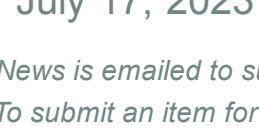




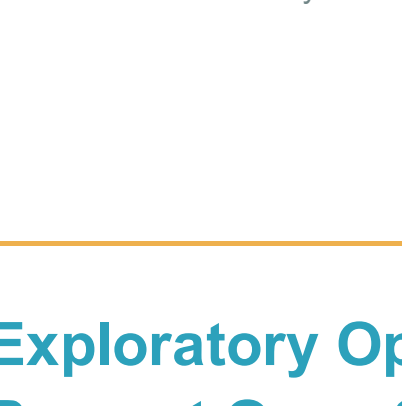
KEN-CARYL RANCH



Ken-Caryl Ranch e-News

July 17, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.

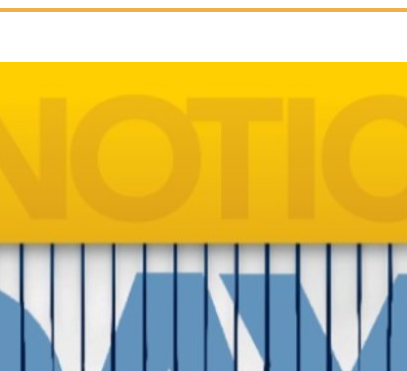


HOA Task Force Created From House Bill 23-1105

The Homeowners' Association Task Force has been created by HB23-1105 with its members to be appointed by Aug. 1. The purpose of the task force is to examine issues confronting HOA homeowners' rights, including an HOA's fining authority and practices, foreclosure practice, and communications with HOA homeowners regarding association processes and homeowner rights and responsibilities. If you have questions about the task force, please contact the HOA Information Office and Resource Center, which is a program of the Division of Real Estate. For more information, including contact information, please visit the HOA Center by clicking on the button below.

[HOA Center](#)

Exploratory Open House to Present Open Space Memorial Survey Findings



The Ken-Caryl Ranch Master Association Board, in conjunction with the Open Space Committee (OSC), collected resident feedback via an online survey in April on memorials to honor loved ones in Ken-Caryl's open space. The survey was conducted to find a community-supported alternative to replace the memorial bench program for the next 15 to 20 years. The current memorial bench program will be ending in order to prevent over-benching in the open space. On average, the Open Space Committee receives 1-2 memorial requests per year.

The Open Space Committee cordially invites all residents to attend an open house on Aug. 8 at 5 p.m. at the Dakota Lodge to engage directly with proposals and provide any additional feedback on the suggestions that emerged from the survey, which ran the gamut, with some respondents against memorials of any kind in the open space, other respondents supporting the proposed alternative to over-benching, and others proposing the planting of trees to honor loved ones as an alternative.

SAVE THE DATE SHRED DAY

LITTLETON BRANCH
Saturday, July 22
9am-noon

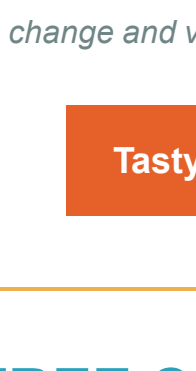


Ageless & Unstoppable: Bingo on July 18

It's all FUN and GAMES at our next Ageless & Unstoppable program, "Bingo," on Tuesday, July 18 from 11 a.m. - 12:30 p.m. at the Ranch House!

For more information on future program topics, please visit our website by clicking on the button below. No registration required. Ageless & Unstoppable is proudly supported by Platinum Sponsor Kali Hepker with Equity Colorado Real Estate.

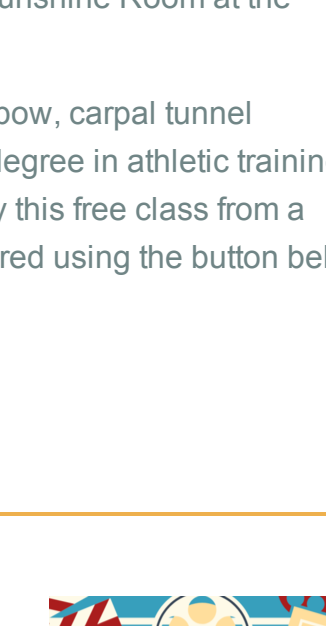
[Ageless & Unstoppable Series](#)



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Tasty Tuesday on July 18

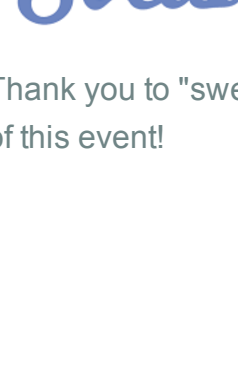
Be sure to join us for Tasty Tuesday tomorrow, July 18, from 5:30-8 p.m. in the Ranch House parking lot, where we will host food trucks – from the sweet to the savory – for your eating pleasure! Visit our website to see the current lineup of featured food trucks, including links to view their **menus, by clicking on the button below!



**Please note: Truckster manages and schedules the food truck lineup each summer for Ken-Caryl Ranch. This ensures truck availability, fairness, variety, dietary needs and accountability. With the exception of residents being responsible for food truck purchases, this is a community benefit at no cost to the Master Association or residents.*

***Menus are subject to change and vary by individual truck.*

[Tasty Tuesdays Lineup](#)



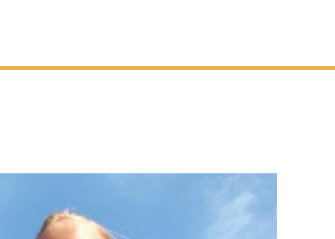
FREE Class: How to Avoid and Rehab Common Overuse Injuries

Join Bob Kannaka, DPT, to learn all about common overuse injuries, how to avoid them and rehabilitation strategies during his next FREE class, "How to Avoid and Rehab Common Overuse Injuries," on Aug. 14 from 5-6 p.m. in the Sunshine Room at the Community Center.

Bob will discuss common injuries, including tennis/golfer's elbow, carpal tunnel syndrome, IT band syndrome and more! Bob has a master's degree in athletic training and has earned his Doctor of Physical Therapy degree. Enjoy this free class from a resident expert! While this class is FREE, registration is required using the button below.

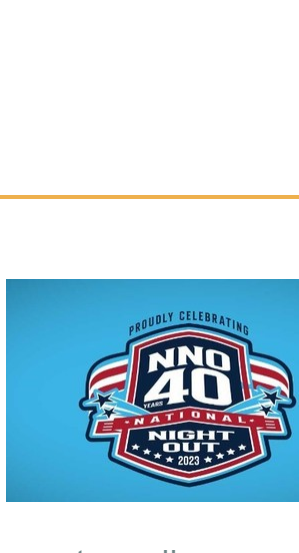
[FREE Registration](#)

Flick 'n Float Feat. "The Grinch"



Flick 'n Float is back and we're celebrating Christmas in July by featuring the family-friendly film, "The Grinch!" Join us for an evening dip in the Ranch House pool while you enjoy a movie and FREE popcorn on July 22 from 8-10 p.m.! Please be sure to check Facebook for the latest information and updates regarding all outdoor events.

**For safety, foam pool noodles will be the only permissible floatation devices at our Flick 'n Float event.*



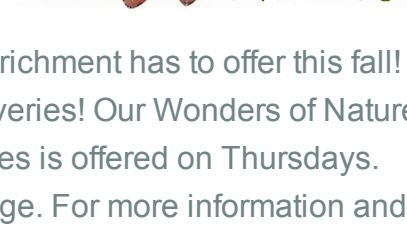
Ice Cream Social on Aug. 2

I scream, you scream, we all scream for ice cream! Let's get social, play it "cool" and enjoy some ice cream at Ken-Caryl's Ice Cream Social at the Community Center on Aug. 2 from 12:30 - 1:30 p.m., while supplies last.

Thank you to "sweet" Platinum Sponsor One Medical Seniors for their generous support of this event!

one medical seniors

New Fitness Center Equipment - Coming Soon!



The Fitness Facility is excited to announce the arrival of new cardio equipment on Tuesday, July 18! We are replacing several pieces of cardio equipment like treadmills, bikes and a rower, and adding two new pieces of equipment, including a StairMaster and an additional recumbent bike.

To safely allow for the delivery and installation of the equipment, access to the Fitness Facility will be restricted, but the Community Center will be open for business from 8 a.m. - 5 p.m. on July 18. There will be no access to the gym or indoor fitness classes that day, however there will be an Aqua Fitness class at the pool. If you are planning to visit the Community Center pool that day, be mindful that the equipment will be delivered using the path adjacent to the pool entrance.

Stay tuned! We will be hosting a Fitness Facility Open House in the fall to highlight the new equipment!

High School Tennis Training Camp

July 31 – August 3
KC Community Center



Get your racquet ready for the upcoming school year! Register today for our High School Coed Tennis Training Camp that runs July 31 - Aug. 3 from 9 a.m. - 12 p.m. at the Community Center! This camp is for JV and varsity tennis players! Participants will work with Ken-Caryl Ranch tennis pros to receive invaluable training for the upcoming high school tennis season. Get fit, get ready and get registered using the button below.

[Training Camp Registration](#)

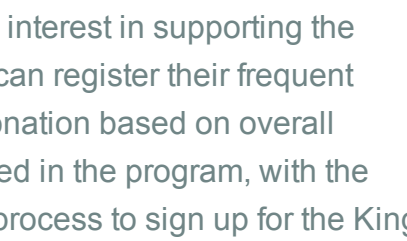


National Night Out is Aug. 2

Every year, millions of neighbors take part in National Night Out across thousands of communities. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out is on Aug. 2. Neighbors can plan simple gatherings, block parties, potlucks, etc., and the Jeffco Sheriff's Department will visit the various neighborhoods throughout the evening. To organize a National Night Out for your street or neighborhood, please click on the button below.

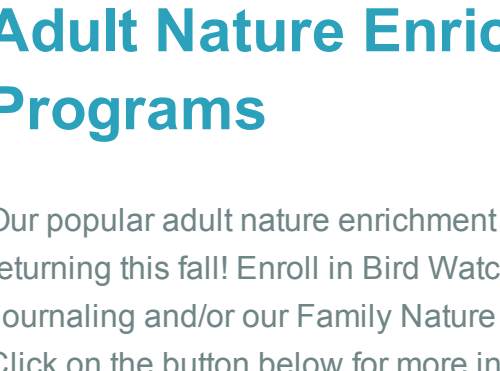
[National Night Out](#)

Pre-K Nature Enrichment Programs



Looking for a fun and enriching program for your 3 to 6-year-old? See what Ken-Caryl Youth Program's Nature Enrichment has to offer this fall! Each program fosters exploration of nature and new discoveries! Our Wonders of Nature topic-based sessions are offered Tuesdays and Art Ventures is offered on Thursdays. Each program will run from 12:10-3 p.m. at the Dakota Lodge. For more information and to register for these and other KC Nature classes, please click on the button below.

[Registration](#)



Buy Groceries, Give Back at King Soopers

Anyone who has an interest in supporting the Ken-Caryl Ranch Foundation and shops at King Soopers can register their frequent shopper card with a code, and the Foundation will get a donation based on overall purchases! So far this year, 62 households have participated in the program, with the Foundation raising \$703.15 between April and June. The process to sign up for the King Soopers Community Rewards program is simple:

*Go to Kingsoopers.com *Login to your account or create one if you do not have one.

*Register your phone number

*Go to MY ACCOUNT (Upper right drop down)

*Choose COMMUNITY REWARDS (Left navigation) You can search for the Ken-Caryl Ranch Foundation either by name or by entering DW239 in the search field and then click Enroll.

Make sure when you shop at King Soopers to scan or add your account number or phone number. To enroll online, visit King Soopers' website by clicking on the button below.

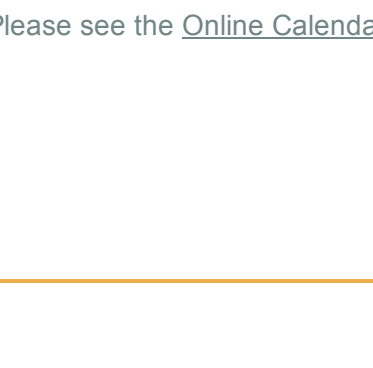
[Enroll Today!](#)

Adult Nature Enrichment Programs



Our popular adult nature enrichment programs are returning this fall! Enroll in Bird Watching, Nature Journaling and/or our Family Nature Club! Interested in what each program has to offer? Click on the button below for more information and to register. Registration is open for residents and opens on July 24 for non-residents.

[Registration](#)



Ranger Giveaway Day on July 29

Swing by, say hi and pick up some cool swag at our next KCRMA Ranger Giveaway Day on July 29 from 9 a.m. - 1 p.m.! Our Volunteer Patrollers (VPs) will be located at the intersection of the North Hogback and Lyons Trails to greet guests and address any questions! The VPs will have bike lights, bike bells, sunscreen, bandanas and snacks for you as well as water for your four-legged hiking buddy!

Stay tuned! Additional Giveaway Days are scheduled in August and September! More information will be communicated as it becomes available.

Calendar

Meeting agendas are available online for [Committees](#), the [MA Board](#) and the [MD Board](#), and will be linked in the e-news calendar once posted.



Upcoming Meetings and Events

[Ageless & Unstoppable](#) - July 18 at 11 a.m. / Ranch House

[Tasty Tuesday](#) - July 18 at 5:30 p.m. / Ranch House

[MA Board Meeting](#) - July 18 at 6 p.m. / Ranch House

[Flick 'n Float](#) - July 22 at 8 p.m. / Ranch House Pool



Committee/Task Force Meetings

Ranch House and Dakota Lodge

There are no committee or task force meetings this week.



Storytime

Ranch House
10:15 a.m.

*July 20
*July 27

* To accommodate summer camp, Storytime has moved to the Colorow Room at the Ranch House. Babytime has taken a brief hiatus session and will return on Aug. 3.

*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Weekly Trails Report](#)

[Home Improvements](#)

[KC Fitness Center](#)

[Community Park Master Plan](#)

www.ken-caryl-ranch.org

Ranch House, 7676 S. Continental Divide Rd., Littleton, CO 80127, 303-979-1876
Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233
Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-4500
Equestrian Center, 303-979-4500
Park Rangers, 303-979-1876, ext. 170

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