



## Ken-Caryl Ranch e-News

April 1, 2024

*The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Rager at [allisonr@kcranch.org](mailto:allisonr@kcranch.org) or 303-979-1876, ext. 108.*

***March 27, 2024, Issue of Life at Ken-Caryl Available Online!***

## NEWS



### **Please Don't Drop Off Branches at Brannon Gearhart Park**

Residents are continuing to drop off broken branches following last week's additional SLASH Drop-Off Day at Brannon Gearhart Park. The event was scheduled to assist residents with branch removal following this month's spring storms that dropped heavy snow in Ken-Caryl. However, the additional SLASH Drop-Off event was last Thursday only, but a large amount of branches were dropped off over the weekend, pulling staff away from other duties. Please save your limbs for the SLASH Drop-Off event on April 27 or arrange for an alternative. See details about the April 27 event by clicking on the button below.

## MA Board to Vote on New Duties and Responsibilities Resolution



The MA Board of Directors is responsible for the management of all aspects of the KCRMA and has the obligation and duty to make decisions for the entire community. To assist the MA Board and its Committee Members in their official capacities, and to provide guidance to volunteers who may be tasked to act on behalf of the KCRMA outside of the Board or Committee structure, the MA Board will be voting on guidelines summarizing the duties and responsibilities of directors, committee members, volunteers and others who act on behalf of the KCRMA at its April 16 meeting. To review this proposed resolution, please click on the button below.

[Duties and Responsibilities Resolution](#)



## 2023 Ken-Caryl Ranch Metropolitan District Annual Report

The Ken-Caryl Ranch Metropolitan District is pleased to present the 2023 District Annual Report for the benefit of all residents. This report provides a high-level overview of the District's accomplishments and finances, which we hope will help you understand the state of your community. If you have any questions or feedback, please reach out to District Manager Traci Wieland at [traciw@kcranch.org](mailto:traciw@kcranch.org) or 303-979-1876, ext. 136, or contact the elected members of the District Board at [mdboard@kcranch.org](mailto:mdboard@kcranch.org).

[2023 District Annual Report](#)



## Spring SLASH Event on April 27

Ken-Caryl's next SLASH Drop-Off Event is on April 27 from 9 a.m. – 1 p.m. at the Equestrian Center/Dakota Lodge. SLASH is debris from nature, such as tree limbs and prunings that can serve as fuel for wildfire. No reservations necessary, residents may drop off SLASH at any time during the event. The Ken-Caryl Ranch Metropolitan District Parks Department will be on hand with the chipper. No need to register if you can drop off your own SLASH. Just stop by any time during the event on April 27.

***\*Please note that SLASH curbside pick-up registration is now full.***

## Pool Rules Updates

Safety continues to be the first priority at all Ken-Caryl pools. To further improve a positive and safe environment for all users, the District is updating pool rules in 2024, specifically the following:



*\*Children under the age of 7 and all non-proficient swimmers regardless of age must be within arm's reach of a parent or chaperone (at least 16 years of age) at all times, including when in the water.*

*\*Children under the age of 12 must be accompanied by a parent or chaperone (at least 16 years of age) at all times.*

For more information on 2024 pool rules and regulations, please click on the button below.

[2024 Pool Rules & Regulations](#)

## MA Board Summary



On March 19, the MA Board met for its monthly meeting. Please click on the button below for a summary of this meeting.

## MA Board Summary



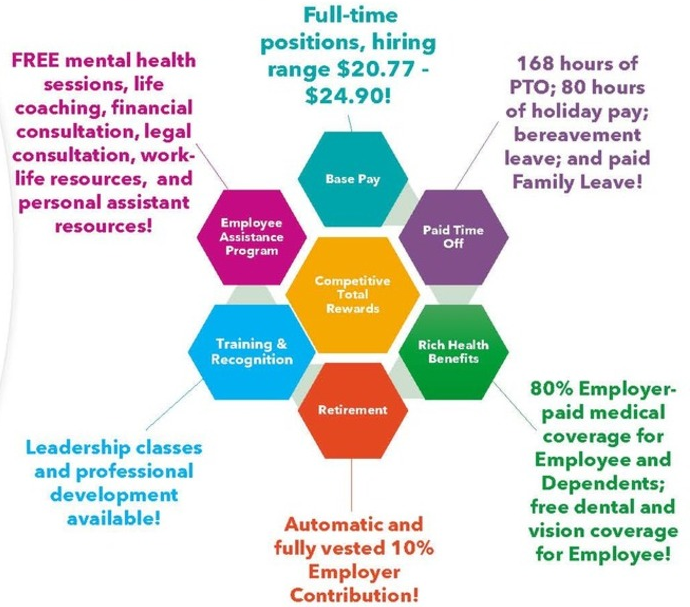
### \$1,000 Sign-On Bonus!

To strengthen Ken-Caryl Ranch quality of life and connections by providing exceptional park, recreation, and outdoor educational experiences.



Apply Here

## Irrigation Technician & Landscape Maintenance Technician



Click on the flyer to view all employment opportunities!

# SPECIAL EVENTS



KEN-CARYL RANCH

# RECYCLING AND CLEAN UP EVENT



**SATURDAY, MAY 4 • 8:30 A.M. - 2 P.M.**  
**Ranch House Parking Lot • Ken-Caryl Residents Only**

**FREE except a fee for TVs, Monitors & Floor Printers**

### Items we CAN Take:

- Appliances (small size only - toasters, microwaves, etc.)
- Computer Monitors - Fees apply (cash or credit card):
  - LCDs/Flat Screens - \$5 each
  - CRT Monitors (all sizes) - \$40 each
- Electronics (computers, phones, VCRs, hard drives, etc.)
- Furniture (mattress, box spring, couch, end table, etc.)
- Paper for Shredding (limit 3 file boxes or 1 trash bag)
- Printers (home printers free, floor models \$40 each)
- Scrap Metal
- Tires
- Trash (bulk items or in bags, mattresses, etc.)
- Tree Branches for Chipper (less than 10" diameter)
- TVs - Fees apply (cash or credit card):
  - Flat Screen TV (all sizes) - \$20
  - CRT TV (all sizes) - \$40 each
  - Console, projection, or DLP TVs - \$75 each

### We CANNOT Take:

- Batteries
- Chemicals
- Compact Fluorescent Lightbulbs
- Large Appliances (AC Units, Freezers, Ovens, Refrigerators, Washers, Dryers)
- Paint/Stain (Free curbside pickup info coming soon)
- Spray Paint, Paint Thinner
- Prescription Drugs

For information on where to take items we do not accept, see [www.ken-carylranh.org](http://www.ken-carylranh.org).  
 Questions? Contact 303-979-1876 ext. 109 or [darcic@kcranch.org](mailto:darcic@kcranch.org).

*GreenSheen Paint will be conducting paint and stain pick-ups for FREE! Residents must contact GreenSheen directly to schedule a pick-up at 720-854-8722 or [events@greensheepaint.com](mailto:events@greensheepaint.com).*

*For information on this event and where to take items we do not accept, see [www.ken-carylranh.org](http://www.ken-carylranh.org).*

Event Sponsored By:

Platinum Sponsor:

Platinum Sponsor:

Gold Sponsors:

Thank you to our Platinum Sponsors [Eva Stadelmaier](#) and [A Little North Insurance](#) and to Gold Sponsors [Fusion Financial](#) and [Premier Mountain Insurance](#).

## CLASSES & COURSES

### Join Our Adult Kickball League!

Kickball isn't just for kids! Get your kicks this summer by joining us for our first-ever KCRMD Adult Kickball

League! League will begin on May 5 and end on June 30 with a tournament (no games May 26). Games will be played on Sundays, from 1-6 p.m. For more information and to register, please click on the button below.



[Registration](#)

# CALLING ALL ARTISTS!

Register for a chance to display your artwork in the Ken-Caryl Ranch Art Festival and win prizes!

For more information and to register scan here!



**Date: June 29**  
**Time: 11 a.m. - 4 p.m.**  
**Location: Ranch House**

## Art Show Timeline

April 1: Artist registration period opens

May 15: Artist registration closes

June 3: Artwork submission period closes at 10 p.m.

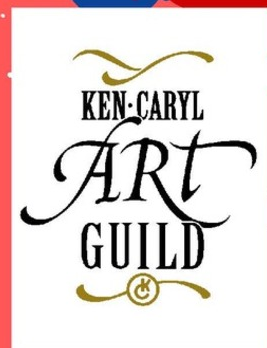
June 17: Notification to artists who are selected

### Details:

- Artwork will be juried by the Ken-Caryl Art Guild
- Two age groups: 8-15 years old & 16+
- All mediums accepted (photo, painting, drawing, sculpture, etc.)
- Art must not exceed 24" x 36" x 48"



Generously  
Sponsored by  
Karen Lamar with  
Coldwell Banker  
Realty!



*To register, please click on the flyer!*



## April Ageless & Unstoppable Program: Technology!

The next Ageless & Unstoppable, programming for seniors, retirees and adults, is themed “What the Tech? 101 - Rapid S.O.S & Emergency Contacts.” The program is Tuesday, April 2 at 11 a.m. at the Ranch House. Find out how your smartphone can help save your life! Presented by Jessica Jones, Tech Tutor and Ken-Caryl resident! This session will describe how to set up your medical ID, allergies, blood type, assign emergency contacts, make emergency calls and more! No registration required! Thank you to Platinum Sponsor [Kali Hepker with Equity Real Estate!](#)



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## Swim Lesson Registration Opens on April 3!



Mark your calendars! Swim lesson registration opens for residents on April 3 at 9 a.m. and on April 10 at 9 a.m. for non-residents. Swim lessons will be provided by SwimLabs. To view class offerings and pricing, please click on the button below.

[Swim Lesson Schedule & Pricing](#)

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# Spring Into Wellness

## Nutrition class

Mondays, April 8-29  
11 a.m. - 12 p.m.  
Community Center

This 4-week session is led by Nationally Certified Health and Wellness Coach Kim Sandman. Kim will provide you with a holistic approach to nutrition that will empower you to make positive and lifetime changes.

\$88 Residents/\$105 Non-Residents  
Preregistration is required.



*To register, please click on the flyer.*

# *Spring Line Dancing!*

*Come learn several line dances in this 4-week class.*

Tuesdays, April 9 - 30

6:00 - 7:00 p.m.

Community Center

\$52 Residents/\$64 Non-Residents



**Come join the fun!**



*To register, please click on the flyer.*

# NEW PROGRAM!

## FIT & STRONG



The Ken-Caryl Ranch Metropolitan District is thrilled to offer Fit & Strong! Fit & Strong is a physical activity self-management program for any persons with lower extremity osteoarthritis. This 12-week fitness program will be held on Tuesdays and Thursdays and is designed to help participants exercise safely, improve daily function, and manage joint pain and stiffness.

### INTRO TO FIT & STRONG

Interested in learning more about Fit & Strong? We are holding a free intro meeting to go over the program and answer questions.

Tuesday, April 9  
1:00-1:45 p.m.  
Community Center  
Sunshine Room  
1 Club Drive

Register at [ken-carylranh.org](http://ken-carylranh.org)



### FIT & STRONG BENEFITS:

- Decrease joint pain and stiffness
- Exercise safely
- Manage arthritis
- Improve daily function
- Reduce anxiety and depression
- Develop and maintain an active lifestyle



Ken-Caryl Ranch is able to offer this program through grant support from the National Recreation and Park Association with funding support from the Centers for Disease Control and Prevention.



QUESTIONS? EMAIL [JANETR@KCRANCH.ORG](mailto:JANETR@KCRANCH.ORG)

*To register, please click on the flyer.*

## Spring Fitness Center



# Classes

## Reb3I Groove Class

We are excited to announce that Reb3I Groove has been added to the fitness schedule! Join new instructor Jennifer Lenzen on Wednesday nights from 6-6:50 p.m. starting on April 17. To register, please click on the button below.

[Reb3I Groove Registration](#)

## Ken-Caryl Equestrian Center

### 2024 Summer Camps

REGISTRATION OPENS:

RESIDENTS: MARCH 26, 7A.M.

NON-RESIDENTS: APRIL 2, 7A.M.



PICNIC WITH PONIES  
AGES 6 TO 8



RIDING CAMP  
AGES 8+

*For camp details, descriptions and to register, please click on the flyer.*

## Junior Team Tennis

### Junior Team Tennis (JTT) Registration

JTT is an 8-week summer program for boys and girls ages 8-18 who have at least passed into the Comp 1 level.

Participants play three days a week, with practice on Tuesdays and Thursdays and



match play on Mondays. For more information and to register, please click on the button below.

## Junior Team Tennis (JTT) Registration



### Upcoming Meetings

Open Space Committee - April 9 @ 6 p.m. / Ranch House

Architectural Committee Meeting - April 11 @ 7:30 a.m.

### Events & Programs

#### Upcoming Events and Programs

Babytime - April 4 @ 9:30 a.m. / Ranch House

Storytime - April 4 @ 10:15 a.m. / Ranch House



#### Save the Date

**Food Truck Friday** - May 3

**Recycling Event** – May 4

**Tasty Tuesday** - May 7

**Memorial Day Ceremony** – May 27

**Community Garage Sale** – June 7 - 8

\*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

## Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Home Improvements](#)

[www.ken-caryl-ranch.org](http://www.ken-caryl-ranch.org)

**Ranch House**, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

**Community Center**, 1 Club Dr. Littleton, CO 80127, 303-979-2233

**Dakota Lodge**, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

**Equestrian Center**, 303-979-4500

**Park Rangers**, 303-979-1876, ext. 170

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