



A Fed Bear Is A Dead Bear

Bears are active on Ken-Caryl Ranch, and they are looking for calories before winter hibernation. Birdfeeders are an easy food source for bears, so please put away your birdfeeders until winter.

See the Ranger Field Notes article on Page 2 for more information on bear-proofing your home.

Photo by John Fredrickson

Ken-Caryl Ranch Veterans Monument Update

Volunteers Needed For Monument Committee

An area next to the Ranch House has been approved as the site of the Ken-Caryl Ranch Veterans Monument. This article is the first of a series of regular articles to keep the residents of Ken-Caryl Ranch updated regarding the progress of the Veterans Monument. Additional articles will not only discuss the monument itself, but they will also provide valuable information directly related to veterans and their families.

Veterans Monument Background

In October of 2011, the Ken-Caryl Ranch Metropolitan District formed a committee to research the feasibility of constructing a Veterans Monument or Memorial somewhere on Ranch property to recognize residents who have honorably served in the United States Armed Forces. The Veterans Monu-

ment Committee, which was made up of a group of resident volunteers, held its first meeting in the latter part of 2011. During the next 10 months, a series of decisions were made regarding the project:

1. The project would consist of five major phases: Concept Development, Site Selection, Monument Design, Funding Efforts and Dedication.
2. The project would be called the Ken-Caryl Ranch Veterans Monument rather than Memorial. The memorial aspect is included in the overall design of the monument.
3. The definition of a veteran was determined to be any male or female who swore the oath to defend this country and subsequently served on active duty in any of the various branches of the Armed Forces.

Continued on Page 3

You Must Get Approval Before Getting A New Roof

Many residents suffered damage to their homes due to last month's hailstorm. Residents must submit a Roof Replacement Form to the Master Association and receive approval prior to having any roofing work done. Please review the Ken-Caryl Ranch Master Association Roofing Guidelines before you submit for a new roof. If you live in the North Ranch, Manor Ridge or the Enclave, you have different roofing guidelines and submittal forms and will need to get approval from your

Subassociation, not the Master Association.

Some of you might think you don't need to submit if you are using the same roofing product as before. However, some roofing products that were on the previous approvable products list have been removed and other products have been added. You must submit a Roof Replacement Form.

The Roof Replacement Form and the Roofing Guidelines for the Master Association are all available at www.ken-carylranh.org under Residents then Property Improvements. The Roofing Guidelines are also printed on Page 4 of this paper. If you are looking to hire a roofing contractor, you can check out our Contractor Reference Database under the Residents tab on the website, or hard copies of the references are available for review at the Ranch House Monday through Friday from 7:30 a.m. to 5:30 p.m. If you have any questions about the roofing submittal process, contact Julie Kearful at 303-979-1876, ext. 119, or juliek@kcranch.org.

Continued on Page 17

Chatfield Ave. Improvement Project Update

The Chatfield Ave. improvement project general contractor, American Civil Constructors, has been making good progress with construction of the curb, gutter, and sidewalk from Sangre De Cristo Road to Garrison.

In addition, the new median island at the southwest corner of Chatfield and Kipling is almost complete, and the new traffic signal pole has been set. The contractor is also making good progress with the new storm sewer east of S. Iris Way.

Community Planning Town Hall Meeting

Your next opportunity to provide input to the group that is developing our Community Plan will be Tuesday, Oct. 29 in the evening (exact time TBD) at the Ranch House. The Community Planning Committee has been working on the plan using the results of the KC 2020 survey this summer and is anxious to hear from all of you to help refine the plan. We will have more details in the future but wanted to ask you all to mark your calendar and plan to attend. Help shape the future of Ken-Caryl Ranch!

Flu Immunizations At Community Center

The Colorado Flu Shot Company will be providing family flu immunization clinics at the Community Center every Sunday through Nov. 17 from 1 to 4 p.m. Flu shots and the intra-nasal flu vaccine will be offered. Flu vaccinations are now recommended by the Centers for Disease Control and the American Academy of Pediatrics for anyone six months of age and older. For details about the clinics, see Page 13.

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How To Submit Articles For The Paper

Life at Ken-Caryl is happy to publish articles about residents and their achievements or life events. We also publish articles in our *In Memoriam* section about loved ones who have passed.

To make the process easier, we have developed a new Announcement Form Checklist and an In Memoriam Checklist to help you write your article. Both lists are available at www.ken-carylranh.org under Community & News, then Newspaper: *Life at Ken-Caryl*. You can either write the article yourself using the checklist as a guide, or we can write the article for you if you provide all of the information on the checklist.

Letters to the Editor are welcomed and encouraged from any Ken-Caryl Ranch resident in good standing or by any elected official. Letters should be concise — no more than 350 words — and must be received by the deadline date at 5 p.m. We do not print anonymous letters. All letters must include your name, address and daytime phone number.

If you have any questions or would like to submit a story or Letter to the Editor, please contact Community Relations Director Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.



Manager's Column



by KCRMA Executive Director Chris Pacetti

The budget preparation continues, and we are still interested in your input. Please either plan to attend a Board meeting or send me a message at chrisp@kcranch.org with your thoughts, and I will make sure your comments are heard by the Boards.

The Embrey Company is moving forward with their plans for the apartments in the Business Center to be located west of the Sunset Ridge townhome community. I am in communication with their representative who promises to present plans to the community as soon as they are finalized. So please watch for an announcement in this publication or in our every Monday *e-News*. If you have not signed up to receive electronic messages such as the *e-News*, please do. It is easy and will help you keep up-to-date on Ken-Caryl Ranch happenings. To sign up just go to our website, www.ken-carylranh.org, and click on Email Subscriptions at the bottom of the home page and follow the prompts. You will also be able to sign up to receive other regular emails on other topics.

The Community Planning Committee would like your thoughts. A meeting to discuss the KC 2020 Community Plan with all of you has been scheduled for Tuesday, Oct. 29 at the Ranch House. Please watch for more details in the coming weeks, but mark your calendar and plan to attend to make your voice heard on this most important topic.

I am pleased that we were able to work cooperatively with Jefferson County to facilitate improvements to the sidewalk on the south side of Ken Caryl Ave. at the Valley entrance. This is an area that has been in need of work for some time now. While these improvements will not solve all of the issues in this area and winter weather will still make using the sidewalk a challenge, it will make it a safer walk on most days. The ultimate "fix," relocating the sidewalk, would be extremely expensive. Work is scheduled to begin and finish this fall.

Community Calendar

Upcoming events/meetings are as follows (all meetings/activities will be at the Ranch House unless otherwise stated):

BOARD MEETINGS ARE OPEN TO ALL KEN-CARYL RANCH RESIDENTS.

September 2013

Tuesday	24	6 p.m.	MD Board Meeting
Friday	27	10:15 a.m.	Story Time
Fri.-Sat.	27-28	8 a.m.	CTA Tennis Tournament
Sunday	29	1-4 p.m.	Flu Shot Clinic, Community Center

October 2013

Friday	4	10:15 a.m.	Story Time
Sunday	6	1-4 p.m.	Flu Shot Clinic, Community Center
Tuesday	8	6 p.m.	MA/MD Joint Study Session
Friday	11	10:15 a.m.	Story Time
Sunday	13	1-4 p.m.	Flu Shot Clinic, Community Center
Tuesday	15	6:30 p.m.	MA Board Meeting
Friday	18	10:15 a.m.	Story Time
Sunday	20	1-4 p.m.	Flu Shot Clinic, Community Center
Tuesday	22	6 p.m.	MD Board Meeting
Friday	25	10:15 a.m.	Story Time
Saturday	26	6 p.m.	Halloween Haunted Trail
Sunday	27	1-4 p.m.	Flu Shot Clinic, Community Center

COMMITTEE/TASK FORCE MEETINGS

- Architectural** — Second and Fourth Thursdays at 7:30 a.m.
- Community Planning Committee** — Thursday, Sept. 26 at 7 p.m.
- Covenant** — Third Wednesday at 4:30 p.m.
- Historical Society** — Wednesday, Oct. 16, 2 p.m.
- MA Finance** — Monday, Oct. 14, 5:30 p.m.
- Open Space** — Thursday, Sept. 26, 7 p.m., Dakota Lodge

All days and times are subject to change. Please visit www.ken-carylranh.org for updated information.

For more information about a particular meeting or a specific committee, please call 303-979-1876 or visit www.ken-carylranh.org.

Important Reminders From Waste Connections

- Auto Dial Service:** Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. If you are interested in being notified through this service, you can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com, please click on contact tab. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.
- Delayed Trash Days:** Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pick-up day falls on a holiday or after a holiday, your collection schedule will run one day late that week.
- Recycling Notes:** Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Waste Connections will pick up individual bags or service totes/cans which homeowners have individually purchased. Recycling containers need to be clearly marked as recycling. Waste Connections has provided recycling stickers which can be placed on any purchased container. If you need a sticker please visit the Ranch House or Community Center. Single Stream Recycling means that glass, plastic, tin, and aluminum and paper products may all be placed in the same container.
- Customer Service Contact Information:** Contact Waste Connections at 303-288-2100 or www.wasteconnectionsofcolorado.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions.
- Service Problems:** If you are experiencing service problems or have a missed pickup, please call Assistant District Manager Ryan Gatewood directly at 303-520-2698.

Check Out Valuable Information On Our Website • www.ken-carylranh.org
Like us on at www.facebook.com/ken-carylranh

Ken-Caryl Ranch Master Association

Board of Directors:
Paul Camp, Chris Figge, Dennie McGarry, Dan Mullins and Valerie Walling.

MA Executive Director Chris Pacetti
chrisp@kcranch.org 303-979-1876, ext. 116
Ranch Ranger (mobile phone) 303-901-6890

Ken-Caryl Ranch Metropolitan District

Board of Directors:
Jeffrey Esbenshade, Robert Generoli, Lauri Lehan-Milano and Dennis Sykes.

District Manager Darrell Windes
darellw@kcranch.org 303-979-1876, ext. 114

Parks, Open Space, Sprinklers
(weekdays) 303-979-1876
(after hours, weekends) 303-979-1876, ext. 320
Recreation Activities, Ranch House 303-979-4070
Community Center 303-979-2233

Environmental Education 303-973-0280

To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information.

Covenant Clips

Barking Dogs

by Community Standards Administrator Julie Kearful

Recently I received a request to once again write about barking dogs. Almost every home has one or two dogs that come in all sizes and shapes. One of the things dogs do is bark. But please be a responsible dog owner by making sure that your dogs are not disturbing the peace of your neighborhood.

Some dogs bark simply to protect their territory and will only bark when a stranger approaches. Others bark out of loneliness, boredom or aggression. Often one barking dog will set off every dog in the neighborhood. If you own a dog that barks continually, it is your responsibility to find a solution to the problem.

Typically, when I receive a complaint regarding a barking dog, I will immediately, as a courtesy, send a letter to the pet owners. With this letter, I include information that has been provided to me by Jefferson County Animal Control to assist pet owners and suggest solutions. However, if the problem persists, homeowners will need to call Jefferson County Animal Control at 303-271-5070 to file a formal complaint. In my opinion, no one should have to be disturbed on a regular basis by a barking dog.

Having the companionship of a dog can be a very rewarding experience but make sure you are ready for the responsibilities before looking at puppies. Please be responsible friends to your pets and neighbors.

Please keep in mind that rules and regulations are dynamic in nature...new issues surface, new regulations are added, inappropriate ones are deleted and others simply are amended or updated. Ken-Caryl Ranch documents are available at the Ranch House and on our website at www.ken-carylranh.org so try to make certain you, too, are up-to-date. Also, don't hesitate to contact me at 303-979-1876, ext. 119 or juliek@kcranch.org should you have any covenant or architectural questions or comments. Help will be gladly offered.

Ranger Field Notes

Bears Active On Ken-Caryl Ranch

by KCRMA Open Space Ranger Matt Oven

Bears have been frequenting Ken-Caryl Ranch lately, and several residents have seen them feeding on garbage. Over the next several months, sightings will increase as black bears are fattening up for the winter.



According to Colorado Parks and Wildlife, during this period, they may be actively feeding for up to 20 hours per day and may ingest 20,000 calories daily. They may be active anytime, day or night, most often during morning and evening hours. Bears are looking for an easy meal, and if they can consume all their calories at a person's birdfeeder or garbage can, they will easily do so. All attractants can eventually lead to human/bear conflicts and Rangers are trying to minimize this issue through education.

Remember To Remove All Attractants:

- Birdfeeders (including hummingbird feeders) should be removed entirely until winter (snow on ground) when bears are not active.
- Place secured garbage cans outside for pick-up in the morning only.
- Burn food off barbecue grills and clean after each use.
- Clean garbage cans with ammonia to discourage bears and other wildlife.
- Don't leave food, trash, coolers, air fresheners or anything that smells in your vehicle.
- Lock bear-accessible doors and windows in the house, garage and car at night.
- Remove any ripened fruit that has fallen to the ground on your property.

Bears that get too comfortable around people can destroy property or even become a threat to human safety. Habituated bears must often be destroyed as relocation does not work. Please don't let bears die needlessly. Do your part to bear-proof your home and property, and help keep bears alive and wild. For more information, see the Colorado Parks and Wildlife information sheet called Bear-proofing Your Home on Page 19.

Remember, a fed bear is a dead bear!

Your Dues & Taxes At Work



Sidewalk Improvements Near Ken Caryl Ave. And South Valley Road

We are happy to announce that your Master Association has partnered with Jefferson County to make some improvements to the sidewalk that runs adjacent to the south side of Ken Caryl Ave. east of the traffic light from the intersection with South Valley Road.

The section of sidewalk that is currently at street level will be removed and replaced with a curbed sidewalk. In addition, storm inlets will be installed to better manage storm flows along this section of roadway. The raised walk will not only improve drainage but will be safer for users and should reduce winter ice buildup on the walk. The contract for the work will be managed by the County. Approximately 50 percent of the funding will be provided by the Master Association with the balance provided by the County. Work is scheduled to begin in late September, weather permitting.



Board Meeting Summary

MA Board Meeting

The following is a summary of items from the Sept. 17 business meeting of the Ken-Caryl Ranch Master Association Board:

- Two residents expressed support for action to include funds in the 2014 budget to "clean up" the pond at Brannon Gearhart Park.
- The Board received a request from a resident for help in addressing an erosion problem behind her property.
- A resident/teacher at Collegiate Academy of Colorado presented an application requesting approval for a group of 75 first and second grade students to participate in an ecosystem study in the Valley. Request was approved.
- Our insurance broker presented an update on the 2014 insurance renewal. The policies renew on Oct. 1, 2013 and rates appear to be flat. However, they have identified a carrier that has submitted a proposal for directors and officers coverage at a better rate. Our broker will review the policy carefully to be sure that it is comparable to our current policy before making a final recommendation to make a change.
- The Board received a memo from the District staff describing the very successful Valley Parkway irrigation system replacement project and resident reaction to the work. This included a thank you luncheon hosted by residents that were pleased with the outcome.
- The 2014 goal setting was discussed briefly.
- The Board and staff held an extended discussion about the 2014 budget.
- The Deer Creek Golf Course Reorganization Plan was discussed, and staff will set up a meeting with representatives of Meadow Ranch to explore common approaches in response to the plan.
- The preliminary annual trails report was

discussed. Staff will present a final report in October incorporating items discussed. Staff also presented the quarterly report on the 2013 work status.

- Staff presented a memo outlining a plan to fund construction of a hay storage facility at the Equestrian Center and received preliminary approval to proceed to collecting bids for presentation in October for consideration.
- **Manager's Report:** A written report was included in the Board package.
- **Committees:** Board member committee liaisons reported on the activities that their committees have been engaged in for the past month.
- **Motion:** A motion authorizing the Treasurer to enter into a Promissory Note Agreement with the Metropolitan District to provide temporary "cash flow" help was approved.
- **Motion:** A motion authorizing the Treasurer to enter into an agreement with James Moore and Associates to provide audit services for the years 2013, 2014 and 2015 at an annual cost of \$8,000 to include preparation of taxes was approved.

Ken-Caryl Ranch Veterans Monument Update

Continued from Page 1

This includes all National Guard and Reserve component members as well as members of the Merchant Marines during World War II.

The project was temporarily put on hold last September as a result of the KC 2020 Resident Survey being sent out. Both the Master Association and the Metropolitan District wanted to review the survey results to determine the priorities of the residents. The concept of the Veterans Monument was included in that survey to determine resident interest. During the summer of 2013, the MA and MD Boards gave permission to the Veterans Monument Committee to make plans for the design of a Veterans Monument to be constructed just north of the primary entrance to the Ranch House near the three existing flag poles.

Members of the committee sought out volunteer designs for the monument. Cimarron resident David Snelson, who is an architect, volunteered his time and created four designs for the consideration of the committee.

One design was selected and presented to the Master Association's Architectural Committee. The Architectural Committee approved the blueprints in August with the understanding that minor changes might be necessary to complete construction. The Veterans Monument design will be made available in the Ranch House for review in the very near future.

Volunteers Needed For Next Phase

With the site selection and design selection phases completed, the committee has moved to the funding phase. This phase will require the assistance of additional Veterans Monument committee members. The committee is actively soliciting and recruiting any volunteers to assist with the myriad challenges that are included in the funding phase. For additional information regarding the Veterans Monument project, committee membership or additional details, contact Byron Wicks at bdwicks16@gmail.com or Jeff Esbenshade at esbenshad@aol.com or 303-972-3968.

Visit KCR's website
www.ken-carylranh.org
for updated information.

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TILE ROOFS:
Golden Eagle # 26,28,32,35,45,47,67,70,75 & 77
Mule Deer # 3,4,6,30,31,34,39,42,43,46,47 & 48
Wren # 1,2 & 4
Goshawk # 2,3,4,6 & 7

COMPOSITE ROOFS:
Willowleaf # 16,24,26,30,70,85 & 92
Honey Locust # 22,23,25 & 27
Dawn Heath # 57,58,60 & 65
Wintercress # 2,5,6 & 11
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Life at Ken-Caryl
ISSN 0899-6318

LIFE AT KEN-CARYL is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. **OUR PURPOSE** is to bring timely information to the residents of Ken-Caryl Ranch, and to be responsive to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. *Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified.* The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE
The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of committees, directors or management, and by no means do they reflect the views of the community as a whole.

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For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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Ken-Caryl Ranch Roofing Guidelines

Excludes The North Ranch, Manor Ridge And The Enclave

Roofing material throughout Ken-Caryl Ranch varies from neighborhood to neighborhood. Replacement of a roof requires a Homeowner submittal using a Roof Replacement Form and Architectural Committee approval. The homeowner may be required to submit a sample for review. Submittals need to adhere to the criteria listed below, which allows a homeowner to select new roofing material equal to the existing roof, or to upgrade to another approved roofing material.

Standard Composition Roofing: (This roofing may ONLY be installed in Saddlewood, The Territory, The Village, and those homes in Cimarron whose original roofs were not shake shingle.)

This conventional asphalt or fiberglass roofing material is currently in use in these neighborhoods.

Three patterns that have been approved for these homes are Three Tab, T-Lock and a Laminated 2-ply (5 tab) shingle. Any upgraded product, listed below, may also be used.

THE FOLLOWING TYPES OF ROOFING MAY BE INSTALLED IN ANY NEIGHBORHOOD on Ken-Caryl Ranch (excluding the North Ranch, Manor Ridge and The Enclave, which require sub-association review).

Wood Shingles and Shakes:

Wood shingles were installed as part of the original construction in many neighborhoods and are still permitted. However, they also may be replaced by any of the roofing materials listed below.

Premium Composition Roofing:

The following heavily textured or patterned style composition shingles are approved to replace wood shake roofs:

- CertainTeed Presidential
- CertainTeed Presidential Impact Resistant
- CertainTeed Presidential TL
- CertainTeed Grand Manor
- CertainTeed Landmark TL
- CertainTeed Landmark TL IR
- GAF Grand Canyon
- GAF Grand Sequoia

- GAF Grand Sequoia Impact Resistant
- Owens Corning Woodcrest
- Owens Corning Woodmoor
- Tamko Heritage Vintage
- IKO Armourshake

Tile/Slate Roofs:

Both tile and natural slate may be installed. Tile roofs are commonly constructed with clay tiles, concrete tiles, or a composite of concrete and fiber.

Stone-Coated Steel Roofs:

Tile and Shake Styles are permitted.

Roofing systems not approved include hardboard shingles and rolled roofing. The final decision for permitting changes to existing roof materials, style and color will be made by the Architectural Committee on an individual basis, following the standard procedure for submittal and review.

From The Sheriff's Office

Phone Scammer Pretends To Be Part Of The Sheriff's Office

Victims Are Told They Missed Jury Duty And Must Pay Up Or Go To Jail

On Sept. 2 and 3, the Jefferson County Sheriff's Office received more than 10 reports from citizens who received phone calls from a man pretending to be with the Sheriff's Office. The man introduced himself as "Maj. Tom Wilson," and told the victims that they had missed jury duty and were going to be arrested.

The suspect told the victims they could avoid going to jail if they would go to Wal-Mart or Walgreens and buy \$500 "Green Dot MoneyPak" cards. The cards would supposedly cover the fines for failing to appear for jury duty. The suspect instructed the victim to buy the cards, scratch off the numbers on

the back, and provide those numbers to the suspect. Anyone the cardholder shares the number with, has instant access to the cash.

Green Dot MoneyPak cards are reloadable debit cards, commonly available, which can be used to pay phone, cable or credit card bills. They're typically for people who don't have bank accounts. Scammers like them because they're more convenient than a money wire, but just as untraceable. The cards are not linked to bank accounts — the money is on the card.

One of the victims, an at-risk adult, followed the instructions and actually provided the card numbers to the suspect. The Sheriff's Office will never call a citizen and ask for payment of any kind.

If you received a call similar to this and have yet to report it, you are encouraged to do so by calling 303-277-0211. If you have information about these crimes, you are asked to call the Sheriff's Office tip line at 303-271-5612.

Town Hall Meetings On Affordable Care Act

Submitted by Congresswoman Diana DeGette

On Oct. 1, the health insurance marketplaces for the Affordable Care Act (ACA) will go into effect, helping to bring access to quality, affordable health care for Americans. Here in Colorado, our state's new online health marketplace, Connect for Health Colorado, will enable individuals and small businesses to shop for, compare and purchase health insurance that meets their needs. As we approach that rollout, I, Congresswoman Diana DeGette, look forward to working with the people of the 1st Congressional District to help them take advantage of the benefits in the ACA.

I believe it is critically important that the public has all the resources they need in order to learn about the options available to them and that they have the ability to get their questions answered. Therefore I am hosting a series of town halls throughout Denver to discuss how to make it work for individuals, families, or businesses, and to provide important updates. I have also asked several organizations to participate in order to provide critical information. Panelists will include representatives from Connect for Health Colorado, the U.S. Department of Health and Human Services, and the Small Business Majority.

In addition, Health Guides will be available after each panel to answer questions and walk attendees through the process of signing up for an insurance plan through the Marketplace. While the public will not be able to sign up for an insurance plan at these town hall meetings, they will have the opportunity to have all their questions answered in preparation for doing so.

Please join me at one of the town hall meetings listed below to learn more about the Affordable Care Act, the new health insurance marketplaces, and how they can benefit from the new law to access coverage. The two remaining town halls will be as follows:

Thursday, Sept. 26 • 12 p.m.
McNichols Civic Center Building
144 West Colfax Ave.
Denver, CO 80203

Note: This will have a Small Business Focus.

Thursday, Sept. 26 • 6 p.m.
Barnum Recreation Center
360 Hooker St.
Denver, CO 80219

Note: Spanish Translation offered.

Space is limited so we ask that attendees RSVP by emailing DeGette.RSVP@mail.house.gov or calling 303-844-4988. When you RSVP please specify what event you will be attending. Please note seating will be limited and available on first come, first served basis.

KEN-CARYL RANCH REPLACEMENT WINDOWS



BEFORE



AFTER

COMPLETE REPLACEMENT AND 3-YEAR PHASED PROGRAMS AVAILABLE

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Sunflowers Abound At The Community Garden

Submitted by Harriet Camp, North Ranch
If you have visited the Community Garden this summer you would have noticed the solitary giant sunflower located near the rear of the garden. While there are many sunflowers in full bloom in the garden, this one towers several feet above all the others.

Connie Schultz is the gardener responsible for this particular sunflower. She original-

ly nurtured the plant believing that it was a volunteer squash from last season. However, as it quickly grew to new heights, she realized it was not a squash but a sunflower. Indeed it kept growing and growing and growing, eventually reaching a height of more than 10-foot tall!

Unfortunately, 10 feet is not a record height according to the Guinness Book of

World Records. The record-setting sunflower was grown in Germany in 2012 and measured 27 feet tall! However, it is the record setter for the Ken-Caryl Community Garden. Congratulations, Connie! Maybe with the seeds from your record-setting sunflower you will achieve even greater heights next year.

Are you interested in gardening? Plots are still available for next year's Community Gar-

den. We invite you to join the community of gardeners on Ken-Caryl Ranch by registering for a Community Garden plot for the 2014 season. The Community Garden is located in the Valley next to the Community Center. Register online for course No. 26293 for a large plot or No. 26294 for a small plot. If you've never registered for a class online, first call 303-979-4070 and set up your Family PIN and Client Barcodes.



Connie Schultz and her son Joey are proud of the 10-foot sunflower in their Community Garden plot.

Sign Up For The Ken-Caryl Ranch e-News

Don't forget to sign up for the *Ken-Caryl Ranch e-News*. This weekly newsletter is distributed every Monday via email to all residents who subscribe. It has short articles and reminders about important news and happenings on the Ranch. To sign up for the e-News, go to www.ken-carylranh.org and click on Email Subscriptions under Community & News or send an email to victoriad@kcranch.org.

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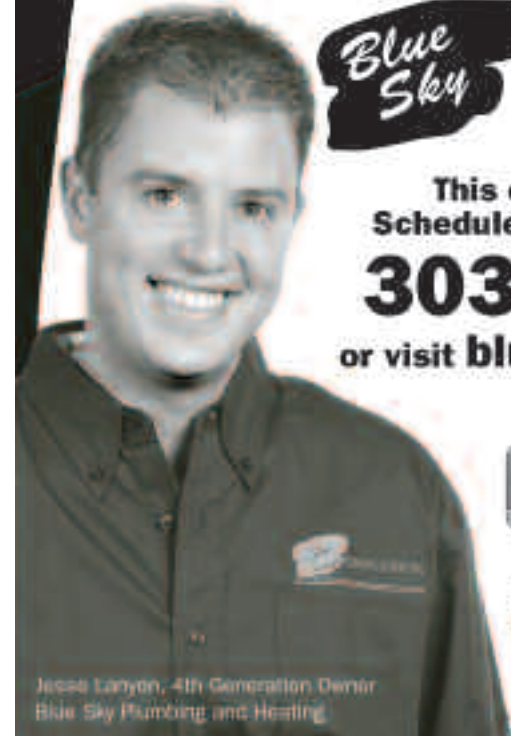
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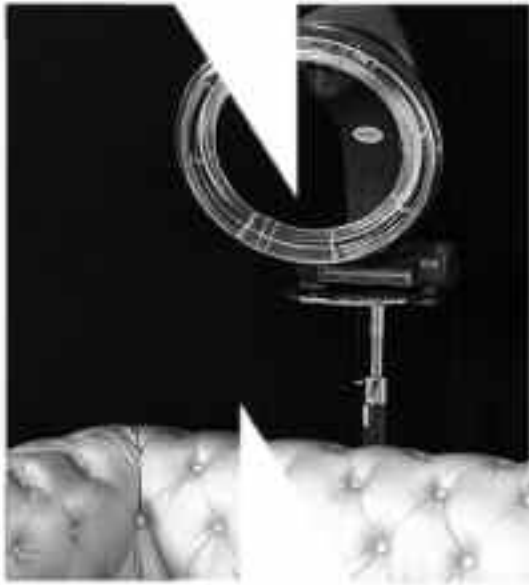
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The Great Pumpkin Haul

Grab a pumpkin and get ready to run two miles through Chatfield Botanic Gardens for the Great Pumpkin Haul on Saturday, Oct. 26 at 9:30 a.m.

The Great Pumpkin Haul

Submitted by Lauren Jones

The Great Pumpkin Haul will take place Saturday, Oct. 26 at 9:30 a.m. at Chatfield Botanic Gardens. It is a two-mile jaunt through forests, open fields, over creeks, hay bales and through the scenic Chatfield Botanic Gardens. There is a catch: you will be covering these two miles carrying your very own personal pumpkin!

That's right. Before the Haul, you will have a chance to go pick out your very own pumpkin from Chatfield's Pumpkin Patch (the pumpkin is included with entry). Organizers will weigh it and mark it, and you will be ready to go! Only the best pumpkin haulers will finish without dropping their pumpkin, and for the love of fall, don't pick one that

is too light. You need the biggest orange orb you can find!

If you just aren't feeling quite up to the task of carrying a 10-20 pound pumpkin for two miles of crazy fun, then grab a friend and form a team where you can share the load. There will also be mini pumpkins for the kiddos to haul, too. The event benefits Colorado children's charities.

After the Great Pumpkin Haul, enjoy hot apple cider, seasonal brews from local Colorado breweries, music and discounted tickets to the corn maze, but don't get lost! Register on a team of two or more and save \$5 each on registration. Sign up now and save an additional \$5 with the code TOUGH PUMPKIN at www.thegreatpumpkinhaul.com.

Opting Out Of Dues Coupon Books

It is time to begin the process of ordering Master Association dues coupon books for 2014. If you pay your dues in one annual payment, online or with recurring payments, you may be interested in opting out of receiving a dues coupon book. Please complete the Opt-Out Form below to stop receiving future dues coupon books. If you have recurring payments through your bank, you still need to fill out the form to discontinue receiving future coupon books. You can scan and email the completed form to Annette Chavez at annettec@kcranch.org, drop it off at the Ranch House, fax it to 303-972-1272 or mail to 7676 S. Continental Divide Road, Littleton, CO 80127.

NOTICE TO DISCONTINUE RECEIPT OF DUES COUPON BOOKS

Please do not send a KCRMA dues coupon book for the property listed below until further notice. I have made arrangements to pay my dues using an alternative method (e.g., annual payment in full, e-checks, credit cards or bill pay) and will not be using the coupons. I understand that I will need to contact Ken-Caryl Ranch in writing to receive a dues coupon book in the future. *Note: If you own more than one property, a separate form is required for each.*

PROPERTY ADDRESS: _____

OWNER'S NAME (PRINTED): _____

OWNER'S SIGNATURE: _____

DATE: _____

PHONE: _____ EMAIL: _____

You can scan and email the completed form to Annette Chavez at annettec@kcranch.org, drop it off at the Ranch House, fax it to 303-972-1272 or mail to 7676 S. Continental Divide Road, Littleton, CO 80127.

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Community Corner

Ken-Caryl Property Happenings

It's been a very busy summer in Ken-Caryl!

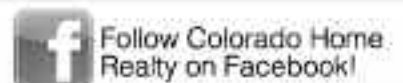
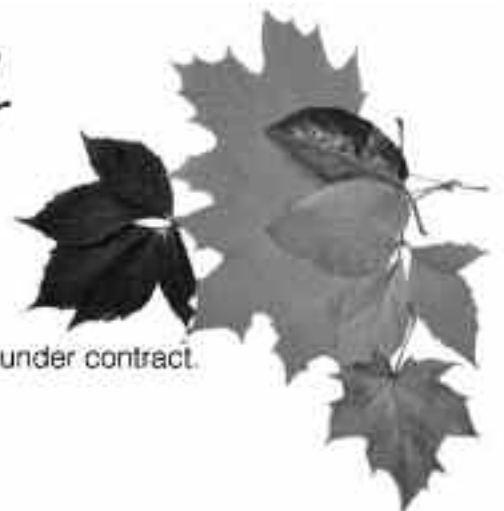
As of 9/16/13

Currently 76 homes are on the market, and 25 of those are under contract.

75 homes have sold since 5/16/13

- 43 is the average days on market
- \$203 is the average price per square foot
- \$522,567 is the average price for solds

These are average numbers. If you would like an assessment of your property, please call your CHR agent!





This red rock formation is located in Bradford Park in the North Ranch.

Ken-Caryl Ranch Archaeology Video Online

As you roam around the red rock formations on Ken-Caryl Ranch, have you wondered about life in this area thousands of years ago? The Ken-Caryl Ranch Historical Society has produced a short video describing some archaeological sites and prehistoric life in our community. Jack Warner, a member of the Colorado Archaeological Society and also a resident of Ken-Caryl Ranch, provided the information and many of the pictures used in the production. If you enjoyed Jack's two presentations called the Prehistoric Archaeology of Ken-Caryl Ranch at the Ranch House in December 2012 or in July 2013, you will appreciate the vast expertise that Jack shares

in the video. It may be found at <http://ken-caryl-ranch.org/community-news/history-of-ken-caryl-ranch/>.

West Metro Family Fire Muster

West Metro Fire Rescue is having its free annual Family Fire Muster on Saturday, Sept. 28 from 10 a.m. to 2 p.m. at their Training Center, 3535 South Kipling St. in Lakewood.

Kids of all ages will enjoy participating in fun activities like the Junior Firefighter Challenge, Teddy Bear Clinic, Bike Rodeo and inflatable slides. Adults and kids get to tour Fire Station No. 10 and West Metro's Training Center to see how firefighters prepare for emergencies and what it's like to live the dream of being a firefighter! Families will learn what to do to prepare for their own emergencies: have a Family Escape Plan, how to call 9-1-1 and how to create their own safety profile online. Firefighters will demonstrate their response to a residential fire and show how important it is to practice

your own family fire drill at your home.

Please join West Metro at the Muster and meet the event sponsors — St. Anthony Hospital, Foothills Credit Union, Firehouse Subs, Professional Restoration, Radio Disney, T. Charles Wilson Insurance, Whole Foods, Ala-



meda Gateway Community Association, Village Roaster, Fast Signs and Clif Bar. You'll also get to meet folks from other health and safety agencies who will be there sharing information and goodies. Free stuffed animals to the first 1,000 children who visit the Teddy Bear Clinic.

No pets allowed. Parking and shuttle service at D'Evelyn Junior/Senior High School. Plan on buying lunch from Firehouse Subs while you're at the event and you'll support the event while enjoying a delicious sandwich!

League Of Women Voters To Co-Sponsor School Board Candidate Forum

Submitted by Ellen Stiner, Jeffco League of Women Voters

The Jeffco League of Women Voters and the Jeffco PTA are co-sponsoring a public forum for Jefferson County Board of Education candidates in south unincorporated Jefferson County on Tuesday, Oct. 8. Three of five directors are not seeking re-election, including Laura Boggs, Robin Johnson (who resigned and moved away) and Paula Noonan.

Six candidates, two from each of the three districts with vacancies, filed their candidacy papers by the deadline, including Tonya Aultman-Bettridge and Julie Williams in District 1; Jeff LaMontagne and John Newkirk in District 2; and Ken Witt and Gordon (Spud) Van de Water in District 5. However, voters elect candidates at large, not just from their own district. All six candidates have been invited to participate in the forum, which will be held from 7 to 9 p.m. at Summit Ridge Middle School, 11809 W. Coal Mine Ave. (Coal Mine and Simms), Littleton, CO 80127.

The forum will include time for candidate remarks, followed by questions and answers. If time permits, candidates will be available to meet with audience members after the forum conclusion. Call Annette at 303-972-2780 for more information.

The League of Women Voters is a non-partisan political organization. The LWV neither supports nor opposes candidates from any party. The League's mission is to promote informed and active participation in government and to influence public policy through education and advocacy after consideration by its members. For more information about the Jeffco LWV, visit www.lwvjefco.org.

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"Dave & Diana Harder are the resident experts of property values in Ken-Caryl Valley. They have lived there for over a decade, raised their family and have been active participants in the community. They will represent your property with the highest level of trust and integrity."

— Dave Polei
(Seller Valley at Ken-Caryl)

"David and Diana Harder are a great team. Each have years of experience, integrity, professionalism, enthusiasm and proven record of success. Each is, individually, in the upper 1% of all real estate brokers as measured by actual sales production, together they make an incredible combination. I would recommend David and Diana to anyone who is seeking assistance in buying or selling a home."

— Former U.S. Senator William L. Armstrong

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David and Diana Harder

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Ken-Caryl Ranch Preschool Off To A Great Start

The Ken-Caryl Ranch Preschool started the 2013-14 school year in August, and the kids are already in full swing! All of our preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow. Our state-licensed preschool classes are held at the Community Center and offer half-day, extended day and full-time childcare options. For more information about our Preschool Program, contact Sarah Gagne at 303-979-2233, ext. 206, or sarahg@kcranch.org.



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Ken-Caryl Ranch Metropolitan District RECREATION ACTIVITIES

For Your Information

How To Register For Classes & Events

- **Online:** Go to ken-carylranh.org and click on Registration under Programs & Activities.
- **Phone-In:** Ranch House 303-979-4070, Community Center 303-979-2233
- **Mail-In:** Download a registration form at ken-carylranh.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD,

7676 S. Continental Divide Rd., Littleton, CO 80127.

- **Fax-In:** Ranch House 303-979-5347, Community Center 303-979-6501
- **Walk-In:** Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express and Discover accepted. Check and cash accepted for walk-in and mail-in.

Recreation Office Hours

Ranch House Recreation Office

(303-979-4070)

Effective Aug. 28, 2013

Monday - Friday • 8 a.m. - 6 p.m.

Saturday • Closed

Sunday • Closed

Community Center

(303-979-2233)

Effective Sept. 3, 2013

Monday - Thursday • 5:30 a.m. - 10 p.m.

Friday • 5:30 a.m. - 7 p.m.

Saturday • 8 a.m. - 7 p.m.

Sunday • 8 a.m. - 8 p.m.

Attention Patrons

Finger scanner or ID cards are required for admittance to use the Community Center and Ranch House fitness areas or you will be required to pay the drop-in rate. No exceptions.

Finger Scan

Utilizing our finger scan stations or presenting a 2013 KCRMD valid ID is required for anyone age 3 or older. Those seeking resident discounts must show proof of residency within the Metro District boundaries. To receive or renew you must present one of the following: a valid Colorado Driver's License, Warranty Deed, Colorado ID, or Property Tax Statement which must have the applicant's name and valid KCRMD address. If you have questions regarding residency and/or ID cards, call the Ranch House for assistance at 303-979-4070.

Nursery Hours

Effective Tuesday, Sept. 3, 2013

Community Center

Monday through Friday • 8 a.m. - 3 p.m.

Hours may vary according to reservations.

Visit www.ken-carylranh.org for updated information.

Preschool Programs

Preschool Programs

The Ken-Caryl Ranch Preschool offers a licensed preschool program and full-time child care. Our state-licensed preschool programs promote learning in a fun, hands-on environment! We focus on peer socialization, self-regulation, and respect for all people and living things. Developmentally appropriate curriculum helps create confident, inquisitive learners, and nurturing staff provide a fun and caring place for your child to develop and grow.

Options: Our state-licensed program offers half-day, extended day, and full-time child care.

Location: Community Center

Little Learners

Little Learners develop social skills through creative expression, dramatic play, sensory activities, art, stories and much more. Our play-based program gives children the opportunity to grow physically, cognitively and emotionally as they explore their surroundings.

Ages: 2-1/2 - 4 years

(must be toilet trained)

Times: 9 a.m. - 12 p.m.

Explorers

Explorers will spend their days engaged in both work and play, further developing

\$

Ken-Caryl Ranch REFUND POLICY

Requests for refunds must be made **48 hours** before the first session of the scheduled program at the Ranch House, Community Center. This includes any Ranger programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is cancelled by the Ken-Caryl Ranch Metropolitan District.

\$

basic social and academic skill sets. With a larger focus on early literacy, math and science concepts, we will help prepare your Explorer for their exciting journey into kindergarten.

Ages: 4 - 5 years

Times: 9 a.m. - 3 p.m.

Before & After And Full-Time Child Care

Before and after-school care and full-time child care are now available for children ages 2 1/2 to 5 years, along with full day care on designated holidays and school breaks. You may choose to add either or both of these services to your preschool schedule on a monthly basis. Once your child is registered, you will receive an electronic monthly calendar to mark the days you will need care. As long as your calendar is received by designated due dates then you are guaranteed the care you need. You may also call ahead each day for drop-in care as a supplement to your calendar (if space is available.) Please call for schedule and rate inquiries.

For more information on our Preschool and Early Childhood Programs, contact Sarah Gagne at 303-979-2233, ext. 206, or sarahg@kcranch.org.

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Specialty Classes

Fall Family Flu Shot Clinic

The Colorado Flu Shot Company will be providing family flu immunization clinics. The flu vaccination is now recommended by the Centers for Disease Control and the American Academy of Pediatrics for anyone 6 months of age and older who would like to increase their chances of a flu free fall/winter season.

The CDC in 2006 has changed the age range of high-risk children to include all children 5 years and under, and their caregivers. This is because younger children are most at risk for secondary infections (pneumonia, bronchitis, ear infections), and complications from the virus result in more childhood hospitalizations than any other vaccine-preventable disease. Others at higher risk include: anyone with asthma, heart disease, kidney disease, nursing or pregnant mothers, and cancer patients. School age children/students are also the most common source of spreading the virus.

COST:

Intra-nasal Flu Vaccine \$31
(for ages 2 to 49 years without chronic diseases)
Flu shot \$31
(for ages 6 months to adult)
Pneumonia \$75
Tetanus/Pertussis \$55
Travel Vaccinations by appointment.

Dates: Sunday, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3, 10, 17.

Time: 1 to 4 p.m.

Location: Community Center

Cash or checks payable to the Colorado Flu Shot Company accepted; receipts available. Parental consent is required for children under 18 years of age and consent forms are available by fax. Vaccinations will be provided by a Pediatric RN.

The Colorado Flu Shot Company also carries Pneumonia, Tetanus/Pertussis, travel vaccinations, along with Hepatitis A & B, and the new vaccines against Shingles, Meningitis, and HPV (Cervical Cancer). An appointment is not needed for a flu shot. If you would like to get one of the additional vaccines please call the Colorado Flu Shot Company at 303-932-8989 or fax 303-932-0004.

www.coloradoflushotcompany.com

Puppy Preschool & Basic Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. Laurel and Dawn's dog training business is called Canine Frontier Training and Performance, LLC.

PUPPY PRESCHOOL CLASSES

Puppies under six months old. Must have had two rounds of vaccinations. Basic commands, socialization, general puppy behavior tips and tricks.

Days and Time: Tuesdays at 6:30 p.m.

Fees: Res. \$130, Non-Res. \$155

BASIC DOG OBEDIENCE CLASSES

For dogs over six months old. Basic commands plus home manners, focus work, tricks.

Days and Time: Tuesdays at 7:30 p.m.

Fees: Res. \$110, Non-Res. \$130

Puppy Preschool and Basic Dog Obedience Classes are held at the Dakota Lodge on the grounds of the Ken-Caryl Equestrian Center. Classes are for six weeks, and then we start a new series.

Questions or to register, please contact Laurel Landsman at 720-233-3461 or caninefrontier@gmail.com. Please visit Canine Frontier's website at: <http://caninefrontiertraining.com> or our Facebook page www.facebook.com/caninefrontier for more information.

Story Time At The Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.

Ages: All ages

Dates: Fridays through Nov. 22

Time: 10:15 a.m.

Location: Ranch House Dance Room

Fees: FREE!

Fitness & Yoga Schedule • Sept. 3 - Dec. 20, 2013

Classes in ALL CAPS are appropriate for beginners. BARR class requires additional fee.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7 a.m.	Interval Challenge Carla		Muscle Plus Kerry		Cardio Sport Nikki		
7:15-8:10 a.m.	MAT PILATES Carla		TONE IT UP Carla		TONE IT UP! Kerry		
7:45-9 a.m.		Power Pump Theresa		Power Pump Theresa			
8:15-9:10 a.m.	Step & Sculpt Theresa		Interval Challenge Theresa	HATHA YOGA Kari 8-9:15 a.m.	Interval Challenge Theresa		
8:30-9:30 a.m.						Step & Sculpt Instructors Vary	
9-10 a.m.							Step & Pump Chelsea
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30 a.m.	MAT PILATES Lisa HATHA YOGA Petra	Power Pump Janet	Interval Challenge Janet BARR CLASS At RH Fee Required	FAB Friday AM Bootcamp Lisa		
9:30-10:45 a.m.	Hatha Yoga Leslie		Power Yoga Petra	Pilates Fusion Jeri/Lauren Yoga Room 9:30-10:30 a.m.	Yoga Petra 1 st , 3 rd , 5 th : Power 2 nd & 4 th : Hatha	ZUMBA Renate 9:40-10:40 a.m.	
10:35-11:35 a.m.	ZUMBA Elaine	Interval Challenge Janet 10:15-11:15 a.m.	ZUMBA Janet				
4:30-5:30 p.m.		Afterwork Fitness Challenge Kerry		Afterwork Fitness Challenge Kerry			
5:15-6:15 p.m.	Hatha Flow Petra						
Evening Classes	MUSCLE SCULPT Kim • Yoga Room 6:15-7:15 p.m. MAT PILATES Lori 6:30-7:30 p.m.	ZUMBA Stacia 6:15-7:15 p.m.	MUSCLE SCULPT Kim 6:15-7:15 p.m.	MAT PILATES Lori 6:30-7:30 p.m. ZUMBA 6:30-7:30 p.m. Renate			

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Classes are held at the Ranch House AV room. Payment is due at the time of registration.

Time: 9 a.m. - 3 p.m.

Fee: Res: \$50, Non-Res: \$65

Date: Nov. 9 Course #25971

Fitness & Wellness

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 3:30 - 5 p.m. at the Community Center. Youth between 12 - 18 years of age must be certified by our personal trainers in order to use

the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course, no walk-ins will be accepted. There is a class minimum of two participants, and a maximum of eight. If the minimum is not met, class will be postponed until the next session.

Fees: Res: \$20, Non-Res: \$23

Date:

Oct. 14

Nov. 11

Course #26261

Course #26262

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Environmental Education

Adult Nature Hikes

Hiking and learning the trails of Ken-Caryl Ranch is the focus, but we can stop to look at flowers, wildlife, geology and historical sites along the way.
Fee: Res: \$5, Non-Res: \$8 **Key:** E = easy; M = moderate; S = strenuous

Date	Time	Meeting Area	Adventure	Level
Friday, Oct. 11	9 a.m.-1 p.m.	Dakota Lodge	Manor House / Tin Cup	M
Friday, Nov. 15	9 a.m.-1 p.m.	Bradford Park Parking Lot	Bradford / Little John's Chimney	M

Ranger Adult/Family Programs

Programs are appropriate for adults and children ages 3 and above unless otherwise noted.
Minimum class size is 5 participants.

Halloween Haunted Trail

Hike along a nature trail where you will meet some un-scary critters we often associate with Halloween. Find out some of the myths and truths about these night creatures. End at the Bradford amphitheater for hot chocolate and marshmallow roasting by the bonfire (fire conditions permitting). For families with children ages 3-10. Class meets at the Bradford Park parking lot. Tours will start every 5 minutes so you can arrive anytime

Pre-registration is required for all programs. Call 303-979-4070, 303-979-2233 or online at www.ken-carylranh.org.

Fee: Adult - Res: \$5, Non-Res: \$8
Youth - (3-18) Res: \$4, Non-Res: \$5
Family - (up to 4 people) Res: \$15, Non-Res: \$20

between 5:30 and 7:45 p.m.

Date: Friday, Oct. 25
Course #27621

Time: 5:30 p.m. - 8 p.m.

Fee: Adult - Res: \$5, Non-Res: \$8
Youth - (3-18) Res: \$4, Non-Res: \$5
Family - (up to 4 people) Res: \$15, Non-Res: \$20

Location: Dakota Lodge

Junior Naturalist Fall Programs

Programs are very hands-on, allowing participants to use all five senses to explore the wonders of nature. A different theme will be explored each month and may include hikes, experiments and other fun activities.

September/October - Animal Defense & Wild Neighbors

Did you know that rabbits play freeze tag and pronghorns usually win the race? What about all those animals that use their coloring to help them hide? Did you know that a mother deer licks the fawn clean so it has no smell? Come find out some of the amazing ways animals protect themselves. Many animals and plants help each other out just like neighbors that live next to you. Discover the secret bonds between bees and flowers and squirrels and trees. Come find out what kinds of animals and plants are neighbors in their wild neighborhoods.

Dakota Lodge Junior Naturalist

Ages: 5 - 10 years old
Dates: Thursdays, Sept. 5 - 26, Oct. 3 - 24
Time: 3:45 - 5:45 p.m.
Fee: Res: \$90, Non-Res \$110
Location: Dakota Lodge
Course #26980
Class Size: Min. 5, Max. 20

Fall Environmental Education Programs

Tot Discovery Time: Ages 2-1/2 To 3 Years Old

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, and participate in hand-on science experiments and use imagination and creativity. Light snacks will be included and are often integrated into the topic of the class.

Age: 2-1/2 to 3 years old
(Must be toilet trained)
Group Size: Minimum 5, Maximum 15

(with 2 teachers)
Location: Dakota Lodge
Times: 9:30 a.m. - 12 p.m.

September/October - Animal Defense & Wild Neighbors

Did you know that rabbits play freeze tag and pronghorns usually win the race? What about all those animals that use their coloring to help them hide? Did you know that a mother deer licks the fawn clean so it has no smell? Come find out some of the amazing ways animals protect themselves. Many animals and plants help each other out just like neighbors that live next to you. Discover the secret bonds between bees and flowers and squirrels and trees. Come find out what kinds of animals and plants are neighbors in their wild neighborhoods.

Session 1: Course #26973
Dates: Monday, Sept. 9 - Oct. 28
Fee: 1-Day (Monday)
Res: \$100, Non-Res: \$110

KC Kids Nature Camp: Ages 4 - 5 Years

Each month explore a new topic in natural history and science. We'll touch specimens, hike in the outdoors, and participate in hand-on science experiments and use imagination and creativity. Light snacks will be included and are often integrated into the topic of the class.

Age: 4 - 5 years old
Group Size: Minimum 5, Maximum 15
(with 2 teachers)

Location: Dakota Lodge
Times: 9:15 - 11:45 a.m. (Thursday)
1 - 3 p.m. (Wednesday)

September/October - Animal Defense & Wild Neighbors

Did you know that rabbits play freeze tag and pronghorns usually win the race? What about all those animals that use their coloring to help them hide? Did you know that a mother deer licks the fawn clean so it has no smell? Come find out some of the amazing ways animals protect themselves. Many animals and plants help each other out just like neighbors that live next to you. Discover the secret bonds between bees and flowers and squirrels and trees. Come find out what kinds of animals and plants are neighbors in their wild neighborhoods.

Thursday Morning Session: Course #26976

Dates: Sept. 5 - Oct. 24
Fee: 1-Day (Thursday)
Res: \$100, Non-Res: \$110

Wednesday Afternoon Session: Course #26979

Dates: Sept. 4 - Oct. 23
Fee: 1-Day (Wednesday)
Res: \$90, Non-Res: \$110



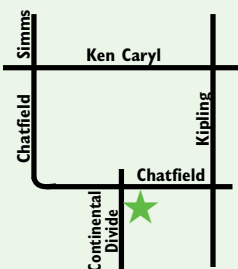
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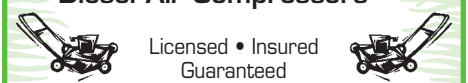


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Sports And Athletics



Fall Fencing Classes

These classes will be taught by instructors from Fencing Academy of Denver. Owner Tom Strzalkowski was a member of the 1996 U.S. Olympic fencing team. In 1994 and 1995, he competed on the World Championship teams and was a member of the gold medal team at the Pan-American Games. He is a 1995 graduate of Penn State, at which he was the team captain in 1993 and 1994. He is a three-time NCAA champion and a four-time All-American.

Youth Beginner Classes

Ages: 8 - 16
Dates: Thursdays, Sept. 12 - Dec. 5
Time: 5:30 - 6:15 p.m.
Course #27048
Fee: Res: \$180, Non-Res: \$210 (12 weeks)
Location: Ranch House Recreation Office
Min: 8, **Max:** 20

Please call 303-979-4070 to register or contact Instructor Tom Strzalkowski for additional questions at 720-334-3578.

Visit www.ken-caryl ranch.org

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Special Programs

Red Hat Divas

The monthly meeting schedule is as follows:

- Sept. 24** — Red Hat meeting
 10:30 a.m. - 12:30 p.m.
 (Ranch House Adult Lounge)
- Oct. 22** — Red Hat meeting
 10:30 a.m. - 12:30 p.m.
 (Ranch House Adult Lounge)
- Nov. 26** — Red Hat meeting
 10:30 a.m. - 12:30 p.m.
 (Ranch House Adult Lounge)

If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

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New Listing coming in the North Ranch under \$700,000.

Give Beth a call at 303-564-3453 for details.



**SOLD! Deer Creek
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**SOLD! North Ranch
 5 Blue Grouse Ridge**



**SOLD! Legacy
 6 Summit Ash**



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Tennis News

Outdoor Court Reservations

Outdoor tennis court reservations are now being taken at the Ranch House and Community Center. Reservations may be made up to three days in advance by calling the facility.

Need An Elegant/Casual Site For Your Party, Wedding Or Corporate Seminar?

Meeting and party space in the Ken-Caryl Ranch House may be reserved! For fee and reservation information, please call Terry or Mary Lou at 303-979-1876.

Next Session Of Lessons

Oct. 21 - Dec. 20
Lottery Deadline: Oct. 13

Cardio Tennis At The Community Center

Cardio is a fast, fun, fitness workout that includes quick tennis rotations and running.

Please observe levels:

\$10/\$13
Wednesdays 9:30-10:30 a.m. 3.5- John
Fridays 8-9 a.m. 3.5+ John/TBA
Saturdays 8-9 a.m. 3.5+ Chris

Register the night prior by calling 303-979-2233 after 5 p.m.

Dance Classes

Denver Region Dance Academy

At Denver Region Dance Academy our emphasis is on confidence. We provide four building blocks for a confident dancer: dance skills, musicality, appropriate peer/teacher relations and a studio environment for performances. Each class is designed to incorporate these four aspects for building confidence in your child. Denver Regional Dance Academy is a non-competitive studio believing that performances in front of friendly supportive audiences build self-esteem.

CLASS DESCRIPTIONS

Ballet & Tap I • Beginning

This class is for 3- to 5-year-old beginning ballerinas. Does your little girl tip-toe across the floor, love princess everything and always want to wear pink and purple? Then this class is for her! Dancers learn classical ballet skills while dancing to their favorite princess music. Together with the tap skills they learn, dancers will put the moves into routines to perform them for family and friends.

Hip-Hop • Beginning

Come join this fun, high-energy beginning dance class. Learn dance moves and routines to Taylor Swift, Stereo Hearts and TV shows like "Shake It Up," "Glee" and more. Perform for your family and friends and make it a dance party every week!

Fall Dance Classes Began Sept. 10 and Sept. 17

Session 1: Sept. 10 - Oct. 22

Location: Ranch House and Community Center

Fees: Res. \$73.50, Non-Res. \$91 (7-week session); Res. \$63, Non-Res. \$78 (6-week session)

Course #	Day	Ages	Class Description	Time	Location
27541	Tuesday	3-5	Beg/Inter Ballet & Tap	5 - 5:45 p.m.	RH
<i>(Class began Sept. 10)</i>					
27543	Tuesday	6-11	Beg. Hip Hop	5:45 - 6:30 p.m.	RH
<i>(Class began Sept. 17)</i>					

Drop-ins for new students available. Class fee will be prorated.

Questions? Call Mikki Wright at 303-733-7982.

To register, call the Ranch House at 303-979-4070 or online at www.ken-carylranh.org.

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Nature News

Experts Say Fewer Children Playing Outdoors Is A Problem by Environmental Education Specialist Ernie Stone



Traditionally, children have spent large chunks of time tromping through the woods exploring creeks, climbing trees, building forts and making important connections with nature. In the last few decades that time has greatly diminished as children spend more time watching TV and playing video games.

Richard Louv, author of "Last Child in the Woods: Saving our Children From Nature Deficit Disorder," argues that American children have lost their connection to the natural world. The result, he says, is an epidemic of obesity, learning disabilities and depression that could be remedied if kids just got outside more.

Exposing kids to nature can, among other things, reduce childhood obesity and attention deficit disorder, and nurture creativity and confidence, giving them better health and well-being. In his book, Louv cites research, including a 2003 Cornell University study that found children whose rooms had a view of nature suffered less stress.

There are several reasons for the decrease

in contact with the natural world. First, in many areas of the nation, few homes have real nature in their back yards. Manicured lawns don't count. Here at Ken-Caryl Ranch there are many opportunities to get kids into nature with more than 4,800 acres of Open Space and 25 miles of trails plus easy access to the Jefferson County Open Space Parks.

Second, land is decreasing at an alarming rate. Every hour, 100 acres of rainforest are destroyed. Less than 10 percent of our native grasslands and less than 50 percent of our wetlands remain.

Third, more children are involved in organized sports and other activities after school and during the summer. Not that this is bad, but they do not provide the same kind of benefits that nature can provide.

The fourth reason is that we have a lot more gadgets available today. Before air-conditioned homes, to escape the summer heat in the house, kids went outside. Computers, video games and iPods didn't exist. There was TV, but only a few stations to watch and not that much that was interesting for children.

Fear is another reason children do not get outdoors. Parents are afraid to allow their children to wander around on their own so they keep them close where they can keep an eye on them.

The last reason is time. It is hard to find the time in our hectic lifestyles to stop and smell the roses, but it would be better for your children's health if you cut back on some of the other extra activities that they are involved in so they can take time to not only smell but feel and maybe even tear apart those roses.

The Ken-Caryl Ranch Environmental Education programs are designed to get kids and adults in touch with nature. Fall programs are in full swing but there are several spots remaining. Check out the offerings in the recreation section of this paper on Page 14 or at www.ken-carylranh.org.

Kids' Corner

Nature Hunt

Is Ken-Caryl Ranch a wildlife jungle? Go wild! Go hunting! Look up, down, around, under or inside. Wildlife is everywhere!

See if you can find these things:

- A seed with wings. Can it fly?
- A crawly creature with more than 10 legs. How many?
- A print in a sidewalk. Who walked there?
- A feather. What kind of a bird is it from?
- A spotted beetle. Where does it live?
- An animal picture or statue. What kind of animal is it?
- An animal home made of mud. What kind of animal lives there?
- A picture of our national bird. Where did you find it?
- Something worms would eat. What is it?
- A sow bug (roly-poly). Where was it?

Chatfield Ave. Improvement Project Update

Continued from Page 1

Shaffer Drive will not be allowed. Traffic will have to use Shaffer Parkway or Shaffer Place as alternate routes.

The Chatfield Ave. improvement project includes adding a free-flowing eastbound right-turn lane and second eastbound through lane at the Chatfield and Kipling intersection. The existing drainage problems at the northwest corner of the Chatfield and Kipling intersection will also be addressed and fixed.

At the Chatfield/Cochetopa Pass/Shaffer Place intersection, the existing dips on the east and west legs will be modified to provide for a smoother ride. Changes will improve the safety of the existing pedestrian median crossing to the trail path between Ken Caryl Ave. and the Chatfield/Cochetopa Pass/Shaffer Place intersection. An eight-foot wide concrete sidewalk has been added to the project on the east and north sides of Chatfield from Ken Caryl to Kipling.

For more information on the project, see the Jeffco Transportation and Engineering website at <http://jeffco.us/transportation-and-engineering/projects/>.

Ken-Caryl Ranch will be sharing timely updates on the project in our weekly email newsletter, the Ken-Caryl Ranch e-News. If you haven't signed up for the e-News, go to www.ken-carylranh.org or contact Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.

Birthday Parties At The Equestrian Center

Let the horses help you celebrate your birthday! Put on some boots and get ready to saddle up for a great time at the barn!

Your birthday party starts with getting your horse ready to ride. Experience grooming a horse and helping put on its saddle and bridle. Then it is time to get on and ride! Don't forget the camera!

Afterward, enjoy the beautiful surroundings of the Ken-Caryl Equestrian Center. Feel free to use our picnic tables to enjoy your party treats or open gifts. If the weather is not cooperating, you can also use our living room in the office.

\$90 for the first three children.
\$15 for each additional child.

Payment and final number of attendees is due one week prior to event.

Call for reservations: 303-972-8456.

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For a growing number of people in today's workforce, the idea of safe employment is nothing but an illusion. Job turnover is rampant, and job frustration is at an all-time high. Statistics suggest that 75 percent of the workforce yearn for a change.

Karl Edmunds, a resident of The Spread neighborhood on Ken-Caryl Ranch, is a self-employment specialist through The Entrepreneur's Source who works with executives in career transition who not only desire a traditional return to a new corporate role but also wish to explore the possibilities of self-employment. For Karl, the world of self-employment can mean guiding someone to a role in an early-stage, higher-risk enterprise, or it could be the purchase of an existing business or an investment into a fast-growth franchise.

For many people, exploring the possibility of self-employment is often taken as a contingency plan while they are seeking a new job simply because the task of finding a new job is taking longer and longer to accomplish. Other people have yearned for a life lived on their own terms and have finally decided to at least begin the process of exploring options in self-employment.

The Entrepreneur's Source, which has been around for 30 years, has developed a nationally-recognized system for people to take a journey of discovery to explore the diverse possibilities and options within franchising.

"Part of this process is self-discovery. It takes people who have never understood self-employment and helps them consider their options," Karl said. Karl said his favorite aspect of his job is that there's always something new and different. "There's always a

diversity of circumstance. Not everyone's going to be the same, have the same background, skill set or capital," he said.

The Entrepreneur's Source's educational and coaching-based process coupled with Karl's network of business brokers, private equity investors and investment bankers can help people uncover new career options that may deliver their personal income goals and offer the lifestyle they have dreamed about. Beyond income and lifestyle, Karl's objective is to ultimately identify a self-employment option that may provide the wealth they will need to live out their life in comfort and self-sufficiency.

Karl's core coaching strategy is to bring clarity to current career dangers, identify potential opportunities and paths to consider, and take the necessary steps to explore those opportunities that have the realistic potential to deliver income goals, lifestyle expectations and set a path to achieving long-term wealth objectives. There is no cost for Karl's coaching services. For a personal appointment, contact Karl at 303-932-3876.

Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or victoriad@kcranch.org.

Karl Edmunds of The Spread works through The Entrepreneur's Source to help executives in career transition explore self-employment options.



Volunteers Needed For Child Advocacy

CASA (Court Appointed Special Advocates) of Jefferson and Gilpin Counties is recruiting volunteers for the October 2013 training class. This training class includes 15 hours of class online and 15 hours of in-person group training starting on Oct. 15. CASA volunteers are ordinary citizens who have a passion for protecting children.

Volunteers are appointed by a judge to cases of child abuse and neglect to represent the best interests of the children involved. Many CASA volunteers have full-time jobs and/or families, yet they have made time to become a child's voice in court. Your time of 15-20 hours a month will give the abused and neglected children in our community a more hopeful future. Volunteers must be at least 21. For more information, please call Susan Manfredi at 303-271-6539 or visit our website at www.casajeffcogilpin.com.

COLORADO PARKS & WILDLIFE

Bearproofing Your Home

Help Keep Bears Wild



Only people can prevent conflicts with bears. Please do your part to protect your home and property, and prevent conflicts with bears.

Keep Bears Out

- Many bears that enter homes do so through an unlocked or open window or door. Close and lock all bear-accessible windows and doors when you leave the house, and at night before you go to bed.
- If you must leave downstairs windows open, install sturdy grates or bars. Screens don't keep out bears.
- Keep garage doors and windows closed and locked at night and when you're not home. Don't leave your garage door standing open when you're not outside. Install extra-sturdy doors if you have a freezer, refrigerator, pet food, bird seed, or other attractants in your garage.
- Keep car doors and windows closed and locked if you park outside. Make sure there's nothing with an odor in your vehicle, including candy, gum, air fresheners, trash, lotions and lip balms.
- Bears are great climbers — remove any tree limbs that might provide access to upper level decks and windows.
- Replace exterior lever-style door handles with good quality round door knobs that bears can't pull or push open.
- Put on talk radio (not music) when you leave home; the human voice startles most bears.

Get Rid of Attractants

- Bears follow their super-sensitive noses to anything that smells like food, and can follow scents from up to five miles away.
- Don't leave trash out overnight unless it's in a bear-proof enclosure or container. Obey all local regulations.
- We recommend feeding birds only when bears are hibernating. If you want to feed birds when bears are active, please review the Attracting Birds, Not Bears fact sheet on our website.

- Don't store food of any kind in an unlocked garage, flimsy shed or on or under your deck.

- Don't leave anything with an odor outside, near open windows or in your vehicle, even if you're home. That includes scented candles, air fresheners, soaps and lotions.

Teach Bears They're Not Welcome

- If a bear comes into your yard or close to your home, do yourself and the bear a big favor, and scare it away. A confident attitude plus loud noises like a firm yell, clapping your hands, banging on pots and pans or blowing an air horn sends most bears running.
- If a bear enters your home, open doors and windows and make sure it can leave the same way it got in. Don't approach the bear or block escape routes.
- Never approach a bear. If a bear won't leave, call your local CPW office. If a bear presents an immediate threat to human safety, call 911.

Visit www.wildlife.state.co.us/bears for more information or call your local Colorado Parks and Wildlife Office.



Please Do Your Part to Keep Bears Wild



Tennis News



Congratulations to the 3.0 Red Team from Ken-Caryl Ranch for making it to Districts in the 40+ League. Left to right: Stacey Persichetti, Christine Wilkes, Danny Henderson, Stephanie Poper, Alicia Hovland (captain), Kathy Gravlin, Kristen Schoon and Lauren Dannenhauer. Not pictured: Kimberly Borchelt.



Congratulations to the 3.5 Ladies 40+ Team from Ken-Caryl Ranch for making it to Districts. Back row left to right: Beth Beers, Anne Nichols, Denise Gustafson, Sally Heaton (captain), Laurie Lopez, Dawn Robbins and Julie Zawalski. Front row: Marietta Reagan and Mary Chapel.

School News

Leading Innovation In Jeffco Schools — Parent Meeting

Superintendent Cindy Stevenson is inviting parents to attend a get-together to talk about the changes parents will see in their kids' schools. There are two meetings coming up in the Southwest Jeffco area:

Thursday, Sept. 26, 2013, 5 p.m.

Columbine High School
6201 South Pierce, Littleton

Wednesday, Oct. 9, 2013, 5 p.m.

Dakota Ridge High School,
13399 West Coal Mine Ave., Littleton

Walk To Defeat ALS

The ALS Association Rocky Mountain Chapter will hold their annual fundraising Walk to Defeat ALS® in Denver's City Park on Saturday, Oct. 5. This 3K family-friendly walk is open to the public and will take place in front of the City Park Pavilion. Registration for the walk is free, and on-site registration begins at 9 a.m. The Walk to Defeat ALS® supports year-round free services for people with Lou Gehrig's Disease and their families throughout Colorado and Wyoming, while funding global research to find a cure for ALS. To learn more about Lou Gehrig's Disease, the Walk to Defeat ALS® and to register online for the Walk, visit www.alsaco.org or call 303-832-2322.



Congratulations to the "Sour Apples" 3.5 Ladies 18+ Team from Ken-Caryl Ranch for advancing to District playoffs. Left to right: Robert Campbell (coach), Justine Needham, Phyllis Glawe, Jenny Tenney, Elizabeth Crites, Chiarme Campbell, Cristin Konkel and John Van Handel (coach).

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County News

E-cigarette Use Among Teens Cause For Concern County Coalition Forming Action Committee To Address Youth Tobacco Use

Submitted by Nancy Braden,
Jeffco Public Health

Jefferson County Public Health and the Tobacco-Free Jeffco Alliance are concerned about the recent data from the Centers for Disease Control and Prevention (CDC) showing that e-cigarette use among U.S. middle and high school students has more than doubled between 2011 and 2012.

The data from the National Youth Tobacco Survey was released Sept. 5 by the CDC and shows not only that more high school students are using e-cigarettes but that 76.3 percent of those who used e-cigarettes within the past 30 days also smoked conventional cigarettes in the same period. The study also shows that one in five middle school students who reported using e-cigarettes also reported never trying conventional cigarettes.

The Tobacco-Free Jeffco Alliance is organizing a Youth Tobacco Prevention Action Committee to address e-cigarettes and other ways that the tobacco industry is targeting kids in Jefferson County communities.

"I have a growing concern about the ways our kids are being targeted and the potential impact on their health and well-being," said Sarah Davis, Alliance member and Jefferson County parent. "Nicotine is a very addictive product, and youth who try e-cigarettes may not realize just how addictive the nicotine they are getting through the vapor is."

Nicotine vaporizing devices, which include e-cigarettes and electronic hookah pens, contain nicotine and other dangerous chemicals. They also frequently come in kid-friendly flavors like cherry, mocha latte and berry. E-cigarettes and other devices that use a similar mechanism to ingest tobacco and marijuana by vapor are not regulated by the Food and Drug Administration and are not approved as cessation aids. The tobacco industry is now marketing e-cigarettes on television, contributing to their appeal.

"The tobacco industry is continuing its long history of targeting children. We hope others who are concerned will join the Tobacco-Free Jeffco Alliance to help us stand between the tobacco industry and our kids," said Bob Doyle of the Colorado Tobacco Education and Prevention Alliance.

According to the CDC, cigarette smoking remains the leading preventable cause of death in the United States, responsible for an estimated 443,000 deaths each year. And, for every one death, there are 20 people living with a smoking-related disease.

Jefferson County Public Health's Tobacco Prevention Initiative works with the Alliance to educate teens, parents, schools and the community about the harms of tobacco and to prevent youth initiation. We urge everyone to learn more and become involved where they can. One way for youth to be involved is by joining a local Breath Easy (BE) Team. BE teams work in the schools and have made significant gains in shaping tobacco-free norms and decreasing youth access to tobacco products in Jefferson County.

For more information about youth tobacco prevention or BE teams, contact Nicole Swaggerty at 303-239-7007 or nswagger@jeffco.us. For more information on tobacco prevention and to get involved in local prevention efforts, view www.tobaccofreejeffco.com or email tobaccofree@jeffco.us or call Donna Viverette at 303-275-7555.

New Education Campaign Emphasizes 'Children Are Smoke-Free Zones'

Submitted by Nancy Braden,
Jeffco Public Health

Jefferson County Public Health is proud to help launch "I Am A Smoke-Free Zone," a new education campaign with a focus on limiting children's exposure to second-

hand smoke.

"The campaign's message that children are 'smoke-free zones' is important," said Donna Viverette, JCPH Tobacco Prevention Initiative Supervisor. "We know secondhand smoke is harmful to everyone and that children are often the innocent bystanders. This campaign reminds people to protect kids by not smoking around them and helping them to avoid others' tobacco smoke as well," said Viverette.

The campaign focuses on four common myths about secondhand smoke:

1. The myth that blowing your smoke out a window or door prevents secondhand smoke exposure.
2. The myth that ventilation in a home or car is a good strategy.
3. The myth that room deodorizers can minimize risk.
4. The myth that if it's not enough to smoke in another room, open windows and get rid of the odor, then the only other option is to quit.

"The truth is, there is no risk-free amount of secondhand smoke exposure, even outdoors. The only way to fully protect children is making cars and homes 100 percent smoke-free and not ever smoking around children," said Viverette.

In children aged 18 months or younger, the Centers for Disease Control and Prevention reports secondhand smoke exposure is responsible for an estimated 150,000-300,000 new cases of bronchitis and pneumonia annually and approximately 7,500-15,000 hospitalizations annually in the United States.

The "I Am A Smoke-Free Zone" campaign is a collaborative effort involving local public health agencies representing the following counties: Adams, Arapahoe, Broomfield, Boulder, Denver, Douglas, Elbert, Grand, Jefferson, Kit Carson, Larimer, Logan, Morgan, Sedgwick, Yuma and Weld and is coordinated by Denver Public Health.

Campaign messages will appear on English and Spanish television, radio, Internet, event sponsorship, outdoor advertisements, and in convenience store and restroom-based marketing to alert everyone about the need to protect children from the dangerous chemicals in secondhand smoke.

This campaign is one of several smoking-related public health campaigns now active in Colorado. Amendment 35, approved by Colorado voters in 2004, instituted a tax increase on cigarettes and other tobacco products. The revenue was designated for health-care services and tobacco education to improve the health of all Coloradans.

For more information on how to protect children from secondhand smoke go to IAmASmoke-FreeZone.org.

Our Rising Generation



Kelly-Muff Engagement

Michael and Mary Ellen Kelly of the Aspen Meadows neighborhood on Ken-Caryl Ranch, along with Jerry and Chris Muff of Elkader, Iowa, are delighted to announce the engagement of Brian Kelly and Emily Muff.

Brian is a 1999 graduate of Mullen High School. He received his undergraduate degree at Colorado State University and his master's degree from the University of Tennessee. Brian is a teacher at ThunderRidge High School in Douglas County. Emily is a graduate of the University of Iowa where she obtained her Doctor of Physical Therapy degree. Emily is employed at Fit Physical Therapy in Centennial, Colo.

The couple plans to wed Nov. 23. Congratulations, Brian and Emily!

David Geck D.D.S., M.S.

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*Sincerely,
Erin*

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The Myth Of The Poop Fairy

Submitted by Jefferson County Animal Control

Like the Loch Ness monster or Bigfoot, the fabled poop fairy has been the stuff of legend. Flying undetected in parks, neighborhoods and schoolyards, she was said to follow close behind dogs and their owners, picking up what the dog left behind before flying off to the next canine creation. A widespread belief that she existed seemed to reassure some that cleaning up after one's dog was optional.

In response to a growing number of poop piles, and a growing number of citizen complaints, the Jefferson County Animal Control office has partnered with local park districts and homeowner associations to bring you this public service announcement:

The Facts About Dog Poop

Dog Poop Doesn't Biodegrade Like Wild Animal Poop: Because we feed our dogs food that's different from the food wild animals eat, dog waste does not biodegrade quickly like wild animal waste. And due to the large number of pets in suburban neighborhoods and local parks, this hardy dog waste accumulates.

Dog Poop Contains Harmful Bacteria, Parasites: Dog waste can contain harmful organisms like E. coli, Giardia, Salmonella, roundworms, hookworms and Cryptosporidium. These can be passed on to you or your pet and may cause health problems.

Dog Waste Pollutes Groundwater, Water Bodies: Bacteria in dog waste can harm water quality in creeks and rivers and alter the ecosystems of these stream corridors. Humans who come in contact with creek water can also face health hazards.

County Ordinances Require Cleanup: Jefferson County ordinances make "failure to clean up dog feces in public places" a petty offense with a fine of at least \$30. You are subject to notices, hearings and possible fines by the Master Association if you leave dog waste in the Ken-Caryl Ranch Open Space.

How You Can Help

Please share this message with your friends and neighbors. Together, we can debunk the poop fairy myth and clean up our county. Please be considerate of your neighbors and help keep parks, trails, schools and neighborhoods free of poop piles by picking up and throwing away your dog's waste.



Dog waste doesn't biodegrade like wild animal waste. It sticks around for a long time. Meanwhile, it contains harmful bacteria, pollutes groundwater, and smells disgusting on the bottom of a shoe. Please help keep parks, trails and neighborhoods free of poop piles by picking up your dog's waste.

A message from Jefferson County Animal Control and your local park district. Visit <http://animalcontrol.jeffco.us>

Area Spotlight

Pumpkin Festival Volunteers

Pumpkin Fest is back and we need your help to make this year's event a success! Volunteers are needed to assist in a variety of areas including pumpkin measuring, children's activities, pumpkin daycare, pumpkin patch or entrance cashiers and more. Morning and afternoon shifts will be available Oct. 11-13. Volunteers will receive free refreshments and lunch, and you can take home a free pumpkin from the Pumpkin Patch! To sign up, visit <http://tinyurl.com/dbg-pumpkin> and complete the online form. For

more information, call Adam at 720-865-3565 or email adam.fedyski@botanicgardens.org.

Corn Maze Volunteers

The Chatfield Botanic Gardens is looking for volunteers for the Corn Maze now through Oct. 27. Interact with families and children while they enjoy the six-acre Corn Maze in the shape of a Colorado Flag. There are two positions open, entrance attendant and pillow jump attendant, each fairly similar in qualifications and time commitment. To sign up, go to <http://tinyurl.com/dbgmaze> and complete the online form. For more information, call Adam at 720-865-3565 or email adam.fedyski@botanicgardens.org.

Life At Ken-Caryl Archive Online

Have you ever wanted to look back at an article or ad from a previous issue of *Life at Ken-Caryl*, but you can't find your paper? There are now archives of the paper going back to Aug. 1, 2012, on www.ken-caryl.org under Community & News. You can download PDFs of the back issues from the site.

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Humor Me

What I Have Learned From MS

Submitted by David LeSueur, Legacy

Editor's Note: David LeSueur is a Ken-Caryl Ranch resident in the Legacy neighborhood. He has been writing columns since 2006 for The Denver Post, the National Multiple Sclerosis Society magazine and various other publications. You can read his blog at <http://lesueur926.blogspot.com/>.

It is fashionable to say "Everything happens for a reason." So what is the reason that I have Multiple Sclerosis?

One school of thought is that bad things happen to pay us back for sins we commit. If that is true, then I am sure I have MS because of some things I did in second grade. It bugged me back then that Doug Boudinot would always punch me in the arm. So one day I punched him back as hard as I could and it made him cry (my friends said that was a "disproportionate response").

And once Bill Wolleck said Cathy Overman had cooties and I didn't step up to defend her. And finally I feel bad about those times Marc Morningstar wanted to play after school but I watched baseball on TV instead. Yes, I

was a pretty bad kid and may deserve having MS.

I believe, however, that many bad things which happen to us are simply random events. I am not sure everything happens for a reason, but I do try to find reason in everything that happens. I would prefer not to have MS, but as long as I have it, I might as well learn something from the experience. Two lessons come to mind.

My wife and I recently went shopping at the mall. We parked the car and headed toward the front doors. There were a couple of raunchy-looking kids riding their skateboards around the entrance. I found myself humming the tune from "Bye Bye Birdie," which asks "Kids! What's the matter with kids today? . . . Why can't they be like we were, perfect in every way?"

We headed toward the handicapped entrance where there were two sets of doors. I planned on pushing the button, which automatically opens both sets of doors. Just before I reached the doors, however, these two kids raced over and cut in front of us. "I can't believe how thoughtless these kids are," I muttered to my wife. One kid opened the first set of doors. The other kid went through and

opened the second set of doors. They both smiled and held the doors for us to enter the mall. I clearly had misjudged these kids.

That happens all the time to me. People want to help. I am not naive enough to think that everyone is good, but I get to see the best side of most people. So the first thing I have learned from having MS is that most people are good.

The five-year-old son of one of our friends was watching me in my wheelchair and asked, "Why can't you walk?" I never know how much to explain to people especially when they're only five years old. I started with the simple answer: "I have a disease called Multiple Sclerosis." He kept looking at me like my answer wasn't complete enough for him, so I explained how MS interrupts the messages from the brain to various parts of the body. He still seemed interested so I told him about how the myelin sheath around my nerves was damaged and how some nerves in my spinal cord didn't work and that's why I couldn't walk. He nodded and smiled.

I was proud of my explanation. I imagined he was going to say, "Thank you, Mr. LeSueur for that wonderful explanation. It was so clear that you have inspired me to become a doctor. I think I will do research, and when I discover a cure for MS I will give

you all of the credit."

I looked at him, waiting for him to speak. He looked at me, held up his hand, pointed to a Band-Aid and said "I hurt my thumb."

So the second lesson having MS has taught me is that everyone has problems. Some struggle with physical ailments like me. Others battle depression, try to cope with the death of a loved one or experience financial issues. I am much more aware than I used to be of other people's problems. That may just be because people are more comfortable sharing their problems with me because I have MS. It may be that having MS has made me more sensitive. But life is not easy for anyone. Even people who seem to have it all — professional athletes, movie stars and other celebrities — often struggle with the sudden fame and fortune that is thrust upon them.

People are good. We all have problems. And there is a third lesson I have learned. If someone asks you whether you want to have MS or be cursed with sudden fame and fortune, choose the sudden fame and fortune option.

Area Spotlight

Choir Members Needed

Concordia Lutheran Church Choir at 13371 W. Alameda Parkway in Lakewood is starting its fall choir program and is looking to add new voices. This year, the choir will be directed by Dr. Frank Eychaner of Colorado Christian University. The choir meets every Wednesday at 7 p.m. The choir assists in Concordia's traditional worship service three out of four Sundays per month. If you have a desire to sing and are interested in joining, please contact Joan at joan@concordialcms.org or 303-989-5260.

Queen Competition For Denver

St. Patrick's Day Parade

Applicants are being sought for the Denver St. Patrick's Day Parade's Queen Colleen competition. Contestants must have some Irish ancestry, be single, without children, ages 18-28, and are judged on poise, communication skills and talent. To identify exceptional female communicators, a short essay is also required. Once the Queen is crowned, she has an opportunity to compete in the Rose of Tralee competition in Ireland next summer. See www.denverstpatricksdaysparade.org for an application and official contest rules.

Local Nonprofit Piano Pathways To Offer Free Adult Piano Lessons Workshop

Pianos 'n Pianos, located in the Ken-Caryl Market Place, is partnering with Piano Pathways of Colorado to offer a free introductory beginner piano lesson workshop for adults and seniors. Piano Pathways is a Colorado nonprofit organization dedicated to enhancing the music and arts in the Ken-Caryl community. The free workshop is an adult introduction class called "Learning to Play the Piano." It is offered on Monday and Tuesday evenings from 6:30 to 8:30 p.m. at 10143 West Chatfield Ave. in Littleton. All materials are included. The studio is equipped with state-of-the-art digital and acoustic vertical pianos for each attendee. Students will be taught to play with both hands and read music at an entry-level. Seating is limited, so RSVP early by calling 720-360-4059.

Daughters Of The American Revolution Meetings

The Daughters of the American Revolution, Columbine Chapter, meets the second Saturday of each month from September through May from noon to 3 p.m. at the South Metro Chamber of Commerce, 2154 E. Commons Ave., Suite 342, in Centennial. All women 18 and older who can show they are descended from a patriot who served or contributed to the American cause during the Revolutionary War can join. For more information, contact Jewel at 303-881-0810 or Merry at 303-995-0610.

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 28 Dawn Heath Dr • 29 Desert Willow • 3 Tamarade Ct • 31 Long Spur
 33 Amaranth • 36 Elk Lane • 37 Elk Lane • 38 Mountain Pine
 39 Dawn Heath Circle • 53 Dawn Heath Circle • 44 Buckthorn Dr
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 59 North Ranch Rd • 6 Catamount Lane • 6 Mountain Alder
 6 Wild Turkey • 5 Yellow Locust • 6 Yellow Locust • 68 Golden Eagle Lane
 • 68 North Ranch Rd • 69 Golden Eagle Lane • 7 Catamount Lane
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Ken-Caryl Parent Network

Join KCPN For Great Fun Around The Community

Ken-Caryl Ranch Parent Network playgroups for a variety of ages are in full swing. Head to BigTent to find out more information about open groups and play date schedules.

Join other KCPN ladies for an evening out at Indulge Bistro and Wine Bar on Oct. 3 from 8 to 10 p.m. for some girl time, drinks and appetizers!

Be sure to mark your calendars for the spooktacular KCPN Halloween Party, Sunday, Oct. 20 from 3 to 6 p.m. at Dakota Lodge. This year's party is sure to please all ages with fun activities courtesy of Nikki Cavaleo with The Little Gym, goodies from Summit Family Dentistry and a trick-or-treat table by Keri I. Pugh, of National Planning Corporation.

KCPN is a volunteer-based organization with 24 years of experience connecting families and parents on Ken-Caryl Ranch. KCPN

offers parent-to-parent interaction with Special Interest Groups and kid-to-kid interaction with playgroups. Parent education opportunities are offered through expert speaker series, and holiday parties are thrown each

year, giving a chance for the whole community to come together. Are you interested in joining? Membership inquiries can be sent to info@kencarylparents.com. We look forward to seeing you at an event soon!

BakPak Program Provides Food To Local Children In Need

by Community Relations Director
Victoria DeSair

Did you know that more than 2,600 students in Southwest Jefferson County schools are on the Free and Reduced Lunch Program? While they are having a well-balanced lunch during the week at school, oftentimes those children don't have enough food to eat on the weekends. The Food For Thought BakPak Program provides weekend food for those students in need.

The Food For Thought BakPak Program was established in February 2012 to nourish the hearts, minds and bodies of children in need in the Southwest Jefferson County area. The program is funded by a dedicated community of public, private and faith-based partners. Through the program, eligible students receive two breakfast items, two lunch items, two dinner items, two snacks and a personal care item in a bag with their name on it, delivered to their school by volunteers every Friday morning during the school year.

Just a few of the non-perishable food items needed are instant oatmeal packets, mini cereal boxes, ravioli, tuna, soup, chili with meat in cans, peanut butter jars, spaghetti/spaghetti sauce, macaroni and cheese sleeves, apple sauce and pudding cups, and fruit juice and milk boxes. For a full list of food items and sizes, contact program coordinator Joe Gamarano at joe@lotw.org or call 720-514-2004.

While there are more than 2,600 students in need, the program initially served about



125 students in six local schools. The program's vision and mission is that many more students can receive the food they need with the support of the community. You can become an important part of this community outreach by donating specific food items or with a tax-deductible donation of any amount. Checks should be made payable to LOTW/BakPak Program and mailed to the LOTW BakPak Program, 10316 W. Bowles Ave., Littleton, CO 80127.

Some local sponsors of the program are Frontier Mechanical, Colorado Credit Union, Keller Williams Success Realty, Whole Foods Market, Littleton Rotary Foundation and area churches. Please help to make a difference in the life of a child in need in our community.



Women from the Ken-Caryl Parent Network hiked a fourteener, Mt. Bierstadt, on Sept. 7.



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Wynterbrooke - Ken-Caryl Valley

\$484,900

Sensational Ken-Caryl Valley home approaching 3,500 of finished living space! 3 bedrooms upstairs, 4 baths total and 1 additional bedroom in the basement (non-conforming). Oak hardwood floors, updated lighting, vaulted ceilings, newer paint and new carpet in family room and basement. Classy kitchen with island, new stainless steel appliances and slab granite counters plus eating area. Spacious master suite w/ 5 piece bath (dual sinks) and walk-in closet. Professionally finished basement with room for media center, a play area or space for the occasional guest! Large, flat yard plus a newly stained deck. With a three car tandem garage and a new roof, all your needs have now been met!



Horse Property!

3 Tamarade Drive

Manor Ridge - Ken-Caryl Valley

\$1,275,000

Secluded in the exclusive gated Manor Ridge community, this country estate sits on almost two acres backing to Open Space and is formally considered horse property. An ideal family home with 7 bedrooms, 8 bathrooms, offering over 7,200 square feet of finished living space. A four car garage provides room for all the "toys" and a custom media/rec room in the basement shall provide hours of fun for all. Spacious modern kitchen, a sunny breakfast room, plus a family room with walls of windows boasting a brick fireplace and wet bar. An enormous master suite offers an updated bath and reading retreat. All other bedrooms are "upstairs," on the second and third floors. Explore!



Great Price!

5 Photinia

The Retreat - Ken-Caryl Valley

\$599,000

Elegant front brick exterior on a cul-de-sac, boasting over 4,300 square feet of finished living space. Family friendly with four bedrooms upstairs and another secluded in the fully finished basement. Granite counters in kitchen augmented by a custom backsplash and island! New upstairs paint, soaring ceilings & gleaming hardwoods. All baths have been updated, including luxurious appointments in the master. Large, "Private" and low maintenance fenced back yard with mature landscaping and apple tree! Just steps to open space trails. Come take another look!



3 Mule Deer

North Ranch

Ken-Caryl Valley

Original List

\$949,000

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Ken-Caryl Ranch is stepping up our presence on Facebook. We are posting important updates and reminders about special events, fire bans, emergencies, community meetings and other key information.

To stay up-to-date on the latest news, make sure to like us on Facebook at www.facebook.com/ken-carylranh.



LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official. Letters should be concise — no letters over 350 words — and must be received by 5 p.m. on the deadline date, the Monday of the week prior to the edition date. Letters must include name, address and phone number (daytime). Residents may submit up to eight letters to the editor per calendar year. Letters will be printed, space available, and may be edited. Editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Deadline 5 p.m. on Monday, Sept. 30, for the Oct. 9, 2013 issue of *Life at Ken-Caryl*.
Email to victoriad@kcranch.org

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Foothills Animal Shelter Featured Pets

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in a calm, cat-free household. As a senior dog, Alex's adoption fee is \$80 and includes his neuter, vaccinations, microchip and health check. Visit www.FoothillsAnimalShelter.org to take a look at Alex and other adorable dogs like him.

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