5,000 Jeffco students will walk across the stage to accept their high school diplomas in May. The graduation schedules for the local high schools are as follows:
 Wednesday, May 22: Collegiate Academy of Colorado, Waterstone Community Church, 7 p.m.
 Thursday, May 23: Chatfield High School,

Red Rocks Amphitheater, 9 a.m.
 Thursday, May 23: Dakota Ridge High School, Fiddler's Green Amphitheater, 7 p.m.
 Saturday, May 25: Columbine High School, Fiddler's Green Amphitheater, 9 a.m.
 Saturday, May 25: D'Evelyn Jr./Senior, Ellie Caulkins Opera House, 9 a.m.

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Board Community Engagement Session And Online Conversations

The Jefferson County Board of Education is inviting parents and the community to attend a Community Engagement meeting at Chatfield High School, 7227 South Simms St., on Saturday, April 27 from 9:30 - 11 a.m. The meeting is being held to discuss student achievement.

The District is always looking for ways to better connect with the people who have an interest in the schools. The District also understands that attending a meeting to make your voice heard is not always possible; it is now offering a new online format, Engage Jeffco Schools.

You can join in an online conversation, propose new ideas about how to improve education and vote on your favorite ideas. Go to www.engagejeffcoschools.com to join in the conversation!

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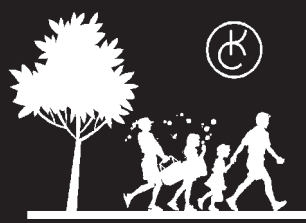


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Ken-Caryl Ranch Metropolitan District RECREATION ACTIVITIES

For Your Information

How To Register For Classes & Events

- **Online:** Go to ken-carylranh.org and click on Registration under Programs & Activities.
- **Phone-In:** Ranch House 303-979-4070, Community Center 303-979-2233
- **Mail-In:** Download a registration form at ken-carylranh.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127.
- **Fax-In:** Ranch House 303-979-5347, Community Center 303-979-6501
- **Walk-In:** Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

Recreation Office Hours

Ranch House Recreation Office
(303-979-4070)

Monday - Friday • 8 a.m. - 6 p.m.
Saturday • Closed
Sunday • Closed

Community Center
(303-979-2233)

Monday - Thursday • 5:30 a.m. - 10 p.m.
Friday • 5:30 a.m. - 7 p.m.
Saturday • 8 a.m. - 7 p.m.
Sunday • 8 a.m. - 8 p.m.

Finger Scan

Utilizing our finger scan stations or presenting a 2013 KCRMD valid ID is required for anyone age 3 or older. Those seeking resident discounts must show proof of residency within the Metro District boundaries. To receive or renew you must present one of the following: a valid Colorado Driver's License, Warranty Deed, Colorado ID, or Property Tax Statement which must have the applicant's name and valid KCRMD address. If you have questions regarding residency and/or ID cards, call the Ranch House for assistance at 303-979-4070.

Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

Nursery Hours

Community Center
Monday through Friday
9 a.m. - 3 p.m.
Hours may vary according to reservations.

Visit

www.ken-carylranh.org

Tennis

Demo Day, Cardio Tennis And Wine Tasting

Chris Stevens, a former tennis instructor for Ken-Caryl Ranch has spent almost the last six years in the wine industry, and would like to spread the joy of wine to the community! On April 19, Chris will be conducting a class that combines cardio tennis (one hour) with a wine-themed hour of tasting and education! The wine tasting will include small appetizers that will be paired with the wines and will be accompanied by tasting notes. Come enjoy the fun! Space is limited so register early.
Date: May 3
Time: 5 - 8 p.m.
Schedule Includes:
5 - 6 p.m.: Head Demo Day, no charge
6 - 7 p.m.: Cardio Tennis with Chris Stevens, John Van Handel
7 - 8 p.m.: Wine Tasting
Fees: \$10 for cardio
\$20 for wine tasting
\$25 for both
Course #27267

HEAD Racquet Demo Day

May 3, 5 - 6 p.m.
at the Community Center

Tennis Clothing Closeout

Community Center • All items \$10 or less

Cardio Tennis

April 22 - May 17
Fridays: 8 - 9 a.m., all levels

\$

Ken-Caryl Ranch REFUND POLICY

Requests for refunds must be made **48 hours** before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$

Tennis Lessons

April 22 - May 23
Schedules available online at www.ken-carylranh.org.

Outdoor Court Reservations

Outdoor tennis court reservations now being taken at the Ranch House and Community Center. Reservations may be made up to 3 days in advance by calling the facility. Court sheets will be posted at the Bradford courts beginning May 1.

Permanent Court Time

Permanent Court Time ends May 4. Renewals for 2013 - 14 will be due June 1. A \$50 deposit will be due at this time.

2013 TENNIS LESSON FEES

1 Hour Lesson	Resident	Non-Resident
Group: 6	\$13/pers.	\$16/pers.
Group: 5	\$15.50/pers.	\$18.50/pers.
Group: 4	\$19.50/pers.	\$22.50/pers.
Group: 3	\$26/pers.	\$29/pers.
Semi Private	\$31/pers.	\$34/pers.
Private	\$56	\$60

90 Minute	Resident	Non-Resident
Group: 6	\$19.50	\$22.50
Group: 5	\$23.25	\$26.25
Group: 4	\$29.25	\$32.25

Indoor Tennis Fees

COMMUNITY CENTER

(Four Courts at the Community Center)
Reservations: Up to seven days in advance by calling 303-979-2233.

Cancellation Policy: Anyone cancelling an indoor court less than 24 hours in advance will be charged full fees unless the court can be resold.

Fees: Residents and Current League Participants: \$24/hour
Non-Residents: \$32/hour
Non-Jeffco: \$38/hour
Junior walk-on rate (same day reservation): \$10/hour

Racquetball Shuttle

Every Monday evening from 7 - 9 p.m.
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Every Thursday from 12 - 2 p.m.
Level C+ or higher
Every Saturday morning from 8 - 10 a.m.
Level B or A or higher
Play format: Doubles, cut-throat or singles depending on the number of players
Signup: None required at this time, so just show up
Cost: \$6 for all (KC resident or not) or use facility pass
Glasses are REQUIRED.
For questions, or to receive reminders: stevebegej@qwest.net.

Red Hat Divas

The monthly meeting schedule is as follows:
May 28 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)
June 25 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)
July 23 — Red Hat meeting
10:30 a.m. - 12:30 p.m.
(Ranch House Adult Lounge)
If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.



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Special Programs & Events

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Come climb with us! Climb up into the crown of a beautiful tree using fun, easy-to-learn rope techniques, safe for both tree and climber. Great for families and adults. We provide all instruction and equipment. Ages 7 and up. Climbers must be reasonably fit and in good health. Come climb a Tree!



When:

June 7th, 2013 Course # 27249
July 12th, 2013 Course # 27250
August 9th, 2013 Course # 27251
from 2:30 pm - 4:30 pm

Fees: Res: \$30 Non-res \$35

Register online at:

www.ken-carylranh.org

Call today! 303-979-4070



www.treeclimbingco.com
Mary@treeclimbingco.com
phone: 303.877.1870

Birthday Party Packages

Host your child's summer birthday celebration right here at the Ken-Caryl Ranch Community Center! With a room that opens up to the Community Center pool, you can gather your group for pizza, cake, presents and games, and then head out to the pool for some fun in the sun. You choose the theme, and we will take care of the rest! We will provide table coverings, place settings and decorations to match your chosen theme. Pizza, cake, goody bags and guest passes to the pool are optional and can be added for an additional fee. Reservation contracts are available on-site and online at www.ken-carylranh.org, and must be turned in with the required deposit at least one week in advance.

Ages: 3 - 12 years

(and required supervising adults)

Dates: May 28 through Sept. 1

(no reservations accepted July 4)

Days & Times:

Monday through Friday 12 - 6 p.m.;

Saturday & Sunday 10 a.m. - 6 p.m.

Reservations are booked in two-hour increments.

Deposit: \$40

Rental Fees: \$90 for up to 10 kids.

Each additional child is \$5,

up to 20 children total.

Party Options (added to rental fee):

Pizza or Cake: \$25 each, per 10 children

Goody Bags: \$5/child

Swim Passes: \$20/6-pack (guest passes can be only be purchased at this rate when added to the party package. Unused passes are valid anytime during the 2013 pool season at any KC pool.)

Saturday Road Bike Group Rides

Ken Caryl Ranch Metro District is looking for cyclists to participate in weekend group rides in and near Ken Caryl Ranch. Rides will range around 15 - 30 miles and would start and end at the Community Center. If you are interested in participating please contact Jason Fries via email at jasonf@kcranch.org or by phone at 303-979-4070, ext. 132.

Helmet is required and cyclist should carry: ID, water, spare tube(s), pump, tire levers.

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

Time: 9 a.m. - 3 p.m.

Cost: Res: \$50, Non-Res: \$65

Date: Saturday, June 7 Course #25969

Want To Be Involved In Our Community Special Events?

Ken-Caryl Ranch Metro District's annual special events offer a wide variety of sponsor involvement. Your company or organization may partner with the District on a variety of levels. These levels include Title Sponsor, Platinum, Gold, Silver, Bronze or Friend of Ken-Caryl Ranch. Sponsor benefits include advertising exposure as well as prominent event day visibility and involvement. Customized packages can also be developed for you. We are happy to also consider adding a special event that we currently do not offer, should you have a great idea!

Please call Jason Fries at 303-979-4070, ext. 132 to learn more about sponsoring a special event for our community.

Puppy Preschool & Basic Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

PUPPY PRESCHOOL CLASSES

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

Days and Time: Tuesdays at 6:30 p.m.

Fees: Res. \$130, Non-Res. \$155

BASIC DOG OBEDIENCE CLASSES

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

Days and Time: Tuesdays at 7:30 p.m.

Fees: Res. \$110, Non-Res. \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Questions or to register, please contact Laurel Landsman at 720-233-3461 or caninefrontier@gmail.com. Please visit Canine Frontier's website at: <http://caninefrontiertraining.com> or our Facebook page www.facebook.com/caninefrontier for more information.

Visit KCR's website www.ken-carylranh.org for updated information on upcoming meetings and other events.



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Youth Programs

Youth Anti-Bully/ Anti-Abduction Seminar

FORCE Sports presents the award-winning children's F.A.S.T Self Defense System created by Former Recon Marine Bill Kipp, who recently was named 2012 Self Defense Instructor of the Year by *Black Belt Magazine*. The certified instructors at **FORCE F.A.S.T. FIGHTING TIGERS** children's program teach self protection and assertiveness skills to effectively protect our children from bullies and child predators. Using simple and effective non-violent conflict resolution skills, this scenario-based, two-hour proven program playfully gives children ages 6 - 12 the tools to stop bullies and attackers in their tracks! The confidence gained from the experience empowers them in all other facets of

their lives! Class size is limited, so register today.

Ages: 6 - 12 years old
Day/Date: Saturday, April 27
Time: 1 - 3 p.m.
Min: 5, **Max:** 15
Fee: Res: \$69, Non-Res: \$75
Location: Community Center
 Course #27317

Have An Idea For A New Workshop?

Do you have a skill, passion, hobby or unique ability that you would love to share? Ken-Caryl Ranch is looking for new and fun workshops to offer the community. Please contact Jason Fries at jasonf@kcranch.org or 303-979-4070 to discuss what you might be able to bring to the community!

Sports And Athletics

Challenger British Soccer Camp

Ken-Caryl Ranch Metro District is bringing the nation's number one all British Soccer Camp program to our community this summer. Challenger British Soccer Camps are a huge nationwide organization that will coach 122,000 players around the United States this summer at their camps, and here is your chance to experience their unique program!

Dates: June 17 - 21
Location: Ranch House Fields
Time: 9 - 10:30 a.m. Mini Soccer - 4-5 years \$110
 11 a.m. - 12 p.m. First Kicks - 3 years \$97
 9 a.m. - 12 p.m. Half Day - 6-16 years \$138
 *1 - 3 p.m. Golden Goal - *6-16 \$51

Dates: July 15 - 19
 9 - 10:30 a.m. Mini Soccer - 4-5 years \$110
 11 a.m. - 12 p.m. First Kicks - 3 years \$97
 9 a.m. - 12 p.m. Half Day - 6-16 years \$138
 *1 - 3 p.m. Golden Goal - *6-16 \$51

*Please note that this session is a special "add-on" session that runs Monday through Thursday and is only open to the kids who register for the 9 a.m. to 12 p.m. session.

Go to www.challengersports.com for more details and to register. Register online at www.challengersports.com before May 4 and June 1 respectively to receive a FREE \$40 soccer jersey.

For more information call:
 Gianluca Horsfall at 720-204-4130 or ghorsfall@challengersports.com.

Summer Taekwon-Do

As the weather warms and the days get longer, now is the time to try something new, get fit and have fun. Taekwon-do is a Korean martial art known for powerful hand and foot techniques and impressive jump kicks. Students learn self-defense while improving flexibility, balance, cardiovascular fitness and core strength, in a close-knit, positive environment. For adults and children (9 and older). Julie Farris Jablonski is a fourth degree black belt with 30 years of experience. She was the 2011 International Gold Medal Champion in sparring and board breaking.

Youth & Adult Taekwon-Do Classes

Green Belts & Above
Ages: 9 and older
Time: 4:45 - 6 p.m.
Location: Community Center
Days: Mondays & Wednesdays
Session 1: June: 3, 5, 10, 12, 17, 19, 24 & 26
Fee: Res: \$128, Non-Res: \$153.60
 Course #27039

White & Yellow Belts
Ages: 9 and older
Time: 4:45 - 6 p.m.
Location: Community Center
Days: Tuesdays & Thursdays
Session 1: June: 4, 6, 11, 13, 18, 20, 25 & 27
Fee: Res: \$128, Non-Res: \$153.60
 Course #27049



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Your Urban Connection

New Listing . . .

Ken-Caryl Valley 4 White Birch

This home is gorgeous inside and out! The remodeled kitchen has newer cabinets, slab granite and SubZero refrigerator. Remodeled baths have new cabinets, granite, heated floors and custom lighting. Too many upgrades to list throughout this beautiful home. The outside is amazing! Waterfall, custom patio, firepit area, room for a hammock. . . . just in time for summer relaxation and BBQs!
 Great location at the end of the cul-de-sac.



New Listing . . .

Cherry Creek North 241 Adams

Bring your remodel ideas, this is your opportunity! This 2800 plus sq ft, 3 bed, 4 bath townhouse has 2 outside patio areas and 2 car attached garage. Walk to the Cherry Creek farmers market in the morning and the Botanic Gardens Concerts in the evening . . . location just doesn't get any better.



Coming soon! . . .

DTC

Perfect location in the DTC, move in ready. Complete remodel in this 3 bed 2 bath townhouse, including granite, new kitchen and baths. Close to light rail and in the heart of the DTC. I-25/Orchard area. The last townhouse in this complex went under contract the first day. . . . this one won't last long either.
 Under 200,000.00



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Environmental Education

Nesting Great Horned Owls

Go owling in search of nesting great horned owls. Keep a lookout for the fluffy chicks that by May will be large enough to move out of the nest where they wait for their parents to bring them food. Discover some fascinating facts about this large common owl and how they are adapted to night hunting. Class meets at Dakota Lodge.

Date: Friday, May 3
Time: 6:30 - 7:30 p.m.
Course #25723

Junior Naturalist After School

These after-school programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

Ages: 5 - 9 year olds
Group Size: Min. 4, Max. 20
Location: Dakota Lodge (Transportation provided from Bradford Primary to Dakota

Lodge. Students will meet teacher in the school gym and ride on Ken-Caryl buses to the Dakota Lodge. Pick-up is at Dakota Lodge.)

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Day: Thursdays
Time: 3:45 - 5:45 p.m.
Dates: May 2, 9, 16, 23
Fees: 4-week class:
Res: \$45, Non-Res: \$55
Course #25731

Ranch House Junior Naturalist Club

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

May: Insect Safari

The miniature world of insects is often overlooked! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes.

Dates: May 6, 13, 20
Ages: 6 - 10 years olds
Days: Mondays
Time: 5 - 6 p.m.
Location: Ranch House
Fee: 3-week class: Res: \$15, Non-Res: \$18
Course #26281

Community Center Junior Naturalist Club

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

May: Insect Safari

The miniature world of insects is often overlooked! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes.

Dates: May 7, 14, 21
Ages: 6 - 10 years olds
Days: Tuesdays
Time: 5 - 6 p.m.
Location: Community Center Nursery
Fee: 3-week class: Res: \$15, Non-Res: \$18
Course #26284

KC Kids Nature Camp: Ages 4-5 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in hand-on science experiments and use imagination and creativity. Light snacks will be included that are often integrated into the topic of the class.

Ages: 4 - 5 year olds
Group Size: Min. 5, Max. 15
(with 2 teachers)
Location: Dakota Lodge

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Tuesday Morning Session
Dates: Tuesday, April 30, May 7, 14, 21
Time: 9:15 - 11:45 a.m.
Course #25754
Thursday Morning Session
Dates: Thursday, May 2, 9, 16, 23
Time: 9:15 - 11:45 a.m.

Course #25755
Fees: 1-Day (Tuesday or Thursday)
Res: \$50, Non-Res: \$60
2-Day (Tuesday and Thursday)
Res: \$100, Non-Res: \$120

Monday Afternoon Session
Dates: Monday, April 29, May 6, 13, 20
Time: 1 - 3 p.m.

Course #25756
Wednesday Afternoon Session
Dates: Wednesday, May 1, 8, 15, 22
Time: 1 - 3 p.m.

Course #25757
Fees: 1-Day (Monday or Wednesday)
Res: \$45, Non-Res: \$55
2-Day (Monday and Wednesday)
Res: \$90, Non-Res: \$110

Tot Discovery Time: Ages 2-1/2 to 3 Years Old

Each month we will explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, participate in fun and engaging activities, and use imagination and creativity in craft projects.

Ages: 2-1/2 - 3 year olds
(Must be toilet trained)
Group Size: Min. 4, Max. 15
(with 2 teachers)
Location: Dakota Lodge

May: Insect Safari

The miniature world of insects is often overlooked, but that doesn't mean there isn't anything to see! We will go on an insect safari in search of these tiny creatures, using sweep nets and bug boxes. Build an insect and find out how many legs and body parts they have. Find out why ladybugs are red and other interesting insect facts.

Time: 9:30 a.m. - 12 p.m.
Session I Course #25768
Dates: April 29, May 6, 13, 20
Session II Course #25769
Dates: Wednesday, May 1, 8, 15, 22
Fee: 1-Day (Monday or Wednesday)
Res: \$50, Non-Res: \$60
2-Day (Monday and Wednesday)
Res: \$100, Non-Res: \$120

Dance Classes

Denver Region Dance Academy

At Denver Region Dance Academy our emphasis is on confidence. We provide four building blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher relations and a studio environment for performances. Each class is designed to incorporate these four aspects for building confidence in your child. Denver Regional Dance Academy is a non-competitive studio believing that performances in front of friendly supportive audiences build self-esteem.

CLASS DESCRIPTIONS

Ballet & Tap I • Beginning

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the floor, love princess everything and always want to wear pink and purple? Then this class is for her! Dancers learn classical ballet skills while dancing to their favorite princess music. Together with the tap skills they learn, dancers will put the moves into routines to perform them for family and friends.

Ballet & Tap II • Intermediate

This class is for 5- to 7-year-old girls who may or may not have been in ballet/tap before. We keep classes small in size to make very individualized instruction so all skill levels are addressed. If your ballerina still loves to dance and perform to her favorite music, let her continue her dance education in this positive, non-competitive environment.

Dance Classes

Location: Ranch House
Fees: Res: \$52.50, Non-Res: \$65 (5-week session)
Dates: April 23 - May 23

Course #	Day	Ages	Class Description	Time	Location
27254	Tuesday	3 - 5	Beg/Inter Ballet & Tap	5 - 5:45 p.m.	RH
26215	Tuesday	5 - 7	Inter/Ballet & Tap	5:45 - 6:30 p.m.	RH
26216	Thursday	3 - 5	Beg/Inter Ballet & Tap	9:15 - 10 a.m.	RH

Drop-ins for new students available. Class fee will be prorated.

Questions? Call Mikki Wright at 303-733-7982.

To register, call the Ranch House at 303-979-4070 or online at www.ken-carylranh.org.

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Notice that Edison didn't say the future of healthcare would hold a daily consumption of prescription and over-the-counter drugs.

He didn't predict the average American would take ibuprofen and antacids to get through the day. No mention of high blood pressure or migraine meds. No hormone replacement therapy. No prostate drugs. He didn't even mention a daily baby aspirin.

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Ken-Caryl Ranch Preschool Programs

Preschool Registration For The 2013-2014 School Year Is Now Open!

Our Preschool Programs have recently expanded, offering state-licensed programs for ages 2 1/2-5. Part-time and full-day preschool classes, before and after-care, and full-time childcare are just a few of the options now available. View and print the *Information & Registration Forms* online at www.ken-carylranh.org. These forms must be turned in at the Ranch House or Community Center, and will be accepted on a first-come, first-served basis. For more information on our Preschool Programs, please contact Sarah Gagne at 303-979-2233, ext. 206 or sarahg@kcranch.org.

Preschool Summer Programs Mini-Camps

Is your young one a lover of all things fun? Register them for a summer full of exploration, discovery and learning. We believe that children learn by doing, therefore our cur-

riculum is designed to engage children in activities that will keep them moving, laughing and enjoying the summer. Our preschool programs focus on peer socialization, self-regulation and respect for others. We will spend our days making new friends, learning new things, creating works of art and experiencing independence in a fun, safe and nurturing environment. In addition to visits to the wading pool and weekly field trip adventures, children will enjoy singing, games, crafts, stories, cooking and nature walks. Small, healthy snacks will be provided. All children must be toilet trained and come to camp with a water bottle and good play sneakers.

Little Learners (Early Preschool)

Ages: 3 - 4 years
Days: Monday through Thursday
Times: 9 a.m. - 12 p.m.
Location: Ranch House OR Community Center
Fee: Res: \$60, Non-Res: \$72 (per weekly session)
Except week of July 1:
Res: \$45, Non-Res: \$54

Explorers (Preschool & Pre-Kindergarten)

Ages: 4 - 5 years
Days: Monday through Thursday
Times: 9 a.m. - 3 p.m.
(Please pack a lunch.)
Location: Ranch House OR Community Center
Fee: Res: \$125, Non-Res: \$142 (per weekly session)
Except week of July 1:
Res: \$90, Non-Res: \$102

Fun On The Move

Our Explorers at each location will participate in a weekly special event that will bring each weekly theme to an exciting conclusion! Every Thursday afternoon will include one of the following: a special visitor, an in-house program or a field trip to an off-site location, taken in one of Ken-Caryl's harness-equipped, 14-passenger mini-buses. Little Learners who wish to stay for the afternoon and attend the special event may register as a supplement to their weekly schedule. **(Registered Explorers DO NOT NEED to register separately for the weekly spec-**

ial event.)

Day: Thursdays
Times: 11:30 a.m. - 3 p.m.
(please pack a lunch)
Fees: Res: \$15, Non-Res.: \$18 (per weekly event)
See www.ken-carylranh.org for course #s.

Swimming Lessons

Preschoolers attending our summer mini-camps may sign-up for swimming lessons at either location as a supplement to their camp week. Lessons run Monday-Thursday with make-up classes on Fridays if there are any daily cancellations due to inclement weather. Staff will accompany your child to the pool, remain with them during the lesson and return them to camp each day.

Ages: 3 - 5 years
Dates: Weekly, June 10 through Aug. 8 (Ranch House); June 3 through Aug. 1 (Community Center)
Times: 10:10 a.m.
Fees: \$24/weekly session
Location: Ranch House and Community Center
Min: 3, **Max:** 8
See www.ken-carylranh.org for course #s.

Before & After Care

Before and after-care is available at the Community Center location ONLY. You may choose to add either or both of these services to your mini-camp schedule. Once your child is registered, you will receive a calendar to mark the days you will need care on a weekly basis. As long as your calendar is received by designated due dates (Wednesday of week prior) then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.) All cancellations require seven day notice. For schedule and rate inquiries, please contact Sarah Gagne at 303-979-2233, ext. 206 or sarahg@kcranch.org.

Nature Creations

Kids love the outdoors and are sure to enjoy gathering the materials they need to create some nature-inspired crafts, all the while exploring the natural world around them. With a little imagination we can take some twigs, pinecones and flowers, add a few recycled items, and transform it all into a work of art. *(Drop-ins are permitted as long as formal registration numbers allow each class to run.)*

Ages: 3 - 5 years
Day/Dates: Fridays, June 12 - Aug. 7
Time: 9 - 11 a.m.
Fees: Res: \$10; Non-Res: \$12 (for each class)
Min: 4, **Max:** 10
Location: Community Center

Date	Craft/Project	Course #
June 12	Dandelion Bookmarks	26898
June 19	Pinecone Birdfeeders	26899
June 26	Flower Press Prints	26900
July 10	Rock Pets	26901
July 17	Leaf Rubbings	26902
July 24	Critter Habitats	26903
July 31	Stick Boats	26904
Aug. 7	Nature Photos	26905

Family Fun Fridays

When you can't bring yourself to make your own house a mess, pack up your kiddos and bring them to our 'house'! Each weekly class will get you and your young one elbow-deep in water, goo, paint and more. We will read recipes, follow directions and produce something fun that will get the kids through the morning and you closer to the weekend. And the best part- we'll do the clean-up!

Ages: 3 to 7 years (and an accompanying adult)
Day/Dates: Fridays, June 12 - Aug. 7
Time: 10:30 - 11:30 a.m.
Location: Ranch House Recreation Deck
Fees: Res: \$8; Non-Res: \$10 (for each class)
Min: 4, **Max:** 12

Date	Recipe	Course #
June 12	Puffy Paints	26906
June 19	Silly Putty	26907
June 26	Ivory 'Mud'	26908
July 10	Moon Sand	26909
July 17	Bouncy Balls	26910
July 24	Chocolate Play Dough	26911
July 31	Flubber	26912
Aug. 7	Modeling Clay	26913

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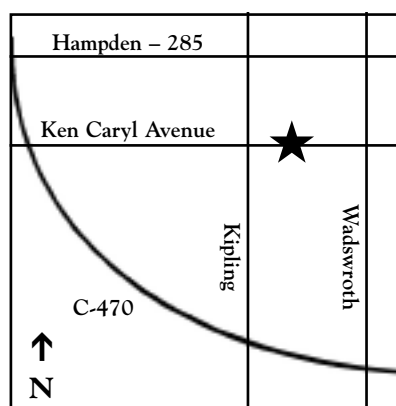
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Kellie S. - Jan 10, 2013

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Fitness & Wellness

Attention Rock Climbers

One of the earliest training devices developed specifically for climbing is a training board. It is still one of the best ways to target the most critical of all climbing strengths: contact strength. It makes it easy to target particular strengths and weaknesses, control the exact duration and amount of resistance on a particular exercise and gauge your progress.

The Community Center now has a training board in its weight room for you to build finger strength, body tension and general upper-body strength. Finger strength is the single most important type of strength for a climber to have. If you can't even hold on to the grips, there is no way you will be able to move between them. Body tension, sometimes called core strength, allows you to distribute the force you are generating between your points of contact and to direct your movement. It allows you to weight your feet and save energy.

Here are just a few of the exercises that you can do: dead hang, bent-arm hang, offset hang, pull-up, L-hang and more. For more information on rock climbing fitness training with the board, see the online training guide at www.metoliusclimbing.com/training_guide_3d_simulator.html.

Prepare for the climbing season now. Drop-in adults: \$6 or use your facility pass.

Happy Hour Fitness Class

Do you need to get a social life? Are you spending another evening knee-deep in laundry when you really want to be out having some fun. Busy with work and family? Haven't had an adult conversation for weeks? Don't have time to set something up? We can help you change that.

Join us for our monthly Happy Hour Fitness Class from 6:15 to 7:30 p.m. at the Community Center with all our strength instructors showing you the latest and greatest exercises followed by drinks and appetizers at the Manor House. (Yes, we go sweaty.)

Fitness Schedule

Classes in CAPS suitable for beginners. • Res: \$6, Non-Res: \$8 or Facilities Pass. • *BARRE Class requires additional fee.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7:15-8:10 a.m.	MAT PILATES Carla		TONE IT UP Carla		TONE IT UP! Kerry		
7:45-9 a.m.		Power Pump Theresa		Power Pump Theresa			
8:15-9 a.m.	Step & Sculpt Theresa		Cardio Circuit Theresa	HATHA YOGA Karin 8-9:15 a.m.	Cardio Circuit Theresa		
8:30-9:30 a.m.						Step & Sculpt Instructors Vary	
9-10 a.m.							Step & Pump Chelsea
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 ZUMBA at RH Caeleigh	MAT PILATES Lisa HATHA YOGA Petra	Power Pump Janet	Interval Challenge Janet	FAB Fri. AM Boot Camp Lisa		ZUMBA Renate/Stacia 10-11 a.m.
9:30-10:45 a.m.	Hatha Yoga Leslie		Power Yoga Petra	PILATES FUSION Lauren 9:30-10:30 a.m. Yoga Room	Yoga Petra 1 st , 3 rd , 5 th : Power 2 nd , 4 th : Hatha	ZUMBA Renate 9:40-10:40 a.m.	
10:35-11:35 a.m.	BARRE Class* 10:45 a.m. • Stacy		ZUMBA Janet				
12:15-1:15 p.m.			BARRE Class* Stacy				
4:30-5:30 p.m.		Afterwork Fitness Challenge Kerry		Afterwork Fitness Challenge Kerry			
Evening Classes	MUSCLE SCULPT Instructors Vary 6:15-7:15 p.m. MAT PILATES Lori 6:30-7:30 p.m.	ZUMBA Renate 6:15-7:15 p.m.	MUSCLE SCULPT Instructors Vary 6:15-7:15 p.m.	HATHA YOGA Laura 6-7 p.m. MAT PILATES Lori 6:30-7:30 p.m. ZUMBA AT RH Stacia 6:30-7:30 p.m.			

Mark your calendars now for May 8, a Mother's Day Mania, a blend of pilates and cardio. Followed by more socializing at the Manor House.

May 8: Course #27219

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 3:30 - 5 p.m. at the Community Center. Youth

between 12 - 18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course, no walk-ins will be accepted. There is a class minimum of two participants, and a maximum of eight. If the minimum is not met, class will be postponed until the next session.

Fees: Res: \$20, Non-Res: \$23

Date: May 13
June 10

Course #26256
Course #26257

Ken-Caryl Speed & Agility Camp

Instructor: Lisa Mullen

Ages: 7 - 14

Days: Tuesday/Thursdays

Dates: June 4 - July 12 (No class on July 4)

Time: 8 - 9 a.m.

Location: Community Center

Fee: Res.: \$50, Non-Res.: \$65

Class Size: Limit 25

Course #27343

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Play is our brain's favorite way of learning.

—Dr. Diane Ackerman

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- To incorporate prior knowledge and experience during play

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Sign Up For CodeRED For Emergency Notifications

All Jefferson County residents and businesses are urged to register their wireless phone numbers or VoIP (Voice over Internet Protocol) phone numbers to receive emergency notifications through the CodeRED system. Please take a moment to fill in the appropriate information online at jeffco.us/sheriff/ by clicking on CodeRED or go directly to <http://your911.net>.

The CodeRED system notifies you in the event of emergency situations or critical community alerts. Examples include: evacuation notices, bio-terrorism alerts, boil water notices and missing child reports. Landline phones are automatically included in the CodeRED database, although for optimization please verify your information is accurate.

Here is the truth about some common emergency notification myths:

Myth: CodeRED isn't vital in an emergency. It's here to notify me of 'Farmer's Market', 'tree lighting' and 'movie nights'.

Truth: False. In a county as big and diverse as ours, natural disasters and accidents like floods, fires, tornadoes, chemical spills, train derailments, industrial mishaps and other emergencies may strike with little or no warning. The CodeRED system allows the Sheriff's Office to efficiently notify as many citizens as needed in minutes, or even seconds, of emergencies only.

Myth: I have to pay for the service.

KCR Parent Network Clothing Swap With KCPN

Submitted by Keri Pugh, KCPN

With the success of the Ken-Caryl Parent Network fall/winter clothing swap, we thought we'd bring it back to encourage some spring wardrobe cleaning!

You know what they say — one woman's trash is another woman's treasure. And when it comes to scoring a new wardrobe by shopping your friend's closets, we're all for doing that sort of digging! Whether it's last year's cocktail dress or a purse you just never use, gather the pieces you no longer love and join us for a stylish (yet thrifty!) evening of clothes swapping, wine, tasty nibbles and plenty of fun the evening of April 24!

Please bring as many SPRING/SUMMER clothes and accessories (hats, belts, handbags, shoes, jewelry) as you can. The more you bring the more you get. Please be sure that you wash and press all your items. Items should be clean and free of stains and tears. No used bathing suits, socks or lingerie, please. We will donate all leftover clothing to Goodwill and Salvation Army.

Coming up in May are more exciting workshops and functions, including a Handgirl session, a Love & Logic seminar, and a painting course. Of course, the Social Club will have another get-together in May, on the evening of the May 8. Watch for announcements with more details on these KCPN events!

See more details on these and other upcoming events at www.bigtent.com/groups/kcpn. Membership inquiries can be sent to info@kencarylparents.com. We look forward to seeing you at an event soon!

Open House To Discuss Cycling In Deer Creek Canyon

Join County Commissioner Donald Rosier, your neighbors and some people who like to ride bicycles in the area for an open house to discuss issues raised by both motorists and cyclists on roads in the Deer Creek Canyon area. The open house will be held Wednesday, April 24 from 6 to 8:30 p.m. at Sampson Community Club, 16150 W. Sampson Road in Littleton. The Board of County Commissioners is looking for some realistic solutions to some real problems, and they need your input.



Truth: There is no initial startup fee, and no maintenance fee, no fee whatsoever. Costs of CodeRED are funded by the 52 cents you pay as part of your phone bill for emergency phone services as a resident of Jefferson County.

Myth: Since I downloaded an app onto my device it will cover these types of notifications.

Truth: For those interested in the technology available today, use extreme caution when considering the use of an independent app for emergency purposes. Please remember private entity apps have unique limitations to our information. You are invited to download the CodeRED app available for Android and IOS devices. Our system does not share emergency notification with any other apps.

Myth: The Sheriff's Office already has my phone number.

Truth: If you have a landline service, yes. We have both listed, and unlisted, business and residential phone numbers within Jefferson County. Our database is updated monthly and consolidates customer address information of listed and unlisted phone numbers obtained from CenturyLink and Comcast. If you have a digital or Internet telephone service, check with your phone provider to see if they are "CodeRED compliant" and that your account information is current. We DO NOT have your cell phone information until you opt-in to CodeRED.

Myth: My number will be sold to telemarketers.

Truth: No. Your number is only used for emergency notifications. We do not sell or distribute any of your information for any purpose not directly related to emergency notification.

Myth: I can only register one phone number for my address.

Truth: During an emergency, we need to reach as many numbers and households as

possible, in the shortest amount of time. If you need to add multiple cell numbers to your address, individuals can sign up using your address as the phones' base address, otherwise CodeRED allows two lines per user for an address.

Myth: These calls count against my cell phones minutes plan.

Truth: Voice calls, SMS text messages and emails to your wireless phone are treated like any similar communication you might receive. If your telephone service provider charges you for these communications then you will be charged for notifications in the same manner.

Myth: I only like to be notified with text alerts, and the system does not offer this yet.

Truth: With regard to your wireless phone or devices, the system actually lets you choose your preferred method. Be it text, call or email, you can set your preferences to all of these options, or only one.

Myth: I've created a profile on Smart 911 already so I'm covered.

Truth: Smart911 is not equipped with "reverse 911" functions like CodeRED. The two systems are unique. Smart911 aids dispatchers with your information. Smart911 is not part of the CodeRED system and data is not shared between the two. You must register individually for each system in order to benefit from their services.

Myth: If I am on vacation I won't be contacted if an emergency affects the address entered.

Truth: No matter where you are physically located, you will only receive calls for emergencies that affect the address entered into the website. So if you are on vacation in a different state you will still receive a phone call if the address you entered is affected by an emergency.

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Resident Survey FAQs: Open Space Budget, Trails, Recreation Statistics

Continued from Page 3

hard surface/crusher fine paths in Ken-Caryl Ranch Open Space. The total number of foot/bike patrols performed by the Rangers for 2012 was 596.

The total number of contacts for all trails and parks was 1,747. A contact consists of several factors, from simply saying hello to a trail user on a public trail, to verifying users are residents/members of Ken-Caryl Ranch or viewing an ID Bracelet. The five most popular trails were Manor House, North Hogback, Cathy Johnson, Colorow and Lost Canyon. The number of trespassers viewed and issued contact notices was 46 with an average 3 percent trespassing rate for contacts made by the Rangers.

The 2012 general usage statistics for the Recreation Department's top five programs are as follows:

- 1. Three Community Outdoor Pools (May 26- Sept. 3): 34,263 users
- 2. Tennis Programs: 12,000 users
- 3. Community Center: 24,000 users
- 4. Youth Services: Before & After Care: 120 families (September-May) Preschool: 25 families (September-May)



The Ken-Caryl Ranch Preschool Program provided education for 25 families in 2012. With the recent preschool expansion, the program will be able to accommodate several more families for 2013.

- Camp: 200 families (summer)
- 5. Environmental Education: 646 users (summer)

For a more detailed usage report, please log on to our website, www.ken-carylranh.org, and check out a past or current Board Meeting Packet.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranh.

Our Rising Generation Ethan Chenoy No. 3 In State Tennis Rankings

Submitted by MaryJo Chenoy

Ken-Caryl Ranch resident Ethan Chenoy began playing tennis at age 4. He is now ranked No. 3 in the state among USTA Championship players 10-and-under.

"When I started playing, I liked it right away. I just had fun doing it," Ethan said. The desire stemmed from sharing the passion with his sister, who is four years younger and now in her first year competing in tournaments at age 6. "We have a good time playing on the court. We are really good friends."

Neither of his parents played competitive tennis. His mother MaryJo swam on a swim team, and his father Ron was a diver before moving to Colorado before Ethan was born.

"My parents support me a lot. They back me up in everything I do," he said. "My mom practices with us every day." Tennis has given Ethan an outlet to express himself. The soft-spoken 10-year-old has an unassuming presence both on and off the tennis court.

"With tennis, he's made new friends, and it's really been great for him socially," said MaryJo. Ethan, a lean and 4-foot-6 inches appearance, doesn't command the presence of a top-ranked player, but his work ethic and determination have made him accomplish success on the courts.

After taking lessons and training through Ken-Caryl Ranch's tennis program, Ethan's parents felt Ethan was ready to compete in matches with players outside of the area. At the Morgan Buchli Memorial Tournament in July, Ethan broke the record for the longest finals match, lasting two hours and ten minutes.

In August, with the remaining team players unable to attend, Ethan and his team-



Ken-Caryl Ranch resident Ethan Chenoy is ranked No. 3 in the state among USTA Championship players 10-and-under.

mate finished 2nd in the Colorado Junior Tennis Team State Championship after winning all three matches in pool play, 10-2 in two days. What separates Ethan is his mentality — the fact that he's taken no shortcuts. Every day he is consistent. He always responds well to the pressure. He never makes any excuses of why he wasn't able to do anything.

Ethan idolizes 17-time Grand Slam winner Roger Federer. "He's got a great backhand, and it seems like he can do anything," Ethan said of the Swiss legend.



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Ken-Caryl Ranch Equestrian Center

2013 Summer Riding Camps

Picnic With The Ponies

Ages: 6-8 \$225 per session
 During this fun camp, younger children will learn about horses, different aspects of horse care and horseback riding. We are offering five, two-week sessions held on Tuesdays, Wednesdays and Thursdays from noon to 2 p.m.

The following sessions are full but you can register and be added to the waitlist:

Session 1: Weeks of June 3 & 10

Session 2: Weeks of June 17 & 24

No camps held the week of the 4th of July

Session 3: Weeks of July 8 & 15

Session 4: Weeks of July 22 & 29

The following session has one spot remaining:

Session 5: Weeks of August 5 & 12

Summer Camp

Ages: 8 & up \$225 per session
 In this camp, students will learn many aspects of horse care, including handling, body language and psychology, tack cleaning, grooming, feeding, and, of course, horseback riding! Kids attend Monday, Tuesday, Wednesday and Thursday from 9 a.m. to noon. These camps are appropriate for kids with a variety of horse experience.

The following sessions are full but you can register and be added to the waitlist:

Session 1: June 3 - 6

Session 2: June 10 - 13

Session 3: June 17 - 20

Session 4: June 24 - 27

Session 5: July 8 - 11

Session 6: July 15 - 18

Session 7: July 22 - 25

The following sessions have a few spots remaining:

Session 8: July 28 - Aug. 1

Session 9: Aug. 5 - 8

Session 10: Aug. 12 - 15

Registration Information

Registration is on-going until the camps are filled. You can register at the Equestrian Center Office with cash or check only; we do not accept credit cards. For more information, please call 303-972-8456 or email eqschool@kcranch.org.

Waitlist Information

If you are interested in being on the waitlist for a particular session, please fill out a registration form at the Equestrian Center office and put "Waitlist" near the session(s) in which you are interested.

Visit

www.ken-carylranh.org
 for updated information
 on upcoming meetings
 and other events.



Ken-Caryl Taekwon-Do Club Wins Medals At State Tournament

The Ken-Caryl Taekwon-Do Club enjoyed great success at a state-wide tournament on March 23, at the Apex Recreation Center in Arvada. The students and instructor competed in sparring, team and individual patterns, and power breaking.

Ken-Caryl came home with gold, silver and bronze medals in all categories. The club is now preparing for a fun road trip to a multi-state tournament in Omaha, Neb. next month. The club's instructor, Julie Farris Jablonski, is also on the U.S. team for an international tournament in Brisbane, Australia this summer.

She will compete in sparring, patterns and power breaking. Ken-Caryl Taekwon-Do welcomes men, women and children ages 9 and up. Come check out the group!

If you are interested in signing up for Julie's Taekwon-Do classes at the Community Center or Ranch House, see the class listing on Page 12 or visit www.ken-carylranh.org.

Men's Bridge Group Looking For Members

Do you like to play bridge, but you don't know anyone else who plays? Join the Men's Bridge group that plays every Monday from 9 a.m. to noon at the Ranch House. The environment is relaxed and friendly with coffee and treats provided. Call Tom Van Egeren at 303-979-6626 for more information or just show up.

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April Is Pet First Aid Awareness Month

Submitted by Dawn Olson, Ken-Caryl Pet Spa

If your pet chokes on a bone or a tennis ball, do you know what to do? If your pet is stung by a wasp or bit by a spider, is it an emergency? Heatstroke is more common in certain breeds. Do you have one of those that could be predisposed?

It is estimated that up to 60 percent of veterinary visits are emergency in nature, and it estimated that the annual cost of veterinary care and pet health care will be more than \$70 billion in 2013! Will you have a pet emergency? The odds are probably not, but wouldn't you want to know what to do, just in case? Learning about CPR, choking, frostbite, heatstroke, poisonings, bleeding and shock management, insect bites and stings, burns, seizures and more could just save your pet's life.

According to the American Animal Hospital Association, one out of four pets could be saved if just one pet first aid technique was applied prior to getting veterinary treatment. There are many resources available to the pet owner to learn some of these protocols, including picking up a pet first aid manual for dogs or cats or contacting an organization such as PetTech (pettech.net) that has instructors all over the country teaching pet first aid and CPR classes. Locally, you can find classes through Foothills Animal Shelter at foothillsanimalshelter.org.

Foothills Animal Shelter Featured Pets



Hopkins (#115352) Hopkins is a 1-year-old female Chihuahua mix. While shy at first meeting, once she gets to know you, Hopkins loves to be held. Her adoption fee is \$200 and includes her spay, vaccinations, microchip and health check. Visit www.FoothillsAnimalShelter.org to find out more about Hopkins and other adorable pets like her!



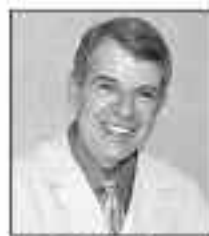
Spot (#114467) Spot is a 6-year-old male domestic short-haired mix. One small patch of white on his sleek black coat inspired his name. A calm and loving household would be the perfect "spot" for this shy guy. Thanks to our current Purrfect Price promotion, for a limited time you can choose Spot's adoption fee, which includes his neuter, vaccinations, microchip and health check. Visit www.FoothillsAnimalShelter.org to checkout Spot and other super pets like him!

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Healthy Smiles For A Lifetime!



Do You Have A Home To Nominate For The Tour Of Homes? Nomination Deadline Is May 15

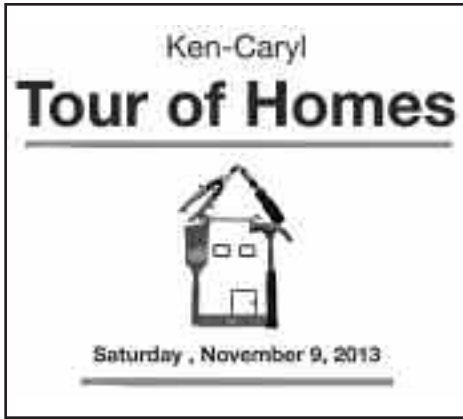
Submitted by Susan Schell & Gina Quirk

The Ken-Caryl Ranch Foundation is eager to announce that they will be hosting the 2013 Ken-Caryl Tour of Homes this upcoming fall on Saturday, Nov. 9, from 11 a.m. to 4 p.m. The rousing success of the Foundation's first community-sponsored home tour in 2011 resulted in the generous donation of \$5,400 to The Action Center, a human-service non-profit agency that directly serves the homeless and working poor in Jefferson County.

This year, the KCR Foundation is opening up the nomination process to the entire Ken-Caryl Ranch community! The tour directly benefits Ken-Caryl real estate, local businesses and homeowners by showcasing our Ken-Caryl lifestyle and providing fellow homeowners with ideas and inspiration for their own home's design or remodeling potential. And, who knows our community better than the members themselves and the businesses who serve Ken-Caryl Ranch?

With this in mind, the Foundation invites community members to be part of the process by nominating a home that they think would be great on the tour. Big or small...traditional or modern...your own house or a friend's, the Foundation is eager to hear about the homes that you think are special!

There will be seven homes on the tour, and the Foundation would like to present three homes in the Plains and four in the Valley. The deadline to submit your nomination is May 15, with the final selection being



made by June 1. This will give homeowners plenty of time to prepare for the event.

To nominate a home, please submit the following:

- Address of home and contact information
- A brief statement that describes why you think it would be a good home for this year's tour (for example, recently remodeled kitchen, great curb appeal, unique floor plan, beautiful interior design, etc.)
- Include a photo of the interior, exterior or both.

You may email your submission to ken-carylhometour@gmail.com or submit via mail to The Ken-Caryl Ranch Foundation, 7676 S. Continental Divide Road, Littleton, CO 80127.

Read more about the 2013 Ken-Caryl Tour of Homes in upcoming issues of *Life at Ken-Caryl*. The KCR Foundation looks forward to hearing from you soon!



This Ken-Caryl Ranch home located in the Valley was featured in the 2011 Ken-Caryl Ranch Tour of Homes.

Chili Cook-Off For Homeless Animals

Submitted by Sue Brooks, Aspen Meadows

Deer Creek Golf Club is proud to be hosting a Chili Cook-Off to benefit Good Samaritan Pet Center, a non-profit animal rescue organization. The event will be held Sunday, March 5 from noon until 3 p.m. Plans include a Silent Auction with items donated by local merchants as well as cash prizes for the best chili in three categories: red, green and vegetarian. One hundred percent of the proceeds will benefit Good Samaritan Pet Center's foster dogs and cats. For more information, log onto www.GoodSamaritanPetCenter.org and click on "Upcoming Events."

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Financing available • Please stop in for a tour!



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RTD Bus Route Changes Coming To Ken-Caryl Area

RTD Service Changes Effective April 28

Several RTD service changes across the Denver metro area, including Ken-Caryl routes and the new West Rail Line, are going into effect April 28. The current RTD bus Route 116X out of Ken-Caryl Ranch will be discontinued and replaced by Routes 116L and KC.

New regional service Route KC would replace the Route 116X east of the Ken-Caryl Park-n-Ride. Service would remain the same

west of C-470 to the Ken-Caryl Park-n-Ride. Service would continue via C-470, I-70 and US 6 to make connections with the West Rail Line at the Federal Center Station. Eastbound service would remain the same as Route 116X on US 6 with express stops to the Civic Center Station.

Route KC passengers originating or terminating at the Federal Center Station would pay the express (Light Rail 3-zone) fare. Re-

gional fares would apply for service from the Ken-Caryl Park-n-Ride to the Civic Center Station. Service is proposed for three trips to arrive at the Civic Center Station at approximately 6:30 a.m., 7:10 a.m. and 7:50 a.m. and departing at 4:10 p.m., 4:50 p.m. and 5:30 p.m.

Route 116L would replace the route 116X north of the Ken-Caryl Park-n-Ride. Service would start at the Park-n-Ride, making local stops via Ken Caryl Ave., Simms St., Belleview Ave. and Quincy Ave. Service would make the same limited stops as the Route 100L via Kipling St., Alameda Ave. and Routt St. to the Federal Center Station. Connections would

be made at the Federal Center Station with regional buses and the West Rail Line for the Jeffco Government Center and Downtown Denver.

RTD's West Rail Line, connecting Downtown Denver, Lakewood and Golden, also will begin service April 28. There will be 12.1 miles of light rail, 11 new stations, six Park-n-Rides, three Call-n-Rides and restructured bus service to transform the way you live, work and make connections.

To learn more about the service changes, the new West Rail Service and to get the most up-to-date schedules and prices, please visit www.rtd-denver.com.



The current RTD bus Route 116X out of Ken-Caryl Ranch will be discontinued and replaced by Routes 116L and KC.

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED by any Ken-Caryl resident in good standing or by any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.
Deadline 5 p.m. on Monday, April 29, for the May 8, 2013 issue of *Life at Ken-Caryl*.
Email to victoriad@kcranch.org

From The Sheriff's Office

Jefferson County Sheriff's Office Youth Academy

Get a sneak peek inside your local law enforcement agency during this fun-filled, week-long citizens' academy! The Youth Academy is June 3-7 from 8:30 a.m. to 4:30 p.m. at the Sheriff's Office Headquarters, 200 Jefferson County Parkway, in Golden.

This free academy is for ages 14-20. Through the Youth Academy, the Sheriff's Office hopes to create a positive connection between young people and law enforcement, while providing insight into the challenging tasks Deputy Sheriffs and investigators face daily. This is a great way to kick off the summer break by gaining a better understanding

of law enforcement while having a lot of fun! Class topics and interactive activities may include:

- SWAT
- Jail Operations
- DUI Simulation
- K-9
- Crime Scene Investigations
- Patrol Procedures

To apply for the Youth Academy, go to jeffcosheriff.com and click on the Youth Academy link. The application deadline is May 24.

Life At Ken-Caryl Archive Now Online

Have you ever wanted to look back at an article or ad from a previous issue of *Life at Ken-Caryl*, but you can't find your paper? There are now archives of the paper going back to Aug. 1 on www.ken-carylranh.org under Community & News. You can download PDFs of the back issues from the site.

Littleton Symphony Orchestra Concert

Submitted by Karen Smith, Littleton Symphony Orchestra

The Littleton Symphony Orchestra's next concert of the season is "The Soul of Great Cities — A Night in Vienna," featuring highlights from *Die Fledermaus*. The performance will take place on Friday, May 17 at 7:30 p.m. at Littleton United Methodist Church, 5894 S. Datura St. in Littleton.

The centerpiece of this evening of Viennese music will be selections from Johann Strauss' most celebrated operetta, *Die Fledermaus*, featuring soloists Emily Sinclair, Kristen Kamna, Anna Englander and Christian Sanders. Orchestral Viennese classics will complete this wonderful evening with music of Lehar, Suppe, Rudezki and Strauss. You won't want to miss it!

Tickets are \$15 for adults, \$12 for seniors and FREE for youth 21 and under. They may be purchased ahead online at www.littletonsymphony.org or at Gorsett Violin Shop, 8100 S. Quebec St., B206 in Centennial. Tickets are also available at the door on concert night (cash/checks/credit cards accepted). For discounted group tickets (10+) or for more information, call 303-933-6824 or email info@littletonsymphony.org.



North Ranch • 4 Blue Grouse Ridge • \$799,500
Beautiful open space lot with mountain views. Updated kitchen with cherry cabinets, granite slab, travertine tile, built-in refrigerator and stainless appliances. 6 bedrooms, 5 bathrooms. 3855 sq ft plus 1413 finished in the basement. New tile roof. Unique home with lovely views! Backs to trails!



Barrington Ridge • 5 Mountain Cedar • \$995,000
Beautiful 5 bedroom, 5 bath home. Huge finished walkout basement. Backs to open space. Professionally landscaped. Move-in condition!



North Ranch • 11 Partridge Lane • \$889,000
Gourmet kitchen, cherry cabinets, granite and stainless appliances. Four bedrooms, 3 baths upstairs. Great recently finished walkout basement with wet bar, bedroom and 3/4 bath. Backs to open space with lovely views.

New Listing coming in the North Ranch. Give Beth a call at 303-564-3453 for details.



SOLD! Deer Creek 23 Manzanita



SOLD! North Ranch 5 Blue Grouse Ridge



SOLD! Legacy 6 Summit Ash



Beth Lobdell
KC Resident Since 1988
RE/MAX Professionals, Inc.
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blobdell@rmpro.net
www.lobdellproperties.com



Jim Freiwald
KC Resident Since 1994
RE/MAX Professionals, Inc.
Direct 303-973-3313
Cell 303-725-4483
jfreiwald@rmpro.net



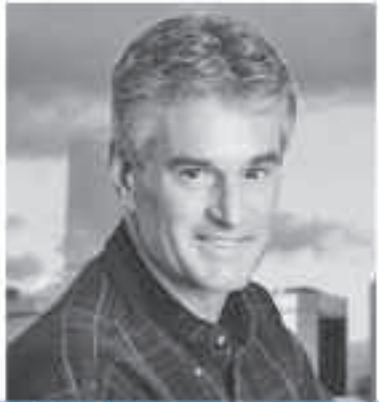
Keep Up With News On Facebook

Ken-Caryl Ranch is stepping up our presence on Facebook. We are posting important updates and reminders about special events, fire bans, emergencies, community meetings and other key information. To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-caryl-ranch.



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Manor Ridge
11 Tamarade
\$1,179,000



Carriage Hill
4 Mountain Mahogany
\$990,000



North Ranch
10 Golden Eagle Lane
\$919,000



Deerwood Vista
4 Mountain High Court
\$795,000



North Ranch
1 Goshawk
\$749,000



Bradford Place
13 Bark Cherry
\$529,000



Quail Ridge
10536 Noddle Mountain
\$325,000



White Deer Valley
9787 Elkhorn Street
\$1,399,000



Bradford Place
14 Bark Cherry
\$620,000



Stratford Farms
24 Blue Sage
\$429,500

Community Corner

Getting Ready to Sell Your Home?

Staging Tips

1. Reduce Clutter
2. Minimize The Amount of Furniture / Room
3. Group Furniture Pieces
4. Show Room Potential & Importance
5. Emphasize Room Size
6. Increase Lighting
7. Add Neutral & Appealing Paint Colors & Accents
8. Vary Wall Hangings
9. Complete Unfinished Projects
10. Add Fresh Flowers

This is a great time to sell!

Call your CHR agent for a staging packet and expert advice on how you can prepare your home for market.

Brian
Mike
Greg
Aiko



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