

PERSONAL TRAINING PRICES 2023

45 Minute session

1 person

2 people

Resident/non Resident

Resident/non Resident

Single Session **\$53/\$64** **\$70/\$84**

4 Sessions **\$190/\$228** **\$255/\$306**

8 Sessions **\$335/\$402** **\$467/\$560**

60 Minute session

1 person

2 people

Resident/non Resident

Resident/non Resident

Single Session **\$66/\$79** **\$86/\$103**

4 Sessions **\$242/\$290** **\$322/\$386**

8 Sessions **\$440/\$528** **\$599/\$719**

