



KEN-CARYL RANCH



Ken-Caryl Ranch e-News

September 11, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.



Ranch House Parking Lot Replacement Begins Today

The Master Association Board approved the much-needed full replacement of the Ranch House parking lot at its July 18 meeting. Work on this project begins today, Sept. 11, and should take several weeks to complete, depending on weather and construction conditions.

The project work will include the full removal and replacement of the existing lot as well as the addition of some new curbing and partial sidewalk replacement. Painted curbs will be sandblasted and repainted when the lot is restriped.

To limit disruption and to allow for resident, guest, staff and visitor access during construction, the project is expected to be completed in two phases. At this time, parking adjacent to the disc golf course has been blocked off. Residents and guests may park in the lot by the tennis courts. For more information, please click on the button below.

[Project Information](#)

SLASH Curbside Pick-Up Registration Now OPEN!



Ken-Caryl Ranch is proud to offer an additional three-day SLASH Drop-Off Event as part of ongoing efforts to support wildfire mitigation. Residents can drop off their SLASH at the Equestrian Center on Sept. 30 from 9 a.m. to 1 p.m. The Ken-Caryl Ranch Metropolitan District Parks Department will be on hand with the chipper.

Residents are encouraged, if possible, to drop off their SLASH, but a limited number of curbside pickups will be offered by the Master Association Ranger staff on Thursday, Sept. 28 and Friday, Sept. 29. Curbside pickups must be signed up for in advance using the button below. Subject to availability.

No reservations are necessary for residents to drop off their SLASH at the Equestrian Center on Sept. 30. Drop-off SLASH at any time during the event. SLASH will not be picked up in the open space.

[FREE SLASH Pick-Up Registration](#)



FREE Senior Open Enrollment Seminar on Sept. 13

Join us on Sept. 13 from 11 a.m. - 12:30 p.m. at the Ranch House for a Senior Open Enrollment Seminar hosted by One Medical Seniors, where licensed Medicare Broker Tammy Stellar will help attendees navigate the Medicare “maze” by providing essential information about insurance that you need to know before the open enrollment period. This seminar is designed to help you make informed decisions about your healthcare coverage options.

This seminar is FREE, but enrollment is required using the button below. Don't miss out on this chance to prepare for the open enrollment period and ensure that you have the coverage you need. We look forward to seeing you at the Senior Open Enrollment Seminar hosted by One Medical Seniors!

[Enroll Today!](#)

Yeee-Ha! The Barn BrewHa Returns on Sept. 23!



Join us for some boot stompin' fun with live music featuring KDog and The Howlers, a beer garden, pony rides, a mechanical bull, a petting zoo, food trucks, bounce houses and more on Sept. 23 from 1-5 p.m. at the Dakota Lodge! Gold Sponsor Fusion Financial will give up to 2 free drink tickets per adult for donations of cleaning supplies and/or new personal hygiene items. Items will be donated to Hope House.

Shout out to our generous sponsors, including Platinum Sponsor Eva Stadelmaier, Platinum Sponsor Prime IV Hydration & Wellness, [Gold Sponsor Gravina's Window Center of Littleton](#), [Gold Sponsor Canyon View Dentistry](#), [Gold Sponsor Blue Sage Dental](#), [Gold Sponsor Fusion Financial](#) and Silver Sponsor Renewal by Anderson.



Pick up a Paddle and Play Pickleball!

Intro to Pickleball

Interested in learning how to play Pickleball? Then register for our Intro to Pickleball class on Saturday, Sept. 16, from 4-5:30 p.m. at the Community Center. This class is for first-timers who want to learn the basics of Pickleball match play. This class

includes scoring, rotations, match procedures and basic techniques. Players will leave class with enough training to start playing matches with other entry-level players. Loaner paddles are available! Register using the corresponding button below.

Pickleball Social

Mark your calendars for the next Pickleball Social on Saturday, Sept. 16, from 6-8 p.m. at the Community Center. There is no instruction as this is 2 hours of match play, so we ask that you at least know how to keep score. Register using the corresponding button below.

Questions? Contact Tennis Director Robert Campbell at robertc@kcranch.org or 303-979-2233, ext. 202.

[Intro to Pickleball Registration](#)

[Pickleball Social Registration](#)

Fall Fitness Happenings!

Have fun and get fit this fall at the Ken-Caryl Fitness Center with the following classes for all ages and fitness levels!



Creative Movement Dance Class for Kids

We are excited to offer a Creative Movement Dance class for children ages 3-5 years. This 4-week class will take place on Wednesday mornings from 9:15-10 a.m. and provides young children with an introduction to the magical world of dance! Using make-believe imagery, hands-on props, and interactive music, children explore basic dance concepts and choreography of all dance forms. Children also practice taking turns, sharing, and following directions. Come join the fun and see what's shakin'! Register by clicking on the button below.

Barre Above

Barre Above is back on Fridays from Sept. 15 - Oct. 6 from 9:15-10:15 a.m. This 4-week class fuses the very best of Pilates, aerobics and strength training. This class is for all bodies and includes modifications for any fitness level to achieve an amazing workout that will lengthen, strengthen and tone your body. Meet you at the Barre! Register by clicking on the corresponding button below.

For all class details and to register, please click on the corresponding button below.

[Kids Creative Movement Dance Class](#)

[Barre Above Registration](#)

**OPEN
HOUSE**

Fitness Center Open House on Sept. 23!

Have fun and get fit this fall at the Ken-Caryl Fitness Center! The Fitness Center will kick off the fall season with an open house on Saturday, Sept. 23 from 9 a.m. – 12 p.m.! Check out the NEW cardio pieces, get to know our Fitness Center staff and take advantage of membership specials! This event will also include a FREE Zumba class, complimentary body composition analysis, complimentary Stretch Therapy by BodyWork by ReRe, complimentary snacks and energy drinks by Daily Blend, free giveaways and MORE!

The Fitness Center is also excited to announce Sunday hours starting Oct. 1! The facility will be open from 9 a.m. – 1 p.m. to help you achieve your fitness goals all week long!

How Do You Spell Fun? B-I-N-G-O! Bingo Returns on Oct. 7!

Come join us for some fun bingo games at the Ranch House on Oct. 7 at 11 a.m.! Registration is FREE and drop-ins are welcome, but a seat is only guaranteed if you register! Brunch food and beverages, including fruits, pastries, coffee and more will be provided. Prizes awarded to winners! Registration is now open using the button below!



This event is generously supported by Platinum Sponsor Crystal Adams with Equity Real Estate.

Registration



Calendar

Meeting agendas are available online for Committees, the MA Board and the MD Board and will be linked in the e-news calendar once posted.

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Upcoming Meetings and Events

MA Board Meeting - Sept. 19 at 6 p.m. / Ranch House



Committee/Task Force Meetings Ranch House and Dakota Lodge

Historical Society Meeting -
Sept. 11 at 3 p.m. / Ranch
House

Open Space Committee
Meeting - Sept. 12 at 6 p.m. /
Dakota Lodge

Architectural Committee
Meeting - Sept. 14 at 7:30 a.m.
/ Ranch House



Babytime/Storytime Ranch House 9:30 a.m. & 10:15 a.m.

Sept. 14
Sept. 21

*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Weekly Trails Report](#)

[Home Improvements](#)

[KC Fitness Center](#)

[Community Park Master Plan](#)

www.ken-carylranh.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233

Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

Equestrian Center, 303-979-4500

Park Rangers, 303-979-1876, ext. 170

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