



www.ken-carylranh.org facebook.com/ken-carylranh info@kcranch.org

## A Moment to Reflect

This is one of a series of photos that resident Randy Parker took over the course of a few minutes while a shadow climbed the cliff wall of the looming red rocks in South Valley Park. Randy's photo was selected as one of our Ranch House and Dakota Lodge photo display contest winners. To view the other nine winning photos, please turn to pages 14-15.



PHOTO FINISH	FULL "COURT" PRESS	GOING FOR GOLD	RANGER FIELD NOTES	COVENANT CLIPS
Ken-Caryl Photo Contest Winners Announced!	Ken-Caryl Women's Tennis Teams Advance to Sectional Championships	Ken-Caryl's Sammy Achterberg Chases Olympic Dreams in Tokyo Games	Love Your Pup? Leash 'em Up!	The Red Tape
<b>PAGES 14-15</b>	<b>PAGE 8</b>	<b>PAGES 6-7</b>	<b>PAGE 4</b>	<b>PAGE 3</b>

**Manager's Column:**  
A Welcome Letter from John Ostrom, Appointed to the MD Board

**PAGE 2**

**Fairy Tale Ending:**  
Helping Pets Find Their Fur-ever Homes!  
Sponsored by CCU

**PAGE 11**

**Flick 'n Float, July 17!**

Mark your calendars for the next Flick 'n Float Dive-In Movie at the Ranch House, generously sponsored by our friends at Colorado Credit Union, where we will be 'feature'-ing *Trolls World Tour*!

Enjoy watching a family-friendly flick while you float and – free popcorn! Guests may arrive beginning at 8 p.m. and the movie will start at approximately 8:15-8:30 p.m., depending on the sunset. These events are free for District residents! With the exception of noodles, all other floatation devices are not permitted for safety reasons.

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A covenant protected community.

## A Welcome Letter from John Ostrom, Appointed to the MD Board



*By John Ostrom, Newly Appointed Member of the Metro District Board*

During the most recent Metropolitan District Board meeting, I was selected to fill the recent Board member vacancy. Since I am going to be serving all of you at least until, and hopefully beyond, the next election, I thought I'd introduce myself to those of you who don't already know me.

My family and I have lived in Ken-Caryl since 1997, moving here following my retirement from the United States Marine Corps. I lived in Denver as a child and was thrilled that after being hired by United Airlines as a pilot, I was immediately offered the opportunity to become a flight instructor, and subsequently a flight operations manager, based in Denver. My wife was hired as a nurse at the University of Colorado Hospital. Once back home here in the Denver area, my wife and I looked around for where to live and we fell in love with Ken-Caryl; renting the first year in the Ken-Caryl Plains and then buying in the Ken-Caryl Valley. Our three children grew up here, went to school here and happily are still living in the Denver area, despite two who are active-duty military stationed at Buckley - one in the U.S. Space Force, and an Air Force Academy graduate, the other, a Metropolitan State graduate and now enlisted in the U.S. Air Force. Our middle child is currently completing his master's at Metropolitan State and plans to transition his career to cyber security.

My wife and I plan to stay here in Ken-Caryl, even as we consider downsizing to a smaller home. This is our forever home, and while we have contributed to the community by participating in voluntarily leadership of local activities like Scouting (Boy Scouts, Girl Scouts, Venture Crew), youth mentoring, classroom assistance, etc., I became interested in joining the MD Board in order to assist in keeping our community as wonderful as it always has been, even as our community inevitably grows and changes. I am truly excited and looking forward to serving you and our community!

## July

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
4	5 Ranch House Admin Offices Closed for the 4th of July Holiday	6 5 p.m. Firewise Committee 6 p.m. MA/MD Joint Study Session	7	8 7:30 a.m. Architectural Committee	9 10 a.m. Story Time	10 5:30 a.m.-approx. 1 p.m. Swim Meet Ranch House Pool Closed
11	12	13 6 p.m. Open Space Committee Dakota Lodge	14 1 p.m. Historical Society	15	16 10 a.m. Story Time	17 8 p.m. Flick 'n Float Trolls World Tour Ranch House Pool
18	19	20 6 p.m. MA Board Meeting	21 4:30 p.m. Covenant Committee	22 7:30 a.m. Architectural Committee	23 10 a.m. Story Time	24
25	26	27 6 p.m. MD Board Meeting	28	29	30 10 a.m. Story Time	31

\*Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at [www.ken-caryl-ranch.org](http://www.ken-caryl-ranch.org) for details.



### Follow Ken-Caryl Ranch on Twitter

Staff will post periodic quick reminders, announcements, and updates, so make sure to follow us at <http://twitter.com/kencaryl-ranch>

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### County Seeking Input on Valley Parkway Improvements

Jefferson County Transportation and Engineering is seeking your input on future improvements of Valley Parkway from South Valley Road to Ken Caryl Ave. Valley Parkway will be repaved during the summer of 2022. Due to the number of resident concerns along this roadway, the county will be hosting two public meetings to solicit input on improvements such as crossings, intersections and general transportation operations. An outline of meetings and meeting details are described below.

Meeting 1: July 14, 6-7 p.m. online via Microsoft Teams

- Presentation from County staff on existing conditions and known concerns.
- Present interactive map and provide link for 2-week comment period.

Meeting 2: Oct. 13, 6-7 p.m. online via Microsoft Teams

- Present compiled community concerns.
- Present findings of transportation and crash studies.
- Present potential solutions and garner additional feedback on preferences.

The Microsoft Teams meeting links are posted on the County's Public Improvement Projects website at [www.jeffco.us/2850/Public-Improvement-Projects](http://www.jeffco.us/2850/Public-Improvement-Projects) and will also be linked in the Ken-Caryl Ranch e-News and on social media.

Between the two public meetings, Jefferson County staff will collect data and conduct studies to determine which treatments may be warranted at various locations in the corridor. Potential solutions will be presented during the second meeting, where community members will have an opportunity to provide additional feedback before a final improvement decision is made.

If you have any questions, contact Transportation Planner Christina Lane at [clane@jeffco.us](mailto:clane@jeffco.us) or visit the County's Public Improvement Project page.

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*Life at Ken-Caryl* is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. Permission to reprint articles is granted, provided that proper credit is given to *Life at Ken-Caryl* and the editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole.

DEADLINE: All articles, advertisements and letters to the editor must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Deadline dates are published at [www.ken-carylranh.org](http://www.ken-carylranh.org) under Community & News, then Newspaper: Life at Ken-Caryl.

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## Lingering Lush

Resident Tom Ryan perfectly captures the lush and lingering green of the Valley following a particularly wet spring.



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## The Red Tape

By Brian Yowell, Community Administrator

If any of you are like me, you may need a gentle reminder now and then. And, with so many projects happening in the community, I figured now is the perfect time to remind everyone of the process – and need – for approval.



Approval is required for all exterior home improvements. Yes, this includes your backyard! This approval is based on aesthetics and the project meeting all requirements for approval as written in our Master Declaration and our Rules, Regulations and Procedures.

Aesthetically, each project is reviewed to ensure that the architecture, style, coloration and quality of the project is in alignment with that of the home. For instance, when approving paint colors, the roof, brick, stone, siding and landscaping are all taken into consideration to ensure that there isn't a disconnect between the elements of the home.

One critical thing I would like to point out is that no work should begin before you receive written approval to do so. If work is completed without approval, you may be required to remove or modify your improvement at your expense to meet the expectations of the Architectural Committee and the guidelines in our governing documents.

I promise to make the approval process as painless as possible and get you back outside painting, digging, building, planting and improving. You, however, can do a few things to help me help you. Please provide pictures of the area(s) in which the improvement is proposed. Provide a plot plan, when needed, to show where your improvements are to be located and be sure to include dimensions and measurements to the nearest property lines. Provide specifications and images of the materials to be used and/or installed. And provide as concise and complete a description of the project as possible. The more information we have, the less I have to bug you, and the quicker the approval.

A few other nuggets of information to keep in mind:

- All reviews are made on an individual basis, and what is approved on one property may not be approved on another.
- It is the responsibility of the homeowner to acquire all necessary permits, adhere to Jefferson County regulations, locate utilities, and to *notify adjoined property owners*. It is also the responsibility of the homeowner to follow the Ken-Caryl Home Improvement Rules and Regulations.
- Different neighborhoods can have different rules and regulations. Don't assume something in one neighborhood will get approved in all neighborhoods.
- Approvals are good for one year from the date approved.

I hope this information has been useful for you in planning your projects and scheduling the work to be completed. Now go forth and make your neighbors jealous with all your awesomeness and crazy home improvement skills!

Please let me know if I can offer any assistance or answer any questions throughout the process!

Thank you, Ken-Caryl!  
At your service,  
Brian Yowell

## Love your pup? Leash 'em up!



### Love Your Pup? Leash 'em Up!

By Michael Ryan, Park Ranger

The KCRMA Rangers have been receiving an increased number of calls and questions regarding dogs off leash in open space areas. We know these isolated incidents do not reflect the entire community, because most pet owners in Ken-Caryl exercise responsibility and know the harm that can come from having a pet off leash, but the rise in off-leash pets is concerning.

Keeping your dog on a leash is not only a rule in Ken-Caryl, but it is also a law in Jefferson County. Rangers can issue a contact notice if they witness a dog off leash, as it is a violation of Rule #4: "Domestic animals must be under the owner's or handler's physical control at all times and be on a leash no longer than ten feet. Owner or handler will be responsible for any damages caused by their animal and must pick up and take out pet excrement after their household pets."

#### What about electronic leashes?

Some pet owners have asked us about the use of electronic leashes or collars as a substitute for a standard leash. The short answer is they may not be used as a substitute.

These devices often contain two prongs activated by remote control that omit many volts, but miniscule amps of electricity to administer an unpleasant shock without harming the animal. Other varieties use vibration or scent. While these collars may be a useful training tool for pets around the house, they are unpredictable and unreliable as a means of controlling your pet in open space situations, and these collars are not allowed, per Ken-Caryl's guidelines.

#### Why is keeping your dog on leash so important?

Most open space areas are multi-use, frequented by cyclists, hikers, joggers, equestrians, small children and other dogs, all of whom are in danger when dogs run uncontrolled. Off-leash dogs are also a danger to themselves when they run into nearby streets and risk being hit by cars, encounter or chase wildlife, get lost, or wander onto private property. Off-leash pets can also be exposed to other animals' feces, which increases the risks of bacterial infections.

I never enjoy seeing dogs fight each other, get bitten by rattlesnakes, or chase and injure wildlife. These incidents, while never entirely preventable, can be greatly reduced when all pets are leashed. Please do your part to protect your pet and the open space by keeping your dog on leash.

If you witness any dog-off-leash incidents, please call the Ken-Caryl Ranch Park Rangers at 303-979-1876, ext. 170 to report the violation. If the situation escalates past a simple off-leash violation into bodily harm, contact Jefferson County Animal Control at 303-271-5070.



## Colorado Credit Union Hosts Community Shred Day, July 10

Colorado Credit Union invites residents to 'shred it' at their Community Shred Day on July 10 at the bank's Ken-Caryl Ranch Branch located at 10026 W. San Juan Way. Branch members are invited early to safely shred documents from 9-10 a.m., with the event opening to the general public beginning at 10 a.m. Community Shred Day will run until noon, or until the truck reaches capacity.

This event will allow for the safe shredding and disposal of items such as personal files, bank statements,

receipts with personal information, bills, invoices, voided/cancelled checks and any document that contains personal information. Of note, attendees are limited to two boxes per car and this event is for residential shredding only.

This year's Community Shred Day will benefit Jeffco Eats, an organization that helps kids and families by providing food over the weekend to ensure that no child goes hungry in Jeffco Title One Schools, GAP schools, Section 8 apartments, rec centers, parks, and Head Start programs. More information on Jeffco Eats visit <https://jeffcoeats.org/>.

For event details, including a list of acceptable items and items that cannot be shredded, please visit Colorado Credit Union's website at <https://www.ccu.org/shredday>.

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 9am - 10am (CCU Members only)  
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Safely dispose of your unneeded financial and personal records. Please no plastic, aluminum, cardboard, electronics, magazines, catalogs, books, or telephone books.

For more information, visit [ccu.org/shredday](http://ccu.org/shredday)

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This July we simply want to say thank you to all the brave service men and women who keep us safe and America free.

From all of us at  
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## Library Summer Challenge Registration Now Open

Registration for the Jefferson County Library Summer Challenge is now open! This year's theme, Wild Ideas, runs through July 31. Visit the Summer Challenge site at <https://jeffcolibrary.org/summer-challenge/>, or call 303-235-5275 to get started. People of all ages are invited to participate in the Library Summer Challenge! If you participated in last year's program, sign in using your previous account. If this is your first time, create a new account for yourself and your family on their website to start logging your activities and reading time!

Summer offers kids a great chance to have fun and unwind from school, but there's also the potential for the summer slide, a phenomenon where kids tend to forget some of the things they learned the previous year. Students can lose as much as 25 to 30 percent of what they've learned during summer break, according to a study by the Brookings Institute.

Reading throughout the summer and completing activities is one way to keep kids' minds sharp so they are ready for the next school year.

Teachers in Jefferson County Public Schools know the importance of reading and learning throughout the summer, which is why

they encourage their students and staff to participate in the Library Summer Challenge.

"We want to be innovative, resilient, lifelong learners," said Tobye Ertelt, a digital teaching librarian at Oberon Middle School, one of the winners in last year's school contest. "The more you read, the more vocabulary you get, the more your brain strengthens. Exercising your brain over the summer is important to keep everything fresh, both for children and adults."

You and your kids can earn great prizes as you log your reading and complete all kinds of activities that count toward the goal of earning 500 points. Each minute of reading equals one point and each activity counts as 25 points and participants can get a midway prize at 250 points and a finisher prize at 500. Every 500 points you earn after reaching the 500 mark enters you into the grand prize drawing for a new iPad. View the different prizes available to toddlers, kids, teens and adults available on the Summer Reading Challenge website.

Track your progress by downloading the Beanstack mobile app or pick up a paper tracker at any JCPL location. Download and print an activity sheet to track your wild fun at home. You can find dozens of activity suggestions on the mobile app or the lineup of great summer events on our website.

Continue the fun by posting some of the things you've learned or done during the Library Summer Challenge on social media, tagging #JCPLove so library staff can see your progress!

In addition, schools also benefit when students participate! In fact, the school reading contest is currently underway! When young readers register for the Library Summer Challenge, they can select their school, then, as participants, log their reading and activities, and their points will automatically count toward the school competition!

So, grab a book and start reading today!



## KCRMD's Parks Department is Working Hard to Keep KCR Beautiful!

Perhaps, you have seen our Parks Department crew hard at work, tending to Ken-Caryl's many acres of grass, greenbelts, medians and greenery? Spring rains can cause rapid growth followed by summer's harsh and relentless heat and sun on our grasses, trees and plants. Just like residents, our teams have to wrestle with weeds, dead grass and aging trees. While there is a lot of 'ground to cover', rest assured that our small team is making big strides when it comes to keeping Ken-Caryl Ranch beautiful.

Here are just a few things we are working on to help keep Ken-Caryl Ranch beautiful:

**Trees:** A large number of our trees are Narrowleaf Cottonwoods that have reached the end of their life expectancy and many trees are suffering because of the conditions they are growing in. An example of this are trees planted in crowded groups that are struggling as they mature and have to compete for nutrients and others that were planted on medians and have their root system under asphalt roads. The trees along Valley Parkway show many examples of these difficult planting environments. Our three-man Forestry crew is removing these dead and dying trees daily. This will be their charge until we are able to catch up with these removals. Simultaneously, our team has been planting a diverse variety of trees to replace many of the trees that have been removed. At the end of last month, 33 new trees have been planted in Ken-Caryl Ranch and the care and routine maintenance of these trees is a high priority for the Parks Department.

**Weeds:** The Parks Department hires a contractor to apply a selective herbicide to control broadleaf weeds in the turf areas of our 107-acre Park system. That spray application took place in May. Weed maintenance and control continues to be a priority of the KCRMD Parks Department.

**Watering:** Over the past several weeks, the Parks Department has installed over 10,000 square feet of new sod in areas throughout the Ranch. In order to establish the new grass, we need to keep it moist throughout the hot part of the day. Our normal watering schedule for the parks is between 6 p.m. and 10 a.m. This is in keeping with the Denver Water Department's guidelines. For the period of time needed to establish the sod, you will be seeing water running in areas outside of our normal watering schedule. We are monitoring the sod and will reduce the extra water once the grass has rooted.

Many thanks to Parks Director Pat Malloy for his contributions to this article. For questions and concerns regarding Ken-Caryl Ranch parks, please email Pat at [patm@kcranch.org](mailto:patm@kcranch.org).

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To sign up for the e-News, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and fill out the e-News sign-up form on the home page or send an email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).

## KCR Senior Club is Back in Action!

By Marilyn Norris, Resident

Like so many groups, the KCR Senior Club has not been able to meet for a year due to COVID-19 restrictions, but the group will be back in action beginning Tuesday, July 13 with a light potluck lunch from 11 a.m. to 2 p.m. in the Shaffer Room at the Ranch House. Please note the time change from our former second Friday evening of each month.

The KCR Senior Club is a social club for couples and singles who are 50 years old or better, and averages about 40 members. We will continue to meet on the second Tuesday of each month with a potluck lunch, program and one off-site event each month. Programs have included stimulating speakers, musical entertainment and other miscellaneous presentations. Off-site events include trips to restaurants, theater productions, museums and other interesting places! In fact, the Christmas dinner/dance at "Concordia on the Lake" has become a tradition and is always fun!

Four members take a turn approximately every other year to take on quarterly leadership roles in planning the potluck, program and off-site events. Dues are \$30 per person, per year, payable in January, or \$15 if joining after June.

New members are always welcome, and if this sounds interesting to you, come join us as we resume our activities together. Want to join us? Or have questions? Please call Marilyn Norris at 720-922-2077, or email mnorris2077@comcast.net.

## Going for Gold: Ken-Caryl's Sammy Achterberg Chases Olympic Dreams in Tokyo Games

Resident Sammy Achterberg earned a Silver Medal in the Pan American Games in the Pentathlon, securing her place in the upcoming Tokyo Olympics. The Modern Pentathlon was inspired by the traditional pentathlon held by the Ancient Greeks in the early Olympics and incorporates fencing, swimming, horse show jumping and a combined laser pistol shooting and running.

The Modern Pentathlon begins with round-robin fencing and swimming. For the equestrian event, athletes are given a random horse and twenty minutes to warm up before riding a course with 15 jumps. The competition concludes with a combined running and shooting event, where athletes run 800 meters, hit a target 5 times with a laser pistol, and repeat the process for a total of two miles and 20 hits on the target. The first three events, fencing,

swimming and equestrian show jumping, decide the starting position and time handicap for the final running and shooting event.

Sammy has enjoyed a love of sports and competing from a young age. According to proud parents, Elaine and David, Sammy has always been an intelligent, athletic Chatfield

Charger - Class of 2010 - who was extremely involved in sports throughout her high school career. She competed in swimming, cross country, ski racing, horseback riding and track all while maintaining a 3.8 grade point average.

*continues on next page*



Sammy with her parents Elaine and David Achterberg.



## Improving Children's Vision, One Child at a Time

There's something for everyone at Ken Caryl. The community and surrounding region are home to an array of amenities. However, there's one thing that's been missing until recently—an eye care practitioner certified to offer the nation's first FDA-approved<sup>1</sup> contact lens proven to slow the progression of myopia or nearsightedness in children between the ages of 8 and 12 at the initiation of treatment.

As the global pandemic escalates and kids are spending more time on digital devices, parents' concern about their children's vision are rising. In what is certain to be good news for families, a local optometrist is now offering life changing treatment to help improve children's eye health. Dr. Beth Seidman, OD, of Eyecare Center of Ken Caryl, is now a certified Brilliant Futures Myopia Management Program prescriber of MiSight 1 day contact lenses.

Like much of the world, myopia is on the rise in the United States and becoming more severe. More than 40 percent of Americans are myopic. That number is increasing at an alarming rate, especially among school age children.<sup>2</sup> According to the latest findings from the landmark CooperVision MiSight 1 day clinical study, nearly one in four children's eyes originally fit with MiSight 1 day remain stable for myopia after six years.<sup>3</sup>

Over the past year, myopia management has become mainstream practice among the country's best optometrists with a scientifically proven product. Dr. Seidman joins more than 1,500 fellow eye care practitioners who have become certified Brilliant Futures™ Myopia Management Program prescribers, with the number of children enrolled growing by the day.

To learn more about the Brilliant Futures Myopia Management Program, contact Eyecare Center of Ken-Caryl at 8321 S Sangre Drive Cristo Rd Littleton, CO 80127 303-973-6333



Myopia and nearsightedness are one and the same.

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[1] Indications for use: MiSight® 1 day (omafilcon A) soft (hydrophilic) contact lenses for daily wear are indicated for the correction of myopic ametropia and for slowing the progression of myopia in children with non-diseased eyes, who at the initiation of treatment are 8-12 years of age and have a refraction of -0.75 to -4.00 diopters (spherical equivalent) with ≤ 0.75 diopters of astigmatism. The lens is to be discarded after each removal.

i1 Compared to a single vision lens over a 3-year period. 2 Cooper, Y. (2019, May 1). With Childhood Myopia Rates on the Rise, the American Optometric Association Highlights the Importance of Early Intervention through Annual Eye Exams. Retrieved from <https://www.aoa.org/newsroom/myopia-rates-on-the-risesymm>

3Chamberlain P, Logan N, Jones D, Gonzalez-Mejome J, Saw S-M, Young G. Clinical evaluation of a dual-focus myopia control 1 day soft contact lens: 6-year results (2020 American Academy of Optometry Annual Meeting).

4Chamberlain P, et al. A 3-year randomized clinical trial of MiSight® lenses for myopia control. Optom Vis Sci. 2019; 96(8):556-67.

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Starting at age 17, Sammy has been competing in Pentathlon for over a decade. She continued her undergraduate education through DeVry University, graduating in 2018 with a degree in Business Administration while training in the sport of Modern Pentathlon in Colorado Springs. She moved from Ken-Caryl to the Olympic Training Center in 2010. After competing as a civilian, she joined the U.S. Army World Class Athlete Program in 2017. She completed Basic Training and Advanced Individual Training and now travels to Army Bases across the country to conduct Total Soldier Enhancement Training.

"I first started the sport trying to train, work part-time, and go to school. I was so exhausted with no friends, no balance and I didn't see improvements," said Sammy. "The [World Class Athlete Program] has allowed me to focus on my training and see better results. I have much more peace of mind being able to pay my bills. And I am able to use my sport expertise to translate to combative and lifestyle training for the military."

Sammy trains six days per week. Her daily schedule includes running 5-9 miles, swimming 1-1 1/2 hours, shooting and fencing for 1-2 hours, foam rolling, and stretching. She also builds in time for lessons with coaches, strength and conditioning training and equestrian training. Sunday is her rest day, featuring an easy jog and yoga.

"Competing in the Olympics is such an honor and also a huge reward for the years

of hard work and dedication that I have put into training for modern pentathlon," said Sammy. "I feel that it also represents all the people that have supported me through this journey. My family, my husband, my coaches, my friends, the World Class Athlete Program (WCAP), the US Army, Team USA and the staff at the Olympic Training Center, DeVry University and so many more. I could not have gotten to where I am at without the team behind me and the support that I have received. I am so grateful that the Olympics was not cancelled and that I still get this amazing opportunity to compete at the Olympics and represent Team USA and the US Army."

Resilience and perseverance are qualities that embody athletes like Sammy, who were tested mentally and physically over the last year due to the pandemic. But resilience persevered, along her competitive spirit, as Sammy adjusted to a new style of training in light of COVID-19, an adversary no Olympian saw coming. Adapting her trainings, pulling from the support of her husband, family and network of support in addition to consulting with a sports psychologist, helped keep Sammy strong in mind, body and spirit.

"Preparation and training definitely had to adjust and look a little different this past year," said Sammy, who worked hard to keep a regimented schedule, despite the pandemic. "For a time when pools and gyms were shut down, I had to make do with the space in my apartment. I trained for fencing footwork in my garage and put



Sammy's event, the Modern Pentathlon, includes equestrian show jumping.

up a target and tennis ball to practice drills. With laser shooting, I was able to set up a target in my garage/driveway to practice. For swimming, I hooked up bands and did different stability ball exercises to keep my arms and core strong. Thankfully, I could still run outside, do yoga and Pilates from home, and occasionally ride horses. Not as good as the Olympic Training Center and WCAP facilities, but when gyms and pools did start to open again, I felt that I had a strong base to start back up again."

Growing up in Ken-Caryl, Sammy was part of the Ken-Caryl swim club, rode horses at the Equestrian Center, was a lifeguard at the pools, ran the Open Space trails, and worked out at the Community Center. She loves coming back to Ken-Caryl where it feels, "so welcoming and supportive. [You] can feel isolated in the sport. It's nice to come home."

So, no matter how far her Olympic dreams – or travels – take her, Sammy can always count on the love and support of the Ken-Caryl community and her two biggest fans, her parents.

"It is surreal and gives me goose bumps," said Elaine. "Both Dave and I are very

proud and honored to see all of Sammy's dedication and hard work come to full fruition to fulfill her Olympic dream and represent Team USA and the U.S. Army."

Both Elaine and Dave are grateful for the support of friends, family, teachers, coaches, neighbors, mentors, the community and their church during Sammy's incredible journey to the Tokyo Olympic games. They look forward to seeing their daughter compete in the upcoming games and offer the following advice for parents of children with Olympic dreams.

"It is not easy to watch your child train and compete in a sport with some of the best all-around athletes in the world," said Elaine. "The pressure that goes with each national or international competition tests and challenges their training and competitive spirit. Always be there for your child – love and encourage them, listen, share the joys of victory and wipe the tears of defeat. Let them face adversity and acknowledge their growth, strength and character as a result. [Your child's] Olympic dream needs to be their dream not yours. Keep sports, activities and community part of family fun. Let their passion fuel the journey."

As for Sammy, she encourages a can-do attitude, perseverance and hard work for future Olympic hopefuls.

"When I did sports growing up, I was hardly ever the top athlete or the best, but I did show up every day and work hard," said Sammy. "This led to progress and over the years I got better and better. I did have setbacks from time to time, but I gradually improved each year. Consistency is key and it does pay off. Good things take time, and hey, it took me 10/11 years to make an Olympic Team in Modern Pentathlon!"

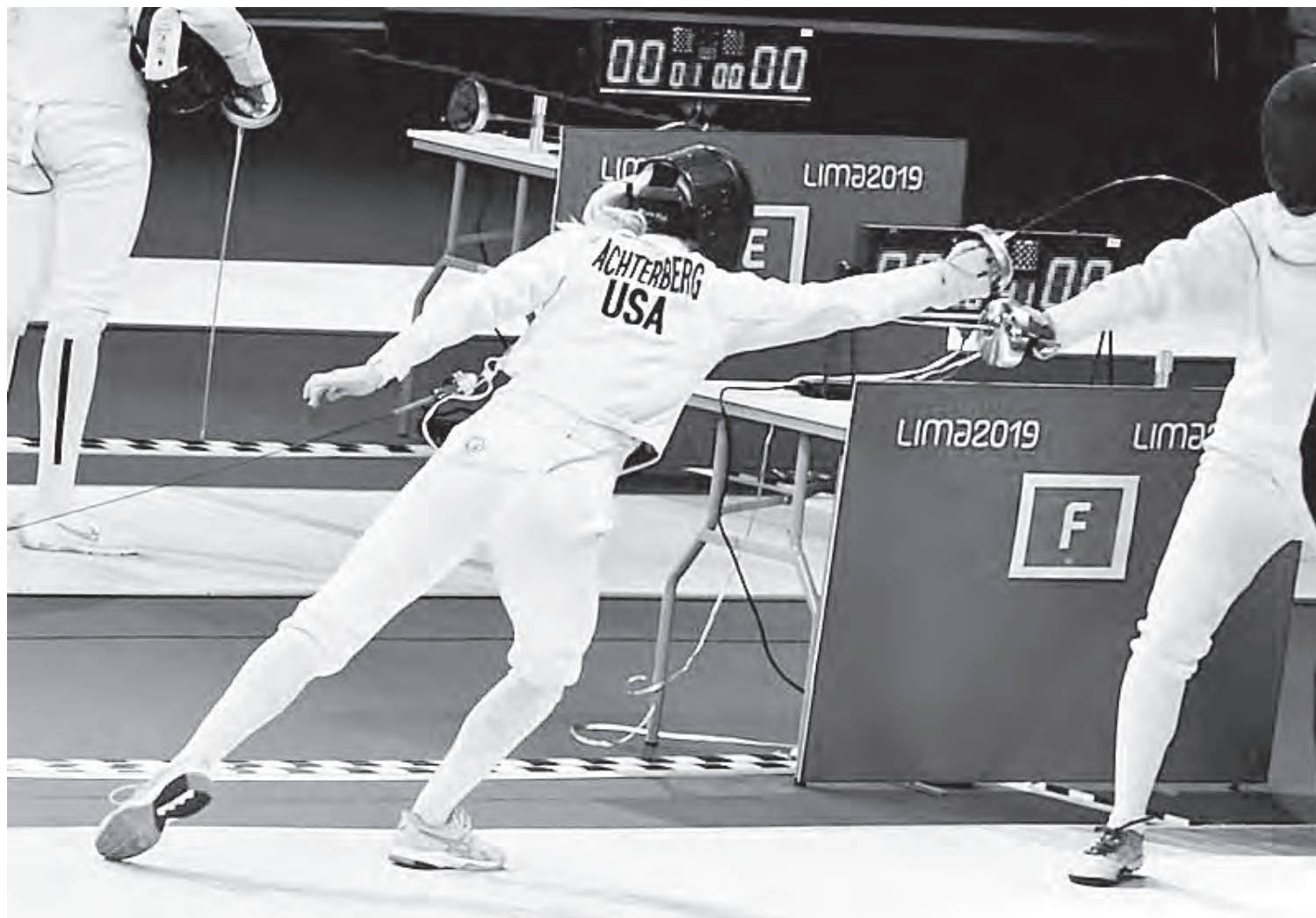
Sammy has worked hard over the last year to help prepare for the upcoming games and is thankful for the love and support that have guided her on her journey.

"I am so grateful for the support that I have gotten from the community of Ken-Caryl and Littleton," said Sammy. "I have so many amazing memories here and it will forever be my home! I am so excited to have the community behind me as I go to the Olympics and pursue my dream! Thank you!"

For community members interested in supporting Sammy and following her on her journey, visit her website at [www.samanthakusa.com](http://www.samanthakusa.com), or follow her on Instagram at @SamanthaAUSA, on Facebook at <https://www.facebook.com/samanthakusa>, or on YouTube at <https://www.youtube.com/c/SammySchultz>.



Sammy swims her way to Olympic dreams.



Sammy swims her way to Olympic dreams.

## Two Ken-Caryl Women's Tennis Teams Advance to Sectional Championships

A 'round' of applause is in order for two Ken-Caryl Women's Tennis Teams, who secured wins at this year's USTA District Championships in June to advance to the Sectional Championships, Aug. 13 – 15, in Salt Lake City, UT.

According to Women's Tennis Team 2.5 Captain Crystal Wurschmidt, the undefeated team qualified for the flight playoffs to advance to, and secure a win over, the eight participating teams in the District playoffs in order to secure a spot in the Sectional Championships. After winning the semi-final round-robin, the team secured their victory and a spot to represent the state of Colorado as well as Ken-Caryl Ranch in Utah.

Crystal's team will be joined by team Ken-Caryl Women's Tennis Team, 4.0, who also secured a "W" to represent the Ken-Caryl community in the Sectional Championships this month.

"I am extremely proud of every player on our team," said Crystal, whose team officially formed in March, but have been in class drills together for over a year. "We are reaping the rewards for all of the time and energy that we have committed to enhancing our skills as individuals and as partners this year. Tennis is an extremely skillful sport which challenges you both mentally and physically."

Along with Women's Tennis Team 4.0, under the leadership of Team Captain Karla Elliott, the two teams will duke it out in Sectionals, competing against teams from six intermountain states that include Colorado, Utah, Montana, Wyoming, Nevada and Idaho to achieve the highest wins in order to move on to Nationals. According to Crystal, Sectionals will be another round-robin format.

"We will maintain our same attitude," said team 2.5 team member Erica Smith. "We are excited, expect to play some great tennis and appreciate the experience to

represent not only our community, but also the state of Colorado."

Both teams attribute credit to the support of Ken-Caryl Tennis' coaches and staff, including Tennis Supervisor Robert Campbell and Pros Leslie Davis, Devin Van Treeck and Forrest Kennel in helping to achieve their victories on the court.

"In our opinion, our coaches are the very best in providing instruction on our personal skills, team skills and teaching us the rules of the sport," said Crystal. "They also are very supportive and cheer us on as players."

Teams 2.5 and 4.0 are excited and looking forward to heading to Utah next month to represent Colorado and the Ken-Caryl community, and enjoy a great partnership on and off the court.

"I love our team camaraderie," said Judy Greco, Women's Tennis Team 2.5 team member. "We play hard on and off the court and always have fun! Captain Crystal is always inspiring us with her words of wisdom! Go Ken-Caryl Yellow!"

### ◆ Our Community

## Next Community Social Justice Discussion Scheduled

Open to all in the Ken-Caryl community, an informal discussion on race, racism and social justice will be held on Sunday, July 18 at 2 p.m. at Heirloom Park. The park is located on Club Drive, two blocks south of the Ken-Caryl Community Center. This is the second meeting of the summer and is a continuation of stimulating and courageous discussions held last summer and fall.

Debbie Jackson, a long-time resident of Ken-Caryl Valley, will facilitate the discussion. Attendees are invited to bring a chair and something to drink for this outdoor meeting. For more information, please contact Gwen Thornton at [gwen.thornton42@gmail.com](mailto:gwen.thornton42@gmail.com) or Debbie Jackson at [deborrahjj@aol.com](mailto:deborrahjj@aol.com).



Ken-Caryl Women's Tennis Team, 4.0. From left, Stephanie Grace, Lenora Phelps, Karla Elliot, Emily Oermann, Shannon Kiebler, Candice Saxon, Candi Carpenito, Heidi Mueller, Beth Day and Stephanie Wiesing. Not Pictured: Lisa Thompson, Jill Strietelmeier, Darcie Coy.



Ken-Caryl Women's Tennis Team, 2.5. Back row, from left, Virginia Wang, Vicki Calabro, Erin Stampa, Erica Smith, Judy Delzell. Front row, from left, Judy Greco, Courtney Baraglia and Crystal Wurschmidt. Missing from photo - Mercedes Barrs.

### ◆ Jeffco Connect

## SLASH Your Fire Risk!

Reduce wildfire danger and protect your property through Jeffco SLASH: Sustainable Lands and Safer Homes. You can drop off tree debris and other organic material at collections all summer long. Accepted material includes tree debris and limbs with a maximum length of eight feet and a maximum diameter of six inches, as well as loose pine needles, tree bark and pinecones. The 2021 slash collection will be each weekend June through October at various locations throughout Jefferson County. More information available at <https://www.jeffco.us/2493/Slash-Collection>.



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Resident Judy Leidy snapped and shared a photo of the cavernous red rocks on a recent hike in the Valley.



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## Breakfast at Brannon

Resident John Rodell captured this blue heron grabbing a quick bite at Brannon Gearhart Park.



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## Fairy Tale Ending

Helping our furry friends find homes.

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



**Clyde (#230609):** Clyde is a 7-year-old, male Basset Hound mix. This handsome little fellow came to the shelter when his former owners could no longer care for him; and is eager to find a new forever family and get back to the attention, love and sense of belonging that he enjoyed in his former home. Clyde has displayed loose, relaxed body language during his stay at the shelter and constantly sought attention from handlers. He and his kennel mate Dale (#230607) lived together in their previous home, so if not being rehomed together, Clyde likely would enjoy the company and reassurance of a canine companion in a new adoptive household.



**Beauty (#229956):** Beauty is a 1-year-old, female cat. This sweet tabby, aptly named for her impressive calico coat, came to the shelter from an out-of-state facility and is very eager to find a new Colorado family that will provide her with the love, permanence and security that she so richly deserves. While Beauty has been somewhat fearful and stressed from the upheaval in her life, one thing is clear to her handlers: with gentle attention and time to adjust to new faces and surroundings, she will make a wonderful addition to any adoptive family.

Visit [www.FoothillsAnimalShelter.org](http://www.FoothillsAnimalShelter.org) to find out more about Clyde, Beauty and other deserving pets in need of good homes.



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## Special Events

Kate McDonald  
Aquatics and Community Coordinator  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Flick 'n Float

Mark your calendars for the next Flick 'n Float Dive-In Movie at the Ranch House, generously sponsored by our friends at Colorado Credit Union!

#### Saturday, July 17 - Trolls World Tour

Guests may arrive beginning at 8 p.m. and the movie will start at approximately 8:15-8:30 p.m. depending on the sunset. These events are free for District residents! With the exception of noodles, all other floatation devices are not permitted for safety reasons.



## Tennis & Pickleball

Robert Campbell  
Tennis Program Supervisor  
[robert@kcranch.org](mailto:robert@kcranch.org)  
303-979-2233, ext. 202

### Ball Machine Available to Rent Outdoors!

Ken-Caryl Tennis now has a ball machine available to rent outdoors at the Community Center and is an option for players when you reserve court #1 or #2 online. The cost of the ball machine rental is \$15. The ball machine is in the shed next to court #2. Please return the ball machine to the shed when finished.

### Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the Community & News section.

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## Aquatics

Kate McDonald  
Aquatics and Community Coordinator  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

All pools are open! If you haven't already, residents will need to purchase either a day pass or season pool passes for \$35 per each family member to access the pools all summer long! Children under 3 are free. Passes are now available for purchase online! Visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) to purchase your individual passes!

Additional information is now available on the Aquatics page of our website, including fees, hours and more at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Swim Lessons

With a focus on water safety and basic swimming skills, our 30-minute lessons incorporate play-based techniques creating a fun learning environment for your swimmer. For class descriptions, and to register, please visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

Lap it up! We have extended Lap Swim dates and times! For a complete schedule, please visit the Aquatics page on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).



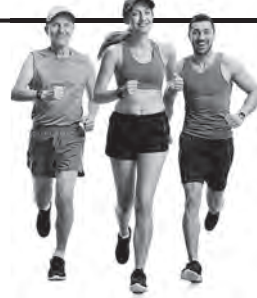
## KC Fitness

Janet Robbins  
Fitness Coordinator  
[janetr@kcranch.org](mailto:janetr@kcranch.org)  
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From Boomer Fitness to H.I.T.T. it Hard to Zumba, we've got fitness classes that appeal to all skill and interest levels! For the latest fitness class information, class descriptions, schedules and to register, please visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org)!

### Fitness Classes & Personal Training

Due to COVID-19, please visit our website for the most up-to-date information on classes, hours and fitness sessions at [www.ken-carylranh.org](http://www.ken-carylranh.org).



## KC Fitness

### Aqua Aerobics Classes are back!

Aqua Aerobics classes have begun and will be held daily. Pre-registration is required. Please visit us online at [www.ken-carylranh.org](http://www.ken-carylranh.org) for additional cost information and scheduled time of classes.

COVID restriction levels have changed. The use of the weight room and cardio areas at the Fitness Facility no longer require pre-registration. All fitness classes still require pre-registration. If you have any questions, please contact the front desk at the community Center at 303-979-2233.



## Sports & Athletics

Kate McDonald  
Aquatics and Community Coordinator  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Soccer Shots for your tots!

Soccer Shots returns to Ken-Caryl Ranch! This program is an engaging children's soccer program designed to introduce young players ages 2 - 8 to the joy and fun of team sports. Soccer Shots focuses on skill and character development under the guidance of best-in-class coaching. For more information, and to register your child, visit [www.soccershots.org/den/](http://www.soccershots.org/den/).

### Challenger Sports Summer Soccer Camps

Ken-Caryl Ranch and Challenger Sports are pleased to announce summer soccer camps are coming to the Ranch House! These camps will focus on skill development and feature instruction by professional and international coaching staff. For more information, and to register, visit <https://www.challengersports.com/>.



## Youth Programs

Lizz Brock  
Recreation Supervisor-Youth Programs  
[lizzb@kcranch.org](mailto:lizzb@kcranch.org)  
303-979-1876, ext. 132

### Summer Enrichment Programs

Ken-Caryl Ranch is happy to host several contracted youth enrichment camps conveniently located at the Ranch House! Whether you have a mad scientist, a YouTuber-in-the-making or a LEGO architect at home, we have a variety of programs sure to appeal to your child's creative curiosity! Explore the many program offerings by visiting our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

### Ken-Caryl Ranch B&A Care Program

The KCRMD Before and After Care Programs serve Shaffer Elementary and Bradford Schools. We strive to promote healthy development through experiential, explorative and fun opportunities! This program not only offers before and after care, we also offer full-day care during no school days and school breaks. This program follows the Jeffco Public Schools calendar and will follow any calendar changes due to COVID-19. \*Registration is open for the 2021-2022 school year, solidify your family's Before and After Care spots for next school year! Find this registration online and get enrolled now!

### Story Time at the Ranch House

Join us for Story Time at the Ranch House, in partnership with Jeffco Public Library, each Friday at 10 a.m., located at the Ranch House picnic area.

### Babysitting Clinic

This course is designed for pre-teens to help prepare them for those first babysitting opportunities. Students will learn to identify their own responsibilities and personal safety. Basic child care, including feeding, bathing and diapering will be covered. Participants will also learn basic child development and be able to provide activities for the many developmental stages. Home and fire safety and prevention and treatment of common injuries will also be covered. Ages: 11 - 14 years. Register at [www.ken-carylranh.org](http://www.ken-carylranh.org).

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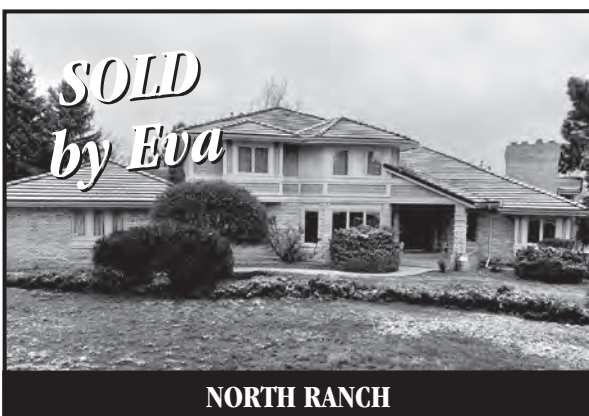
**TRADITIONS**

29 Honey Locust • \$850,000



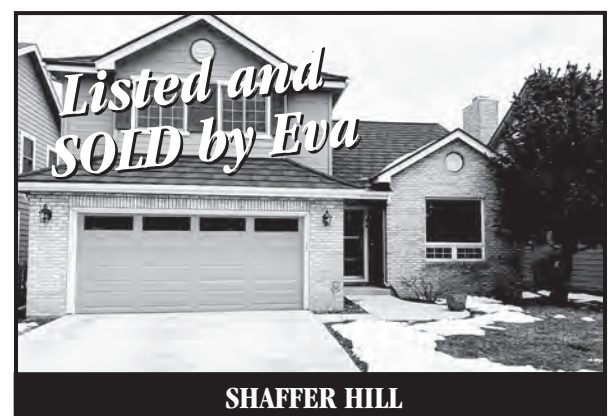
**TRADITIONS**

14 Red Locust • \$849,000



**NORTH RANCH**

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	16 Catamount Ln.	16 Red Locust	14 Golden Eagle	8 Desert Willow
	43 Buckthorn	21 Prairie Clover	1 Summit Cedar	6 Mtn. Laurel
	3 Wren	20 Buckthorn	29 Honey Locust	2 Sycamore

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## Ranch House and Dakota Lodge Photo Display Contest Winners!

Congrats to our resident photographers whose photos depicting Ken-Caryl Ranch living were selected to be printed and displayed at the Ranch House and Dakota Lodge. These photos will be part of Ken-Caryl's acoustically aesthetic collection of sound-absorbing wall art panels. We will once again be working with Audimute on creating these panels that are 1.5" thick and have a 0.95 NRC rating, absorbing on average 85 percent of sound waves that contact them.

Photos were selected anonymously, based on composition, seasonality, a diverse representation of Ken-Caryl living and how the photos would best translate to the printed medium.

Stay tuned regarding when these photos will be available for public viewing!

Many thanks to all of our residents for their incredible photo submissions that will be featured in future editions of *Life at Ken-Caryl* and across our social media platforms.



Jonathan Spencer



John Rodell



Rich Evans



John Rodell

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Chris Ebright



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John Rodell

## Nature Nurtures

By Kathy Webster, Resident

The idea that nature heals is a concept well known and practiced in Japan. "Taking in the forest atmosphere" or "forest bathing" was an idea developed in Japan in the 1980's. The idea was to visit a natural area, to walk in a leisurely manner and to reap the therapeutic benefits.

Forest bathing has come to America! "One cannot get enough of nature." Something special happens when you are outside. The calm and peace that you have known and felt communing with the Mother Earth is now supported by science. The connection between nature and our mental well-being is so striking, that scientists have begun to study all the ramifications of "forest bathing." Research proves just how important outdoor time is for adults and children. Research has also shown that we are happier, have less anxiety, lower cortisol levels, lower blood pressure and higher overall health and feeling of well-being when we take time to be with nature.

In line with this concept, the Ken-Caryl Conservation Club is sponsoring weekly trail hikes here in Ken-Caryl Valley to allow residents and their friends to benefit from "forest bathing" and the added benefits of exercise and social interaction. The hikes will be on Wednesday evenings, starting on July 7 at 6:30 p.m. Please meet at the end of Deerwood Drive at the intersection of the connector trail that leads to the Colorow Trail. Bob Clement will lead the hikes. You can park on the street. Bring water, a walking stick, a camera and your love of nature.

"In every walk with nature, one receives far more than he seeks." - John Muir

If you need more information or have questions, please email [kencarylconservationclub@yahoo.com](mailto:kencarylconservationclub@yahoo.com).



Bob Clement leads hiking groups in the Ken-Caryl Valley.



Hikers enjoying the beauty and bounty of Ken-Caryl Ranch.

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Mule Deer # 3,4,6,30,31,34,39,42,43,46,47 & 48  
Wren # 1,2 & 4

Goshawk # 3,4,6 & 7

**COMPOSITE ROOFS:**

Willowleaf # 16,24,26,30,46,70,98 & 100  
Honey Locust # 22,23,25 & 27  
Dawn Heath # 57,58,60 & 65  
Wintercress # 2,5,6 & 11  
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# Remember the Five "Ps" Of Wildfire Evacuations

By Daniel Hatlestad, Ken-Caryl Firewise Committee

Wildfires have become a way of life in Colorado as the rain and snow have become less frequent and the temperatures have grown hotter. You may find yourself needing to evacuate at moment's notice. Here are the five "Ps" you need ready to have prepared prior to an evacuation. Now is the time to gather your five "Ps" for rapidly leaving your home when wildfire threatens.

1. People and Pets — Be ready to flee with yourself and your family, and if safely possible, assist neighbors who may need extra help. Pets and other animals may be scared with the noise and smoke of a wildfire in the area.
2. Prescriptions — Have them bagged and ready to go, including medicines, medical equipment, batteries or power cords, eyeglasses and hearing aids.
3. Papers — Important documents (hard copies and/or electronic copies saved on external hard drives or portable thumb

drives.  
 4. Personal Needs — Such as clothes, food, water, first aid kit, cash, phones, and chargers and items for people with disabilities and others with access and/or functional needs, such as older adults, children and those with limited English proficiency.

5. Priceless Items — including pictures, irreplaceable mementos and other valuables.  
 People are the most important factor to consider. Make a family disaster plan so everyone will know where to check in when a disaster occurs. Experts say to have a distant place or phone that everyone can call in case of an emergency. When an emergency occurs, local phone traffic may be limited and it may be easier to reach someone far away. Make sure that everyone in the family knows who to call and remember that even when the signal isn't strong enough for a cell phone call to go through, it may be possible to text. Make sure everyone knows who to contact and what that number is.

With the number, intensity and size of wildfires in Colorado in 2020, it is important that we also plan to evacuate

with our pets. Prepare food, cages, pet toys, pet and animal documentation now in anticipation of wildfires in Jefferson County. Evacuation of horses may require extended time and resources – consider animal evacuation early if wildfire is in the area.

Prescriptions are also important. Don't forget your medicine when you evacuate. Leaving your medicine behind may place your health at risk at a time you can least afford it, and you might have difficulties getting medicines replaced. Prescriptions should be organized and easy to grab in case of an evacuation.

Important legal papers will be needed, so make sure yours are handy. Birth certificates, car registrations, health insurance cards, proof of insurance and social security cards can all be replaced, but it takes time. Make sure yours are in an easy-to-reach file that you can grab as you evacuate. Some people keep their important papers in a portable file box. If



you keep yours in a file cabinet or certain drawer in the desk, make sure they are in the same file so you don't have to rifle through lots of paperwork as you head out the door. Consider storing electronic copies of your important documents online by simply emailing copies to yourself. Phone numbers and policies of insurance companies will be extremely important in case you have to file a claim after the emergency.

Personal needs items make you comfortable. Clean clothes or a toothbrush can make you feel at home even if you are in a shelter. Take a child's favorite toy or your favorite pillow if it brings you comfort. Consider packing clothing for an extended evacuation and clothing for a return to a dirty or damaged home when allowed.

What is it that you would miss most if it were no longer there? Dad's photos or mom's antique watch may not mean much for your ultimate survival, but heritage is important to many of us. Don't risk life or limb to load grandmother's furniture, but easily carried keepsakes can be put in the car as you evacuate. Create a list of important items and post the list where it can be seen each day. Think about those priceless items that would be impossible to replace and take them with you.

Sign up for Jefferson County's CodeRED. CodeRED is a web-based critical communication system that enables local public safety personnel to notify residents and businesses by telephone, text message, email and social media of the need to evacuate and other urgent notifications. Sign up at: <https://www.jeffco.us/473/Emergency-Notifications>.

The bottom line is to evacuate when you are threatened by wildfire. Don't wait for an evacuation notification. Early evacuation will provide you with time for gathering the five "Ps" and to safely evacuate the area. Don't risk your life or your family's safety by waiting. As soon as you are aware of wildfire in the area, start gathering important items and get them ready to go. When the threat appears or the evacuation request comes, you will be ready to move out. The order to evacuate is not given lightly, so follow the instructions of emergency personnel. Your survival may depend on it.



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- Steve and Patti Conn

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**LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary due to holidays. Deadline dates can be found at [www.ken-carylranh.org](http://www.ken-carylranh.org).

At present, the method for submitting letters to the editor is by email to Allison Hefner at [Allisonh@kcranch.org](mailto:Allisonh@kcranch.org). A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed.

Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word.

Email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org). Deadline for July 21, 2021 issue: July 12, at 5 p.m.

**Dear Editor,**

"Beauty is in the eye of the beholder." Has anyone noticed how aesthetically pleasing the drive along South Valley Road is now that eight "eyesore" Russian Olive trees have been cut down? Facetious?

Your MA Board voted to spend \$4,000 of your dues to aid in cutting down healthy mature Russian Olive trees that have lined the stone wall along South Valley Road for 30 years. Why and how was this decision made? I attended the MA Board meeting when this decision was made. It was voted on, not by facts, but by a comment from a non-resident employee, who decided the trees were an "eyesore." There was no mention of any resident complaint about these hardy trees that were part of the open space landscape.

Dr. Seuss created the character, The Lorax, to encourage people to speak for the trees, "for the trees have no tongues." No facts were presented in defense of the trees. After the meeting, I did my own research and, yes, certain species of Russian Olive trees are designated as noxious trees because they can be invasive and are not native to Colorado. The Colorado Department of Agriculture wants to discourage people from planting them. However, after talking to a professional arborist, he informed me that there is no good reason to cut down mature healthy Russian Olive trees. They provide habitat and forage for animals and pollen for bees. Frequently, I have witnessed raptors hunting from those treetops. The arborist indicated with climate change; it would be beneficial to have mature trees that can survive without irrigation.

None of these facts were presented before the vote to spend our dues to cut down these trees. I wrote a letter to the employee and MA Board President (no response) presenting these facts, hoping for reconsideration, but to no avail. The trees are gone. Eagles, hawks, falcons and owls are left wondering, "Where are my hunting perches?"

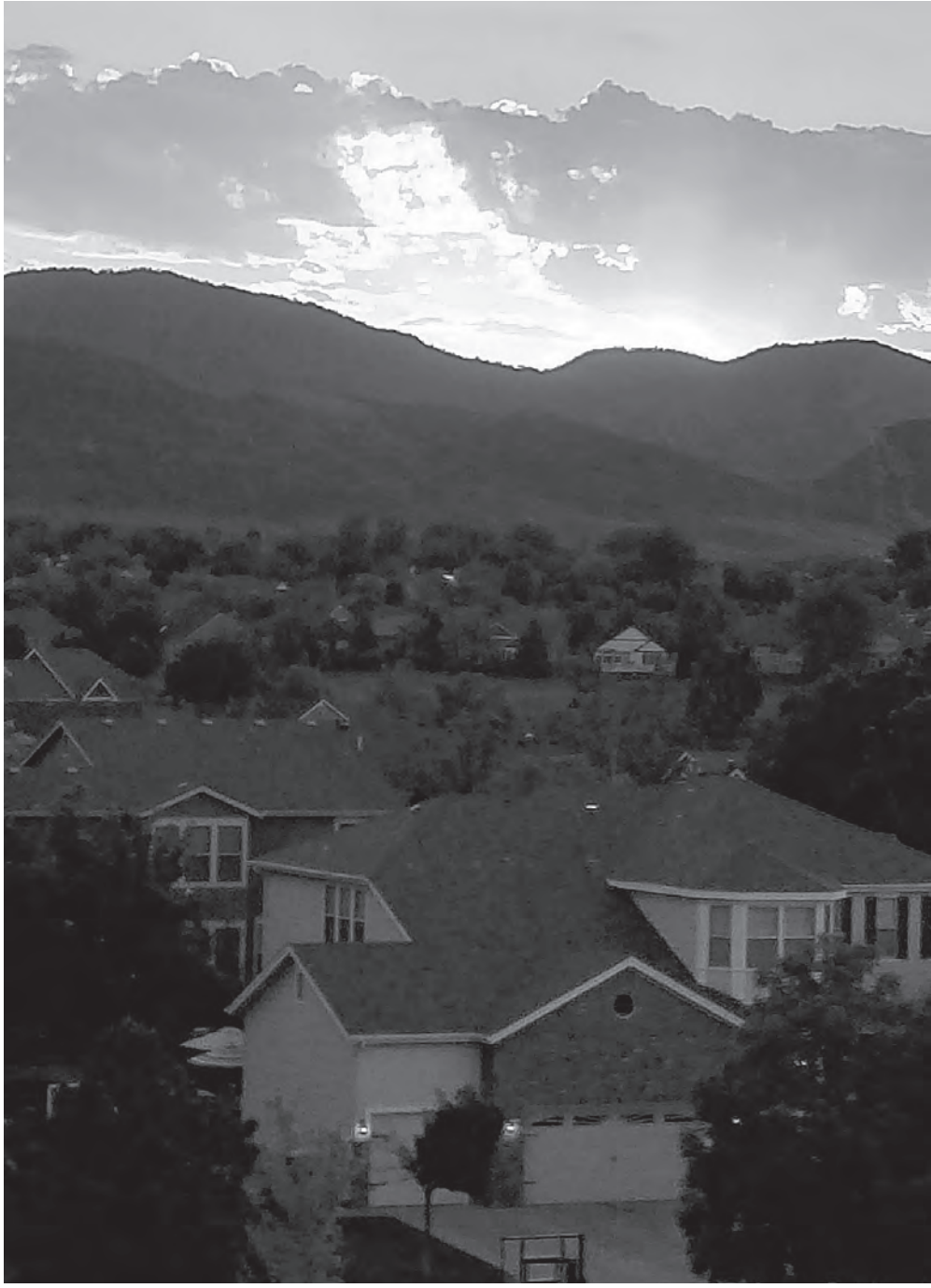
I hope all residents will enjoy the more beautiful ride along South Valley Road now that these "eyesore" trees are missing. Why wasn't the Lorax consulted?

*Kathy Webster, Resident*

*Editor's Note: A fact sheet titled "Russian Olive Identification and Management" was provided to the board in the board packet for the April 20, 2021 meeting. The board packet is also made available to the public on the community website. The fact sheet detailed the classification of Russian Olives as a List B Species in the Colorado Noxious Weed Act. Two arborists were also consulted. The decision to remove the trees was not just based on aesthetics but also on concerns that the trees could cause damage to the large rock wall along Valley Road. The final cost to remove the trees was \$5,300 of which the Master Association shared the cost equally at \$2,650 with the Enclave sub-association.*

**Spectacular Sunrise**

Resident Bud Becker photographed a stunning spring sunrise over the sledding hill in the Plains.



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You can download a contract and view deadline dates at [www.ken-carylranh.org](http://www.ken-carylranh.org) under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Cost is \$.25 per word for residents or \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876 ext. 109 or email [kristenp@kcranch.org](mailto:kristenp@kcranch.org) for more information.

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## Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Allison Hefner at [AllisonH@kcranch.org](mailto:AllisonH@kcranch.org) or call 303-979-1876, ext. 108.

Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
Olivia Anderson	303-902-5026	B, P, S	15	Aspen Meadows
Jade Atkinson	720-616-0063	P	15	Aspen Meadows
Colette Bennett	720-415-0311	B, P	16	North Ranch
Preston Bennett	303-520-4411	S	13	North Ranch
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	17	North Ranch
Eva Bochner	720-899-0033	B, P	15	North Ranch
Mariel Bochner	319-338-4414	B, P	12	North Ranch
Adam Brandland	720-376-1987	L, S	14	Settlement
Abby Burton	720-616-1333	B, P	13	Aspen Meadows
Bridget Cassidy	720-244-1359	B, P	16	Stratford Farms
Hope Cuttitta	303-517-8864	B, P	15	Deer Creek
Ella Daugherty	303-591-2004	B, P	14	Village
Quinn Daugherty	303-591-2004	B, P	13	Village
Brooke Ellis	720-988-9162	B, P	16	Heirloom
Megan Ellis	720-290-2033	B, L, P, S	14	Heirloom
Ella Famariss	303-588-4130	B, P	17	North Ranch
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Abbie Gallant	303-517-8864	B, P	15	Deer Creek
Connor Glitzer	303-489-3932	L, S	16	The Village
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Nicole Guarino	303-720-3036	B	17	Bradford Place
Cameron Guider	303-868-7198	B, P	12	Aspen Meadows
Will Guider	303-868-7198	L, P, S	12	Aspen Meadows
Kara Hammond	720-979-4069	B, P	13	Carriage Hill
Keegan Hardesty	720-484-9557	B, L, P, S	15	Cimarron
Mac Hardesty	720-672-1225	L, P, S	13	Cimarron
Michael Hefner	303-359-9052	P, L	11	The Spread
Trisha Henderson	732-915-1214	P	17	North Ranch
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave/Traditions
Natalie Himmel	720-788-3419	B, P	15	Eagles Pointe
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Afton Jones	720-705-9797	B	16	Manor Ridge
Aubrey Jones	720-971-6680	B	16	Manor Ridge
Austin Karchut	970-217-7240	B, P	16	Bradford Place
Tyler Karchut	605-641-5672	P, L	13	Bradford Place
Harrison Kauffman	303-520-4819	L, P, S	17	Wynterbrooke
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	11	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Kellen Lay	720-629-5566	L, S	12	Wynterbrooke
Cadence Leal	303-725-9042	B, P, S	12	Sunset Ridge
Ethan Lehrke	720-295-2156	L, S	17	Cimarron
Andrew Lerudis	303-523-0765	L, P, S	13	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Payton Lott	720-415-3486	B, L, P, S	15	The Spread
Rachael Lott	720-415-3486	B, L, P, S	15	The Spread
Hadley Marx	720-380-4671	B, P	18	Shaffer Hill
Hannah Marx	720-380-4670	B, P	16	Shaffer Hill
Hayden Marx	720-588-7486	L, P, S	15	Shaffer Hill
Eric McCabe	720-951-9467	L, P, S	17	Heirloom
Mitch McGatlin	703-850-0642	B, L, P, S	16	Legacy
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Raleigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Janey Millstone	720-668-1029	B, P	12	North Ranch
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Hayden Nash	303-895-8117	B, P	12	Cimarron
Kellian Nash	720-630-5764	L, P, S	13	Retreat
Catherine Newsom	303-325-5232	B, P	15	Legacy
William Newsom	303-325-5232	L, S	18	Legacy
Ethan Pankow	720-217-8175	P	14	Heirloom
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	14	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-973-2469	L, P, S	14	Eagles Pointe
Seth Reisinger	720-525-0078	B, L, P, S	17	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S	13	Village
Paulina Roberts	720-394-3910	B, P, S	11	Village
Max Ruskowski	720-517-9066	L, P, S	17	Stallion Pointe
Sebastian Ruskowski	303-960-9883	L, P, S	13	Stallion Pointe
Nic Sarkisov	720-470-1486	P, S	15	Heirloom
Megan Schuster	720-587-7265	B, P	18	Heirloom
Nicholas Schuster	720-990-7465	B, P	16	Heirloom
Ava Secondo	303-883-2592	B, P	15	Cimarron
Jacob Seybert	303-668-5987	L, P, S	16	Saddlewood
John Seybert	303-668-5987	L, P, S	16	Saddlewood
Maria Seybert	303-668-5987	B, P	15	Saddlewood
Austin Skeffington	720-308-8704	L	17	Wynterbrooke
Tristan Smith	720-323-4019	L, P, S	12	Barrington Ridge
Ian Soukup	303-482-6465	B, P, S	16	Eagles Pointe
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Abby Szabo	720-745-1339	B, P, S	15	Aspen Meadows
Ben Szabo	720-413-3072	L, P, S	17	Aspen Meadows
Maddy Szabo	720-768-5452	B, P	15	Aspen Meadows
Cole Torgerson	720-291-9022	B, L, P	19	Legacy
Jack Torgerson	303-981-7617	B, P	16	Legacy
Zane Tweedie	720-688-9440	L, P, S	15	Deerwood Vista
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Catie Watkins	720-705-1656	B, P	14	Manor Ridge
Charlotte Webster	703-655-4428	B, P	16	The Spread
Judah Webster	703-655-4428	B, L, P, S	13	The Spread
Ella Widmann	720-318-7927	B, P	17	Territory
Ava Yaley	970-946-8955	B, P	13	Carriage Hill

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