



Ken-Caryl Ranch e-News

May 13, 2024

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Rager at allisonr@kcranch.org or 303-979-1876, ext. 108.

May 8, 2024, Life at Ken-Caryl Available Online!

NEWS



Please Read: Trash Collection Communications

Residents may have recently received an email from Waste Connections stating that "[Trash] subscription customers will now be cart content only," meaning that only trash contained in totes will be collected. Please disregard this portion of their communications as this was included in a message sent to all Waste Connections customers, and should have been omitted prior to distribution. Waste Connections sent a correction notification out to residents as well.

Please note that trash collections services WILL NOT be impacted by our new contract with Waste Connections. Residents may continue to use their current totes, bins and

cans as well as put out up to 6 cans or bags of trash and 6 bags or bundles of yard waste/debris out for collection.

Please Read: Important Bi-Weekly Recycling Updates!

Recycling collection services for Ken-Caryl Ranch residents is now following a bi-weekly (every other week alternating) schedule.

Residents may still use their current totes until Waste Connections can fulfill resident tote orders placed prior to the March 15 deadline, as there is currently a delivery delay. However, it's important to note that all residents must have an approved 64- or 96-gallon recycling tote. Orders can be placed online using the corresponding button below.



For tote delivery delay updates and the latest information, please refer to our website using the corresponding button below.

****Please remember that tote requirements apply only to recycling collection services. Residents may continue to use their current trash totes, cans or bins without any disruption to trash collection services.***

[Recycling/Trash Tote Order Form](#)

[Recycling Information and Updates](#)



Community Meeting Recording Regarding District Future Capital Funding

The Ken-Caryl Ranch Metropolitan District held an online community meeting on May 7 regarding the District's Capital Plan and future funding strategies, including the possible continuation of a portion of the bond mill levy. The meeting was recorded and posted on

our YouTube channel, and can be accessed using the button below, in order to reach a broader audience.

We encourage residents to watch the video, which has been trimmed down to just the 20-minute presentation portion to make it easier to fit into your schedule! Be sure to take the pre- and post-presentation surveys linked in the video for your feedback to be provided to the District Board. There was also a Q&A portion of the May 7 meeting, which is linked separately on our YouTube channel if you would like to hear the questions that were asked. If you have any questions, feel free to reach out to Traci Wieland at 303-979-1876, ext. 136, or via email at traciw@kcranch.org.

Community Meeting Recording

Tree Spraying Scheduled Along Valley Parkway

Environmental Tree Care is scheduled to spray the pine trees along Valley Parkway to combat invasive pests like the Zimmerman Moth and the Ips Beetle. To minimize any inconvenience to the community, the spraying will take place during the early morning hours on May 14, between midnight and 5 a.m. If you have any questions, contact the Parks Department at 303-979-1876, ext. 399.



Image for illustrative purposes only.



"Bear" in Mind: It's Bear Season!

Bears will be bears, so let's help keep them safe by making sure trash and recycling are put out the morning of your scheduled pick-ups! Once a bear visits trash, they can return up to 20 times in that area, which puts the bear and the public at risk. Thanks for helping to keep our resident wildlife safe!

CALLING ALL ARTISTS!

Register for a chance to display your artwork in the Ken-Caryl Ranch Art Festival and win prizes!

For more information and to register scan here!



Date: June 29
Time: 11 a.m. - 4 p.m.
Location: Ranch House

Art Show Timeline

April 1: Artist registration period opens

May 15: Artist registration closes

June 3: Artwork submission period closes at 10 p.m.

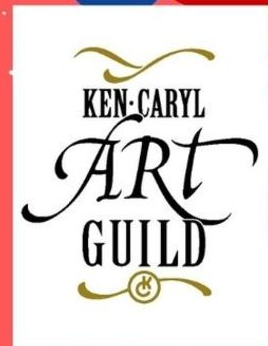
June 17: Notification to artists who are selected

Details:

- Artwork will be juried by the Ken-Caryl Art Guild
- Two age groups: 8-15 years old & 16+
- All mediums accepted (photo, painting, drawing, sculpture, etc.)
- Art must not exceed 24" x 36" x 48"



Generously
Sponsored by
Karen Lamar with
Coldwell Banker
Realty!



To register, please scan the QR code or click on the flyer!

SPECIAL EVENTS

Wednesday Nights at the Manor House Return This Summer!



Summer, summer, summertime is in the air... and at the Manor House with the return of their free Wednesday night events this summer on June 19, July 10 and Aug. 8! ***The July 10 event will be a joint celebration in honor of the Ken-Caryl Ranch Master Association's 50th Anniversary - stay tuned for more information on this upcoming community event!***

Food trucks will be available for food purchases and local bands will entertain guests. No outside alcohol is permitted. Children are allowed with supervision. Doors open at 5 p.m.



Tasty Tuesday May 14!

Join us for Tasty Tuesday at the Ranch House on May 14 from 5:30-8 p.m., where we will host food trucks – from the sweet to the savory – for your eating pleasure! To see the current lineup of featured food trucks, including links to view their menus, click on the button below! Tasty Tuesdays is sponsored

by [Platinum Sponsor Bre Small with eXp Realty!](#)

Bring a blanket, a chair or enjoy sitting on our covered patio to dine al fresco and enjoy quality family time! Resident attendance at these events will encourage the trucks to want to continue to participate in our weekly events!

****Truckster manages and schedules the food truck lineup each summer for Ken-Caryl Ranch. This ensures truck availability, fairness, variety and accountability. With the exception of residents being responsible for food truck purchases, this is a community benefit at no cost to the Master Association or its residents.***



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A photograph of Brean Small, a blonde woman with long hair, wearing a bright blue off-the-shoulder top and a necklace, smiling. The background of the advertisement is black.

BLOOD DRIVE



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life doesn't stop
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Ken Caryl Community

WEDNESDAY, MAY 22
10 AM - 2 PM
DAKOTA LODGE
14422 W. KEN CARYL AVE.



A patient in the U.S. needs blood every two seconds, not just for elective surgeries and planned treatments, but for unpredictable emergencies.

Become a blood donor today and hand them the key to a second chance at life.

Schedule a life-saving blood donation appointment today by visiting donors.vitalant.org and using Blood Drive Code 4825 or scan the QR Code.

 **GIVE BLOOD | vitalant.org**

vitalant. 

To sign up, please scan the QR code or click on the flyer!



MEMORIAL

DAY

CEREMONY

Please join us in honoring our
fallen soldiers.

Monday, May 27

9 a.m.

Veterans Monument
Community Park



KEN-CARYL RANCH
METROPOLITAN DISTRICT



KEN-CARYL RANCH

COMMUNITY GARAGE SALE

June 7 & 8 • 8AM - 2PM

THROUGHOUT KEN-CARYL

REGISTER YOUR LOCATION
KEN-CARYLRANCH.ORG

For more information, to register your sale on our community garage sale map and for unsold item donation information, please click on the above image!

CLASSES, COURSES & CLUBS

Ken-Caryl Seniors Club Meeting

The Ken-Caryl Ranch Senior Club is a social club made up of couples and singles aged 55 years or better, and averages around 40 members. It meets (with a few exceptions) for lunch from 11 a.m. – 2 p.m. the second Tuesday of each month at the Ranch House. Newcomers are always welcome at the club's next potluck luncheon and



program on May 14! This month's lunch theme is "Light a Candle to Honor Someone Special in Your Life."

If you would like to attend, please call Shelby McGirr at 310-938-7678 or Stephanie Berg at 571-228-5968.



Tennis or Pickleball, Anyone?

Pickleball – Intro

Mark your calendars for our Intro to Pickleball course on Saturday, May 25, from 4-5:30 p.m. This course is for first-timers who want to learn the basics of pickleball match play. This course includes scoring, rotations, match procedures and basic techniques. Players will leave class with enough training to start playing matches with other entry-level players. We have loaner paddles available! Registration opens for District residents on May 20 at 8 a.m. (May 21 for non-residents). Click on the corresponding button below for information.

Pickleball Social

Mark your calendars for the next Pickleball Social Mixer on Saturday, May 25, from 6-8 p.m. There is no instruction as this is 2 hours of match play, so we ask that you at least know how to keep score. Registration opens for District residents on May 20 at 8 a.m. (May 21 for non-residents). Click on the corresponding button below for information.

Tennis - Adult - Summer Session 1

Registration is now open to District residents for the first summer session of ADULT Tennis Lessons (May 14 for non-residents). The session runs from June 1 – July 3. Click on the corresponding button below to register.

Tennis - Juniors - Summer Session 1

Registration for the first summer session of JUNIOR Tennis Lessons opens Monday, May 20 at 8 a.m. for District residents (May 21 for non-residents). The session runs from June 3 - July 3. Click on the corresponding button below for information.

[Pickleball - Intro Information](#)

[Pickleball Social Information](#)

[Adult Tennis Lesson Registration](#)

[Junior Tennis Lesson Information](#)

Celebrating National Senior Health & Fitness Day on May 29!

May 29 is National Senior Health & Fitness Day. As the nation's largest annual older adult health and wellness event, its goals are to help keep older Americans healthy and fit, and to showcase what local organizations are doing in their communities to promote senior health and wellness. Join us from 8 a.m. - 7 p.m. at the Community Center, where we will offer several FREE events all day including a Zumba class, Hatha Yoga, Aqua Zumba, Body Composition Assessments, Buffet & Bingo and MORE! To view the schedule, and to secure your spot in our FREE classes, please click on the corresponding buttons below!



Light lunch and prizes for bingo donated by Silver Sponsors Crystal Adams with Equity Real Estate and Premier Mountain Insurance. Pre-registration is required for all events. Bingo is limited to 30 participants.

[Senior Health Day Schedule](#)

[Fitness Class Registration](#)

[Aqua Class Registration](#)

[Buffet and Bingo Registration](#)



FREE Yoga Classes at the Community Center

FREE Parents and Caregivers/Baby Yoga Class

Join us for a FREE Yoga class for parents and caregivers that prioritizes interactive poses with baby on June 7 from 10:15-10:45 a.m. at the Community Center! This class is safe and open to everyone. Throughout class we will use movement to address specific postpartum challenges, such as restoring and strengthening the pelvic floor, relieving upper back pain from nursing and improving posture from carrying baby on your hips. This class is ideal for pre-crawlers/non-mobile babies, but all are welcome. This class is free, but registration is required using the corresponding button below. If you enjoy this class, please sign up for our fee-based 4-week session beginning June 14 via our website.

FREE Prenatal Yoga Class

Join us for a FREE comprehensive Prenatal Yoga class focused on preparing you mentally, physically and emotionally for birth and motherhood on June 7 from 9:15-10:05 a.m. at the Community Center! Join a community of moms as we work to increase strength, endurance and flexibility in a way that is safe for mom and baby. By pairing breath to movement, we will reduce fatigue and other pregnancy symptoms, such as back pain, nausea, tight hips, and heartburn. Classes are safe for all trimesters. This class is free but registration is required using the corresponding button below. If you enjoy this free class, sign up for our fee-based session that starts on June 14 via our website.

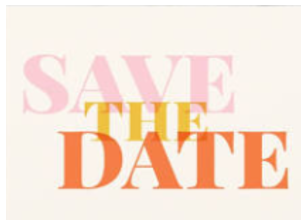
[FREE Yoga Class Registration](#)

[FREE Prenatal Yoga Class Registration](#)



[Upcoming Meetings](#)

[Events & Programs](#)



[Save the Date](#)

Upcoming Events and Programs

Covenant Control Committee -
May 15 @ 4:30 p.m. / Ranch
House

MA Board Meeting - May 21 @
6 p.m. / Ranch House

Historical Society Meeting -
May 13 @ 3 p.m. - Field
Trip (see agenda for details)

Tasty Tuesday - May 14 @
5:30 p.m. Ranch House

Babytime - May 16 @ 9:30
a.m. / Ranch House

Storytime - May 16 @ 10:15
a.m. / Ranch House

Pools Open - May 25

Memorial Day Ceremony –
May 27

**Senior Health & Fitness
Day** - May 29

Community Garage Sale –
June 7 - 8

*Information regarding virtual meetings will be communicated as information becomes available.
Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Home Improvements](#)

[KC Fitness Center](#)

www.ken-carylranh.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233

Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

Equestrian Center, 303-979-4500

Park Rangers, 303-979-1876, ext. 170

[Subscribe](#) to our email list.