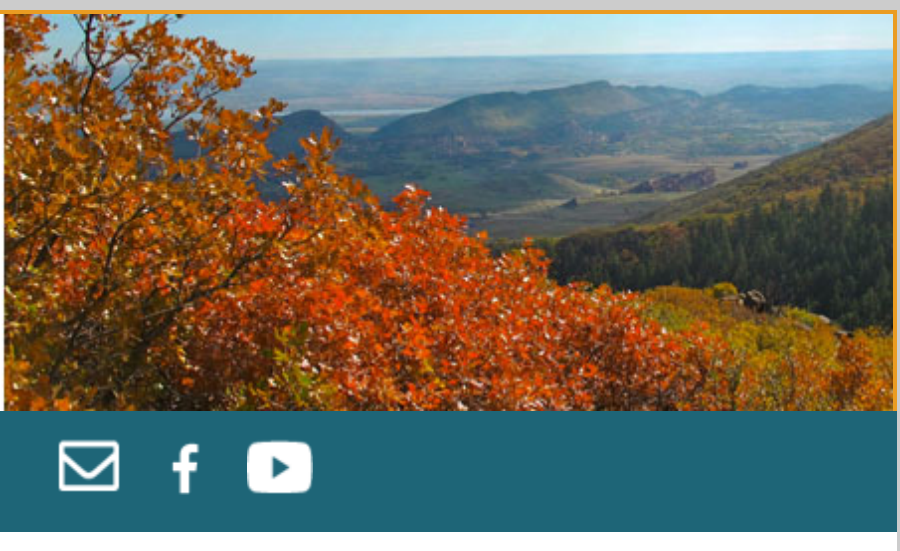




KEN-CARYL RANCH



Ken-Caryl Ranch e-News

February 27, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.



2023 MA Board Election - Cast Your Vote!

The 2023 Ken-Caryl Ranch Master Association Board election is currently running through March 7 at 5 p.m. To participate in this year's election, residents will have received an email, or postcard in the mail for those without an email address on file, to cast your vote! Residents may also cast their votes in person via paper ballot at the Ranch House, Monday - Thursday, from 9 a.m. - 4 p.m., or by appointment with a valid ID. **Please note the Ranch House is closed to the public on Fridays.**

This year, you may vote for up to two candidates. For election information, voting details and to view this year's candidate profiles, please click on the button below.

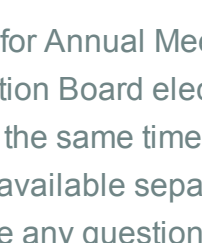
Did you miss the 2023 MA Board Candidate Forum earlier this month? Then be sure to click on the button below to hear what the candidates have to say and how they answer some important questions from our community!

Questions about the election? Contact Brian Yowell at briany@kcranch.org.

[2023 MA Board Election Information](#)

[Candidate Forum Recording](#)

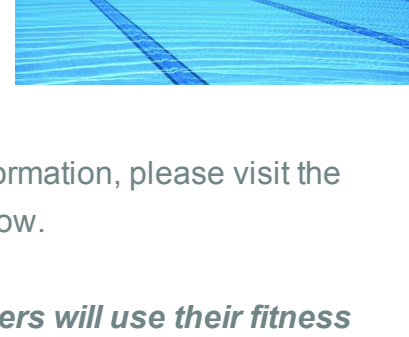
Master Association Annual Meeting is March 7



The Annual Meeting of the Ken-Caryl Ranch Master Association is scheduled on March 7 at 7 p.m. via Zoom only. Online meeting information and the meeting agenda will be posted to our website prior to the meeting.

Proxies for Annual Meeting quorum purposes will be part of the online Master Association Board election. When you go online to vote, you will be able to submit your proxy at the same time. If you choose not to vote in the election, an online proxy form will also be available separately. The proxy does not grant your voting privileges to anyone. If you have any questions about the MA Board Annual Meeting, contact Master Association General Manager Brian Yowell at briany@kcranch.org.

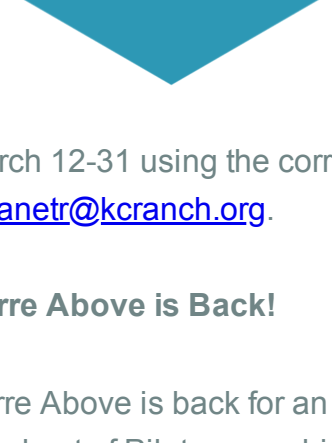
2023 FREE Pool Pass Information



Great news for Ken-Caryl Ranch Metro District residents! Pool passes for the 2023 summer season will be FREE! However, residents MUST register for a pass prior to going to the pool to access this great benefit. For more information, please visit the Aquatics page of our website by clicking on the button below.

***SilverSneakers, Silver & Fit, and Renew Active members will use their fitness membership to gain access to the pools.**

[2023 Pool Season Information](#)



"Spring" Into Fitness!

3-Month Membership Special

Ready to "spring" into a fitness routine? We are offering a 3-month Membership Special! The 3-month membership applies to gym access and/or access to the gym and classes. This special is available at the yearly membership monthly rate and can be purchased online March 12-31 using the corresponding button below. Questions? Contact Janet Robbins at janetr@kcranch.org.

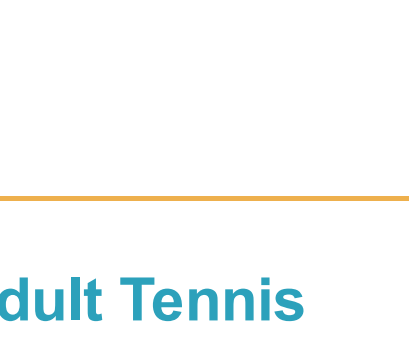
Barre Above is Back!

Barre Above is back for an 8-week session from March 3 – April 28. This class fuses the very best of Pilates, aerobics and strength training. Please note there is no class on Friday, March 10. Space is limited to 12, so register now to secure your spot using the corresponding button below.

[3-Month Gym Membership Special](#)

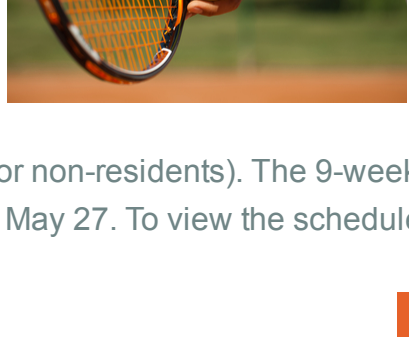
[Barre Above Registration](#)

We're Hiring for Lifeguards!



Looking for a great summer job close to home? Then apply to be one of our Lifeguards! Lifeguards work under the direct supervision of Lead Lifeguards, the Pool Manager and the Aquatics and Community Supervisor to provide a safe environment and enjoyable experience for our guests. For more information and to apply, please click on the button below!

[Apply Today!](#)

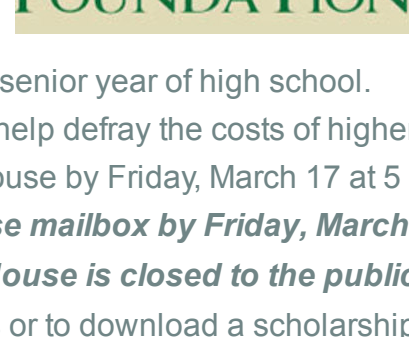


Serves Up! Adult Tennis Lessons

Serves up, heads up! Registration for the next session of Adult Tennis lessons opens March 6 at 8 a.m. (March 7 for non-residents). The 9-week session starts after Spring Break and runs from March 27 - May 27. To view the schedule, please click on the button below.

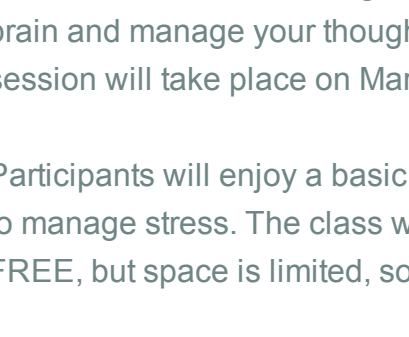
[Spring Adult Tennis](#)

2023 Ken-Caryl Ranch Foundation Scholarships



The Ken-Caryl Ranch Foundation is soliciting scholarship applications from Ken-Caryl residents in their senior year of high school. This year, two scholarships will be awarded for \$1,000 to help defray the costs of higher education. Applications must be turned in to the Ranch House by Friday, March 17 at 5 p.m. (**Applications that are received in the Ranch House mailbox by Friday, March 17 at 5 p.m. will be accepted. Please note, the Ranch House is closed to the public on Fridays.**) For more information, eligibility requirements or to download a scholarship form, please visit the Ken-Caryl Ranch Foundation's website by clicking on the button below.

[2023 Scholarship Information](#)



Guided Meditation for Stress Relief and Resiliency Session

Join Hypnotherapist and Certified Neurosculpting Facilitator Molly Wright for a 30-minute informational session and guided meditation that will allow you to learn how to train your brain and manage your thoughts to better cope with chronic and acute stress. This session will take place on March 17 from 8-8:30 a.m. at the Community Center.

Participants will enjoy a basic understanding of how your brain functions and quick tips to manage stress. The class will end with a relaxing guided meditation. This class is FREE, but space is limited, so secure your spot by clicking on the button below.

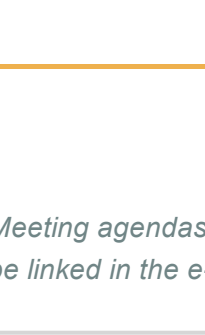
[Register!](#)

New! Balance Class for Seniors Begins in April!



Bob Kannaka, DPT, is now providing services for our community! Join us for a 2-class balance training program for seniors that will challenge your balance and decrease your risk for falls. Before and after assessments will be taken to show progress!

[Register!](#)



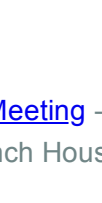
MA Board Summary

On Feb. 21, the MA Board met for its monthly meeting. Click on the button below for a summary of this meeting.

[MA Board Summary](#)

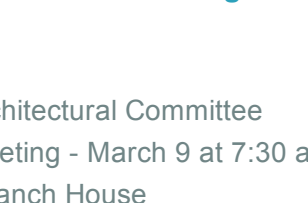
Calendar

Meeting agendas are available online for [Committees](#), the [MA Board](#) and the [MD Board](#) and will be linked in the e-news calendar once posted.



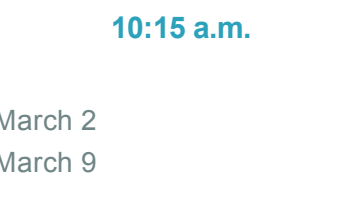
Upcoming Meetings

[MD Board Meeting](#) - Feb. 28 at 6 p.m. / Ranch House & Online
MA Board Annual Meeting - March 7 at 7 p.m. / Online Only



Committee Meetings Ranch House and Dakota Lodge

Architectural Committee Meeting - March 9 at 7:30 a.m. / Ranch House



Babytime/Storytime Ranch House

9:30 a.m. / 10:15 a.m.

March 2
March 9

Dates and times are subject to change, especially in regard to COVID-19 updates.

*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Weekly Trails Report](#)

[Home Improvements](#)

[KC Fitness Center](#)

[Community Park Master Plan](#)

www.ken-carylranh.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876
Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233
Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876
Equestrian Center, 303-979-4500
Park Rangers, 303-979-1876, ext. 170

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