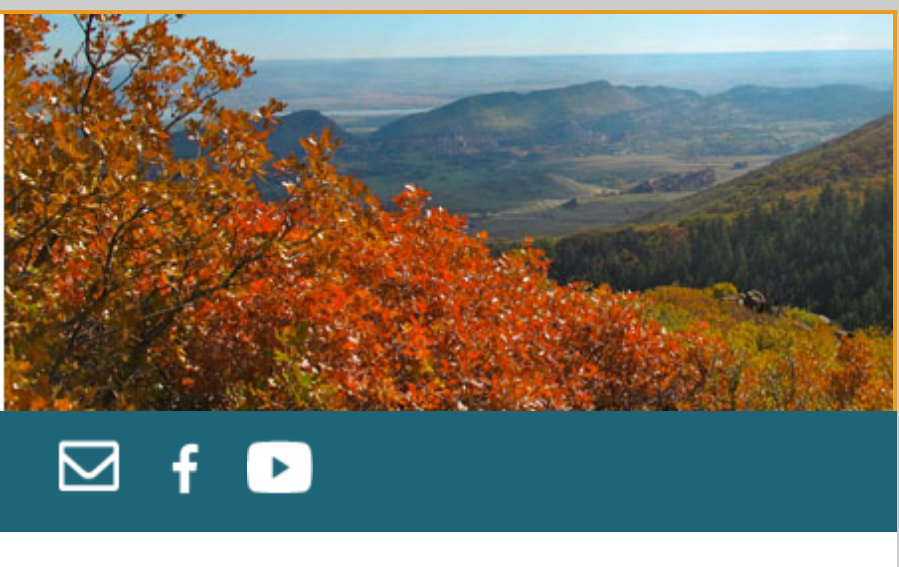




KEN-CARYL RANCH



Ken-Caryl Ranch e-News

March 6, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.

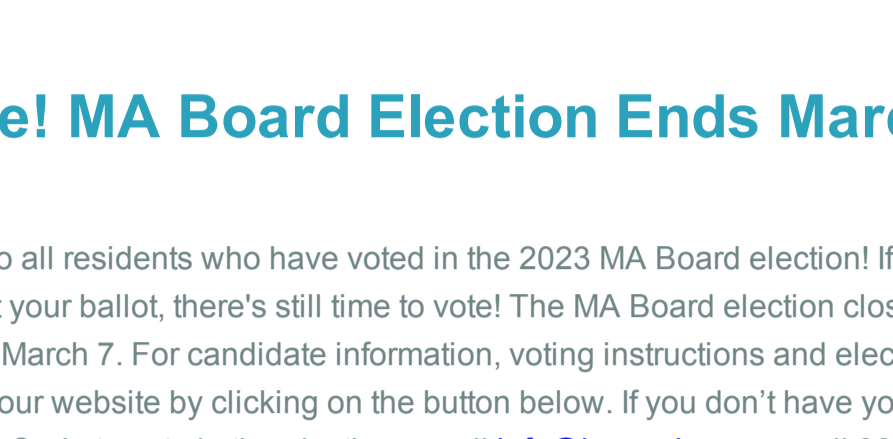
Meet Your 2023 MD Board Candidates!



Five residents submitted applications for three open seats on the Metropolitan District Board. This year, the seats are four-year terms. The candidates are:

- Timothy Berg
- Joe Levy
- Mike Miro
- John Ostrom
- Rilla Reinsma

Stay tuned! More information will be available in the coming weeks in *Life at Ken-Caryl*, the e-News and across Ken-Caryl's digital media platforms. For questions regarding the upcoming election, please contact Designated Election Official Sue Blair at elections@crsofcolorado.com. For general questions, contact Metro District Manager Traci Wieland at 303-979-1876, ext. 136, or at traciw@kcranch.org.



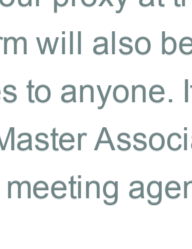
Vote! MA Board Election Ends March 7

Thank you to all residents who have voted in the 2023 MA Board election! If you haven't already cast your ballot, there's still time to vote! The MA Board election closes promptly at 5 p.m. on March 7. For candidate information, voting instructions and election details, please visit our website by clicking on the button below. If you don't have your Registration Code to vote in the election, email info@kcranch.org, or call 303-979-1876.

Questions about the election? Contact Brian Yowell at briany@kcranch.org.

[2023 MA Board Election Information](#)

Master Association Annual Meeting is March 7



The Annual Meeting of the Ken-Caryl Ranch Master Association is tomorrow, March 7 at 7 p.m. via Zoom only.

Proxies for Annual Meeting quorum purposes are part of the Master Association Board election. When you go online to vote, you will be able to submit your proxy at the same time. If you choose not to vote in the election, an online proxy form will also be available separately. The proxy does not grant your voting privileges to anyone. If you have any questions about the MA Board Annual Meeting, contact Master Association General Manager Brian Yowell at briany@kcranch.org. To view the meeting agenda and online access options, please click on the button below.

[MA Annual Meeting Information](#)

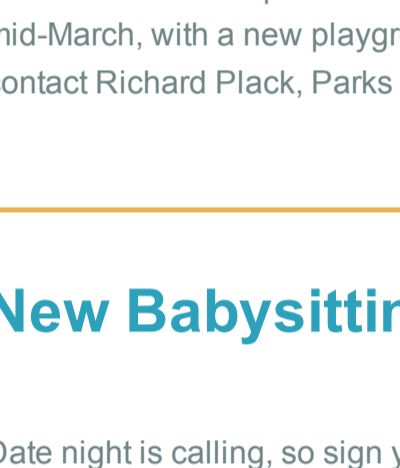
"Spring" Into Fitness with a Gym Membership!



3-Month Membership Special

Ready to "spring" into a fitness routine? We are offering a 3-month Membership Special! The 3-month membership applies to gym access and/or access to the gym and classes. This special is available at the yearly membership monthly rate and can be purchased online March 12-31 using the corresponding button below. Questions? Contact Janet Robbins at janetr@kcranch.org.

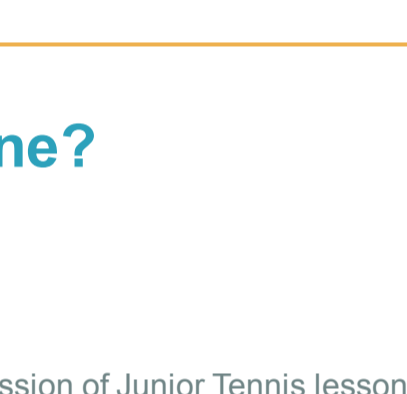
[3-Month Gym Membership Special](#)



Territory and North Ranch Park New Playground Installations

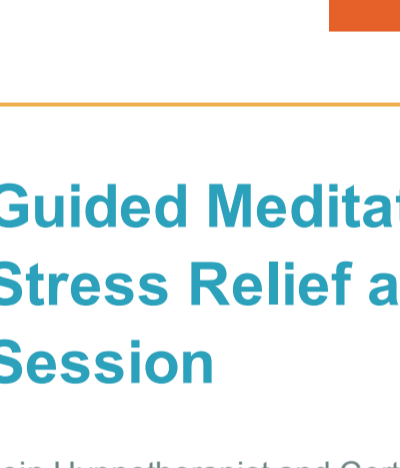
The Parks Department recently began work on two new playgrounds in our community. A new playground is currently being installed at Territory Park. The Parks Department will also be tearing out the North Ranch Park playground in mid-March, with a new playground install scheduled in early April. Questions? Please contact Richard Plack, Parks Director, at richardp@kcranch.org.

New Babysitting Course



Date night is calling, so sign your tween/teen up for our latest Babysitting Class on April 1 from 9 a.m. - 3 p.m. at the Ranch House! This course is designed to help prepare participants for their first babysitting opportunities. Basic childcare duties (feeding, bathing and diapering) will be covered. Participants will also learn about activities for various developmental stages. In addition, home and fire safety, and the prevention and treatment of common injuries will be covered. This course is offered for kids ages 11-14. To enroll, please click on the button below.

[Babysitting Course Registration](#)



Tennis, Anyone?

Junior Tennis Lessons

Registration for the next session of Junior Tennis lessons opens March 13 at 8 a.m. and on March 14 for non-residents. This 9-week session runs from March 27 - May 26. To view the schedule, please click on the corresponding button below.

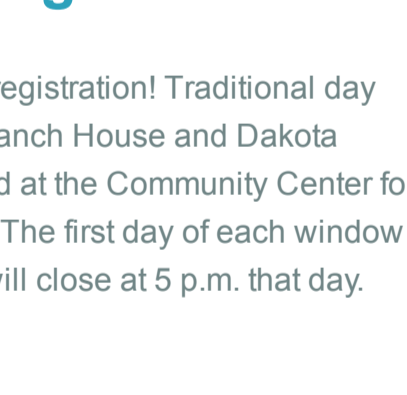
League Registration

Registration is now open for USTA 55+ League and CTA Women's Daytime Doubles. To register, please click on the corresponding button below.

[Spring Junior Tennis](#)

[Tennis League Registration](#)

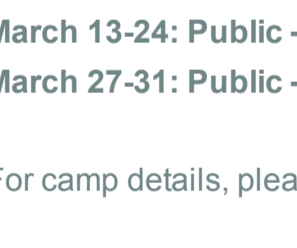
Guided Meditation for Stress Relief and Resiliency Session



Join Hypnotherapist and Certified Neurosculpting Facilitator Molly Wright for a 30-minute informational session and guided meditation that will allow you to learn how to train your brain and manage your thoughts to better cope with chronic and acute stress. This session will take place on March 17 from 8-8:30 a.m. at the Community Center.

Participants will enjoy a basic understanding of how your brain functions and quick tips to manage stress. The class will end with a relaxing guided meditation. This class is FREE, but space is limited, so secure your spot by clicking on the button below.

[Register!](#)



Summer Camp Registration

It's almost time for summer camp registration! Traditional day camp options are located at the Ranch House and Dakota Lodge for school-age campers and at the Community Center for preschool-age campers. Registration will open in phases. The first day of each window will open at 9 a.m. that day. The last day of each window will close at 5 p.m. that day. Date windows are:

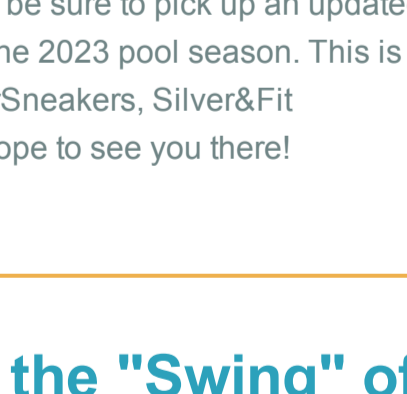
March 13-24: Public – Ken-Caryl In-District Residents

March 27-31: Public – Non-Residents

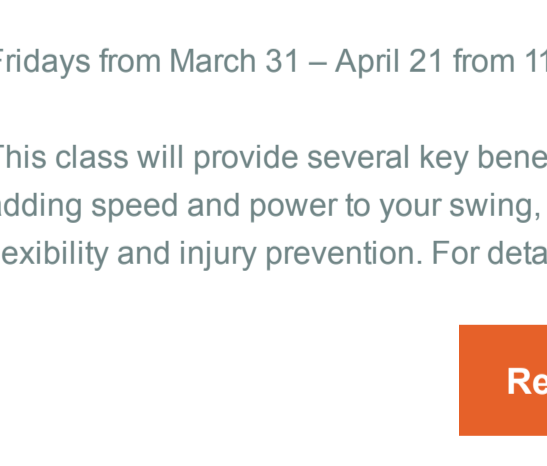
For camp details, please click on the button below.

[Summer Camp Information](#)

Celebrating the Summer Aquatics Season with a Meet and Greet!



Come join us at the Community Center on March 25 from 9:30-10:30 a.m. to celebrate the upcoming Aqua Fitness and Lap Swim season. Stop by the lobby to meet Kate McDonald, Aquatics Supervisor, and Janet Robbins, Fitness Coordinator. Have your questions answered and be sure to pick up an updated pamphlet available with all the pool hours and times for the 2023 pool season. This is also a great time to register for your Renew Active, SilverSneakers, Silver&Fit memberships, or sign up for your FREE pool pass! We hope to see you there!



Get into the "Swing" of Things with Golf Training!

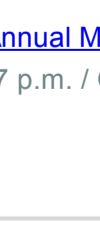
Need help getting ready for your golf game this spring? Join Personal Trainer Alisa for a 4-week Golf-Specific Training class that runs on Fridays from March 31 – April 21 from 11 a.m. - 12 p.m.

This class will provide several key benefits to help improve your golf game that includes adding speed and power to your swing, reducing fatigue on the course, improving flexibility and injury prevention. For details and to register, click on the button below.

[Registration](#)

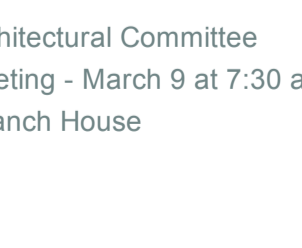
Calendar

Meeting agendas are available online for Committees, the MA Board and the MD Board and will be linked in the e-news calendar once posted.



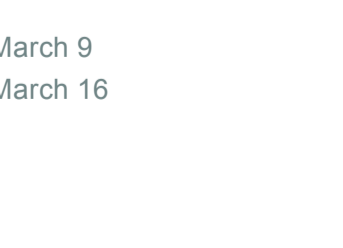
Upcoming Meetings

[MA Board Annual Meeting](#) - March 7 at 7 p.m. / Online Only



Committee Meetings Ranch House and Dakota Lodge

Architectural Committee Meeting - March 9 at 7:30 a.m. / Ranch House



Babytime/Storytime Ranch House 9:30 a.m. / 10:15 a.m.

March 9
March 16

Dates and times are subject to change, especially in regard to COVID-19 updates.

*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

- [Board Contact Info, Meeting Agendas and Minutes](#)
- [Committee & Task Force Agendas & Minutes](#)
- [Register for Classes](#)
- [Weekly Trails Report](#)
- [Home Improvements](#)
- [KC Fitness Center](#)
- [Community Park Master Plan](#)

www.ken-carylranh.org

Ranch House, 7676 S. Continental Divide Rd., Littleton, CO 80127, 303-979-1876
Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233
Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876
Equestrian Center, 303-979-4500
Park Rangers, 303-979-1876, ext. 170

email marketing by [Boomerang Marketing](#)

[Subscribe](#) to our email list.