



KEN-CARYL RANCH



Ken-Caryl Ranch e-News

October 9, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.

Read the Latest Edition of *Life at Ken-Caryl*, Available Online!



Extra! Extra! Read all about it! Check out the latest edition of *Life at Ken-Caryl* online by clicking on the button below!

Sept. 27, 2023, Life at Ken-Caryl



Have a Devilishly Good Time at the Boo Bash on Oct. 20!

Get frightfully festive at this year's Boo Bash at the Ranch House on Friday, Oct. 20 from 4:30-6:30 p.m.! Enjoy this

spook-tacular event, featuring “trunk or treating,” hot chocolate, s’ mores, wagon rides and a costume contest! This event is free for resident attendees, no registration required.

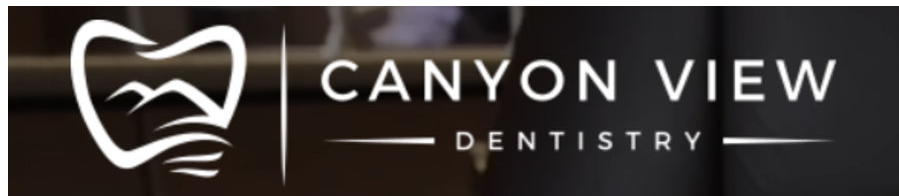
******NEW to the BOO-Bash... the first 150 attendees to stop by the Perk Up Food Truck will get their choice of one FREE latte, hot chocolate or cider!***

Many thanks to our Boo-riffic sponsors, including Platinum Sponsor Canyon View Dental, Silver Sponsor Karen Lamar with Coldwell Banker and Bronze Sponsor Colorado Credit Union!

WE NEED YOU! Residents are encouraged to register for FREE as a resident trunk or treat participant/host car. Businesses may host a car for \$50 and must also register. To register, please click on the corresponding buttons below.

[**FREE Resident Decorated Car Registration**](#)

[**Business Host Car Registration**](#)



KCR YOUTH PROGRAMS

TURKEY BREAK Camp

GRADES: K-6TH

HOURS: 8AM-5PM

FEE PER DAY: \$55/RESIDENT

\$72/NON-RESIDENT

LOCATION: RANCH HOUSE

**PUBLIC REGISTRATION OPENS OCT. 9 FOR
RESIDENTS & OCT. 13 FOR NON-RESIDENTS.
REGISTRATION CAN BE FOUND ONLINE!**

Questions? Email youthprograms@kcranch.org

www.ken-carylranh.org

Click on the above image to register.

Veterans Day Breakfast on Nov. 11

Veterans, please join us at the Dakota Lodge for a FREE breakfast from 9-10:30 a.m. on Veterans Day, Nov. 11, honoring you. A variety of breakfast items will be available, including eggs, pancakes and coffee. A slideshow of community veterans will be played during breakfast. Details on how to submit photos for the presentation will be available upon registration.



Space is limited, and reservations are required to attend. Veterans and immediate family welcome. Please select number of participants when registering. No need to register each person individually. Online registration is now open using the button below.

This event is generously supported by Platinum Sponsor Gravina's Window Center of Littleton and [Gold Sponsor Karen Lamar with Coldwell Banker](#).

Veterans Day Breakfast Registration



Serves Up, Heads Up: Fall Tennis & Pickleball

Junior Tennis Lesson Registration is OPEN!

Resident registration for the second fall session of Junior Tennis Lessons is now open and opens on Oct. 10 for non-residents. The 9-week session runs from Oct. 16 – Dec. 22 (no classes the week of Thanksgiving (Nov. 20 – Nov. 24)). To register, please click on the corresponding button below.

Intro to Pickleball

Interested in learning how to play Pickleball? Join us on Saturday, Oct. 14, from 4-5:30 p.m. at the Community Center for our Intro to Pickleball course! This session is for first-timers who want to learn the basics of pickleball match play and includes scoring, rotations, match procedures and basic techniques. Players will leave class with enough training to start playing matches with other entry-level players. Loaner paddles available! Click on the corresponding button below to register.

Pickleball Mixer

Mark your calendars for the next Pickleball Mixer on Saturday, Oct. 14, from 6-8 p.m. There is no instruction as this is 2 hours of match play, so we ask that you at least know how to keep score. Register by clicking on the corresponding button below.

Questions? Contact Tennis Director Robert Campbell at robertc@kcranch.org or 303-979-2233, ext. 202.

Junior Tennis Lesson Registration

Intro to Pickleball Registration

Horse Around at the 3rd Annual Halloween with the Horses



Save the date for our 3rd Annual Halloween with the Horses on Sunday, Oct. 29 from 1-4 p.m. at the Equestrian Center. This event is generously sponsored by resident and eXp Realtor Brean Small! Once again, Halloween with the Horses will feature a Horse and Rider Costume Contest from 1-1:30 p.m. where horse owners and their trusty steeds will be decked out and ready for show! This event will also feature a spook-tacular kids' costume contest from 1:30-2 p.m. Be sure to arrive early to sign-up your kiddo – and get the most out of this year's Halloween costumes!

So, plan on getting Halloween festive with your neighhhh-bors and enjoy great prizes for contest winners, good eats and candy treats! All are welcome, including parents, kids, equestrians, spectators and even specters <wink>. Event organizers had a blast last year, and this year will be even bigger and better! We can't wait to see you there!



Fitness for All This Fall!

Creative Dance Class for Kids

Creative Dance for 3-5-year-olds is back! Register your kids for this 4-week session that will introduce them to the magical world of dance! This class meets Wednesday mornings from 9:15-10 a.m. from Oct. 11 – Nov. 1 at the Community Center. Register using the corresponding button below.

Ski-Specific Training Class

Need help getting ready for the slopes? Join Personal Trainer and Fitness Instructor Alisa Rothe for a 4-week course that will have you fit for the slopes! Each week will incorporate ski-specific training exercises to help build your endurance, strengthen stabilizing muscles, prevent injury and improve the overall ski season experience. This class takes place on Fridays, Oct. 13 - Nov. 3 from 11 a.m. - 12 p.m. at the Community Center. Space is limited to 12, so secure your spot using the corresponding button below!

Barre Above

Barre Above is back! This 5-week fee-based session will help you get ready to face the busy holiday season. The class is on Fridays, beginning Oct. 20 - Nov. 17 from 9:15-10:15 a.m. Space is limited to 12, so secure your spot! See you at the barre!

Kids Creative Dance Class Registration

Ski-Specific Training Class Registration

Barre Above Registration

SENIOR LIVING FAIR

Ageless & Unstoppable

Free Entry

14 Oct 2023

9 a.m. - 12 p.m.

Ken Caryl Ranch House
7676 S Continental Divide Road,
Littleton, CO 80127

Free Health Screenings
20 + Local Vendors in Health, Wellness, Recreation
& So Much More!

Bring a Friend!



one medical seniors

Erica Chase
Field Outreach
Representative
720.734.3017



Trail Club to Host Semi- Annual Clean-Up on Oct. 15



The Ken-Caryl Trail Club will be hosting their Semi-Annual Adopt-a-Road clean-up on Sunday, Oct. 15 from 9-11 a.m. They will have two official segments on South Valley and South Shaffer Parkways; however, they will have four meeting locations. For more information and to secure your spot, please register by clicking on the button below.

[Trail Club Adopt-a-Road Registration](#)



Babysitting Course, Oct. 28

Sign your tween/teen up for our latest Babysitting Class on Oct. 28 from 9 a.m. - 3 p.m. in the Sunshine Room at the Community Center! This course is designed to help prepare participants for those first babysitting

opportunities. Basic childcare such as routine childcare duties (feeding, bathing and diapering) will be covered. Participants will also learn basic child development and be able to provide activities for various developmental stages. Home and fire safety along with the prevention and treatment of common injuries will also be covered. This course is offered in-person for kids ages 11-14. To register, please click on the button below.

[Register!](#)

Calendar

Meeting agendas are available online for [Committees](#), the [MA Board](#) and the [MD Board](#) and will be linked in the e-news calendar once posted.



Upcoming Meetings and Events

Ageless & Unstoppable: Senior Living Fair - Oct. 14 at 9 a.m. / Ranch House

MD Board Meeting - Oct. 17 at 6 p.m. / Ranch House



Committee/Task Force Meetings Ranch House and Dakota Lodge

Open Space Committee Meeting - Oct. 10 at 6 p.m. / Dakota Lodge



Babytime/Storytime Ranch House 9:30 a.m. & 10:15 a.m.

Oct. 12
Oct. 19

*Information regarding virtual meetings will be communicated as information becomes available.
Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Weekly Trails Report](#)

[Home Improvements](#)

[KC Fitness Center](#)

[Community Park Master Plan](#)

www.ken-carylranh.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233

Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

Equestrian Center, 303-979-4500

Park Rangers, 303-979-1876, ext. 170

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