



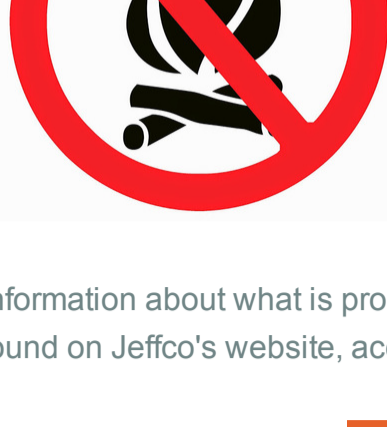
KEN-CARYL RANCH



## Ken-Caryl Ranch e-News

April 25, 2022

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org) or 303-979-1876, ext. 108.



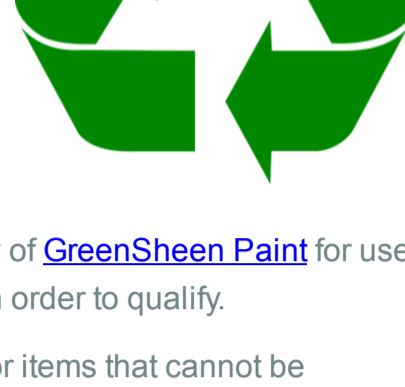
### Stage 1 Fire Restrictions in Place

County Sheriff Jeff Shrader implemented temporary Stage 1 Fire Restrictions for all lands in Unincorporated Jefferson County on April 20. This temporary Fire Ban shall remain in effect until superseded or repealed.

Information about what is prohibited and what is allowed during a fire restriction can be found on Jeffco's website, accessible by clicking on the button below.

[Stage 1 Fire Restrictions](#)

### Recycling Paint & Stain

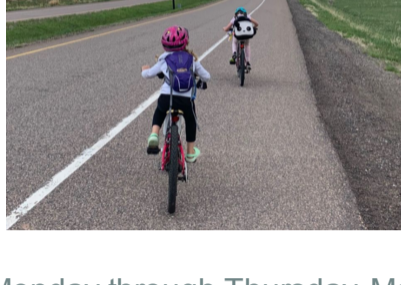


Paint, stain, household chemicals and other hazardous materials will not be accepted at this year's Recycling & Clean-Up Event on May 7. Instead, residents may drop off their paint and stain to be properly recycled at [Rooney Road Recycling](#), 303-316-6262, (fee applies for chemicals, paint and stain is free) and [Sherwin-Williams](#).

FREE Paint pick up for disposal is also available courtesy of [GreenSheen Paint](#) for used paint containers that combined, held at least 10 gallons, in order to qualify.

For a comprehensive list of alternative recycling options for items that cannot be accepted at this year's recycling event, like compact fluorescent lights and water heaters, please click on the button below.

[Alternative Recycling Options](#)



### Bradford K-8 Participates in Walking and Wheeling Week

Bradford K8 will again join schools across the country on Monday through Thursday, May 2-5, for Walking and Wheeling Week.

Students and their families are invited to walk or wheel (bike, skateboard, roller skate, etc.) to and from school. Participants are encouraged to arrive early to school to register for drawings and to learn from safety demonstrations. The drawings will occur daily at both schools and will include prizes such as gift cards, bike accessories, school spirit gear and more! All participants will receive stickers, giveaways and a bike check provided by the Ken-Caryl Trail Club. Students should look for special frozen treats on Thursday afternoon. Bike to School Day events raise awareness of the need to create safer routes for bicycling and walking and emphasize the importance of issues such as increasing physical activity among children, pedestrian safety, reducing traffic congestion and concern for the environment. The events build connections between families, schools and the broader community. More information, please click on the button below.

[Walking and Wheeling Event](#)

### Volunteers Needed and Pony Rides Return to the Equestrian Center!



#### Call for Camp Volunteers

The Ken-Caryl Equestrian Center is looking for volunteers aged 13 and up with horse experience to assist with summer camps. We have two opportunities available for volunteers, Monday – Thursday from 9 a.m. – 12 p.m., daily, to assist with campers ages 8-12 years. The second opportunity is for our Picnic with Ponies camp, Tuesday – Thursday, from 12 p.m. – 2 p.m., daily, for campers ages 6-8 years old.

All volunteers must be able to groom and tack up on their own. If interested, please contact Jennifer for more information at [egschool@kcranch.org](mailto:egschool@kcranch.org), or 303-972-8456.

#### Pony Rides at the Equestrian Center

Do you have a horse-crazy preschooler? The Ken-Caryl Riding School will be offering pony rides during select school days this spring! Rides are 10 minutes in duration and hand-led for \$25. To check availability, please use the sign-up link below.

[Registration](#)



### Motorized Vehicle Use in Ken-Caryl Ranch

Just a kindly reminder to please save Zoom(ing) for online use only! Unauthorized vehicles on Ken-Caryl's trails are prohibited, which includes, but is not limited to, motorcycles, motorized scooters and any other motorized vehicles. Class 1 e-bikes are allowed on natural surface and paved open space, greenbelt and park trails. Class 2 e-bikes are only allowed on paved open space, greenbelt and park trails. Class 3 e-bikes are only allowed on roads and parking lots where motorized vehicles are authorized to travel. For more information on our Open Space Rules & Regulations, please visit our website by clicking on the button below.

[Open Space Rules & Regulations](#)

### Here's What is Shakin' at the Community Center



#### Essential Oil Basics

The Essential Oils Basics class will provide an overview to help participants get started, or improve your current understanding of essential oils. You will learn what essential oils are, what they are used for - both aromatic and therapeutic - how to safely use them, how to purchase quality oils and the basic techniques of blending them. Enjoy making your own aromatherapy roller or spray as a part of the class, with the option to make additional rollers for \$5 each. Minimum of 6, maximum of 15. Makes a great Mother's Day gift! Register today using the link below.

**Date:** Friday, May 6  
**Time:** 1-2 p.m.  
**Location:** Community Center  
**Cost:** \$25 In-District/\$30 Non-District

#### Line Dancing Class

The fun continues! You're gonna want to fall in 'line' with our next 4-week Line Dance class starting on Tuesday, May 3. Join enthusiastic and talented dance instructor, Cindy Briggs, who will be teaching several different genres of line dances, including country, Latin, disco and pop. No prior dance experience required.

**Date:** Tuesdays, May 3 – May 24  
**Time:** 6-7 p.m.  
**Location:** Community Center  
**Cost:** \$52 In-District/\$64 Non-District

[Essential Oils Class Registration](#)

[Line Dancing Class Registration](#)



### Staff Spotlight: Meet Barb Mcguire, Aqua Zumba Instructor

Introducing Fitness Instructor Barb Mcguire, who will be teaching "Aqua Zumba & More" on Tuesday mornings from 8:45 – 9:35 a.m. this summer!

"I became certified as a Zumba instructor in February of 2020 and started teaching Aqua Zumba in Ken-Caryl in the summer of 2021," said Barb. "When I teach Aqua Zumba, I feel like I am on vacation with a group of truly wonderful friends in a simply idyllic setting! There are so many things I love about Zumba, but my favorite part is how it makes me feel... I hope my students feel the joy of movement in a fun and non-intimidating setting and gain all the benefits Zumba has to offer - body, mind, and spirit."

Stay tuned for Aqua Zumba class registration - coming soon!

### MA Board Meeting Summary

The Master Association Board met for its monthly meeting on April 19. Please click on the button below to view a summary of this meeting.



[MA Board Summary](#)

### Calendar

Meeting agendas are available online for [Committees](#), the [MA Board](#) and the [MD Board](#) and will be linked in the e-news calendar once posted.



#### Upcoming Meetings

[MD Board Meeting](#) - April 26 at 6 p.m. / Ranch House

Valley Parkway Improvements - May 3 at 6 p.m. / Online - Meeting Log-in TBD

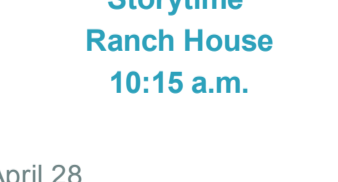
[Recycling and Clean-Up Event](#) - May 7 at 8:30 a.m. / Ranch House



#### Committee Meetings Ranch House and Dakota Lodge

Architectural Committee Meeting - April 28 at 7:30 a.m. / Ranch House

Community Planning Committee - May 2 at 5 p.m. / Ranch House



#### Storytime Ranch House 10:15 a.m.

April 28  
May 5

Dates and times are subject to change, especially in regard to COVID-19 updates.

\*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

### Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Home Improvements](#)

[KC Fitness Center](#)

[www.ken-carylranh.org](http://www.ken-carylranh.org)

Ranch House, 7676 S. Continental Divide Rd., Littleton, CO 80127, 303-979-1876  
Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233  
Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876  
Equestrian Center, 303-979-4500  
Park Rangers, 303-979-1876, ext. 170

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