



Ken-Caryl Ranch e-News

May 20, 2024

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Rager at allisonr@kcranch.org or 303-979-1876, ext. 108.

May 8, 2024, Life at Ken-Caryl Available Online!

NEWS

Memorial Day Facility Closures

The Ranch House and the Community Center will be closed on Monday, May 27 in observance of Memorial Day. Please note that there will not be fitness classes or gym access available at the Community Center.

On Memorial Day, the Ranch House and Community Center Pools are open 10 a.m. – 7 p.m. and Bradford Pool is open 10 a.m. – 6 p.m.



Memorial Day Trash Delay



This is a reminder from the Ken-Caryl Ranch trash service provider, Waste Connections, that trash and recycling for all customers will be delayed one day next week because of the Memorial Day holiday.

Pools Open May 25: Updates and Information



Pools Open May 25: Register for Pool Passes Online

We're prepping our pools and our staff for opening day on May 25! District residents, don't forget to register for your FREE pool pass ahead of time by clicking on the corresponding button below. No need to get a new pool key fob if you have yours from last year; just register online and the old fob will work! Please stop by the Ranch House or Community Center during business hours if you would like a fob. *Pool staff can't issue fobs.*

Safety First! Minimum Age Requirements at the Pools

Safety continues to be first priority at all Ken-Caryl pools. To further improve a positive and safe environment for all users, the District is updating pool rules in 2024, specifically the following:

- Children under the age of 7 and all non-proficient swimmers regardless of age must be within arm's reach of a parent or chaperone (at least 16 years of age) at all times, including when in the water.
- Children under the age of 12 must be accompanied by a parent or chaperone (at least 16 years of age) at all times.

Pool Guest Passes: Cashless this Summer

Our pools will be adopting a cashless payment policy this summer. All non-residents visiting the pools are encouraged to purchase their passes online before arriving at the pools. In-person payment methods accepted are credit or debit card, Apple Pay and Google Pay. Residents, if you would like to pre-purchase guest passes, we have great news for you! You can pre-purchase a 5-pack of single-day passes that will be loaded

onto your fob using the corresponding button below! When you go to the pool and check in, just tell the guest services staff that you want to use your resident pass for yourself and a single-day pass for your guest!

Pool Pass Registration

5-Pack Single-Day Pool Passes



Please Read: Recycling Information & Updates

Recycling collection services for Ken-Caryl Ranch residents is now following a bi-weekly (every other week alternating) schedule. Updates include:

** Tote deliveries for online orders placed prior to March 15 will begin THIS WEEK.*

** Residents may still use their current recycling totes until*

Waste Connections can fulfill resident tote orders placed online prior to the March 15 deadline. There will not be disruptions to your collection services while these orders are being fulfilled.

** Waste Connections will 1.) contact residents directly regarding new tote deliveries/swap outs, or 2.) residents who may have missed a swap out can still place their old totes, cans, bins, etc., out the day of their trash collection services and label them, "Please take as trash."*

** If Waste Connections doesn't pick up your old tote, residents are advised to put out their totes as trash the following week and/or until it is collected.*

** Waste Connections has assured us that, while it may take time, they are committed to collecting all old bins from residents during their scheduled trash collection days.*

**It is important to note that all residents must have an approved 64- or 96-gallon recycling tote. Orders can no longer be placed through our website; however, there are several ways to order a trash or recycling tote, including:*

You can contact Waste Connections in any of these ways:

1. Send an email to kencarylco@wasteconnections.com

2. Visit Waste Connections' website by clicking on the corresponding button below and choose from their options (bulk item pick-up, missed pick-up, etc.)

3. Contact Waste Connections by phone at 303-288-2100. For the fastest response time, we highly recommend using email or the website.

**Please remember that tote requirements apply only to recycling collection services. Residents may continue to use their current trash totes, cans, bins, or bags without any disruption to trash collection services. As a reminder residents can have up to 6 trash cans/bins/bags, AND up to 6 cans/bins/bags or bundles of yard debris.*

Recycling Information and Updates

Waste Connections Website

SPECIAL EVENTS

Tasty Tuesday May 21!

Join us for Tasty Tuesday at the Ranch House on May 21 from 5:30-8 p.m., where we will host food trucks – from the sweet to the savory – for your eating pleasure! To see the current lineup of featured food trucks, including links to view their menus, click on the button below! Tasty Tuesdays is sponsored by [Platinum Sponsor Bre Small with eXp Realty!](#)



Bring a blanket, a chair or enjoy sitting on our covered patio to dine al fresco and enjoy quality family time! Resident attendance at these events will encourage the trucks to want to continue to participate in our weekly events!

****Truckster manages and schedules the food truck lineup each summer for Ken-Caryl Ranch. This ensures truck availability, fairness, variety and accountability.***

With the exception of residents being responsible for food truck purchases, this is a community benefit at no cost to the Master Association or its residents.

Tasty Tuesday Lineup

BREAN SMALL
YOUR NEIGHBORHOOD REALTOR®

exp
REALTY

2018-2023 SMDRA Diamond Circle
Multi-Million Dollar Producer

Dream BIG Call SMALL
303-717-6201
www.DreamBigCallSmall.com

A vertical real estate advertisement for Brean Small. The background is black. At the top, the name 'BREAN SMALL' is written in large, white, serif font. Below it, 'YOUR NEIGHBORHOOD REALTOR®' is written in a smaller, white, sans-serif font. In the center, there is a logo for 'exp REALTY' with 'exp' in blue and 'REALTY' in white. Below the logo, the text '2018-2023 SMDRA Diamond Circle Multi-Million Dollar Producer' is written in white. On the right side, there is a photograph of Brean Small, a woman with long blonde hair, wearing a blue dress. At the bottom, the slogan 'Dream BIG Call SMALL' is written in blue and white, followed by the phone number '303-717-6201' in large white font. Below the phone number, the website 'www.DreamBigCallSmall.com' is written in white. There are also small social media icons for Instagram, Facebook, and a house icon.





MEMORIAL

DAY

CEREMONY

Please join us in honoring our
fallen soldiers.

Monday, May 27

9 a.m.

Veterans Monument
Community Park



KEN-CARYL RANCH
METROPOLITAN DISTRICT

June 6 Ageless &
Unstoppable: Touching
Hearts at Home - Home



Care Services for Seniors

Love our Ageless & Unstoppable series? Then good news! There's more to love! Beginning in June, the series will be moving to a weekly schedule from 11 a.m. - 12:30

p.m. on Thursdays through August at the Ranch House! These programs are free to attend and registration is not required. Mark your calendars and plan on joining us at our next program:

Thursday, June 6 - Touching Hearts at Home - Home Care Services for Seniors

Touching Hearts at Home offers an array of home care services for seniors, people living with medical conditions or disabilities, those in transition from hospital to home, and anyone over the age of 18 who can benefit from the help of a professional caregiver. It's also about the relationships they build and being able to give their clients the peace of mind that they are always in good hands. Whether it is running errands, light housekeeping or even personal care (along with a list of other services), they are here to help.

Ageless & Unstoppable is proudly brought to you by [Platinum Sponsor Kali Hepker with Equity Real Estate](#). For additional program dates and topics, please click on the button below.

Ageless & Unstoppable Series



KALI HEPKER

YOUR REALTOR FOR LIFE

 EQUITY COLORADO REAL ESTATE



KEN-CARYL RANCH

COMMUNITY GARAGE SALE

June 7 & 8 • 8AM - 2PM

THROUGHOUT KEN-CARYL

REGISTER YOUR LOCATION
KEN-CARYLRANCH.ORG

For more information, to register your sale on our community garage sale map and for unsold item donation information, please click on the above image!

Join us in celebrating the Ken-Caryl Ranch
Master Association's 50th Anniversary



In partnership with the historical Manor House, we welcome you to join us in celebrating the 50th anniversary of the Ken-Caryl Ranch Master Association.

Live Music

Photo Booth

Candy Station

Balloon Art

*Food Trucks

*Dessert Trucks

*Beer & Wine

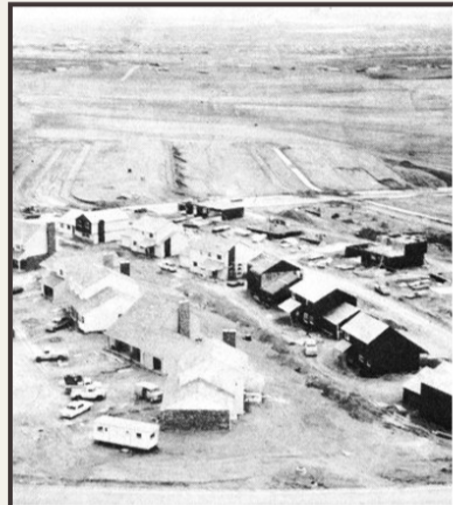
*Items available for purchase

Wednesday, July 10

5-10 p.m.

Manor House

1 Manor House Rd



Complimentary parking & shuttle available at Bradford Intermediate North.
Don't miss out on this special occasion!

CLASSES & COURSES

Tennis or Pickleball, Anyone?



Pickleball – Intro

Mark your calendars for our Intro to Pickleball course on Saturday, May 25, from 4-5:30 p.m. This course is for first-timers who want to learn the basics of pickleball match play. This course includes scoring, rotations, match procedures and basic techniques. Players will leave class with enough training to start playing matches with other entry-level players. We have loaner paddles available! Registration is open for District residents using the corresponding button below. Registration opens on May 21 for non-residents.

Pickleball Social

Mark your calendars for the next Pickleball Social Mixer on Saturday, May 25, from 6-8 p.m. There is no instruction as this is 2 hours of match play, so we ask that you at least know how to keep score. Registration is open for District residents using the corresponding button below (May 21 for non-residents).

Tennis - Adult - Summer Session 1

Registration is open to District residents for the first summer session of ADULT Tennis Lessons using the corresponding button below. The session runs from June 1 – July 3.

Tennis - Juniors - Summer Session 1

Registration for the first summer session of JUNIOR Tennis Lessons is open for District residents (May 21 for non-residents) using the corresponding button below. The session runs from June 3 - July 3.

Pickleball - Intro Registration

Pickleball Social Registration

Adult Tennis Lesson Registration

Junior Tennis Lesson Registration



Tots & Youth Sports & Fitness Classes at Ken-Caryl Ranch!

Over 70 sports & activities!

- FISHING
- BASEBALL
- TRACK
- GOLF
- SOCCER
- OBSTACLE COURSE
- GYMNASTICS
- PARACHUTE
- BASKETBALL
- AND MORE!!!

A New Focus Each Week!



Preschool: 3-5 years

1:30-2:30 p.m.

Tuesdays, June 4-July 2

Tuesdays, July 9-30

Parent-Tot: 18 months - 3 years

10:30-11:10 a.m.

Thursdays, June 6-27

Thursdays, July 11-Aug. 1

QUESTIONS? CONTACT:

Staci Lifshen, JumpBunch Denver Owner
stacilifshen@jumpbunch.com | (720)979-9828
amazingathletes.com/co/suburbandenver/

Our programs are designed to enhance children's physical fitness, cognitive development and confidence! Every class, students will be led through dynamic stretches, cardiovascular warmups, the fundamentals of a different sport or fitness activity, then finish with a relaxing cool down and class cheer!

SCAN CODE TO REGISTER NOW!



To register, please click on the flyer!

Celebrating National Senior



Health & Fitness Day on May 29!

May 29 is National Senior Health & Fitness Day. As the Nation's largest annual older adult health and wellness event, its goals are to help keep older Americans healthy and fit, and to showcase what local organizations are doing in their communities to promote senior health and wellness. Join us from 8 a.m. - 7 p.m. at the Community Center, where we will offer several FREE events all day including a Zumba class, Hatha Yoga, Aqua Zumba, Body Composition Assessments, Buffet & Bingo and MORE! To view the schedule, and to secure your spot in our FREE classes, please click on the corresponding buttons below!

Light lunch and prizes for bingo donated by Silver Sponsors Crystal Adams with Equity Real Estate and Premier Mountain Insurance. Pre-registration is required for all events. Bingo is limited to 30 participants.

[Senior Health Day Schedule](#)

[Fitness Class Registration](#)

[Aqua Class Registration](#)

[Buffet and Bingo Registration](#)

Yoga Classes: Prenatal and Baby & Me

Prenatal Yoga

Join us for a FREE comprehensive Prenatal Yoga class on June 7 from 9:15-10:05 a.m. at the Community Center focused on preparing you mentally, physically and emotionally for birth and motherhood on! This class is free, but registration is required using the corresponding button below. If you enjoy this free class, sign up for our fee-based



session that starts on June 14 via the link below.

Baby & Me Yoga Class

Join us for a FREE yoga class for parents/caregivers and babies on June 7 from 10:15-10:45 a.m. at the Community Center! This class is ideal for pre-crawlers/non-mobile babies, but all are welcome. This class is free, but registration is required using the corresponding button below. If you enjoy this class, please sign up for our fee-based 4-week session beginning June 14 via the link below.

[Free Prenatal Yoga Registration](#)

[Free Baby & Me Yoga Registration](#)

[Fee-Based Prenatal Yoga Registration](#)

[Fee-Based Baby & Me Yoga Registration](#)



Upcoming Meetings

[MA Board Meeting](#) - May 21 @ 6 p.m. / Ranch House

Ranch House/Community Center Closed on May 27 for Memorial Day

MD Board Meeting - May 28 @ 6 p.m. / Ranch House

[Senior Health & Fitness Day](#) - May 29 @ 8 a.m. / Community Center

Events & Programs

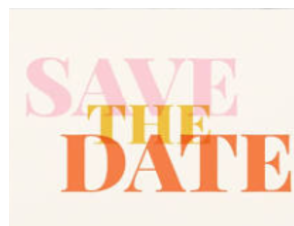
Upcoming Events and Programs

[Tasty Tuesday](#) - May 21 @ 5:30 p.m. Ranch House

Babytime - May 23 @ 9:30 a.m. / Ranch House

Storytime - May 23 @ 10:15 a.m. / Ranch House

[Memorial Day Event](#) - May 27 @ 9 a.m. / Veterans Monument



Save the Date

Pools Open - May 25

Food Truck Friday - June 7

Community Garage Sale - June 7 - 8

Rockin' the Ranch - June 15

Outdoor Education Takes Flight - June 15

Movie in the Park - June 22

Ken-Caryl Ranch Master Association 50th

*Information regarding virtual meetings will be communicated as information becomes available.
Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Home Improvements](#)

[KC Fitness Center](#)

www.ken-caryl ranch.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876
Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233
Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876
Equestrian Center, 303-979-4500
Park Rangers, 303-979-1876, ext. 170

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