

Petting Zoo, Pony Rides, Food & Fun At Equestrian **Center Open House**



The annual Open House at the Ken-Caryl Ranch Equestrian Center will be Saturday, Aug. 24 from 10 a.m. to 3 p.m. There will be pony rides, face painting and a petting zoo for everyone to enjoy. Archie's Dog House will be at the event to sell hot dogs, brats, sausages, hamburgers, chips and soda.

This is a great time to visit the Equestrian Center, meet all the horses and to find out more information about the Riding School. Come on out for this FREE event and bring the whole family!

Join us for the free Youth and Family Fair on Saturday, Aug. 17 from 11 a.m. to 4 p.m.

Free Youth And Family Fair This Saturday

Join your neighbors and friends for a FREE day of family fun to celebrate the end of summer and the start of a new school year! On Saturday, Aug. 17, Ken-Caryl Ranch Youth and Recreation Programs will host its third annual Youth and Family Fair at Ranch House Park from 11 a.m. to 4 p.m.

Enjoy face-painting, a bounce house, interactive entertainment and yard games while learning more about the Ken-Caryl Ranch Youth and Recreation Programs. Staff will be on hand to answer questions as your chil-

dren take part in tennis demonstrations, join a water-balloon toss or take a dip in the pool. Visit with a variety of local sponsors, including The Little Gym of West Littleton, Peak Health Family Medicine, Chick-fil-A and Chris Stevens of Colonial National Mortgage. We are happy to welcome Children's Hospital Colorado's Junglemobile, brought to you by the Kiwanis Club of Littleton. You can also meet team members from the Ken-Caryl Parent Network, Get Outdoors Colorado, and Colorado Parks and Recreation Association!

Ken-Caryl Ranch License **Plate Holders For Sale**



Nails And Hazardous Conditions **On The Trails**

There have been several reported incidents of nails found on Ken-Caryl Ranch Open Space Trails, specifically on the Colorow and Lower Massey Draw Trails. Littering of any kind is prohibited on the trails, but nails are especially dangerous because they are a safety issue for hikers, bikers and pets. To report any hazardous conditions on the trails, please call the Park Rangers at 303-904-0249.

4

17

19

Ranch House Story Time Returning Sept. 6

Ken-Caryl Ranch has partnered again with Jefferson County Public Library to offer a free story time full of family fun and children's literature. Join us for stories, finger plays and an introduction to letter sounds every Friday at 10:15 a.m. in the Ranch House Parlour Room. The story time is for all ages, and no registration is required.

Pool Closing Information

Summer is winding down, which means the Ken-Caryl Ranch Pools will soon be closing for the season. Here's a schedule of pool closing dates:

- Ranch House Pool closes for the season on Aug. 18.
- Community Center Pool closes for the season on Sept. 2. The Community Center Pool hours will change for the last couple weeks of summer. The latesummer hours will be posted online by Aug. 19.

In This Issue

- Community Garden Registration
- KC Lightning Swimmers

• CodeRED Emergency Notifications

PERMIT NO. 171

LITTLETON, CO

D I A G U. S. POSTAGE PRSRT STD

The Bradford Pool is already closed for the season.

RTD Route Changes In KC Area

RTD has announced some bus route changes in the Ken-Caryl Ranch area. Route 116X will be reinstated as of Aug. 18, with possible further modification in January 2014, when Route 116L and the Green Mountain Call-n-Ride ridership can be analyzed. The KC Route has been discontinued in favor of restored service on Route 116X. The re-Continued on Page 3

Want to show your Ken-Caryl Ranch pride? You can now purchase a Ken-Caryl Ranch license plate holder for \$5 at the Ranch House or Community Center. Proceeds from the sales of the license plate holders will go to preserving the history of Ken-Caryl Ranch.



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7676 South Continental Divide Road c/o Ken-Caryl Ranch Master Association

Littleton, Colorado 80127

γ consult brotected community http://www.ken-carylranch.org

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www.ken-carylranch.org



Manager's Column_



by KCRMD District Manager Darrell Windes

This past Sunday, the Bradford Pool closed for the season. This coming Sunday, Aug. 18, will be the final day of operations at the Ranch House Pool for the season as well. The Community Center Pool will remain open through Labor Day, Monday, Sept. 2. Please check our website at www.ken-carylranch.org for the Community Center Pool hours during August through Sept. 2 as we will be operating on a reduced schedule during the weekdays once Jefferson County Public Schools begin on Monday, Aug. 19.

As usual, the final pool special event for the year will be the annual Doggie Dip Day on Saturday, Aug. 24 at the Ranch House Pool. Please check our website or *Life at Ken-Caryl* on Page 13 for specific details about the event.

The Metropolitan District received word in July that it had been awarded a \$46,400 grant from the Colorado Department of Public Health and Environment to install a new playground surface at Community Park. The new surface, which will be fully ADA compliant, is part of the State of Colorado Recycling incentive program, and is comprised of recycled rubber made from tires. In conjunction with the new playground surface, the District is planning on replacing the main play structure at the park. The District is scheduled to do this project next spring. When the project is completed, the Community Park playground will be the first fully ADA compliant playground on Ken-Caryl Ranch.

The Metropolitan District staff and Board of Directors have begun the process of developing the 2014 Budget for the organization. One of the problems the Board will be addressing in the 2014 Metropolitan District Budget is the loss of nearly 20 percent in property tax revenues over the past two years due to the drop in property values on Ken-Caryl Ranch as well as throughout Colorado.

While housing prices and property values have shown significant recovery in 2013, the assessed valuation for the Metropolitan District will not see these increases until 2015 at the earliest. A part of the 2014 Budget process for both the Metropolitan District and Master Association will be the annual Town Meeting where the Boards will be soliciting input from the community on budget requests for the upcoming year. This year's Town Meeting will be held on Tuesday, Sept. 3 at 6 p.m. at the Ranch House.

Community Calendar

Upcoming events/meetings are as follows (all meetings/activities will be at the Ranch House unless otherwise stated):

BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.

August 2013

TuWed. 13-14	8 a.m.	CTA Doubles Tennis Tournament				
FriSat. 16-17	8 a.m.	USTA Tennis Tournament				
Saturday 17	11 a.m 4 p.m.	Youth & Family Fair				
Tuesday 20	6:30 p.m.	MA Board Meeting				
Saturday 24	10 a.m 3 p.m.	Equestrian Center Open House				
Saturday 24	12 - 3:30 p.m.	Doggie Dip Day				
Tuesday 27	6 p.m.	MD Board Meeting				
TuesFri. 27-30	8 a.m.	Ted Swenson Tennis Tournament				
COMMITTEE/TASK FORCE MEETINGS						

COMMITTEE/TASK FORCE MEETINGS

Architectural — Second and Fourth Thursdays at 7:30 a.m.
Community Planning Committee — Wednesday, Aug. 21, 7 p.m.
Covenant — Third Wednesday at 4:30 p.m.
Historical Society — Wednesday, Oct. 16, 2 p.m.
MA Finance — Monday, Aug. 19, 5:30 p.m.
Open Space — Thursday, Aug. 22, 7 p.m., Dakota Lodge
All days and times are subject to change. Please visit www.ken-carylranch.org for updated information.
For more information about a particular meeting or a specific committee,

please call 303-979-1876 or visit www.ken-carylranch.org.

Visit KCR's website www.ken-carylranch.org for updated information on upcoming meetings and other events.

Important Reminders From Waste Connections

• Auto Dial Service: Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com, please click of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.

• **Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pick-up day

Covenant Clips.

Understanding Rules And Covenants by Community Standards Administrator Julie Kearful

Over the summer I have received a number of phone calls asking for clarification of specific rules and covenants of Ken-Caryl Ranch. I have also had conversations regarding the issue of covenant protection in general, and I really enjoy this communication. I mention this to encourage any questions you may have. I always have time to discuss a particular matter pertaining to either covenant protection or the architectural review process. It is important to me that residents understand that our documents are in place for the betterment of all and really do

Ranger Field Notes

A Work In Progress: Upper Massey Draw Trail Construction by KCRMA Trails Ranger

Peter Marozas

Construction of the new Upper Massey Draw Trail began May 5. Planning for the project began in earnest in 2010 with identification of the initial trail alignment. Design of the trail took into consideration many factors, including sustainability, user experience, and safety and

environmental impacts.

Biological surveys were conducted in 2011 with the help of a professional biologist to identify impacts to sensitive plant and animal species. After analysis of information gathered in the early planning stages, adjustments were made to the initial trail alignment (due mostly in response to potential impacts of the trail to rare plant and animal habitat) and the final design was presented to community leaders for approval. Subsequently, required permits from Jefferson County and the State of Colorado were secured.

Once approved by the Board and with permits in hand, the final alignment was staked out on the ground, and staff and volunteers began the hard work of creating the tread way, or the ground where hikers walk. This process entails stripping off the organic top layer, where living things grow, because it readily turns to mud. Bringing the tread way down to the mineral soil — the sand and gravel layer beneath the organic layer helps encourage water drainage. We are hoping to make the loop connection back to Massey Draw Trail by the end of the season.

To date, volunteers and staff have constructed 5,747 feet of trail tread with a total of 600 volunteer hours. Volunteering to help make a difference to the entirety of Ken-Caryl Ranch.

There are still many architectural submittals coming into my office...makes me know that many of us are not yet willing to call the summer over. Although school will begin soon, there will be lots of nice days ahead to complete outdoor projects.

Please keep in mind that rules and regulations are dynamic in nature...new issues surface, new regulations are added, inappropriate ones are deleted and others simply are amended or updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-carylranch.org so try to make certain you, too, are up-to-date. Also, don't hesitate to call me at 303-979-1876, ext. 119, or juliek@kcranch.org.

build trails with Ranger staff and the Trail Club will get you the necessary volunteer hours in exchange for permission and an ID bracelet for use of trails in private Open Space owned by Willow Springs.

If you plan on volunteering your time with us we meet at 9 a.m. every Saturday. You will need to access the new trail through Massey Draw or Lost Canyon to South Shaffer. When you come to the newly constructed trail, follow it until you reach the group, and then locate the crew leader. The crew leader on duty will set you up with the work that needs to be done as well as the proper tools to complete the work. Remember to bring gloves, sunscreen, hat, plenty of water and a positive attitude!

I hope to see you all out on the trail! If you have any questions, comments or concerns, you can contact me at 303-210-5386 or at peterm@kcranch.org.

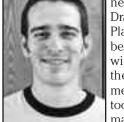


Ken-Caryl Ranch Residents All Ages & Experience Welcome!

Get Involved With Trail Construction!

Every Saturday: 9 a.m. to 1 p.m.

Upper Massey Draw Trail Volunteers are not expected to have to stay for the full session. Any time that can be given is appreciated, and RSVPs aren't necessary. Tools are provided on-site, and volunteers will just need to bring a pair of work gloves, water and snacks. For more information, contact peterm@kcranch.org.



on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom

Check Out Valuable Information On Our Website • www.ken-carylranch.org Like us on at

www.facebook.com/ken-carylranch

Ken-Caryl Ranch Master Association *Board of Directors:* Paul Camp, Chris Figge, Dennie McGarry, Dan Mullins and Valerie Walling.

MA Executive Director		Chris Pacett
chrisp@kcranch.org	303-97	79-1876, ext. 116
Ranch Ranger (mobile p	hone)	303-901-6890

Ken-Caryl Ranch Metropolitan District Board of Directors: Jeffrey Esbenshade, Robert Generoli, Lauri Lehan-Milano and Dennis Sykes. District Manager Darrell Windes

darrellw@kcranch.org 303-979-1876, ext. 114 Parks, Open Space, Sprinklers (weekdays) 303-979-1876, ext. 114 (weekdays) 303-979-1876, ext. 320 Recreation Activities, Ranch House 303-979-4070 Community Center 303-979-4070 Community Center 303-979-2233 Environmental Education 303-979-2280 To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information. falls on a holiday or after a holiday, your collection schedule will run one day late that week.

- **Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service toters/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.
- **Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or www.wasteconnectionsofcolorado.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.
- Service Problems: If you are experiencing service problems or have a missed pickup, please call Assistant District Manager Ryan Gatewood directly at 303-520-2698.



Your Dues & Taxes At Work_

Brannon Gearhart Parking Lot

The parking lot at Brannon Gearhart Park was repaved at the end of July. The updated lot has a smooth surface, handicapped parking and a basketball goal. The project cost of \$19,000 was paid for through the Master Association's Reserve Fund.

Board Meeting Summary MA/MD Joint Study Session

Life at Ken-Caryl

On Aug. 6, the Ken-Caryl Ranch Master Association and Metropolitan District Boards held a Joint Study Session at the Ranch House and discussed the following items:

- Byron Wicks, a resident, presented a report on the status of the Veterans Monument. The Boards asked that the plan be reviewed by the Architectural Committee and a recommendation made by them for final approval by the Boards.
- Trail Club President Scott Baca presented a request from the Club asking that the MA Board allow the Club to hire a third party at Club expense to work on trail construction. The Board agreed to "vote" on this request via email and ratify the decision at their next business meeting on Aug. 20.
- The Deer Creek bankruptcy plan was dis-

Chatfield Ave. Improvement Update

The Chatfield Ave. improvement project general contractor, American Civil Constructors (ACC), has lane closures in place on Chatfield Ave. The right lane on eastbound Chatfield Ave. from Sangre de Cristo Road to Kipling Parkway is closed, and the left lane on westbound Chatfield Ave. from S. Iris Way to Sangre de Cristo Road is closed.

These lanes will be closed for several weeks while ACC constructs new medians and a new curb, gutter and sidewalk. As part of this project, the on-street parking on Chatfield Ave. between S. Iris Way and S. Garrison St. will be eliminated. The parking areas will become acceleration lanes, deceleration lanes and turn lanes.

ACC is beginning storm sewer pipeline construction west of S. Garrison St. Therefore, the left lanes on Chatfield Ave., both eastbound and westbound, are also closed between S. Iris Way and S. Garrison St.

The project includes adding a free-flowing eastbound right-turn lane and second eastbound through lane at the Chatfield and Kipling intersection. The existing drainage problems at the northwest corner of the Chatfield and Kipling intersection will also be addressed and fixed.

At the Chatfield/Cochetopa Pass/Shaffer Place intersection, the existing dips on the east and west legs will be modified to provide for a smoother ride. Changes will improve the safety of the existing pedestrian median crossing to the trail path between Ken Caryl Ave. and the Chatfield/Cochetopa Pass/Shaffer Place intersection. An eight-foot wide concrete sidewalk has been added to the project on the east and north sides of Chatfield from Ken Caryl to Kipling.

For more information on the project, see the Jeffco Transportation and Engineering



lished every other week by the Ken-Caryl Ranch Master Association, OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. and to be respondent to the needs of the com-We welcome suggestions and ideas for make nunity.

cussed. Staff will draft a position statement for the Boards to review and with approval present to the Bankruptcy Court.

- · Staff updated the Boards on plans to replace the Community Park playground structure and surface with an ADA compliant installation next spring. A grant was received from the state to assist in this project.
- Representatives from the Community Planning Committee updated the Boards on progress. The Committee is focused on providing budget information to the Boards as part of the 2014 process.
- The 2014 Budgets were discussed. The Annual Budget Town Hall will be held as part of the Sept. 3 Study Session, and residents are encouraged to attend and provide input to the Boards as they draft the 2014 Budgets.

website at http://jeffco.us/transportation-andengineering/projects/.

Ken-Caryl Ranch will be sharing timely updates on the project in our weekly email newsletter, the Ken-Caryl Ranch e-News. If you haven't signed up for the e-News, go to www.ken-carylranch.org or contact Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.

RTD Route Changes In KC Area

Continued from Page 1

sources from Route KC will be used to operate Route 116X.

Every day, changes in commuting patterns, ridership levels and continued growth affect RTD's transit system. RTD responds by adjusting its bus and light rail service three times a year to improve the overall quality and efficiency of the bus and light rail system. For more information, visit www.rtd-denver.com.

The Ken-Caryl Ranch Equestrian Center is hosting an

ALLE

Open House Saturday,

Aug. 24, 2013

Events begin at 10 a.m. and continue through 3 p.m.

Enjoy pony rides, a petting zoo, food and other fun activities.

Hot Dogs and Drinks will be available for purchase.

> Come see what the **Equestrian Center** is all about!

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranch.

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ing this newspaper a good community servant. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors

NOTICE

The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

Community Relations Director: Victoria DeSair, 303-979-1876, ext. 122 victoriad@kcranch.org Email or send articles, photographs, letters to the editor and advertisements to: Life at Ken-Caryl c/o Ken-Caryl Ranch Master Association 7676 South Continental Divide Road Littleton, Colorado 80127 Fax: 303-972-1272 For information on display advertisements, please call Victoria DeSair at 303-979-1876, ext. 122. For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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Alison Brennan and Cara George ABC Investments Team at Re/Max Professionals 303-519-9496 • carageorge@remax.net

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Notice To Ken-Caryl Ranch Water And **Sanitation District** Customers

Submitted by Lindsey Gibbons, Ken-Caryl Ranch Water and Sanitation District

Recently, many Ken-Caryl Ranch Water and Sanitation District customers have received notices in the mail titled "Important Information Regarding Your Water Service Line." Several customers have contacted the Water District with questions about the notices and whether they were issued by the Water District.

Customers should be aware that these notices are not from the Water District or affiliated with the District in any way. Before deciding if this private warranty is appropriate for your home, you should carefully evaluate whether such coverage is necessary and whether a water line break at your home may be covered by any other insurance, such as your homeowner's policy.

If you have any questions about what your responsibility is, as a homeowner, for the maintenance and repair of your water service lines, please contact us at the District at 303-979-7424.

www.ken-carylranch.org Life at Ken-Caryl 2014 Community Garden Registration

Want to get down and dirty next summer? Here is the perfect opportunity! Not only will you be allowed to dig in the dirt, but you will also be rewarded with delicious organic fruits and vegetables. We invite you to join the community of gardeners on Ken-Caryl Ranch by registering for a Community Garden plot for the 2014 season.

Registration for a plot in the Ken-Caryl Community Garden will be on a first come, first served basis this year. In the past, a lottery system was used, but for 2014 we are changing to an online registration system. Registration begins on Aug. 19 and plots will be assigned starting on Sept. 12. To sign up, go to the Ken-Caryl website and click on the registration link under the Programs & Activities header. The course number for a large plot is 26293 and 26294 for a small plot. The direct link to the registration site is https:// direct2rec.ken-carylranch.org/econnect/

Have An Article Idea?

Life at Ken-Caryl is always looking for article ideas from residents or local businesses. If you have a newsworthy story to share or if you just have new ideas for the paper, email Community Relations Director Victoria DeSair at vic toriad@kcranch.org.

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Start/start.asp. If you haven't registered for a class online, first call 303-979-4070 and set up your Family PIN and Client Barcodes. For more information about the Ken-Caryl Com-

munity Garden, visit the Ken-Carvl website at www.ken-carylranch.org and search under Community & News for the Community Garden link.



The Ken-Caryl Ranch Community Garden is located in the Valley next to the Community

Area Spotlight

Daughters Of The American Revolution Meetings

The Daughters of the American Revolution, Columbine Chapter, meets the second Saturday of each month from September through May from noon to 3 p.m. at the South Metro Chamber of Commerce, 2154 E. Commons Ave., Suite 342, in Centennial. All women 18 and older who can show they are descended from a patriot who served or contributed to the American cause during the Revolutionary War can join. For more information, contact Jewel at 303-881-0810 or Merry at 303-995-0610.

Evergreen Chili Cook-Off, Sept. 8

The 12th Annual Big Chili Cook-Off takes place Sunday, Sept. 8 at the Evergreen Lake House, 29612 Upper Bear Creek Road, in Evergreen. Proceeds benefit six mountain



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area fire districts. Space is still available for chili cooks, whether individuals, businesses or restaurants. Categories are red, green and vegetarian. Entry fees range from \$35 to \$100. For information or to purchase advance tickets, go to www.bigchili.org or contact Pam Montgomery at director@bigchili.org.

Alferd Packer Bacon Party, Sept. 14

There will be an Alferd Packer Bacon Party featuring bacon, bands and beer in Downtown Littleton at 5663 S. Prince St. on Saturday, Sept. 14 from 3 to 10 p.m. The event will feature live entertainment, food concessions, kids' activities and artisans. The live entertainment will include Ken-Caryl Ranch resident Dave Partheymuller, Dixie Leadfoot and the Chrome Struts, Red Room Rendezvous and the Nacho Men. The event is sponsored by the Rotary Club of Littleton, which supports many health and education projects.

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Selected by my fellow dentists in 2008, 2009, 2010 2011, 2012 and 2013 as 1 of the top dentists in Denver, as seen in 5280 Magazine.



Ken-Caryl Aug. 14, 2013 • 5 Ken-Caryl Ranch: Rich In History, Wealth Of Amenities

This article is printed in response to a request received from a resident to explain the basic responsibilities of the Ken-Caryl Ranch Master Association and Metropolitan District, the benefits of each and public versus private use of Ranch amenities.

Johns-Manville purchased Ken-Caryl Ranch in 1971 for a place to locate its World Headquarters and develop a master-planned community. Ken-Caryl Ranch was a vision of, then a creation by, the developer. The vision, which included preserving two-thirds of the Ranch as Open Space, became reality to Johns-Manville in 1972 when the County approved the Official Development Plan.

The first homes were built in 1976 and Ken-Caryl Ranch, once developed, became a resident-managed community in 1990 when the developer officially turned the Master Association (MA) over to the residents. The Metropolitan District (MD), the Ranch's governmental entity, was created in 1988 by a vote of the residents.

Homeowner association dues paid to the Master Association and property taxes paid to the Metropolitan District, along with grants and user fees, allow residents to enjoy a variety of amenities and privileges.

The Master Declarations of Covenants, Conditions and Restrictions, Articles of Incorporation and the Bylaws govern the MA in so far as compliance to community standards is concerned. The MA maintains the architectural integrity on the Ranch.

The greenbelts, Open Space and most of the parks and amenity buildings on Ken-Caryl Ranch are privately owned by the Master Association. The Equestrian Center — a unique amenity open to all residents houses some of those buildings. Visits to the center are encouraged. The Equestrian Center hosts special events focused on family entertainment for the enjoyment of the community.

Unlike many communities with homeowner associations, the dues paid by residents of Ken-Caryl Ranch also cover trash and recycling services.

The miles and miles of trails on MA-owned land adjacent to Jefferson County Open Space are enjoyed by many residents. The Ken-Caryl Ranch Open Space is patrolled and maintained by the Master Association Open Space Rangers. The Open Space staff recruits and works side-by-side with volunteers to help build trails and restore worn and deteriorating trails.

When it comes to communication in the community, residents have several ways to stay on top of area news. MA dues also cover:Ken-Caryl Ranch website, www.ken-caryl ranch.org.

- Ken-Caryl Ranch *e-News*, a weekly email newsletter sent to all residents who subscribe.
- Timely updates on our Facebook page, www.facebook.com/ken-carylranch.

from property taxes, grants and user fees.

The District also established the Ken-Caryl Ranch Foundation, a 501(c)3 organization. The Foundation has raised thousands of dollars helping to purchase the South Hogback, providing scholarships, offering Outdoor Movie Nights and paying for other worthy projects like the Community Garden.

Property taxes paid to the Metropolitan District cover the maintenance of the paths, greenbelts, parks and playgrounds. MD Parks crews plow the parking lots at Ranch facilities during the winter but are not responsible for plowing public streets or private driveways. The South Hogback Open Space is owned by the MD and is open to the public.

The recreational facilities, funded by property taxes on Ken-Caryl Ranch, provide opportunities for residents of all ages to enjoy the swimming pools, tennis courts, disc golf course, dance studios, exercise equipment and facilities, and soccer and baseball fields. Additional User Fees Cover:

- Boarding horses at the Equestrian Center
- Certain submittals to the Architectural Committee
- Swim lessons and guest pool passes
- Aerobic instruction
- Tennis lessons
- All special classes
- Before and after school programs, camp programs
- Preschool

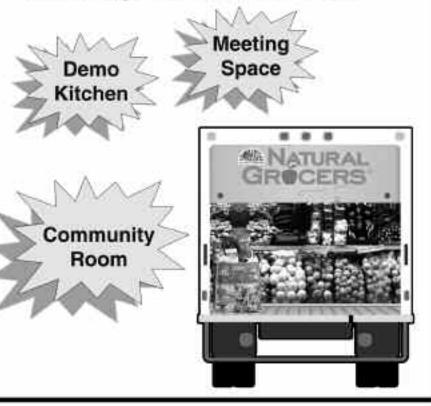
Should you have any questions, please call MA Executive Director Chris Pacetti at chrisp@kcranch.org or 303-979-1876, ext. 116, or MD District Manager Darrell Windes at darrellw@kcranch.org or 303-979-1876, ext. 114.



Funny Or Sour Smell?

Grand Re - Opening!

Your Natural Grocers by Vitamin Cottage Ken - Caryl Store is moving to Kipling and Coal Mine



Grand Opening Celebration August 27 - September 1



- Strategically-placed marquees.
- *Life at Ken-Caryl*, a community-focused, bi-weekly newspaper. The direct production and distribution costs of the paper are paid for by advertising revenue. The paper offers space to recognize the accomplishments of Ken-Caryl residents in addition to providing important announcements, schedules and news affecting the community.

The MA also funds the reserve schedule, and revenue equals the assessments collected from each residential and commercial property.

The Metropolitan District was formed in 1988. The residents of the Ranch voted to form the District, thereby creating a mill levy (property tax), as a means to enhance recreational activities on the Ranch. The District also provides park maintenance. Having a Metropolitan District saves residents dollars because of their tax-exempt status. It has enabled additional funding from the state lottery dollars and county joint venture grants. The District's revenues are derived Those smells can be an indication that a surface is crawling with bacteria because those smells are the gases that bacteria give off.

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Equestrian Center Welcomes New **Riding School** Director

EquiNews

As the new director of the Ken-Caryl Ranch Equestrian Center Riding School, Chelsea Sheldon is hoping to bring new programs and a fresh perspective to the already thriving school.

Chelsea comes to Ken-Caryl Ranch from a corporate environment. She worked for the corporate office of Coloradoland Tires. Her background will help with the business aspects of running the Riding School. She also wants to focus heavily on marketing to show residents everything the Equestrian Center has to offer.

"I'm excited to work with children on lessons," said Chelsea. "I'll be learning along with the kids while trying to promote the Riding School. I'm excited to grow the program to the point where we can have more shows, go to shows and offer more advanced lessons."

Chelsea said that even if you don't have any interest in owning a horse but just want to try something new, the Equestrian Center Riding School might be just the place for you. The Riding School offers lessons in English hunt seat, jumping, combined training, dressage and western to riders from beginner to advanced levels. Riders may use one of the Equestrian Center's horses or bring their own horse.

Chelsea studied photography at the Art Institute of Colorado, so we're sure to have some great photos of horses for future issues of the paper! She grew up in Goodland, Kan., and she's lived in Littleton for the past five years.



Chelsea Sheldon is the new director of the Ken-Caryl Ranch Riding School. If you'd like to contact Chelsea for more

information on the Riding School, you can

email her at eqschool@kcranch.org or call 303-972-8456.

Life at Ken-Caryl

Discount For September Horseback **Riding Lessons**

Are you interested in learning to ride a horse, or maybe you can already ride but want to improve your skills? The Ken-Caryl Ranch Equestrian Center offers lessons in English hunt seat, jumping, combined training, dressage and western to riders from beginner to advanced levels. Riders may use one of the Equestrian Center's school horses or bring their own horse.

For the month of September, you can prepay online for a month of lessons and receive 5 percent off. You will need to set up an account first, but just contact the Riding School at 303-972-8456 or eqschool @kcranch.org to get started. The deadline to sign up and receive the discount is Aug. 30. Lessons are weekly and one hour in length, and to receive the discount, you must sign up for a month's worth of lessons. The prices for lessons for one month for residents are:

Private Lessons: Regular Price: \$220

Prepaid Discounted Price: \$209

Semi-Private Lessons: Regular Price: \$180

Prepaid Discounted Price: \$171 **Group Lessons:**

Regular Price: \$140

Prepaid Discounted Price: \$133 Need a gift idea? Gift certificates for riding lessons are available at the Equestrian Center. They make great birthday, Christmas or Hanukkah gifts! For more information, please call 303-972-8456 or email eqschool@kcranch.org.

Visit www.ken-carylranch.org



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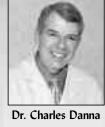
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Hort Shorts **The Mid-Summer Leaf Drop Blues**

Life at Ken-Caryl

Source: CSU Extension Website, Mary Small and Curtis Utley, Jefferson County Plant Diagnostic Clinic Ah, sweet mid-summer! Long, warm evenings spent on the veranda listening to the sounds of leaves dropping. Huh?! Leaf drop

in late July/early August? Yep, you read that right. We've been getting inquiries and emailed photos about, and observing this very phenomenon. Well, "phenomenon" probably isn't quite the right term when you consider we see it every year, usually beginning mid-July. Several situations cause this by themselves or combine with others into a "perfect storm." Tree leaf drop is probably the number one problem we encounter in our clinic every summer. So why do trees drop leaves in the summer?

Trees often form more leaves in the spring than their systems can support later in the season. The hotter, dryer weather of summer signals plants to drop leaves as a defense mechanism against water loss. There may not be enough available or transpiration rates are so high that trees just can't keep up. So they drop leaves to cut water losses and keep the rest of the system going.

Drought stress causes leaf drop. Some of the tree canopy is shed to balance water intake and "outgo," similar to the above situation. And, even though it looks like a lot, as much as 10 percent of leaves can drop without causing serious injury.

Newly transplanted trees (including those planted last year) frequently drop leaves to

Citizens'

Leadership Academy

Public Schools from the inside out? If so, you need to sign up today for the Jeffco Schools

Citizens' Leadership Academy. You'll learn

about the many changes that are happening

in Colorado K-12 education, as well as get an

insider's look at the district's budget, its busi-

ness services, support services, communi-

cations department and the Jefferson County

The academy will be held from 5 to 7 p.m.

for six consecutive Tuesdays beginning Tues-

day, Aug. 27 at the Education Center, 1829

Denver West Dr., in Golden. You must be a res-

ident of Jefferson County, a Jeffco parent or

Jeffco employee to participate in the academy. Please fill out the online form at jeffco

publicschools.org to submit your applica-

tion. We look forward to having you join us

Board of Education.

Are you interested in learning about Jeffco

School News

compensate for root loss and reduced water absorption. Overwatering, poor soil drainage and too-deep planting results in root oxygen deficiency. Poorly functioning or dying roots can't absorb needed water, so again the tree drops leaves to reduce transpirational losses.

Insect pressure causes leaf drop. It's not unusual for so-called "healthy-looking" trees to drop leaves all of a sudden. Lilac-ash borer and the banded ash clearwing are common culprits. These insects spend a good chunk of their lives tunneling in and through wood underneath the bark a couple of inches deep. In addition to physically weakening the tree, the activity can interfere with the flow of water, stressing the tree and inviting attack. Leaves are shed as (you guessed it) trees try to cut their transpirational losses.

Then there's hail and wind that physically knock leaves (and branches) out of trees. Sometimes the full extent of damage doesn't show up until a bit after the storm, when damaged petioles and leaf blades succumb to dehydration following tears or dings.

Aspen trees begin their Marssonina-infected leaf drop in mid to late July. Infection occurred in spring, so there's nothing to do until leaf-raking season.

Trees lose leaves for many reasons in late summer but the question behind the question for most folks is, "Is the tree okay?" Check the quality and quantity of new growth by looking at the annual growth increments, the general size of the leaves and remaining canopy density. If all of these things check out, then the tree is probably going to survive to see another spring...and summer.

for this special partnership opportunity to become one of Jeffco's expert key communicators

Back To School Time

It's that time of year again....back to school! Are you looking for one-stop shopping for back-to-school information? Look no further than Jeffco's Back-to-School website at www.jeffcopublicschools.org/back _to_school. The page has links to registration dates, school supply lists, immunization information, Jeffco Connect, the 2013-14 school calendar and fee information. The first day of school for most Jeffco schools is Monday, Aug. 19, but check with your individual school for schedule variations. Parents and students will need to check with schools for teacher assignments, class schedules and school-specific documents.

Free Movie Night To Feature Iron Jawed Angels

Submitted by Ellen Stiner, League of Women Voters of Jefferson County

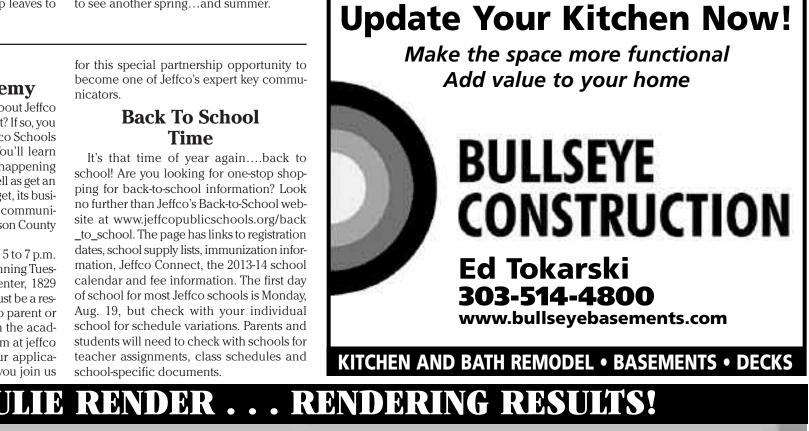
The 2004 award-winning movie, Iron Jawed Angels, starring Hilary Swank as Alice Paul, and Anjelica Huston as Carrie Chapman Catt, will be presented by the League of Women Voters of Jefferson County on Monday, Aug. 26, at the American Mountaineering Center, 710 10th St., in Golden. The Lakewood Chapter of the American Association of University Women is co-sponsoring this event.

Roger Ebert and Richard Roeper called this movie "...important history...told in a fresh, and blazing fashion. Two thumbs up!" Courageous suffragettes endured imprisonment and hunger strikes to win for women the right to vote we hold so dear today. The public is invited to learn or be reminded of this dramatic history. Bring your daughters and granddaughters as well as the men in your life for this celebration of the anniversary of the passage of the 19th Amendment.

Doors will open at 6:30 p.m. on Monday, Aug. 26. The movie begins at 7 p.m. Light refreshments will be served free of charge. Parking and the entrance to the auditorium are at the rear (north side) of the building.

The League of Women Voters is a nonpartisan political organization encouraging informed and active participation in government, working to increase understanding of major public policy issues, and influencing public policy through education and advocacy. For more information about the Jeffco LWV, visit www.lwvjeffco.org.





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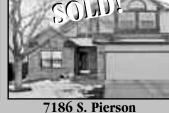
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www.ken-carylranch.org

West Metro Firefighters Visit Summer Camp

Firefighters from West Metro Fire Protection visited with children in the Ken-Caryl Ranch Summer Camps. The kids received information on fire safety and learned about the important duties of a firefighter. The campers were mesmerized by the fire trucks and all the amazing tools that help keep us safe.







Library News Jeffco Public Library **Extends Summer Reading Club Through Aug. 31** Sign Up Now And Win **Coupons And Prizes!**

It's not too late to participate in the Jefferson County Public Library's Summer Reading Club! Kids, teens and adults can sign up online at jeffcolibrary.org/summerreading or at any JCPL location through Aug. 31. Participants are eligible to receive coupons from our program partners, including California Pizza Kitchen, Colorado Rapids, Del Taco, Heritage Square, Lakeside Amusement Park, Pizza Doodle and Westerra Credit Union. Those who complete key Summer Reading Club activities will also receive a free book, compliments of the Jefferson County Library Foundation.

"Summer Reading Club is a great way for kids to get ready to go back to school," said Donna Walker, JPCL's director of public services. "It strengthens reading skills while giving kids a chance to enjoy some summer

fun before school starts."

Summer Reading Club is sponsored by the Jefferson County Library Foundation and the Friends of the Jefferson County Public Library. Other local sponsors include EduCyber, Larkin & Associates, LLC, Noviscon Realty LLC/John C. Bodnar and Denver Tux.

Life at Ken-Caryl

ACH: Easy Way To Pay Your Dues

ACH stands for Automated Clearing House, and it is a common, reliable and secure option to pay your Master Association Dues. It will automatically debit your checking or savings account on the 5th of each month. This process eliminates stamps, envelopes, coupons and late fees. You can go online to www.kencarylranch.org/residents/assessments/ and download an ACH form. There's no cost to set up ACH, so please email annettec@kcranch.org or call Annette Chavez at 303-979-1876, ext. 112, for more information.



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30 Years In Business KCR References

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Life at Ken-Caryl

www.ken-carylranch.org

Aug. 14, 2013 •

Minding Our Business

Ken-Caryl Insurance Agency Local Agency Helps You Navigate The World **Of Insurance**

by Community **Relations Director** Victoria DeSair

Shopping for insurance, whether it be home, auto, life or business, is a daunting task to most people. You can spend hours on the phone or the Internet obtaining quotes and looking for the best coverage. The Ken-Caryl Insurance Agency can alleviate the stress by handling the insurance quote and search process for you.

The independent agency is owned by Daniel and Sharen Fisher. The agency was established in 2004, but the Fishers didn't buy the business until June 2012. The agency offers auto, home, business and life insurance quotes. It has access to more than 15 quality insurance companies, and it is also a member of The Ahbe Group, a national group of more than 250 insurance agencies that provides special resources and access to other states.

"As an independent agency with multiple companies, we can truly focus on the customer and find the best fit for their insurance needs," said Daniel. "Every person and insurance company is different, so having access to several companies is critical for finding the best value for each specific situation.

Daniel said most of their business is done via phone and email. However, many customers do visit the office, which is located in the Ken-Caryl Business Center. It is up to the customer whether business is done via phone, email or in person. Ken-Caryl Insurance Agency has more than 900 customers, many of whom are Ken-Caryl Ranch residents.

When asked what his favorite thing is about his job, Daniel said, "Helping people navigate their way through what can be a fairly complicated and tedious process, and being able to find the best value for their insurance needs."

Many people have noticed insurance rates increase the past few years. "Colorado is currently going through a very challenging period with four years of catastrophic hail storms and wildfires," Daniel said. "Consequently, insurance companies are changing their policies, and rates are increasing dramatically. Contact us with any questions or issues, and we will help you find the best insurance solution." Daniel has a Bachelor of Science degree in business management from Brigham Young University. He spent 20 years in the consumer electronics and entertainment industries and moved to Colorado in 1999. He obtained his insurance license in 2010 and managed a local agency for a regional insurance company before buying Ken-Caryl Insurance Agency in 2012. Dan and his wife Sharen run the business, and they are the only employees. You can contact the Ken-Caryl Insurance Agency for a free quote by calling 303-979-0095, visiting their website at www.kencaryl ins.com or stopping by the office at 7991 Shaffer Pkwy, Suite 207. Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or victoriad @kcranch.org.



Sharen Fisher, is an independent agency that helps you find auto, home, business and life insurance.



The Ken-Caryl Insurance Agency is located in the Ken-Caryl Business Center at 7991 Shaffer Pkwy, Suite 207.



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• Aug. 14, 2013 1()

www.ken-carylranch.org



For Your Information.

How To Register For **Classes & Events**

- Online: Go to ken-carylranch.org and click on Registration under Programs & **Activities**
- Phone-In: Ranch House 303-979-4070, Community Center 303-979-2233
- Mail-In: Download a registration form at ken-carylranch.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton,

Summer Recreation Office Hours

Ranch House Recreation Office (303-979-4070)

Monday - Thursday • 7 a.m. - 9 p.m. Friday • 7 a.m. - 7 p.m. Saturday • 8 a.m. - 7 p.m. Sunday • 9 a.m. - 7 p.m.

Community Center (303-979-2233)

Monday - Thursday • 5:30 a.m. - 10 p.m. Friday • 5:30 a.m. - 7 p.m. Saturday • 8 a.m. - 7 p.m. Sunday • 8 a.m. - 7 p.m.

Summer Nursery Hours Community Center Monday through Friday • 8 a.m. - 1 p.m. Hours may vary according to reservations.

CO 80127.

- Fax-In: Ranch House 303-979-5347, Community Center 303-979-6501
- Walk-In: Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

Finger Scan

Utilizing our finger scan stations or presenting a 2013 KCRMD valid ID is required for anyone age 3 or older. Those seeking resident discounts must show proof of residency within the Metro District boundaries. To receive or renew you must present one of the following: a valid Colorado Driver's License, Warranty Deed, Colorado ID, or Property Tax Statement which must have the applicant's name and valid KCRMD address. If you have questions regarding residency and/or ID cards, call the Ranch House for assistance at 303-979-4070.

Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

Visit www.ken-carylranch.org

Pool Information

- **Pool Regulations** · All residents using any facility must utilize
- our finger scan station or present a 2013 validated KCR identification card, or guest fees will be charged.
- No flotation devices are allowed. Only "water wings" and life jackets will be permitted when a parent or guardian is in the pool within arm's reach of the child.
- All pools are family facilities. Please use discretion in swimsuit attire.
- · Children under 7 years of age must be ac-

Pool Hours Bradford

Closed for the season.

Community Center

Monday-Thursday - 6 - 9 a.m. & 7 - 8 p.m. (adult lap swim)

Friday – (adult lap swim) 6-9 a.m. Monday-Friday – (open swim)12 - 7 p.m.

Saturday & Sunday – 10 a.m. - 7 p.m. (open swim)

*Note: Community Center pool closes for the season on Sept. 2. Late summer pool hours will be posted by Aug. 19.

Ranch House

Monday-Friday - (open swim)12 - 7 p.m. Saturday & Sunday – 10 a.m. - 7 p.m. (open swim)

*Note: Ranch House pool closes for the season on Aug. 18.

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$ **Ken-Caryl Ranch**

Life at Ken-Cari

REFUND POLICY Requests for refunds must be made 48 hours before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

companied by an adult.

- No alcoholic beverages are permitted in the swimming area or pools.
- When a storm approaches, the pool and surrounding area may be closed. Under severe weather circumstances the deck will be cleared of all patrons. The facility will re-open approximately 30 minutes after the last sighting of lightning or sound of thunder.
- No glass containers allowed in the pool areas.
- No smoking allowed in the pool areas.
- There are other rules not listed here which are enforced for the safety of all patrons using the pool.
- **Ranch House and Bradford Pools will** close early if we have inclement weather and will not re-open for the day. The Community Center Pool will reopen if weather permits.

Need An Elegant/Casual Site For Your Party, Wedding Or Corporate Seminar? Meeting and party space in the Ken-Caryl Ranch House may be reserved! For fee and reservation information, please call Terry or Mary Lou at 30<u>3-979-1876</u>.



Discover the best of both worlds — a play-based preschool program alongside structured learning — at Jordan Alexander's Preschool Academy!

JAPA teachers combine the center's thematic curriculum with academic concepts in conjunction with play-based methods to support each child's total development. The Colorado Department of Education's Building Blocks curriculum model serves as our starting point: teachers plan and implement age-specific learning domains infusing each activity with classroom-specific creativity. This innovative curriculum approach is successful in regard to addressing and mediating the division that exists between academic and play-based schools of thoughts in an early childhood educational setting, proving that there is a happy medium: Jordan Alexander's Preschool Academy.



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the evening ... location just doesn't get any better.

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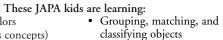
MLS F



• Weights, sizes, shapes, colors (science and mathematics concepts)

- Socialization and cooperation
- Problem solving skills
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- Play is our brain's favorite way of learning.

-Dr. Diane Ackerman



- Coordination between eyes and hands
- Spatial relationships
- To incorporate prior knowledge and experience during play

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Jordan Alexander's Preschool Academy 10670 Bradford Road, Littleton, CO 80127 (In the Ken-Caryl Business Park) 303-904-1121 • www.japakids.net Find us on Facebook!

RE//INX Professionals

Life at Ken-Caryl Art & Dance Classes

Find Your Passion For Watercolor

Ken-Caryl Ranch is honored to have Chuck Danford return to teach watercolor painting classes at the Ranch House this September.

Chuck is widely recognized for his work in graphic design and watercolors. His company, UnitOne, Inc., created many graphic identities that have stood the test of time. Danford's graph-

ics include the familiar circle KC logo for Ken-Caryl Ranch and the Foothills Park and Recreation District logo and with its purple and green signage. Chuck is also credited with designing the visual identity for Bonfils Blood Center, Cherry Creek Schools, Swedish Medical Center and similar graphics for many other major organizations in Colorado.

Now retired, Chuck is helping many people realize their dream of painting in watercolors. In September he will start his sixth year teaching classes and workshops for Ken-Caryl Ranch Metropolitan District and his 15th year as an instructor of classes and workshops for several local art clubs.

Chuck paints from photos he's taken while traveling in the U.S., and the expansive vistas of Europe and Africa. He relishes in bringing many of the world's natural wonders to life through his paintings for the enjoyment of others. His paintings are realistic but at the same time impressionistic and full of color.

Chuck, born in Englewood, didn't start out as a fine-art painter, although some of his childhood cartoons may have been a precursor. He graduated from the Colorado Institute of Art and worked as art director for a Denver television station and as design director for the University of Denver's Research Institute prior to co-founding his graphic design firm.

He is represented in several regional galleries and his work can be seen at www.



charlesdanford.com. Chuck will be teaching the following classes:

Watercolor Classes For all levels 18 years old and over Location: Ranch House Parlour Room Dates: (Identical Six-Week Sessions)

Monday, Sept. 9 - Oct. 14 Course #27413 Wednesday, Sept. 4 - Oct. 9

Course #27412 Cost: Res: \$85, Non-Res: \$90

Each student will provide their own supplies, and a supply list will be provided at registration.

Red Hat Divas

The monthly meeting schedule is as follows:

- Aug. 27 Red Hat meeting 10:30 a.m. - 12:30 p.m.
- (Ranch House Adult Lounge) Sept. 24 — Red Hat meeting
 - 10:30 a.m. 12:30 p.m.
- (Ranch House Adult Lounge) Oct. 22 — Red Hat meeting
- 10:30 a.m. 12:30 p.m.

(Ranch House Adult Lounge)

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

Denver Region Dance Academy

At Denver Region Dance Academy our emphasis is on confidence. We provide four building blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher relations and a studio environment for performances. Each class is designed to incorporate these four aspects for building confidence in your child. Denver Regional Dance Academy is a non-competitive studio believing that performances in front of friendly supportive audiences build self-esteem.

CLASS DESCRIPTIONS **Ballet & Tap I • Beginning**

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the floor, love princess everything and always want to wear pink and purple? Then this class is for her! Dancers learn classical ballet skills while dancing to their favorite princess music. Together with the tap skills they learn, dancers will put the moves into routines to perform them for family and friends.

Ballet & Tap II • Intermediate

This class is for 5- to 7-year-old girls who may or may not have been in ballet/tap before. We keep classes small in size to make very individualized instruction so all skill levels are addressed. If your ballerina still loves to dance and perform to her favorite music, let her continue her dance education in this positive, non-competitive environment.

Hip-Hop • Beginning

Come join this fun, high-energy beginning dance class. Learn dance moves and routines to Taylor Swift, Stereo Hearts and TV shows like "Shake It Up," "Glee" and more. Perform for your family and friends and make it a dance party every week!

Fall Dance Classes Begin Sept. 10

Session 1: Sept. 10 - Oct. 22 Session 2: Oct. 29 - Dec. 17 Location: Ranch House and Community Center Fees: Res. \$73.50, Non-Res. \$91 (7-week session)

Session: Course #	Day	Ages	Class Description	Time	Location		
Session 1: 27541	Tuesday	3-5	Beg/Inter Ballet & Tap	5-5:45 p.m.	RH		
Session 2: 27544	Tuesday	3-5	Beg/Inter Ballet & Tap	5-5:45 p.m.	RH		
Session 1: 27542	Tuesday	5-7	Inter/Ballet & Tap	5:45-6:30 p.m	n. RH		
Session 2: 27545	Tuesday	5-7	Inter/Ballet & Tap	5:45-6:30 p.m	n. RH		
Session 1: 27543	Tuesday	6-11	Beg. Hip Hop	6:30-7:15 p.m	n. RH		
Session 2: 27546	Tuesday	6-11	Beg. Hip Hop	6:30-7:15 p.m	n. RH		
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Drop-ins for new students available. Class fee will be prorated. Questions? Call Mikki Wright at 303-733-7982.

To register, call the Ranch House at 303-979-4070 or online at www.ken-carylranch.org.



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It's official! We have the coolest facials. Call now to book your Signature Facial with Ice Globes, only at AURA.



ADULT NATURE HIKES

Hiking and learning the trails of Ken-Caryl Ranch is the focus, but we can stop to look at flowers, wildlife, geology and historical sites along the way. Fee: Res: \$5, Non-Res: \$8

Key: E = easy; M = moderate; S = strenuous

	Date	Time	Meeting Area	Adventure	Level
:	Friday, Sept. 13	9 a.m1 p.m.	Community Center	Cathy Johnson/ Columbine	E/M

Preschool Programs

The Ken-Caryl Ranch Preschool offers a licensed preschool program and full-time child care. Our state-licensed preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation, and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow.

Dates: Ken-Caryl Ranch Preschool follows the Jefferson County School District calendar for all holidays and school breaks beginning Monday, Aug. 9, 2013 and ending Wednesday, May 28, 2014.

Location: Community Center

Little Learners

Little Learners develop social skills through creative expression, dramatic play, sensory activities, art, stories and much more. Our play-based program gives children the opportunity to grow physically, cognitively and emotionally as they explore their surroundings

Ages: 2-1/2 - 4 years (must be toilet trained) Times: 9 a.m. - 12 p.m.

Explorers

Explorers will spend their days engaged in both work and play, further developing basic social and academic skill sets. With a larger focus on early literacy, math and science concepts, we will help prepare your Explorer for their exciting journey into kindergarten. Ages: 4 - 5 years



Before & After And Full-Time Child Care

Before and after-school care and full-time child care are now available for children ages 2 1/2 to 5 years, along with full day care on designated holidays and school breaks. You may choose to add either or both of these services to your preschool schedule on a monthly basis. Once your child is registered, you will receive an electronic monthly calendar to mark the days you will need care. As long as your calendar is received by designated due dates then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.) Please call for schedule and rate inquiries.

For more information on our Preschool and Early Childhood Programs, contact Sarah Gagne at 303-979-2233, ext. 206, or sarahg@kcranch.org.

Babysitting Clinic

Certification for boys and girls 11 vears of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

Time: 9 a.m. - 3 p.m. Cost: Res: \$50, Non-Res: \$65 Course #25970 Date: Sept. 14



Environmental Education.

Geology Of Ken-Caryl Ranch

12 • Aug. 14, 2013

Take a walk through time on Ken-Caryl Ranch Open Space as we explore the geological formations found in the Valley. We will travel in time from the past to the present. Ages: 3 years old to adult Date: Saturday, Sept. 14 Time: 9 a.m. - 12 p.m. Fee: Adult - Res: \$5, Non-Res: \$8 Youth - (3-18) Res: \$4, Non-Res: \$5 Family – (up to 4 people) Res: \$15, Non-Res: \$20 Location: Dakota Lodge Course #26970

Junior Naturalist Fall Programs

There are three options for the Junior Naturalist programs: Junior Naturalist After School Program at Dakota Lodge, Ranch House Junior Naturalist Club and Community Center Junior Naturalist Club. Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

September/October — **Animal Defense** & Wild Neighbors

Did you know that rabbits play freeze tag and pronghorns usually win the race? What about all those animals that use their coloring to help them hide? Did you know that a mother deer licks the fawn clean so it has no smell? Come find out some of the amazing ways animals protect themselves. Many animals and plants help each other out just like neighbors that live next to you. Discover the secret bonds between bees and flowers and squirrels and trees. Come find out what kinds of animals and plants are neighbors in their

wild neighborhoods.

Junior Naturalist After School At Dakota Lodge Ages: 5 - 10 years old

Dates: Thursdays, Sept. 5 - 26, Oct. 3 - 24 Time: 3:45 - 5:45 p.m. Fee: Res: \$90, Non-Res \$110

Location: Dakota Lodge (Transportation provided from Bradford Primary to Dakota Lodge.) Pick-up is at Dakota Lodge.

Course #26980 Class Size: Min. 5, Max. 20

Ranch House Junior Naturalist Club

Ages: 5 - 10 years old Dates: Mondays, Sept. 9 - 30, Oct. 7 - 28 Time: 5 - 6 p.m. Fee: Res: \$40, Non-Res \$48 Location: Ranch House Course #26981 Class Size: Min. 5, Max. 20

Community Center Junior Naturalist Club

Ages: 5 - 10 years old Dates: Tuesdays, Sept. 3 - 24, Oct. 1 - 22 Time: 5 - 6 p.m. Fee: Res: \$40, Non-Res \$48 Location: Community Center Nursery Course #26982 Class Size: Min. 5. Max. 20

Green Thumb Garden Club

Come get your hands dirty as we plant, water, weed, grow and harvest the garden. Ages: Ages 5 - 10 Time: 4 - 5 p.m.

Date: Wednesday through Sept. 25 Fee: Drop-in rates of Res: \$5, Non-Res:

Location: Community Garden located by the Community Center





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Doggie Dip Day

The Ken-Caryl Ranch Metropolitan District is pleased to announce the 8th annual Doggie Dip Day. The canine event will include diving and swimsuit contests among other activities. The event will be broken down into three 60-minute sessions with up to 30 dogs allowed in each session. The sessions include 30 minutes of "open swim" time followed by 30 minutes of games and contests. Register online at www.ken-carylranch.org

Specialty Classes **Puppy Preschool & Basic Obedience Classes**

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

PUPPY PRESCHOOL CLASSES

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

Days and Time: Tuesdays at 6:30 p.m. Fees: Res. \$130, Non-Res. \$155

BASIC DOG OBEDIENCE CLASSES

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

Days and Time: Tuesdays at 7:30 p.m. Fees: Res. \$110, Non-Res. \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Questions or to register, please contact Laurel Landsman at 720-233-3461 or canine frontier@gmail.com. Please visit Canine Frontier's website at: http://caninefrontiertraini ng.com or our Facebook page www.facebook .com/caninefrontier for more information.

or by calling the Ranch House at 303-979-4070 or the Community Center at 303-979-2233. Space is limited so sign up early. Date: Saturday, Aug. 24 Time: 12 - 3:30 p.m. Location: Ranch House Pool Cost: \$5 per dog for residents, \$8 per dog for non-residents

Session 1: 12 - 1 p.m. Course #27092 Session 2: 1:15 - 2:15 p.m. Course #27093 Session 3: 2:30 - 3:30 p.m. Course #27094

Story Time Back In The Fall

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.

Ages: All ages

Dates: Fridays beginning Sept. 6 - Nov. 22 Time: 10:15am Location: Ranch House Parlour Room

Fees: FREE!

Youth & Family Fair

Join your neighbors and friends for a FREE day of family fun to celebrate the end of summer and the start of a new school year! Enjoy face-painting, a bounce house, interactive entertainment, and life-size yard games while learning more about the Ken-Carvl Ranch Youth and Recreation Programs. Staff will be on hand to answer questions as your children take part in yoga and tennis demonstrations, join a water-balloon toss, or take a dip in the pool. Purchase lunch onsite or bring your own picnic, visit with a variety of local sponsors, and meet team members from the Ken-Caryl Parent Network! Date: Saturday, Aug. 17 Time: 11 a.m. - 4 p.m. Location: Ranch House Park



Sign Up For The Ken-Caryl Ranch e-News

Don't forget to sign up for the Ken-Caryl Ranch e-News. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to www.ken-carylranch.org and click on Email Subscriptions under Community & News or send an email to victoriad@kcranch.org.





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Fall Tennis Lessons

Fall tennis lessons will be held Sept. 3 through Oct. 19 (7 weeks)

Schedules are available online.

Registration begins Aug. 14 at 6 a.m.

No lottery for this session.

Special Programs

• Aug. 14, 2013

Birthday Party Packages

Host your child's summer birthday celebration right here at the Ken-Caryl Ranch Community Center! With a room that opens up to the Community Center pool, you can gather your group for pizza, cake, presents and games, and then head out to the pool for some fun in the sun. You choose the theme, and we will take care of the rest! We will provide table coverings, place settings and dec-

Fitness & Wellness

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 3:30 - 5 p.m. at the Community Center. Youth between 12 - 18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course, no walk-ins will be accepted. There is a class minimum of two participants, and a maximum of eight. If the minimum is not met, class will be postponed until the next session.

Fees: Res: \$20, Non-Res: \$23

Date: Sept. 9 Course #26260 Oct. 14

orations to match your chosen theme. Pizza, cake, goody bags and guest passes to the pool are optional and can be added for an additional fee. Contact Sarah Gagne at sarahg@ kcranch.org for a reservation contract. Reservation contracts must be turned in with the required deposit at least one week in advance. Ages: 3 - 12 years

(and required supervising adults) Dates: May 28 through Sept. 1

(no reservations accepted July 4) **Days & Times:**

Monday through Friday 12 - 6 p.m.; Saturday & Sunday 10 a.m. - 6 p.m. Reservations are booked in two-hour increments.

Deposit: \$40

- Rental Fees: \$90 for up to 10 kids. Each additional child is \$5, up to 20 children total.
- Party Options (added to rental fee): Pizza or Cake: \$25 each, per 10 children Goody Bags: \$5/child

Swim Passes: \$20/6-pack (guest passes can only be purchased at this rate when added to the party package. Unused passes are valid anytime during the 2013 pool season at any KC pool.)

enns

Cardio Schedule For Summer

Tuesdays at the Ranch House 8-9 a.m. with Leslie Fridays at the Community Center 8 - 9 a.m. with John Saturdays at the Community Center 7 - 8 a.m. with Chris Register the night prior by calling 303-979-2233 after 5 p.m.

Bradford Tennis Courts

Players may call between the hours of 10 a.m. and 6 p.m. to reserve a tennis court three days in advance at the Bradford Pool. The number is 303-973-5302. No league matches allowed at the Bradford courts.

Outdoor Court Reservations

Outdoor tennis court reservations are now being taken at the Ranch House and Community Center. Reservations may be made up to three days in advance by calling the facility. Court sheets are posted at the Bradford courts.

Visit KCR's website www.ken-carylranch.org for updated information on upcoming meetings and other events.

Sports And Athletics

Future Stars — Outdoor Sports

This class will introduce your child to the wonderful world of sports. A different sport will be played each week, including hockey, soccer, t-ball, football, track and field and a final week of everything we have learned! This program is designed to create an interest in a variety of sports while developing listening and motor skills. These skills will be taught in a fun, non-competitive learning environment. Appropriately-sized equipment will be used. Please bring a water bottle to class.

Ages: 3 - 7 Day: Saturdays Dates: Sept. 7 - Oct. 12 Time: 9 - 9:45 a.m. Fee: Res: \$35, Non-Res: \$40 (Six sessions) Location: Ranch House Course #27056

Future Stars - Soccer

The basic fundamentals of soccer are introduced as players learn to control the soccer ball. Little Kickers is designed for someone who has little or no knowledge of soccer. Participants should dress in comfortable clothes and gym shoes. We will be outside, so please bring a water bottle to each class. Shin guards are required for this program. Ages: 3-7 Day: Saturday Dates: Sept. 7 - Oct. 12

Time: 10 - 10:45 a.m. Fee: Res: \$35, Non-Res: \$40 (Six sessions) Location: Ranch House

Course #27057

Future Stars — Tee Ball

The basic fundamentals of (tee) baseball are introduced as players learn "America's Game." Future Stars - Tee Ball is designed for someone who has little or no knowledge of tee ball. Participants should dress in comfortable clothes and gym shoes. We will be outside, so please bring a water bottle to each class along with your child's baseball glove. Ages: 3-7

Day: Saturday

Dates: Sept. 7 through Oct 12 Time: 11 to 11:45 a.m. Fee: Res: \$35, Non-Res: \$40 (Six sessions) Location: Ranch House Course #27058

oga Schedule • June 3-Sept. 2, 2013 Summer Fitness

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-6:55 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7-7:55 a.m.	POWER PILATES Carla		TONE IT UP Kerry		TONE IT UP Kerry		
7:45-8:45 a.m.	Step & Sculpt Theresa	Power Pump Theresa	Interval Challenge Theresa	Power Pump Theresa	Interval Challenge Theresa		
8-9 a.m.	Deep Water Jeri Starts 6/17		Deep Water Jeri Starts 6/19	HATHA YOGA Karin 8-9:15 a.m.	Deep Water Kerry Starts 6/21	Step & Sculpt Varies 8:30 a.m.	
9-10 a.m.	Water Fitness Jeri	Water Fitness Theresa	Water Fitness Theresa	Water Fitness Kerry	Water Fitness Kerry	Water Fitness Varies	Water Fitness Carla/Kerry
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 a.m.	MAT PILATES Lisa	Power Pump Janet	Interval Challenge Janet	Friday AM Boot Camp Lisa		Step & Lift Chelsea 9-10 a.m.
YOGA 9:30-10:30 a.m.	HATHA YOGA Leslie	HATHA YOGA Petra 9:15 a.m.	Power Yoga Petra	Pilates Lauren	Yoga Petra 1 st , 3 rd , 5 th : Power 2 nd , 4 th : Hatha		
ZUMBA	ZUMBA Caeleigh 10:35-11:35 a.m.	Interval Challenge Janet 10:15-11:15 a.m.	ZUMBA Janet 10:30-11:30 a.m.			ZUMBA Renate 9:40-10:40 a.m.	
6:15-7:15 p.m.	Muscle Sculpt Kim	ZUMBA Varies	Muscle Sculpt Kim	ZUMBA Renate			
6:30-7:30 p.m.	PILATES Lori		HATHA YOGA Laura	PILATES Lori			

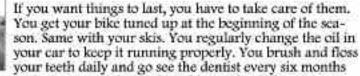


Course #26261

Classes in ALL CAPS are appropriate for beginners. All classes at the Community Center.



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Fall Fencing Classes

These classes will be taught by instructors from Fencing Academy of Denver. Owner Tom Strzalkowski was a member of the 1996 U.S. Olympic fencing team. In 1994 and 1995, he competed on the World Championship teams and was a member of the gold medal team at the Pan-American Games. He is a 1995 graduate of Penn State, at which he was the team captain in 1993 and 1994. He is a three-time NCAA champion and a four-time All-American.

Youth Beginner Classes

Ages: 8 - 16 Dates: Thursdays, Sept. 12 - Dec. 5 Time: 5:30 - 6:15 p.m. Course #27048 Fee: Res: \$180, Non-Res: \$210 (12 weeks)

Location: Ranch House Recreation Office Min: 8, Max: 20

Please call 303-979-4070 to register or contact Instructor Tom Strzalkowski for additional questions at 720-334-3578.

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North Ranch 28 Black Bear Lane



North Ranch 53 Golden Eagle Lane • \$829,000 Custom home situated on open space with gorgeous views, gazebo and waterfall. 5 bedrooms, 5 baths. Concrete tile roof. Main floor study. Newer stainless steel appliances and slab granite. Professionally finished walk-out basement with mother-

in-law suite. Newer carpet. Hardwood floors. Dual staircases.



North Ranch 12 Porcupine • \$689.000 Ranch style home situated on open space. 5 bedroooms, 4 baths. Oversized kitchen with center island. Central air, huge laundry/mud room. Tile roof. Finished walk-out basement.



Deer Creek 24 Tecoma • \$412,000

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Retreat 2 Photinia



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Barrington Ridge 2 Mountain Cedar • \$999,999 Fabulous lot with panoramic views backing to

open space. 4 bedrooms,5 baths. Newer metal roof. Newer Trex Deck. New paint. Traditional floor plan with study and formal living/ dining rooms. Central air.



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30 Desert Willow • \$649,000

4 bedroooms, finished walkout



North Ranch **6** Peregrine



Carriage Hill 10 Golden Aster



Quail Ridge 10510 Raspberry Mountain



Deer Creek 2 Tecoma Circle



Deer Creek 30 Long Spur



Deer Creek 27 Long Spur

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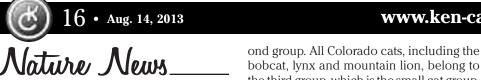
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Bobcats On Ken-Caryl Ranch by Environmental Education **Specialist Ernie Stone**



Bobcats are small wildcats about twice the size of a large house cat. They have furry tufts at the tips of their ears and a short "bobbed" tail. The "bobbed" tail is how they got their name. Bobcats belong to

the cat family. This family is divided into three groups. The big cats like African lions and tigers are one group. The cheetah is the only member of the sec-



young deer or porcupine.

groups of cats cannot purr.

bobcat, lynx and mountain lion, belong to

the third group, which is the small cat group.

All small cats can purr while the other two

long from its nose to the tip of its tail. It is up

to two-feet tall at the shoulder and weighs up

to 25 pounds. Males are a third larger than

the females. A bobcat's fur is usually reddish

tan. This color is also called "bay." So the

A fully-grown bobcat is two to four-feet

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Bobcats live here on the Ranch. However, with their nocturnal habits and secretive ways they are rarely seen. A bobcat's territory can be as small as a square mile if there is enough food or up to 25 square miles if food is scarce.

Bobcat kittens are usually born in the spring but can be born any time of the year. A bobcat mother usually has a litter of two or three kittens. Each kitten weighs less than

a pound and is covered with short, spotted fur. The kittens' eyes are closed tight. They do not open until the kittens are nine to 10 days old. The kittens will nurse until they are about three months old. Bobcat kittens stay with their mother until they are about nine months old. By then they are almost fully-grown and can take care of themselves. When the young bobcats are a year old, they will start their own families.



Mountain Lion Olympics

Bobcats and mountain lions both live here on the Ranch. As predators they need to be fast, strong and do amazing feats. Compete in the Mountain Lion Olympics and see how you do.

Speedy Sprinters: 25-Yard Dash

A mountain lion can run it in about a second. I can run it in _ ____ seconds.

Heavyweight Champs

A mountain lion weighs around 150 pounds. I weigh _____ pounds.

Long Leapers: Broad Jump

A mountain lion can leap 30 feet in one bound. I can leap _____ feet.

Tall Man: Length

A mountain lion from tip of nose to tip of tail can be 7-feet long. From the tip of my head to the tip of my toes I am ______ feet long.

High Jumpers

Fencing

A mountain lion can high-jump 18 feet. I can high-jump ____ feet.

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Life at Ken-Caryl www.k Our Rising Generation Ken-Caryl Lightning Swimmers Break Records





The Ken-Caryl Lightning swim team completed its most successful season in many years by finishing sixth place overall (second place in their division) at the State Summer Club Swim Championships at Anderson Pool in Wheat Ridge the weekend of July 26-28.

The sixth place finish out of 55 teams is their highest finish in at least the last seven years! This came on the heels of a third place finish at the South Jeffco Swim League Championships on July 20 at Governor's Ranch. The Lightning had numerous outstanding swims across all age groups at both events.

The Lightning had 24 swimmers that were crowned League Champions in at least one event out of 70 that swam at the League Championships. Swimmers who won League Championships were:

8 & Unders:

- Abigail Storm (25 butterfly, 100 freestyle, 50 free)
- Evan Turney (25 fly [league record], 50 free [league record], 100 free)
- Liam Heary (100 IM)
- Medley Relay team of Elizabeth McGarry, Brett Potts, Storm and Audrie Steeves
- Free Relay team of Evan Turney, Liam Heary, Korey Tiell and Grant Walters

9-10 Year-Olds:

- Gunnar Holmes (200 free, 100 free [league record], 100 IM)
- Spencer Kauffman (50 free, 50 fly)
- Medley Relay team of Riley Bartuska.

The 10 & under Lightning swim team members had a great season. Top row: Riley Bartuska, Madeleine Drews, Liam Heary, Evan Turney and Jack Tolbert. Bottom row: Micaela Pollard, Sara Beelaert. Spencer Kauffman, Grant Walters, Gunnar Holmes and Coach Polly Boen.

Congratulations to Evan Turney, Liam Heary, Korey Tiell and Grant Walters for their first place finish in the 100-meter freestyle relay at the Colorado State Summer Club meet.

- Evan Turney (25 fly and 50 free)
- Free relay team of Evan Turney, Liam Heary, Korey Tiell and Grant Walters (state record)
- Gunnar Holmes (50 free and 100 free)
- Lexi Tolbert (200 free)
- Toby Mullarkey (200 free, 100 fly and 400 free [state record])
- Lyle Kotze (100 back)
- Travis Roundy (100 breast)

The coaching staff, headed by ninth season head coach Polly Boen, did a tremendous job coaching these swimmers to be



Ken-Caryl Lightning took sixth place overall and second in their division at the Colorado State Summer Club State Championships. Top row: Madeleine Drews, Sydney Meegan, Sara Beelaert, Lexi Tolbert, Margot Gibbons, Alexandra Jensen, Micaela Pollard and Abigail Storm. Bottom row: Gunnar Holmes, Jack Tolbert, Spencer Kauffman, Evan Turney, Korey Tiell, Grant Walters and Liam Heary.



The 15-18-year-old swimmers were Toby Mullarkey, Spencer Shute, James Waugh, Lyle Kotze and Travis Roundy.

able to do their best and represent Ken-Caryl Ranch in fine fashion. The entire team of 190 swimmers (the team's largest yet) made

great strides in all of their meets and practices. Congratulations, Lightning, on a fantastic season!



- Gunnar Holmes, Spencer Kauffman and Jack Tolbert
- Free Relay team of Gunnar Holmes, Spencer Kauffman, Jack Tolbert and Evan Bunevich (league record)

11-12 Year-Olds:

- Lexi Tolbert (200 free)
- Garrett Bunevich (50 fly)
- Free Relay team of Garrett Bunevich, Brady Sullivan, Curry Gardner and Matthew Pollard

13-14 Year-Olds:

• Kenzie Oreskovich (400 free)

15-18 Year-Olds:

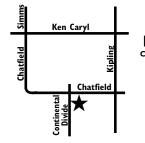
- Toby Mullarkey (200 free, 100 fly, 400 free [league record])
- Lyle Kotze (50 free, 100 backstroke [league record])
- Travis Roundy (100 free, 100 breaststroke, 200 IM)
- Free Relay team of Toby Mullarkey, Lyle Kotze, Travis Roundy and Spencer Shute A week later, nine swimmers were crowned as State Champions in at least one event at the State Championships. Lightning State Champions were:

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 BUSINESS AUTO HOME LIFE



Ken-Caryl Parent Network_____

Members of the Ken-Caryl Parent Network enjoyed the Film on the Rocks showing of Princess Bride

Join The Parent Network For Wellness And Fun

Complimentary Sunset Yoga moves to 7:30 p.m. at the North Ranch Park on Sundays in August. Be sure to check out the new Special Interest Group, Stroller Chicas, for meeting up with other moms to socialize while enjoying outdoor exercise!

Aug. 14 at 7 p.m. at Aura Salon and Spa is the Backpack Makeover session of the Summer Wellness Series! Get ready for back to school, as you makeover your kid's backpack! Learn how to replace chemical-laden hand sanitizers and toxic bug sprays with safe and effective alternatives. Get ideas on how to treat your child's sports injuries and increase their stamina naturally. From essential oils to many items already in your pantry, you'll go home with recipes, instructions and ideas galore. This event is hosted by Green Smoothie Girl Senior Health Coach Dr. Barbara Jennings and Senior Apprentice Coach Jessica Klasnick. Join other families with kids of all ages for the popular Picnic in the Park function on Friday, Aug. 16! Bring Your Own Everything (BYOE) for your own family's picnic dinner, as well as an appetizer or dessert to share. The fun kicks off at 5:30 p.m. at the Ranch House Park! See more details on these and other upcoming events at www.bigtent.com/groups /kcpn. KCPN is a volunteer-based organization with 24 years of experience connecting families and parents on Ken-Caryl Ranch. KCPN offers parent-to-parent interaction with Special Interest Groups and kid-to-kid interaction with playgroups. Parent education opportunities are offered through expert speaker series, and holiday parties are thrown each year, giving a chance for the whole community to come together. Are you interested in joining? Membership inquiries can be sent to info@kencarylparents.com. We look forward to seeing you at an event soon!



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Aug. 14, 2013 • 10

From The Sheriff's Office CodeRED Emergency Notifications

We all know that 911 is the number to call in the United States to get help in an emergency. A 911 call goes to the emergency dispatch center closest to the caller, and trained dispatchers send police, firefighters or paramedics to the caller's location.

The shift to mobile phones and Voice Over Internet Protocol (VoIP) lines has significantly changed emergency call-taking. Today in Jefferson County, nearly 80 percent of incoming 911 calls come from mobile phones and VoIP lines, while the rest come from traditional landlines. Calls from landlines have always provided dispatchers with information about the location of the caller. Calls from mobile phones and VoIP phones provide much less.

Calling 911 Today

When you call 911 from a mobile or VoIP phone, the call-taker will usually only know your phone company and phone number. The call-taker may know the general area you're calling from, but the area could be several square miles. You'll have to provide specific information so that the call-taker can send help to the right place.

If you're in a building, try to provide the street address. If you're on a roadway, try to provide the cross streets, mile marker information or a well-known landmark. We can't help you if we can't find you!

CodeRED: Why We're Calling You In An Emergency

In Jefferson County, the CodeRED system (sometimes called Reverse 911) allows us to call citizens to warn them of danger. With it, we can simultaneously call multiple phones within an area that we designate, to warn residents of flood, fire, tornadoes, chemical spills or dangerous suspects. Within moments, calls reach the affected community to deliver warnings and critical safety instructions.

If you receive a CodeRED call, the voice on the line will let you know it's a message from the Sheriff's Office. Also, your caller ID should display our agency's name and a callback number. The CodeRED system works with all phones that have a TDD line (for the hearing impaired). If you have a telephone zapper used to block out telemarketers, or if your phone is blocked to unknown callers, you will not receive CodeRED calls.

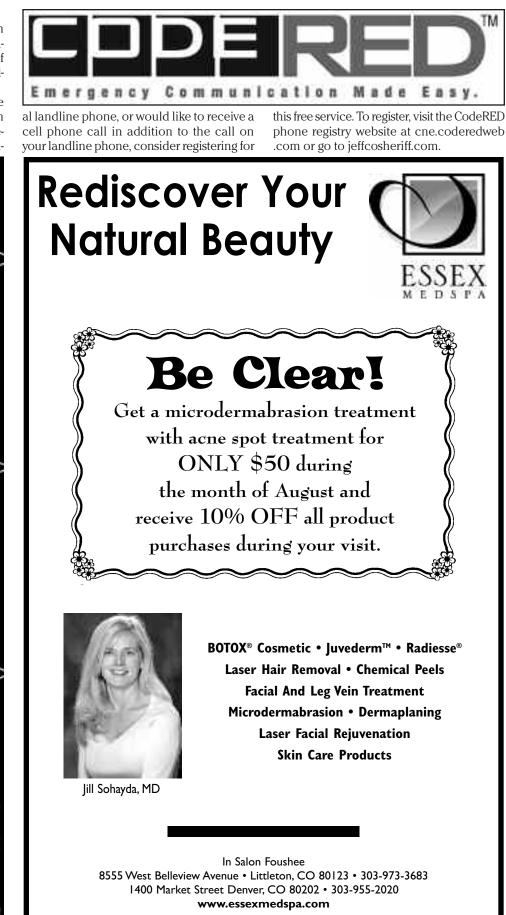
To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ ken-carylranch.

Opt In To CodeRED

The CodeRED system calls numbers from two databases. One is the county's 911 database with all listed and unlisted landlines. If you have a landline, it is automatically included in this database.

The second is a new database of mobile phone and VoIP numbers — established in 2009 — whose owners have opted in to receive the calls. If you don't have a tradition-

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Life at Ken-Caryl

On The Market_

Downsizing Phase Two

From Overloaded To A Flawlessly Furnished Lifestyle

Submitted by Susan Miesen, Re/Max Professionals Welcome back, downsizers! In my first article, Downsizing Phase One, in the July 17 issue, I discussed the first steps in the lengthy process of downsizing a household riddled with emotional landmines and accumulated excess.

At this stage in the game, you've honed your preliminary downsizing skills and have committed to exploring a lifestyle change.

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Congratulations, you've graduated to the exciting Phase Two in the downsizing process! It's time to gas up the car or pump up your bike tires and hit the road!

Now is the time to start exploring possible neighborhoods and environments that have the potential to foster your existing values and expanding interests. Your new lifestyle may require a duplex on a city lot, a patio home with an HOA or a cabin in the high country.

Having recently made the change from Ken-Caryl to the Denver area, I assure you the process of determining your ideal location is as simple as pounding the pavement! Load up the spouse or whole family and start driving the streets of potential locations. Squeeze in a bit of research prior to departure by selecting a trendy restaurant for lunch, booking a tee time or mapping an interesting trailhead. As you explore, be sure to take note of the style of homes, transportation accessibility and variety of amenities.

I find the key to learning the true nature of a neighborhood is by talking to the locals. You may already have a friend or two in your areas of interest. Enlist their help! Let a good recommendation or party invitation lead you to a neighborhood's wealth of insider information and unique features. Visit prospective neighborhoods at all hours of the day and days of the week. Neighborhood attributes like evening noise level, lackluster weekend events or a demographic age group are all factors not easily detected on a first visit. Sticking to your "must haves" while keeping an open mind to inevitable preference adaptations is important.

Buying a home and committing to a new lifestyle can be a financial and emotional strain. This phase should be viewed as an incredible adventure and an exciting step toward your lifestyle change! Feeling comfortable and properly welcomed to a new neighborhood is essential for setting your new lifestyle on a positive path. Be thoughtful, patient, thorough and anything but shy! I would love to assist you in your journey and welcome you to give me a call or follow me on Facebook at Susan Miesen – Urban Connection. I have many exciting upcoming events that give prospective homebuyers a glimpse into some wonderful communities!

By the way, if you would like a list of local non-profit organizations in need of donations of furniture, appliances, etc., contact me at 303-521-2133 or susanmiesen@gmail .com and I'll send it to you. If you're cleaning out the kids' closets this month as they head back to school, save all the gently used shoes they've outgrown. There is an organization that needs 40 pairs RIGHT NOW for homeless kids heading back to school in Denver.

Editor's Note: On The Market features tips and trends related to real estate and increasing the value of your home and is written by a different local realtor each issue. If you are interested in contributing to the column, contact Victoria DeSair at victoriad@kcranch.org.





Let's Make Colorado The Biggest Mover!

LiveWell Colorado brings you the Colorado Get Movin' Challenge to kick-start a healthier lifestyle and prove that Colorado is the most active state in the nation! Sign up now at www.mapmyfitness.com/challenges/get movin/ then log 30 minutes of daily activity from Aug. 1 to 30. Your participation counts (and will be rewarded), whether you do all 30 days or a few. This initiative is supported by the State of Colorado and Kaiser Permanente. Let's get movin'!





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Jacqueline Schroeder 303-720-0051 jschroeder@ipafamily.com Ken-Caryl Resident And Proud Bradford Parent

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Ken-Caryl Ranch is stepping up our presence on Facebook. We are posting important updates and reminders about special events, fire bans, emergencies, community meetings and other key information. To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-caryl ranch.

www.ken-carylranch.org

Life at Ken-Caryl Our Rising Generation.



Rookie Team Tennis participants celebrated the end of the season with a mini tournament at the Community Center. Medals were won by Grant Walters, Jackson Blake, Keenan Phelps and Sawyer Amato. Congratulations to all the players on a great season!

Life At Ken-Caryl Archive Online

Have you ever wanted to look back at an article or ad from a previous issue of Life at Ken-Caryl, but you can't find your paper? There are now archives of the paper going back to Aug. 1, 2012, on www.ken-carylranch.org under Community & News. You can download PDFs of the back issues from the site.



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Local Nonprofit Piano **Pathways To Offer Free Adult Piano Lessons Workshop**

Pianos 'n Pianos, located in the Ken-Caryl Market Place, is partnering with Piano Pathways of Colorado to offer a free introductory beginner piano lesson workshop for adults and seniors. Piano Pathways is a Colorado nonprofit organization dedicated to enhancing the music and arts in the Ken-Caryl community.

The free workshop is an adult introduction class called "Learning to Play the Piano." It is offered on Monday and Tuesday evenings from 6:30 to 8:30 p.m. at 10143 West Chatfield Ave. in Littleton. All materials are included. The studio is equipped with stateof-the-art digital and acoustic vertical pianos for each attendee. Students will be taught to play with both hands and read music at an entry-level. Seating is limited, so RSVP early by calling 720-360-4059.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranch.



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LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official. Letters should be concise - no letters over 350 words and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, Life at Ken-Caryl or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Deadline 5 p.m. on Monday, Aug. 19, for the Aug. 28, 2013 issue of Life at Ken-Caryl. Email to victoriad@kcranch.org

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Humor Me_____ It's A Small World After All

Submitted by David LeSueur, Legacy Editor's Note: David LeSueur is a Ken-Caryl Ranch resident in the Legacy neighborhood. He has been writing columns since 2006 for The Denver Post, the National Multiple Sclerosis Society magazine and various other publications. You can read his blog at http:// lesueur926.blogspot.com/.

Scientists at Western Washington University have discovered a technique to get rid of earworms - the technical term for those "annoying tunes that lodge themselves inside our heads and repeat on an endless loop." They found that you need to do something that takes up space in your brain where earworms reside.

Puzzles that tax your brain like anagrams or Sudoku were found to be very effective. Reading a novel worked for some people in the study. "The key is to challenge your brain," said the lead researcher. "If you don't use your brain, earworms will likely stick around.

How To Submit **Articles For** The Paper

Life at Ken-Caryl is happy to publish articles about residents and their achievements or life events. We also publish articles in our In Memoriam section about loved ones who have passed.

To make the process easier, we have developed a new Announcement Form Checklist and an In Memoriam Checklist to help you write your article. Both lists are available at www.ken-carylranch.org under Community & News, then Newspaper: Life at Ken-Caryl. You can either write the article yourself using the checklist as a guide, or we can write the article for you if you provide all of the information on the checklist.

Letters to the Editor are welcomed and encouraged from any Ken-Caryl Ranch resident in good standing or by any elected official. Letters should be concise no more than 350 words — and must be received by the deadline date at 5 p.m. We do not print anonymous letters. All letters must include your name, address and daytime phone number.

If you have any questions or would like to submit a story or Letter to the Editor, please contact Community Relations Director Victoria DeSair at victoriad@kc ranch.org or 303-979-1876, ext. 122.

That is why none of the teenage boys in the study were ever successful ridding themselves of earworms."

Scientists discovered that the worst offending songs were those by Lady Gaga, so I decided to try to replicate the study's results. First, I needed to create an earworm in my head. I bought one of Lady Gaga's hits, "Born This Way," and listened to it 10 times in a row. Sure enough, the chorus kept playing in my head - a definite earworm.

Next I did something that wouldn't challenge my brain — I watched an episode of "The View" my wife had recorded. As predicted by the study, when the show ended, the Lady Gaga chorus was still playing in my head. Finally, I had to do something that would challenge my brain to see if it would get rid of my annoying earworm. I watched the same episode of "The View" and this time I tried to follow Joy Behar's logic. That taxed my brain so much that the Lady Gaga tune was gone in 47 seconds.

However, there is a dark side to the study of earworms. In 2009, Jess Marker, a man confined to a wheelchair, went to Disneyland with his family. At exactly 3:34 p.m. he got on the popular ride "It's a Small World." In case you have never been to Disneyland, "It's a Small World" has been described as a "motorized boat ride that features over 300 brightly costumed audio-animatronic dolls in the style of children of the world, frolicking in a spirit of international unity and singing the attraction's title song, which has a theme of global peace."

The song and its catchy lyrics ("It's a small world after all, it's a small world after all, it's a small world after all, it's a small, small world") are sung over and over and over ... and over and over again. Unfortunately, the boats broke down while Mr. Marker was inside. Everyone exited except for poor Mr. Marker. Disneyland had neglected to provide a way for wheelchairs to leave the attraction. It only took 30 minutes for mechanics to repair the boats, but by that time the 300 brightly costumed audio anatomic dolls in the style of children of the world were inspiring feelings other than a spirit of international unity or a theme of global peace.

The man's attorney estimates that Mr. Marker heard the "Small World" song 182 times! He was traumatized and reportedly had an earworm for three days. He sued Disneyland and was awarded \$8,000 for his trouble.

By now, you certainly are humming "It's a Small World" to yourself and for that I am truly sorry. But I hope you will be willing to participate in a follow-up study by the Western Washington University. You see, no one in their original study could find a technique to get rid of the "Small World" earworm.

I promised the researchers that I would pass along any information I received. DO NOT listen to the actual music for more than 10 minutes as serious harm might occur. The United States military now plays "It's a Small World" continuously as a part of enhanced interrogations. Don't worry, this particular earworm is not dangerous and should go away by itself in three or four days. In the meantime, however, I recommend that you not operate any heavy equipment or make any important life decisions.



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first Children

Sign Up **For The** e-News

Don't forget to sign up for the Ken-Caryl Ranch e-News. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to www.ken-carylranch .org and click on Email Subscriptions under Community & News or send an email to victoriad@kc ranch.org.



en-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m.-5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd., Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on Monday, Aug. 19 for the Aug. 28, 2013 issue. Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. A Classified Ad Form may be downloaded at www.ken-carylranch.org. If mailing your ad, please proof it CAREFULLY, provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

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MISCELLANEOUS

CARPOOL - Looking for KCR families with children enrolled at Dakota Ridge H.S. If you are interested in carpooling contact Andy or Amy at 303-904-0894.

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Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, shovel snow, house sit or pet sit. To be included on the list, teens should email their name, number and a list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122. Categories: (B) Babysitting; (L) Lawn care; (P) Pet and house sitting; (S) Snow shoveling.

Name, Age	Phone	Services	Name, Age	Phone	Services
Dylan Ahearn, 17	303-906-1018	L	Morganne LaVigne, 15	303-475-7341	B, P
Sean Ahearn, 17	303-906-1137	L	Sloan Lyons, 15	720-569-4883	B, P
Emma Ahern, 15	303-765-4924	Р	Ashley McFerrin, 13	303-979-6559	В
Stephen Barton, 17	720-253-6110	L, P, S	Robby Nelson, 13	303-904-8886	B, L, P, S
Sarah Bielefeld, 13	303-506-8630	B, P	Alexandra Newsom, 13	303-325-5232	B, L, P, S
Christina Bigger, 13	720-981-4521	B, P	Lauren O'Connor, 12	720-982-7981	В, Р
Josh Blarr, 13	720-318-4605	B, L, P, S	Sean O'Dell, 16	720-371-1957	L, P
Olivia Boyd, 14	720-400-9710	B, P	Max Packebush, 12	720-949-4482	L, P, S
Hannah Calahan, 17	303-667-3985	B, P	Tucker Payne, 18	720-936-3049	L
Paul Castellano, 12	720-940-3655	B, L, P	Dillon Reisinger, 16	303-973-2469	L
Wil Crane, 13	303-979-8707	B, L, P	Seth Reisinger, 12	303-973-2469	Р
Daniel Dominguez, 13	720-648-3178	P, S	Reanna Schafer, 13	303-808-0373	В
Carly George, 15	303-250-8502	B, P	Carlee Shute, 13	303-903-0504	В, Р
Wil George, 17	720-382-6910	B, L, P, S	Hannah Topka, 18	303-829-1841	В, Р
Sam Gerbus, 16	303-250-6079	B, L, P, S	Cole Torgerson, 11	303-933-9988	В, Р
Chuck Henderson, 13	720-231-6068	B, L, P, S	Jake Trovinger, 15	303-932-7352	Р
Ben Iverson, 13	303-932-8275	L, P, S	Kyra Turner, 15	303-495-8670	В, Р
Oliver Kauffman, 12	303-979-9577	B, P	Eli Yeagley, 13	720-363-6440	B, L, P, S
Dominic Lasco, 13	303-979-6206	L, P, S	Sam Yeagley, 15	720-363-6440	B, L, P, S

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

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